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Giant-cell arteritis-related mortality in France: a multiple-cause-of-death analysis

Running title: Giant-cell arteritis-related mortality in France

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Authors contributions

F.C.A., and Z.A. designed the study.

T.C., R.L., G.R., M.E. and F.C.A. collected the data.

R.L. and F.C.A. conducted the statistical analysis.

T.C., R.L., G.R., J.H., A.M., M.E., Z.A. and F.C.A. analyzed and interpreted the data.

T.C., R.L., G.R. and F.C.A. wrote the manuscript.

All authors critically reviewed and approved the final version of the manuscript.

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Abstract

Objectives: Giant-cell arteritis (GCA) is a large vessel vasculitis. Data regarding mortality are controversial. We describe the mortality data of the French death certificates for the period of 2005 to 2014.

Methods: Using multiple-cause-of-death (MCO) analysis, we calculated age-adjusted mortality rates for GCA, examined differences in mortality rates according to age and gender and analyzed the underlying causes of death (UCD).

Results: We analyzed 4,628 death certificates listing a diagnosis of GCA as UCD or non-underlying cause of death (NUCD). The mean age of death was 86 (± 6.8) years. The overall age-standardized mortality rate among GCA patients was 7.2 per million population. Throughout the study period, the mean age of death was significantly increased ($r=0.17$, $p<0.0001$) in both genders. There was no significant difference with age repartition of death in the general population ($p=0.26$). When GCA was listed as the UCD, most frequent associated diseases were cardiovascular (79%) and infectious diseases (35%). When GCA was reported as the NUCD, the listed UCD was a cardiovascular event in 40% of cases, neoplasm in 13%, neurodegenerative disorder in 11% and infectious disease in 10%. When GCA was the UCD or NUCD, an age-adjusted observed/expected ratio >1 in GCA-associated mortality compared with the general population mortality was observed for tuberculosis, pneumonia and cardiovascular diseases.

Conclusion: In this analysis of French death certificates mentioning GCA, we observed a stable standardized mortality rate between 2005 and 2014. The most frequent associated diseases were cardiovascular diseases and infections.

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	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	Total
GCA related deaths (n)	520	483	433	441	501	462	426	465	478	419	4628
GCA listed as the UCD	157	146	120	138	133	116	111	112	132	97	1262
Male	44	45	25	43	41	34	35	40	31	21	359
Female	113	101	95	95	92	82	76	72	101	76	903
Female/Male ratio	2.6	2.2	3.8	2.2	2.2	2.4	2.2	1.8	3.3	3.6	2.5
Age (years)											
<70	0	3	0	1	1	2	4	4	2	5	23
70-79	23	20	20	15	14	17	18	17	13	9	166
80-89	86	77	70	85	71	59	59	43	67	52	671
90-99	48	43	28	35	46	34	28	46	47	31	386
≥100	0	2	2	2	1	3	2	2	2	0	16
GCA listed as a NUCD	363	337	313	303	368	346	315	353	346	322	3366
Male	112	102	88	92	128	93	97	105	99	97	1013
Female	251	235	225	211	240	253	218	248	247	225	2353
Female/Male ratio	2.2	2.3	2.6	2.3	1.9	2.7	2.2	2.4	2.5	2.3	2.3
Age (years)											
<70	10	7	12	2	6	3	2	7	3	5	57
70-79	64	65	44	55	54	35	29	34	40	33	453
80-89	173	177	165	168	200	207	177	196	181	172	1816
90-99	115	86	88	75	101	97	99	112	119	108	1000
≥100	1	2	4	3	7	4	8	4	3	4	40
Age-standardized mortality rate											
All GCA patients	8.2	7.6	6.8	6.9	7.8	7.1	6.6	7.1	7.3	6.3	7.2
Male	5.1	4.7	3.9	4.5	4.3	3.7	3.5	3.5	4.1	3	4
Female	11.1	10.3	9.5	9.2	11.1	10.4	9.7	10.5	10.2	9.4	10.1
Female/Male ratio	2.2	2.2	2.4	2	2.6	2.8	2.8	3	2.5	3.1	2.5

