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Clément Gay, Emmanuel Letavernier, Marie-Christine Verpont, Michael Walls, Dominique Bazin, et al.. Nanoscale Analysis of Randall's Plaques by Electron Energy Loss Spectromicroscopy: Insight in Early Biomineral Formation in Human Kidney. ACS Nano, 2020, 14 (2), pp.1823-1836. 10.1021/acsnano.9b07664 . hal-02432794

**HAL Id: hal-02432794**

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# Nanoscale Analysis of Randall's Plaques by Electron Energy Loss Spectromicroscopy: Insight in Early Biomineral Formation in Human Kidney

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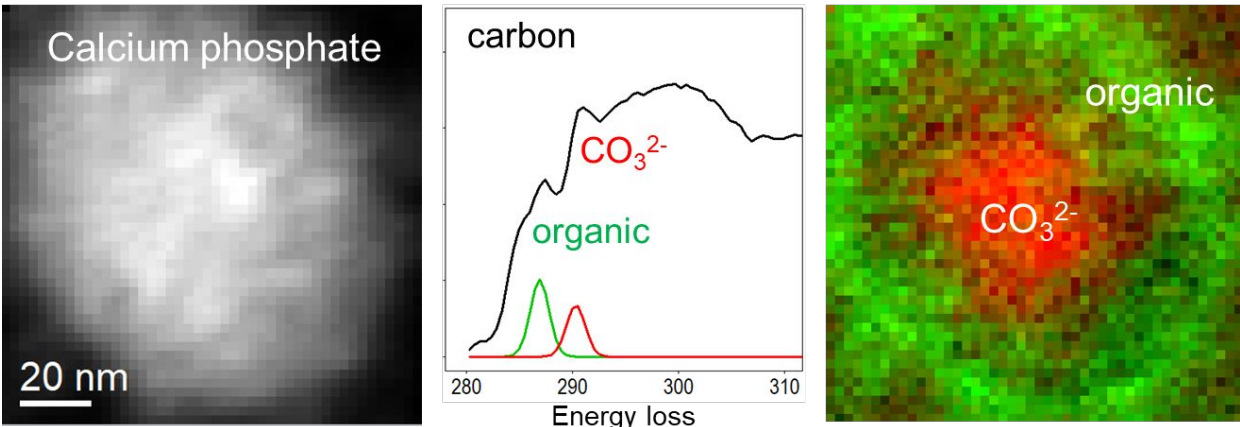
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## ABSTRACT

Idiopathic kidney stones originate mainly from calcium phosphate deposits at the tip of renal papillae, known as Randall's plaques (RPs), also detected in most human kidneys without stones. However, little is known about the mechanisms involved in RP formation. The localization and characterization of such nano-sized objects in the kidney remains a real challenge making their study arduous. This study provides a nanoscale analysis of the chemical composition and morphology of incipient RPs, characterizing in particular the interface between the mineral and the surrounding organic compounds. Relying on data gathered from a calculi collection, the morphology and chemical composition of incipient calcifications in renal tissue was determined using spatially resolved electron energy-loss spectroscopy (EELS). We detected micro-calcifications and individual nano-calcifications found at some distance from the larger ones. Strikingly, concerning the smaller ones, we show that two types of nano-calcifications coexist: calcified organic vesicles and nanometric mineral granules mainly composed of calcium phosphate with carbonate in their core. Interestingly, some of these nano-calcifications present similarities with those reported in physiological bone or pathological cardiovascular biominerals, suggesting possible common formation mechanisms. However the high diversity of these nano-calcifications suggests that several mechanisms may be involved (nucleation on a carbonate core or on organic compounds). In addition, incipient RPs also appear to present specific features at larger scales revealing secondary calcified structures embedded in a fibrillar organic material. Our study proves that analogies exist between physiological and pathological biominerals and provides information to understand the physico-chemical processes involved in pathological calcification formation.



**KEYWORDS :** Randall’s plaques, calcium phosphate nanoparticles, calcium carbonate nanoparticles, kidney, biomineralization, electron energy-loss spectroscopy.

Physiological biominerals such as found in bone and teeth of vertebrates or shells and crustacean carapaces of invertebrates, are organized in a hierarchical structure at different scales.<sup>1</sup> The organization of the crystal results from a tight control of the mineral deposition *via* an interaction with an organic matrix. In many cases, pathological calcifications associated with several major diseases such as cancer and cardiovascular abnormalities also appear to be organized at the microscale.<sup>2,3</sup> Of particular relevance is the understanding of how the interface between the mineral and the organic compounds regulates the initiation of the calcification (nucleation) and the crystal growth at different scales. Different compounds are released from the organism preventing the growth or inhibiting the deposition of the mineral at this interface. In the context of pathological process, the nucleation and growth of the mineral result from an imbalance of these regulation mechanisms.

In kidney, the spatial organization of the mineral phase is frequently linked to the pathology at the origin of their formation.<sup>4,5</sup> Kidney stones show a great chemical diversity<sup>6,7</sup> but the most common composition corresponds to calcium oxalate monohydrate, found in patients without any systemic disorder (so-called idiopathic stones). In many cases,<sup>8–10</sup> these stones originate from mineral deposits at the tip of renal papillae known as Randall's plaques (RPs).<sup>11–13</sup> Interestingly, they are not only detected as an anchored site for stone formation in renal-stone-forming patients but also in incipient forms in more than two thirds of people without kidney stone.<sup>14</sup>

The molecular mechanisms involved in the pathogenesis of RPs are still not known and many questions still remain on the formation of such pathological calcifications. Most of the RPs structural investigations have been performed at the macroscopic and microscopic scale on plaques extracted from kidney stones and characterized by classical FTIR spectroscopy. RPs are mainly composed of nanocrystalline carbonated hydroxyapatite and amorphous carbonated calcium phosphate but other chemical compounds, such as whitlockite, brushite or monosodium

urate were also detected.<sup>9</sup> Moreover, FTIR data show clearly that, in large RPs, apatite presents variable levels of carbonation.<sup>15</sup> These observations support the idea that several mechanisms may be involved in the pathogenesis of RPs.

Compared to physiological biominerals, the investigation of the mechanisms involved in the formation of pathological calcifications is particularly challenging because of the limitations imposed by working on human specimens. In our work, the strategy was to characterize early calcifications in human kidney by a nanoscale analytical approach (electron energy-loss spectroscopy) providing data for a direct comparison with other systems more widely studied and better understood (*e.g.* bone). Spatially-resolved EELS performed in a STEM (scanning transmission electron microscope) provides high spatial resolution elemental maps and allows a spectral identification of specific functional groups. Recent studies have proved that EELS can be successfully used for the investigation of biominerals by providing highly relevant information concerning their formation mechanisms.<sup>16–20</sup>

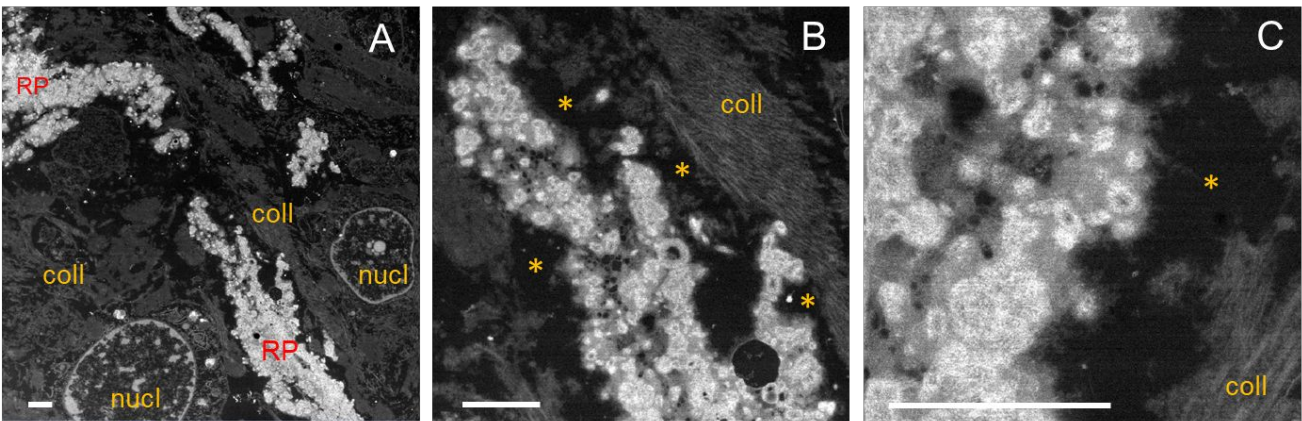
Here, incipient RPs from human kidneys were analyzed using Transmission Electron Microscope (TEM) and STEM imaging combined with spatially-resolved EELS to improve our understanding of the events that precede the pathogenic evolution of RPs. For this purpose, a library of EELS fingerprints for RP investigations was built relying on data gathered from a calculi collection.<sup>5</sup> The fact that RPs constitutive elements are nano-sized objects at some unknown positions in the kidney makes their localization and characterization arduous, restricting advances to understand plaque formation. Because STEM-EELS offers the advantage of an outstanding spatial resolution in both imaging and chemical analysis, incipient RPs in the renal tissue were successfully localized and analyzed, *i.e.* morphology and chemical composition with a nanometer resolution. A high diversity of calcified objects was found in the kidney tissue suggesting that RPs formation may be initiated by several mechanisms. Interestingly, some of these calcifications present similarities to the structures reported in

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3 physiological bone<sup>17,21</sup> or pathological biominerals.<sup>3,22,23</sup> Our study provides information for  
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5 understanding the physico-chemical processes involved in the formation of pathological  
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7 calcifications.  
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# RESULTS AND DISCUSSION

## Localization of incipient calcifications in the kidney tissue

Two samples (from two different patients) were selected among a set of papillae with incipient RPs investigated in a previous study.<sup>14</sup> Papillae were collected from human kidneys removed because of cancer. The samples were taken at some distance from the tumor. They were considered as “healthy” concerning the lithiasic pathology because they were free of stones. The electron microscopy observations (conventional TEM and STEM) of the two specimens reveal, as illustrated in Figures 1 and 2, the presence of two kinds of calcifications: micro-calcifications and individual nano-calcifications found at some distance from the larger ones. A schematic representation of the different classes of detected calcifications is given in Figure 3.



