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Gwendal Riviere, Ségolène Berthou, Guillaume Lapeyre, Masa Kageyama. On the reduced North Atlantic storminess during the last glacial period: the role of topography in shaping synoptic eddies. Journal of Climate, 2017, 31 (4), pp.1637-1652. 10.1175/JCLI-D-17-0247.1. hal-01661988

HAL Id: hal-01661988 https://hal.sorbonne-universite.fr/hal-01661988v1

Submitted on 12 Dec 2017 $\,$

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1	On the reduced North Atlantic storminess during the last glacial period: the
2	role of topography in shaping synoptic eddies
3	Gwendal Rivière*
4	LMD/IPSL, Département de géosciences, ENS, PSL Research University, Ecole Polytechnique,
5	Université Paris Saclay, Sorbonne Universités, UPMC Univ Paris 06, CNRS, Paris, France
6	Ségolène Berthou
7	Met Office Hadley Centre, Exeter, United Kingdom
8	Guillaume Lapeyre
9	LMD/IPSL, Département de géosciences, ENS, PSL Research University, Ecole Polytechnique,
10	Université Paris Saclay, Sorbonne Universités, UPMC Univ Paris 06, CNRS, Paris, France
11	Masa Kageyama
12	LSCE/IPSL, CEA-CNRS-UVSQ, Université Paris Saclay, Gif-sur-Yvette, France

¹³ **Corresponding author address:* LMD-ENS, 24 rue Lhomond, 75005 Paris, France.

¹⁴ E-mail: griviere@lmd.ens.fr

ABSTRACT

The North Atlantic storminess of Last Glacial Maximum (LGM) fully 15 coupled climate simulations is generally less intense than that of their pre-16 industrial (PI) counterparts, despite having stronger baroclinicity. An explana-17 tion for this counterintuitive result is presented by comparing two simulations 18 of the IPSL full climate model forced by PMIP3 (Paleoclimate Modelling In-19 tercomparison Project Phase 3) LGM and PI conditions. Two additional nu-20 merical experiments using a simplified dry general circulation model forced 2 by idealized topography and a relaxation in temperature provide guidance for 22 the dynamical interpretation. The forced experiment with idealized Rockies 23 and idealized Laurentide Ice Sheet has a less intense North Atlantic storm-24 track activity than the forced experiment with idealized Rockies only, despite 25 similar baroclinicity. Both the climate and idealized runs satisfy or support 26 the following statements. The reduced storm-track intensity can be explained 27 by a reduced baroclinic conversion which itself comes from a loss in eddy 28 efficiency to tap the available potential energy as shown by energetic budgets. 29 The eddy heat fluxes are northeastward oriented in the western Atlantic in 30 LGM and are less well aligned with the mean temperature gradient than in PI. 31 The southern slope of the Laurentide Ice Sheet topography forces the eddy 32 geopotential isolines to be zonally oriented at low levels in its proximity. This 33 distorts the tubes of constant eddy geopotential in such a way that they tilt 34 northwestward with height during baroclinic growth in LGM while they are 35 more optimally westward tilted in PI. 36

1. Introduction

Climate forcing conditions were significantly different during the Last Glacial Maximum (LGM; 38 21000 yrs ago) compared to the modern climate: orbital parameters were slightly different, green-39 house gas concentrations were lower, and the presence of high and extended ice sheets largely 40 modified the albedo and the Earth's topography (Braconnot et al. 2012; Kageyama et al. 2013a). 41 There are numerous evidences that the ice sheets' topography, especially the Laurentide ice sheet 42 (LIS), accounted for the main changes of the atmospheric circulation and its variability during 43 LGM (Kageyama and Valdes 2000a; Rivière et al. 2010; Pausata et al. 2011; Hofer et al. 2012a,b). 44 LIS altered stationary eddies (Cook and Held 1988; Lofverstrom et al. 2016), synoptic eddies 45 (Kageyama and Valdes 2000a,b; Justino et al. 2005; Laîné et al. 2009) and Rossby wave breaking 46 (Rivière et al. 2010). LIS led to a strong zonal jet (Li and Battisti 2008; Lofverstrom et al. 2014), 47 which is more marked when simulations are forced by the ICE-5G reconstruction of Peltier (2004) 48 (Ullman et al. 2014). It induced a southeastward shift of storm track and increased precipitation 49 in Southern Europe in winter (Hofer et al. 2012a; Beghin et al. 2016). 50

Several numerical studies have shown that the North Atlantic storm-track eddy activity was less 51 intense during the LGM despite a more intense jet and a stronger baroclinicity in the North Atlantic 52 (Li and Battisti 2008; Laîné et al. 2009; Donohoe and Battisti 2009), even though such a result is 53 not systematic (Merz et al. 2015). Donohoe and Battisti (2009) showed that the smaller-amplitude 54 synoptic eddies seeding the strong baroclinicity in the Western Atlantic explain the weaker Atlantic 55 storm track during the LGM. Laîné et al. (2009) showed that the baroclinic conversion is smaller in 56 LGM runs than in modern-day runs because there is a loss in eddy efficiency to extract energy from 57 the mean flow. First, our study confirms that the reduced storminess during the LGM as detected 58 from recent climate model runs can be attributed to a reduced baroclinic conversion. Second, by 59

performing numerical simulations with a simplified GCM (General Circulation Model) forced by
 idealized topography, we show that it is the shaping of the eddies by the topography which makes
 them less efficient in extracting energy in the region of maximum baroclinicity.

The role played by topography in maintaining storm-track activity is already well-known (Lee and Mak 1996). Because of a high and a low appearing to the northwest and southeast of the mountain center respectively (Ringler and Cook 1997), the baroclinicity generally increases to the southeast of the mountain (Brayshaw et al. 2009). A zonally-localized storm track emerges on the downstream side of the mountains (Inatsu et al. 2002; Cash et al. 2005). However, the exact details of this mechanism strongly depend on the background flow (Son et al. 2009).

The paper systematically compares the results of fully-coupled climate simulations to those of idealized simulations of a dry GCM forced with idealized topography and a relaxation in temperature. Section 2 presents the two types of numerical experiments and the eddy energy budget formulation. Section 3 is dedicated to the results and section 4 provides concluding remarks.

