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Deep circulation driven by strong vertical mixing in the Timor basin

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⁷ Abstract

8 The importance of deep mixing in driving the deep part of the overturning circulation has been a long debated 9 question at the global scale. Our observations provide an illustration of this process at the Timor basin scale of ~ 10 1000 km. Long-term averaged moored velocity data at the Timor western sill suggest that a deep circulation is 11 present in the Timor Basin. An inflow transport of ~0.15 Sv is observed between 1600 m and the bottom at 1890 12 m. Since the basin is closed on its eastern side below 1250 m depth, a return flow must be generated above 1600 13 m with a ~0.15 Sv outflow. The vertical turbulent diffusivity is inferred from a heat and transport balance at the 14 basin scale and from Thorpe scale analysis. Basin averaged vertical diffusivity is as large as $1 \times 10^{-3} \text{m}^2 \text{ s}^{-1}$. 15 Observations are compared with regional low resolution numerical simulations, and the deep observed circulation 16 is only recovered when a strong vertical diffusivity resulting from the parameterization of internal tidal mixing is 17 considered. Furthermore, the deep vertical mixing appears to be strongly dependent on the choice of the internal 18 tide mixing parameterization and also on the prescribed value of the mixing efficiency.

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²⁶ **1. Introduction**

The necessity for the deep ocean to mix with the upper layer to close the meridional overturning circulation requires, according to numerical model and bulk budget estimations, an average abyssal vertical diapycnal diffusivity K_z of 10⁻⁴ m² s⁻¹ [Munk and Wunsch, 1998]. However experimental measurements from microstructure instruments [Osborn, 1980] and tracers [Ledwell et al., 2000] show that open ocean diapycnal diffusivity is an 31 order of magnitude smaller ($10^{-5}m^2 s^{-1}$). Fine scale parameterizations of internal wave dissipation, believed to be 32 the main source of mixing in the ocean interior, provide a similarly low value of $K_z=10^{-5}m^2 s^{-1}$ far from boundaries 33 [Polzin et al., 1995; Kunze et al., 2006]. It is therefore suspected that some regions might locally concentrate very 34 high vertical diapycnal diffusivity in order to close the balance. Viable candidates are topographically complex 35 boundary areas such as passages across mid ocean ridges and fracture zones [Polzin et al., 1997; Saint Laurent et 36 al., 2002; Thurnherr, 2006; MacKinnon et al., 2008], continental shelves [Rudnick et al., 2003], plateaus away 37 from boundaries such as the Kerguelen plateau [Meyer et al, 2015] or the Yermak plateau [Fer et al, 2015], and 38 semi-enclosed seas [Heywood et al., 2002] where internal tides and/or strong overflows can induce diapycnal 39 diffusivity several orders of magnitude higher than in the open ocean (K_z can reach 10^{-4} ô 10^{-2} m² s⁻¹). Recent 40 compilations of sparse direct microstructures measurements or fine scale parameterization suggest that the global 41 average mixing rate reaches the required value of $K_z \sim 10^4 \text{ m}^2 \text{ s}^{-1}$ [Waterhouse et al., 2014], however this estimate 42 is based on an upper bound for the mixing efficiency Γ of 0.2 [Osborn, 1980] and may overestimate the mixing 43 [Lavergne et al., 2015].

Large scale models used in climatic simulations usually do not include explicit internal tides, or their resolution is
 only sufficient to resolve the first few lower modes [Simmons et al., 2004; Muller et al., 2012]. Parameterizations
 of internal tidal mixing commonly used in large scale models are only based on a few in situ observations [e.g. St.
 Laurent et al., 2002], and important questions regarding the vertical distribution of this mixing in the water column
 still remain [Melet et al., 2013].

49 In the Indonesian seas region, large vertical mixing might be expected because of abrupt topography that 50 separates several deep semi-enclosed basins where all the baroclinic tidal energy may remain trapped locally. In 51 numerical simulations large diapycnal diffusivities were mainly attributed to internal tides breaking and the 52 addition of an internal tidal mixing parameterization [Koch-Larrouy et al., 2007] greatly improved the water 53 mass transformation in the region. These hypotheses were confirmed by recent high resolution simulations 54 including explicit tidal forcing [Kartadikaria et al., 2011; Nagai and Hibiya, 2015]. Microstructure measurements 55 performed in the interior of the large Banda Sea show diapycnal diffusion similar to open ocean values [Alford 56 et al., 1999], although these measurements were performed at a location far from topographic influence and 57 during the low-wind intermonsoon period [Ffield and Robertson, 2008]. Indeed recent microstructure 58 measurements performed during the INDOMIX campaign in the complex topographic region of the Halmahera 59 Sea and Ombai Strait show much larger vertical turbulent diffusion reaching 10⁻²m² s⁻¹ [Bouruet Aubertot et al., 60 2012; Koch Larrouy et al., 2015].

61 We focus here on the impact of vertical diffusivity in driving a deep circulation and upwelling in the Timor Basin 62 (Figure 1). Because of its relatively simple geometry and boundary conditions, the Timor Basin appears to be an 63 ideal natural laboratory to study these processes that are expected to play a crucial role at the global scale. Moreover 64 important mixing is expected in the area since it is subjected to relatively large barotropic tidal currents (20 cm s⁻ 65 ¹) at the western Timor sill where the Timor Basin opens to the Indian Ocean, and also over the Australian 66 continental shelf [Fieux et al., 1994; Molcard et al., 1996; Sprintall et al., 2004, 2009]. These tidal currents generate 67 strong internal tides with vertically integrated energy fluxes reaching several kW m⁻¹ [Katsumata et al., 2010]. Our 68 objectives are to:

⁶⁹ 1) Assess the impact of turbulent mixing on deep circulation in the Timor Basin;

⁷⁰ 2) Estimate vertical turbulent diffusivity from a heat budget at the Timor Basin scale (~1000 km);

⁷¹ 3) Test large scale model internal tide mixing parameterization in the simple configuration of the Timor Basin.

72 We use both observations and numerical simulations to address these questions. Section 2 describes the moored 73 velocity and temperature time series at Timor Sill used to estimate the transport, and the hydrographic stations 74 used to estimate the mean heat transport and its uncertainty. The numerical simulations, their tidal dissipation 75 parameterization and underlying assumptions are presented and discussed in Section 3. Section 4 details the 76 circulation in the deep Timor Basin from the observations and the numerical simulations. The importance of 77 rotational effects and whether the time mean overflow at the sill is hydraulically controlled is addressed in Section 78 5. An estimate of the mixing from the simulations and observed heat transport budget and Thorpe scales are given 79 in Section 6 with the accompanying error assessment. We conclude with a Discussion in Section 7 and comment 80 on the broader significance of our main findings to the importance of mixing in basins of O(1000km).

81

⁸² **2.** The measurements

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The Timor Basin is a 1000 km long and narrow northeast oriented trench bounded by the ~1000 m isobaths of the Timor and Leti islands southern shelves and the North Australian continental shelf, and the 1890 m sill at the western end and the 1250 m sill at the eastern end (Figure 1). The basin is closed under 1890 m into the Indian Ocean by the western sill, and closed on the eastern sill at 1250 m between Leti Islands and East Timor (Figure 1a).

Four moorings (Figure 1a) equipped with current meters and temperature sensors were anchored across the western
 sill in Timor Passage between [122.68 °E, 10.82°S] and [123.06°E, 12°06 S] in 2004ô 2006 as part of the program

91 INSTANT [Sprintall et al., 2004]. Mooring velocity instrumentation configuration was fairly similar on all 92 moorings (see Figure 3 of Sprintall et al., 2009), with an upward-looking ADCP deployed so as to resolve the 93 surface to thermocline flow, and single-point current meters positioned at depth to resolve the sub-thermocline to 94 intermediate depth flow. Temperature and current velocity analyzed in the present study were recorded from single 95 point Aanderaa current meters/temperature sensors RCM07 or RCM08 with manufacturer given accuracy of 0.01 96 m/s, and 0.1°c, as well as additional temperature sensors Seabird SBE-37 and SBE-39 (manufacturer given initial 97 accuracy of 0.002°C) (Fig.1b). Complete details of mooring instrumentation, deployment depths, data coverage 98 and the quality control for treatment of compass errors, time drifts, and fouling can be found in the online data 99 report [Cowley et al., 2008]. Average full-depth transport at the Timor strait was estimated from these moorings 100as ~ 7.5 Sy [Sprintall et al., 2009]. Current and temperature profiles above the sill are considered here during the 101 second phase of INSTANT (from June 2005 to December 2006), when complete temperature profiles were 102 available. We have interpolated velocity and temperature data across the passage to estimate the transports. Several 103 interpolation schemes were used in the calculation of transport, and the range of transports obtained is considered 104 to represent the uncertainty error [e.g. see Sprintall et al., 2009 for further details]. In the following we use the 105 Along Strait Velocity (ASV) which is the Cartesian velocity rotated in the orientation of the along strait direction 106 at the western sill location (246°T). We focus on the deep circulation (below 1250 m) and the related vertical 107 mixing. For this depth range, the Timor Basin is semi-enclosed, and flow exchanges are limited to the Indian 108 Ocean through the deep western Timor sill [Gordon et al., 2003]. In addition to these mooring data we use 109 temperature and salinity profiles available from the World Ocean Database 2013 [hereafter WOD13, Boyer et al., 110 2013] to characterize water masses within the basin. This dataset includes 131 high vertical resolution CTD and 111 38 recalibrated low resolution Ocean Station Data [see Boyer et al., 2013 for additional information on data] 112 conducted in the Timor Basin and reaching depths greater than 1250 m. In addition, we also use four CTD stations 113 from the collaborative Indonesian, Timoresian and Australian "Arafura Timor Sea (ATSEA)" cruise conducted in 114 May 2010 onboard RV Baruna Jaya 8 (http://atsea-program.org) and kindly provided by A. Atmadipoera. These 115 data were collected from SBE-911 CTD casts with 24 Hz sampling rate. Data processing and analysis of CTD data 116 followed SBE Seasoft data processing (http://www.seabird.com/software/sbe-data-processing) with bin average 117 over one meter. The locations of all these stations are shown in Figure 1a. These data are used to estimate mean 118 temperature over time and iso-depths surfaces.

