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1 **Multichannel Processing for Dispersion Curves Extraction of Ultrasonic Axial-Transmission**  
2 **Signals: Comparisons and Case Studies**  
3

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1     **Abstract** — Some pioneering studies have shown the clinical feasibility of long bones evaluation using  
2 ultrasonic guided waves. Such a strategy is typically designed to determine the dispersion information of  
3 the guided modes to infer the elastic and structural characteristics of cortical bone. However, there are still  
4 some challenges to extract multimode dispersion curves due to many practical limitations, *e.g.*, high  
5 spectral density of modes, limited spectral resolution and poor signal-to-noise ratio (SNR). Recently, two  
6 representative signal processing methods have been proposed to improve the dispersion curves extraction.  
7 The first method is based on singular value decomposition (SVD) with advantages of multi-emitter and  
8 multi-receiver configuration for enhanced mode extraction; the second one uses linear Radon transform  
9 (LRT) with high-resolution imaging of the dispersion curves. To clarify the pros and cons, a face to face  
10 comparison was performed between the two methods. The results suggest that the LRT method is suitable  
11 to separate the guided modes at low frequency-thickness-product ( $\mathbf{f} \cdot \mathbf{h}$ ) range; for multimode signals in  
12 broadband  $\mathbf{f} \cdot \mathbf{h}$  range, the SVD-based method shows more robust performances for weak mode  
13 enhancement and noise filtering. Different methods are valuable to cover the entire  $\mathbf{f} \cdot \mathbf{h}$  range for  
14 processing ultrasonic axial transmission signals measured in long cortical bones.

15  
16 **Keywords:** Waveguides; Singular value decomposition; Linear Radon transform; Dispersion curves

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## I. INTRODUCTION

In the past decade, significant progress has been achieved in quantitative ultrasound (QUS) assessment of cortical bone using axial transmission techniques<sup>1,2</sup>. Such techniques are intended to osteoporotic fracture discrimination<sup>3</sup> or to fracture healing monitoring<sup>4,5</sup>. Several axial transmission techniques have been explored using either one transmitter/one receiver<sup>6</sup>, one transmitter/multiple-receiver<sup>7</sup>, or multiple-transmitter/multiple-receiver configurations<sup>8</sup>. Signal analysis developed for clinical applications are based on velocity measurement of a single signal, such as the first arriving signal (FAS)<sup>6</sup>, or a slower second energetic wave which has been interpreted as the fundamental anti-symmetrical A0 Lamb mode based on plate model<sup>7</sup>. If the cortical thickness is much smaller than the longitudinal wavelength, FAS can be seen as the S0 Lamb mode. If the cortical thickness is much larger than the longitudinal wavelength, the FAS corresponds to the non-dispersive lateral compression wave<sup>7</sup>. In between, when the thickness is comparable to the wavelength (e.g., at 1 MHz, the wavelength in cortical bone is 3 to 4 mm), a physical interpretation of the FAS has yet to be provided. Besides FAS, reflection and conversion of ultrasonic body waves have been observed in the relatively thick bovine tibia *ex vivo*<sup>9</sup>.

Whereas the signal analysis techniques applied so far in axial transmission meet the need for simplicity and pragmatism, the corresponding biomarkers extracted from a single signal (either FAS or A0 mode) provide an incomplete biomechanical characterization of bone strength. Such a consideration has motivated the research aiming at fully characterizing the response of cortical long bones to an ultrasonic excitation. Particularly, considering that long bones actually support the propagation of multiple guided modes, several studies have shown interest in measuring and interpreting the dispersion curves of guided waves within a wideband frequency-wavenumber range<sup>1,2</sup>. Measurement of dispersion curves, along with suitable waveguide modeling, has been proposed for concurrent estimation of cortical thickness and elastic properties<sup>10-14</sup>. However, the extraction and accurate interpretation of the dispersion characteristics of guided modes propagating along the cortical shell of long bones pose difficulties, such as the high spectral density of modes, limited spectral resolution and poor signal-to-noise ratio (SNR).

Particularly, because of the limited spatial sampling or resolution achievable in clinical measurements with clinical probes (typically a few cm-long array), the traditional two-dimensional (or spatio-temporal) Fourier transform (2D-FT)<sup>15</sup> cannot achieve a high wavenumber resolution for complete multimode separation<sup>2</sup>. From guided signal processing point of view, several methods have been described to distinguish overlapped modes and to extract the corresponding dispersion curves. These include dispersion-based short-time Fourier transform<sup>16</sup>, group velocity filtering<sup>17</sup>, time-frequency representation<sup>18</sup>, warped frequency transform<sup>19</sup>, time-frequency ridge extraction<sup>20,21</sup>, dispersion compensation<sup>22</sup>, blind identification<sup>13</sup>, generalized warblelet transform<sup>23</sup>, adaptive Chirplet transform<sup>24</sup>, orthogonality relation-based method<sup>25</sup> and compressed sensing method<sup>26</sup>. Recently, two methods taking advantage of a multiple-transmitter/multiple-receiver implementation of axial transmission have been proposed, singular vector decomposition (SVD)<sup>8,27</sup> and linear Radon transform (LRT)<sup>28,29</sup>.

The SVD-based approach is able to significantly enhance the weak-amplitude modes by selecting the singular values and singular vectors corresponding to the signals and by filtering out the small singular values corresponding to the noise<sup>8</sup>. This method, applied *in vitro* on radius specimens<sup>14</sup> and *in vivo* at the forearm<sup>10</sup>, has shown a good performance to estimate cortical thickness. The LRT method is widely known in seismic data processing<sup>30,31</sup>. Taking advantage of the sparse inversion, the LRT methods are capable of achieving an energy focusing or so-called high-resolution dispersive energy imaging of the wave-packets whose arrival times are linearly dependent on the propagation path<sup>32,33</sup>. The LRT methods have already been applied to study the surface-wave data for Rayleigh wave dispersive energy imaging<sup>34</sup>. Recently, the high-resolution LRT method has been introduced to analyze the ultrasonic guided signals in long bone, and

1 was observed to provide enhanced resolution of the extracted dispersion curves in comparison to the 2D-FT  
 2 method<sup>28,29</sup>.

3 While results on bone have been reported with SVD-based and LRT approach by different groups, the  
 4 pros and cons as well as the applicability conditions of the two different signal processing techniques have  
 5 not been thoroughly discussed. In this study, a face to face comparison is performed using SVD-based,  
 6 LRT and the classical 2D-FT method. Synthetic and experimental signals on bone-mimicking phantoms  
 7 and on *ex-vivo* human radius are analyzed.

## 8 II. BRIEF REVIEW OF THE PROPOSED SIGNAL PROCESSING METHODS

9 Typically, the frequencies used for the axial transmission measurement of long cortical bone are in the  
 10 range between 50 kHz and 2 MHz and the typical cortical thickness of human radius and tibia are in the  
 11 range between 1 to 6 mm approximately. According to the characteristics of the guided signals observed in  
 12 different ranges of the frequency-thickness product ( $f \cdot h$ ), three representatives cases can be distinguished,  
 13 as shown in Table 1: (1) low frequency-thickness product  $f \cdot h < 1$  MHz mm, corresponding to thin  
 14 cortical bone about 1 mm to 4 mm (mainly for radius), where mainly two fundamental Lamb modes S0 and  
 15 A0 are observed, (2) intermediate  $f \cdot h$  range ( $1 < f \cdot h < 6$  MHz mm) where multiple guided modes overlap  
 16 without temporally separated wave-packets, and (3) high  $f \cdot h > 6$  MHz mm, corresponding to the thick  
 17 cortical bone, *e.g.*, tibia, which is mainly in the range of body waves propagation.

18 Various signal processing techniques have been reported to identify and disentangle the overlapping  
 19 modes for short axial propagation distances. Table II lists the different signal processing approaches  
 20 proposed for axial transmission, together with a brief description of the methods and conditions of  
 21 application.

## 22 III. THEORY AND METHODS

### 23 A. Guided Waves Dispersion

24 Lamb modes in plates are classified as symmetric (S) and antisymmetric (A) modes, briefly named as  
 25  $S_n$  and  $A_n$  modes ( $n = 0, 1, 2, \dots$ ), which are solutions of the Rayleigh-Lamb equations<sup>35,36</sup>. The  
 26 dispersion curves can be expressed as wavenumber  $k$  versus  $f$  or  $f \cdot h$ .

