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# A Posteriori Error Estimates for Biot System using Enriched Galerkin for 

## Flow

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#### Abstract

We analyze the Biot system solved with a fixed-stress split, Enriched Galerkin (EG) discretization for the flow equation, and Galerkin for the mechanics equation. Residual-based a posteriori error estimates are established with both lower and upper bounds. These theoretical results are confirmed by numerical experiments performed with Mandel's problem. The efficiency of these a posteriori error estimators to guide dynamic mesh refinement is demonstrated with a prototype unconventional reservoir model containing a fracture network. We further propose a novel stopping criterion for the fixed-stress iterations using the error indicators to balance the fixed-stress split error with the discretization errors. The new stopping criterion does not require hyperparameter tuning and demonstrates efficiency and accuracy in numerical experiments.


Keywords: A Posteriori Error Estimates, Enriched Galerkin, Biot System, Fixed-Stress Iterative Split

## 1. Introduction

Applications arising in the geosciences and biosciences such as subsidence events, carbon sequestration, groundwater remediation, hydrocarbon production, and hydraulic fracturing, enhanced geothermal systems, solid waste disposal, and biomedical heart modeling, are driving the development of numerical models coupling flow and poromechanics. In this paper, we focus on deriving a posteriori error indicators for the Biot model that consists of a poromechanics equation coupled to a flow model with the displacement and pressure as unknowns. In contrast to solving the Biot system fully implicitly, we consider fixed stress iterative scheme that allows the decoupling of the flow and mechanics equations. The decoupling scheme offers several attractive features such as the use of existing flow and mechanics codes, use of appropriate preconditioners and solvers for the two models, and ease of implementation. The design of this approach which is currently quite popular is important in the formulation of efficient, convergent, and robust schemes.

In the fixed-stress split algorithm, the flow problem is solved first followed by the mechanics problem, and a constant mean total stress is assumed during the flow solve. Kim et al. [27] demonstrated stability for fixed stress and in [35, 36, 34] Mikelić and Wheeler established contractive property of the scheme. Besides, we note here that this approach can be interpreted as a preconditioner technique for solving the fully coupled system. For instance, the work of Gai et al. [20] and Gai [19] involved interpreting this scheme as a physics-based preconditioning strategy applied

[^0]to a Richardson fixed-point iteration. The same preconditioning technique was applied to the fully coupled system in the work of Castelletto et al. [10, 11].

Several extensions of the fixed-stress split scheme have been studied. Almani et al. [4] and Kumar et al. [28] extended the fixed-stress split to the multirate case, in which flow takes multiple fine time steps within one coarse mechanics time step. Borregales [8] extended the fixed-stress split to a nonlinear case. Dana et al. $[14,15]$ studied a multiscale extension of the fixed-stress split to a poroelastic-elastic system where the poromechanics equation is solved on a larger domain with a coarse grid and the flow equation is solved on a small domain with finer grid. Moreover, Bause et al. [6] and Borregales et al. [7] explored space-time methods of the fixed-stress split, and the work of Rodrigo et al. [41] considered the stability analysis of the discretization schemes. Storvik et al. [43] studied the optimal choice of the stabilization parameter used in the fixed-stress split. Lu and Wheeler [32] have recently extended the fixed-stress split to a three-way coupling, an adaptive asynchronous coupling scheme that allows over $97.5 \%$ reduction in poromechanics computational time due to not requiring the displacement to be computed for every time step.

Here we restrict our attention to the fixed-stress iterative coupling, analyze the enriched Galerkin method (EG) for flow and Galerkin for elasticity. This is an extension of the previous work on Galerkin and/or mixed finite element methods for flow [24] to EG. In the early works of Gai [19] and Wang [44] for two phase Biot system, it was observed that local mass conservation for flow was essential. In Biot studies in fractured porous media, Lee et al. [30] have demonstrated that EG is locally conservative and robust in treating fracture networks including quasi Newtonian flows arising in proppant stimulation. Choo and Lee [12] showed that local mass conservation can also be crucial to accurate simulation of deformation processes in fluid-infiltrated porous materials. Therefore, EG is an attractive method for flow discretization, locally mass conservative, giving rise to inexpensive residual error indicators that are easily incorporated in the code. Mixed methods are also well suited to local mass conservation. Recently, Ahmed et al. derived a posteriori estimates for fully mixed formulations of Biot model for both the monolithic scheme and the fixed-stress split scheme [3, 2]. Their approach requires solving local auxiliary problems which are computationally costly. Li and Zikatanov [31] derived residual-based a posteriori error estimates of mixed methods for monolithic three-field Biot's consolidation model that does not require the calculation of local problems, which is promising to be extended for fixed-stress split schemes.

In this paper, we derive error equalities for each iteration of the fixed-stress algorithm at each time step, followed by residual-based a posteriori error estimates. These estimates are based on separate results extended to EG from [24]: contraction mapping, stability estimates and a priori error estimates for the discretized problem that incorporate convergence of the iteration at each time step. Here both lower bound (efficiency) and upper bound estimates (reliability) are obtained, but they are non-optimal in terms of efficiency in the sense that the lower bounds involve weak residual errors that cannot be computed numerically, see Section 6. The upper bound estimates represent an extension of Ern et al. [18] for the monolithic Biot system based on Galerkin approximations. In [18] no lower bounds were derived and as far as the authors are aware none have been derived to date for Galerkin schemes. In our theoretical work, it is clear that obtaining lower bounds for a posteriori errors is difficult, technical, and requires weak error terms that unfortunately do not lead to obtaining the effectivity index easily. This is further aggravated by the imbalance in the constants multiplying the pressure in the flow and displacement equations, see Section 8.1.

While the analysis presented here applies to the poroelastic system, a novel feature of this work involves a generalized poroelastic-elastic system that represents the coupled flow and poromechanics phenomena arising from hydrocarbon production or geological carbon sequestration in deep subsurface reservoirs. The reason for this choice is that in these phenomena the spatial domain in which fluid flow occurs is generally much smaller than the spatial domain over which significant
deformation occurs. It also improves standard approaches. Indeed, the typical approaches model the same physics over one domain, either considers only the reservoir with an overburden pressure imposed directly or models the entire reservoir and surrounding rocks with zero permeability in the surrounding rocks. The former approach may misrepresent the mechanics boundary conditions and precludes the study of land subsidence or uplift whereas the latter approach is computationally prohibitive.

This work is organized as follows. In the subsection below we establish notation. In Section 2, a continuous-time model involving the decoupling of the model into elastic and poroelastic domains with interface conditions is formulated in primal variational form. The primal formulation, complete with the fixed-stress splitting algorithm, is fully discretized with EG for flow and Galerkin for mechanics in Section 3. The a posteriori error equalities are derived in Section 4, and the error indicators are inferred from them. Section 5 is devoted to an upper bound for the total error. Section 6 introduces auxiliary weak residual errors. The lower bounds are discussed in Section 7. Computational results are presented in Section 8. Numerical results on the Mandel problem confirm these upper and lower error bounds. Moreover, the efficiency of using the a posteriori indicators to guide dynamic mesh adaptation and a novel stopping criterion for the fixed-stress iterations are presented. Finally, Section 9 draws some conclusions.