119

¹²⁰ **3. Numerical simulations**

121 Numerical simulations have been made following the framework of Koch-Larrouy et al. [2007; 2008a; 2008b]. 122 The model configuration is a sub-domain of the global model ORCA025 described by Barnier et al. [2006] using 123 the primitive equation ocean general circulation model NEMO [Madec, 2008]. This model configuration uses the 124 ORCA global tri-polar grid [Madec and Imbard, 1996] at 1Ű resolution and extends from 26.75°E to 142.25°E in 125 longitude and from 33.2°S to 30.3°N in latitude. The vertical grid has 46 levels, with a resolution ranging from 5 126 m at the surface to 250 m at the bottom. It uses a partial step representation of the bottom topography and a 127 momentum advection scheme which both yield significant improvements [Penduff et al., 2007; Le Sommer et al., 128 2009]. Bathymetry is a smooth combination of ETOPO2 and GEBCO over shelves, with manual corrections within 129 the Lombok, Ombai and Timor straits to better represent the main pathways of the Indonesian Throughflow. The 130 numerical western Timor sill is set to 1880 m whereas the numerical eastern Timor sill reaches 1350 m. The model 131 is forced by daily climatological atmospheric forcing computed for the period 1990ô 2001 from the interannual 132 hybrid DRAKKAR Forcing Set 4 (DFS4) extensively described in Brodeau et al. [2010]. The western boundary 133 is closed by the African continent. The eastern, northern and southern boundaries are radiative open boundaries 134 [Treguier et al., 2001] constrained with a 150 day time-scale relaxation to a combination of (i) 5-day-average 135 climatological velocities computed over 1990ô 2001 from the interannual global 1/4 simulation DRAKKAR 136 ORCA025-B83 [Dussin et al., 2009] and (ii) monthly climatological temperature and salinity from Levitus et al. 137 [1998] as biases were observed in the global simulation temperature and salinity properties. In doing so, we ensure 138 that the water masses entering the model have realistic properties [Koch-Larrouy et al., 2008a]. Vertical mixing is 139 modeled with a prognostic turbulent kinetic energy scheme, with background vertical diffusion and viscosity of 140 10⁻⁵ m² s⁻¹ and 10⁻⁴ m² s⁻¹, respectively [Blanke and Delecluse, 1993; Madec, 2008]. In case of static instability, 141 vertical viscosity and diffusivity are raised to 10 m² s⁻¹. The bottom friction is parameterized using a quadratic 142 stress law with a non dimensional drag coefficient of 10^{-3} .

¹⁴³ Internal tides mixing parameterization

¹⁴⁴ Two parameterizations of the enhanced vertical mixing due to internal tidal dissipation are tested: the St. Laurent ¹⁴⁵ et al. [2002] parameterization (SL02 hereafter) and the Koch-Larrouy et al. [2007] parameterization (KL07 ¹⁴⁶ hereafter) which have the same general form but strongly differs in the prescribed vertical structure of the ¹⁴⁷ dissipation rate. Both parameterization are designed for large scale models which do not resolve explicitly internal ¹⁴⁸ tides and have been widely used in global or regional models, see for instance [Simmons et al 2004 (b), Jayne ¹⁴⁹ 2009] for the SL02 parameterization and [Koch Larrouy et al 2010, Melet et al 2011] for the KL07 ¹⁵⁰ parameterization. In both parameterization the horizontal advection and radiation of internal tide energy is ¹⁵¹ neglected leading to a vertical turbulent kinetic energy balance. Consequently, the horizontal (x,y) dependence of ¹⁵² the mixing in the parameterizations results only from the variation of the local power input into internal tides per ¹⁵³ bottom floor unit surface E(x,y) [W m⁻²]. The total internal tide energy dissipation through viscous friction and ¹⁵⁴ buoyancy flux B (expressed here in W m⁻³) can therefore be written in the form of a separable function of horizontal ¹⁵⁵ and vertical coordinates of the form:

¹⁵⁷ Where F(z) is the vertical structure of the total dissipation rate normalized to ensure energy conservation ¹⁵⁸ $\int F(z)dz = 1$. When the total dissipation is integrated over the water column we have:

¹⁵⁹
$$\int (+B) dz = QE(x, y)$$
 (2)

¹⁶⁰ Which shows that Q ($0 \le Q \le 1$) represents the fraction of the power input to internal tides dissipated locally. The ¹⁶¹ fraction (1-Q) of energy not dissipated locally is simply not taken into account in the parameterization and is ¹⁶² supposed to contribute to the mean turbulent dissipation background of the model.

¹⁶³ The buoyancy flux can be expressed as a diffusive turbulent flux $B=\rho_0 K_z N^2$, while the ratio between the dissipation ¹⁶⁴ rate by viscous friction and the buoyancy flux (B/) is known as the mixing efficiency and is noted Γ . According ¹⁶⁵ to Osborn [1980], Γ has an upper bound of 0.2, a value used in both KL07 and SL02 parameterization. Substituting ¹⁶⁶ by $\rho_0 K_z N^2 / \Gamma$ in Eq. 1 we can derive the following expression for the parameterization of K_z

¹⁶⁷ K_z = R_{if} Q
$$\frac{E(x, y)F(z)}{{_0N}^2} \left[m^2 s^{-1}\right]$$
 (3)

¹⁶⁸ Where $R_f = \Gamma/(\Gamma + 1) = B/(+B)$ is known as the flux Richardson number. The parameterization can be rewritten in the ¹⁶⁹ equivalent form

¹⁷⁰
$$K_z = \Gamma q \frac{E(x, y)F(z)}{{_0N}^2} \left[m^2 s^{-1}\right]$$
(4)

171 It is this last form (Eq. 4) that has been used in previous studies [Saint Laurent et al., 2002; Koch Larrouy et al., 172 2007; Melet et al., 2011; Melet et al., 2014]. However it is worth noting that in this expression $q=Q/(\Gamma+1)$ 173 represents the fraction of internal tide dissipated by viscous friction only and has an upper bound of 0.83 (for 174 Γ =0.2) reached when all the tidal energy is dissipated locally through friction and buoyancy flux (Q=1). It seems 175 that this point was unnoticed in several recent publications which considered q=1 and $\Gamma=0.2$ for a fully local 176 dissipation of internal tide [Koch-Larrouy et al., 2007; Melet et al., 2011] or Lee waves energy [Melet et al., 2014]. 177 A consequence of that is that the effective mixing efficiency used in these simulations was 17% larger than the 178Osborn [1981] upper bound of 0.2. Because the odd upper bound of q has previously lead to some confusion we 179 prefer to use here the equivalent form Eq. 3 where we make use of the R_f instead of Γ and Q instead of q for its 180simpler and more appealing upper bound of 1.

¹⁸¹ For both SL02 and KL07 parameterizations, E(x,y) is inferred in this study from a finite element barotropic ocean
 ¹⁸² tidal model [Le Provost et al.,1994; Carrère and Lyard, 2003].

183 The two parameterizations SL02 and KL07 we employ were designed for different purposes. The main goal of the 184 SL02 parameterization was to reproduce the increase of the dissipation rate and turbulent mixing near the bottom 185 and driving the upwelling of abyssal waters. This deep mixing is believed to be mainly driven by the breaking of 186 very high vertical modes internal tides near the bottom [St. Laurent and Garrett, 2002]. By contrast, the main goal 187 of the KL07 parameterization was mainly to reproduce the correct water masses associated with the Indonesian 188 throughflow, which mainly requires to get the correct level of mixing within the pycnocline, while the bottom 189 mixing has a much weaker influence. This leads the KL07 parameterization to have a drastically different vertical 190 distribution of F(z) and Q values compared to SL02.

191 The SL02 parameterization is based on experimental observations of Polzin et al. [1997] and prescribes an 192 exponential decay of the dissipation rate above the bottom with a typical 500 m length scale. However the rate of 193 energy dissipated by high vertical modes into heat by viscous friction near the bottom was estimated to represent 194 only 30% of the power converted from barotropic tides to internal tides [Polzin et al., 1997]. SL02 also considers 195 a mixing efficiency Γ =0.2 so that the total local dissipation fraction reaches Q=(1+ Γ)×0.3=0.36 in that case. Most 196 of the internal tide energy escapes from the bottom layer as low modes [Polzin et al., 1997; St. Laurent and Garrett, 197 2002], and so the dissipation of energy associated with these lower modes is simply not taken into account in the 198 SL02 parameterization.