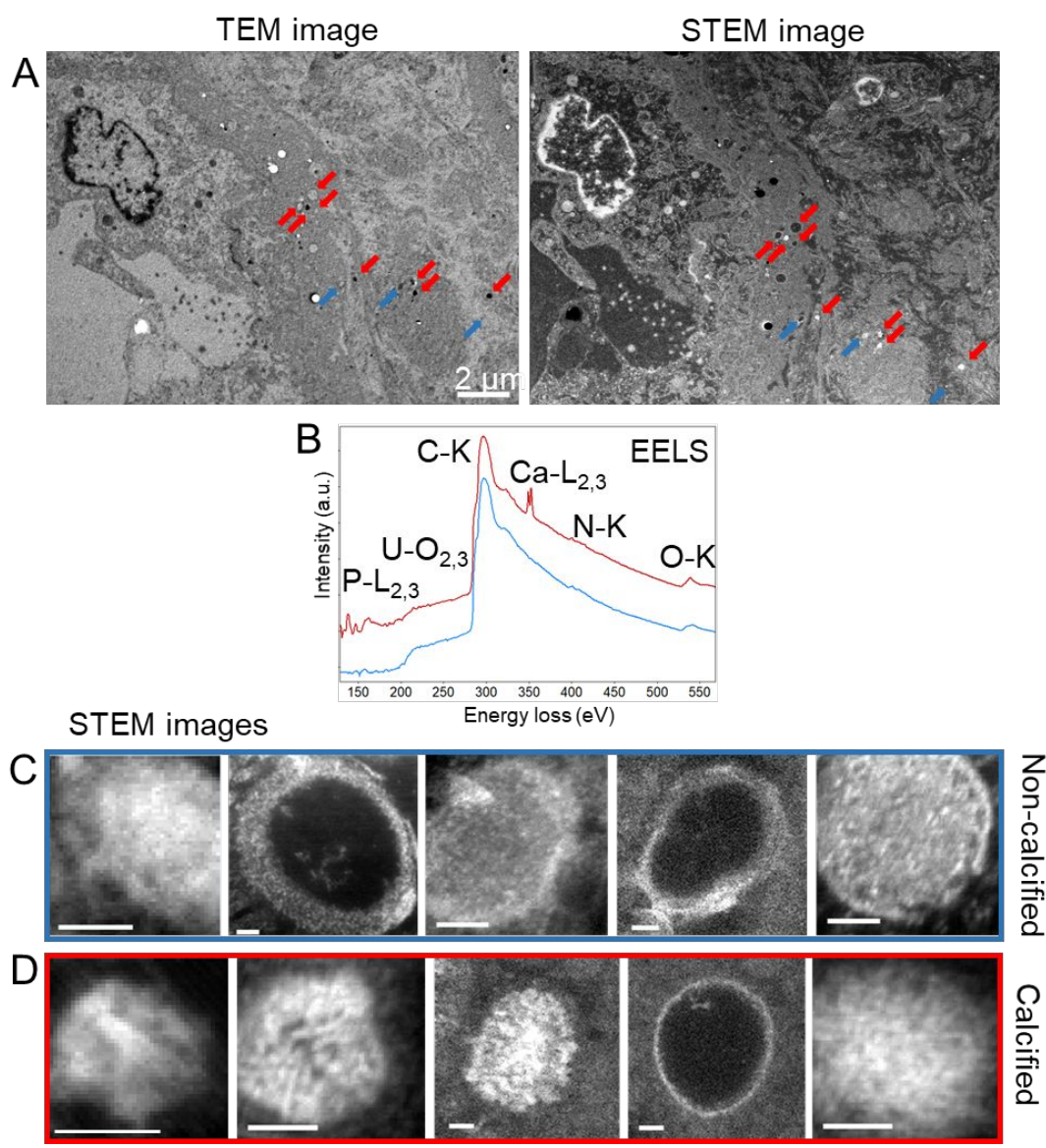
**Figure 1:** STEM-HAADF images of micro-calcifications. (A) The RPs presented here were located in the interstitium near the urothelium. Cell nucleus (indicated by “nucl”) are visible in the image. Plaques are located in regions rich in collagen (indicated by “coll”) but a gap is frequently observed between the mineral and the collagen fibrils (darkest areas indicated by \* in B). A higher magnification (C) shows that RPs are mainly formed by electron-dense objects with rounded shapes connected together by a lower contrast fibrillary network (scale bar = 1  $\mu$ m).



Micro-calcifications are easily identified as large electron-dense objects in TEM-BF (bright field) and STEM-HAADF (high angle annular dark field) (Figure 1). STEM-HAADF mode gives a contrast corresponding to differences in atomic number and /or local thickness, higher atomic number or thickness appearing brighter. As already described,<sup>14</sup> micro-calcifications were frequently located in collagen-rich regions (indicated by “coll” in Figures 1A-C). Collagen is dense and aligns locally (Figure 1B). At higher magnification, a gap is observed between the fibrillar collagen network and the plaques (\* in Figure 1B-C). Although artefacts from TEM ultrathin-section preparation cannot be excluded, the fact that this is observed all over the sample tends to show that collagen does not interact intimately with the calcified domains. Figure 1C reveals that micro-calcifications are mainly composed of rounded electron-dense objects interconnected by a disordered fibrillar network. Noticeably, the characteristic co-alignment of bone is not observed.

To get a chance of analyzing the first steps of kidney calcification, further investigations have been performed near the loop of Henle and the *vasa recta*, where some calcifications of nanometer sizes were detected in a previous study.<sup>14</sup> Prior to EELS analysis, specimens were first screened by TEM to establish a map of the grid. More than 200 potential calcifications with granular and vesicle-like shapes were selected in the kidney tissue.

The elemental composition of the selected objects was analyzed by EEL spectroscopy. Typical EEL spectra (Figure 2B) display the characteristic edges of phosphorus (P-L<sub>23</sub>), uranium (U-O<sub>23</sub>), carbon (C-K), calcium (Ca-L<sub>23</sub>), nitrogen (N-K) and oxygen (O-K), respectively at 138, 193, 285, 349, 400 and 531 eV (hydrogen is not detectable by EELS). The appearance of these contributions superposed over the continuously decreasing background is a clear signature of the presence of the element in the specimen foil under the impact of the electron microscope primary beam, of typical size 1 nm.



**Figure 2:** (A) TEM-BF and STEM-HAADF images of a papillae region close to the Henle loop containing potential calcifications (indicated by arrows) appearing as electron-dense objects located in the interstitium. (B) The presence or absence of calcium in the different objects (red curve) allows to distinguish between calcifications (red arrows in A, STEM-HAADF images in D) from non-calcified objects (blue arrows in A, STEM-HAADF images in C) (Scale bar in C) and D) = 50 nm).