27 The 2D-FT provides a general relationship between the distance-time space  $(x, t)$  and  
 28 frequency-wavenumber space  $(f, k)$ .

$$29 \quad S(k, f) = \iint_{-\infty}^{+\infty} g(x, t) e^{j(kx - 2\pi ft)} dx dt. \quad (1)$$

30 where  $g(x, t)$  is the temporal signals recorded at a series of space positions  $x$ . The dispersion curves can  
 31 thus be obtained by locating the wavenumbers at each frequency where the amplitude of 2D-FT result  
 32  $S(k, f)$  reaches the maxima.

33 With a given dispersion curve and an excitation signal, spectrum of the dispersive signal at distance  $x_0$   
 34 can be computed by multiplying a phase-spectrum adjustment term  $e^{-jk(f) x_0}$  to the spectrum of excitation.  
 35 The temporal waveforms can thus be obtained by using inverse Fourier transform to the phase-adjusted  
 36 spectrum of excitation. Such a procedure provides us an efficient way to synthesize the temporal signal  
 37  $g(x, t)$ <sup>22</sup>.

### 38 B. Singular Value Decomposition-based Wavenumber Extraction

39 The 3D multi-emitter and multi-receiver signals matrix is denoted as  $M(E, x, t)$ , where  $x$  is the distance  
 40 sampled by  $N_r$  receivers, and  $E$  denotes different emitters,  $E = 1, 2, \dots, N_e$ .  $\mathcal{M}(E, x, f)$  is the spectrum of  
 41  $M(E, x, t)$  in frequency domain. After the SVD decomposition of the 2D response matrix  $\mathcal{M}(E, x, f = f_0)$

1 at each frequency  $f_0$ , we obtain two unitary matrices, *i.e.*, an  $N_e \times N_e$  matrix  $U$  and an  $N_r \times N_r$  matrix  $V$ ,  
 2 and an  $N_e \times N_r$  rectangular matrix  $\Sigma$  with the singular values as the diagonal entries  $\sigma_i$  ( $i = 1, \dots, N_e$ ).  
 3 The  $N_r$  columns of  $V$ , *i.e.*,  $v_i$  ( $i = 1, \dots, N_r$ ), are the reception singular vectors. At a particular frequency,  
 4 only the first  $N_{rk}$  singular vectors  $v_i$  associated with the most energetic singular values  $\sigma_i$  ( $i = 1, \dots, N_{rk}$ )  
 5 are retained as a basis of the received signal subspace. The wavenumber determination is then achieved by  
 6 projecting a testing vector onto this basis.

7 The testing vector is expressed as an attenuated spatial plane wave with a complex wavenumber  $k + j\alpha$   
 8 <sup>27</sup>

$$9 \quad v^{test}(k, \alpha) = \frac{1}{\sqrt{\frac{N_r}{2\alpha L} (1 - e^{-2\alpha L})}} e^{-jkx - \alpha x} \quad (2a),$$

10 Denominator term  $\sqrt{\frac{N_r}{2\alpha L} (1 - e^{-2\alpha L})}$  is used to normalize  $v^{test}(k, \alpha)$ <sup>27</sup>.  $\alpha$  is the attenuation coefficient  
 11 and in the study, a constant was adopted, *i.e.*,  $\alpha = 0.05 \text{ Np} \cdot \text{mm}^{-1}$ . Such a value is close to the average  
 12 attenuation coefficients of the low-order guided modes in the bone mimicking materials<sup>27</sup>. With a constant  
 13 attenuation coefficient,  $v^{test}(k, \alpha)$  is a function of  $k$ .

14 At each frequency ( $k_0, f_0$ ), the projection of  $v^{test}$  onto the  $N_{rk}$  first reception singular vector basis  
 15  $v_i$  ( $i = 1, \dots, N_{rk}$ ) yields the so-called *Norm* function  $S_{SVD}(k, f)$ <sup>8</sup>

$$16 \quad S_{SVD}(k_0, f_0) = \sum_{i=1}^{N_{rk}(f_0)} |\langle v^{test}(k_0, \alpha) | v_i(f_0) \rangle|^2 \quad (2b),$$

17 where  $\langle v^{test}(k_0, \alpha) | v_i(f_0) \rangle$  is the Hermitian scalar product between the  $v^{test}(k_0, \alpha)$  and  $v_i(f_0)$ . Thus, at  
 18 each frequency  $f_0$ , the *Norm* function is a function of  $k$  and the maxima correspond to wavenumbers of the  
 19 guided waves presented in the received signals.

20 Due to the normalized characteristics of the orthogonal basis, the values of *Norm* function range from 0  
 21 to 1. This value can be interpreted as follows: if a guided mode exists in the signal, the corresponding *Norm*  
 22 function value is close to 1; otherwise, the value is close to 0<sup>8</sup>. Details of the SVD-based method and  
 23 corresponding examples can be learned from<sup>8,37</sup>. Note that the method can be adapted to achieve a more  
 24 accurate dispersion extraction when the cortical thickness is not uniform but with linear changes in the  
 25 direction of wave propagation<sup>38</sup>.

### 26 C. Linear Radon Transformation based Wavenumber Extraction

27 For convenience of the inversion problem, the LRT is usually formulated as the forward relationship  
 28 between the  $(x, t)$  and the Radon domain. Let  $g(x, t)$  represent a distance-time matrix measured by single  
 29 emitter and  $N_r$  receivers. The LRT can be defined using the following equation<sup>30,31</sup>

$$30 \quad g(x, t) = \int_p w(p, \tau = t - px) dp \quad (3),$$

31 where  $\tau$  and  $p$  denote the intercept time and slope parameter or phase slowness, respectively;  $w(p, \tau =$   
 32  $t - px)$  designates the signal in the  $(\tau, p)$  domain. The LRT is commonly named as  $\tau$ - $p$  transform or slant  
 33 stack.

34 Equation (3) can be rewritten in frequency domain as<sup>28,31</sup>

$$G(x, f) = \int_p W(p, f) e^{-j2\pi f p x} dp \quad (4).$$

Using matrix notation, we have

$$G = LW \quad (5),$$

The  $N_r \times N_p$  linear operator  $L$  is

$$L = \begin{bmatrix} e^{-j2\pi f p_1 x_1} & \dots & e^{-j2\pi f p_{N_p} x_1} \\ \vdots & \ddots & \vdots \\ e^{-j2\pi f p_1 x_{N_r}} & \dots & e^{-j2\pi f p_{N_p} x_{N_r}} \end{bmatrix} \quad p = p_1, p_2, \dots, p_{N_p} \quad (6),$$

where  $N_p$  is the number of the slowness sampling points.

A penalized least-squares (LS) solution to Eq. (5) has been introduced by minimizing the following cost function<sup>31,32</sup>

$$J = \|G - LW\|_2^2 + \mu Q(W) \quad (7),$$

where the Lagrange multiplier  $\mu$ , also referred as regularization hyperparameter<sup>39</sup>, determines the trade-off between the misfit term  $\|G - LW\|_2^2$  describing the data fidelity and the penalty term  $Q(W)$  in Radon domain.

A typical implementation of the penalty term is to use the quadratic  $l_2$ -norm, *i.e.*,  $Q(W) = \|W\|_2^2$ . So that, the LS solution can be analytically obtained as

$$\tilde{W} = (L^H L + \mu I)^{-1} L^H G \quad (8).$$

where  $L^H$  is the complex-conjugate transpose of  $L$ . It should be noticed that  $L^H L$  is not a unitary matrix. The  $W(p, f)$  in the Radon field can be readily mapped to the  $(k, f)$  domain via  $k = 2\pi f p$ <sup>28</sup>. The dispersion curves can also be obtained from  $|S_{LRT}(k, f)|^2$  by using LRT method.

If certain non-quadratic terms, which enable to quantify the amount of sparsity of a vector, are adopted as the penalty terms, then we can focus the signal energy on the “best” subspace of the solution spaces. That is actually the sparse solution leading to the high-resolution LRT method. Therefore, the penalty term actually controls the high resolution constraints and also indicates the sparsity of the results. Two typical non-quadratic penalty terms, *i.e.*,  $l_1$ -norm  $Q(W) = \|W\|_1$  and Cauchy norm, are usually adopted for achieving sparsity. The Cauchy norm penalty term is defined as<sup>33</sup>

$$Q(W) = \sum_{i=1}^{N_p} \ln[1 + W(p_i, f)/\varepsilon^2] \quad (9).$$

where the scale factor of the Cauchy distribution  $\varepsilon^2$  actually indicates the default power in absence of hyperbolic events<sup>33</sup>. According to the discrepancy principle, a proper  $\varepsilon^2$  value should be selected to ensure that the misfit matches the power of noise<sup>40</sup>. The one-dimension Brent parabolic interpolation method has been used to compute the epsilon<sup>40,41</sup>. It is fixed as a constant  $\varepsilon = 0.8$  in<sup>29</sup>. In the study,  $\varepsilon = 1$  was used for the Cauchy LRT computation. Although there is no analytical solution to high-resolution LRT, it can be solved efficiently by conjugate gradient technique. Details of that can be found in literature<sup>39,40</sup>.