199 In the Indonesian seas these lower modes are trapped within the complex array of semi-enclosed basins and will 200 be dissipated locally. For this reason, we set the factor Q (and not q) to 1 in the KL07 parameterization. The fact 201 that all the energy dissipated locally was recently questioned by Nagai and Hibiya [2015] who used a high 202resolution simulation with explicit tides to resolve internal tides and showed that Q could vary between 0.5 and 1 203 in various Indonesian straits, although they do not provide a value for the Timor Basin. The distribution F(z) of 204 the dissipation rate in the vertical used in KL07 is also completely different from SL02. In KL07 It is based on a 205 simple scaling of the dissipation rate below the surface layer as $\propto N^2$ which better reflects the trapping and 206 dissipation of internal tides in the pycnocline. The resulting strong dissipation rate in the pycnocline was essential 207 to reproduce the required water mass transformation in the KL07 simulations. The drawback is that this 208 parameterization may not reproduce the higher vertical modes energy dissipation near the bottom. Therefore the 209 KL07 parameterization likely underestimates the near bottom dissipation by higher modes as reproduced by the 210 SL02 parameterization. Indeed the dissipation rate of internal tide energy is very low above the bottom in KL07. 211 Figure 2 shows the ratio $R_D(z)$ between the integrated total dissipation rate below depth z, and the power input to internal tides E(x,y) computed as $R_D(z) = \int_{H}^{z} \rho(\varepsilon + B) dz / E(x,y) = Q \int_{H}^{z} F(z) dz$ for the two parameterizations 212 213 SL02 and KL07. This ratio was computed for an average stratification profile over the Timor Basin for KL07. The 214 fraction $R_D(z=1250 \text{ m})$ of E(x,y) dissipated below the eastern sill depth (1250 m) is much higher in the SL02 215 parameterization where it varies between 0.26 and 0.32 (depending on the bottom depth) than in the KL02 216 parameterization where R_D(z=1250 m) is nearly one order of magnitude smaller reaching 0.031. Therefore much 217 lower mixing is expected below 1250 m using the KL07 parameterization. As detailed in the next section the large 218 difference between the two parameterizations may be reduced by using a lower mixing efficiency above the bottom 219 in the SL02 parameterization.

220 Variable mixing efficiency

²²¹ The common practice in large scale numerical simulations parameterizing internal tidal mixing, is to fix the value ²²² of Γ to 0.2 (or equivalently R_f to 0.16) [Osborn, 1980]. However according to Osborn [1980], 0.2 represents a ²²³ maximum value. Arneborg [2002] for instance recommended a weaker value of 0.12 following observations of St. ²²⁴ Laurent and Schmitt [1999]. Direct numerical simulations [Shih et al., 2005, SH05 hereafter] and laboratory ²²⁵ experiments [Barry et al., 2001, B01 hereafter] have shown a dramatic decrease of Γ with increasing turbulent ²²⁶ intensity I= /(N²), where I represents the ratio of the destabilizing effect of turbulence versus the stabilizing effect ²²⁷ of viscosity and stratification. Note that I=R^{4/3}, where R=Lo/ η is the ratio of the Ozmidov scale Lo= ^{1/2}N^{-3/2} which ²²⁸ represents the spatial scale of the larger overturns of the turbulent cascade, to the Kolmogorov dissipative scale ²²⁹ $\eta = (\frac{3}{2})^{1/4}$.

230 Therefore R represents the extension of the turbulent energy cascade, the so-called inertial sub-range. Based on 231 their simulations SH05 show that the mixing efficiency scales as Γ =0.2 for R<30 and decreases as Γ =2R^{-2/3} for 232 R>30. B01 also obtain a decrease of Γ with R in their laboratory experiment with a different scaling law as Γ =9 233 $R^{-8/9}$ for R>150. The decrease of Γ with R which was obtained over a limited range of R in B01 and SH05 is still 234 debated [Gregg et al., 2012; Kunze et al., 2012]. However several recent in situ observations have confirmed this 235 behavior [Davis and Monismith, 2011; Bluteau et al., 2013; Lozovatsky and Fernando, 2013]. Bluteau et al. [2013] 236 notably suggest that the best scaling is obtained comparing their observations with B01, while Davis and 237 Monismith [2011, DM11 hereafter] find a scaling law as Γ =4.5R^{-2/3} consistent with SH05 although with a different 238 coefficient.

239 In our simulations the factor R depends on the choice of the internal tidal mixing parameterization. For KL07, the 240 prescribed dependence $\propto N^2$ implies that I and R are almost constant within the water column with a value R~150. 241 Applying the SH05 scaling, we find that mixing efficiency is close to 0.07, while the B01 and DM11 scaling 242 suggest a value of 0.1 and 0.16 respectively. The exponential decrease of in the SL02 parameterization results in 243 a strong increase of R above the bottom. Typically we find that R increases from R~300 at 1200 m depth to 244 R~10000 near the western sill depth (1890 m). Following the three previous scalings, we find that Γ (resp. R_f) 245 varies in the range 0.04ô 0.1 (resp. 0.039 to 0.09) at 1250 m to 0.02ô 0.04 (resp. 0.0196 to 0.039) at the sill depth. 246 Given the strong decrease of R suggested for the SL02 parameterization and the relatively large uncertainty in this 247 decrease, we have considered two simple additional sensitivity tests for the simulations using the SL02 248 parameterization where the mixing efficiency Γ (resp. R_f) was lowered to 0.1 (resp. 0.09) and 0.05 (resp. 0.047) 249 compared to the usual 0.2 value of Osborn [1980]. Note that to our knowledge the only internal tidal mixing 250 parameterizations considering a decrease of the mixing efficiency are Melet et al. [2013] and Lavergne et al. 251 [2015]. Melet et al. [2013] have suggested a simple empirical decrease of the mixing efficiency with N as $\Gamma=0.2$ 252 $N^{2}/(^{2}+N^{2})$, with the angular velocity of the Earth. An advantage of this formulation is that it prevents the 253 diffusion from going to infinity when the stratification goes to 0. However the Melet et al. [2013] formulation 254 affects only very low abyssal stratification. In the Timor Basin, the deep stratification N^2 is more than two orders 255 of magnitude larger than ² and this formulation has a negligible influence on the mixing efficiency. Lavergne et al. [2015] have implemented the Shih et al. [2005] scheme for a global model and have shown a reduction by a
 factor of two of the overturning circulation.

258 Simulations runs

259 Five 40-year simulations were performed to assess the role of the tidal mixing parameterization on the deep ocean 260circulation in the Timor Basin (Table 1). The simulations are almost identical, they differ only regarding the tidal 261 parameterization applied (or not) in the Timor Basin: NOTIDE has no tidal mixing parameterization, TIDE-KL 262 uses the KL07 parameterization, in TIDE-SL02 the SL02 parameterization is applied over the Timor Basin using 263 the Osborn [1980] value $R_f = 0.16$ ($\Gamma=0.2$), TIDE-SL01 and TIDE-SL005 are the same as TIDE-SL02 with a 264 reduced mixing R_f of 0.09 (Γ =0.1), and 0.047 (Γ =0.05), respectively. In all the simulations, the KL07 265 parameterization is applied everywhere else in the Indonesian Seas. This choice was made in order to modify only 266 the deep circulation in the Timor Basin without affecting the overall equilibrium reached in the KL07 simulations. 267 In the following õTIDE simulationsö is used to refer to all the simulations that include an internal tide 268 parameterization (TIDE-KL, TIDE-SL02, TIDE-SL01, TIDE-SL005).

²⁶⁹ **4. Circulation in deep Timor Basin**

In the following we focus on the transport below 1250 m as for this depth range the circulation is constrained by a closed boundary at the eastern sill (1250 m depth) and exchanges are mainly restricted to the Indian Ocean through the deep western Timor sill (1890 m). Figure 3a shows the INSTANT transport measurement at the western Timor sill integrated over three depth intervals [1250ô 1600 m], [1600ô 1890 m (sill depth)] and [1250ô 1890 m].

275 For the three depth intervals, the instantaneous volume transport IT(t) shows large intra-seasonal variations of 276 several Sv (standard deviation of 1.02 Sv for [1250ô 1890 m]) with alternating inflow and outflow in the Timor 277 Basin. The inflows and outflows are in phase over the three depth intervals indicating that the instantaneous ASV 278 direction is most of the time consistent over the whole water column below 1250 m depth. Some of these large 279 intra-seasonal reversals are likely associated with strong Kelvin waves remotely forced in the equatorial Indian 280 Ocean and propagating eastward along the south boundary of the Indonesian seas while also radiating energy in 281 the Indonesian seas through the Lombok, Makassar, Ombai and Timor Passage [Sprintall et al., 2000; Wijjfels and 282 Meyers, 2004; Sprintall et al., 2009; Drushka et al., 2010].

