

Thermal constraints on body size depend on the population position within the species' thermal range in temperate songbirds

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1 Thermal constraints on body size depend on the population position within the species'

2 thermal range in temperate songbirds

Nicolas Dubos, Olivier Dehorter, Pierre-Yves Henry, Isabelle Le Viol

4 *Running title*: Temperature effect on size along thermal range

5

6 ABSTRACT

Aim There is mounting evidence that climate warming can induce morphological changes locally, particularly size reduction. However, the direction of thermal stress may differ between climatic regions. We predicted that morphological response to temperature fluctuations should vary throughout species ranges, depending on the local climate. Hot temperature anomalies are expected to induce size reduction in hot regions where species live close to their upper thermal limit, whereas size stasis (or increase) would be expected in cold regions, where species live close to their lower thermal limit.

14 **Location** France (204 sites)

15 **Time period** 2000-2014 springs

16 **Major taxa studied** Songbird species (n = 9)

Methods We tested whether the effect of temperature anomalies on juvenile body size varied
along an 11°C-thermal gradient.

Results In warmer springs, juveniles were larger overall at the coldest sites, but this effect
decreased towards the hottest sites, becoming negative for 2 species.

Main conclusions Warming should induce body size increases more frequently at the cold
edge of species distribution ranges, and rather body size declines at the hot edge. The climate-

dependency of the effect of weather fluctuations on body size is still under-acknowledged,
and the pattern identified deserves to be investigated over broader climatic gradients and
taxonomic coverage. Climate-driven changes in body size are therefore not uniform across
climatic regions and within species ranges.

27

Key words: Bergmann's rule, birds, climate warming, France, temperature anomaly, thermalrange, wing length

31 INTRODUCTION

Although an increasing attention is given to body size change as a response to climate 32 warming (Gardner et al., 2011), this phenomenon is still little documented and its underlying 33 34 mechanisms are poorly understood. The effects of rising temperatures on animal structural size can be mediated through effects on juvenile growth and size-dependent mortality 35 (Gardner et al., 2014). The original proposal was that body size would decline with warming 36 37 as a result of the advantage of being smaller under warmer conditions. With a higher surfacevolume ratio, smaller individuals can dissipate body heat more efficiently than larger 38 individuals, which is advantageous in warm climates, as stated in Bergmann's rule 39 40 (Bergmann, 1847). With climate warming, larger individuals would increasingly suffer from hyperthermia, and a size reduction is a possible adaptive response enabling individuals to 41 cope with increasingly warm conditions (Gardner et al., 2011). 42

The application of Bergman's rule to climate warming has received controversial evidence so 43 44 far (Teplitsky & Millien, 2014). Despite rising temperatures, many species have not exhibited 45 any change in body size over time (Meiri et al., 2009; Kruuk et al., 2015), or the trend was opposite to the prediction, i.e. size increase (Björklund et al., 2014; Pérez et al., 2016). This 46 may be related to the complexity of temperature and other climatic impacts on physiology and 47 body size (Gardner et al., 2014). Temperature change can potentially have contradictory 48 effects depending on which biological feature is affected (e.g., body growth versus survival), 49 and which aspect of temperature change is regarded (e.g., mean temperature versus heat wave 50 frequency). For instance, increasing mean temperatures may impact body growth positively 51 (Gardner et al., 2014), which is contradictory with the proposal of an application of 52 53 Bergmann's rule to climate warming (i.e., selection for smaller in warmer mean temperatures). Besides, heat waves may select for larger individuals as a result of a lower 54 evaporative water loss, enabling them to better evade dehydration (Gardner et al., 2011). 55

More importantly, the effect of temperature fluctuations probably differs between climatic 56 57 regions. For instance, the physiological and ecological consequences of annual weather deviation are likely to depend on the average local climatic regime: in cool or cold regions 58 (e.g., Collins et al., 2016; Pérez et al., 2016; Dubos et al., 2018), or during cool periods of the 59 year (e.g., Gardner *et al.*, 2014b), hot temperatures indeed affect body growth positively. In 60 addition, events of extreme heat are also scarcer in temperate climates than in arid systems 61 62 (Garcia et al., 2014). Observed body size variations are therefore expected to represent the response to fluctuations in average temperatures in temperate climates (Dubos et al., 2018), 63 whereas the influence of extreme hot events is expected to be particularly strong in arid, semi-64 65 arid and tropical climates (Holmgren et al., 2016; Gardner et al., 2017). In arid or semi-arid climates, larger individuals are expected to survive heat waves better, presumably because the 66 smallest individuals show higher rates of evaporative water loss, and would be more exposed 67 68 to dehydration and mortality during heat waves (McKechnie & Wolf, 2010).