The trade-off curve, so-called L-curve<sup>42</sup>, is usually applied for empirical optimization of the  $\mu$  value for the penalized LS-LRT and high-resolution LRT method. A small hyperparameter  $\mu$  value leads to a solution with minimized misfit term but with less energy focusing; conversely, a larger  $\mu$  value can achieve a high resolution by emphasizing the regularization term. For simplicity and methodology comparison, a



1 fixed value of trade-off  $\mu = 0.05$  were used for the results presented in Section IV. Detailed discussion of  
2 trade-off parameter using L-curve can be found in Section V(1).

### 3 *D. Experiments*

4 Experiments are achieved using an array transducer consisting in 5 emitters and 24 receivers (Vermon,  
5 Tours, France) associated with a specific driving electronic device (Altha ř, Tours, France). The pitch of  
6 the array transducer is 0.8 mm and the length and width of each rectangular element are 0.8 mm and 8 mm,  
7 respectively. The central frequency is 1 MHz and the  $-6$  dB bandwidth goes from 0.5 to 1.6 MHz<sup>10</sup>.

8 For case II in Table I, experiments are carried out in two phantoms, *i.e.*, a 4 mm-thick bone-mimicking  
9 material (Sawbones, Pacific Research Laboratory Inc, Vashon, WA) and 2.5 mm-thick *ex-vivo* human  
10 radius. A 25.5 mm-thick polymethylacrylate (PMMA) plate is also measured for case III in Table 1.  
11 Ultrasound gel (Aquasonic, Parker Labs, Inc, Fairfield, NJ) is used to ensure the coupling between the  
12 probe and the sample. The characteristics of the specimens are listed in table III.  $V_T$  is the shear velocity,  
13 and  $V_{L\parallel}$ , and  $V_{L\perp}$  are the pure compression bulk wave velocities in the direction parallel and normal to the  
14 direction of the fibers (bone-mimicking material) or to the long axis of the bone (human radius). The  
15 density and thickness are denoted by  $\rho$  and  $h$ . Typical values for human radius density, shear and  
16 longitudinal velocity, derived from the literature, are used for computation of the theoretical dispersion  
17 curves of the 2D transverse isotropic free plate model<sup>14</sup>. The average thickness of the human radius  
18 specimen was obtained by X-ray computed tomography (XtremCT, Scanco Medical, Bruttisellen,  
19 Switzerland).

## 20 IV. RESULTS

### 21 *A. Synthetic signals, narrow wavenumber-band Lamb modes S0 and A0*

22 This example corresponds to case I in Table I. Two fundamental narrow  $k$ -band ( $0 < k \leq 2 \text{ rad} \cdot$   
23  $\text{mm}^{-1}$ ) Lamb modes A0 and S0 on a 2 mm-thick bone-mimicking plate were synthesized with  
24 peak-to-peak amplitudes of 1 and 0.3, respectively (see Fig. 1a). A Gaussian random noise was added with  
25 SNR of 30dB. The SNR is defined as the ratio of the power of the signal and that of the noise. Fig. 1b  
26 presents the 2D-FT results in the  $(k, f)$  domain. After SVD decomposition, the singular values were  
27 normalized in dB scale. Those singular vectors associated with singular values above the threshold 21dB  
28 were remained as the signal subspaces and the rest were filtered out as noise (see Fig. 7a ). The SVD result  
29 is depicted in Fig. 1c. Fig. 1d is the  $(\tau, p)$  result obtained by LRT with  $l_2$ -norm. Since there is a large  
30 velocity difference between the S0 and A0 modes (see Fig. 1a), they are projected as two separate regions  
31 in the  $(\tau, p)$  domain (Fig. 1d). As shown in Figs. 1e-f, the high-resolution LRT results using  $l_1$ -norm and  
32 Cauchy norm are able to significantly concentrate the  $k - f$  energy of the narrow wavenumber-band and  
33 S0 and A0 modes. The colors of the  $k - f$  and  $\tau - p$  energy distribution present the mode energy with  
34 highest values in red and lowest values in blue.

### 35 *B. Phantom signals*

#### 36 *(1) Wide wavenumber-band and multiple guided modes*

37 This example corresponds to case II in Table I. Figure 2 presents the experimental signals measured in a  
38 4 mm-thick bone-mimicking plate. Fig. 2a is the distance-time diagram of the array-signal. As shown by  
39 the 2D-FT and SVD  $k - f$  results (Figs. 2b-c), the detectable wavenumber dispersion is in the range of  $0 <$   
40  $k < 4 \text{ rad} \cdot \text{mm}^{-1}$  with more than 5 modes. The experimental SNR is around 60dB. Those singular  
41 vectors associated with singular values higher than an heuristic threshold of 20dB were remained as the  
42 signal subspaces and the rest were filtered out as noise. Fig. 2d plots the  $l_2$ -norm-based energy distributions  
43 in the  $(\tau, p)$  domain. Figs 2e-f depict the high-resolution LRT results of the multimode energy distribution  
44 in  $k - f$  field using  $l_1$ -norm and the Cauchy norm.



1 Compared with the 2D-FT method, using the SVD-based method, the multimode dispersion curves can  
2 be identified with an enhancement of the weak modes, *e.g.*, A0, A1, S0, S4 etc., and also the low-amplitude  
3 S0 and A1 mode energy in wavenumber range of  $3 < k < 4 \text{ rad} \cdot \text{mm}^{-1}$ . In Fig. 2d, the LRT method can  
4 obtain a projection in the  $(\tau, p)$  domain with focused energy points. But as shown in Figs. 2e-f, the  
5 concentrated region in the  $(\tau, p)$  domain only represents the strong modal energy close to the center  
6 frequency, which actually cannot lead to an effective reconstruction of the dispersion trajectories of the  
7 weak modes. For example, the A0, A1 and S4 modes, whose energy is far from the center frequency of the  
8 probe, are not clearly depicted on the LRT results.

## 9 (2) Body waves

10 This example corresponds to case III in Table I. A 25.5 mm-thick PMMA plate was measured to obtain  
11 the signals mainly consisting of ultrasonic body waves. The experimental SNR is as the previous example  
12 around 60dB. As ultrasonic body waves have been investigated in a 6.5 mm-thick bovine bone *ex vivo* <sup>9</sup>,  
13 such a very-thick plate is also prepared to clarify the performance of the two methods in the high  $f \cdot h$   
14 range. It should be noted that 25.5 mm-thick waveguides are unlikely to be encountered in human cortical  
15 bone whose thickness varies from less than a millimeter to a few millimeters at best.

16 Different from the highly dispersive guided modes in the thin plates (Table I, case II), in a thick plate,  
17 there mainly exist body waves propagating as temporally separated wave-packets. As shown in Fig. 3a,  
18 there are five different wave-fronts in the distance-time diagram with different ray paths. Pd and Sd  
19 represent the longitudinal and shear waves axially propagating along the plate surface. PrP and SrS  
20 correspond to the first reflection of the longitudinal and shear waves on the bottom wall. PrS corresponds to  
21 the longitudinal-to-shear wave conversion when the P wave is reflected on the bottom surface of the plate.  
22 The markers on Fig. 3a were computed according to the distance-velocity relationship. Figs. 3b-c are the  
23 2D-FT and SVD  $k - f$  results, respectively. After projecting the array-signal from distance-time domain to  
24 Radon field, accurate slowness and amplitude of each wave-packet can be obtained from those energy  
25 focusing maxima in  $\tau$ - $p$  domain, which is convenient for detecting the components with different ray paths.  
26 Furthermore, such a slant-stack operator is very suitable to detect the weak components (see Fig. 3d).  
27 However, as shown in Figs. 3e-f, for the signals measured in high  $f \cdot h$  range, there is still no evidence that  
28 the  $l_1$ -norm and Cauchy norm LRT method can improve the  $k$ - $f$  resolution for better dispersive energy  
29 imaging. The SVD-based method still provides a result with best dispersion energy extraction in  $k - f$   
30 domain.