Table 1. GCA-related deaths in France (2005-2014): absolute numbers, stratified by years

GCA mentioned as UCD			
	Male	Female	Total
Cardiovascular disease	322 (89.7)	681 (75.4)	1003 (79)
Chronic heart disease	122 (34)	244 (27)	366 (29)
Ischemic heart disease	47 (13.1)	78 (8.6)	125 (10)
Pulmonary embolism and thromboembolic disease	21 (5.8)	61 (6.8)	82 (6)
Stroke	27 (7.5)	55 (6)	82 (6.4)
Others	105 (29.2)	243 (26.9)	348 (27.6)
Neoplasm	26 (7.2)	46 (5.1)	72 (5.7)
Hematologic malignancy	8 (2.2)	16 (1.8)	24 (1.9)
Solid malignant neoplasm	18 (5)	30 (3.3)	48 (3.8)
Neurodegenerative disease	44 (12.3)	127 (14.1)	171 (13.5)
Alzheimer disease	11 (3.1)	35 (4)	46 (3.6)
Other dementia	33 (9.2)	92 (10.2)	125 (9.9)
Infectious disease	166 (46.2)	287 (31.8)	453 (35.9)
Pneumonia	91 (25.3)	149 (16.5)	240 (9)
Sepsis and other bacterial infection	70 (19.5)	130 (14.4)	200 (15.8)
Tuberculosis and opportunist infection	4 (1.1)	6 (0.7)	10 (0.8)
Viral infection	1 (0.3)	2 (0.2)	3 (0.2)
Accidental death	38 (10.6)	58 (6.4)	96 (7.6)
Traumatic death	13 (3.6)	23 (2.5)	36 (2.9)
Accidental exposition	2 (0.6)	4 (0.4)	6 (0.5)
Iatrogenic complication	23 (6.4)	31 (3.4)	54 (4.3)
Suicide	0(0)	0 (0)	0 (0)
Acute digestive disease	15 (4.2)	42 (4.7)	57 (4.5)
Digestive hemorrhage and digestive perforation	9 (2.5)	15 (1.7)	24 (1.9)
Other digestive disease	6 (1.7)	27 (3)	33 (2.6)
Other chronic disease	140 (39)	208 (23)	348 (27.6)
Chronic respiratory disease	57 (15.9)	78 (8.6)	135 (10.7)
Renal disease	39 (10.9)	61 (6.8)	100 (7.9)
Autoimmune disease	8 (2.2)	19 (2.1)	27 (2.1)
Hepatic disease	1 (0.3)	1 (0.1)	2 (0.2)
Diabetes	35 (9.8)	49 (5.4)	84 (6.7)
Other	88 (24.5)	242 (26.8)	330 (26.1)
Total	359 (100)	903 (100)	1262 (100)

Table 2. Associated diseases mentioned as non-underlying causes of death (NUCD) when GCA was mentioned as the underlying cause of death (UCD) in the death certificates of patients with GCA in France (2005-2014)

Data are presented as n (%).