Among the 200 selected objects, about 25% are found to contain calcium (red curve in Figure 2B). The remaining fraction is formed from undetermined biomolecules (proteins, nucleic acids, lipids) as revealed by the presence of nitrogen, able to fix the staining contrast (blue curve). In Figures 2C and D, the differences in composition emphasize that these nano-calcifications cannot be identified on purely morphological criteria, from electron-dense

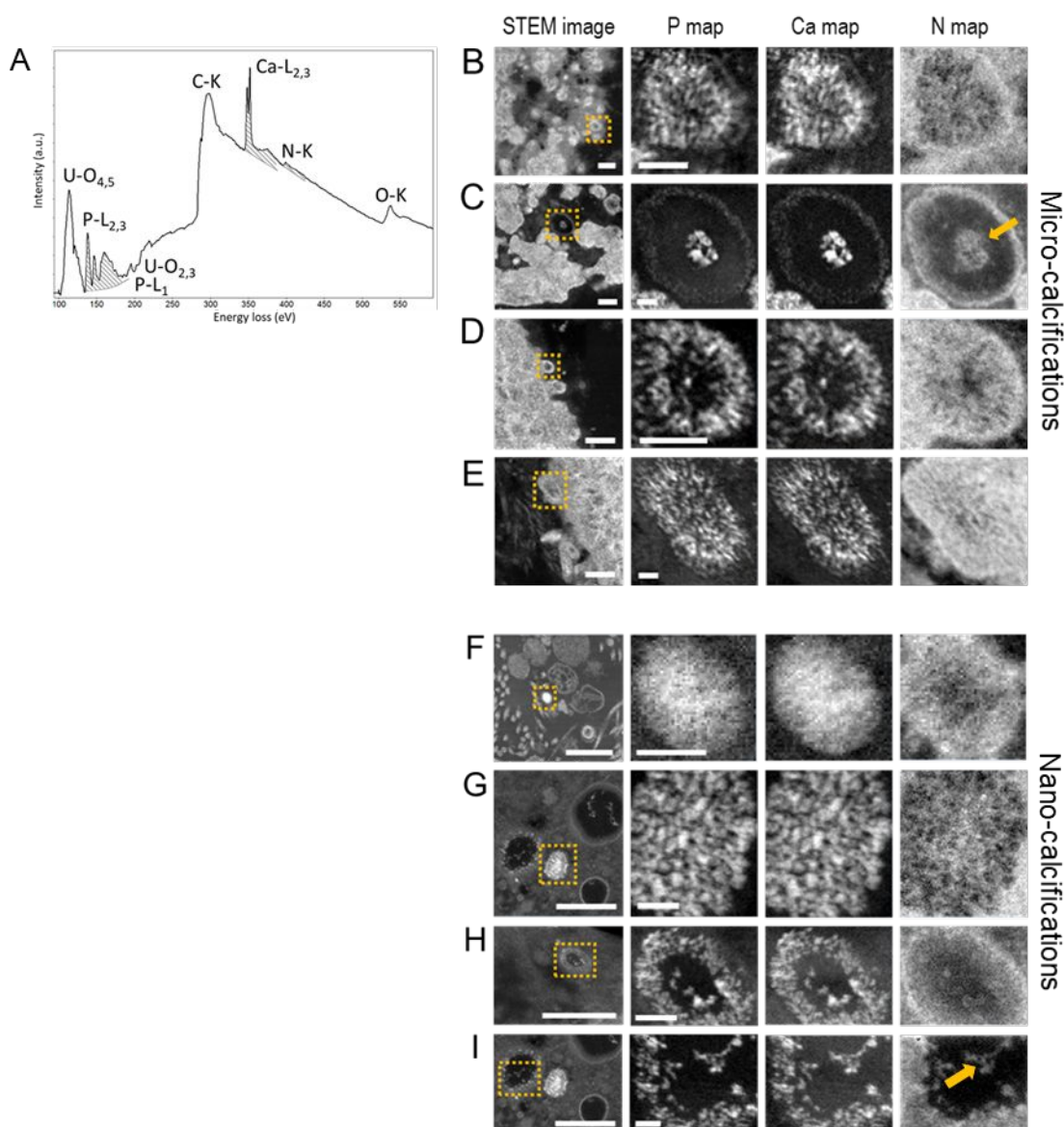
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3 structures fixing contrast agent. Of note, most of the extracellular rounded, electron-dense,  
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5 nanometric structures are not calcifications (Figure 2A, blue arrows compared to red ones).  
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7 Hence, this result highlights the limitations of the methodology based on TEM images for  
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9 identifying calcifications and defining their organic/mineral interface.<sup>24,25</sup> It is essential to carry  
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11 out elemental analysis at the nanometer scale.  
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## 18 **Morphology of the incipient calcifications and their elemental distributions**

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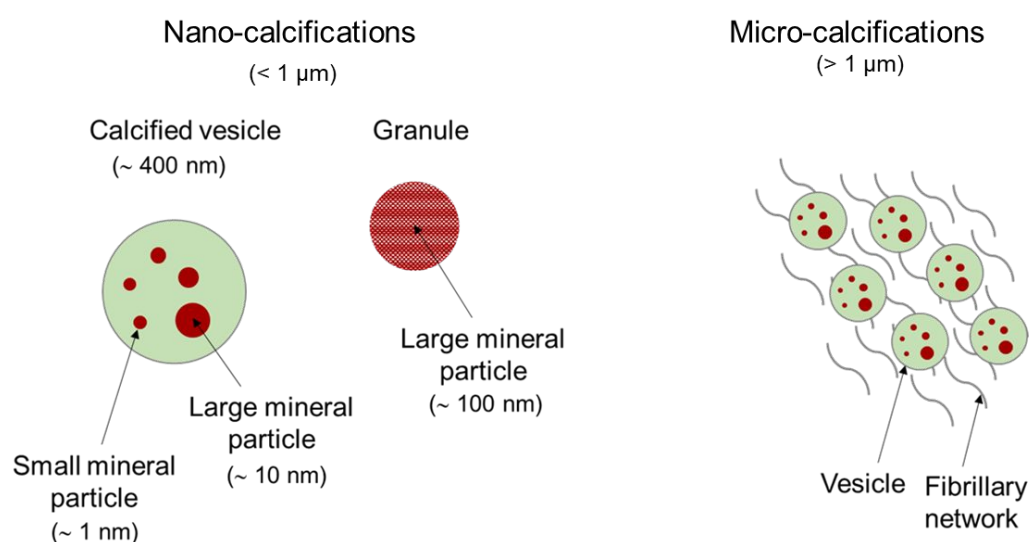
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21 In our experiments, the whole EELS data set was acquired in the spectrum-imaging  
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23 mode: the focused electron beam of the STEM was scanned over the area of interest and an  
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25 EEL spectrum was recorded for each position simultaneously with the HAADF image.  
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27 Therefore elemental maps corresponding to the distribution of phosphorus, calcium and  
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29 nitrogen are then obtained from the EEL spectrum by integrating the intensity of the respective  
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31 edges after background subtraction in front of every edge according to the standard EELS  
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33 methodology. The 1 nm probe diameter sets the spatial resolution of the maps.  
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39 Micro-calcifications are made of calcium phosphate particles associated with organic  
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41 material (Figure 3B-E). The spatial variation of the composition may explain the contrast in the  
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43 HAADF images as mentioned above. For the nano-calcifications, the elemental maps show  
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45 that, in most cases (~ 90 %), phosphorus is associated with calcium (Figure 3F-I) but a minority  
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47 of calcifications is composed of pure calcium carbonate (Figure 7D).  
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**Figure 3:** (A) Typical EEL spectrum acquired on a calcification made of calcium phosphate (Ca and P  $L_{2,3}$  edges are visible). Carbon and nitrogen (K-edges) associated with the presence of organic material and resin are also detected. EELS maps are obtained from the intensity sum of the corresponding edge after background subtraction (the dashed area is a schematic representation of background modelling). Maps showing the distribution of P, Ca and N for the different calcified objects in the areas delimited by yellow squares in the respective STEM images: for micro- (B-E) and nano-calcifications (F-I). Mineral particles are detected by the signal of calcium and phosphate (P and Ca maps) and are associated with organic compounds as revealed by the presence of nitrogen (N map) (yellow arrows in C and I). They are assembled together to form objects with very diverse morphologies and sizes (see main text for details). Scale bar = to 500 nm for STEM-HAADF images and 50 nm for EELS maps.

Considering all the calcified objects (nano- and micro-calcifications represented schematically in Figure 4), the mineral is found in particles with sizes that can be classified into two main groups: small particles (few nm approximately) and large particles (from few tens to 250 nm with an average of ~100 nm). Small mineral particles (small MPs) assemble forming objects with different morphology and size. Large mineral particles (large MPs) present a fairly homogeneous distribution of calcium (Figure 3F) and are mostly found at distance from micro-calcifications. Some hybrid structures are found to contain both small and large MPs (about 50 nm) (Figure 3C). The presence of isolated small MPs cannot be excluded but they would be difficult to locate with our methods.