## 31 C. Ex vivo guided signals analysis in a human radius

32 This example corresponds to case II in Table I. The guided signals measured from an *ex-vivo* 2.5  
33 mm-thick human radius can be seen in Fig. 4a. Figs. 4b-c are the 2D-FT and SVD  $k - f$  results,  
34 respectively. Fig. 4d is the multimode energy distributions in the  $(\tau, p)$  domain using the  $l_2$ -norm LRT  
35 method. The experimental SNR is around 55dB (see Fig. 7b). The threshold of singular values is 20dB.  
36 Figs. 4e-f show the  $k - f$  energy distribution obtained by  $l_1$ -norm and Cauchy norm high-resolution LRT  
37 methods. Comparing with the LRT and 2D-FT method, SVD-based method is capable of detecting the  
38 noise polluted A0 and S0 mode and also part of A1, A2, S1 and S2 modes in wideband frequency-thickness  
39 range. Similar to the 4 mm-thick phantom signals (Fig. 2), because of high dispersive characteristics, the  
40 wideband guided modes in the human radius cannot be readily separated and enhanced in the Radon field.  
41 The resolution improvement of the fundamental A1, S1 and S2 modes can be observed close to center  
42 frequency bandwidth in Fig. 4e using the  $l_1$ -norm LRT method, but for the relatively weak and wideband  
43 modes, *e.g.*, A0, A2 and S0, the LRT cannot provide sufficient mode enhancement. As shown in Fig. 4f,  
44 due to the improper value of the regularization parameter, it seems that the Cauchy norm LRT method  
45 enforces the results with “all-zero” solution. The reason of that will be discussed in Section V.  
46

## V. DISCUSSION

In this study, we performed a face to face comparison between two signal processing approaches, namely the SVD-based and LRT method, which have been recently proposed to extract the dispersion curves of guided waves transmitted in long bone. To this goal, the methods were applied to synthetic signals and experimental signals recorded on a bone-mimicking plate and on a human radius *ex vivo*.

### A. Parameter optimization of the LRT and SVD-based method

The hyperparameter  $\mu$  of the LRT methods, which controls the trade-off between data fidelity and mode energy concentration (or sparseness), can be heuristically determined by the L-curve. The optimal value of hyperparameter, usually determined on the “elbow” of L-curves, actually corresponds to the maximal curvature point where the misfit and penalty terms are minimized together<sup>28,42</sup>. For the SVD-based method, a SNR threshold is used to selectively separate the noise and signal spaces.

#### (1) Hyperparameter $\mu$ of the LRT method

It has been observed in Section IV that for case I in Table 1, the LRT methods provide similar  $k - f$  dispersion loci as 2D-FT method; but for cases II and III, the over-sparse solutions of  $k-f$  energy distributions are readily to be obtained when using the high-resolution LRT methods. To clarify the reason of that, the L-curves are investigated for case I: synthetic signals of narrow wavenumber-band Lamb modes A0 and S0 on a 2 mm-thick phantom plate (Fig. 5) and for case II: 2.5 mm-thick human bone *ex vivo* (Fig. 6). Strictly speaking, the hyperparameter  $\mu$  needs to be optimized as a function of  $f$ , slowness, penalty term and misfit term. Therefore, different L-curves at different frequencies are shown at 3D space of  $\mu$ , penalty term and misfit term. The optimal values of  $\mu$  parameter are searched from  $2^{-15}$  to  $2^7$  in different bandwidths of the interest.

As shown in Fig. 5, for the narrowband case, the L-curves are computed with the slowness range of  $0 < p < 2.56 \mu\text{s} \cdot \text{mm}^{-1}$  and frequency  $0.1 < f < 0.7$  MHz. A group of stable L-curves is obtained with values of the hyperparameter  $\mu = 0.001, 0.001$  and  $0.015$  for  $l_2$ -norm,  $l_1$ -norm and Cauchy norm, respectively. Thus, for Case I (see Fig. 1), both high resolution and noise filtering can be achieved using LRT methods with a fixed  $\mu$  value for all frequencies.

The L-curves obtained from the signals of a 2.5 mm-thick human bone *ex vivo* (case II) are depicted in Fig. 6, with the slowness and frequency ranges of  $0 < p < 2.56 \mu\text{s} \cdot \text{mm}^{-1}$  and  $1.1 < f < 1.6$  MHz. According to the L-curves, small hyperparameter values of  $\mu < 1$  are still preferable for this case. However, different from Fig. 5, even using such a small  $\mu$  value, most of the penalty terms are still obtained with the values below 0.01, which actually indicates the “all-zero” solutions. Such a result explains why in Fig. 4, mode enhancement cannot be achieved by using the LRT methods in bandwidth of  $1.1 < f < 1.6$  MHz.

#### (2) SNR threshold of the SVD-based method

The performance of the SVD-based method mainly depends on the singular value selection, which can be optimized by a SNR threshold. Fig. 7 presents the 5 singular values  $\sigma_i$  as functions of the frequency in dB scale, where the signals are obtained in (a) case I: synthetic signals, narrow wavenumber-band Lamb modes A0 and S0 on a 2 mm-thick Sawbones plate (see Fig. 1), and (b) case II: 2.5 mm-thick human bone *ex vivo* (see Fig. 4). Our typical experimental signals are recorded with general SNR around 60 dB, but for some low-amplitude modes, the SNR can be less than 10 dB, for example, the  $\sigma_4(f)$  in dash line between 0.5 MHz and 1 MHz (Fig. 7b). It can be found that in both cases, SNR thresholds can be heuristically determined from the  $\sigma_i$  functions.

### B. Application Condition

For guided signals measured on a relatively large reception length ( $> 50$  mm), the 2D-FT method is able to characterize the dispersion curves of several fundamental Lamb modes, *e.g.*, S0, A0 and S1 in the plate

1 model, or longitudinal guided modes, *e.g.*, L(0,1), L(0,2), and L(0,3) in the cylindrical model<sup>43,44</sup>. However,  
2 the limited spatial sampling achievable with clinical probes (typically a few cm-long transducer arrays)  
3 results in a poor wavenumber resolution with the consequence that only high-amplitude and  
4 non-overlapped modes can be readily identified using the classical 2D-FT method. Such a limitation of the  
5 2D-FT method can be improved by using the LRT methods and SVD-based method. However, different  
6 application conditions of the two methods should be taken into account.

### 7 (1) LRT methods

8 The merits of the LRT methods originate from the theory of the Radon transform. The linear-path  
9 functions, *i.e.*, wave-packets in rays, can be projected to the Radon domain as different energy foci along  
10 the linear slant-stack operator. Furthermore, the inversion based sparse technique, so-called high-resolution  
11 LRT method, can be employed to sharpen the  $\tau - p$  and  $k - f$  resolution. As a result, only the less  
12 dispersive modes with clear temporal rays can be concentrated as foci by using high-resolution LRT  
13 methods with sparsity.

14 For case I (see Fig. 1), if the wave-packets actually propagate at significantly different velocities and if  
15 the temporal overlapping is mainly caused by the short propagation distance instead of dispersion, then the  
16 modes can be perfectly separated by the slowness range selection in the Radon domain. Furthermore,  
17 considering the reversibility of the LRT method between  $(k, f)$  and  $(x, t)$  fields, the LRT method is  
18 capable of providing another good solution to separate some narrowband modes, for example, to extract the  
19 slowest fundamental A0 modes in long bone<sup>29</sup>. The extraction of A0 mode in  $\tau - p$  field might be more  
20 efficient than the temporal wave-packets extraction using the so-called group velocity mask filtering<sup>45</sup>.

21 However, for case II (Figs. 2 and 4), *i.e.*, wideband multimodal signals with high attenuation and  
22 dispersion, it has been shown that the LRT methods can only enhance the resolution of some  
23 high-amplitude modes close to the center frequency of the probe, which actually fails to achieve a  
24 wideband dispersion curves extraction.

25 For case III (Fig. 3), the axial transmission signals, measured from the 25.5 mm-thick PMMA plate,  
26 mainly consist of non-dispersive body waves, which are similar to the seismic signals measured from the  
27 large-scale media with multiple ray-paths. The LRT methods are able to extract the individual temporal  
28 wave-packets propagating along different paths, even for the reflected signals with low amplitudes. The  
29 slowness of each wave-packet can be directly read from the  $\tau$ - $p$  domain. The results suggest that the LRT  
30 methods are suitable for extracting FAS<sup>6</sup> and other multipath body waves<sup>9</sup> in the long bone.

31 A beamforming and angle steering strategy at the emission stage can be used to obtain the ultrasonic  
32 guided modes with narrowband phase velocity spectrum leading to relatively clear ray contributions in the  
33 distance-time diagram<sup>46</sup>. For instance, the phase velocities of the multimode signals are approximately in a  
34 range of 3 to 5  $\mu\text{s} \cdot \text{mm}^{-1}$ <sup>28</sup>. In such case, although mode dispersion and temporal overlapping exist,  
35 because of the presence of relatively clear rays for the different modes, the high-resolution LRT method  
36 can still be used to improve the resolution of  $k - f$  dispersion curves imaging. However, without enough  
37 enhancement of the low-amplitude modes, the LRT methods usually provide identical maxima loci in  
38 comparison to 2D-FT. Regarding the identification of those modes with high dispersion and weak  
39 amplitude in wide  $k - f$  ranges, *e.g.*, S1 and S2 modes in Fig. 4, some improvements are still necessary.