73 2. Model simulations and methods

74 a. Coupled climate simulations

The model used for the coupled climate simulations is the Institut Pierre-Simon Laplace Coupled Model, in its IPSL_CM5A_LR version (Dufresne et al. 2013), which is one of the versions used for the CMIP5 exercise in view of the IPCC fifth assessment report. The atmospheric component of the coupled model is LMDZ5A (Hourdin et al. 2013), a grid-point model whose grid has 96 points regularly spaced in longitude, 95 points regularly spaced in latitude (i.e. a resolution of 3.75 degree in longitude and 1.9 degree in latitude) and 39 irregularly spaced vertical levels. Hourdin et al. (2013) presented a complete description of the model and its grid. The ocean component of ⁸² IPSL_CM5A_LR is NEMOv3.2 (Madec et al. 1997), at a resolution of 2 degrees refined near the
⁸³ equator and in the Nordic Seas. The sea ice model is LIM2 (Fichefet and Morales-Maqueda 1997,
⁸⁴ 1999). The land surface scheme is ORCHIDEE (Krinner et al. 2005), which also allows to close
⁸⁵ the global fresh water budget through the representation of river runoff described in Ngo-Duc et al.
⁸⁶ (2005, 2007).

We compare two simulations. The first one is the pre-industrial simulation run for CMIP5 (Cou-87 pled Model Intercomparison Project Phase 5) (Dufresne et al. 2013). The second one is run with 88 the PMIP3 (Paleoclimate Modelling Intercomparison Project Phase III)-CMIP5 LGM boundary 89 conditions (Braconnot et al. 2011, 2012; Kageyama et al. 2013a). These include lowered atmo-90 spheric greenhouse gases (CO₂ at 185 ppm, CH₄ at 350 ppb and N₂0 at 200 ppb) and astronomical 91 parameters for 21 ky BP according to Berger (1978), with eccentricity set to 0.018994, obliquity 92 to 22.949 degree and the angle between the vernal equinox and the perihelion on the Earth's tra-93 jectory to 180 + 114.42 degrees, with the date of vernal equinox taken as March 21st at noon. The 94 PMIP3 ice sheets (Abe-Ouchi et al. 2015) are imposed: the coastlines are adjusted to the corre-95 sponding sea-level drop, which results in more extensive continents, e.g. Bering Strait is closed, 96 the land surface type is modified to an ice sheet surface type over northern North America and 97 Fennoscandia and the elevation is set to the reconstructions globally, the largest difference com-98 pared to pre-industrial being over the LGM ice sheets, where they reach several thousand meters 99 (see the orography in Fig. 1f). The LGM simulation is initialised from the pre-industrial simulation 100 and has been run for more than 700 years. Its results are described in Kageyama et al. (2013a,b). 101 Here we use the results from years 600 to 619. At that time, the surface climate is equilibrated. 102 The analysis is made for December-January-February months only and using daily outputs. 103

¹⁰⁴ b. Idealized GCM simulations

As mentioned in the introduction, there are numerous evidences that the Laurentide Ice Sheet 105 topography is the most important forcing of the glacial climate to explain most of the changes in 106 North Atlantic atmospheric circulation compared to the present climate. Our hypothesis is that 107 it is also this large-scale topography, which affects the North Atlantic storm-track eddy activity. 108 To simply analyze its sole effect we use the dry version of the global primitive-equation spectral 109 model called the Portable University Model of the Atmosphere (PUMA, Fraedrich et al. 2005). It 110 has 10 equally spaced sigma levels and a horizontal resolution of T42 (approximately 2.8°x 2.8°). 111 Rayleigh friction is applied to the two lowest levels with a time scale of about 1 day at $\sigma = 0.9$. An 112 eighth-order hyperdiffusion is used with a damping time scale of 0.1 days. The model is forced by 113 a relaxation in temperature toward the same equilibrium temperature profile and using the same 114 restoration time scales as in Held and Suarez (1994). The model is also forced by an idealized 115 topography in the line of Son et al. (2009) or Gerber and Vallis (2009) with the motivation being 116 here to analyze the effect of the Laurentide Ice Sheet topography in a simple context. The model 117 integration is 6 years and the last 5 years are used for the analysis. 118

Two different idealized orographies are used: one representing the actual Rockies (grey contours in Fig. 2a) and the other the LGM topography over North America, that is, the Rockies plus the LIS (grey contours in Fig. 2b). The corresponding simulations are hereafter denoted as idPI and idLGM respectively. The mountains' shapes have been analytically prescribed using the hyperbolic tangent function. The maximum height is 3 km for both the idealized Rockies and idealized LIS. Outputs are made every 24 hours as for the analysis of climate runs.

6

¹²⁵ *c. Eddy total energy budget*

In primitive equations, the time evolution of the eddy total energy $T'_e \equiv \frac{1}{2}(u'^2 + v'^2) + \frac{1}{2S}\theta'^2$ (hereafter denoted as ETE) can be expressed as (Chang et al. 2002; Drouard et al. 2015)

$$\frac{\partial T'_e}{\partial t} = -\nabla \cdot (\mathbf{v}T'_e + \mathbf{v}'_a \Phi') - \frac{1}{S} \theta' (\mathbf{v}' \cdot \nabla \overline{\theta}) - \mathbf{v}' \cdot (\mathbf{v}'_3 \cdot \nabla_3 \overline{\mathbf{v}}) + Res, \tag{1}$$

where $\mathbf{v} = (u, v)$ is the horizontal velocity, \mathbf{v}_3 the three-dimensional velocity, $\boldsymbol{\theta}$ the potential tem-128 perature and $S = -h^{-1}\partial \theta_R / \partial p$ is the static stability with $h = (R/p)(p/p_s)^{R/C_p}$. θ_R is a reference 129 potential temperature, R the gas constant, p_s a reference pressure and C_p the specific heat of air 130 at constant pressure. Overbars and primes indicate the mean flow and deviation from the mean 131 flow respectively. The eddy fields are obtained using a high-pass filter which is a nine-point Welch 132 window applied to daily fields and has a 10-day cutoff period. Compared to the classical 2.5-6 133 days band-pass filter of Blackmon et al. (1977), the present filter also includes slower time scales 134 between 6 and 10 days to take into account the breaking of synoptic waves (Rivière and Orlanski 135 2007). 136

The first three terms on the right hand side (rhs) of Eq. (1) correspond to the energy horizontal flux convergence, baroclinic conversion, and barotropic conversion respectively. The residual term *Res* contains the energy vertical flux convergence whose vertical average is zero and additional terms that are zero when applying a climatological mean (see Eqs (1) and (2) of Drouard et al. 2015, for more details). The residual term also includes dissipation and diabatic generation of ETE.