283 The cumulative average transport: $CT(t) = \frac{1}{t} \int_{0}^{t} IT(\tau) d\tau$ (where t=0 is June 1st 2005) is represented in Figure 3b for 284 the three depth intervals. Note that the initial value CT(0)=IT(0) whereas the final value CT(T) represents the 285 transport averaged over the full record length T. The cumulative average CT(t) is used here to assess the time 286 interval averaging needed for a stable mean flow to emerge. The signature of the strong intra-seasonal variations 287 is smoothed when the averaging period t reaches 5-6 months, after which a residual average inflow below 1600 m 288 and an average outflow above 1600 m are revealed. The inflow reaches the value of 0.163 Sv when averaged over 289 the full observational period (June 2005 to December 2006) with an uncertainty range [0.11, 0.25] Sv. This inflow 290 is almost exactly compensated by an outflow of -0.161 Sv with uncertainty range [-0.14, -0.21] Sv between 1250 291 and 1600 m so that the time-averaged transport is almost zero (0.002 Sv) between 1250 m and the bottom. These 292 observational estimates of the transport show that a mean deep circulation is present in the Timor Basin.

The instantaneous transport between 1250 m and the western sill indicates a strong intra-seasonal variability for the five simulations (not shown) with similar standard deviations of 1.14, 1.06, 1.08, 1.11 and 1.08 Sv for the NOTIDE, TIDE-KL, TIDE-SL01, TIDE-SL01 and TIDE-SL005 runs respectively, in good agreement with the 1.02 Sv variability of the observations.

297 To compare both the vertical structure and the convergence of the deep circulation toward its mean equilibrium 298 state in the data and in the simulations we have computed the cumulative average stream function as a function of 299 the depth z: $CT(t,z) = \frac{1}{t} \int_{0}^{t} IT(\tau,z) d\tau$, where $IT(\tau,z)$ is the instantaneous transport between the sill depth and the 300 depth z (Figure 4). The 0 iso-value of CT(t,z) marks the limit of the deep circulation cell, while the depth of its 301 maximum marks the transition between inflow and outflow. In the NOTIDE simulation there is no deep inflow 302 and the mean circulation is almost zero below 1500 m depth. In contrast, all simulations that include a tidal 303 parameterization show that a deep circulation emerges after a time averaging of a few months. Although the 304 vertical distribution of the mixing is very different in the TIDE-KL and TIDE-SL02, -SL01, -SL005 simulations, 305 the structure of the deep circulation cell is relatively robust. The mean deep cell extends between the western sill 306 depth (1880 m in the simulations compared to 1890 m in the observations) and up to 1500 m depth in the TIDE-307 KL simulation and up to 1350 m in the TIDE-SL02 simulation. The cell extension is reduced to 1400 m and 1500 308 m depth when the mixing efficiency is decreased to 0.1 and 0.05 in the TIDE-SL01 and TIDE-SL005 simulations, 309 respectively. Note that the smaller vertical extent in the simulations compared to the observations results partially 310 from a deeper eastern sill (1350 m) than in the observations (1250 m). The intensity of the transport shows a wide 311 range of variability; the maximum inflow transport reaches 0.07 Sv for the TIDE-KL run which is about 50 %

³¹² smaller than the observed inflow (0.16 Sv), and 0.28 Sv in the TIDE-SL02 run which is about 75 % larger than ³¹³ the observed inflow. The inflow transport decreases to 0.15 Sv in the TIDE-SL01 run which is very close to the ³¹⁴ observations, while the TIDE-SL005 run has an inflow transport of 0.09 Sv. Interestingly, both the depth extent ³¹⁵ and transport are very close in the TIDE-SL005 and TIDE-KL runs despite the very different distribution of the ³¹⁶ dissipation rate and vertical turbulent diffusion K_z .

³¹⁷ Further insight into the structure of the deep circulation is given by the time averaged zonal stream function along

the strait for the five simulations (Figure 5), defined as:
$$\Psi(x,z) = \int_{bottom}^{z} \int_{y_s}^{y_s} u(x,y,z) dy dz$$

319 where u is the eastward velocity and y_s , y_N the south and north boundaries of the basin at the depth z. The 320 magnitude of $\Psi(x,z)$ represents the transport between the bottom and the depth z for each longitude x, while the 321 intensity of the zonally averaged vertical and horizontal velocities are given (within a constant factor) by the 322 negative of the horizontal and the vertical derivative of $\Psi(x,z)$ respectively. In all the simulations with tidal 323 parameterizations (Figure 5 b-e), the stream lines show an overturning circulation below the eastern model sill 324 depth of 1350 m (red dashed line), with an inflow of decreasing intensity along the strait. As previously noted, the 325 smallest deep transport is observed for the TIDE-KL and TIDE-SL005 for which the smallest mixing intensity is 326 expected. This reduced transport occurs with a slightly reduced vertical extension of the circulation cell below 327 1500 m. An upwelling with maximum intensity around z~1600 m is observed between 123°E and 128°E in the 328 TIDE-SL02 and TIDE-SL01 simulations, while this upwelling has a deeper maximum (around $z \sim 1700$ m) in the 329 TIDE-KL and TIDE-SL005 simulations. In the NOTIDE simulation the circulation is nearly zero below 1500 m 330 (Figure 5a).

331 A more detailed view of the vertical structure of the section and time averaged ASV at the western Timor sill is 332 shown in Figure 6c for INSTANT observations and for the five simulations (averaged over the last ten years). For 333 INSTANT observations, the error estimate on the transport is computed following Sprintall et al. [2009]. To allow 334 direct comparison, the modeled ASV is multiplied by a correcting factor equal to the ratio of the modeled sill width 335 to the real sill width for each depth z. Below the eastern sill depth (i.e. for z > 1250 m) the observed mean velocity 336 field shows an inflow below 1600 m with a maximum of 8 cm s⁻¹ at 1800 m and an outflow above 1600 m. A 337 similar structure of the mean ASV is found in all TIDE simulations, albeit with some important variations in the 338 inflow velocity maximum ranging from 5.5 cm s⁻¹ (in the TIDE-KL simulation) to 19 cm s⁻¹ (in the TIDE-SL02 339 simulation). In contrast, the inflow velocity in the NOTIDE simulation is almost zero.

340 The observational data and numerical simulations also suggest that the inflow is associated with a density decrease 341 across the sill. Figure 6b shows the potential density profiles at two positions corresponding to the model grid 342 points, just west of the western sill [122.75°E, 11.42°S] and within the Timor Basin [125°E, 10.44°S]. An estimate 343 of the observed density profiles at these positions was computed using objective interpolation with a 32 km radius 344 from neighboring CTD measurements. Moving from west to east across the sill, a density drop of ~ 0.1 kg m³ is 345 observed below 1500 m depth in the interpolated CTD data. The amplitude of this density drop is comparable in 346 the TIDE-SL02 run (averaged over the last ten years of the run) where it reaches 0.075 kg m⁻³ and slightly decreases 347 for the runs with reduced mixing efficiencies TIDE-SL01 and TIDE-SL005 with 0.07 kg m⁻³ and 0.06 kg m⁻³ 348 respectively. The TIDE-KL and NOTIDE simulations show smaller density drops of 0.04 kg m⁻³. This density 349 drop generates a pressure drop that drives the observed inflow in the Timor Basin. We first try to determine whether 350 this density driven overflow is critical and/or influenced by the rotation before performing further analysis on the 351 heat budget and mixing estimates.

- 352
- ³⁵³ **5.** Overflow criticality and influence of rotation
- 354

355 It is important to address whether the time mean overflow at the sill is in a state of hydraulic control. Hydraulic 356 control at a sill is associated with strong mixing processes [Tessler et al., 2010; Alford et al., 2013] that would not 357 be reproduced with the coarse model resolution we are using. The Froude number describes the criticality of the 358 flow and is defined as the ratio of the overflow advection speed to the phase speed of (reduced) gravity waves. 359 $Fr=U/(gh)^{1/2}$, where U is the along strait velocity, $g\phi=\Delta\rho/\rho_0$ is the reduced gravity and h the overflow active layer 360 height. Hydraulic control takes place for Fr=1 which marks the transition from subcritical to supercritical flow. 361 For a continuous stratification the definition of the reduced gravity is ambiguous, so we follow Whitehead [1989] 362 who defined $\Delta \rho$ as the density drop upstream and downstream of the strait. Using Figure 6b we set $\Delta \rho$ in a large 363 range [0.05, 0.15] kg.m⁻³ considering the uncertainty associated with the space and time range of the 364 measurements. Following Whitehead [1989], the height h can be defined as the region of divergence between 365 upstream and downstream potential density profiles which gives h=490 m (see Figure 6b). We also take an 366 alternative definition of h as the height of the zero crossing of the ASV around 1550 m which gives h=340 m (see 367 Figure 6c). With both these definitions, h is in the range [340ô 490 m]. Finally we consider the depth average over 368 h of the ASV in the range [0.02, 0.03] m.s⁻¹ for the time-mean flow with maximum instantaneous inflow reaching 369 0.12 m.s⁻¹ according to the reported uncertainty [Sprintall et al., 2009]. With these numbers we estimate that Fr is ³⁷⁰ in the range [0.02, 0.07] for the mean flow with instantaneous value peaking at 0.27, and conclude that the flow is ³⁷¹ always subcritical. Therefore there is no hydraulic control at the Timor sill over the INSTANT time period. This ³⁷² further suggests that the strong vertical mixing in the basin is rather a cause than a consequence of the overflow, ³⁷³ although the moderate shear associated with the overflow could still slightly reinforce the vertical mixing.