GCA mentioned as NUCD			
	Male	Female	Total
Cardiovascular disease	384 (37.9)	977 (41.5)	1361 (40.4)
Chronic heart disease	132 (13)	343 (14.6)	475 (14.1)
Ischemic heart disease	79 (7.8)	188 (8)	267 (7.9)
Pulmonary embolism and thromboembolic disease	17 (1.7)	41 (1.7)	58 (1.7)
Stroke	101 (10)	256 (10.9)	357 (10.6)
Other	55 (5.4)	149 (6.3)	204 (6.1)
Neoplasm	181 (17.8)	262 (11.1)	443 (13.2)
Hematologic malignancy	46 (4.5)	70 (3)	116 (3.5)
Solid malignant neoplasm	135 (13.3)	192 (8.1)	327 (9.7)
Neurodegenerative disease	81 (8)	297 (12.6)	378 (11.2)
Alzheimer disease	26 (2.6)	148 (6.3)	174 (5.1)
Other dementia	55 (5.4)	149 (6.3)	204 (6.1)
Infectious disease	112 (11.1)	220 (9.3)	332 (9.9)
Pneumonia	33 (3.4)	53 (2.2)	87 (2.6)
Sepsis and other bacterial infection	62 (6.1)	132 (5.6)	194 (5.8)
Tuberculosis and opportunist infection	11 (1.1)	20 (0.9)	31 (0.9)
Viral infection	5 (0.5)	15 (0.6)	20 (0.6)
Accidental death	58 (5.8)	145 (6.1)	203 (6)
Traumatic death	29 (2.9)	98 (4.1)	127 (3.8)
Accidental exposition	10 (1)	30 (1.3)	40 (1.2)
Iatrogenic complication	6 (0.6)	13 (0.5)	19 (0.5)
Suicide	13 (1.3)	4 (0.2)	17 (0.5)
Acute digestive disease	28 (2.8)	97 (4.1)	125 (3.7)
Digestive hemorrhage and digestive perforation	8 (0.8)	43 (1.8)	51 (1.5)
Other digestive disease	20 (2)	54 (2.3)	74 (2.2)
Other chronic disease	120 (11.8)	219 (9.3)	339 (10.1)
Chronic respiratory disease	48 (4.7)	63 (2.6)	111 (3.3)
Renal disease	21 (2.1)	37 (1.6)	58 (1.7)
Autoimmune disease	7 (0.7)	25 (1.1)	32 (1)
Hepatic disease	2 (0.2)	3 (0.1)	5 (0.2)
Diabetes	42 (4.1)	91 (3.9)	133 (3.9)
Other	49 (4.8)	136 (5.7)	185 (5.5)
Total	1013 (100)	2353 (100)	3366 (100)

Table 3. Associated diseases mentioned as underlying causes of death (UCD) when GCA was mentioned as the non-underlying cause of death (NUCD) in the death certificates of patients with GCA in France (2005-2014)

Data are presented as n (%).

	Observed/ expected ratio 65-85 years	p-value	Observed/ expected ratio > 85 years	p-value
GCA as UCD				
Infectious disease				
Tuberculosis	9.9 (3.6-21.9)	<0.001	4.4 (1.2-11.4)	0.006
Pneumonia	16.8 (13.2-21.1)	<0.001	6.5 (5.4-7.8)	<0.001
Vascular disease				
Ischemic heart disease	1.7 (1.3-2.3)	<0.001	1.2 (0.9-1.5)	0.5
Cerebrovascular disease	1.2 (0.8-1.8)	0.3	0.8 (0.5-1.01)	0.07
Neoplasm				
Solid malignant neoplasm	0.12 (0.08-0.2)	<0.001	0.2 (0.1-0.3)	<0.001
Hematologic malignancy	0.9 (0.5-1.5)	0.8	0.5 (0.2-1.0)	0.08
GCA as NUCD				
Infectious disease				
Tuberculosis	12.3 (7.6-18.9)	<0.001	4.3 (2.0-7.9)	<0.001
Pneumonia	1.5 (1.01-2.2)	0.04	0.8 (0.6-1.1)	0.2
Vascular disease				
Ischemic heart disease	0.9 (0.7-1.1)	0.5	1.2 (1.01-1.4)	0.03
Cerebrovascular disease	2.4 (2.0-2.8)	<0.001	1.2 (1.04-1.4)	0.01
Neoplasm				
Solid malignant neoplasm	0.3 (0.3-0.4)	<0.001	0.6 (0.5-0.7)	<0.001
Hematologic malignancy	1.4 (1.1-1.8)	<0.001	1.2 (0.9-1.6)	0.2

Table 4. Age-adjusted observed/expected ratios for the underlying cause of death (UCD) when GCA was a non-underlying cause of death (NUCD)

Data are presented as observed/expected ratio (95 % confidence interval).