Following Cai and Mak (1990) and Rivière et al. (2004), the baroclinic conversion that converts the mean available potential energy to eddy potential energy can be written as:

$$-\frac{1}{S}\boldsymbol{\theta}'(\mathbf{v}'\cdot\nabla\overline{\boldsymbol{\theta}}) = \mathbf{F}\cdot\mathbf{B}_{\mathbf{c}},\tag{2}$$

where the two vectors \mathbf{F} and $\mathbf{B}_{\mathbf{c}}$ are defined by

$$\mathbf{F} \equiv \frac{1}{\sqrt{S}} \boldsymbol{\theta}'(\boldsymbol{v}', -\boldsymbol{u}'), \tag{3}$$

146

$$\mathbf{B}_{\mathbf{c}} \equiv \left(\frac{-1}{\sqrt{S}} \frac{\partial \overline{\theta}}{\partial y}, \frac{1}{\sqrt{S}} \frac{\partial \overline{\theta}}{\partial x}\right). \tag{4}$$

¹⁴⁷ One can also write the baroclinic conversion as

$$\mathbf{F} \cdot \mathbf{B}_{\mathbf{c}} = T_e' |\mathbf{B}_{\mathbf{c}}| E_{ff},\tag{5}$$

148 where

$$E_{ff} = \frac{|\mathbf{F}|}{T'_e} \cos(\mathbf{F}, \mathbf{B_c})$$
(6)

with

$$\frac{|\mathbf{F}|}{T'_e} = \frac{\sqrt{\frac{1}{5}}\theta'^2(u'^2 + v'^2)}{\frac{1}{2}(u'^2 + v'^2) + \frac{1}{25}\theta'^2}.$$

The baroclinic conversion is thus the product between ETE (T_e') , the baroclinicity amplitude $|\mathbf{B}_c|$ 149 and an eddy efficiency term denoted E_{ff} . The eddy efficiency is itself the product of two terms, 150 $|\mathbf{F}|/T'_e$ and $\cos(\mathbf{F}, \mathbf{B_c})$, which are related to two well-known different notions of instantaneous 151 optimal baroclinic configuration. The cosine of \mathbf{F} and $\mathbf{B}_{\mathbf{c}}$ equals 1 when the two vectors \mathbf{F} and $\mathbf{B}_{\mathbf{c}}$ 152 are collinear, i.e. when the eddy heat fluxes align with the mean temperature gradient. When the 153 temperature gradient is equatorward, the heat fluxes should be poleward for the eddies to efficiently 154 extract energy from the mean flow. And poleward eddy heat fluxes correspond to a westward tilt 155 with height of the eddy geopotential isolines (James 1994). So $\cos(\mathbf{F}, \mathbf{B}_c)$ measures the orientation 156 of the tilt with height of the eddy geopotential isolines with respect to the temperature gradient. 157 The ratio $|\mathbf{F}|/T_e'$ estimates the optimal magnitude of the tilt with height of the eddy geopotential 158 isolines. It is maximum and equal to 1 when $\frac{1}{2}(u'^2 + v'^2) = \frac{1}{2S}\theta'^2$, that is when the eddy kinetic 159 energy equals the eddy potential energy (see Fig. 1 of Rivière and Joly (2006) for further details). 160 The extraction of energy is thus less efficient when the tilt with height is too strong or too weak. 161

¹⁶² The baroclinicity $|\mathbf{B}_{\mathbf{c}}|$ is proportional to the Eady growth rate (Lindzen and Farrell 1980; Hoskins ¹⁶³ and Valdes 1990). It involves the static stability *S* (hereafter obtained with the climatological mean ¹⁶⁴ of θ for each run).

165 **3. Results**

Figure 1 presents the climatology of the full climate simulations. The time averages of the 166 anomalous geopotential (defined as the deviation from the zonal mean) at 300 hPa and the anoma-167 lous temperature at 500 hPa clearly show a stationary Rossby wave train over North America in 168 both runs, the LGM wave train having higher amplitude than the PI one (Figs. 1a-d). Both wave 169 trains are characterized by a high to the northwest, a low to the northeast and again a high to the 170 southeast of North America (Figs. 1a,b). Anomalies of the LGM and PI wave trains are mostly 171 in phase. Only a slight southeastward shift of the subtropical Atlantic high is noticeable for LGM 172 compared to PI. These features have already been noticed in Lofverstrom et al. (2014) and Merz 173 et al. (2015). The low and high over northeastern America correspond to cold and warm anomalies 174 respectively, whose gradient is associated with a maximum of upper-level zonal wind (Figs. 1a-d) 175 and baroclinicity (Figs. 1e,f). In the North Atlantic, the more intense wave train in LGM creates 176 a stronger upper-level jet, a stronger baroclinicity, but surprisingly, a weaker ETE of about 20% 177 (Figs. 1e,f). This reduction in storm-track eddy activity in LGM is consistent with other recent 178 studies (Li and Battisti 2008; Laîné et al. 2009; Donohoe and Battisti 2009), even though not 179 systematically found (Merz et al. 2015). A more systematic common feature of all these model 180 simulations seems to be a reduction in storminess in the western Atlantic near the Laurentide Ice 181 Sheet but the models behave differently in the central and eastern North Atlantic. In the North Pa-182 cific sector, the Pacific jet is more intense in its eastern part and the upper westerlies are stronger 183 over North America between 20°N and 40°N in LGM compared to PI. 184

The stationary waves for the idealized runs have weaker amplitudes than those of the climate 185 runs (Fig. 2). For idPI, there is a high and a low on the southern and northern parts of the moun-186 tain. This north-south dipole orientation is the result of strong nonlinearities (Cook and Held 1992; 187 Ringler and Cook 1997). On the northern part, the anticyclonic anomaly can be partly attributed to 188 the decrease in vorticity as the depth of the fluid diminishes when it flows up the slope. More to the 189 south, the flow being more easily blocked because of the downward slope of the isentropes, there 190 is an increase in vorticity by southward advection of the air (Ringler and Cook 1997). More down-191 stream, near 80°W, the presence of a low and high corresponding to a cold and warm anomaly, 192 reinforces the upper-level jet and the baroclinicity in that region (Figs. 2a,c,e). The downstream 193 anomalies mainly result from a dominant southeastward ray (Cook and Held 1992). Generally 194 speaking, the resulting stationary wave pattern for idPI resembles that obtained in Brayshaw et al. 195 (2009).196

The idLGM stationary wave train is similar to the idPI one. There is a slight eastward extension 197 of the high on the northern part of the mountain and the low downstream starts further east near 198 50°W instead of 90°W for idPI (Fig. 2b). The high to the southeast of the mountain is also slightly 199 more intense. Thus, the two wave trains are similar in amplitude. This is to be contrasted with 200 comprehensive climate model experiments showing that the LIS topography acts to reinforce the 201 stationary waves (e.g., Pausata et al. 2011). The reason why we get similar stationary waves in 202 the two idealized simulations is not clear but may come from our set up as the same restoration 203 temperature is used in both experiments. As a result, the upper-level jet has more or less the same 204 intensity in both simulations. Near 80°W, the cold anomaly to the north is weaker but the warm 205 anomaly to the south is stronger for idLGM than idPI (Figs. 2c,d) which makes the maximum 206 baroclinicity roughly the same in both runs (Figs. 2e,f). However, the storm-track is significantly 207 weaker in intensity for idLGM with a 30 % reduction in ETE. The idealized runs are thus relevant 208

to investigate why the LIS topography acts to reduce the storm-track eddy activity despite an
 equivalent baroclinicity.