374

375 Rotation effects can induce cross tilting of the isopycnals and cross section shear. Our experimental sampling and 376 the model resolution below 1250 m do not allow us to accurately characterize rotation effects, an issue which is 377 beyond the scope of this paper. Therefore in the following we only assess their significance in a general sense. The 378 basic effect of rotation can be estimated assuming a model of semi-geostrophic flow where the pressure gradient 379 balances the Coriolis force in the across strait direction [Pratt and Whitehead, 2007]. The simplest assumption is 380 to consider a constant velocity of the overflow, then the across basin tilting of the overflow interface is 381 $\Delta z = fLU/(g\phi)$, where L is the basin width at z=h. Given the uncertainties of h and g\phi a moderate tilting across the 382 basin is found in the range $\Delta z = [13, 96]$ m. Considering the upper bound of Δz , a sensitivity test on the impact of 383 rotation was made by applying a simple linear tilting of the ispopycnals/isotherms and the currents structure (not 384 shown), it was found that the inflow transport in the lower cell was changed by less than 1%, while the 385 compensating outflow varied from less than 20%. The resulting impact of rotation on heat budget and computation 386 of Kz developed in the next section did represent a minor source of uncertainty and was therefore not further taken 387 into account in the remainder of the analysis..

388

³⁸⁹ 6. Mixing and heat budget in the deep Timor Basin

³⁹⁰ **6.1 Vertical turbulent diffusivity in the model runs**

391 Since the Timor is semi-enclosed, there are mixing processes which sustain the density drop across the sill. The 392 across sill density decrease at depth is coincident with an increase of the tidal currents. Figure 6a shows the M2 393 tidal ellipses interpolated from the nearby current meters and obtained from a harmonic analysis of the mooring 394 velocity data at the western sill over the [June 20056December 2006] period. The current ellipses show a strong 395 baroclinic structure with stronger velocities (>10 cm s⁻¹) below 1600 m depth suggesting that baroclinic tides could 396 generate the strong mixing at depth. We have computed the vertical turbulent diffusivity K_z averaged over the 397 Timor Basin in all the simulations (Figure 7b). These mean K_z are defined as $\langle K_z \rangle = \langle K_z N^2 \rangle / \langle N^2 \rangle$ where $\langle . \rangle$ is a 398 time and basin mean for each depth and N the stratification. The advantage of this definition of the mean is that it 399 is based on an average of turbulent buoyancy fluxes which is physically meaningful, whereas a direct average of 400 K_z has poor physical significance. In practice, a direct average of K_z may put too much weight on the strong K_z 401 present in very weakly stratified regions that have little impact on the turbulent fluxes. In the TIDE-SL02 402 simulation <K_z> is strong ([2-8]×10⁻³ m² s⁻¹) and increases toward the bottom. The TIDE-SL01 and TIDE-SL005 403 simulations show a similar trend with a two-fold and four-fold decrease of $\langle K_z \rangle$ which is consistent with the 404 respective decrease of the mixing efficiency Γ (resp. R_f) to 0.1 (resp. 0.09) and 0.05 (resp. 0.047). The vertical 405 turbulent mixing is smaller in the TIDE-KL simulation ([0.4-1]× 10^{-3} m² s⁻¹) with a more even distribution 406 throughout the water column as expected for the KL07 parameterization. In contrast, $\langle K_z \rangle$ for the NOTIDE 407 simulation remains very weak throughout the water column with values one to two orders of magnitude smaller 408 than in all the TIDE simulations.

409 These results suggest that in the model a large vertical turbulent diffusivity induced by internal tides at the Timor 410 sill and in the Timor Basin generates a mixing of deep dense (and cold) water (z > 1600 m) with less dense (and 411 warmer) overriding waters (z < 1600 m). Therefore a density gradient and a pressure drop is generated across the 412 sill that drives the deep inflow between the sill and 1600 m depth. Because the basin is closed to the east below 413 1250 m depth, a return flow is generated above 1600 m. In this process an average upward velocity is also generated 414 over the Timor Basin (Figure 7a) which contributes to the upwelling of cold and dense water. At equilibrium, a 415 balance is achieved at the basin scale between the lateral inflow and upward transport of this dense and cold water 416 and the downward turbulent diffusive transport of less dense water and heat. In order to estimate the turbulent 417 diffusivity from the observations data set we apply a heat budget at the basin scale.

418

⁴¹⁹ **6.2** Vertical turbulent diffusivity derived from the heat budget in the observations

420 Below 1250 m the Timor Basin is a semi-enclosed sea as it is closed by the eastern sill, and hence we can apply a 421 heat transport balance at the basin scale to infer the strength of mixing in the observations. This method was 422 originally proposed and discussed by Hogg et al. [1982] and Whitehead and Worthington [1982]. These authors 423 use a heat budget below an isopycnal surface. Here we use a z-coordinate budget which requires further hypotheses 424 concerning the spatio-temporal variability of the heat fluxes, as discussed below. This choice is made because the 425 deeper isopycnal surface intersects the bottom which makes their areal computation difficult. An additional 426 advantage is that the z-coordinate budget can be easily tested and validated in the numerical simulations. For each 427 depth z, we compute the heat budget over the volume V(z) enclosed between the bottom and the depth z with open 428 boundaries defined by the western sill vertical section of area $S_1(z)$ and the horizontal surface of area $S_2(z)$ as 429 illustrated in Figure 8. We decompose the vertical velocity W and the potential temperature :

430
$$= \left\langle \right\rangle_{S_{2}(z),} + ' \\ \mathbf{W} = \left\langle \mathbf{W} \right\rangle_{S_{2}(z),} + \mathbf{W}$$

⁴³¹ where $\langle i \rangle$ denotes the average over surface S₂(z) and long time τ equal to the 1.5 year full record length, and the ⁴³² primes represent the fluctuations around the average. Then for each depth z, the heat balance over the volume ⁴³³ V(z) of the basin and averaged over a long time interval τ gives:

⁴³⁴
$$\iiint_{V} C_{p} \left\langle \rho \frac{\partial \theta}{\partial t} \right\rangle_{\tau} dV = S_{1} C_{p} \left\langle \rho U \theta \right\rangle_{S_{1},\tau} - S_{2} C_{p} \left\langle \rho \right\rangle_{S_{2},\tau} \left\langle W \right\rangle_{S_{2},\tau} \left\langle \theta \right\rangle_{S_{2},\tau} + S_{2} C_{p} \left\langle \rho \right\rangle_{S_{2},\tau} \left\langle W' \theta' \right\rangle_{S_{2},\tau} + G (5)$$

where U is the along-strait velocity, C_p is the specific heat capacity per unit mass of sea water and the z dependence was dropped to simplify the notation. The term on the left hand side gives the rate of change of heat content in the volume V(z). The first term on the right hand side is the horizontal heat transport across $S_1(z)$, the second and third term represent the vertical heat transport across $S_2(z)$ decomposed in vertical advection and turbulent fluctuations, and the last term *G* is the geothermal heat flux integrated over the bottom surface. Assuming that the long term average of the heat rate of change vanishes, Eq. 5 reduces to:

⁴⁴¹
$$\mathbf{S}_{2}\langle \rho \rangle_{\mathbf{S}_{2},\tau} \langle \mathbf{W} \rangle_{\mathbf{S}_{2},\tau} - \mathbf{S}_{1} \langle \rho \mathbf{U} \theta \rangle_{\mathbf{S}_{1},\tau} = \mathbf{S}_{2} \langle \rho \rangle_{\mathbf{S}_{2},\tau} \langle \mathbf{W}' \theta' \rangle_{\mathbf{S}_{2},\tau} + \mathbf{G}/\mathbf{C}_{p}(6)$$

⁴⁴² Since the strait is closed at its eastern end, we can estimate the vertical transport across S_2 from the continuity ⁴⁴³ equation as:

⁴⁴⁴
$$\mathbf{S}_{2} \langle \mathbf{W} \rangle_{\mathbf{S}_{2},\tau} = \mathbf{S}_{1} \langle \mathbf{U} \rangle_{\mathbf{S}_{1},\tau}$$
(7)

We then make the assumption that $\langle W' \rangle_{S_{2,1}}$ can be considered as a vertical turbulent temperature flux, and modeled using the turbulent vertical diffusion coefficient as:

⁴⁴⁷
$$\langle \mathbf{W}' \boldsymbol{\theta}' \rangle_{\mathbf{S}_{2},\tau} = \langle \mathbf{K}_{\mathbf{z}} \rangle_{\mathbf{S}_{2},\tau} \frac{\partial \langle \boldsymbol{\theta} \rangle_{\mathbf{S}_{2},\tau}}{\partial \mathbf{z}}$$
(8)

⁴⁴⁸ With this definition, $\langle K_z \rangle_{s_{2,1}}$ is expressed as the mean turbulent flux divided by the mean potential temperature ⁴⁴⁹ gradient. This definition is also consistent with the definition of the mean K_z in the simulations given in the ⁴⁵⁰ previous section.