For the same species, temporal variation in body size can differ between sites (e.g., Meiri et 69 al., 2009; Collins et al., 2017; Dubos et al., 2018). Within a species distribution range, 70 populations are likely to have adapted locally to average meteorological conditions (e.g., Both 71 & te Marvelde, 2007). Their response to changes in environmental conditions may therefore 72 73 differ between the hottest and the coldest parts of their distribution range (Both & te Marvelde, 2007; Socolar et al., 2017). This is the case for population trends of European 74 birds: abundances decline towards the hot edge of their species distribution range, while they 75 increase towards the cold edge (Jiguet et al., 2010). Differential responses to climate change 76 77 were also observed in avian phenology, with advancements in egg laying near the cold edge 78 but not near the warm one (depending on the species; Both & te Marvelde, 2007). A similar pattern was found in the nesting success of Californian birds, with a positive effect of 79 80 temperature anomaly towards the cold edge of species distributions, and a negative effect

towards the warm edge (Socolar et al., 2017). Individuals living close to the hot edge of their 81 82 species distribution range are the most threatened by climate warming, because they live close to their upper thermal limit already (Jiguet et al., 2010; Deutsch et al. 2008; Tewksbury et al. 83 2008; Socolar et al., 2017). Conversely, individuals living at the cold edge are more cold-84 limited and would even benefit from hot anomalies, as a result of a lower exposure to cold 85 stress (Jiguet et al., 2006). Hence, across thermal ranges, the impact of climate warming on 86 87 populations is expected to change gradually, and ranges from positive at the cold edge towards negative at the hot edge (Jiguet et al., 2010). The influence of thermal anomalies 88 would therefore depend on the relative position of the population within the distribution 89 90 range, even within the inner part of species thermal ranges. Although this variation of the effect of temperature anomalies across a species range is now well acknowledged for 91 population trends (Jiguet *et al.*, 2010), to our knowledge, it has not yet been investigated on 92 93 body size responses to temperature changes.

Contrasting effects of temperature increase on body size across the thermal range are expected 94 95 to occur through two main mechanisms: (i) direct, thermoregulatory costs, and (ii) indirect, ecological effects through ecosystem productivity (Yom-Tov & Geffen, 2011) and temporally 96 mismatched predator-prey interactions (Husby et al., 2011). Firstly, the ability to 97 98 thermoregulate depends on morphology, and the thermal constraint affecting morphology is expected to depend on the local climate. For instance, in song sparrows (Melospiza melodia), 99 selection for heat retention was found to prevail in a continental climate during winter 100 101 (Danner & Greenberg 2015), while for the same species, it was driven by heat dissipation in a 102 Mediterranean climate during summer (Greenberg et al., 2012). In this case, the differential 103 morphological change affecting thermoregulation was applied to bill size. However, this should also apply to structural size, as heat loss/conservation can depend on the size of body 104 105 appendices (e.g., Allen's rule; Allen, 1877) as well as on structural size (e.g., Bergmann's

rule). In cold or cool regions (e.g., temperate to polar), individuals may be larger in warmer 106 107 years (Collins et al., 2016; Pérez et al., 2016; Dubos et al., 2018) when the cold constraint on growth is alleviated. Tissue growth increases with temperature in two ways: by accelerating 108 109 biochemical reactions and metabolism (Gillooly et al., 2001), and by reducing the allocation of energy used for body heat maintenance (Kendeigh, 1969), so this energy can be reallocated 110 to growth (Gillooly et al., 2001; Dawson et al., 2005). Nestling growth may also be indirectly 111 112 facilitated by warmer temperatures through the reduced thermoregulary load for parents: parents can spend more time foraging to provision nestlings with food, and less time at the 113 nest to maintain them warm (e.g., Socolar et al., 2017). In warmer regions (e.g., dry tropical 114 115 and Mediterranean), the risk that a temperature increase reaches detrimental or sub-lethal levels is higher (Khaliq et al., 2014). Larger individuals may suffer more from increasing 116 117 temperature, as interpreted with the application of Bergmann's rule to warming (Gardner et 118 al., 2011). Secondly, body size depends on food availability during ontogeny. For secondary consumers, food availability depends on temperature-driven primary production (Yom-Tov & 119 120 Geffen, 2011). In temperate regions, precipitation is rarely limiting, and higher temperatures 121 would increase invertebrate abundance, i.e. the main resource for nestling and fledgling songbirds (Bale et al., 2002; but see Carroll et al. 2015 for an opposite response in hygrophilic 122 123 peatlands). In semi-arid systems, such as Mediterranean regions, invertebrate abundance is more constrained by drought, resulting from limited rainfall combined with high temperatures 124 (Gardner et al., 2014). An increase in spring temperature may therefore result in larger body 125 126 size in cool climates, whereas it could result in smaller body size in Mediterranean or dry tropical climates, in the case of co-occurrence with limited precipitation. Hence, direct and 127 128 indirect effects of temporal variation in mean temperature on body size are expected to differ between the hottest and the coldest parts of the species ranges (Fig. 1). 129