Figure 3 presents ETE budgets as function of longitudes by averaging Eq. (1) over latitude, 211 pressure and time. In climate runs, the baroclinic conversion has two peaks at the entrance of 212 the Pacific and Atlantic oceanic basins just upstream of the ETE peaks (Figs. 3a,c). As seen in 213 Fig. 3, the energy created by baroclinic conversion is then radiated downstream via energy fluxes 214 (Chang et al. 2002). The barotropic conversion has a small positive peak over North America 215 in a region of confluence (Lee 2000; Rivière 2008), but is generally more negative, especially 216 on the eastern side of the oceanic basins where eddies loose their energy to the mean flow. The 217 main difference between the two simulations in the western Atlantic comes from the baroclinic 218 conversion, which is much greater for PI than LGM. The two other tendency terms do not change 219 much their amplitude compared to the baroclinic conversion. In the eastern Atlantic, the difference 220 changes sign and the LGM baroclinic conversion becomes slightly stronger than its PI counterpart. 221 However, this difference is partly offset by the differences in the other two terms (barotropic 222 conversion rate and energy flux convergence). The less negative barotropic conversion in PI than 223 LGM probably comes from the stronger horizontal shears in LGM, which are directly involved in 224 the barotropic conversion. 225

The ETE budget of the idealized simulations show similar contributions of the different fluxes west of 60°W (Fig. 3d). However, the idealized storm-tracks extend too far east, which is probably due to the absence of the Eurasian continent, but also to the structure of the stationary waves themselves (Kaspi and Schneider 2013). The stronger ETE for idPI clearly comes from the stronger baroclinic conversion in the entrance region of the storm track (near 60°W), the other two terms present less important differences between idLGM and idPI.

11

Further insights can be gained by writing the baroclinic conversion as the sum of distinct terms in which $M = |\mathbf{F}|/T'_e$ or $O = \cos(\mathbf{F}, \mathbf{B_c})$ are replaced by constant values:

$$< T'_{e}|\mathbf{B}_{\mathbf{c}}|MO>_{y,z,t}^{iexp} = < T'_{e}|\mathbf{B}_{\mathbf{c}}|M>_{y,z,t}^{iexp} < O>_{x,y,z,t}^{PI} + < T'_{e}|\mathbf{B}_{\mathbf{c}}|O>_{y,z,t}^{iexp} < M>_{x,y,z,t}^{PI}$$

$$+ < T'_{e}|\mathbf{B}_{\mathbf{c}}|(MO-M_{x,y,z,t}^{PI} - < M>_{x,y,z,t}^{PI}O)>_{y,z,t}^{iexp}.$$
(7)

The operator $< .>_{y,z,t}^{iexp}$ denotes the average over latitude, height, and time for experiment iexp = PI234 or LGM. The first term on the rhs of Eq.(7) corresponds to the baroclinic conversion by replacing 235 the orientation of the tilt (O) by its mean value in the PI experiment ($\langle O \rangle_{x,y,z,t}^{PI}$). The second 236 term corresponds to the baroclinic conversion by replacing the magnitude of the tilt (M) by its 237 mean value in the PI experiment ($\langle M \rangle_{x,y,z,t}^{PI}$). The third term, called the residual term, involves 238 the correlation between M and O and closes the budget. For both experiments, we stress that we 239 use the same constants $\langle O \rangle_{x,y,z,t}^{PI}$ and $\langle M \rangle_{x,y,z,t}^{PI}$ in order to contrast the role of one term against 240 the other when comparing LGM and PI. To get a growth rate, the averaged baroclinic conversion 241 and each term of Eq.(7) are divided by the averaged ETE $< T'_{e} >_{y,z,t}^{iexp}$ 242

The result is shown in Fig. 3e and called baroclinic growth rate. Near 60°W, the baroclinic 243 growth rate is smaller for LGM than PI and confirms the key role played by the baroclinic extrac-244 tion of energy to explain the weaker storm track during LGM. The first term on the rhs of Eq.(7) 245 (magenta lines), which considers changes in both the baroclinicity and tilt magnitude (i.e using the 246 same tilt orientation), is stronger for LGM than PI with almost the same percentage of difference 247 as the baroclinic growth rate computed with only $|\mathbf{B}_{\mathbf{c}}|$ changes $(\langle T'_{e}|\mathbf{B}_{\mathbf{c}}| \rangle^{iexp}_{y,z,t} \langle MO \rangle^{PI}_{x,y,z,t}$, black 248 curves). Therefore, changes in tilt magnitude cannot explain changes in the baroclinic growth rate. 249 In contrast, the second term on the rhs of Eq.(7) (cyan curves), that is the baroclinic growth rate due 250 to both $|\mathbf{B}_{\mathbf{c}}|$ and tilt orientation changes, bring strong similarities with the total baroclinic growth 251 rate. For each run, their variations with longitude are similar and the differences between the two 252

²⁵³ runs are similar as well. Both terms are much smaller for LGM than PI near their maximum val-²⁵⁴ ues (i.e 60°W). More downstream in the Atlantic sector, between 20°W and 40°E, the LGM values ²⁵⁵ become slightly greater than their PI counterparts for both terms. Finally, the residual term, that is ²⁵⁶ the third term on the rhs of Eq.(7) (dashed lines), weakly varies with longitude and the difference ²⁵⁷ between the residual terms of the two experiments, despite non negligible, is twice as weak as the ²⁵⁸ difference in the second term on the rhs of Eq.(7) at the entrance of the North Atlantic sector.

To conclude on climate runs, the Atlantic storm track is stronger in PI because baroclinic eddies are more efficient in extracting energy from the mean flow. The stronger baroclinic growth rate in PI comes from the better alignment of \mathbf{F} with $\mathbf{B}_{\mathbf{c}}$, or in other words, from a more optimal tilt orientation. Differences in the tilt magnitude are much smaller. The more optimal tilt orientation in PI with respect to the temperature gradient overwhelms the decrease in baroclinicity.