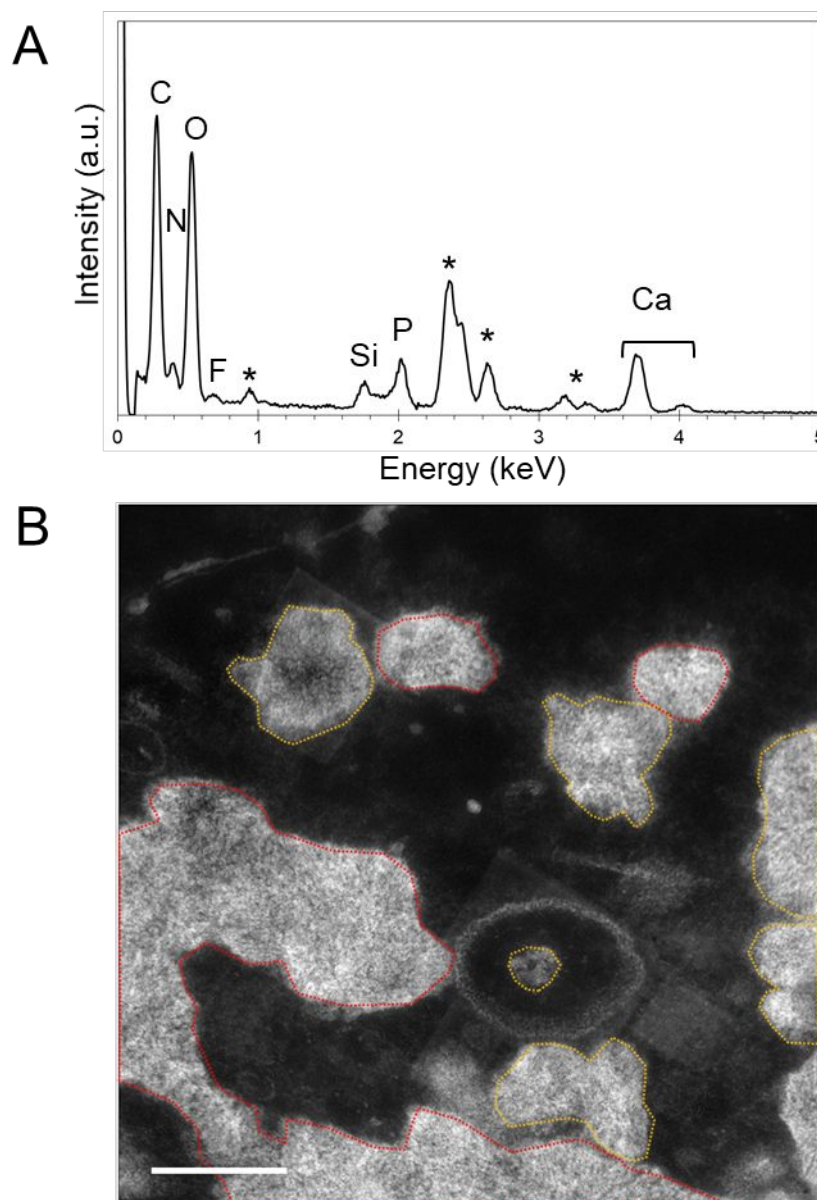
**Figure 4:** Schematic representations of the different classes of calcified objects found in kidney. Red circles represent the mineral particles and green ones the organic components. Nano-calcifications correspond to sub-micrometric objects made of a single mineral particle or of a vesicle enclosing several mineral particles (MP). MPs are classified into two main groups: with sizes under 10 nm, designated as “small” and particles of a few tens to about 250nm, designated as “large”. Micro-calcifications are large calcified objects (several micrometers) mainly composed of calcified vesicles interconnected by a disordered fibrillar network represented by gray wavy lines.

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3 Nitrogen and calcium maps give the distribution of the organic and mineral compounds and  
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5 allow one to characterize the detailed relationship between organic and mineral phases, *i.e.* the  
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7 organic/mineral interface. In most cases, the assemblies containing small MPs are surrounded  
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9 by an organic envelope (Figure 3B, C, D, E, H and I). In these vesicle-like structures, MPs are  
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11 visible in close contact with the membrane inner surface or in the vesicle center (Figure 3C, H  
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13 and I). For the particles located in the center of the vesicles, organic compounds are detected  
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15 on the nitrogen maps associated with the mineral (arrows in Figure 3C and I). An apparent  
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17 diameter from 100 to 700 nm (400 nm on average) is measured for vesicles but this value may  
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19 be an underestimation if the resin section doesn't cross the center of the sphere. In few cases,  
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21 small MPs are also detected embedded in an organic matrix to form assemblies with no visible  
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23 membrane around them (Figure 3G). This can be observed when the calcified vesicle is cut  
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25 close to its surface.  
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32 To further elucidate the chemical composition of the calcifications, we performed energy  
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34 dispersive X-ray (EDX) analysis. A typical spectrum is presented in Figure 5. As expected,  
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36 phosphorus and calcium were detected as the major elements composing the micro- and nano-  
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38 calcifications. The spectra show peaks (labeled by \* in Figure 5A) associated with the copper  
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40 from the TEM grid and the staining elements (osmium, lead and uranium). Small amounts of  
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42 silicon and fluorine were found. Other elements reported in previous biomineral studies (Mg,  
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44 Na, K, Fe)<sup>19</sup> were not detected in our analysis. The Ca/P ratio (atomic %) is within the range  
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46 (1.30 -1.50) (estimated error of 0.15) for microcalcifications whereas it is lower for  
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48 nanocalcifications between 0.9 and 1.4 (estimated error of 0.2). Figure 5B corresponds to a  
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50 region where a microcalcification, calcified vesicles containing small MPs and large MPs are  
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52 present. The areas delimited by a yellow (or red) line have a Ca/P ratio below (or above) 1.3.  
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54 In the literature, values between 1.2 and 2.2 are reported for ACP and between 1.5 and 1.67 for  
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56 calcium-deficient HA.<sup>26,27</sup> In our present study, the low Ca/P ratio may indicate the presence of  
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such phases. However, the fact that the sample contains a significant amount of organic material and that a mixture of mineral phases cannot be discarded, the identification of the phases can only be proposed. Note that the low values observed for the calcified vesicles are likely to be associated to the presence of organic phosphates.



**Figure 5:** (A) Typical EDX spectrum acquired from the area presented in HAADF image (B). Carbon (C), nitrogen (N), oxygen (O), phosphorus (P) and calcium (Ca) are clearly detected in all areas together with small traces of silicon (Si) and fluorine (F). The peaks labeled by (\*) are associated with the copper from the grid and the elements used to stain the specimen (osmium, lead and uranium). The Ca/P ratio varies from 0.9 to 1.5. Areas are delimited by a yellow dotted line for a value below 1.3 and by a red one above 1.3. Scale bar = 300 nm.

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3 In order to further analyze the mineral composition of the calcifications, the fine structure  
4 of the elemental edges was compared with a library of EELS signatures obtained from kidney  
5 stones, pure minerals and organic references.  
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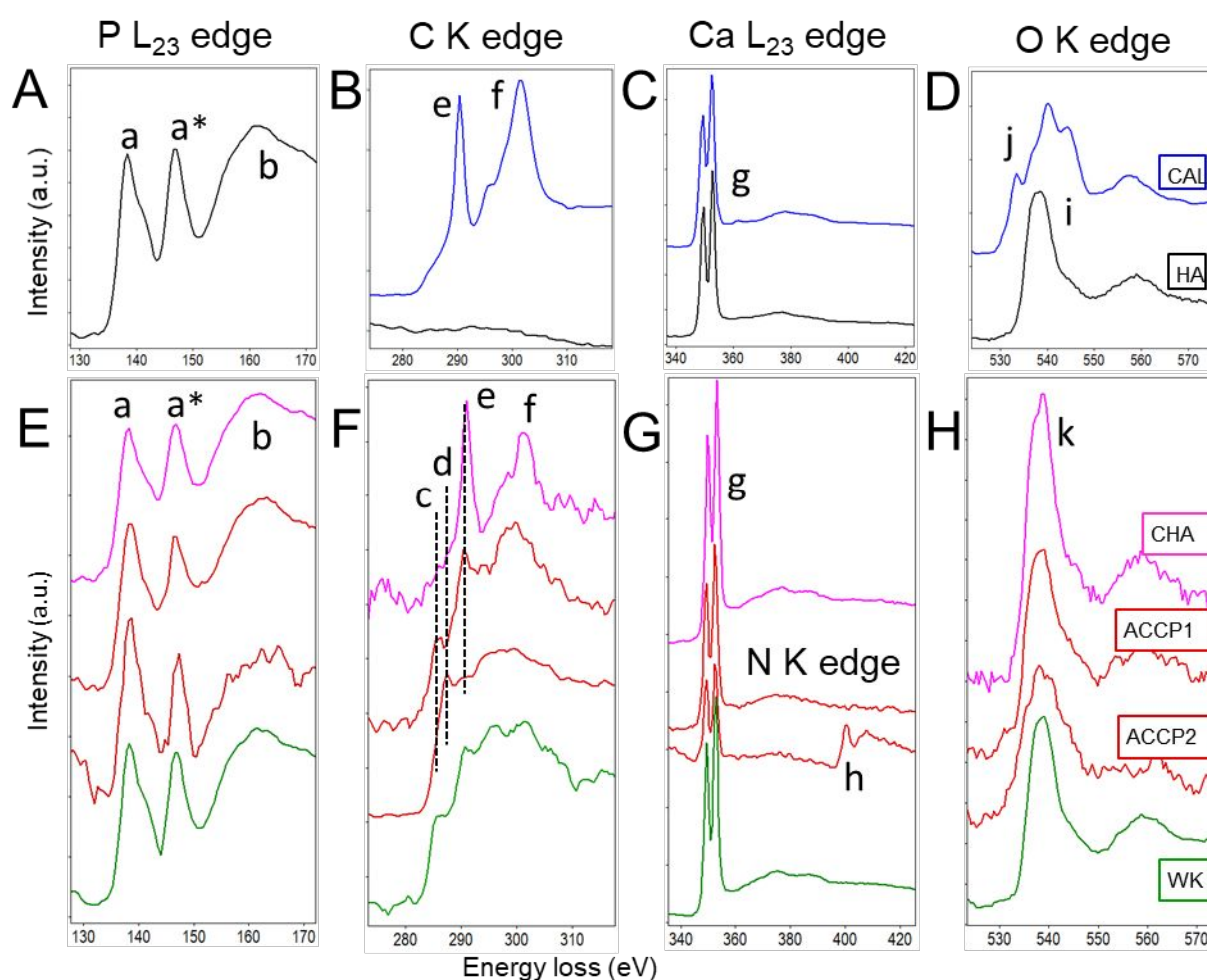
## 10 11 12 13 14 **Building a library of EELS fingerprints for refined chemical analysis** 15 16