### 1.1. Notation

To be specific, the notation is expressed in three dimensions in a bounded connected open set $\Omega \subset \mathbb{R}^{3}$. The scalar product of $L^{2}(\Omega)$ is denoted by $(\cdot, \cdot)_{\Omega}$

$$
\forall f, g \in L^{2}(\Omega), \quad(f, g)_{\Omega}=\int_{\Omega} f(\boldsymbol{x}) g(\boldsymbol{x}) d \boldsymbol{x}
$$

and the index $\Omega$ is omitted when the domain of integration is clear from the context. For any non-negative integer $m$, the classical Sobolev space $H^{m}(\Omega)$ is defined by (cf. [1] or [37]),

$$
H^{m}(\Omega)=\left\{v \in L^{2}(\Omega): \partial^{k} v \in L^{2}(\Omega) \forall|k| \leq m\right\}
$$

where

$$
\partial^{k} v=\frac{\partial^{|k|} v}{\partial x_{1}^{k_{1}} \partial x_{2}^{k_{2}} \partial x_{3}^{k_{3}}}
$$

equipped with the following seminorm and norm for which it is a Hilbert space:

$$
|v|_{H^{m}(\Omega)}=\left[\sum_{|k|=m} \int_{\Omega}\left|\partial^{k} v\right|^{2} d \boldsymbol{x}\right]^{\frac{1}{2}}, \quad\|v\|_{H^{m}(\Omega)}=\left[\sum_{0 \leq|k| \leq m}|v|_{H^{k}(\Omega)}^{2}\right]^{\frac{1}{2}}
$$

This definition is extended to any real number $s=m+s^{\prime}$ for an integer $m \geq 0$ and $0<s^{\prime}<1$ by defining in dimension $d$ the fractional semi-norm and norm, see [33] and [25],

$$
|v|_{H^{s}(\Omega)}=\left(\sum_{|k|=m} \int_{\Omega} \int_{\Omega} \frac{\left|\partial^{k} v(\boldsymbol{x})-\partial^{k} v(\boldsymbol{y})\right|^{2}}{|\boldsymbol{x}-\boldsymbol{y}|^{d+2 s^{\prime}}} d \boldsymbol{x} d \boldsymbol{y}\right)^{\frac{1}{2}},\|v\|_{H^{s}(\Omega)}=\left(\|v\|_{H^{m}(\Omega)}^{2}+|v|_{H^{s}(\Omega)}^{2}\right)^{\frac{1}{2}}
$$

These fractional order spaces are often used for traces. The following trace property holds in a domain $\Omega$ with a Lipschitz continuous boundary $\partial \Omega$ : If $v$ belongs to $H^{s}(\Omega)$ for some $\left.\left.s \in\right] \frac{1}{2}, 1\right]$, then
its trace on $\partial \Omega$ belongs to $H^{s-\frac{1}{2}}(\partial \Omega)$ and there exists a constant $C_{s}$ such that

$$
\begin{equation*}
\forall v \in H^{s}(\Omega),\|v\|_{H^{s-\frac{1}{2}}(\partial \Omega)} \leq C_{s}\|v\|_{H^{s}(\Omega)} \tag{1.1}
\end{equation*}
$$

In particular, $H^{\frac{1}{2}}(\partial \Omega)$ is the trace space of $H^{1}(\Omega)$, with norm

$$
|v|_{H^{\frac{1}{2}}(\Gamma)}=\left(\int_{\Gamma} \int_{\Gamma} \frac{|v(\boldsymbol{x})-v(\boldsymbol{y})|^{2}}{|\boldsymbol{x}-\boldsymbol{y}|^{d}} d \boldsymbol{x} d \boldsymbol{y}\right)^{\frac{1}{2}},
$$

and $H^{-\frac{1}{2}}(\partial \Omega)$ is the dual space of $H^{\frac{1}{2}}(\partial \Omega)$. Finally, if $\Gamma$ is a subset of $\partial \Omega$ with positive measure, $|\Gamma|>0$, we say that a function $g$ in $H^{\frac{1}{2}}(\Gamma)$ belongs to $H_{00}^{\frac{1}{2}}(\Gamma)$ if its extension by zero to $\partial \Omega$ belongs to $H^{\frac{1}{2}}(\partial \Omega)$. It is a proper subspace of $H^{\frac{1}{2}}(\Gamma)$, and is normed by

$$
\begin{equation*}
\|v\|_{H_{00}^{\frac{1}{2}}(\Gamma)}=\left(|v|_{H^{\frac{1}{2}}(\Gamma)}^{2}+\int_{\Gamma}|v(\boldsymbol{x})|^{2} \frac{d \boldsymbol{x}}{d(\boldsymbol{x}, \Gamma)}\right)^{\frac{1}{2}}, \tag{1.2}
\end{equation*}
$$

where $d(\boldsymbol{x}, \Gamma)$ denotes the distance to $\Gamma$.
We also recall Korn's and Poincaré's inequalities both valid for all functions $\boldsymbol{v}$ in $H^{1}(\Omega)^{3}$ that vanish on $\Gamma$ :

$$
\begin{gather*}
|\boldsymbol{v}|_{H^{1}(\Omega)} \leq \mathcal{K}\|\varepsilon(\boldsymbol{v})\|_{L^{2}(\Omega)}  \tag{1.3}\\
\|v\|_{L^{2}(\Omega)} \leq \mathcal{P}|v|_{H^{1}(\Omega)} \tag{1.4}
\end{gather*}
$$

where $\boldsymbol{\varepsilon}(\boldsymbol{v})$ is the strain tensor, and $\mathcal{K}$ and $\mathcal{P}$ are constants depending only on $\Omega$ and $\Gamma$. These imply

$$
\begin{equation*}
\|\boldsymbol{v}\|_{H^{1}(\Omega)} \leq C_{1}\|\varepsilon(\boldsymbol{v})\|_{L^{2}(\Omega)}, \quad C_{1}=\mathcal{K}\left(1+\mathcal{P}^{2}\right)^{\frac{1}{2}} \tag{1.5}
\end{equation*}
$$

A trace inequality for all functions $\boldsymbol{v}$ in $H^{1}(\Omega)^{3}$ that vanish on $\Gamma$ can be obtained by combining the interpolation inequality

$$
\forall v \in H^{1}(\Omega),\|v\|_{L^{2}(\Gamma)} \leq C(\Omega)\|v\|_{L^{2}(\Omega)}^{\frac{1}{2}}\|v\|_{H^{1}(\Omega)}^{\frac{1}{2}}
$$

with (1.4) and (1.3),

$$
\begin{equation*}
\|\boldsymbol{v}\|_{L^{2}(\Gamma)} \leq C_{2}\|\varepsilon(\boldsymbol{v})\|_{L^{2}(\Omega)}, \quad C_{2}=C(\Omega)\left(\mathcal{K} \mathcal{P} C_{1}\right)^{\frac{1}{2}} . \tag{1.6}
\end{equation*}
$$

As usual, for handling time-dependent problems, it is convenient to consider measurable functions defined on a time interval $] a, b$ with values in a functional space, say $X$ (cf. [33]). More precisely, let $\|\cdot\|_{X}$ denote the norm of $X$; then for any number $r, 1 \leq r \leq \infty$, we define

$$
L^{r}(a, b ; X)=\{f \text { measurable in }] a, b\left[: \int_{a}^{b}\|f(t)\|_{X}^{r} d t<\infty\right\}
$$

equipped with the norm

$$
\|f\|_{L^{r}(a, b ; X)}=\left(\int_{a}^{b}\|f(t)\|_{X}^{r} d t\right)^{\frac{1}{r}}
$$

with the usual modification if $r=\infty$. It is a Banach space if $X$ is a Banach space, and for $r=2$, it is a Hilbert space if $X$ is a Hilbert space. Derivatives with respect to time are denoted by $\partial_{t}$ and
we define for instance

$$
H^{1}(a, b ; X)=\left\{f \in L^{2}(a, b ; X): \partial_{t} f \in L^{2}(a, b ; X)\right\}
$$