⁴⁵¹ Finally using Eq. 6, 7 and 8 we can get an estimate of K_z through an advection-vertical diffusion balance as:

$$\langle \mathbf{K}_{z} \rangle_{\mathbf{S}_{2}, \tau} = \frac{\mathbf{S}_{1} \langle \rho \rangle_{\mathbf{S}_{2}, \tau} \langle \mathbf{U} \rangle_{\mathbf{S}_{1}, \tau} \langle \theta \rangle_{\mathbf{S}_{2}, \tau} - \mathbf{S}_{1} \langle \rho \mathbf{U} \theta \rangle_{\mathbf{S}_{1}, \tau} - \mathbf{G} / \mathbf{C}_{p}}{\mathbf{S}_{2} \langle \rho \rangle_{\mathbf{S}_{2}, \tau} \frac{\partial \langle \theta \rangle_{\mathbf{S}_{2}, \tau}}{\partial z}}$$
(9)

The bottom surface integrated geothermal flux was computed using a constant geothermal heat flux of 60 mW m⁻ ⁴⁵⁴ ². Although this value is an upper bound for the region [Emile-Geay and Madec, 2009] it has only a marginal 455 influence on $\langle K_z \rangle_{s_{2,1}}$. The computation of the density and potential temperature requires salinity measurements 456 which were not available from the Timor mooring, we therefore infer salinity from the T-S relationship observed 457 below 1250 m from the 131 deep CTD stations available in the Timor Basin. We find that the T-S relationship is 458 almost linear with a correlation coefficient r2=0.95 (not shown). Using this linear relationship to infer salinity, the 459 resulting error in the in-situ density and potential temperature computation is then negligible.

From the mooring data we estimate all the terms in Eq. 9 except $\langle \rangle_{s_2}$, $\langle \rangle_{s_2}$, and $\frac{\partial \langle \rangle_{s_2}}{\partial \tau}$. Hydrological 460

461 measurements made over the Timor Basin during the mooring deployment period (from June 2005 to December 462 2006) are too scarce in time and space to allow an estimate of these terms. Therefore we used all the available 463 hydrological data in the region (Figure 1a) as well as the climatological values to estimate these mean terms as 464 follows:

465 1) Direct ensemble average from CTD data for each depth

466 2) Objective interpolation of CTD data over the surface $S_2(z)$ for each depth and surface average

- 467 3) Direct ensemble average of climatological values of the density and the temperature for each depth as 468 obtained from the World Ocean Atlas 2009 [Locarnini et al., 2010].
- 469 Error estimates on the heat budget in the observations

470 Since the three mean estimates are derived from the same set of CTD/bottle data the variation between the three 471 averaging methods may not completely represent the standard error of the mean temperature/density. However, an 472 estimation of the standard error on the mean climatological temperature is available in the World Ocean Atlas 473 2009 data set. This uncertainty considers sparsity in time and space, as well as the variable quality of the data set 474 [Locarnini et al., 2010].

475 We therefore calculate a maximum õglobalö uncertainty that is the sum of this climatological standard error and 476 the variation obtained from the three estimates of the mean temperature.

477 This uncertainty is small for $\langle \ \rangle_{s_2,}$ and $\langle \ \rangle_{s_2,}$ but represents an important source of error for the mean temperature

gradient near the bottom $\frac{\partial \langle \rangle_{s_2,}}{\partial z}$. A 95% confidence interval on the $\langle K_z \rangle_{s_2,}$ estimates was computed from both 478 479 the uncertainty in these mean terms and the uncertainty of the transport estimates following Sprintall et al. [2009]. 480 To compute the confidence interval, the uncertainty was propagated in Eq. 9 using a Monte Carlo method, i.e. by 481 randomly selecting 1000 values of temperature and transport and computing the resulting variation in $\langle K_z \rangle_{S_1}$. 482 The random values of temperature and transport were selected from a Gaussian distribution truncated to [- , +],

where the standard deviation of the distribution equals the half error range on transport or temperature/density.
In addition, we remind the reader that, as discussed in the previous section, we did not take into account the impact
of rotation in this computation.

⁴⁸⁶ Observed vertical turbulent diffusivity and validation of the method on the model runs

487 The mean vertical turbulent diffusivity estimated using the observations in Eq. 9 is given in Figure 7b. It is almost 488 constant with a value close to 1×10^{-3} m² s⁻¹ down to 1800 m and an uncertainty range of $[0.6, 2.5] \times 10^{-3}$ m² s⁻¹. At 489 1850 m the mean K_z increases up to $3 \times 10^{-3} \text{ m}^2 \text{ s}^{-1}$ but this increase is not significant in regard to the very large 490 uncertainty near the bottom. Mean K_z estimated from the observations is up to two orders of magnitude larger than 491 the mean K_z in the NOTIDE simulation (Figure 7b) which further suggests the need to include the effect of the 492 internal tide in numerical models to reproduce the correct level of mixing. The mean K_z in the TIDE-SL02 493 simulation is larger by a factor of 2 to 4 between 1500 m and 1800 m depth compared to the upper bound estimate 494 of the observational Kz. This discrepancy is reduced to a factor of 1 to 2 for the TIDE-SL01 run that employs a 495 more plausible Γ =0.1 mixing efficiency and falls within the observational bounds for Γ =0.05 in the TIDE-SL005 496 run. The TIDE-KL run shows K_z values which are smaller than the observations by a factor 2 below 1500 m depth. 497 The most important assumption made in Eq. 9 to estimate the mean K_z from the observations, is that that the term 498

⁴⁹⁹ are defined both around a time and surface average. In order to test this assumption we have computed a second ⁵⁰⁰ estimate of the mean K_z for all the TIDE simulations using the same heat budget method that was applied to ⁵⁰¹ observations (i.e. Eq. 9 without the geothermal flux). The heat budget estimate of K_z obtained in this way is very ⁵⁰² close to the prescribed K_z for all the TIDE runs except for the TIDE-KL run where there is a discrepancy of up to ⁵⁰³ 2 (Figure 7b). The reason for the larger discrepancy in this run is unknown. For the most part these estimates ⁵⁰⁴ support the validity of Eq. 9.

⁵⁰⁵ 6.3 Comparison of the vertical upwelling velocity and buoyancy flux in the simulations and observations ⁵⁰⁶ *Turbulent buoyancy flux*

⁵⁰⁷ The estimation of K_z using Eq. 3 in the model is strongly dependent on the value of the stratification N² and ⁵⁰⁸ therefore on vertical gradients of temperature and salinity that are poorly resolved in the simulations. Moreover, ⁵⁰⁹ the large K_z found below 1750 m depth in the TIDE-SL runs are associated with low values of N², therefore, strong ⁵¹⁰ K_z at depth will have a moderate impact on water mass transformation. The turbulent buoyancy flux K_z N² [W kg⁻ ⁵¹¹ ¹] (expressed here per unit mass) is less dependent on the vertical resolution and will actually drive the water mass ⁵¹² transformation. We have estimated the mean turbulent buoyancy flux b = $\langle K_z N^2 \rangle_{S_z}$ over the Timor Basin for each ⁵¹³ depth in all simulations. $\langle K_z N^2 \rangle_{s_2,r}$ was also estimated from the observations data set as ⁵¹⁴ $\langle K_z N^2 \rangle_{s_2,r} \cong \langle K_z \rangle_{s_2,r} \langle N^2 \rangle_{s_2,r}$ Figure 7c shows that the buoyancy flux from the observations falls between the ⁵¹⁵ estimates from the TIDE-SL02 and TIDE-SL01 simulations. The discrepancy between observations and the TIDE-⁵¹⁶ SL simulations observed for K_z below 1750 m depth disappears for the turbulent buoyancy flux. Note that the ⁵¹⁷ decrease of the buoyancy flux below 1750 m results from the null flux condition at the bottom.

518 Vertical upwelling velocity

519 It is also interesting to compare the averaged vertical velocity $\langle W \rangle_{s_2}$ in the model and its estimation from the 520 observations data set using Eq. 7. In the observations, the vertical velocity is always positive: it increases from 521 nearly zero at 1250 m depth to a maximum value of 4×10^{-6} m s⁻¹ around 1600 m (Figure 7a) and decreases toward 522 zero near the bottom. A similar behavior is obtained for the mean upwelling velocity in the TIDE simulations 523 although the maximum is reached deeper at 1750 m. The largest upwelling velocity is found in the TIDE-SL02 524 simulation reaching 6×10⁻⁶ m s⁻¹, which is close to the estimate in the TIDE-SL01 simulation but lower than in the 525 TIDE-SL005 run (2.5×10⁻⁶ m s⁻¹). The lowest vertical velocity is obtained in the TIDE-KL run (2×10⁻⁶ m s⁻¹) but 526 this run also shows a smoother decrease above 1750 m. In the NOTIDE simulation, the vertical velocity is negative 527 above 1700 m and close to zero below, which further implies that the average upwelling resulting from the inflow 528 in the Timor Basin can only be reproduced when a parameterization of internal tidal mixing is included.

529

⁵³⁰ **6.3** Observed vertical turbulent diffusivity from Thorpe scales computation

We give an independent estimate of the turbulent mixing using the statistical length scale of overturns known as
 the Thorpe scale [Thorpe, 1977].