The conclusions are very similar for idealized runs: the idPI baroclinic growth rate is stronger 264 than the idLGM one in regions of maximum baroclinicity (Fig. 3f), that is in the western Atlantic. 265 In the eastern Atlantic, east of 30°W, the reverse happens, the LGM values are stronger than the 266 PI ones, but this is in a region of weaker baroclinicity and the sector is thus less important as 267 a whole. The stronger PI values in regions of strong baroclinicity explain why the idPI ETE is 268 stronger overall (Fig. 3b). The differences in baroclinic growth rate cannot be explained by the 269 baroclinicity or tilt magnitude differences (black and magenta) but are well captured by the cosine 270 differences (cyan) (Figs. 3h, f). The residual term is almost constant with longitude for each run 271 and the difference between the residual terms of the two runs is small. Therefore, the residual term 272 does not explain the difference in the total baroclinic growth rate. Despite similar baroclinicities, 273 the idPI storm-track is stronger than the idLGM one because of differences in the tilt orientation 274 with the temperature gradient. 275

Maps of the time-mean eddy efficiency and baroclinic growth rate for the climate runs are shown 276 in Figs. 4a,b. In the region of strong baroclinicity, roughly in the sector limited by (90°W-40°W; 277 35°N-55°N), E_{ff} is much reduced in LGM compared to PI. It is only half as large as that for PI 278 in the vicinity of the southern slope of the Laurentide ice sheet where the baroclinicity reaches 279 its maximum values. This drastic reduction in eddy efficiency makes the baroclinic growth rate 280 $|\mathbf{B}_{\mathbf{c}}|E_{ff}$ to reach roughly similar peak values in LGM and PI despite the much stronger baroclin-281 icity in LGM. In addition, because high values of $|\mathbf{B}_{\mathbf{c}}|E_{ff}$ cover a smaller area in LGM than in 282 PI, its latitudinal average is smaller in LGM than in PI between 70°W and 30°W (Fig.3e). More 283 downstream, between Greenland and the British Isles, E_{ff} is almost the same between the two runs 284 but, because of higher baroclinicity in LGM than PI in connection with sea ice edge in that region 285 (not shown), the product is a bit stronger in LGM as already seen in Fig. 3c between 30°W and 286 0° W. In other words, the smaller efficiency in LGM is limited to the Western Atlantic in a region 287 of maximum baroclinicity. The time-mean tilt magnitudes, as measured by $|\mathbf{F}|/T_e'$ (Figs. 4c,d), 288 are spatially homogeneous and are rather similar in the two runs with values around 0.65 found 289 in the mid-latitude regions. In contrast, the time-mean tilt orientation, as measured by $\cos(\mathbf{F}, \mathbf{B}_c)$ 290 (Figs. 4e,f), exhibit well-defined regions with high values, in the eastern North America and west-291 ern North Atlantic, which are more or less the same regions having strong E_{ff} . As for E_{ff} , the 292 LGM $\cos(\mathbf{F}, \mathbf{B}_c)$ is more than twice as small as its PI counterpart. Time-mean eddy heat fluxes and 293 temperature gradients are shown in Figs. 4g,h. As the temperature gradient is mainly equatorward 294 in the region of maximum baroclinicity in both runs, the eddy heat fluxes should be poleward to 295 optimally extract energy from the mean flow. Over the southern slope of the Laurentide ice sheet, 296 that is north of 40°N, the LGM heat fluxes are mainly northeastward oriented whereas the PI heat 297 fluxes are purely northward oriented in that sector. This confirms the fact that, in the vicinity of 298

the southern slope of the Laurentide ice sheet, vectors \mathbf{F} and $\mathbf{B}_{\mathbf{c}}$ do not align with each other in the LGM run and largely explains the reduction in eddy efficiency in that sector for that run.

The idealized simulations show a similar picture. E_{ff} is 20% stronger in idPI than idLGM on the 301 immediate downstream side of the idealized Rocky mountains, that is between 100°W and 40°W 302 and south of 50°N, in the region of maximum baroclinicity (Figs. 5a,b). Since the baroclinicity 303 is roughly the same in the two runs, the baroclinic growth rate $E_{ff}|\mathbf{B}_{\mathbf{c}}|$ is also stronger in idPI. 304 More downstream, between 20°W and 20°E, E_{ff} is smaller in idPI but, as the baroclinicity is less 305 strong there, it is not a key sector to have an important impact on the growth of baroclinic eddies 306 as a whole. Therefore, it is the region closer to the mountains which makes the difference between 307 the idPI and idLGM storm-track intensities due to a loss in eddy efficiency there. The analysis 308 of the separated magnitude and orientation of the tilt shows that the reduction in E_{ff} in LGM is 309 mostly due to the tilt orientation and much less to the tilt magnitude. As for the climate runs, 310 the idLGM eddy heat fluxes are mainly northeastward oriented along the southern slope of the 311 idealized Laurentide topography near 50°N (Fig. 5h) while they mostly point toward the north in 312 idPI. This reveals that the eddy geopotential isolines tilt westward with height almost everywhere 313 in idPI whereas they tilt northwestward with height near the idealized Laurentide topography in 314 idLGM. 315

To get further insights on the reasons of this change in the orientation of the eddy heat fluxes near the Laurentide ice sheet, regression maps are shown from Figs. 6 to 11. The regression is made on the value of the high-pass geopotential height at a reference point (60°W, 45°N), which is chosen to be within the region of maximum baroclinicity. The regressed geopotential, temperature and wind components are used to compute the eddy heat fluxes and eddy efficiency. Let us first discuss the climate runs (Figs. 6-8). Classical baroclinic wave structures are visible in the regressed eddy geopotential heights in Figs. 6a,b. At upper levels, there is no drastic difference between LGM and ³²³ PI, except for the low near 30°W which is much more elongated in PI (Figs. 6a,b). To estimate the ³²⁴ anisotropic structure of the baroclinic eddies, we have computed the ratio between the meridional ³²⁵ and zonal extents of the contour representing 50% of the extrema of Z'. For the strongest high ³²⁶ (low), the ratio is about 1.1 (1.6) for LGM and 1.2 (2.2) for PI. Even though the high is only ³²⁷ slightly more elongated in PI than LGM, this feature was systematically found when changing the ³²⁸ reference grid points.