Introduction

Giant-cell arteritis (**GCA**) is a large-vessel vasculitis usually affecting individuals over 50 years old, typically presenting with unilateral or bilateral headache, myalgias, fatigue, fever, weight loss, and sometimes acute vision loss [1]. It is frequently associated with polymyalgia rheumatica (**PMR**), which represents either a different manifestation of the same disease or overlapping conditions. Both diseases are associated with an inflammatory state with an increased erythrocyte sedimentation rate (**ESR**) and/or C-reactive protein (**CRP**), and the treatment relies mainly on corticosteroids, usually prescribed for a prolonged period. GCA seems to affect predominantly European populations, especially those of northern European descent, and is slightly more common in women than in men, with a lifetime risk of GCA estimated at 1.0% in women versus 0.5% in men [2, 3]. GCA is the most frequent primary vasculitis with an estimated incidence in the United States of 18 per 100,000, but data based on recent studies suggest that GCA incidence has stabilized or even decreased in recent years [4, 5]. Data regarding GCA mortality are controversial. A recent meta-analysis including 17 studies found no difference in long-term mortality between GCA patients and the general population (mortality odds ratio of 1.03), except in GCA patients recruited through a hospital setting (mortality odds ratio of 1.61), especially in the first two years following GCA diagnosis [6]. Mortality in GCA has been attributed to specific complications of the disease, particularly aortic aneurysms and cerebrovascular events associated with a lower survival [5, 7, 8]. Some studies also showed increased cardiovascular mortality and increased mortality due to infectious diseases in GCA patients compared with general population [9, 10].

To better characterize mortality causes in GCA, we examined data from death certificates compiled by the French Epidemiological Centre on Medical Causes of Death (**CépiDc**, Institut National de la Santé et de la Recherche Médicale) between 2005 and 2014. Using multiple-cause-of-death (**MCOD**) analysis, we calculated age-adjusted mortality rates for GCA, examined differences in mortality rates according to age and gender and recorded the

underlying causes of death (**UCD**).

Methods

Data extraction

Data were extracted from the Institut National de la Statistique et des études économiques (INSEE) database for population analysis and from the CépiDc database for causes of death analysis. Since 2000, CépiDc has recorded all death certificates issued in France, and these anonymized data are available to researchers. French death certificates consist of 2 parts and comply with the World Health Organization standards. Part I lists the “diseases related to the morbid process leading to death” in reverse order of causality. If the death certificate is correctly filled, the last condition listed is generally defined as the UCD. Part II reports on “other significant conditions contributing to death, but not related to the disease or condition listed on part I”. Other diseases than UCD are considered as non-underlying causes of death (**NUCD**). All data are coded in a database following the guidelines of the International Classification of Diseases, 10th Revision. For the study period, we obtained data from all death certificates that mentioned GCA either as the UCD or a NUCD. Only data from decedents aged ≥ 18 years were analyzed.

Statistical analysis

All death certificates that listed GCA as the UCD or NUCD, whatever its place on the death certificate, were considered in the MCOD analysis. Gender and age at time of death were extracted. Direct age standardization with the general French population as a reference was applied to calculate mortality rates and estimated by year and for the study period. Mortality rates were categorized according to age group for the entire study period. Categorical variables are presented as absolute values (with percentages), whereas continuous variables are shown as the mean \pm standard deviation (**SD**). The numbers of deaths were compared according to gender, age and the cause of death (UCD or NUCD) using the chi-squared or

Fisher's exact test. Proportions of GCA listed either as the UCD or a NUCD were studied over time, with the linear trend tested over time. Linear regression and t-tests were used to compare the age at death by year and gender, respectively. Linear regressions were used to compare standardized mortality rates overall by gender and age range. Differences were considered statistically significant when $p < 0.05$. R software version 3.0.2 (www.r-project.org/foundation/) was used for the statistical analyses.