40 We found that (1) the high-resolution LRT methods can enhance the  $k - f$  resolution of some modes  
41 with narrow velocity range, *e.g.*, two fundamental Lamb modes (S0 and A0) in Figs.1 e-f and S0, A0 and  
42 A1 and S1 modes in Fig. 4e; (2) in contrast, for wideband highly-dispersive and low-amplitude modes, it  
43 is still challenging to concentrate  $k - f$  trajectories using the LRT methods, *e.g.*, for guided waves signals in  
44 Figs. 2 and 4 corresponding to case II. The sparse assumption of the Radon projection of the linear events in  
45 the  $(x, t)$  field is well satisfied when different wave-packets propagate at constant velocities (Fig. 3 case

1 III). For the multimode signals with severe dispersion, the assumption is valid, when there are still clear  
2 linear events in  $(x, t)$  domain, for instance, signals with only S0 and A0 modes in Fig. 1 (case I) and some  
3 seismic data presented in <sup>34,47,48</sup>. However, for case II, both the dispersion and short propagation distances  
4 of a few centimeters are responsible for modes overlapping for wavenumbers ranging from 0 to 5  $rad \cdot$   
5  $mm^{-1}$  <sup>10,28,29</sup>. As a consequence, there is no clear linear events observed in the wideband multimode  
6 signals (see Figs. 2 and 4), so that the low-amplitude signals cannot be effectively enhanced by using the  
7 slant-stack operator of the LRT methods. Such a challenge causes the inefficiency of the sparse penalty  
8 term, *i.e.*, norm of the  $W(p, f)$ , involved in the LRT methods (Fig. 6). It could explain the difficulties  
9 during our application of the LRT methods for extracting the wideband dispersion curves, in particular for  
10 the low-amplitude multimode signals under a poor SNR (case II Figs. 2 and 4).

### 11 (2) SVD-based method

12 For both narrowband (case I) and wideband (case II) guided signals, the multi-emitter and  
13 multi-receiver configuration combined with the singular vectors selection strategy of the SVD allows  
14 achieving a stable performance for noise filtering and extraction of the dispersion curves.

### 15 C. Other Potential Approaches and Improvements

16 Many classical spectra estimation methods <sup>49</sup>, such as the Burg method or the multiple signal  
17 classification method (MUSIC), can be used to achieve high-resolution wavenumber estimation. Recently,  
18 sparse methods have been introduced for dispersion curves extraction. Harley *et al.* <sup>26</sup> have proposed a  
19 compressed-sensing-based sparse wavenumber method for the recovery of the dispersion curves. These  
20 authors showed that the sparse penalty regularization can be directly performed using the wavenumber  
21 penalty. Such a sparse strategy in the  $(k, f)$  field may be more efficient and convenient. Currently, the  
22 sparse wavenumber extraction method proposed by Harley *et al.* has been verified on aluminum metal  
23 plates <sup>26</sup>. The practical challenge encountered with axial transmission in cortical bone is to efficiently  
24 enhance the weak modes under the conditions of severe broadband overlapping (more than 5 modes in  
25 some frequency band, see Fig. 4). The sparse singular value decomposition (S-SVD) technique, *i.e.*, an  
26 improved SVD-based method by using the sparse strategy in  $(k, f)$  rather than the  $(\tau, p)$  domain, may  
27 significantly overcome the limitation of poor wavenumber resolution <sup>37,50</sup>. Other improvements for 3D  
28 multi-emitter and multi-receiver space-time signal processing, *e.g.*, high-dimensional seismic data  
29 processing <sup>51</sup>, might be also helpful for guided waves dispersion analysis, but the application has not been  
30 reported in community of ultrasonic bone evaluation to date. In addition, other guided modes excitation  
31 technology, *e.g.*, coded excitation<sup>52-54</sup> and wideband dispersion reversal method<sup>55</sup> *etc.*, can also be helpful  
32 to enhance the SNR of the ultrasonic axial transmission signals in the long cortical bone.

33 Generally speaking, in order to interpret the relatively complex guided signals, the signal processing  
34 methods should be robust enough to allow the wideband dispersion curve extraction and the low-amplitude  
35 mode detection. By retaining the singular values above noise level, the SVD-based method significantly  
36 enhances the weak mode extraction when they are poorly detected by the 2D-FT method and LRT methods.  
37 In this sense, the SVD-based method could be more suitable for signal processing of the ultrasonic guided  
38 waves in the long bone, especially for highly dispersive wideband signals, in presence of severe attenuation  
39 and low SNR.

## 40 VI. CONCLUSION

41 Different signal processing methods are necessary to cover the entire cortical bone thickness range of  
42 the human long bone. The LRT methods have the advantage of the reversibility between  $(\tau, p)$  and  $(x, t)$   
43 fields showing a good ability to separate modes with large velocity difference, which is suitable for data  
44 analysis of ultrasonic guided waves at low  $f \cdot h$  range ( $f \cdot h < 1 \text{ MHz} \cdot \text{mm}$ ), *e.g.*, signals consisting of two  
45 fundamental modes S0 and A0 with a large velocity difference presented in the study (Fig. 1). For the  
46 highly dispersive multimode signals in a broadband  $f \cdot h$  range ( $0 < f \cdot h < 6 \text{ MHz} \cdot \text{mm}$ ), which are quite

1 usual in the axial transmission measurement of the human long bone (Figs. 2 and 4), the SVD-based  
2 method shows more robust performances for weak mode enhancement and noise filtering. Finally,  
3 regarding computation time, the SVD-based method can be accomplished efficiently without any iterations,  
4 but the  $l_1$ -norm and Cauchy norm LRT methods are relatively time-consuming due to the reweighting  
5 strategy at each frequency.

6 Future work will be to improve the resolution of the SVD method using the sparse strategy, *i.e.*, recently  
7 proposed S-SVD method<sup>37,50</sup>, which may achieve a high-resolution extraction of the dispersion curves of  
8 ultrasonic guided waves.

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3 <sup>60</sup> J. G. Minonzio, J. Foiret, P. Moilanen, J. Pirhonen, Z. Zhao, M. Talmant, J. Timonen, and P. Laugier, "A free plate model can  
4 predict guided modes propagating in tubular bone-mimicking phantoms," *J. Acoust. Soc. Am.* **137**, EL98-EL104 (2015).  
5 <sup>61</sup> P. Moilanen, M. Talmant, V. Kilappa, P. Nicholson, S. L. Cheng, J. Timonen, and P. Laugier, "Modeling the impact of soft  
6 tissue on axial transmission measurements of ultrasonic guided waves in human radius," *J. Acoust. Soc. Am.* **124**, 2364-2373  
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8 <sup>62</sup> L. Cohen, "Time-frequency distributions-a review," *P. IEEE* **77**, 941-981 (1989).  
9 <sup>63</sup> J. Cardoso and A. Souloumiac, *Blind beamforming for non-Gaussian signals*, 1993 (IET), p. 362-370.  
10  
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1 **List of tables:**

2 **Table I. Characteristics of ultrasonic signals in the long cortical bone at different  $f \cdot h$  ranges**

frequency-thickness product ( $f \cdot h$ ) (MHz · mm)	Case I	Case II	Case III
	$f \cdot h < 1$	$1 < f \cdot h < 6$	$6 < f \cdot h$
Signal characteristics	<ol style="list-style-type: none"> <li>1. Two fundamental guided modes are measured, <i>i.e.</i>, a small amplitude and fast wave-packet (symmetric S0) and a high amplitude and slow wave-packet (asymmetric A0);</li> <li>2. Speed values are different enough so that the two wave-packets do not overlap in time even for relatively short propagation distances (a few cm).</li> <li>3. The dispersion information of the lateral arrival A0 mode can be used to estimate cortical thickness<sup>11,56</sup>.</li> </ol>	<ol style="list-style-type: none"> <li>1. Under the wideband excitation, more than 5 guided modes with overlapping velocity ranges;</li> <li>2. For the relatively short propagation distances (a few cm)<sup>8,12,18,44,57</sup>, a complete dispersion extraction of the overlapping multimode is still challenging.</li> </ol>	<ol style="list-style-type: none"> <li>1. Similar to many geophysical applications, mainly body waves with linear ray paths<sup>9</sup>;</li> <li>2. FAS is the lateral wave propagating at the bulk compression velocity<sup>7,58</sup>;</li> <li>3. Velocities of S0 and A0 modes converge to the Rayleigh velocity. Velocities of other guided modes converge to the shear velocity<sup>35</sup>.</li> </ol>