## 2. Governing equations and formulation

Let $\Omega$ be a bounded, connected, Lipschitz domain in $\mathbb{R}^{3}$. We are interested in the situation where a poro-elastic model holds in a connected subset $\Omega_{1}$ of $\Omega$ (the pay-zone), completely embedded into $\Omega$, while an elastic model holds in $\Omega_{2}$ (the nonpay-zone), see Figure 1, where

$$
\Omega_{2}=\Omega \backslash \bar{\Omega}_{1} .
$$

Let $\Gamma_{12}$ denote the boundary of $\Omega_{1}$, assumed to be Lipschitz, and let $\boldsymbol{n}_{12}$ be the unit normal on $\Gamma_{12}$ exterior to $\Omega_{1}$. In the examples we have in mind, $\Omega_{1}$ is much smaller than $\Omega$. This work extends readily to more general configurations, but for simplicity, we focus on this situation. Let the boundary of $\Omega, \partial \Omega$, be partitioned into two disjoint open regions not necessarily connected, but with a finite number of connected components, each with Lipschitz-continuous boundaries,

$$
\overline{\partial \Omega}=\overline{\Gamma_{D}} \cup \overline{\Gamma_{N}} .
$$

We denote by $\boldsymbol{n}_{\Omega}$ the unit outward normal vector to $\partial \Omega$. To simplify, we assume that the measure of $\Gamma_{D}$ is positive: $\left|\Gamma_{D}\right|>0$.


Figure 1: Pay-zone with surrounding rock
Let $\boldsymbol{\sigma}$ be the effective linear elastic stress tensor,

$$
\begin{equation*}
\boldsymbol{\sigma}(\boldsymbol{u})=2 G \varepsilon(\boldsymbol{u})+\lambda(\nabla \cdot \boldsymbol{u}) \boldsymbol{I} \tag{2.1}
\end{equation*}
$$

where $\boldsymbol{\varepsilon}(\boldsymbol{u})=\frac{1}{2}\left(\nabla \boldsymbol{u}+\nabla^{t} \boldsymbol{u}\right)$ is the symmetric gradient tensor, $\boldsymbol{I}$ the identity tensor, and $\lambda>0$ and $G>0$ are the Lamé coefficients. Let $\boldsymbol{\sigma}^{\text {por }}$ be the linear poro-elastic stress tensor

$$
\begin{equation*}
\boldsymbol{\sigma}^{\mathrm{por}}(\boldsymbol{u}, p)=\boldsymbol{\sigma}(\boldsymbol{u})-\alpha p \boldsymbol{I} \tag{2.2}
\end{equation*}
$$

where $\alpha>0$ is the Biot-Willis coefficient. Let $\boldsymbol{f}$ be the body force in $\Omega$. In the nonpay-zone, i.e., a.e. in $\left.\Omega_{2} \times\right] 0, T$ [, the governing equations for the displacement $\boldsymbol{u}$ are those of linear elasticity. In the pay-zone $\Omega_{1}$, the equations are those of Biot's consolidation model for a linear elastic,
homogeneous, isotropic, porous solid saturated with a slightly compressible single-phase fluid. The unknowns are the solid's displacement $\boldsymbol{u}$ and the fluid's pressure $p$. This model is based on a quasi-static assumption, namely it assumes that the material deformation is much slower than the flow rate, and hence the second time derivative of the displacement (i.e., the acceleration) is zero. After linearization and simplifications, it leads to the following system of equations in $\Omega \times] 0, T[$,

$$
\begin{array}{rlrl}
-\nabla \cdot(\lambda(\nabla \cdot \boldsymbol{u}) \boldsymbol{I}+2 G \varepsilon(\boldsymbol{u})-\alpha p \boldsymbol{I}) & =\boldsymbol{f} & & \text { in } \left.\Omega_{1} \times\right] 0, T[, \\
-\nabla \cdot(\lambda(\nabla \cdot \boldsymbol{u}) \boldsymbol{I}+2 G \boldsymbol{\varepsilon}(\boldsymbol{u})) & =\boldsymbol{f} & \text { in } \left.\Omega_{2} \times\right] 0, T[, \\
\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right)-\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p-\rho_{f, r} g \nabla \eta\right)\right) & =q & \text { in } \left.\Omega_{1} \times\right] 0, T[, \\
-\frac{1}{\mu_{f}} \boldsymbol{\kappa}\left(\nabla p-\rho_{f, r} g \nabla \eta\right) \cdot \boldsymbol{n}_{12} & =0 & \text { on } \left.\partial \Omega_{1} \times\right] 0, T[,  \tag{2.3}\\
{[\boldsymbol{u}]} & =\mathbf{0} & \text { on } \left.\partial \Omega_{1} \times\right] 0, T[, \\
{[\boldsymbol{\sigma}(\boldsymbol{u})] \boldsymbol{n}_{12}} & \left.=\alpha p \boldsymbol{n}_{12} \quad \text { on } \partial \Omega_{1} \times\right] 0, T[, \\
\boldsymbol{u} & =\mathbf{0} & \text { on } \left.\Gamma_{D} \times\right] 0, T[, \\
\boldsymbol{\sigma} \boldsymbol{n}_{\Omega} & =\boldsymbol{t}_{N} & \text { on } \left.\Gamma_{N} \times\right] 0, T[, \\
p(0) & =p_{0} & \text { in } \Omega_{1},
\end{array}
$$

where $M>0$ is the Biot modulus, $\mu_{f}$ the fluid's viscosity, $\boldsymbol{\kappa}$ the permeability tensor, $g$ the gravity constant, $\rho_{f, r}$ the reference density, $\eta$ a signed distance in the vertical direction, $q$ a given volumetric fluid source or sink term, and $\boldsymbol{t}_{N}$ a given normal traction. At initial time, $\boldsymbol{u}(0)$ is defined by the above system with $p(0)=p_{0}$, except of course, the third and fourth equations. Note that the only boundary conditions on the pressure $p$ are transmission conditions since $\Omega_{1}$ has no exterior boundary. The tensor $\boldsymbol{\kappa}$ is assumed to be independent of time, symmetric, bounded and uniformly positive definite in space, with largest eigenvalue $\lambda_{\max }$ and smallest eigenvalue $\lambda_{\min }>0$,

$$
\begin{equation*}
\text { a.e. } \boldsymbol{x} \in \Omega_{1}, \lambda_{\min } \leq \lambda_{i}(\boldsymbol{x}) \leq \lambda_{\max }, \quad i=1,2,3 . \tag{2.4}
\end{equation*}
$$

For the sake of simplicity, we assume in addition that the coefficients of $\boldsymbol{\kappa}$ belong locally to some finite-dimensional space, such as a polynomial space. This assumption can be avoided by a suitable approximation of $\boldsymbol{\kappa}$, but it complicates the analysis, see for instance [17].

To simplify the notation, the density indices $f$ and $r$ will be dropped and $\rho_{f, r}$ will be replaced from now on by $\rho$.

The mean stress $\bar{\sigma}$ that will be used in the algorithm is defined by

$$
\begin{equation*}
\bar{\sigma}=K_{b} \nabla \cdot \boldsymbol{u}-\alpha p, \tag{2.5}
\end{equation*}
$$

where $K_{b}$ is the drained bulk modulus, $K_{b}=\lambda+\frac{2}{3} G$.