Results

Numbers of deaths with GCA in France between 2005 and 2014

Between 2005 and 2014, 5,311,098 adults died in France. Among them, the CépiDc recorded 4,628 death certificates reporting a diagnosis of GCA as UCD or NUCD. The absolute numbers of deaths with GCA listed as UCD or NUCD, stratified by year during the study period, are shown in **Table 1**. The mean number of annual deaths was 462 (± 33.4) and 51.2% of them occurred in hospital. The mean age of death was 86 (± 6.8) years: 84.6 (± 6.9) years in men and 86.7 (± 6.6) years in women ($p < 0.001$). Throughout the study period, the mean age of death was significantly increased ($r = 0.17$, $p < 0.0001$) (**Figure 1**), more in men ($r = 0.21$, $p = 0.001$) than in women ($r = 0.15$, $p = 0.001$). We observed that 99.4% of all GCA-related deaths occurred after 65 years and 62.6% after 85 years. There was no significant difference with the age repartition of death in the general population ($p = 0.26$), according to the year of death. The ratio of females to males was 2.4 (1,372 men *versus* 3,256 women) and remained stable throughout the study period.

Age-standardized mortality rate in GCA

The overall age-standardized mortality rate (**ASMR**) among GCA patients was 7.2 per million and remained stable between 2005 and 2014 ($r = -3.3$, $p = 0.056$) (**Table 1**). However, for men, ASMR decreased significantly throughout the study period ($r = -4$, $p = 0.003$) (**Figure 2**).

Associated diseases in death certificates mentioning GCA

GCA was listed as the UCD in 1,262 death certificates (27%) and as a NUCD in 3,366 death certificates (73%). There was no significant difference between UCD and NUCD notification according to gender or age ($p = 0.29$ and $p = 0.10$, respectively) but in-hospital mortality was higher when GCA was listed as a NUCD ($p < 0.001$). There was no significant difference in the age repartition of the notification as the UCD or a NUCD ($p = 0.10$).

The GCA-associated diseases mentioned in the death certificates are detailed in **Tables 2 and 3**. When GCA was listed as the UCD (**Table 2**), most common associated diseases were cardiovascular (79%) and infectious diseases (35%). Cardiovascular disease included congestive heart failure in 29% of death certificates, ischemic heart disease in 10% and strokes in 6%.

When GCA was reported as the NUCD (**Table 3**), the listed UCD was cardiovascular events in 40% of patients including strokes in 10%, neoplasms in 13% (mostly solid neoplasms), neurodegenerative disorders in 11% and infectious diseases in 10%.

Cardiovascular diseases (listed as UCD or NUCD) were stable during the study period ($R = 0.005$, $p=0.053$) although infectious diseases (UCD or NUCD: $R = 0.01$, $p=0.01$), neoplasms (UCD or NUCD: $R = 0.004$, $p=0.04$) and neurodegenerative diseases (UCD or NUCD: $R = 0.006$, $p=0.01$) increased during the study period.

Observed/expected ratio

Observed/expected ratio (O/E ratio) are detailed in the **Table 4**. When GCA was the UCD, an O/E ratio >1 in GCA-associated mortality compared with the general population's mortality was observed for tuberculosis between 65 and 85 years (O/E ratio = 9.9, $p<0.001$) and after 85 years (O/E ratio = 4.4, $p=0.01$). An O/E ratio >1 was also observed for pneumonia between 65 and 85 years (O/E ratio = 16.8, $p<0.001$) and after 85 years (O/E ratio = 6.5, $p<0.001$).