3

**Table II. Signal processing methods for assessment of the long cortical bone using axial transmission**

frequency-thickness product ( $f \cdot h$ ) (MHz · mm)		Case I: Low range	Case II: Middle range	Case III: High range
		$f \cdot h < 1$	$1 < f \cdot h < 6$	$6 < f \cdot h$
Signal processing methods	2D-FT <sup>15</sup>	1. Separation of several low-order modes from narrowband signals measured in bovine bone <i>ex vivo</i> . <sup>43,44</sup>	N/A	N/A
	SVD <sup>8</sup>	1. Enhancement of weak modes; 2. Applicable to extract dispersion curves from wideband guided wave signals without <i>a priori</i> knowledge; 3. Extraction of wideband attenuation for each guided mode <sup>27</sup> ; 4. Bone-mimicking phantoms <sup>38,59,60</sup> , <i>ex vivo</i> <sup>14</sup> and <i>in vivo</i> measurements of human bones <sup>10</sup> .		N/A
	High-resolution LRT <sup>32</sup>	1. High-resolution solution of the mode trajectories basing on a linear slant stack of the distance-time data <sup>28,29</sup> ; 2. Cervine tibiae <sup>28</sup> with narrow <i>k</i> -band angle beam excitation; 3. Extraction of the slowest A0 mode from wideband multimode signals in bovine femur <i>in vitro</i> <sup>29</sup> .		1. Thick bones, <i>e.g.</i> , tibia, have not been tested yet, 2. General acceptance in seismic field for multichannel processing of signals with ray characteristics in distance-time domain <sup>39</sup> .
	Group velocity mask filtering <sup>45</sup>	1. Bone-mimicking phantoms <sup>61</sup> , <i>ex vivo</i> human long bones <sup>17,56</sup> ; 2. Extraction of A0 mode component from narrowband guided waves signals.	N/A	N/A
	Time-frequency extraction <sup>62</sup>	1. Wideband A0 mode separation without <i>a priori</i> velocity knowledge. 2. <i>Ex-vivo</i> measurement of bovine tibiae <sup>20,44</sup> and of human long bone <sup>11</sup> .		N/A
	Joint approximate diagonalization of eigen-matrices (JADE) method <sup>63</sup>	N/A	1. Blind identification, has been used to separate the narrowband guided waves for cortical thickness determination of bovine tibiae <sup>13</sup> .	N/A

2 N/A: to the best knowledge of the authors, it has not been reported in the literatures of cortical bone guided waves  
3 processing.

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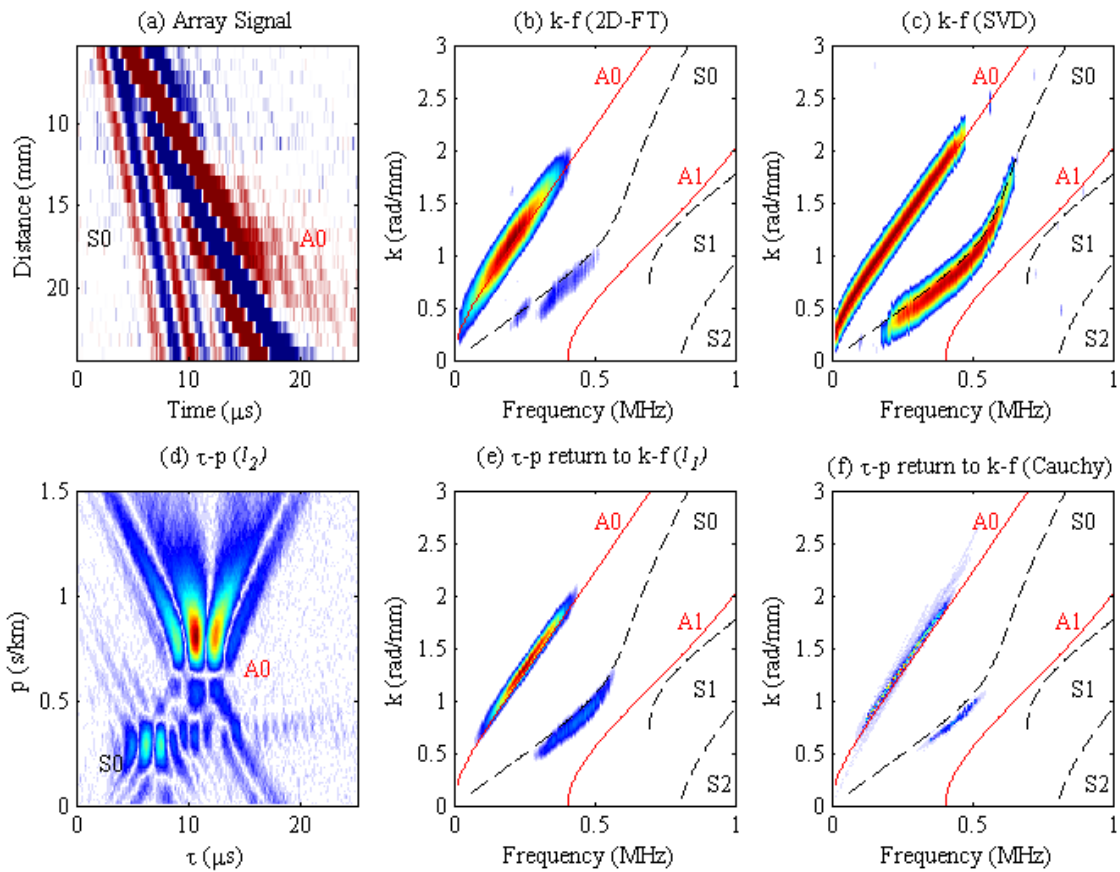
**Table III. Shear and longitudinal velocities, density and thickness of the specimens used in experiments**

<i>Specimens</i>	$\rho$ ( $g \cdot cm^{-3}$ )	$h$ (mm)	$V_T$ ( $mm \cdot \mu s^{-1}$ )	$V_L$ ( $mm \cdot \mu s^{-1}$ )
Bone-mimicking plate <sup>27</sup>	1.64	4	1.62	$(V_{L\parallel}, V_{L\perp}) = (3.57, 2.91)$
PMMA <sup>27</sup>	1.18	25.5	1.37	2.7
Human radius specimen <sup>14</sup>	1.85	1.58	1.8	$(V_{L\parallel}, V_{L\perp}) = (4.0, 3.41)$

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1 **List of figure captions:**