We assessed whether the effect of interannual variation in mean spring temperature on 130 131 juvenile body size varies along a thermal gradient (11.2°C between the coldest and the hottest study sites; Fig. 1) in a temperate region (France) for nine songbird species. We predicted 132 133 that, during hot springs (relative to the local average temperature), juveniles should be larger at the coldest sites, and smaller at the hottest sites (Fig. 1). In temperate climates, the tipping-134 point of the effect of local temperature on body size sensitivity to temperature anomalies 135 136 should depend on the position of populations within the species thermal ranges: the colder the location of a population, the more its growth should increase with temperature anomaly. 137

138

139 **METHODS**

140 **Bird survey**

141 We used individual records of songbirds caught during sessions of the French Constant bird ringing Effort Sites (CES) scheme, from 2000 to 2014 (Robinson et al., 2009; more 142 information at http://crbpo.mnhn.fr, see 'STOC Capture'). Biometric data used in the present 143 study were collected at 204 sites by 132 volunteer bird ringers, each site being monitored 144 during 4.1 ± 3.3 SD years (Dehorter & CRBPO 2015). Each site was visited at least three 145 146 times during the breeding season (average 3.6 ± 1.6 SD), from 15 May until 19 July. For a given site, number and location of mist-nets were kept constant throughout the years. Each 147 148 captured individual was individually marked, identified to species and aged (juvenile for birds born during the ongoing breeding season; Svensson 1992). Most sites are located in 149 shrublands, woodlands with dense understorey, or reedbeds (Eglington et al., 2015). Our 150 survey encompassed three major types of climate based on the Köppen Geiger classification 151 (Peel et al., 2007): subalpine (corresponding to the subarctic climate, Dfc), temperate oceanic 152 (Cfb), and hot-summer Mediterranean climates (Csa), with a thermal range of 11.2°C between 153

the coldest (8.4°C on average) and the hottest sites (19.6°C on average; Fig. S1) during
spring.

156

157 **Biometric data**

Wing length measurements were used as a proxy for body size (Gosler et al., 1998; data for 158 supposedly better proxies of body size, such as tarsus or longuest feather lengths were not 159 160 available, and body mass data conveyed an information on precipitation-dependancy of body condition rather than on temperature-dependancy of body size, see Dubos et al. 2018). We 161 worked on post-fledgling juveniles only, because individual body size is determined during a 162 short period of growth in small songbirds, taking place mainly during the nestling stage (c. 2-163 3 weeks), and continuing for a few weeks after fledging (Salewski et al., 2010; Yom-Tom & 164 165 Geffen 2011). When recaptures occurred (representing 10% of the data), we randomly selected one measurement per individual. In May-July, when captures took place, juvenile 166 songbirds are still within a few kilometres from their birth site, and captured individuals can 167 168 be assumed to have grown under the documented local climatic conditions. Adults were not considered as their wing length depends on multiple, confounding effects of climate 169 throughout the life cycle (ontogeny, yearly molt and size-dependent mortality; Yom-Tom & 170 Geffen 2011; Gardner et al., 2014). 171

As small sample sizes and data sparseness can compromise the robustness of inferences (Yom-Tov & Geffen, 2011), we decided to include data for only (i) species \geq 1000 measured individuals, and (ii) species.site.year sampling units with \geq 10 measured individuals (Table S1). Since the hypotheses to be tested required that population position within the species thermal ranges varied across sampling sites (i.e., gradient of 'northern' / core / 'southern' populations), we measured the proportion of each species' thermal range that was included in

our study area. To do this, we relied on the population thermal coordinate (Jiguet *et al.*, 2010), 178 an index of the relative position of a given site, for a given species, within its European 179 thermal range (Table S1; Fig S1). A population thermal coordinate is computed as the 180 181 difference between the species thermal maximum (mean spring temperature of the hottest 5% of European Atlas grid cell; Jiguet et al., 2010) and the average temperature of a given site, 182 divided by the species thermal range (°C). This index varies between 0 and 1. Values close to 183 184 0 represent populations near the species thermal minimum; values closer to 1 are populations 185 near the species thermal maximum. We discarded one species (Acrocephalus schoenobaenus), because the thermal gradient represented by the study sites was very narrow (2.2°C between 186 187 the coldest and the hottest sites, representing less than 15% of the species thermal range). For the remaining species, a wider proportion of their thermal ranged was represented (minimum 188 for Sylvia communis = 31%, representing a thermal gradient of 4.2° ; respectively, mean = 189 190 58% \pm 13 SD and 8.5°C \pm 2.3 SD for all species in Table S1). For seven species, surveyed sites fell well within the species thermal range (and edges were not documented), whereas for 191 192 two species (Long-tailed tit Aegithalos caudatus, Common chiffchaff Phylloscopus collybita), 193 some sites corresponded the hot edge of their respective thermal ranges. According to habitat preference, one species is a reedbed specialist (Common reed-warbler Acrocephalus 194 195 scirpaceus), whereas the eight others are shrubland / woodland generalists (Great tit Parus 196 major, Eurasian Blue tit Cyanistes caeruleus, Eurasian blackcap Sylvia atricapilla, Common whitethroat Sylvia communis, Common chiffchaff, Long-tailed tit, Eurasian blackbird Turdus 197 198 merula, and European robin Erithacus rubecula; cf. Table S1, Fig. S2). The final dataset included nine species, all living in relatively similar thermal niches, resulting in a total of 199 200 34 101 juveniles measured (see details per species in Table S1).