When GCA was the NUCD, an O/E ratio >1 was observed for tuberculosis between 65 and 85 years (O/E ratio = 12.3, $p<0.001$) and after 85 years (O/E ratio = 4.3, $p<0.001$). For

pneumonia, an O/E ratio > 1 was also observed between 65 and 85 years (O/E ratio = 1.5, p=0.04). An O/E ratio >1 in GCA-associated mortality was observed for cerebrovascular disease between 65 and 85 years (O/E ratio = 2.4, p<0.001) and after 85 years (O/E ratio = 1.2, p=0.01) and for hematologic malignancy between 65 and 85 years (O/E ratio = 1.4, p<0.001).

Discussion

Using the CépiDc database containing all French death certificates, we found that there was no significant difference in the age repartition of death when GCA was mentioned in the death certificate compared to that of the general population, suggesting that GCA is associated with a survival reflecting the age incidence of this disease. These results are consistent with a recent international meta-analysis that found that long-term mortality was not increased in GCA [3, 6]. In a Northern Italian study, no significant differences in mortality rates were observed between GCA and non-GCA subjects [11]. Moreover, no significant differences in the cause of death were observed comparing GCA patients to non-GCA subjects. Conversely, in a Danish study, the relative risk of death in patients diagnosed with GCA compared to the general population was 1.17 (95% CI 1.01, 1.36) and 1.22 (95% CI 1.05, 1.41) 0-2 years and >10 years after diagnosis, respectively, whereas they observed no increased mortality during the follow-up period of 2-10 years [12]. In the Swedish study, mortality was significantly increased over the first 2 years after GCA diagnosis but not with longer follow-up. The estimated excess mortality was greater in women and in patients aged ≤70 years at diagnosis [4]. Recently, a UK study found that compared with non-vasculitis patients, GCA patients had increased mortality during the first year following diagnosis but not >5 years after the diagnosis [13]. GCA patients diagnosed before age 65 had the highest mortality risk during the first year following diagnosis (adjusted HR=2.32, 95% CI 1.60-3.35). The design of the present study, which was not longitudinal, could not allow assessing the time between GCA diagnosis

and death on GCA mortality.

In our study, we found that the mortality risk did not differ substantially by sex or calendar year, as was the case in the UK study [13].

In our study, GCA was considered the underlying cause of death in 27% of patients with GCA mentioned in the death certificates. The most common associated diseases were cardiovascular disease and infectious diseases. These associated diseases are the most commonly reported in GCA epidemiologic studies. An Australian study found 71 deaths among 225 patients with biopsy-proven GCA and deaths from cardiovascular causes (45%) were the most common, followed by infection (17%) and cancer (17%) [14].

Increased cardiovascular mortality has been reported in GCA in 2 different settings. Some cardiovascular complications, including aortic aneurysms and ischemic strokes are predominantly associated with mortality in the early phase of the disease, usually in the 2 years after GCA diagnosis, suggesting a prevailing role of inflammatory mechanisms directly related to the vasculitis [12, 15]. In previous studies, ischemic strokes were a leading cause of death during GCA [8]. In the Danish study, the increased mortality during the first 2 years of follow-up was mainly due to diseases of the circulatory system, including aortic aneurysms [12]. In a large US study from 1950 to 2009, patients with GCA and aortic manifestations had a higher than expected number of deaths from cardiovascular and pulmonary causes than those of the general population, and manifestations were associated with increased mortality in GCA patients (HR=3.4; 95% CI 2.2 to 5.4) [5]. Cardiovascular complications may also occur after the 2 first years of the disease and may be driven by prolonged corticosteroid treatment [4]. Venous thrombosis (VT) and pulmonary embolism (PE) were also reported as a common feature during GCA [16]. In our study, we found that VT and PE accounted for 150 cases over 10 years, as the UCD or NUCD. VT and PE may be limited to GCA in-patients, who typically have a low mortality rate [17].