### 2.1. Primal variational formulation

Define the spaces:

$$
\begin{equation*}
H_{0 D}^{1}(\Omega)=\left\{v \in H^{1}(\Omega):\left.v\right|_{\Gamma_{D}}=0\right\}, \quad \boldsymbol{W}=H_{0 D}^{1}(\Omega)^{d} \tag{2.6}
\end{equation*}
$$

As shown by Girault et al. [22], problem (2.3) has the following equivalent variational formulation, for every solution belonging to the spaces below:

Find $\boldsymbol{u} \in L^{\infty}(0, T ; \boldsymbol{W})$ and $p \in L^{\infty}\left(0, T ; L^{2}\left(\Omega_{1}\right)\right) \cap L^{2}\left(0, T ; H^{1}\left(\Omega_{1}\right)\right)$ solving a. e. in $] 0, T[$

$$
\begin{align*}
& 2 \mu(\boldsymbol{\epsilon}(\boldsymbol{u}), \boldsymbol{\epsilon}(\boldsymbol{v}))_{\Omega}+\lambda(\nabla \cdot \boldsymbol{u}, \nabla \cdot \boldsymbol{v})_{\Omega}=(\boldsymbol{f}, \boldsymbol{v})_{\Omega}+\alpha(p, \nabla \cdot \boldsymbol{v})_{\Omega_{1}}+\left(\boldsymbol{t}_{N}, \boldsymbol{v}\right)_{\Gamma_{N}}, \quad \forall \boldsymbol{v} \in \boldsymbol{W},  \tag{2.7}\\
& \left(\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right), \theta\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}(\boldsymbol{\kappa}(\nabla p-\rho g \nabla \eta), \nabla \theta)_{\Omega_{1}}=(q, \theta)_{\Omega_{1}}, \quad \forall \theta \in H^{1}\left(\Omega_{1}\right), \tag{2.8}
\end{align*}
$$

with the initial condition

$$
\begin{equation*}
p(0)=p_{0} \quad \text { in } \Omega_{1} . \tag{2.9}
\end{equation*}
$$

This problem has a unique solution for all sufficiently smooth data, say $\boldsymbol{f} \in H^{1}\left(0, T ; L^{2}(\Omega)^{d}\right)$, $q \in L^{2}(\Omega \times] 0, T[), \boldsymbol{t}_{N} \in H^{1}\left(0, T ; H^{-\frac{1}{2}}\left(\Gamma_{N}\right)^{d}\right)$, see [39]. The scalar product on $\Gamma_{N}$ in (2.7) stands for the duality pairing between $H^{-\frac{1}{2}}\left(\Gamma_{N}\right)^{d}$ and $H_{00}^{\frac{1}{2}}\left(\Gamma_{N}\right)^{d}$.

## 3. Enriched Galerkin approximation

### 3.1. Mesh and spaces

For $h>0$, let $\mathcal{T}_{h}$ be a regular family of conforming simplicial meshes of the domain $\bar{\Omega}$, with $h$ the maximum element diameter. The family of meshes is regular in the sense of Ciarlet [13]: there exists a constant $\sigma>0$, independent of $h$, such that

$$
\begin{equation*}
\frac{h_{E}}{\varrho_{E}} \leq \sigma, \quad \forall E \in \mathcal{T}_{h} \tag{3.1}
\end{equation*}
$$

where $h_{E}$ is the diameter of $E$ and $\varrho_{E}$ the diameter of the ball inscribed in $E$. We assume that

$$
\mathcal{T}_{h}=\mathcal{T}_{h}^{1} \cup \mathcal{T}_{h}^{2}
$$

where $\mathcal{T}_{h}^{1}$ is a conforming simplicial mesh of $\Omega_{1}$ and $\mathcal{T}_{h}^{2}$ a conforming simplicial mesh of $\Omega_{2}$. Let $\mathcal{E}_{h}$ denote the set of all interior faces of $\mathcal{T}_{h}$ and $\mathcal{E}_{h}^{\partial}$ the set of all its boundary faces. For any $e$ in $\mathcal{E}_{h}, \omega_{e}$ denotes the union of the elements adjacent to $e$. We suppose that

$$
\mathcal{E}_{h}^{\partial}=\mathcal{E}_{h}^{D, \partial} \cup \mathcal{E}_{h}^{N, \partial},
$$

where $\mathcal{E}_{h}^{D, \partial}$ is the set of all faces lying on $\Gamma_{D}$ and $\mathcal{E}_{h}^{N, \partial}$ those lying on $\Gamma_{N}$. The set of all faces interior to $\Omega_{1}$ is $\mathcal{E}_{h}^{1}$ and that interior to $\Omega_{2}$ is $\mathcal{E}_{h}^{2}$. Finally, the set of faces on $\Gamma_{12}$ is $\mathcal{E}_{h}^{12}$. A unit normal vector $\boldsymbol{n}_{e}$ is attributed to each $e$ in $\mathcal{E}_{h}$ and $\mathcal{E}_{h}^{\partial}$; its direction can be freely chosen. Here, the following rule is applied: if $e \in \mathcal{E}_{h}^{\partial}$, then $\boldsymbol{n}_{e}=\boldsymbol{n}_{\Omega}$, the exterior normal to $\Omega$; if $e$ is in $\mathcal{E}_{h}^{1}$ or $\mathcal{E}_{h}^{2}$, then $\boldsymbol{n}_{e}$ points from $E_{i}$ to $E_{j}$, where $E_{i}$ and $E_{j}$ are the two elements of $\mathcal{T}_{h}$ adjacent to $e$ and the number of $E_{i}$ is smaller than that of $E_{j}$. Finally, if $e \in \mathcal{E}_{h}^{12}$, then $\boldsymbol{n}_{e}=\boldsymbol{n}_{12}$, the outward normal to $\Omega_{1}$. The jumps and averages of any function $f$ on $e \in \mathcal{E}_{h}$ (smooth enough to have a trace) are defined by

$$
\begin{gathered}
{[f(\boldsymbol{x})]_{e}:=\left.f(\boldsymbol{x})\right|_{E_{i}}-\left.f(\boldsymbol{x})\right|_{E_{j}}, \quad \text { when } \boldsymbol{n}_{e} \text { points from } E_{i} \text { to } E_{j},} \\
\{f(\boldsymbol{x})\}_{e}:=\frac{1}{2}\left(\left.f(\boldsymbol{x})\right|_{E_{i}}+\left.f(\boldsymbol{x})\right|_{E_{j}}\right) .
\end{gathered}
$$

When $e \in \mathcal{E}_{h}^{\partial}$, the jump and average coincide with the trace on $e$.
Let $k \geq 1$ and $m \geq 1$ be two integers. On this mesh, we introduce first the following standard finite element spaces:

$$
\begin{equation*}
\boldsymbol{W}_{h}:=\left\{\boldsymbol{v} \in \boldsymbol{W}:\left.\boldsymbol{v}\right|_{E} \in \mathbb{P}_{m}(E)^{d}, \forall E \in \mathcal{T}_{h}\right\}, \tag{3.2}
\end{equation*}
$$

$$
\begin{equation*}
Q_{h}=\left\{q \in H^{1}\left(\Omega_{1}\right):\left.q\right|_{E} \in \mathbb{P}_{k}(E), \forall E \in \mathcal{T}_{h}^{1}\right\} \tag{3.3}
\end{equation*}
$$

Next, the space $Q_{h}$ is enriched by piecewise constants in each cell, whence the name enriched,

$$
\begin{equation*}
M_{h}=Q_{h}+\left\{q \in L^{2}\left(\Omega_{1}\right):\left.q\right|_{E} \in \mathbb{P}_{0}(E), \forall E \in \mathcal{T}_{h}^{1}\right\} \tag{3.4}
\end{equation*}
$$

The displacement will be discretized in $\boldsymbol{W}_{h}$ and the pressure in $M_{h}$, and because of the discontinuous constants in $M_{h}$, the discrete flow equations will be locally mass conservative. Their structure will be the same as that of a discontinuous Galerkin formulation, but as the jumps involve only constants, their coding will be simpler.