Larger differences are visible at 800 hPa between the two regressions. Extrema of the 800-hPa 329 high-pass geopotential height are located further south in LGM compared to PI (Figs. 6a,b and 330 7a,b). This can be explained by the presence of the Laurentide ice sheet, which imposes the lower-331 level perturbation to be located south of it. Furthermore, in LGM, the 800-hPa eddy geopotential 332 isolines and associated winds are parallel to the mountain isoheights north of the low between 333 90°W and 65°W and north of the high between 60°W and 50°W (Fig. 7b). The ratio between 334 the meridional and zonal extents of the low-level high is 1.1 for LGM and 1.4 for PI confirming 335 the less meridionally stretched eddy for the former run. In between the low and high anomalies, 336 the winds point northwestward but the cross-section in that sector shows that the meridional wind 337 decreases rapidly toward zero closer to the mountain in LGM (Fig. 7d). So the southern slope of 338 the Laurentide ice sheet can be considered as a zonally-oriented wall along which the horizontal 339 winds should be mainly zonal to satisfy the free-slip boundary condition. It is clear that in the 340 PI simulation (Figs. 7a,c), lower-level meridional winds can reach larger values over the entire 341 latitudinal band between 35° and 55° N. 342

³⁴³ As for the time-mean values, the eddy efficiency E_{ff} deduced from regressed fields is stronger ³⁴⁴ in PI than LGM from 100°W to 40°W. More downstream, in the eastern Atlantic, they have similar ³⁴⁵ values (Figs. 6c-e). Consistently, the cosine between **F** and **B**_c is generally stronger between ³⁴⁶ 100°W and 40°W in PI (Figs. 8a,b): for instance, there are stronger positive values between 80°W

and 60°W leading to stronger E_{ff} values there (Fig. 6e), and the area covered by negative values 347 is smaller in PI as well, which also appears in E_{ff} values. The eddy heat fluxes (Figs. 8c,d) are 348 more poleward oriented in PI run as a whole: first, regions of equatorward oriented heat fluxes 349 (white regions) are larger in LGM than PI and second, in regions where the fluxes have a positive 350 poleward component, they are also eastward oriented (see e.g., the area near Newfoundland north 351 of 45°N between 70°W and 55°W), consistent with the time mean eddy heat fluxes of Fig. 4h. 352 Vector \mathbf{F} is plotted in Figs. 8e,f, together with the 20-m contour of the eddy geopotential height at 353 different levels. F, which is perpendicular to the eddy heat fluxes, is useful to indicate the local 354 orientation of the tilt with height of the geopotential isolines. By construction, it is perpendicular to 355 the geopotential contours and points toward geopotential extrema at low levels. Over the southern 356 slope of the Laurentide ice sheet, \mathbf{F} is southeastward oriented and the eddy geopotential isolines 357 tilt northwestward with height in LGM (Fig. 8f). The presence of the ice sheet imposes eddy 358 geopotential extrema at lower levels to be located more southward, it distorts the tubes of constant 359 eddy geopotential in such a way that they tilt northwestward with height. In contrast, in PI, there 360 is no such constraint, \mathbf{F} is more eastward oriented and the eddy geopotential isolines have a clearer 361 westward tilt with height (Fig. 8e). 362

The main differences found in the regression maps of the two climate runs are also seen in 363 those of the idealized experiments. Although the baroclinic eddies have more or less the same 364 shape at upper levels (Figs. 9a,b), they are significantly less meridionally stretched at lower levels 365 in idLGM compared to idPI in the vicinity of the Laurentide Ice Sheet (differences in the ratio 366 between the meridional and zonal extents vary between 10% and 30%). In addition to the more 367 zonally-oriented eddy geopotential isolines and winds over the southern slope of the ice sheet, 368 extrema of 800-hPa eddy geopotential are found further south in idLGM (Figs. 9a,b and 10a,b). In 369 between the low and high anomalies, the meridional wind approaches zero closer to the ice sheet 370

(Figs. 10c,d). The eddy efficiency reaches stronger positive values and smaller negative values 37 in idPI than idLGM between 100°W and 40°W, that is, close to the idealized ice sheet (Figs. 9c-372 e). This comes from the difference in the cosine between **F** and \mathbf{B}_{c} (Figs. 11a,b). The poleward 373 (equatorward) eddy heat fluxes cover smaller (larger) areas in idLGM than idPI (Fig. 11c,d) and 374 the eddy heat fluxes are mainly eastward oriented over the idealized ice sheet slope in idLGM 375 (Figs. 11c,d). The **F** vector is more southeastward oriented in idLGM over the topography while 376 it is more purely eastward oriented in idPI (Figs. 11e,f). This is consistent with the pronounced 377 northwestward tilt with height of the eddy geopotential isolines in idLGM and the dominance of 378 the westward tilt with height in idPI (Figs. 11e,f). Finally, the regions of eastward tilt with height 379 are larger in idLGM than idPI. The latter characteristic is more difficult to interpret from the direct 380 constraint imposed by the ice sheet but probably comes together with the distortion of the tubes of 381 constant eddy geopotential by the topography. 382

4. Conclusion and discussion

The present study is summarized as follows. The North Atlantic storminess is reduced in the LGM compared to PI conditions both in a full climate model and in an idealized model forced by LGM or present-day orographies. This is in apparent contradiction with a baroclinicity of similar or even larger amplitude in LGM than PI runs.

³⁹⁸ In both climate and idealized runs, an energetic budget shows that the reduced storm-track in-³⁹⁹ tensity can be explained by a reduced baroclinic conversion which itself results from a loss in ³⁹⁰ eddy efficiency to tap the available potential energy. The eddies are less efficient in LGM because ³⁹¹ their geopotential isolines tilt northwestward with height near the baroclinicity maximum south ³⁹² of the Laurentide ice sheet. It means that the eddy heat fluxes point northeastward and are less ³⁹³ well collinear with the north-south oriented temperature gradient than in PI where the eddy heat

fluxes are more purely northward oriented. The northwestward tilt with height of the geopotential 394 isolines in LGM is shown to be related to the mechanical constraint exerted by the southern slope 395 of the Laurentide ice sheet: the ice sheet plays the role of a zonally-oriented wall which forces the 396 winds to be zonal in its proximity and lower-level eddy geopotential extrema are always located 397 further south of the ice sheet. Therefore, when an upper-level wave approaches the baroclinic 398 zone near the ice sheet, it will necessarily form lower-level perturbation further south and the eddy 399 geopotential isolines will tend to northwestward tilt with height during baroclinic growth. In other 400 words, the presence of the ice sheet distort the tubes of constant eddy geopotential in such a way 401 that baroclinic eddies are less efficient in extracting the available mean potential energy. 402

The paper illustrates how large-scale mountains can shape baroclinic eddies and affect baroclinic conversion rates in such a way that the downstream storminess is reduced. A similar reduction has been shown by Park et al. (2010) to explain the midwinter suppression of the North Pacific storminess but their underlying mechanism differs from ours as it is mainly based on a change in the orientation of wave propagation.