201

202 Climatic data

We used daily mean temperature data, obtained from E-Obs (Haylock et al., 2008), and for 203 204 each site we computed: (i) yearly 'spring temperatures' (noted $T_{S,Y}$), i.e. the mean temperature of a given year, at the site, for spring (from 1 April to 31 July, documenting between-year 205 206 fluctuations of local thermal conditions), and (ii) 'local average temperature' (noted T_s), as the mean of $T_{S,Y}$ over the 2000-2014 period (documenting average or 'normal' thermal conditions 207 at the geographical location of the capture site for the 1 April - 31 July period). Because 208 209 species are expected to be adapted to local thermal conditions (c.f., Bergmann's rule; Ashton 210 2002), we analysed the interannual variation in body size in response to temperature variations using annual local temperature anomalies (instead of raw temperatures). Local 211 212 temperature anomalies (noted TA_{st}) were computed for each site as the difference between T_s and $T_{S.Y.}$ Analysing the effects of temperature anomaly and local average temperature 213 214 simultaneously, enables the respective effects of temporal $(T_{S,Y})$ and spatial (T_S) variations in 215 thermal conditions on body size to be disentangled. Temperature anomaly and local average temperature were largely uncorrelated (Pearson's r = 0.007). 216

217

218 Statistical analysis

Using Linear Mixed Models (MCMCglmm; Hadfield, 2010), we assessed the effects of yearly temperature anomalies TA_{st} on the juvenile body size of our study species, and its interaction with the local average temperature T_s (to assess whether the effect of TA_{st} varied along the species thermal range). We used uniform priors, with a burn-in of 20 000 iterations, followed by an additional 100 000 iterations for which posteriors were sampled with an interval of 100.

We first built null models (Model 0 in Table 1) that included only adjustment variables, to verify that the inclusion of temperature variables enhanced the explanatory power. The null model, and all the following models (Table 1) accounted for the following sources of

variation in wing length: (i) differences in mean size between species (fixed, factorial Species 227 effect), (ii) species-specific post-fledgling growth throughout the season, using log-228 transformed Julian date (noted log(Date)) as a fixed, linear effect in interaction with species 229 230 (Dubos et al., 2018), (iii) temperature-driven spatial differences between sites (e.g. Bergmann's rule) using a fixed, linear effect of local average temperature T_s , and (iv) species-231 specific dependence on local average temperature (fixed, factorial Species x T_s interaction). 232 233 This interaction term is justified by the fact that species may intrinsically respond differently to temperature (Ashton 2002), or may respond differently because the thermal ranges of the 234 study species differ (e.g., for some species, French populations are located at the core of the 235 236 thermal range, whereas for other species, French populations are closer to the species hot limit; Jarema et al., 2009). Consistent (v) between-observer, (vi) between-site and (vii) 237 residual between-year variations were accounted for by random terms. Finally, (viii) 238 239 comparative tests across species accounted for phylogenetic relatedness using pairwise phylogenetic distances. We extracted a set of 100 generated phylogenetic trees from Jetz et 240 al., (2014) and integrated these using the 'pedigree' argument of the MCMCglmm function, 241 242 that allows the portion of body size variation due to additive genetic variance to be disentangled from other sources of variance. 243

244 Then we built a set of models to assess the statistical support for our prediction. We first considered the dependence of wing length on temperature anomalies (linear, additive effect of 245 TA_{st}, Model 1). Then we accounted for the possibility that species respond differently (Jiguet 246 et al., 2006) by adding the $TA_{st} \times Species$ interaction term (Model 2). The dependence on 247 248 temperature anomaly could differ along the observed thermal gradient; this was allowed for 249 by adding the $TA_{st} \times T_s$ interaction term to model 1 (Model 3). In addition, this hypothesis was assessed with a model that also accounted for the possibility that species response to TA_{st} 250 251 differed between species (*i. e.* adding the $TA_{st} \times T_s$ interaction to Model 2, resulting in Model

4). Eventually, we allowed for species-specific relationships between temperature anomaly *TA_{st}* and local average temperature T_s , by adding a 3rd-order interaction term between the effects of *TA_{st}*, T_s and species (Model 5). This model allows for a different direction and/or strength of both temperature effects between species. Model 5 results in the following formula:

257 Wing Length_{isot} ~
$$\alpha_i + \beta_{i1}$$
 . log(Date) + β_{i2} . T_s

$$+\beta_{3}TA_{st}+\beta_{i3}TA_{st}+\beta_{4}(TA_{st}\times T_{s})+\beta_{i4}(TA_{st}\times T_{s})$$

$$+ \varepsilon_s + \varepsilon_o + \varepsilon_t + \varepsilon_{isot}$$

where α_i is the average size of species *i* (intercept), β_{i1} is the slope for the effect of logtransformed Date for species *i*, β_{i2} is the species-specific slope for the effect of local average temperature T_s, β_3 is the slope for the additive effect of temperature anomaly TA_{st}, β_{i3} is the species-specific deviation from β_3 (species interaction term), β_4 is the slope for the interaction between the effects of temperature anomaly TA_{st} and local average temperature T_s, β_{i4} is the species-specific deviation from β_4 (species interaction term), ε_{s} , ε_o and ε_t hold respectively for the random terms for site, observer and year effects, and ε_{isot} is the residual variation.

The stepwise examination of predictions relied on the comparison of the six aforementioned models (Table 1), ranked on the basis of the Deviance Information Criterion (DIC, a Bayesian version of Akaike Information Criterion; Spiegelhalter *et al.*, 2002). The model with the lowest value of DIC is considered to represent the best trade-off between parsimony and fit of the model to the data. Each model was fitted using 100 different phylogenetic trees, so that the average of all posteriors accounted for between-species phylogenetic dependence. All statistical analyses were performed under R version 3.3.0 (R Core Team, 2016).

275 **RESULTS**

The body size response to temperature anomaly TA_{st} differed between species. The model allowing for species-specific responses was better supported than the model assuming an additive response, common to all species (Model 2, Table 1). In accordance with our prediction, this response to TA_{st} varied along thermal gradients (Model 4 and 5 received the highest statistical support; Table 1). The effect of temperature anomaly on body size depends on the local average temperature.

On average across species, at an intermediate site (i.e., for a mean local average temperature 282 $T_s = 15.05^{\circ}$ C) the higher the temperature anomaly, the longer the wing length (+0.9 mm per 283 °C anomaly; Model 3 in Table S2). But, the warmer the site (local average temperature, T_s), 284 the lower the effect of temperature anomaly on wing length (for a $+1^{\circ}$ C increase in local 285 286 average temperature, the effect deceases by 0.052 mm per °C anomaly; Model 4 in Table S2). At the hottest sites, the effect of temperature anomaly was even reversed, with a potential 287 288 decrease in wing length in the warmest years (Fig. 2). The nature of this 'temperature 289 anomaly - by - local average temperature' interaction may differ between species, but these 290 differences seem to be of minor importance in our dataset (since Δ DIC is only 2 between models 4 and 5; Tables 1, S2). When plotting estimates for the interactive effects of TA_{st} and 291 292 T_s per species (Fig. 3, S2), the response of body size is largely similar across species. Relying 293 on model 5, the three species showing a significantly positive effect of temperature anomaly at the coolest sites showed a significant interactive effect with local average temperature (i.e., 294 295 Eurasian blackcap, long-tailed tit and great tit; Table S2). At the coolest sites (between 8.37 and 13.9°C depending on the species), body size increased significantly in warmer years for 296 297 these species (respectively, by 0.86, 1.71 and 0.54 mm per °C; Table 2). The temperature anomaly effect decreased when the local average temperature increased: for a $+1^{\circ}$ C increase 298 in local average temperature, the wing length of Eurasian blackcaps decreased by -0.072 mm 299

per °C of anomaly, -0.324 mm per °C for long-tailed tits, and -0.072 mm per °C for great tits 300 301 (Table S2). This effect decreased enough to become negative for two species at the warmest sites (i.e., long-tailed tit: -1.06 mm per °C of anomaly; European blackcap: -0.29 mm per °C 302 303 of anomaly at a site with an average temperature of 18.2°C; Table 2; Fig. S3, S4). For these two species, the 'tipping-point' of local temperature, i.e. at which the sign of the effect of 304 temperature anomaly changes, was located between the core and the hot edge of their 305 306 respective thermal range (respectively for thermal coordinates of 0.77 and 0.70). For the great 307 tit, the effect of temperature anomaly became null towards the hot edge of its thermal range (Table 2). 308

309

310 **DISCUSSION**

As expected in Figure 1, the response of body size to temperature anomaly depended on the position of populations within the species' thermal range. At the coldest sites, juveniles were larger in warmer years, but the size of those born at the warmest sites did not depend on spring temperature anomalies (or even declined in hot springs for some species).