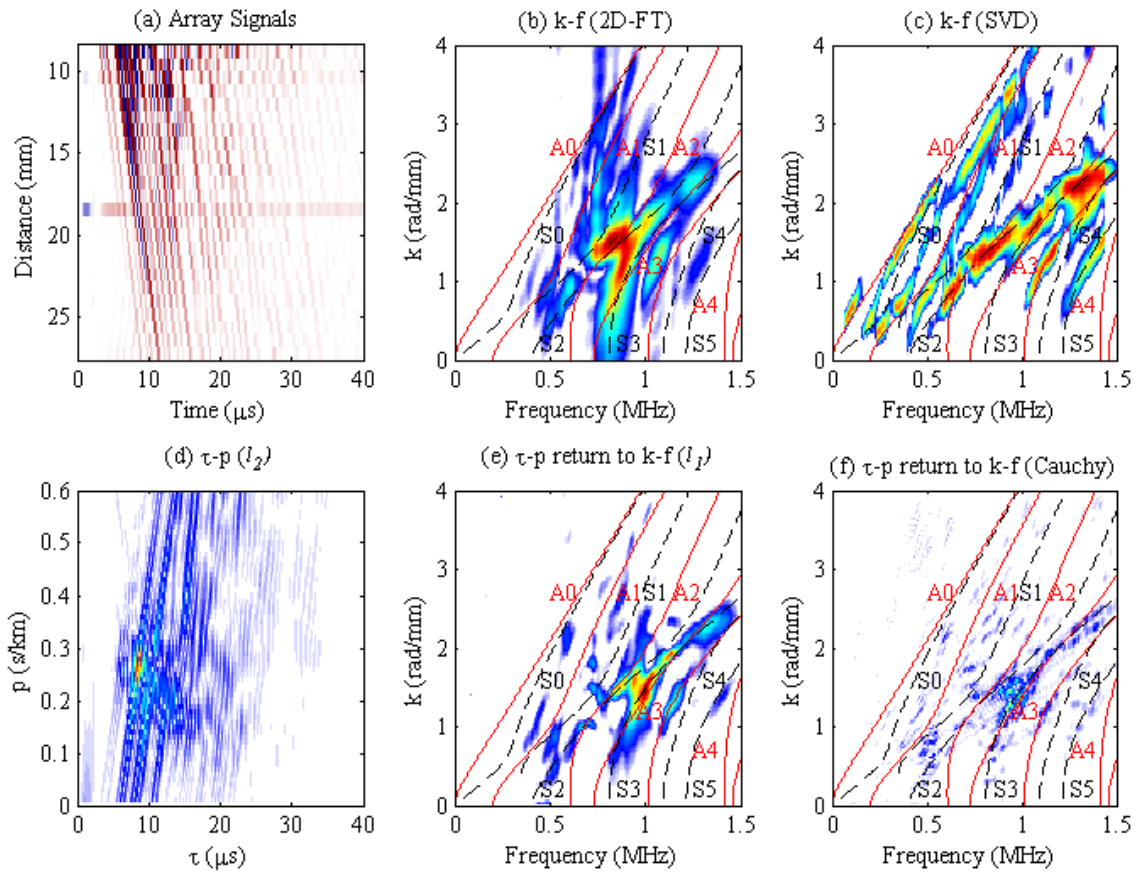


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3 Fig. 1. (color online) Synthetic signals, narrow wavenumber-band Lamb modes A0 and S0 on a 2  
 4 mm-thick Sawbone plate with peak-to-peak amplitudes of 1 and 0.3, and SNR of 30dB, (a)  
 5 distance-time diagram of the array-signals, (b) 2D-FT  $k - f$  result, (c) SVD  $k - f$  result, (d) the  $\tau - p$   
 6  $p$  energy distributions obtained by LRT with  $l_2$ -norm, and  $k - f$  results obtained by LRT with  
 7 high-resolution regularization strategies, i.e., (e)  $l_1$ -norm, (f) Cauchy norm, respectively.

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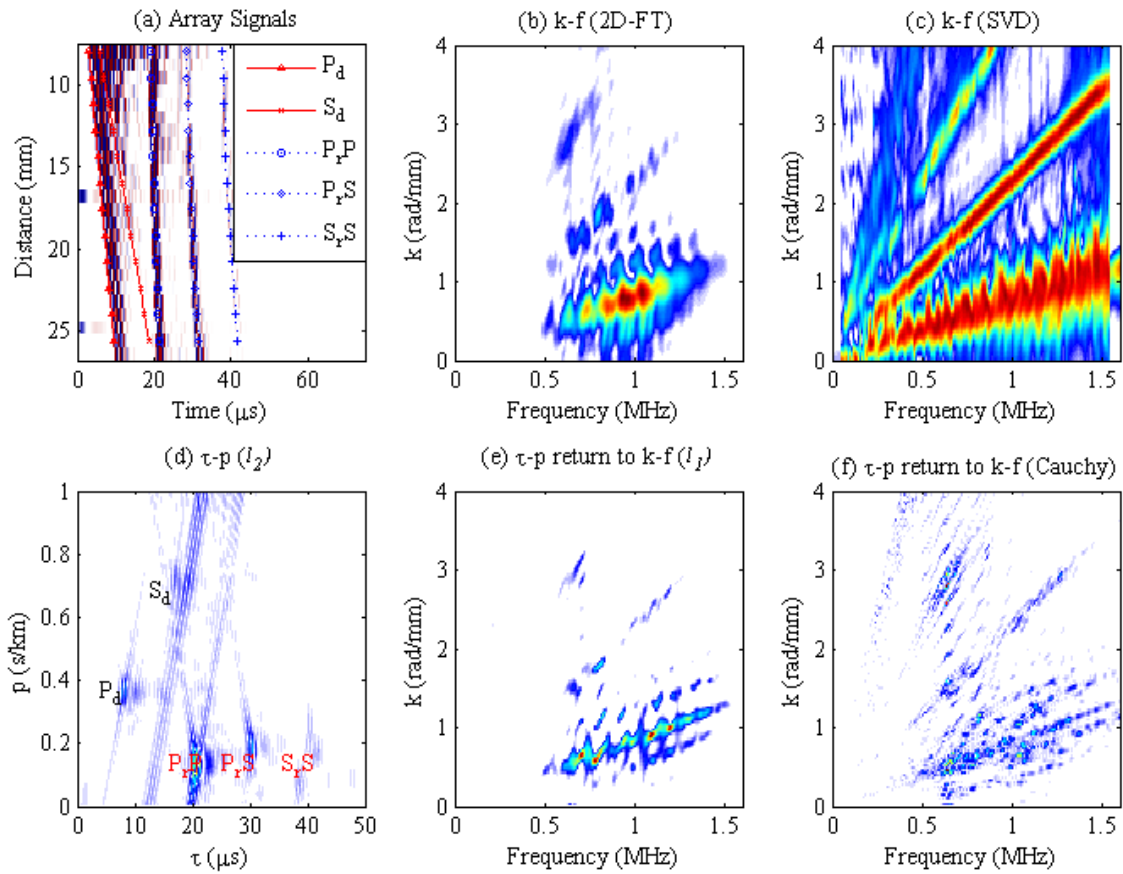
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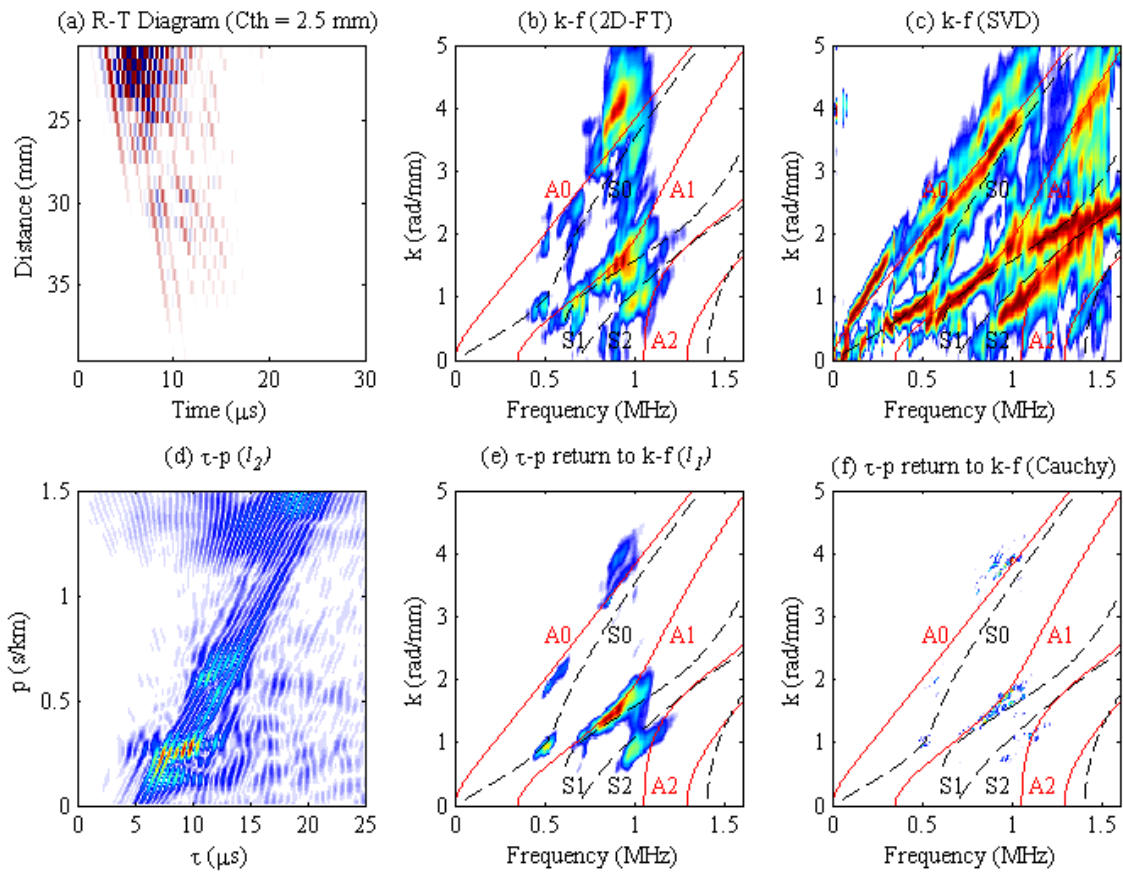
Fig. 2. (color online) Experimental signals measured in a 4 mm-thick bone-mimicking plate, (a) distance-time diagram of the array-signals, (b) 2D-FT  $k - f$  result, (c) SVD  $k - f$  result, (d) the  $\tau - p$  energy distributions obtained by LRT with  $l_2$ -norm, and  $k - f$  results obtained by LRT with high resolution regularization strategies, i.e., (e)  $l_1$ -norm, (f) Cauchy norm, respectively.