As the exact solution is not necessarily smooth, it is approximated by Scott \& Zhang interpolants (see [42]),

$$
\begin{equation*}
R_{h} \in \mathcal{L}\left(\boldsymbol{W}, \boldsymbol{W}_{h}\right), \Pi_{h} \in \mathcal{L}\left(H^{1}\left(\Omega_{1}\right), Q_{h}\right) . \tag{3.5}
\end{equation*}
$$

Considering the degree of the polynomial functions in $\boldsymbol{W}_{h}$ and $Q_{h}$, these interpolants have the following quasi-local approximation errors:

$$
\begin{gather*}
\forall E \in \mathcal{T}_{h}, \forall \boldsymbol{v} \in H^{s}(E)^{d},\left|\boldsymbol{v}-R_{h}(\boldsymbol{v})\right|_{H^{j}(E)} \leq C h_{E}^{s-j}|\boldsymbol{v}|_{H^{s}\left(\Delta_{E}\right)}, 1 \leq s \leq m+1,0 \leq j \leq s,  \tag{3.6}\\
\forall E \in \mathcal{T}_{h}^{1}, \forall q \in H^{s}(E),\left|q-\Pi_{h}(q)\right|_{H^{j}(E)} \leq C h_{E}^{s-j}|q|_{H^{s}\left(\Delta_{E}\right)}, 1 \leq s \leq k+1,0 \leq j \leq s, \tag{3.7}
\end{gather*}
$$

with constants $C$ independent of $E$ and $h_{E}$, where $\Delta_{E}$ is a small patch of elements including $E$ containing the values used in computing the approximation.

Regarding approximation in time, the interval $[0, T]$ is divided into $N$ equal subintervals with length $\Delta t$ and endpoints $t_{n}=n \Delta t$. The choice of equal time steps is a simplification; the material below extends readily to variable time steps. The data is assumed to be continuous in time, and we set a.e. in $\Omega$

$$
\begin{equation*}
\boldsymbol{f}^{n}(\boldsymbol{x})=\boldsymbol{f}\left(\boldsymbol{x}, t_{n}\right), q^{n}(\boldsymbol{x})=q\left(\boldsymbol{x}, t_{n}\right), \boldsymbol{t}_{N}^{n}(\boldsymbol{x})=\boldsymbol{t}_{N}\left(\boldsymbol{x}, t_{n}\right) . \tag{3.8}
\end{equation*}
$$

### 3.2. Fixed-stress iterative coupling

With these spaces, the fully discrete split problem is:
Initialization. Set

$$
\begin{equation*}
p_{h}^{0}=\Pi_{h}\left(p_{0}\right) . \tag{3.9}
\end{equation*}
$$

Compute $\boldsymbol{u}_{h}^{0} \in \boldsymbol{W}_{h}$ and $\bar{\sigma}_{h}^{0}$ by solving

$$
\begin{equation*}
\forall \boldsymbol{v}_{h} \in \boldsymbol{W}_{h}, 2 G\left(\boldsymbol{\varepsilon}\left(\boldsymbol{u}_{h}^{0}\right), \boldsymbol{\varepsilon}\left(\boldsymbol{v}_{h}\right)\right)_{\Omega}+\lambda\left(\nabla \cdot \boldsymbol{u}_{h}^{0}, \nabla \cdot \boldsymbol{v}_{h}\right)_{\Omega}=\alpha\left(p_{h}^{0}, \nabla \cdot \boldsymbol{v}_{h}\right)_{\Omega_{1}}+\left(\boldsymbol{f}^{0}, \boldsymbol{v}_{h}\right)_{\Omega}+\left(\boldsymbol{t}_{N}^{0}, \boldsymbol{v}_{h}\right)_{\Gamma_{N}}, \tag{3.10}
\end{equation*}
$$

and setting

$$
\begin{equation*}
\bar{\sigma}_{h}^{0}=K_{b} \nabla \cdot \boldsymbol{u}_{h}^{0}-\alpha p_{h}^{0} . \tag{3.11}
\end{equation*}
$$

Time step $n \geq 1$.

1. Set $p_{h}^{n, 0}=p_{h}^{n-1}, \boldsymbol{u}_{h}^{n, 0}=\boldsymbol{u}_{h}^{n-1}$, and $\bar{\sigma}_{h}^{n, 0}=\bar{\sigma}_{h}^{n-1}$.
2. For $\ell \geq 1$, compute
(a) $p_{h}^{n, \ell} \in M_{h}$ by solving

$$
\begin{align*}
\forall \theta_{h} \in M_{h}, \quad & \left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right) \frac{1}{\Delta t}\left(p_{h}^{n, \ell}-p_{h}^{n-1}, \theta_{h}\right)_{\Omega_{1}}+\frac{1}{\mu_{f}} \sum_{E \in \mathcal{T}_{h}^{1}}\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right), \nabla \theta_{h}\right)_{E} \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left\{\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}+\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, \ell}\right]_{e}\right)_{e}\right) \\
& +\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}} \frac{\gamma_{e}}{h_{e}}\left(\left[p_{h}^{n, \ell}\right]_{e},\left[\theta_{h}\right]_{e}\right)_{e}=-\frac{\alpha}{K_{b}} \frac{1}{\Delta t}\left(\bar{\sigma}_{h}^{n, l-1}-\bar{\sigma}_{h}^{n-1}, \theta_{h}\right)_{\Omega_{1}}+\left(q^{n}, \theta_{h}\right)_{\Omega_{1}} ; \tag{3.12}
\end{align*}
$$

(b) the predictor of the difference in fluid content $\delta_{\phi}^{p}$ by

$$
\begin{equation*}
\delta_{\phi}^{p}:=\left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right)\left(p_{h}^{n, \ell}-p_{h}^{n, \ell-1}\right) ; \tag{3.13}
\end{equation*}
$$

(c) $\boldsymbol{u}_{h}^{n, \ell} \in \boldsymbol{W}_{h}$ by solving for all $\boldsymbol{v}_{h} \in \boldsymbol{W}_{h}$,

$$
\begin{equation*}
2 G\left(\boldsymbol{\varepsilon}\left(\boldsymbol{u}_{h}^{n, \ell}\right), \boldsymbol{\varepsilon}\left(\boldsymbol{v}_{h}\right)\right)_{\Omega}+\lambda\left(\nabla \cdot \boldsymbol{u}_{h}^{n, \ell}, \nabla \cdot \boldsymbol{v}_{h}\right)_{\Omega}=\alpha\left(p_{h}^{n, \ell}, \nabla \cdot \boldsymbol{v}_{h}\right)_{\Omega_{1}}+\left(\boldsymbol{f}^{n}, \boldsymbol{v}_{h}\right)_{\Omega}+\left(\boldsymbol{t}_{N}^{n}, \boldsymbol{v}_{h}\right)_{\Gamma_{N}} ; \tag{3.14}
\end{equation*}
$$

(d) $\bar{\sigma}_{h}^{n, \ell}$ by

$$
\begin{equation*}
\bar{\sigma}_{h}^{n, \ell}=K_{b} \nabla \cdot \boldsymbol{u}_{h}^{n, \ell}-\alpha p_{h}^{n, \ell} ; \tag{3.15}
\end{equation*}
$$

(e) the corrector of the difference in fluid content $\delta_{\phi}^{c}$ by

$$
\begin{equation*}
\delta_{\phi}^{c}:=\alpha \nabla \cdot\left(\boldsymbol{u}_{h}^{n, \ell}-\boldsymbol{u}_{h}^{n, \ell-1}\right)+\frac{1}{M}\left(p_{h}^{n, \ell}-p_{h}^{n, \ell-1}\right) . \tag{3.16}
\end{equation*}
$$