17 In order to gain more information about the chemistry of the nanocalcifications, we  
18 selected for comparison three macroscopic kidney stones representative of the main  
19 compositions previously reported for incipient RPs<sup>14</sup> among the abundant calculi collection  
20 (more than 85,000) from Tenon hospital.<sup>5</sup> These stones were mainly composed of carbonated  
21 hydroxyapatite (CHA), amorphous carbonated calcium phosphate (ACCP) and whitlockite  
22 (WK) as shown by FTIR spectroscopy (Figure S1). In addition to the composition of kidney  
23 stones, FTIR spectroscopy was useful to estimate their content in minerals and organic  
24 compounds (proteins for instance) as described in previous studies.<sup>5</sup> For the samples used in  
25 the present study, 20 wt% proteins was found in WK, 2 wt% in CHA and 10 wt% of proteins  
26 in ACCP.  
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41 The different kidney stones were then analyzed by EELS. Beam-induced damage was  
42 assessed by recording spectra for doses from  $2 \times 10^5$  to  $6 \times 10^7$  e<sup>-</sup>/nm<sup>2</sup>. The dose was chosen  
43 between  $5 \times 10^6$  and  $10^7$  e<sup>-</sup>/nm<sup>2</sup> for the acquisitions in order to achieve a good signal-to-noise  
44 ratio allowing an optimized identification for both minerals and organic compounds (Figure S2  
45 and S3). At such doses, the organic compounds are clearly discriminated from the embedding  
46 resin. The stone edge signatures (Figure 6E-H) were compared with the fingerprints of pure  
47 mineral references (synthetic hydroxyapatite, HA, and calcite, CAL, Figure 6A-D) and of  
48 organic compounds (Figure S4).  
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EELS data were acquired in the spectrum-imaging mode but the spectra presented in Figure 6 come from a point analysis at a fixed localization on the sample determined by the position of the microscope electron beam. In contrast to the FTIR data that correspond to average compositions at the macroscopic scale, the EEL spectra are very sensitive to the probe position, revealing the specimen heterogeneity: for instance, proteins are visible in some areas and absent from others. The data reported here correspond to some common features observed for each sample but do not reflect the average content of the stones.



**Figure 6:** EEL spectra associated with the phosphorus, carbon, calcium, nitrogen and oxygen edges acquired on hydroxyapatite (HA), calcite (CAL) and on kidney stones composed of CHA, ACCP and WK. Spectra are presented in: (A-D) for HA and CAL by the black and blue curves respectively; (E-H) for CHA, ACCP and WK by the purple, red and green curves respectively. These spectra have been acquired for a fixed localization on the samples determined by the position of the microscope electron beam. The assignment of the EELS features for mineral and organic compounds is given in Table S1.

Our data are compatible with previous studies based on X-ray absorption experiments on the same type of compounds<sup>26</sup> that provide information with a better spectral resolution than EELS. The energy scale of EEL spectra is calibrated according to XANES analysis from<sup>26</sup> using the peak maximum positions of the phosphorus and calcium L<sub>23</sub> edges, respectively at 138 eV and 349 eV. These features are chosen due to their negligible variation in position for the different calcium phosphate compounds as demonstrated in previous studies.<sup>28</sup> For pure calcium carbonate, the carbonate peak of the carbon K edge at 290 eV is alternatively used for the calibration together with the calcium peaks. Peak assignments (annotated *a* to *k* in Figure 6) and energy loss characteristic of the different compounds are summarized in Table S1.

For the reference CAL, the main characteristic features are two peaks for the carbon K edge at 290 and 301 eV assigned to the carbonate group (labeled *e, f* in Figure 6B) and a set of four peaks for the oxygen K edge (labeled *j* in Figure 6D).<sup>29,30</sup> HA's principal features are three peaks for the phosphorus L<sub>23</sub> edge (labeled *a, a\** and *b* in Figure 6A), a double peak for the calcium L<sub>23</sub> edge (labeled *g* in Figure 6C) and the oxygen K edge exhibits only a double peak unresolved at our energy resolution (labeled *i* in Figure 6D).<sup>31,32</sup>

In calcium phosphate compounds identified by FTIR in the kidney stones, the exact peak pattern (number, position and intensity of small peaks) of the P- and Ca-L<sub>23</sub> edges is specific to each compound<sup>33,34</sup> because it is determined by the crystal field resulting from the atomic arrangement.<sup>35</sup> But the limited energy resolution in our measurements (about 1 eV) does not give access to such detailed information as evidenced by the similarity of the phosphorus and calcium edges for CHA, WK and ACCP (Figure 6E and G) to those for pure HA (Figure 6A and C) and the similar appearance of Ca edge for HA and calcite. Although the features are

not sensitive to the crystallinity, calcium phosphate (CaP) and calcium carbonate are easily distinguishable.

The nitrogen signal (denoted *h* in Figure 6G) together with the peak at ~ 287 eV in the carbon K edge (peak *d* in Figure 6F) are features compatible with the presence of the proteins detected by FTIR (20 wt % in WK, 2 wt % in CHA and 10 wt % in ACCP). At some positions, peaks are also detected at ~285 eV and at ~290 eV (respectively peaks *c* and *e* in Figure 6F) indicating the presence of amorphous carbon and carbonate respectively. The peak at 285 eV may be related, at least partially, to radiation-induced damage on organic compounds as already reported<sup>36</sup> (details in SI).

The oxygen K edge (peak *k* in Figure 6H) results from the contributions of mineral (phosphate and carbonate) (Figure 6D) and organic compounds (Figure S4C). As previously reported,<sup>16</sup> the presence of hydroxyl group cannot be detected on oxygen edge in EELS analysis. The oxygen edge is similar for WK, HA, and CHA when only a small amount of carbonate is present. For ACCP, its shape varies with the position on the stone specimen, turning from HA-like (ACCP1 in Figure 6H) to a more triangular shape (ACCP2 in Figure 6H). This triangular shape is always associated with a nitrogen signal and a carbon peak at 287 eV revealing the presence of the proteins at this position.

This rich chemical information conveyed by the fine structures on the characteristic EELS edges from Ca phosphate and carbonate references forms then the basis for the subsequent EELS analysis on incipient RPs.

## Refined chemical analysis of the incipient calcifications.

The fine structure of the elemental edges on kidney calcifications (Figure 7A-D) was compared with the library of EELS signatures obtained from the macroscopic kidney stones, pure minerals and organic references (Figures 6 and S4 respectively). Unstained papillae specimens have also been analyzed in order to exclude a possible contribution from staining compounds and no difference was found. Papillae specimens contain three types of compounds: the mineral, the biomolecules composing the kidney tissue (designated from here on as “organic compounds”) and the embedding resin. The exact nature of the biomolecules found in the specimen is hard to determine from spectroscopic data alone. However, organic compounds are clearly discriminated from the resin by examining the features of carbon, nitrogen and oxygen edges (see details in SI). The presence of organic compounds in the biomineral is revealed by a peak at ~287 eV on the carbon K edge (Figure 7, peak *d*) in correlation with the presence of nitrogen (Figure 7, peak *h* at 400 eV). The peak at ~ 285 eV (Figure 7, peak *c*) is detected on the carbon edge mostly due to the presence of the epoxy resin (Figure S5A and details in SI). There is no carbon support film contribution to the EELS spectra since the resin sections were deposited on bare copper grids.