Infectious complications have been reported with a higher frequency in GCA, particularly in

the first year after GCA diagnosis and have been associated with older age, pre-existing diabetes and prolonged use of corticosteroids [10]. In a French prospective study, severe infections were more common among patients with GCA during the first year after diagnosis compared to general population controls. In particular, septic shock and infectious colitis were more common among the patients with GCA, and mortality caused by infections was higher in patients with GCA than in the controls [10]. In our study, a positive association (O/E ratio >1, GCA being listed as the UCD or NUCD) was observed between GCA and pneumonia and GCA and tuberculosis. This association was stronger before 85 years and decreased with age. In a recent study using death certificates in France, deaths from cardiovascular and potentially treatment-related causes were also overrepresented in decedents with GCA [18]. Conversely, GCA was associated with decreased risk of death caused by malignant neoplasms, as in our study. The period study was different, starting in 1980 through 2011. Management of GCA may have changed during the past 30 years and we present here the more recent data, focusing on the 2005-2014 period.

Our study has several limitations. Since the assessment of UCD and NUCD on the death certificate is left to the physician's judgment, GCA may not have been declared for patients with a long time from diagnosis to death or in patients considered in remission. Moreover, the physicians did not mention GCA if they consider that it has not contributed to death. On the other hand, for patients with more severe disease, GCA was probably more likely to be reported as UCD or NUCD. The distinction between UCD and NUCD is also difficult to appraise in GCA. Some individuals may consider complications such as aortic aneurysm or ischemic stroke as UCD, while others consider them NUCD.

Conclusions

Despite limitations, our study suggests that overall mortality is not strongly increased in GCA patients and remained stable between 2005 and 2014, suggesting that there was no

improvement in the treatments during the period. Most common comorbidities were cardiovascular and infectious diseases, which can both be considered complications of GCA but also long-term complications of GCA treatment, especially corticosteroid treatment. Improving our knowledge on mortality in GCA will help determine important actions to prevent long-term complications of the disease.

Figure legends

Figure 1. Evolution of the mean age at death over the study period

Mean age at death increased over the study period ($r=0.17$, $p<0.0001$)