If

$$
\left\|\delta_{\phi}^{c}-\delta_{\phi}^{p}\right\|_{L^{\infty}\left(\Omega_{1}\right)}>\varepsilon
$$

set $\ell \leftarrow \ell+1$ and return to (a);
else, set

$$
\begin{equation*}
\ell_{n}:=\ell, \quad p_{h}^{n}:=p_{h}^{n, \ell_{n}}, \quad \boldsymbol{u}_{h}^{n}:=\boldsymbol{u}_{h}^{n, \ell_{n}}, \quad \bar{\sigma}_{h}^{n}:=\bar{\sigma}_{h}^{n, \ell_{n}} \tag{3.17}
\end{equation*}
$$

march in time $n \leftarrow n+1$ and return to 1 .
Note that

$$
\delta_{\phi}^{c}-\delta_{\phi}^{p}=\frac{\alpha}{K_{b}}\left(\bar{\sigma}_{h}^{n, \ell}-\bar{\sigma}_{h}^{n, \ell-1}\right),
$$

and hence the stopping criterion rests on the difference between two iterates of the mean stress. The choice of parameter $\tau_{p}$ leads to different EG schemes. For example, $\tau_{p}=1$ leads to the Symmetric Interior Penalty Galerkin (SIPG) scheme, $\tau_{p}=0$ leads to the Incomplete Interior Penalty Galerkin (IIPG) scheme, and $\tau_{p}=-1$ results in the Non-symmetric Interior Penalty Galerkin (NIPG) scheme. For the sake of brevity, we shall mostly focus here on the SIPG scheme. Through the choice of parameters $\gamma_{e}>0$, the penalty jump term in (3.12) has the effect of determining the allowable amount of discontinuity across an edge. The parameters can also be modified to take into account the variation of $\boldsymbol{\kappa}$ as in [29], but, as this option complicates the a posteriori analysis, it has not been chosen here. Considering the uniform positive definiteness of the permeability tensor $\boldsymbol{\kappa}$,
the parameters $\gamma_{e}$ can be tuned so that the system (3.12) has one and only one solution for each right-hand side, see Lemma 2 in the Appendix. On the other hand, owing to Korn's inequality, (3.14) is always uniquely solvable for each right-hand side. Thus this algorithm generates a unique sequence. As expected, the approach of [36] can be extended to establish unconditional geometric convergence of the algorithm in the case of NIPG, and conditional geometric convergence, when the parameters $\gamma_{e}$ are sufficiently large, in the case of SIPG or IIPG (see Lemma 2 and (10.13) in the Appendix). Under the same conditions, stability estimates and optimal a priori error bounds can be derived, similar to those in [24].

## 4. A posteriori error equations

In this section, we derive error equalities that bring forth residuals arising during computations. At this stage, the data is assumed to be as smooth as needed.

For a posteriori estimates, it is convenient to interpolate the discrete sequences in time. Thus, for any discrete function in time $v^{n}$, let

$$
\begin{equation*}
v_{\tau}^{n}=v^{n-1}+\frac{t-t_{n-1}}{\Delta t}\left(v^{n}-v^{n-1}\right), \quad t \in\left[t_{n-1}, t_{n}\right] . \tag{4.1}
\end{equation*}
$$

For the sake of conciseness, we shall use the following bilinear forms on the space $H^{1}(\Omega)+M_{h}$ :

$$
\begin{aligned}
& \forall p, \theta \in H^{1}(\Omega)+M_{h}, \quad J_{h}(p, \theta):=\sum_{e \in \mathcal{E}_{h}^{1}} \frac{\gamma_{e}}{h_{e}}\left([p]_{e},[\theta]_{e}\right)_{e}, \\
& \forall p, \theta \in H^{1}(\Omega)+M_{h}, \quad(p, \theta)_{h}:=\sum_{E \in \mathcal{T}_{h}^{1}}(\kappa \nabla p, \nabla \theta)_{E}, \\
& \forall p, \theta \in H^{1}(\Omega)+M_{h}, \quad((p, \theta))_{h}:=(p, \theta)_{h}+J_{h}(p, \theta),
\end{aligned}
$$

together with the seminorm

$$
\begin{equation*}
\forall \theta \in H^{1}(\Omega)+M_{h}, \quad|\theta|_{h}:=(\theta, \theta)_{h}^{\frac{1}{2}}, \tag{4.2}
\end{equation*}
$$

and norm

$$
\begin{equation*}
\forall \theta \in H^{1}(\Omega)+M_{h}, \quad\|\theta\|_{h}:=((\theta, \theta))_{h}^{\frac{1}{2}} . \tag{4.3}
\end{equation*}
$$

The subscript $E$ (resp. $\omega_{e}$ ) is added when these quantities are restricted to $E$ (resp. $\omega_{e}$ ).

### 4.1. Flow error equation

The idea is to derive an error equality tested with an arbitrary function $\theta$ in a suitable Sobolev space. The beginning of the following derivation is classical.

With the above notation, the discrete flow equation (3.12) reads in each interval $\left.] t_{n-1}, t_{n}\right]$

$$
\begin{align*}
\forall \theta_{h} \in M_{h}, \quad & \left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right)\left(\partial_{t} p_{h \tau}^{n, \ell}, \theta_{h}\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left(\left(\left(p_{h}^{n, \ell}, \theta_{h}\right)\right)_{h}-\sum_{E \in \mathcal{T}_{h}^{1}}\left(\rho g \boldsymbol{\kappa} \nabla \eta, \nabla \theta_{h}\right)_{E}\right) \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left\{\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}+\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, \ell}\right]_{e}\right)_{e}\right)  \tag{4.4}\\
& =-\frac{\alpha}{K_{b}}\left(\partial_{t} \bar{\sigma}_{h \tau}^{n, \ell-1}, \theta_{h}\right)_{\Omega_{1}}+\left(q^{n}, \theta_{h}\right)_{\Omega_{1}} .
\end{align*}
$$

Hence, assuming that $p$ belongs to $H^{1+\varepsilon}\left(\Omega_{1}\right)$ for some $\varepsilon>0$, and $\partial_{t} p$ and $\nabla \cdot\left(\partial_{t} \boldsymbol{u}\right)$ are sufficiently smooth in each interval $\left.] t_{n-1}, t_{n}\right]$, the flow's error equation, tested with $\theta_{h}$, is

$$
\begin{align*}
\forall \theta_{h} \in M_{h}, \quad & \left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right)\left(\partial_{t}\left(p-p_{h \tau}^{n, \ell}\right), \theta_{h}\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left(\left(p-p_{h}^{n, \ell}, \theta_{h}\right)\right)_{h} \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left\{\boldsymbol{\kappa}\left(\nabla\left(p-p_{h}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}+\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}^{n, \ell}\right]_{e}\right)_{e}\right)\right.  \tag{4.5}\\
& +\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), \theta_{h}\right)_{\Omega_{1}}=\left(q-q^{n}, \theta_{h}\right)_{\Omega_{1}}
\end{align*}
$$

On the other hand, for all $E \in \mathcal{T}_{h}^{1}$, let $\left.\theta\right|_{E}$ belong to $H^{1+\varepsilon}(E)$, for some $\varepsilon>0$. The exact flow equation (2.8) tested with $\theta-\theta_{h}$ reads in each interval $\left.] t_{n-1}, t_{n}\right]$,

$$
\begin{align*}
\forall \theta_{h} \in M_{h}, \quad & \left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right)\left(\partial_{t} p, \theta-\theta_{h}\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left(\left(\left(p, \theta-\theta_{h}\right)\right)_{h}-\sum_{E \in \mathcal{T}_{h}^{1}}\left(\rho g \boldsymbol{\kappa} \nabla \eta, \nabla\left(\theta-\theta_{h}\right)\right)_{E}\right) \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left\{\boldsymbol{\kappa}(\nabla p-\rho g \nabla \eta) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta-\theta_{h}\right]_{e}\right)_{e}+\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla\left(\theta-\theta_{h}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},[p]_{e}\right)_{e}\right) \\
& =-\frac{\alpha}{K_{b}}\left(\partial_{t} \bar{\sigma}, \theta-\theta_{h}\right)_{\Omega_{1}}+\left(q, \theta-\theta_{h}\right)_{\Omega_{1}} \tag{4.6}
\end{align*}
$$