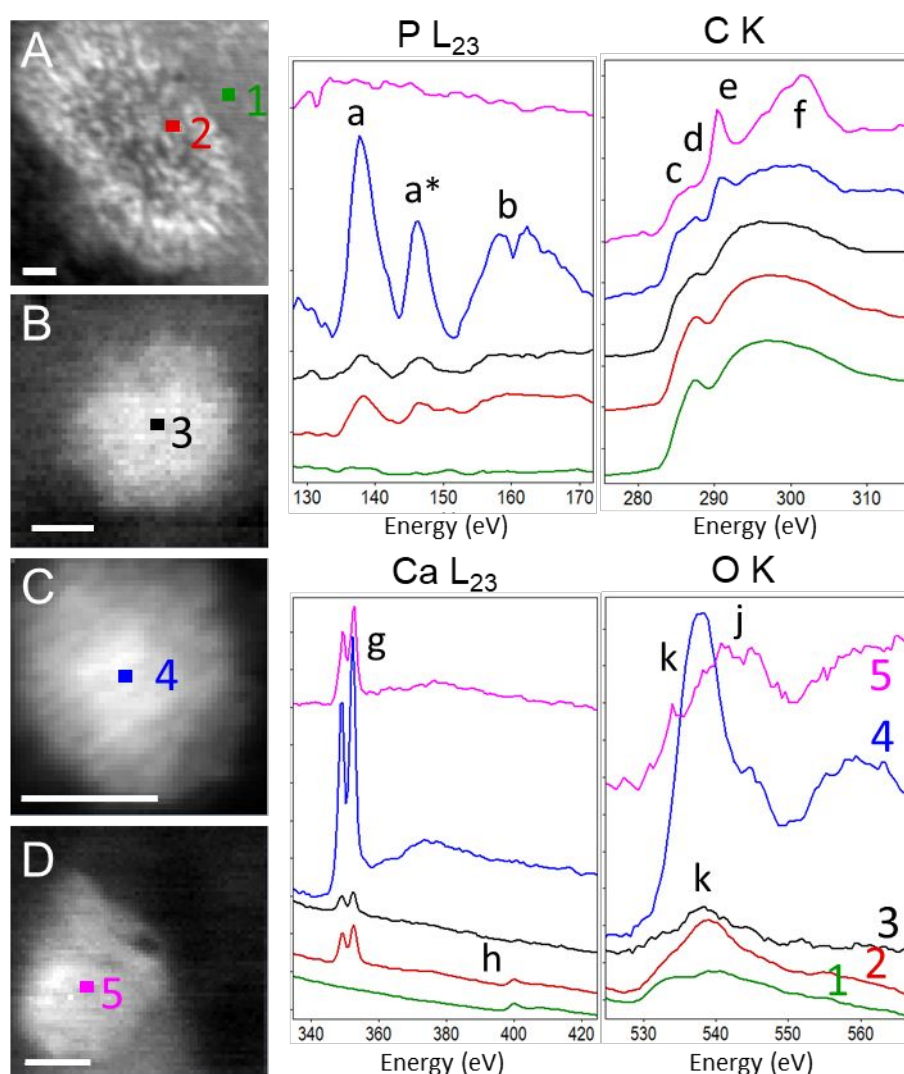
Two main mineral compounds are detected in the particles: calcium carbonate and calcium phosphate, easily distinguishable *via* the phosphorus, carbon and oxygen signals. The MP’ mineral compositions are summarized in Table 1 for small and large MPs.

Composition of Mineral Particles

<b>Small MPs (&lt;10 nm)</b> In 25 objects	88% pure calcium phosphate 12% calcium phosphate + carbonate
<b>Large MPs (&gt;10 nm to 250 nm)</b> In 27 objects	8% pure calcium carbonate 60% calcium phosphate + carbonate 32% pure calcium phosphate

**Table 1**

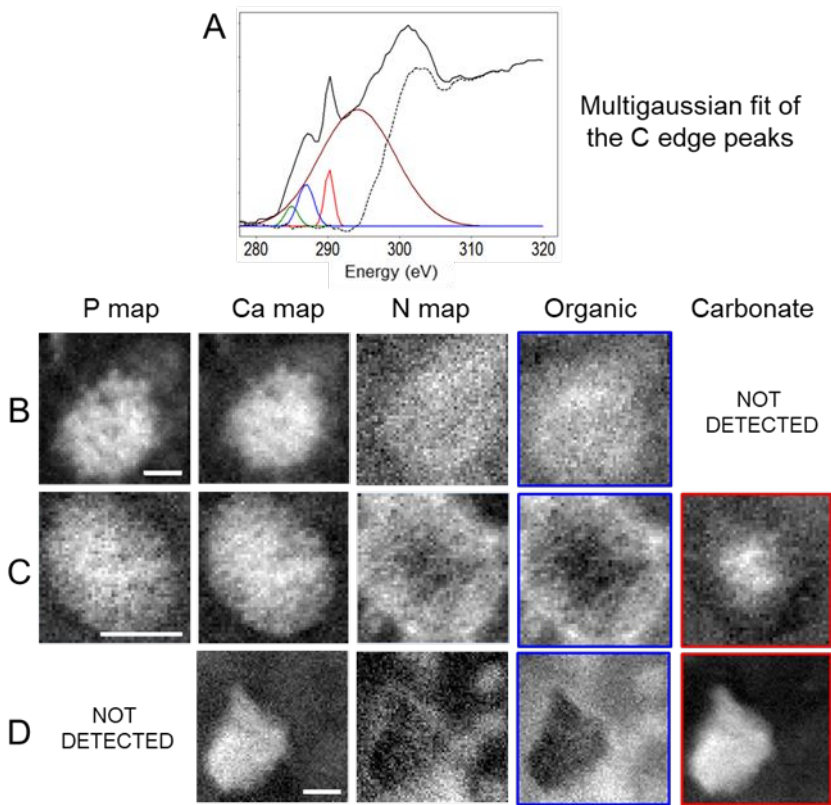
Small MPs are mainly composed of calcium phosphate (~90%) and their EELS features (red curves in Figure 7) are very similar to ACCP. When the carbon peak at 287 eV is detected (Figure 7, peak *d* for C edge), the oxygen edge exhibits the same triangular shape observed for ACCP containing proteins (ACCP2 in Figure 6H) and a nitrogen signal is visible.



**Figure 7:** Edge features for different calcifications: red curves are associated with small MPs enclosed in a vesicle for the position indicated by the red square in the HAADF image A; black and blue curves correspond to large MPs made of calcium phosphate (respectively black and blue squares in B and C); purple curves correspond to a large MPs made of pure calcium

carbonate (purple square in D). For comparison, the green curves correspond to organic material and resin (green square in A). Scale bar = 50 nm.

The analysis of large MPs (~ 100 nm) shows that the main component is calcium phosphate (~90% of large MPs) and more rarely calcium carbonate (~10% of large MPs). Among large calcium phosphate MPs, approximately two thirds were found to contain variable amounts of carbonate in their cores (Figure 7, peak *e* on purple curve), sometimes as traces (for instance on blue curve). Calcium phosphate MPs with no detectable carbonate (or small quantities) contained significant amounts of organic compounds as revealed by the presence of the carbon peak at 287 eV (Figure 7, peak *d* on black curve).



**Figure 8:** Phosphorus, calcium and nitrogen maps for the large MPs presented in Figure 7 and some ones composed of pure calcium phosphate (B) calcium phosphate and carbonate (C) and calcium carbonate (D). The distributions of amorphous carbon, organic compounds and carbonate are obtained by fitting the peaks at 285 eV, 287 eV and 290 eV on C K edge (respectively green, blue and red Gaussians in figure A). A fourth Gaussian (brown curve) is used to fit the carbon  $\sigma^*$  peak. The dotted line gives the difference between the experimental data and the sum of the four Gaussians. The maps “Organic” and “Carbonate” in figures B-

*D correspond to the Gaussian amplitude associated with the fit of the 287 eV and 290 eV peaks. Scale bar = 50 nm.*

The nitrogen signal allows the detection of organic compounds even if its low intensity makes it harder to map low concentrations. Alternatively, the presence of organic compounds is more easily detected by probing the peak *d* at 287 eV on the carbon edge. For large MPs, the peaks on C edge can be processed by performing a multi-Gaussian fitting. At a given pixel spatial position, each peak associated with a functional group (at 285, 287 and 290 eV for amorphous carbon, organic compounds and carbonate group, respectively) is fitted by a Gaussian (Figure 8A). A fourth Gaussian is used to fit the carbon  $\sigma^*$  peak that is always present. The Gaussian amplitude across the analysed area (Gaussian position and width were kept constant) gives then the relative abundance of the respective functional group. In the examples presented in Figure 8, the maps obtained from the Gaussian fitting of the 287 eV peak (blue Gaussian giving the “Organic” map in Figure 8) are in good agreement with the nitrogen maps (“N map” in Figure 8) confirming that both features are associated with the same compound(s).

For pure calcium phosphate MPs (Figure 8B), organic compounds are detected both inside and around the particle suggesting that they are intimately associated with the mineral. The carbonate peak at 290 eV (red Gaussian giving the “Carbonate” map in Figure 8) was obviously detected in pure calcium carbonate MPs (Figure 8D) but more interestingly, calcium carbonate formed the core of certain calcium phosphate particles (Figure 8C). When carbonate is present in either of these cases, the organic compound is localized around the carbonate, with negligible overlap (Figures 8C and D).