⁵³³ In stratified turbulence, the scale of the largest eddies (i.e. the Ozmidov scale Lo) is limited by the work required ⁵³⁴ to counter the buoyancy forces. At the Ozmidov scale, the balance between the buoyancy force resulting from the ⁵³⁵ stratification and the inertial force associated with the turbulent motion results in the scaling [Gargett, 1988]:

536 Lo
$$\sim \left(\frac{\varepsilon}{N^3}\right)^{1/2}$$
(10)

- ⁵³⁷ Thorpe [1977] and Dillon [1982] have shown that the Ozmidov scale is statistically closely related to the RMS ⁵³⁸ length of potential density overturns detected within a turbulent patch (the Thorpe scale L_{Th}). Dillon finds in ⁵³⁹ average that Lo ~ 0.8(+/-0.4) L_{Th} which allows using Eq. 10 to determine ε .
- The determination of the Thorpe scales requires a careful handling of the noise in the measurements which generates spurious density inversions in the weakly stratified parts of the water column. For this reason we limit 19

542 our analysis to the 45 high vertical resolution CTD profiles (1m) of the WOD13 with good quality flag (code=0). 543 To get rid of spurious inversions, we apply the method of Ferron et al. [1998] slightly modified by Gargett and 544 Garner [2008]. The basic idea is to build a potential density profile that tracks only significant density variations 545 in the original profile. We first determine the noise level σ_N of the measurements from the standard deviation of 546 the detrended potential density over 15 m length sections taken in well mixed region of the profiles. We find that 547 in average $\sigma_N=1.8\times10^{-4}$ kg m⁻³ and define a threshold for significant variation as four times this noise level 548 $\sigma_{th} \sim 7.5 \times 10^{-4}$ kg m⁻³. In the part of the profile where no overturns are detected, we assume a low dissipation rate 549 $\varepsilon = 1 \times 10^{-10}$ W kg⁻¹ typical of the background dissipation rate in the ocean far form boundaries [Waterhouse et al., 550 2014]. Since there is a considerable scattering and variation in the Thorpe estimates we have first averaged the 551 values obtained from the Thorpe scales in 200 m bins over each profile and then build a mean dissipation rate $\langle \ \rangle$ 552 from an ensemble average over the 45 profiles. We determine a 95% confidence estimates on this ensemble 553 average from a bootstrap method. The value of the buoyancy flux per unit mass b (in W kg⁻¹) and the K_z are then estimated as $b = \Gamma \langle \rangle$ and $\langle Kz \rangle = \Gamma \langle \rangle \langle N \rangle^{-2}$ choosing the canonical value of the mixing efficiency $\Gamma = 0.2$ (R_f=0.16) 554 555 to allow comparisons with tide_KL07 and tide_SL02 runs. Although there is a very large uncertainty in the Thorpe 556 estimates of the buoyancy flux and K_z, the mean values obtained are in good agreement with the observational 557 estimate obtained from the heat budget method (Figure 7 b and c) and therefore strengthens the previous 558 conclusions.

559

⁵⁶⁰ **7. Conclusions and discussion**

561 Most of the deep sill passages in the Indonesian region are found along the ITF inflow route via the Sangihe Ridge, 562 Halmahera Sea sill and Lifamatola Passage [Gordon et al., 2003]. For these sills the circulation is characterized by 563 a strong overflow driven by a large scale density drop across the sill and often hydraulically controlled [see Van 564 Aken et al., 2009]. In this situation strong mixing is generally observed as a result of the hydraulic control [Tessler 565 et al., 2010; Alford et al., 2013]. In contrast for the deep overflow at the Timor sill, described here below 1250 m 566 depth, there is no circulation associated with the deep part of the ITF [Gordon et al., 2003]. The deep overflow 567 revealed in the INSTANT mooring data and TIDES simulations is driven by strong mixing in the Timor Basin that 568 sustains a density drop across the sill. Simultaneously an upwelling of dense water is generated at the basin scale. 569 In the absence of tidal mixing parameterization there is no mean circulation generated. Therefore the overflow in 570 Timor is a result of strong mixing that is driven by an external process rather than a cause of the deep ocean mixing. ⁵⁷¹ We provided estimates from observations data set of the average mixing rate K_z in the Timor Basin based on a ⁵⁷² heat budget and a Thorpe scale analyses. The mixing rate is high ~1 ×10⁻³ m² s⁻¹, which is almost two orders of ⁵⁷³ magnitude larger than deep ocean estimates, but comparable to other estimations of K_z in regions of rugged ⁵⁷⁴ topography where elevated mixing is expected [see for instance Waterhouse et al., 2014 or Wunsch and Ferrari, ⁵⁷⁵ 2004 for a review].

576 We have compared these estimates with results from numerical simulations. We first tested the case of a numerical 577 parameterization where there was no internal tide mixing parameterization, the K_z was one to two orders of 578 magnitude smaller than the observational estimate and the deep circulation was almost zero. We then considered 579 simulations with two internal tidal mixing parameterizations with drastically different vertical distributions of the 580 dissipation rate. The first was the KL07 parameterization, designed to reproduce the strong dissipation of energy 581 expected in the pycnocline from the trapping of internal tides energy in the Indonesian seas. The second was the 582 SL02 parameterization, designed to reproduce the strong dissipation above the bottom from the higher vertical 583 modes, but does not reproduce the strong fraction (64%) of energy carried away by low modes. We find that the 584 modelled K_z is about two times smaller than the observational estimate below 1500 m depth with the KL07 585 parameterization leading to a deep inflow transport 50 % smaller than in the observations. In contrast the 586 simulation with the SL02 parameterization overestimates the Kz by up to a factor 5 which results in a deep inflow 587 70 % larger than in the observations. According to several experimental [Barry et al., 2001], numerical [Shih et 588 al., 2005] and observational studies [Bluteau et al., 2013; Lozovatsky and Fernando, 2013; Davis and Monismith, 589 2011], the strong increase of the turbulence intensity above the bottom resulting from the SL02 parameterization 590 will lead to a strong decrease of the mixing efficiency Γ (resp. R_f) below the widely used value of 0.2 (resp. 0.16) 591 [Osborn, 1980]. Based on an estimate of this decrease we have considered two sensitivity tests simulations using 592 the SL02 parameterization with reduced Γ (resp. R_f) of 0.1 (resp. 0.09, TIDE-SL01) and 0.05 (resp. 0.047, TIDE-593 SL005). The deep inflow in the TIDE-SL01 simulation is very close to the observations while it is 40 % smaller 594 in the TIDE-SL005 simulation. These results are consistent with the turbulent buoyancy flux $K_Z N^2$ estimates 595 which show that the TIDE-SL01 estimates fall within the observational bounds down to the sill depth suggesting 596 that this estimate with a reduced mixing efficiency of 0.1 is the closer to the observations. Note however that a 597 reduction of the Q factor and a reduction of R_f would have the same effect in the SL parameterization, therefore it 598 is not possible to firmly determine whether R_f is reduced or whether the Q factor proposed in the SL 599 parameterization is overestimated for the Timor Basin.

600 The comparison of the simulations with and without the internal tidal mixing parameterizations strongly suggests 601 that internal tides are the main source of mixing and drive the deep circulation in the Timor Basin. However, since 602 the model is of low resolution, mixing processes generated by mean flow boundary mixing are under-resolved, 603 notably near the sill, while barotropic tidal boundary mixing is not represented at all. This raises the question of a 604 possible compensation for such processes by the internal tide mixing parameterization in the model. Although the 605 exact estimation of these processes would require a higher resolution model and an explicit representation of tides, 606 we can argue that they should not represent the main mixing source. For instance in the TIDE-SL01 simulation for 607 which the deep transport in Timor Basin is very close to the observations, the maximum velocity at the sill (not 608 corrected by the ratio of the modeled sill width to the real sill width) is underestimated by a factor of 2. Assuming 609 a quadratic bottom drag in the form $C_d|U|U$ we can conclude that the turbulent dissipation rate resulting from mean 610 flow friction would be underestimated by a factor 8 in a thin layer near the bottom. Clearly this would not explain 611 the nearly two orders of magnitude difference in K_z observed up to 400 m above the sill between the NOTIDE 612 simulations and the observations. The barotropic tide within the deep region of the Timor Basin has moderate 613 amplitude [$< 20 \text{ cm s}^{-1}$, as seen in Ding et al., 2012]. This is probably sufficient to significantly increase the friction 614 and induce mixing but only in a thin shear layer above the bottom. Moreover, global estimates show that internal 615 tide generation in the deep ocean is about 30 times larger than direct barotropic tide dissipation through bottom 616 friction [Egbert and Ray, 2000],. Internal tides trapped in the Timor Basin will break locally and generate 617 significant mixing in the whole water column, a process intended to be captured by the KL07 with a focus on the 618 pycnocline and SL02 parameterization with a focus on the bottom dissipation. Therefore, although the model likely 619 under-estimates some mixing mechanisms, the breaking internal tide still appears as the best candidate to explain 620 the strong mixing process in the Timor Basin.

621 Our results also suggest that although the KL07 parameterization reproduces the needed strong dissipation and 622 mixing in the pycnocline, it likely underestimates the near bottom mixing and the resulting deep circulation. Recent 623 microstructure measurements performed in the energetic Halmahera Sea (north east of the Indonesian archipelago) 624 during the INDOMIX 2010 campaign [P. Bouruet-Aubertot et al., 2012; Koch Larrouy et al., 2015] show that 625 simple scaling of energy dissipation with internal tide energy as done in KL07 parameterization indeed 626 underestimates the dissipation rate below the pycnocline. The recent high resolution simulations in the Indonesian 627 seas including explicit internal tides by Nagai and Hibiya [2015] also show that the depth integrated Kz is larger 628 than what is predicted by the KL07 simulation in deep areas like the Timor Basin or the Banda sea, suggesting that 629 KL07 underestimates the strong increase of Kz in abyssal waters. This underestimation of the deep mixing will 630 have an impact on the deep circulation in the Indonesian seas as illustrated here in the case of the Timor Basin. A 631 basic correction to the KL07 parameterization would imply a redistribution of energy dissipation by higher modes 632 near the bottom and consequently a reduced dissipation in the pycnocline. This reduction would however be 633 modest if the fraction dissipated in the bottom layer by high modes is kept below 36 % as in the SL02 634 parameterization. Testing of such a corrected parameterization against higher resolution numerical runs and/or 635 direct microstructure measurements should be considered in the future. The exponential form and decay scale of 636 the SL02 parameterization also needs further testing with high resolution data and high resolution simulations, 637 since the resolution of the present measurements and simulations are not sufficient for this purpose. Note that 638 recent studies of internal tidal mixing parameterizations have suggested modifications to the SL02 639 parameterization [Decloedt and Luther, 2012; Melet et al., 2013] but these studies focused on bottom mixing in 640 the open ocean and still neglected the large fraction of energy that radiates away as low modes.