One might invoke the barotropic governor mechanism proposed by James (1987) to explain the 408 loss of eddy efficiency in extracting potential energy at LGM. Indeed, as the jet is narrower in 409 LGM climate run and its lateral shears stronger (twice as large as in PI; see Figs. 1c,d), this would 410 tend to reduce the ability of baroclinic eddies to extract energy. Although we cannot discard the 411 barotropic governor mechanism hypothesis in the climate runs, we note that the strongest reduction 412 in eddy efficiency appears in the immediate vicinity of the southern slope of the Laurentide Ice 413 Sheet (Fig. 4), which strongly suggests that the mechanism proposed in the present paper is at 414 play. In the idealized experiments, lateral shears have almost the same amplitude (see the zonal 415 wind in Figs. 2c,d) and the barotropic governor mechanism is unlikely to occur. 416

Donohoe and Battisti (2009) showed that the main mechanism explaining the reduction of the 417 North Atlantic storminess at LGM w.r.t. PI was the reduced seeding from the Pacific, due to the 418 presence of the ice sheet, together with a stabilizing effect of the three-dimensional jet structure. 419 They first performed a linear stability analysis which shows that the LGM jet is more unstable than 420 the PI jet, even though the difference in the linear growth rate is smaller than the difference in the 421 Eady growth rate. Their stability analysis considered the unique effect of the LGM characteristics 422 onto the jet but did not include the direct topographic effect on baroclinic eddies. Our approach 423 further includes the direct effect of the topography on baroclinic eddies and shows that it has a 424 stabilising influence. Donohoe and Battisti (2009) also showed that the LGM storms grow more 425 rapidly in the North Atlantic than PI storms and the difference between their two climate runs 426 relies on the stronger upstream seeding in PI. They found more intense and more frequent upper-427 level precursors coming from the Pacific in PI run. This is probably an effect which is also present 428 in our climate runs as the eddy total energy is stronger in PI than LGM in the eastern North Pacific 429 and over North America (see Figs. 1e,f and 3a). However, the two idealized runs show similar 430 intensities in eddy total energy just upstream of the idealized Rockies. So upstream seeding is 431 unlikely to explain the difference between the two idealized runs. Donohoe and Battisti (2009) did 432 not explain the reasons for the stronger upstream seeding of waves coming from the Pacific in PI 433 but this would be important to analyze in the future. Our climate runs provide some information 434 about it. They show that in the eastern Pacific a significant difference in ETE between PI and 435 LGM appears near 120°W-100°W (Fig. 3a). The difference comes from both the baroclinic and 436 barotropic conversion terms (Fig. 3c). The stronger baroclinic conversion in PI obviously results 437 from the tilt orientation (Fig. 3e). The reduction in eddy efficiency at 140°W is strong near the 438 western boundary of the Laurentide ice sheet (Figs. 4a,b,e,f). A similar reasoning to what was 439 shown in the present paper for the western Atlantic can be done in that sector too and is supported 440

⁴⁴¹ by regression maps (not shown). The stronger barotropic sink in the eastern Pacific in LGM ⁴⁴² can be partly attributed to the stronger shears seen there (Fig. 1). Further analysis of the Pacific ⁴⁴³ storm track in various LGM and PI runs would be necessary to provide a deeper understanding of ⁴⁴⁴ Northern Hemisphere storm-track eddy activity in LGM as a whole.

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572 LIST OF FIGURES

573 574 575 576 577 578 579 580 581	Fig. 1.	(a), (b) Climatology of the anomalous (deviation from the zonal mean) geopotential height (shadings; int: 35 m) and the zonal wind at 300 hPa (contours; int: 10 m s ⁻¹ for positive values only and the zero line is in bold); (c), (d) Climatology of the anomalous (deviation from the zonal mean) temperature at 500 hPa (shadings; int: 1 K) and the zonal wind at 300 hPa (contours; int: 10 m s ⁻¹ for positive values only and the zero line is in bold); (e), (f) Eady growth rate $0.31 \mathbf{B_c} $ (contours; int 0.2 day^{-1} with 0.8 day^{-1} in thick contour) and high-pass eddy total energy averaged between 250 and 850 hPa (shadings; int: 30 m ² s ⁻²). (Left column) PI and (right column) LGM simulations. Grey contours correspond to the height of the orography (int: 500 m, starting from 500m).	 30
582 583	Fig. 2.	As in Fig. 1 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topography.	31
584 585 586 587 588 589 590 591 592	Fig. 3.	ETE budget for (left column) the climate runs and (right column) the idealized topography runs where the thin and thick lines correspond to PI and LGM conditions respectively. (a), (b) ETE averaged between 250 and 850 hPa and between 25°N and 65°N. (c), (d) Baroclinic conversion (red), barotropic conversion (blue) and energy flux convergence (green). (e), (f) Baroclinic growth rate (red), with $ \mathbf{B_c} $ changes only (black), both $ \mathbf{B_c} $ and tilt magnitude changes (magenta) and both $ \mathbf{B_c} $ and tilt orientation changes (cyan). All the quantities have been averaged between 250 and 850 hPa and between 25°N and 65°N. The dashed black lines correspond to the residual term, the third term on the rhs of Eq.(7). The vertical dashed lines indicate the North Atlantic sector between 80°W and 20°E.	 32
593 594 595 596 597 598 599	Fig. 4.	Time mean and vertical average (250-850 hPa) of various quantities involved in the baro- clinic conversion term for (left) the PI climate run and (right) the LGM climate run: (a),(b) the baroclinic growth rate $ \mathbf{B}_{\mathbf{c}} E_{ff}$ (contours; int: 0.2 day ⁻¹) and the eddy efficiency E_{ff} (shadings); (c),(d) the tilt magnitude $ \mathbf{F} /T'_e$; (e), (f) the tilt orientation $\cos(\mathbf{F}, \mathbf{B}_c)$; (g), (h) the eddy heat fluxes (red) and minus the temperature gradient (black), and Eady growth rate $0.31 \mathbf{B}_{\mathbf{c}} $ (contours; int 0.2 day ⁻¹ with 0.8 day ⁻¹ in thick contour). Grey contours correspond to the height of the orography (int: 500 m, starting from 500m).	33
600 601	Fig. 5.	As in Fig. 4 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topography.	34
602 603 604 605 606 607 608	Fig. 6.	One-point regression based on 300-hPa high-pass geopotential height Z' at 60°W, 45°N for (left) the PI climate run and (right) the LGM climate run; (a), (b) 300-hPa Z' (contours; int: 12 m) and 800-hPa Z' (shadings; int: 9 m); (c), (d) 300-hPa Z' (contours; int: 12 m) and associated vertically-averaged efficiency E_{ff} (shadings; int: 0.05); (e) vertical and latitudinal average of the regressed efficiency E_{ff} for PI (thin line) and LGM (thick line). In (a)-(d), grey contours correspond to the height of the orography (int: 500 m, starting from 500m).	35
609 610 611 612	Fig. 7.	Same regression as in Fig. 6 for (left) the PI climate run and (right) the LGM climate run. The regressed variables are (a), (b) the 800-hPa perturbation geopotential height Z' (shadings; int: 9 m) and wind v'; (c), (d) perturbation meridional wind v' at 65°W (shadings). Grey contours correspond to the height of the orography (int: 500 m, starting from 500m).	 36
613 614 615 616	Fig. 8.	Same regression as in Fig. 6 for (left) the PI climate run and (right) the LGM climate run. The regressed variables are (a), (b) the vertically-averaged tilt orientation $\cos(\mathbf{F}, \mathbf{B_c})$ (shadings) and 500-hPa perturbation geopotential height Z' (contours; int:12 m s ⁻¹); (c), (d) the vertical averages of the heat fluxes (vectors) and their meridional component (shadings);	