In Figure 7, the edge intensities for the different compounds are normalized in order to have a constant value for the carbon signal integrated between 280 and 310 eV. Interestingly, calcium phosphate MPs with no carbonate (or small quantities) most often contain a fairly low

amount of calcium (Figure 7B, black curve) . By contrast, calcium phosphate MPs with high amounts of carbonate and pure calcium carbonate MPs contain larger amounts of calcium (Figure 7C). Pure calcium carbonate MPs do not contain organic compounds in their core (or only small quantities) (Figures 7D and 8D). The carbonate peak is rarely present in small MPs particles (Figure 7A) and is only detected in some MPs of intermediate size (~ few tenth of nm). However the presence in smaller MPs of small amounts of carbonate under the detection limit cannot be excluded.

Our results show that a negligible amount of organic material is detected with calcium carbonate in contrast to calcium phosphate which is always associated with a high organic signal. Such a difference may be related to the particle size of biogenic calcium carbonate (*e.g.* micro-sized aragonite platelets in nacre) that is larger than that of calcium phosphate (*e.g.* nano-sized apatite platelets in bone).<sup>37</sup> Smaller crystals expose more surface area increasing possibly mineral-organic interactions that may preclude further crystallization steps by screening the calcium. This may explain why calcium carbonate contains a higher amount of calcium compared to calcium phosphate.

Overall, our observations suggest that different mechanisms are at the origin of the formation of the two classes of mineral particles.

### **Nano-calcifications share similarities with the transient mineral species found in other calcified tissues**

The observed nano-calcifications (large MPs ~100 nm or organic vesicles ~400 nm containing small MPs) remind in terms of morphology and composition the calcified amorphous precursors and the membrane vesicles (MVs) containing mineral reported for some



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3 calcified tissues.<sup>21,38–40</sup> Both kinds of objects are proposed as transient mineral species during  
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5 the early mineralization stages but have not yet been generally accepted. In particular, it should  
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7 be emphasized that the nature of MVs is still under debate but they are described to form from  
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9 the cell membrane (of cartilage or bone-forming cells) within whose enclosed spaces the  
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11 nanocrystals of Ca–inorganic phosphate (Pi) are deposited.<sup>41</sup> Mineral precursors are usually  
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13 described as an unstable and disordered colloidal phase that transforms into the more stable  
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15 mature crystal.<sup>21,30,38,42</sup> In contrast, MVs are only observed during early physiological  
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17 osteogenesis.<sup>39</sup> They may be involved in the initiation of calcification by regulating the  
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19 extracellular concentrations of mineral inhibitors (pyrophosphates) and promoters (Pi) and by  
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21 acting as mineral nucleation sites.<sup>41</sup> Interestingly, a defect in systemic pyrophosphate synthesis  
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23 has been recently proposed as a major determinant of RPs formation.<sup>43</sup> Several studies have  
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25 suggested during the last few years that an osteoblast-like mechanism is responsible for  
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27 pathological calcifications found in blood vessels and cartilage, and for those related to  
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29 cancer.<sup>3,22,23</sup> Interestingly, MVs have been described for the pathological calcifications  
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31 associated with *e.g.* osteoarthritis, atherosclerosis, arteriosclerosis and tumors.<sup>22,23</sup> Concerning  
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33 kidney calcifications, the relation with bone apatite formation was evoked in several studies  
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35 and some authors suggest that renal epithelial cells have the capacity to become osteogenic  
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24,44,45 but until now, no direct evidence has been provided for this.

What information can we deduce from the above observations on the localization, morphology, elemental and chemical analysis of the different families of calcified objects in kidney?

**Nucleation can be driven by a carbonate core acting as a bioseed or by organic compounds.**

Amorphous calcium phosphate (ACP) particles with sizes  $\sim 80$  nm have been described as transient mineral precursors for bone formation in some living organisms.<sup>21,38,46</sup> In the present study, the large MPs have sizes ( $\sim 100$  nm) and morphologies close to these bone mineral precursors. However their crystallinity cannot be assessed because the protocol used for specimen preparation implies their dehydration and does not guarantee a preservation of the mineral crystallinity.<sup>18</sup> amorphous phases are thermodynamically unstable, and easily transform into crystalline phases. Large MPs are mainly composed of calcium phosphate but variable amounts of carbonate are found in the core of more than 50% of the large MPs. 8% of MPs were composed of pure calcium carbonate without phosphate. Calcium phosphate compounds are known to be less soluble than calcium carbonate and it was shown that the presence of carbonate in solution increases the hydroxyapatite solubility<sup>47</sup> decreasing the size of the particles.<sup>48</sup> However, similarly to the large MPs observed in our samples, carbonate was recently detected in the core of bone mineral precursors leading the authors to suggest that calcium carbonate deposits could act as bioseeds for calcium phosphate deposition.<sup>17</sup> Furthermore, the exposition of human osteogenic cells to bicarbonate seems to enhance the calcium phosphate deposition and this stimulation was attributed to the activity of the carbonic anhydrase present in MVs.<sup>49</sup> These observations are meaningful for kidney where the calcium concentration is predicted to be extremely high in the interstitial tissue at the papilla tip:<sup>50</sup> carbonic anhydrase II is found in most kidney segments and plays an important role in renal physiology.<sup>51</sup> Moreover, an acid excretion occurs in the distal part of the nephron and alpha-intercalated cells excrete bicarbonate toward the interstitium through anion exchangers, potentially increasing bicarbonate content locally.<sup>52</sup> High calcium and bicarbonate concentrations may therefore increase locally to a level of supersaturation that promote carbonate granule formation. Carbonate is present in biological apatites (enamel, dentin, bone, and pathological calcifications) by substitution at phosphate and hydroxide sites and the

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3 presence of highly carbonated apatite in macroscopic RPs was previously reported but the role  
4 of carbonate-rich deposits acting as an initial site for the calcium deposition was never described  
5 in this context.<sup>14,53</sup>  
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13 A different mechanism of nucleation may occur for large MPs where carbonate is not  
14 detected (or only traces) in their core and for the small MPs. For these large MPs, high amounts  
15 of organic compounds are found in their cores (Figure 8B). Similarly, for the small MPs,  
16 organic compounds are also found associated with the mineral (arrows in Figure 3C and I). For  
17 a nucleation driven by organic compounds, it is described to occur through different  
18 mechanisms in the bone literature including (i) entrapment of mineral's precursor ions inside  
19 the confined space of a small pore,<sup>54</sup> leading to a local increase of ions concentration (reaching  
20 the supersaturation) and/or (ii) by a crystallographic match between the protein binding  
21 moieties and the calcium (heteroepitaxy).<sup>55</sup> Similar processes may occur here. The size of the  
22 MP depends on the balance between the nucleation and growth processes: high local  
23 concentrations of proteins may favor the formation of abundant nuclei at the expense of the  
24 crystal growth due to a local depletion of the mineral ions. Many proteins have been identified  
25 in the RPs from stone formers suggesting a role in the pathological evolution.<sup>56</sup>  
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## 46 **Calcified vesicles as building blocks of Randall's plaques**

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50 The most striking objects observed here are vesicle-like objects containing MPs (Figure  
51 4). Strong variations were reported in MV sizes for different systems.<sup>57</sup> The present values (~  
52 400 nm on average) are close to the data reported on mouse osteoblasts using cryo-electron  
53 microscopy showing MPs in close contact with the MV inner surface, often interconnected by  
54 fibrillary structures.<sup>40</sup> The calcified vesicles found here appear very similar, with the difference  
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that the MPs are smaller in size (from a few nm to 50 nm approximately *versus* 80 nm). The same authors have shown that MVs in adult zebrafish bones are smaller and the mineral does not appear to be organized into 80 nm granules.<sup>58</sup> MPs connected by fibrils closely resembling the ones seen here were also found enclosed in MVs in cultured human vascular smooth muscle cells in the absence of Fetuin-A.<sup>59</sup> MVs are composed of anionic-phospholipids and contain numerous proteins.<sup>57,60</sup> Phospholipids are able to interact with calcium phosphate and to induce *in vitro* apatite precipitation.<sup>41,61,62</sup> Hence, the MVs' ability to nucleate calcium phosphate could explain why the inner surface of the kidney calcified vesicles is in many cases enriched in mineral particles.