641 The idea that the deep vertical circulation could be driven by abyssal vertical mixing was first discussed by Munk 642 [1966]. This question was also emphasized more recently by Huang [1999] who pointed out that deep circulation 643 could be a result rather than a cause of deep ocean mixing. This mechanism was verified in some recent numerical 644 simulations [Jayne, 2009; Saenko and Merryfield, 2011] and laboratory experiments [Whitehead and Wang, 2008]. 645 However other studies point out that a large part of the upwelling of abyssal waters may result from wind driven 646 upwelling in the Southern Ocean, reducing the need for strong abyssal mixing [Toggweiler and Samuels 1995; 647 Hughes and Griffiths, 2006; Webb and Suginohara, 2001]. A recent study using a Lagrangian ocean model in an 648 idealized basin by Haertel and Fedorov [2012] even suggests that the meridional overturning circulation could be 649 driven at leading order by adiabatic processes while diffusion represents only a first order perturbation increasing 650 the heat transport from 10 % to 20 %. The generation of a deep circulation by turbulent mixing as evidenced here 651 in the Timor Basin represents a good illustration of this process at a geophysical scale in a relatively well controlled 652 environment where we can minimize the temporal trend term in the heat budget equation by averaging over a 653 longer period.

⁶⁵⁴ In summary our observations based on both basin scale heat budget and a fine scale analyses of CTD profiles show ⁶⁵⁵ that the deep inflow in the Timor Basin is subcritical and driven by a strong mixing within the basin. Comparison ⁶⁵⁶ of observations with numerical models where internal tide mixing is parameterized (or not) strongly suggest that ⁶⁵⁷ internal tides breaking is the main driver of this mixing. The site appears as an ideal laboratory to study the mixing ⁶⁵⁸ parameterization and the representation of relatively fine scale circulation in coarse resolution models. Two ⁶⁵⁹ internal tide mixing parameterization were tested, one focusing the mixing in the pycnocline [KL07], the other one ⁶⁶⁰ focusing the mixing near the bottom [SL02]. The analyses reveal the need to take into account the mixing generated ⁶⁶¹ near the bottom by higher mode dissipation (as modelled in the SL02 parameterization) to generate the deep inflow, ⁶⁶² a process underestimated by the KL07 parameterization, although KL07 represents the mixing in the core of the ⁶⁶³ ITF [Koch Larrouy et al, 2007]. The simulations also show that the deep circulation is strongly sensitive to the ⁶⁶⁴ choice of the mixing efficiency. These results appeal for the design of an internal tide mixing parameterization ⁶⁶⁵ that consistently takes into account both the near bottom dissipation of higher modes and the dissipation of the ⁶⁶⁶ lower modes in the full water column

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⁸⁸⁰ Figures and tables

⁸⁸¹ Tables

	NOTIDE	TIDE-KL	TIDE-SL02	TIDE-SL01	TIDE-SL005
Timor	No tidal mixing	KL07	St. Laurent	St. Laurent	St. Laurent
Basin	parameterization	parameterization	parameterization	parameterization	parameterization
		$R_{\rm f}=0.16$ ($\Gamma=0.2$)	$R_{\rm f}=0.16$ ($\Gamma=0.2$)	$R_f=0.09 \ (\Gamma=0.1)$	R _f =0.047
		Q=1	Q=0.36	Q=0.36	(Γ=0.05) Q=0.36
Indonesian	KL07	KL07	KL07	KL07	KL07
seas (except	parameterization	parameterization	parameterization	parameterization	parameterization
Timor					
Basin)	$R_f=0.16$ ($\Gamma=0.2$)	$R_{\rm f}$ =0.16 (Γ =0.2)	$R_{\rm f}$ =0.16 (Γ =0.2)	R _f =0.16 (Γ=0.2)	$R_f=0.16$ ($\Gamma=0.2$)
	Q=1	Q=1	Q=1	Q=1	Q=1

883	Table 1 Mixing parameterization (KL07 or SL02) and mixing efficiency (R_{f}/Γ)used in and outside the Timor
884	Basin for the different runs.
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895 Figure 1. Panel a: Bathymetry, yellow squares show the location of moored current-meter and temperature 896 sensors arrays in the western Timor Sill (~1890 m sill depth) from INSTANT program 2004-2006, black dots 897 show the location of CTD/OSD data obtained from the World Ocean Database 2013, the red dots show 898 additional CTD from ATSEA 2010 campaign, the red triangle and purple diamond show the interpolation 899 location of potential density data shown in Figure 6b. Panel b shows the cross-section bathymetry between Roti 900 Island and Ashmore Reef and the mooring lines below 400 m. Black squares indicate the location of Aanderaa 901 RCM07/RCM09 velocity and temperature sensors, open red circles indicate the location of Seabird SBE37/39 902 temperature/conductivity sensors.



⁹⁰⁵ **Figure 2** Ratio $R_D(z)$ of the integrated total dissipation rate (B+) below depth z to the power input to internal ⁹⁰⁶ tides for the Koch-Larrouy et al. [2007] parameterization ($\div o \phi$ symbol) and the St. Laurent et al. [2002] ⁹⁰⁷ parameterization ($\div + \phi$ symbol) considering a bottom depth of 2150 m (thick line), 1890 m (upper thin line) or ⁹⁰⁸ 2375 m (lower thin line).



Figure 3. Instantaneous (a) and cumulative average (b) of the volume transport estimate from INSTANT
 observations above western Timor Sill between 1250 and 1890 m sill (black), 1250 and 1600 m (red), and 1600
 and 1890 m sill (blue). Shaded areas represent the error bars as estimated from various interpolation methods for
 the velocity (see text for details).



Cumulative Stream function (Sv)

1250 m in the observations).



Figure 5. Zonal stream function calculated over the Timor Basin region (see Figure 1c) averaged over the last
decade of simulation for NOTIDE (a), TIDE-KL07 (b), TIDE-SL02 (c), TIDE-SL01 (d), TIDE-SL005 (e)
experiments. Labels of the contours indicate the zonal transport in Sv. Black and red dashed lines indicate the
real and numerical eastern sill depth, respectively.



Figure 6. (a) M2 Tidal ellipses from interpolated currents. (b) Potential (1000 db) density profile upstream the western sill [122.75°E, 11.42°S] in dashed line and downstream the sill within the Timor Basin [125°E, 10.44°S] in solid lines (the two position are indicated in Figure 1a). (c) Mean along strait velocity (ASV). For each panel, averages of the observations (blue), results from the NOTIDE (black), TIDE-SL02 (red), TIDE-SL01 (magenta), TIDE-SL005 (dark green) and TIDE-KL (light blue) simulations averaged over the last ten years of the run. The gray shading in (c) represents an error bar as estimated from various interpolations used for the velocity [Sprintall et al., 2009]. In each panel, the blue dashed line represents the western (1250 m) Timor sill depth, the gray band represents depth below the depth below the eastern sill (1890 m).





953 Figure 7 (a) Averaged vertical velocity across the S_2 surface (($S_2(z)$ is the horizontal surface across which the 954 vertical heat transport across is decomposed in the vertical advection and turbulent fluctuation calculations ó see 955 text for details and sketch of Fig.8)), (b) mean vertical turbulent diffusivity K_z across S_2 surface, (c) mean 956 buoyancy fluxes across S_2 surface. For each panel, averages of the observations (blue), results from the 957 NOTIDE (black), TIDE-SL02 (red), TIDE-SL01 (magenta), TIDE-SL005 (dark green) and TIDE-KL (light 958 blue) simulations averaged over the last ten years of the run. The circle markers in (b) indicates the Kz obtained 959 for all the TIDE simulations by the heat budget estimation and the brown squares with 95% error bars in (b) and 960 (c) the estimates from the Thorpe scale analysis. In (a), the gray shading represents an error bar as estimated 961 from various interpolations used for the velocity, in (b) and (c) the gray shading is a 95 % confidence interval as 962 estimated from the velocity and hydrological data error bounds (see text for details). In each panel, the blue 963 dashed line represents the western Timor sill depth (1250 m) and the gray band represents depth below the 964 eastern sill (1890 m) 965

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⁹⁷⁵ **Figure 8** Schematic of the heat transport budget below 1250 m depth in the Timor Basin. HHA: Heat Horizontal

⁹⁷⁶ Advection, HVA: Heat vertical advection, HTD: Heat Turbulent Diffusion, GHF: Geothermal Heat Flux.