The positive effect of temperature anomalies in cold regions may be related to both direct 315 effects, through changes in thermoregulatory mechanisms, and indirect effects, through 316 317 changes in food availability (Yom-Tov & Geffen, 2011). Warmer years induce a reduction of the cost of body heat maintenance in cool areas, enabling a higher energetic allocation to body 318 growth (Gillooly et al., 2001). An alternative, non-exclusive hypothesis is that warming may 319 also increase net primary production, thus improving invertebrate abundance (Yom-Tov & 320 321 Geffen 2011; Dubos et al., 2018). In the present study, all study species are insectivorous 322 during spring. Higher invertebrate abundance in some years may have enhanced juvenile protein intake, allowing them to reach larger fledgling sizes at the coolest sites (Lindström, 323 1999). 324

The opposite effect, found for two species (long-tailed tits and Eurasian blackcaps) at the 325 warmest sites, is consistent with the application of Bergmann's rule to climate warming 326 (Gardner et al., 2011). The consequences of a local increase in temperature on individual 327 328 fitness have been shown to differ between species of different latitudes in a previous study (Deutsch et al. 2008). At low latitudes, warming has more deleterious consequences on fitness 329 than at higher latitudes. This is due to the fact that, at low latitudes (e.g., tropical), species live 330 331 close to the upper boundary of their thermal tolerance, while high latitude species live farther from that lethal limit (Deutsch et al. 2008; Tewksbury et al. 2008). This process seems to 332 apply at the intraspecific level, within species range. The negative effect of temperature 333 334 anomaly on juvenile body size may be explained by two mechanisms. This may be the result of (1) a plastic response to environmental change on growth rates (Teplitsky & Millien, 335 2014). Hotter years in warm areas would bring growing juveniles into suboptimal thermal 336 337 conditions for juvenile growth (Mertens, 1977; Rodríguez & Barba, 2016), which would result in smaller individuals. Size declines in hotter years could also be the result of (2) size-338 339 dependent mortality: the largest individuals would suffer the most from hyperthermia, and be 340 more likely to die in warm years. However, lethal temperatures are rarely reached in temperate regions (mean number of days > $35^{\circ}C = 0.13 \pm 0.28$ SD days per spring at our 341 342 study sites). Hence, from the present dataset, even at the hottest sites, a higher mortality in larger individuals in hot years would not be expected in France. Most studies attempting to 343 find a selection for smaller size failed, or found the opposite pattern (Gardner et al., 2014; 344 Dunn et al., 2016). The hypothesis of a cold constraint release for juvenile growth in hotter 345 346 years is therefore the most likely in temperate climates. Our results are consistent with Danner and Greenberg (2005), suggesting that in temperate species, morphology is constrained by 347 cold towards the coldest edge of their distribution range – and potentially across most of their 348 temperate distribution range (i.e. not all individuals achieve optimal body size) - whereas at 349

the hottest edge, heat (or drought-driven food shortage) would be the predominating constraint. An additional hypothesis is that very high temperatures could reduce parental foraging efficiency, e.g. due to physiological stress (hyperthermia, water loss) enhanced by reduced invertebrate activity (Geiser *et al.*, 2008; Cunningham *et al.*, 2013). Lower parental feeding frequency could affect offspring growth rate, and result in smaller fledglings (Searcy *et al.*, 2004).

356 The indirect effects of temperature anomaly on ecosystem production - and therefore food availability - at the hottest sites may also differ from the coldest sites. In semi-arid 357 358 environments, net primary production depends on precipitation to a greater extent than 359 temperature (e.g., Gardner et al., 2014; Holmgren et al., 2016). This may apply to the French Mediterranean region, as both climates are similar (see www.worldclimate.com). Hence, it is 360 unlikely that temperature response is driven by changes in net primary production at the 361 warmest study sites, which may explain the decreasing effect of temperature anomaly towards 362 the hottest sites. Another hypothesis is that, because temperature change can impact food web 363 364 structures (e.g., Edeline et al., 2013), a differential effect can be the consequence of differing changes in the biotic environment. The effect of temperature change on body size, through 365 changes in food availability in ecosystems, may therefore depend on the regional climate and 366 367 ecosystems, regardless of the population position within the species thermal range. These antagonistic or synergistic effects of local temperature, precipitation and ecosystem structures 368 on individual body size deserve to be investigated in future research. 369