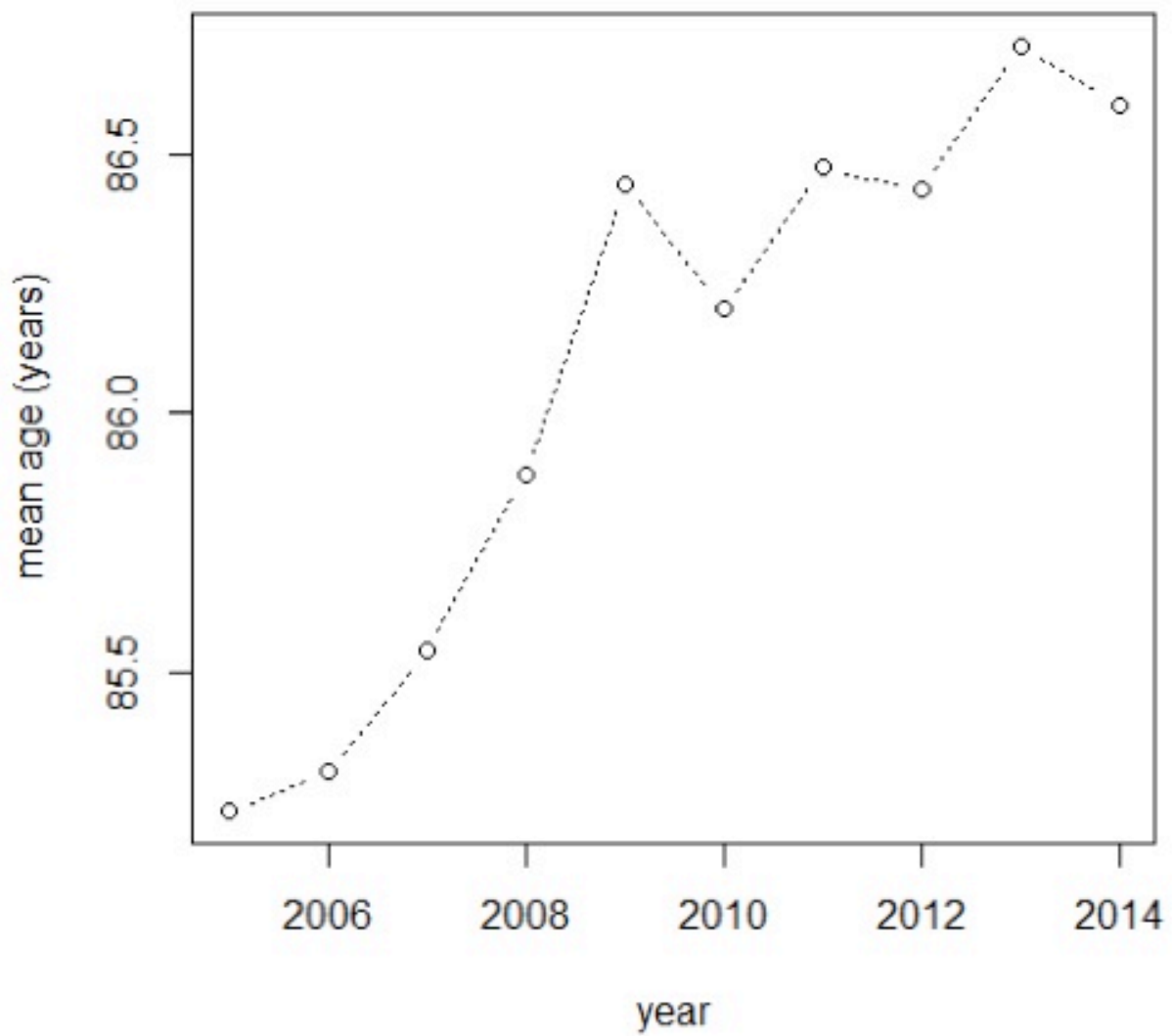
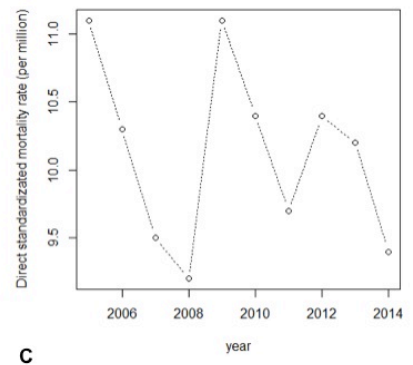
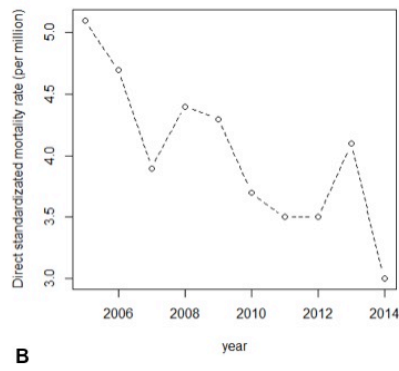
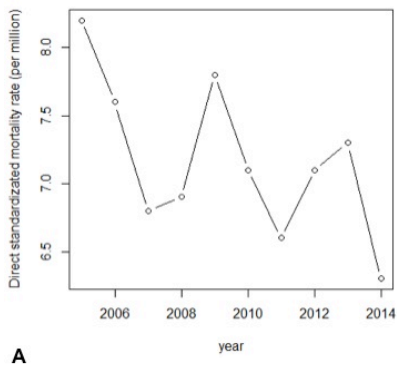


Figure 2. Age-standardized mortality rate (ASMR) stratified by gender (A: both sexes; B: men; C: women)



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