617 618 619		(e), (f) the vertically-averaged F vector (arrows) and the 20-m contour of eddy geopotential height Z' at 300 (black), 500 (red), 700 (green), 850 hPa (blue). Grey contours correspond to the height of the orography (int: 500 m, starting from 500m).	37
620 621	Fig. 9.	As in Fig. 6 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topography.	38
622 623	Fig. 10.	As in Fig. 7 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topography.	39
624 625	Fig. 11.	As in Fig. 8 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topography.	40



FIG. 1. (a), (b) Climatology of the anomalous (deviation from the zonal mean) geopotential height (shadings; 626 int: 35 m) and the zonal wind at 300 hPa (contours; int: 10 m s⁻¹ for positive values only and the zero line is in 627 bold); (c), (d) Climatology of the anomalous (deviation from the zonal mean) temperature at 500 hPa (shadings; 628 int: 1 K) and the zonal wind at 300 hPa (contours; int: 10 m s⁻¹ for positive values only and the zero line is in 629 bold); (e), (f) Eady growth rate $0.31|\mathbf{B}_{c}|$ (contours; int 0.2 day⁻¹ with 0.8 day⁻¹ in thick contour) and high-pass 630 eddy total energy averaged between 250 and 850 hPa (shadings; int: 30 m² s⁻²). (Left column) PI and (right 631 column) LGM simulations. Grey contours correspond to the height of the orography (int: 500 m, starting from 632 500m). 633



FIG. 2. As in Fig. 1 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topography.



FIG. 3. ETE budget for (left column) the climate runs and (right column) the idealized topography runs where 636 the thin and thick lines correspond to PI and LGM conditions respectively. (a), (b) ETE averaged between 250 637 and 850 hPa and between 25°N and 65°N. (c), (d) Baroclinic conversion (red), barotropic conversion (blue) and 638 energy flux convergence (green). (e), (f) Baroclinic growth rate (red), with $|\mathbf{B}_{\mathbf{c}}|$ changes only (black), both $|\mathbf{B}_{\mathbf{c}}|$ 639 and tilt magnitude changes (magenta) and both $|\mathbf{B}_{\mathbf{c}}|$ and tilt orientation changes (cyan). All the quantities have 640 been averaged between 250 and 850 hPa and between 25°N and 65°N. The dashed black lines correspond to the 641 residual term, the third term on the rhs of Eq.(7). The vertical dashed lines indicate the North Atlantic sector 642 between 80°W and 20°E. 643



FIG. 4. Time mean and vertical average (250-850 hPa) of various quantities involved in the baroclinic conversion term for (left) the PI climate run and (right) the LGM climate run: (a),(b) the baroclinic growth rate $|\mathbf{B_c}|E_{ff}$ (contours; int: 0.2 day⁻¹) and the eddy efficiency E_{ff} (shadings); (c),(d) the tilt magnitude $|\mathbf{F}|/T_e'$; (e), (f) the tilt orientation $\cos(\mathbf{F}, \mathbf{B_c})$; (g), (h) the eddy heat fluxes (red) and minus the temperature gradient (black), and Eady growth rate $0.31|\mathbf{B_c}|$ (contours; int 0.2 day⁻¹ with 0.8 day⁻¹ in thick contour). Grey contours correspond to the height of the orography (int: 500 m, starting from 500m).



⁶⁵⁰ FIG. 5. As in Fig. 4 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topog-⁶⁵¹ raphy.



⁶⁵² FIG. 6. One-point regression based on 300-hPa high-pass geopotential height Z' at 60°W, 45°N for (left) the PI ⁶⁵³ climate run and (right) the LGM climate run; (a), (b) 300-hPa Z' (contours; int: 12 m) and 800-hPa Z' (shadings; ⁶⁵⁴ int: 9 m); (c), (d) 300-hPa Z' (contours; int: 12 m) and associated vertically-averaged efficiency E_{ff} (shadings; ⁶⁵⁵ int: 0.05); (e) vertical and latitudinal average of the regressed efficiency E_{ff} for PI (thin line) and LGM (thick ⁶⁵⁶ line). In (a)-(d), grey contours correspond to the height of the orography (int: 500 m, starting from 500m).



⁶⁵⁷ FIG. 7. Same regression as in Fig. 6 for (left) the PI climate run and (right) the LGM climate run. The ⁶⁵⁸ regressed variables are (a), (b) the 800-hPa perturbation geopotential height Z' (shadings; int: 9 m) and wind ⁶⁵⁹ \mathbf{v}' ; (c), (d) perturbation meridional wind v' at 65°W (shadings). Grey contours correspond to the height of the ⁶⁶⁰ orography (int: 500 m, starting from 500m).



FIG. 8. Same regression as in Fig. 6 for (left) the PI climate run and (right) the LGM climate run. The regressed variables are (a), (b) the vertically-averaged tilt orientation $\cos(\mathbf{F}, \mathbf{B_c})$ (shadings) and 500-hPa perturbation geopotential height Z' (contours; int:12 m s⁻¹); (c), (d) the vertical averages of the heat fluxes (vectors) and their meridional component (shadings); (e), (f) the vertically-averaged **F** vector (arrows) and the 20-m contour of eddy geopotential height Z' at 300 (black), 500 (red), 700 (green), 850 hPa (blue). Grey contours correspond to the height of the orography (int: 500 m, starting from 500m).



FIG. 9. As in Fig. 6 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topography.



FIG. 10. As in Fig. 7 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topography.



FIG. 11. As in Fig. 8 but for the simulations forced with (left) idealized Rockies (right) idealized LGM topography.