Body size response to warming may depend on the average climate under which the local population evolved, as found for temporal trends in population size (Jiguet *et al.*, 2010). The consequences of climate warming on populations are often more deleterious at the hot edge of species distribution, while it can be favourable at the cold edge (Parmesan & Yohe, 2003; Hickling *et al.*, 2006; Leroy *et al.*, 2014), with a linear graded response in between (Jiguet *et*

al., 2010). Although the present analysis included a relatively wide range of thermal 375 376 conditions (> 11°C), the number of sites represented in cold and hot regions was limited (Fig. S1). We used species for which the distribution edges are not (or rarely) included in our study 377 378 area (Fig. S2). Despite species response to warming which may be stronger at the edges of their distribution range (Jarema et al., 2009), we still detected a differential response along a 379 fragment of their range. Moreover, while responses to warming are expected to be greater in 380 381 thermal specialists (i.e., species with a narrow thermal range compared to other Palearctic species; Jiguet et al., 2006), our results were obtained from species that are mostly thermal 382 generalists (i.e., with a wide thermal range; Table S1). This suggests that differential effects 383 384 of temperature change on body size may apply to a wide range of species (including thermal generalists), which is consistent with results obtained for population trends (Jiguet et al., 385 386 2010). In spite of geographic and taxonomic limits, the pattern revealed is the one expected 387 theoretically (cf. abundance, phenology patterns), and we provide the first evidence for a structured effect of temperature on body size. Studies performed at large geographic scale, 388 389 aiming at testing the effect of temperature variation on body size – while assuming a uniform 390 effect – may therefore fail to detect an effect of temperature change because it may be blurred by opposing effects between sites. 391

392 The estimated effect sizes for the influence of temperature anomaly on body size are small, ranging from -0.8 to 1.0 % of species' mean wing length per Celsius degree of annual 393 anomaly. Compared to spatial effects of temperature (i.e., local average temperature; cf. 394 Bergmann's rule), these effects sizes were of similar magnitude (-0.23 to 0.16 % per Celsius 395 396 degree; Table S2). In other studies focussing on temporal variation in bird size, the effect of 397 mean temperature of the breeding period was about 1 % of the juvenile wing length in Australia (Gardner et al. 2014), and the effect of summer temperature ranged between -0.63 398 399 and 0.15 % per Celsius degree in eastern North America (Collins et al., 2017). Formerly,

Dubos et al. (2018) have even clarified that, when analysing additive effects of annual 400 401 weather on wing length across sites and species, they could explain 5% of the total variance in juvenile wing length at best, i.e. the additive and specie-specific variation between years. All 402 403 the remaining variance actually corresponds to site-specific annual variations (7%) or siteand species-specific annual variations (88%). Hence, we acknowledge that effect sizes are 404 indeed small, and that this questions the biological relevance of the corresponding size 405 406 changes. This concern about small size effects applies to most existing studies on short-term 407 body size changes, and is a recurrent issue in ecology (Møller & Jennions, 2002). Given the multiple determinants of body size, it even appears obvious that body size cannot drastically 408 409 change between years and generations. Hence, whatever the influence of the environment on juvenile body size, it will always be restricted to a narrow range of change of average size, 410 411 beyond which other compensatory mechanisms start to play (e.g. offspring mortality, early 412 termination of growth). We are not aware of a statistical framework, applicable to existing data, which would allow to objectively qualifying the biological relevance of the observed, 413 414 statistically robust effects of temperature on wing length.

In the present study, we focussed on spring temperatures because this corresponds to the 415 416 period of body growth, as body size has been shown to be mainly driven by the conditions 417 during this period (Yom-Tov Geffen, 2011), and because in songbirds, body growth ends soon after fledging (some weeks). However, high temperatures may drive size-dependent 418 mortality in juveniles, as they are more exposed to hypo- or hypertheremia than their parents 419 420 (Mertens, 1977). In addition, size-dependent mortality can also affect adults (Gardner et al., 421 2014), and mortality can occur at later stages of individuals' life (i.e., carry-over effects; van 422 de Pol & Cockburn, 2011). Getting the full picture of body size responses to temperature will require to investigate its effects during other parts of the year (e.g., winter, when bird 423 424 mortality is the highest in temperate climates; Van Balen, 1980), at different time-scales

425 (Kruuk *et al.*, 2015), and include assessments of size-dependent mortality (e.g., using mark426 recapture approaches).

427 To conclude, the differential effect of climate warming along species range already found in 428 species distributions (Hickling et al., 2006), phenological shifts (Both & te Marvelde, 2007) and population trends (Jiguet et al., 2010) also applies to body size. We predict that climate 429 430 warming would induce body size increases (up to optimal body size) more frequently at the 431 cold edge of species distribution ranges, and body size declines would be more likely at the hot edge. In France, the impact of warming on avian population dynamics may impact body 432 433 size negatively at the warmest sites, corresponding to the Mediterranean region, where species 434 (including our study species) live closer to the upper boundary of their thermal tolerance (Jiguet et al., 2010). As individual fitness is often size-dependant, with the largest surviving 435 and/or reproducing better (Lindström 1999; Ronget et al., 2017), it is to be feared that size 436 437 decline may impact populations negatively. To assess the robustness and generality of our conclusions, future studies should investigate the synergistic effects of local temperature 438 439 anomalies (weather fluctuations) and local average temperatures (climate) on body size across a larger number of species (including a broader spectrum of life-history traits, and particularly 440 more thermal specialists), and across a broader climatic range, to include the entire thermal 441 442 ranges of the species studied. Another challenge for future studies on the link between body size and temperature fluctuations will be to sort out the proximate mechanisms at play (e.g. 443 ontogeny versus mortality, and thermal versus trophic pressure). 444

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596 DATA ACCESSIBILITY: The dataset used in this analysis is available as an R object in
 597 supporting information.