Therefore, by writing $\theta=\theta-\theta_{h}+\theta_{h}$ and using (4.4) and (4.6), the flow error tested with any $\left.\theta\right|_{E} \in H^{1+\varepsilon}(E)$ for all $E \in \mathcal{T}_{h}^{1}$, becomes for all $\theta_{h} \in M_{h}$, in each interval $\left.] t_{n-1}, t_{n}\right]$,

$$
\begin{align*}
& \left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right)\left(\partial_{t}\left(p-p_{h \tau}^{n, \ell}\right), \theta\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left(\left(p-p_{h}^{n, \ell}, \theta\right)\right)_{h} \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left\{\boldsymbol{\kappa}\left(\nabla\left(p-p_{h}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},[\theta]_{e}\right)_{e}+\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla \theta \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}^{n, \ell}\right]_{e}\right)_{e}\right)+\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), \theta\right)_{\Omega_{1}}\right. \\
& =\left(q, \theta-\theta_{h}\right)_{\Omega_{1}}-\left[\left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right)\left(\partial_{t} p_{h \tau}^{n, \ell}, \theta-\theta_{h}\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left(\left(\left(p_{h}^{n, \ell}, \theta-\theta_{h}\right)\right)_{h}-\sum_{E \in \mathcal{T}_{h}^{1}}\left(\rho g \boldsymbol{\kappa} \nabla \eta, \nabla\left(\theta-\theta_{h}\right)\right)_{E}\right)\right. \\
& \quad-\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left\{\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta-\theta_{h}\right]_{e}\right)_{e}+\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla\left(\theta-\theta_{h}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, \ell}\right]_{e}\right)_{e}\right) \\
& \left.\quad+\frac{\alpha}{K_{b}}\left(\partial_{t} \bar{\sigma}_{h \tau}^{n, l-1}, \theta-\theta_{h}\right)_{\Omega_{1}}\right]+\left(q-q^{n}, \theta_{h}\right)_{\Omega_{1}} \tag{4.7}
\end{align*}
$$

This equality is modified first by observing that

$$
\left(q^{n}, \theta_{h}\right)_{\Omega_{1}}=\left(q_{h}^{n}, \theta_{h}\right)_{\Omega_{1}} \text { and }\left(q, \theta-\theta_{h}\right)_{\Omega_{1}}+\left(q-q_{h}^{n}, \theta_{h}\right)_{\Omega_{1}}=\left(q-q_{h}^{n}, \theta\right)_{\Omega_{1}}+\left(q_{h}^{n}, \theta-\theta_{h}\right)_{\Omega_{1}}
$$

where $q_{h}$ denotes the $L^{2}$ projection on $\mathbb{P}_{k}$ in each cell $E$; and next by applying Green's formula in
each cell $E$

$$
\begin{aligned}
&-\sum_{E \in \mathcal{T}_{h}^{1}}\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right), \nabla\left(\theta-\theta_{h}\right)\right)_{E}=\sum_{E \in \mathcal{T}_{h}^{1}}\left(\nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right)\right), \theta-\theta_{h}\right)_{E} \\
& \quad-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e},\left\{\theta-\theta_{h}\right\}_{e}\right)_{e}+\left(\left\{\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta-\theta_{h}\right]_{e}\right)_{e}\right) \\
& \quad-\sum_{e \in \mathcal{E}_{h}^{12}}\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{12}, \theta-\theta_{h}\right)_{e}
\end{aligned}
$$

Then (4.7) becomes for all $\left.\theta\right|_{E} \in H^{1+\varepsilon}(E)$ for all $E \in \mathcal{T}_{h}^{1}$, all $\theta_{h} \in M_{h}$, and in each interval $\left.] t_{n-1}, t_{n}\right]$,

$$
\begin{align*}
& \left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right)\left(\partial_{t}\left(p-p_{h \tau}^{n, \ell}\right), \theta\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left(\left(p-p_{h}^{n, \ell}, \theta\right)\right)_{h} \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left\{\boldsymbol{\kappa}\left(\nabla\left(p-p_{h}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},[\theta]_{e}\right)_{e}+\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla \theta \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}^{n, \ell}\right]_{e}\right)_{e}\right)+\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), \theta\right)_{\Omega_{1}}\right. \\
& =\left(q-q_{h}^{n}, \theta\right)_{\Omega_{1}} \\
& +\sum_{E \in \mathcal{T}_{h}^{1}}\left(q_{h}^{n}-\left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right) \partial_{t} p_{h \tau}^{n, \ell}+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right)\right)-\frac{\alpha}{K_{b}} \partial_{t} \bar{\sigma}_{h \tau}^{n, \ell-1}, \theta-\theta_{h}\right)_{E} \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e},\left\{\theta-\theta_{h}\right\}_{e}\right)_{e}-\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla\left(\theta-\theta_{h}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, \ell}\right]_{e}\right)_{e}\right) \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{12}}\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{12}, \theta-\theta_{h}\right)_{e}-\frac{1}{\mu_{f}} J_{h}\left(p_{h}^{n, \ell}, \theta-\theta_{h}\right) . \tag{4.8}
\end{align*}
$$

Up to this point, the approach presented above is similar to that of [18] for a monolithic scheme. But now, we want to bring forth the effect of the algorithmic error. To this end, we express the time derivative in the left-hand side of (4.8) as it appears in (2.8). By means of formula (2.5) for the mean stress $\bar{\sigma}$, this gives the following version of the flow error equality:

$$
\begin{align*}
& \left(\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n, \ell}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right), \theta\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left(\left(p-p_{h}^{n, \ell}, \theta\right)\right)_{h} \\
& =\left(q-q_{h}^{n}, \theta\right)_{\Omega_{1}}+\sum_{E \in \mathcal{T}_{h}^{1}}\left(q_{h}^{n}-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n, \ell}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n, \ell}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right)\right), \theta-\theta_{h}\right)_{E} \\
& +\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left\{\boldsymbol{\kappa}\left(\nabla\left(p-p_{h}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},[\theta]_{e}\right)_{e}+\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla \theta \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}^{n, \ell}\right]_{e}\right)_{e}\right)\right. \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e},\left\{\theta-\theta_{h}\right\}_{e}\right)_{e}-\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla\left(\theta-\theta_{h}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, \ell}\right]_{e}\right)_{e}\right) \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{12}}\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{12}, \theta-\theta_{h}\right)_{e}-\frac{1}{\mu_{f}} J_{h}\left(p_{h}^{n, \ell}, \theta-\theta_{h}\right)-\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}^{n, \ell}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), \theta_{h}\right)_{\Omega_{1}} \cdot \tag{4.9}
\end{align*}
$$