The calcified vesicles were observed as individual objects (Figure 3G-I) but also clustered together forming micro-calcifications by interaction with an organic fibrillary network (Figures 1 and 3B-E). This observation suggests that calcified vesicles could correspond to the initial stages of the formation of the RPs. In many calcified tissues (bone, dentin, cementum, pathological cartilage), the organic network is mainly composed of collagen that constitutes the scaffold for mineral deposition.<sup>63</sup> In cardiovascular tissues, spherical mineral particles are associated with collagen fibrils to form macroscopic vascular lesions in an architecture distinct from bone material.<sup>3</sup> Here, in the less dense regions of the micro-calcifications, ramified structures are observed between calcified vesicles (Figure 1C). Fibrils are thinner than the collagen ones (indicated by "coll" in Figure 1C) and not organized. They are not striated and the mineral does not co-align in a preferential direction as described in bone. Moreover, although incipient calcifications are always found in collagen-rich regions, further observations show a gap between the collagen fibers and the calcified hybrid domain (\* in Figures 1B-C). These observations tend to rule out the presence of collagen fibers at the first stages of RP formation (Figure 1A and B) while other fibrillar proteins may be involved, such as elastin.<sup>60,64</sup>

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3 In a recent study concerning cardiovascular pathologies, “spherical mineral particles”  
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5 were detected forming certain calcifications but also ~~on~~ in non-calcified areas of tissues at some  
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7 distance from the lesions.<sup>3</sup> More surprisingly, they were found even in the absence of  
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9 macroscopic pathological lesions in about 50% of aortic valves of healthy patients. The authors  
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11 proposed that the mineral spheres are the first mineralized structures formed in cardiovascular  
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13 tissues. Their diameters, about 500 nm for healthy patients, are very close to those measured  
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15 here for the calcified vesicles in kidneys (~ 400 nm). The size of cardiovascular mineral spheres  
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17 increases with the disease severity (larger diameters are about 1  $\mu\text{m}$ ). Interestingly, these  
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19 spheres present striking similarities with those found in lithiasic kidneys<sup>65</sup> including their sizes  
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21 (about 1  $\mu\text{m}$ ) and morphologies (multilayered with alternating organic and mineral materials).  
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23 The calcified vesicles observed here are probably a less evolved stage of these calcifications.  
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29 From all these results, we propose that the calcified vesicles correspond to the early  
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31 stages of mineral deposition and that they are able to grow under the effect of factors promoting  
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33 mineralization. Many factors have been reported to be involved in the pathological evolution  
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35 of RPs.<sup>56</sup> In cardiovascular tissues, it was suggested that mineral spheres may trigger an  
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37 osteoblastic transdifferentiation of cardiovascular cells, similarly to subcutaneous and  
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39 intramuscular implantations of calcium phosphates that are able to induce cells mineralizing  
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41 phenotype and to drive bone formation.<sup>3</sup> The role of large MPs remains unclear whether they  
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43 stay nanometric or they play a role in the formation of macroscopic RPs. Interestingly, large  
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45 MPs with carbonate in their core have a higher calcium content compared to pure calcium  
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47 phosphate MPs (calcium edge in Figure 7) suggesting that the presence of carbonate could favor  
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49 a higher mineral deposition.  
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## CONCLUSION

In conclusion, this work consists of a systematic nanocharacterization of the morphologies and chemical compositions of incipient RPs in human kidney. Our analysis shows that the incipient calcifications present a high diversity in terms of size (nanometric or micrometric), morphology and chemical composition (calcium phosphate and carbonate). We have identified two main types of nano-calcifications: calcified vesicles and large MPs, most of them containing carbonate in their core similarly to the bone mineral precursors. These results tend to show that the nucleation of the early mineral can start in kidney *via* at least two different mechanisms: a carbonate precursor acting as a bioseed or the interaction with organic compounds. At larger scales, micro-calcifications appear to be composed, at least partly, of calcified vesicles embedded in an organic fibrillary matrix the nature of which is still unknown. Further works will be dedicated in particular to unveil the nature of the organic matrix found in micro-calcifications, the carbonate-containing MPs, the calcified vesicles and the cells producing them. Interestingly, these objects present striking similarities with the calcified structures reported in physiological bone and pathological cardiovascular biominerals, suggesting that common mechanisms could be responsible for the appearance of RPs and physiological biominerals.

From a general point of view, the present strategy is of great interest to be used as a systematic tool for the investigation of pathological biominerals. In most cases, quantitative data are missing and the complexity of the system does not allow to propose a simple model for their formation. Our study demonstrates that STEM-EELS provides analytical data allowing a reliable comparison between the different biominerals. The determination of the mineral/organic interface at the nanoscale and its comparison with other systems more widely

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3 studied and better understood constitutes an essential first step for the understanding of the  
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5 underlying mechanisms and for proposing formation models.  
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## EXPERIMENTAL SECTION

### Kidney stones, papillae sections and reference compounds

Macroscopic kidney stones composed of carbonated hydroxyapatite, amorphous carbonated calcium phosphate and whitlockite were obtained from Tenon Hospital. Synthetic hydroxyapatite purchased from Biorad and calcite were used as reference compounds for EELS analysis to determine the composition of stones and calcifications in papillae sections. Reference compounds and kidney stones were ground in an agate mortar and suspended in pure ethanol before deposition onto TEM holey-carbon copper grids.

Papillae were collected from human kidneys removed because of cancer as previously described.<sup>14</sup> Patients gave a written consent in the Urology Unit relative to kidney removal and tissue conservation but not to the use of clinical or biological data. Papillae were therefore anonymously collected and no data relative to patients were recorded, in accord with French legislation and the Helsinki Declaration for Patient Safety. Part of each papilla was first analyzed by von Kossa staining to check for the presence of RPs in the specimen (details in <sup>14</sup>). Two papillae from two non-stone formers were selected for the present study. Small pieces of each papilla were kept for TEM and STEM analysis. For electron microscopy analysis, papilla specimens were chemically fixed with 2.5% glutaraldehyde in 0.1 mM sodium cacodylate buffer and post-fixed with 1.0% OsO<sub>4</sub>. They were then dehydrated and embedded in epoxy resin (EMbed 812). Ultrathin sections (80 nm) were stained with uranyl acetate and deposited on a bare copper grid without carbon film to avoid this contribution during the EELS acquisitions.



## FTIR analysis

The composition of the kidney stones was determined at the Tenon Hospital using an FTIR spectrometer (Vector 22; Bruker Spectrospin, Wissembourg, France) according to a previously described analytical protocol.<sup>5</sup> Data were collected in the absorption mode between 4,000 and 400  $\text{cm}^{-1}$  with a resolution of 4  $\text{cm}^{-1}$ .

## STEM-EELS and EDX acquisitions and data processing

Specimens were first screened using a Philips CM10 electron microscope to identify the regions of interest. High-angle annular dark-field images (HAADF) and EELS data were then acquired using a VG HB501 STEM equipped with a cold field emission gun, operated at 100 keV. To minimise the beam radiation damage, samples were liquid-nitrogen cooled to approximately 170 K using a home-made cryo-stage. EELS data were collected on a low-noise, low-temperature CCD camera (Princeton Instruments) optically coupled to a scintillator in the image plane of a Gatan 666 magnetic sector. The convergence and collection half-angles were 7 mrad and 22 mrad respectively. Core-loss spectra were acquired in the energy range corresponding to characteristic edges for the elements of interest (U, P, C, Ca, N, O), using the spectrum-imaging (SI) mode<sup>66</sup> with an energy dispersion of 0.5 eV/channel. Typical energy resolution was about 1 to 1.5 eV and the beam diameter was estimated as 1 nm.

In the SI mode, the focused beam is scanned over a region of interest and a whole spectrum is acquired at each position of the scan. Such a hyperspectral image contains typically 10000 spectra. These spectra could be processed individually. This is usually performed by removing the background and summing the intensity corresponding to a characteristic edge and thus building elemental maps. Because this data set contains a lot of redundant information, it is more efficient to process it as a whole using multivariate statistical techniques.<sup>67</sup> We used

Hyperspy, an open-source software suite <sup>68</sup> for principal component analysis (PCA) as a filtering method for separating meaningful signal components from noise, in particular for acquisitions at lower doses when the signal-to-noise ratio was poor. For the carbon K-edge, multi-Gaussian fitting was performed using the NLLS (non-linear least squares) method in Gatan's Digital Micrograph software.

Energy dispersive X-ray spectroscopy (EDX) analysis was carried out in STEM mode in an FEI Titan Themis 200 TEM/STEM operated at 200 keV and fitted with a Chemistem Super-X EDX spectrometer comprising four separate windowless detectors placed symmetrically around the sample. Quantitative maps were acquired using the Bruker ESPRIT v.1.9 software with an acquisition time of about 20-30 min for total area. The element ratios were calculated with the Interactive TEM algorithm based on the Cliff-Lorimer method. The K factors were determined experimentally from a standard specimen of tricalcium phosphate (Prolabo) under the same experimental conditions as for the kidney specimens.

## ASSOCIATED CONTENT

## SUPPORTING INFORMATION

The Supporting Information is available free of charge on the ACS Publications website at DOI:

FTIR analysis of kidney stones. Electron dose effect on EELS features for mineral, organic compounds and resin. EELS fingerprints for organic compounds and resin. Table containing the EELS characteristic features for mineral, organic compounds and resin (PDF).

## ACKNOWLEDGMENTS

We would like to thank Dr. V. Frochot for his preliminary experiments and useful discussions.

We are grateful to C. Colliex for its constructive critiques and its helpful corrections of an early version of this work.

This work was partially funded *via* the CNRS-CEA “METSA” French network (FR CNRS 3507) and the EU grant No. 312483-ESTEEM2.

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