Table 1 Set of models used to assess the relationship between juvenile wing length, local temperature anomaly, local average temperature and species identity. The lowest Deviance Information Criterion (DIC) indicates the 'best' model (in bold), and Δ DIC is the DIC difference with the best model. TA_{st} holds for the local temperature anomalies for a site *s* in year *t*, during the breeding season. T_s is the average temperature for a site *s* across the 2000-2014 breeding seasons. All models included the same adjustment variables (see text). Based on DIC, Models 4 and 5 received similar statistical support.

Model	Model description	DIC	ΔDIC
M0	Species + T_s + Species × T_s	150879	28
	+ other adjustment var. (see text)		
M1	$M0 + TA_{st}$	150878	27
M2	$M1 + TA_{st} \times Species$	150860	9
M3	$M1 + TA_{st} \times T_s$	150869	18
M4	$M2 + TA_{st} \times T_s$	150851	2
M5	$M4 + TA_{st} \times T_s \times Species$	150849	0

605

607	Table 2 Estimates of Temperature anomaly (TA_{st}) at the observed coldest (T_smin) and hottest
608	$(T_s max)$ species-specific study sites, and the local average temperature (T_s) where the
609	temperature anomaly effect is predicted to reverse (i.e., is null). Numbers in parentheses
610	indicate the corresponding thermal coordinate (a value of 0 represents the coldest sites where
611	the species can be present, and 1 represents the hottest sites; Table S1). Predicted values were
612	obtained from MCMCglmm posterior estimates (Model 5 in Table 1) and accounted for
613	phylogenetic relatedness (species are sorted accordingly).

	T min	TA _{st} effec	ct at T_s min	T mor	TA _{st} effec	T _s (°C) at	
	$(^{\circ}\mathbf{C})$	Slope	% of wing	$- \Gamma_s \prod_{\alpha \in \mathcal{O}} (^{\circ}C)$	Slope	% of wing	null
Species	(\mathbf{C})	$(mm.^{\circ}C^{-1})$	length	(\mathbf{C})	$(mm.^{\circ}C^{-1})$	length	TA effect
Parus major	13.2	0.54	1.0	19.6	-0.02	-0.3	20.9 (1.00)
Parus caeruleus	11.0	-0.25	-0.8	19.6	0.22	0.2	-
Acrocephalus scirpaceus	8.4	-0.13	-0.7	18.8	0.39	0.1	-
Sylvia atricapilla	8.5	0.86	0.5	18.2	-0.29	-0.3	15.1 (0.70)
Sylvia communis	12.0	0.28	0.7	19.6	-0.15	-0.3	15.1 (0.79)
Phylloscopus collybita	11.4	0.12	0.8	18.2	0.12	0.2	-
Aegithalos caudatus	8.4	1.71	0.9	18.2	-1.06	-0.1	16.4 (0.77)
Turdus merula	13.9	0.68	0.3	18.2	-0.39	-0.4	12.3 (0.60)
Erithacus rubecula	8.4	0.16	0.6	18.0	0.13	0.2	-



Fig. 1 Theoretical framework for a differential effect of climate warming on body size depending on local climate (here, spring average temperatures). At hot sites (red, dark orange, including the Mediterranean region), positive temperature anomalies are predicted to induce body size reduction, whereas at cool sites (blue-green, including mountain regions), body size enlargement is expected. The map shows the distribution of the 204 study sites in France.



Fig. 2 Residual response of average juvenile wing length to temperature anomaly along a gradient in average local temperature, for nine breeding songbird species from France. Predicted values were obtained from MCMCglmm (Model 3, see text and Table 1). Local average temperature is the mean spring temperature of a given site for the period 2000-2014. Wing length was centred on the mean value per species. Species-specific predicted values are shown in supporting information (Fig. S3).





Fig. 3 Species-specific response of juvenile wing length to spring temperature anomaly, separated into three quantiles of local average temperature, for nine breeding songbirds species from France. Predicted values were obtained from MCMCglmm (Model 5, Table 1). Wing length was centred on species means. Local average temperature is the mean spring temperature of a given site for the period 2000-2014. Coldest quartile: average response at the 25%, coldest sites (n = 9); Median quartiles: average response at the 25-75% intermediate sites (n = 180); Hottest quartile: average response at the 75% hottest sites (n = 15).