2

3 Fig. 3. (color online) Experimental signals measured in the 25.5 mm-thick PMMA plate, (a)  
 4 distance-time diagram of the synthetic array-signals, (b) 2D-FT  $k - f$  mode energy distribution, (c)  
 5 SVD  $k$ - $f$  mode energy distribution, (d) the  $\tau - p$  energy distributions obtained by LRT with  $l_2$ -norm,  
 6 and  $k - f$  energy distributions obtained by LRT with high resolution regularization strategies, i.e., (e)  
 7  $l_1$ -norm, (f) Cauchy norm, respectively.

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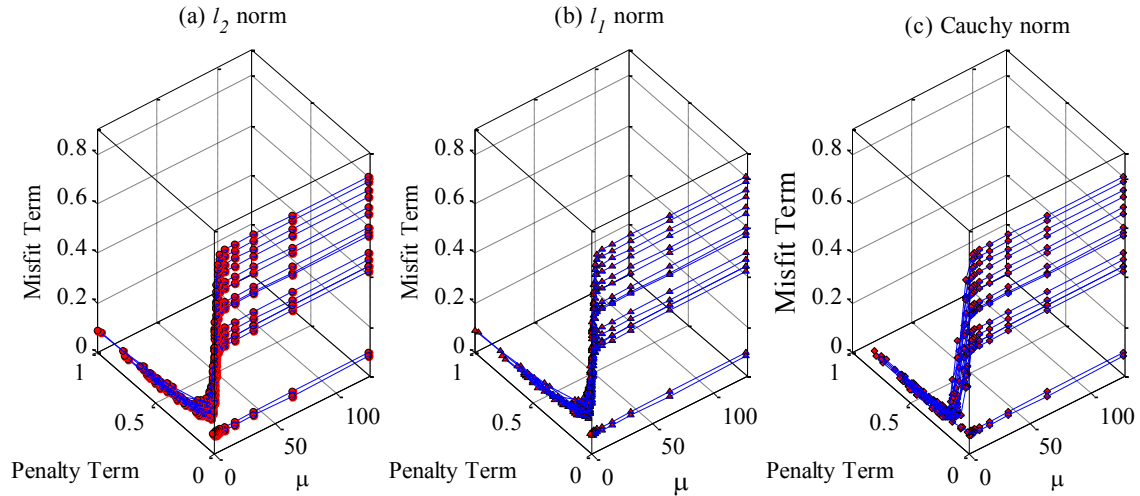
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Fig. 4. (color online) Experimental guided signals measured in the 2.5 mm-thick ex-vivo human radius, (a) distance-time diagram of the synthetic array-signals, (b) 2D-FT  $k - f$  mode energy distribution, (c) SVD  $k - f$  mode energy distribution, (d) the  $\tau - p$  energy distributions obtained by LRT with  $l_2$ -norm, and  $k - f$  energy distributions obtained by LRT with high resolution regularization strategies, i.e., (e)  $l_1$ -norm, (f) Cauchy norm, respectively.

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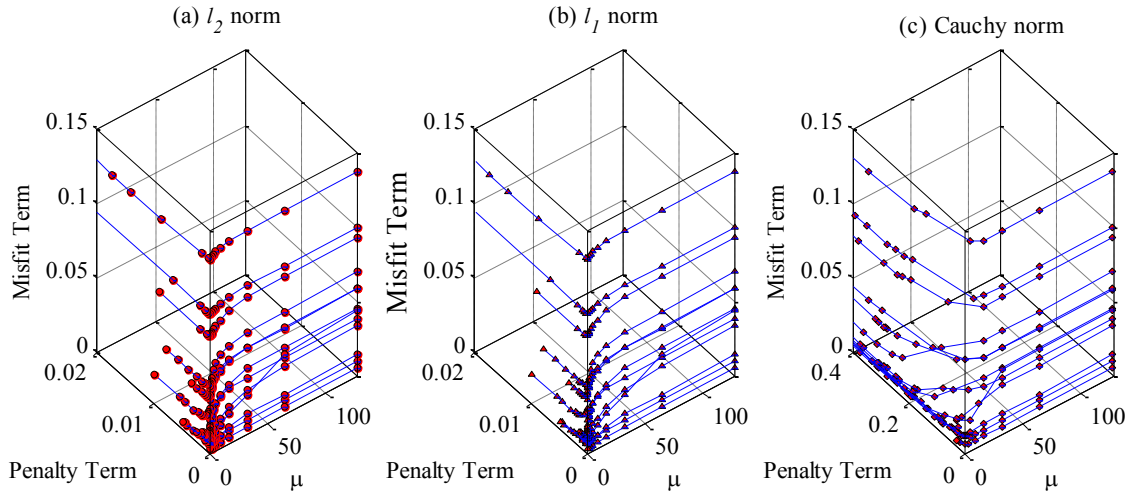


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3 Fig. 5. (color online) L-curves of the synthetic signals (case I shown in Fig. 1), i.e., narrow  
4 wavenumber-band Lamb modes A0 and S0 on a 2-mm-thick Sawbones plate, (a)  $l_2$ -norm, (b)  $l_1$ -norm,  
5 (c) Cauchy norm. The slowness  $p$  and frequency  $f$  range from 0 to  $2.56 \mu\text{s} \cdot \text{mm}^{-1}$  and 0.1 to 0.7 MHz,  
6 respectively.

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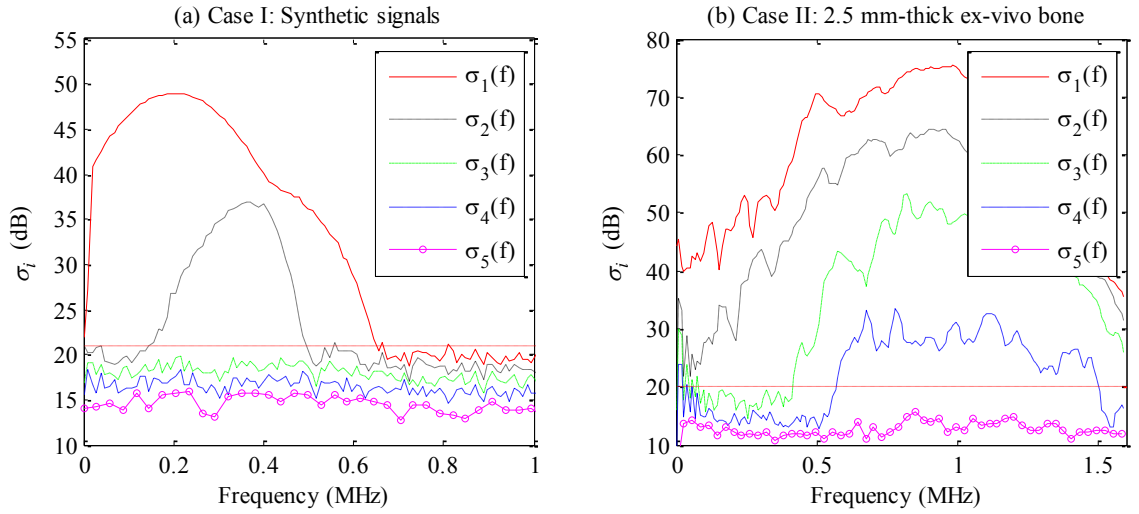


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3 Fig. 6. (color online) L-curves of signals measured in a 2.5 mm-thick human bone ex vivo (case II  
4 shown in Fig. 4), (a)  $l_2$ -norm, (b)  $l_1$ -norm, (c) Cauchy norm. The slowness  $p$  and frequency  $f$  range  
5 from 0 to  $2.56 \mu\text{s} \cdot \text{mm}^{-1}$  and 1.1 to 1.6 MHz, respectively.

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1



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3 Fig. 7. (color online) Singular values  $\sigma_i$  in dB scale versus frequency for (a) case I: synthetic signals,  
4 narrow wavenumber-band Lamb modes A0 and S0 on a 2-mm-thick Sawbones plate, (b) case II: 2.5  
5 mm-thick human bone ex vivo. The five experimental singular values correspond to the number of  
6 emitters. The SNR threshold is shown with horizontal line. The singular values above the threshold  
7 define the signal subspace, and below the threshold the noise subspace.

8