### 4.2. Elasticity error equation

Again, the idea is to derive an error equality tested with an arbitrary function $\boldsymbol{v}$ in a suitable Sobolev space. We proceed as above, with the exception of the last step. First, we interpolate linearly in time (3.14) in each subinterval and use the $L^{2}$ projection $\boldsymbol{f}_{h}$ of $\boldsymbol{f}$ on $\mathbb{P}_{m}^{3}$ in each cell $E$ and the $L^{2}$ projection $\boldsymbol{t}_{N, h}$ of $\boldsymbol{t}_{N}$ on $\mathbb{P}_{m}^{3}$ in each face $e$ of $\mathcal{E}_{h}^{N, \boldsymbol{\partial}}$. Then the discrete elasticity error equation reads in each interval $\left.] t_{n-1}, t_{n}\right]$

$$
\begin{align*}
\forall \boldsymbol{v}_{h} \in \boldsymbol{W}_{h}, \quad & 2 G\left(\boldsymbol{\varepsilon}\left(\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{u}\right), \boldsymbol{\varepsilon}\left(\boldsymbol{v}_{h}\right)\right)_{\Omega}+\lambda\left(\nabla \cdot\left(\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{u}\right), \nabla \cdot \boldsymbol{v}_{h}\right)_{\Omega}-\alpha\left(p_{h \tau}^{n, \ell}-p, \nabla \cdot \boldsymbol{v}_{h}\right)_{\Omega_{1}}  \tag{4.10}\\
& =\left(\boldsymbol{f}_{h \tau}^{n}-\boldsymbol{f}, \boldsymbol{v}_{h}\right)_{\Omega}+\left(\boldsymbol{t}_{N, h \tau}^{n}-\boldsymbol{t}_{N}, \boldsymbol{v}_{h}\right)_{\Gamma_{N}} .
\end{align*}
$$

Next, the exact elasticity equation (2.7), tested with $\boldsymbol{v}-\boldsymbol{v}_{h}$, for all $\boldsymbol{v}$ in $\boldsymbol{W}$ at any time gives

$$
\begin{align*}
\forall \boldsymbol{v}_{h} \in \boldsymbol{W}_{h}, \quad 2 G\left(\boldsymbol{\epsilon}(\boldsymbol{u}), \boldsymbol{\epsilon}\left(\boldsymbol{v}-\boldsymbol{v}_{h}\right)\right)_{\Omega}+\lambda\left(\nabla \cdot \boldsymbol{u}, \nabla \cdot\left(\boldsymbol{v}-\boldsymbol{v}_{h}\right)\right)_{\Omega} & -\alpha\left(p, \nabla \cdot\left(\boldsymbol{v}-\boldsymbol{v}_{h}\right)\right)_{\Omega_{1}} \\
& =\left(\boldsymbol{f}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{\Omega}+\left(\boldsymbol{t}_{N}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{\Gamma_{N}} . \tag{4.11}
\end{align*}
$$

Therefore, we infer from (4.10) and (4.11) the following elasticity error equation in each interval $\left.] t_{n-1}, t_{n}\right]$ :

$$
\begin{align*}
\forall \boldsymbol{v}_{h} \in \boldsymbol{W}_{h}, \quad & 2 G\left(\boldsymbol{\epsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right), \boldsymbol{\epsilon}(\boldsymbol{v})\right)_{\Omega}+\lambda\left(\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right), \nabla \cdot \boldsymbol{v}\right)_{\Omega}-\alpha\left(p-p_{h \tau}^{n, \ell}, \nabla \cdot \boldsymbol{v}\right)_{\Omega_{1}} \\
& =\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}, \boldsymbol{v}_{h}\right)_{\Omega}+\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}^{n}, \boldsymbol{v}_{h}\right)_{\Gamma_{N}}+\left(\boldsymbol{f}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{\Omega}+\left(\boldsymbol{t}_{N}, \boldsymbol{v}-\boldsymbol{v}\right)_{\Gamma_{N}} \\
& -\left[2 G\left(\boldsymbol{\epsilon}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right), \boldsymbol{\epsilon}\left(\boldsymbol{v}-\boldsymbol{v}_{h}\right)\right)_{\Omega}+\lambda\left(\nabla \cdot\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right), \nabla \cdot\left(\boldsymbol{v}-\boldsymbol{v}_{h}\right)\right)_{\Omega}-\alpha\left(p_{h \tau}^{n, \ell}, \nabla \cdot\left(\boldsymbol{v}-\boldsymbol{v}_{h}\right)\right)_{\Omega_{1}}\right] . \tag{4.12}
\end{align*}
$$

Finally, (4.12) is modified by using

$$
\left(\boldsymbol{f}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{\Omega}+\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}, \boldsymbol{v}_{h}\right)_{\Omega}=\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}, \boldsymbol{v}\right)_{\Omega}+\left(\boldsymbol{f}_{h \tau}^{n}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{\Omega},
$$

a similar expression for $\boldsymbol{t}_{N}$, and Green's formula in each cell $E$. This yields in each interval $\left.] t_{n-1}, t_{n}\right]$, for all $\boldsymbol{v}$ in $\boldsymbol{W}$

$$
\begin{align*}
\forall \boldsymbol{v}_{h} \in \boldsymbol{W}_{h}, \quad & 2 G\left(\boldsymbol{\epsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right), \boldsymbol{\epsilon}(\boldsymbol{v})\right)_{\Omega}+\lambda\left(\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right), \nabla \cdot \boldsymbol{v}\right)_{\Omega}-\alpha\left(p-p_{h \tau}^{n, \ell}, \nabla \cdot \boldsymbol{v}\right)_{\Omega_{1}} \\
& =\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}, \boldsymbol{v}\right)_{\Omega}+\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}^{n}, \boldsymbol{v}\right)_{\Gamma_{N}} \\
& +\sum_{E \in \mathcal{T}_{h}^{1}}\left(\boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right)-\alpha \nabla p_{h \tau}^{n, \ell}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{E}+\sum_{E \in \mathcal{T}_{h}^{2}}\left(\boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right), \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{E} \\
& -\sum_{e \in \mathcal{E}_{h}}\left(\left[\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right]_{e} \boldsymbol{n}_{e}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{e}+\alpha \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\left[p_{h \tau}^{n, \ell}\right]_{e},\left(\boldsymbol{v}-\boldsymbol{v}_{h}\right) \cdot \boldsymbol{n}_{e}\right)_{e} \\
& -\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right) \boldsymbol{n}_{\Omega}-\boldsymbol{t}_{N, h \tau}^{n}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{\Gamma_{N}} . \tag{4.13}
\end{align*}
$$

Note that (4.13) is valid at initial time (i.e. when $n=0$ ). Note also that when the data and solution are smooth enough, (4.13) can be differentiated with respect to time,

$$
\begin{align*}
& \left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{\Omega}-\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n, \ell}\right), \nabla \cdot \boldsymbol{v}\right)_{\Omega_{1}}=\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{\Omega}+\left(\partial_{t}\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}^{n}\right), \boldsymbol{v}\right)_{\Gamma_{N}} \\
& +\sum_{E \in \mathcal{T}_{h}^{1}}\left(\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n, \ell}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n, \ell}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{E}+\sum_{E \in \mathcal{T}_{h}^{2}}\left(\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n, \ell}\right), \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{E} \\
& -\sum_{e \in \mathcal{E}_{h}}\left(\left[\boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n, \ell}\right)\right]_{e} \boldsymbol{n}_{e}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{e}+\alpha \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\partial_{t}\left[p_{h \tau}^{n, \ell}\right]_{e},\left(\boldsymbol{v}-\boldsymbol{v}_{h}\right) \cdot \boldsymbol{n}_{e}\right)_{e} \\
& -\left(\boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n, \ell}\right) \boldsymbol{n}_{\Omega}-\partial_{t} \boldsymbol{t}_{N, h \tau}^{n}, \boldsymbol{v}-\boldsymbol{v}_{h}\right)_{\Gamma_{N}} . \tag{4.14}
\end{align*}
$$

### 4.3. Final error equation

In the spirit of [18, 40], an upper bound for the error is obtained by testing, in each interval, (4.9) with $\theta=p-p_{h \tau}^{n, \ell}$, (4.13) with $\boldsymbol{v}=\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)$ and substituting the expression for

$$
-\alpha\left(p-p_{h \tau}^{n, \ell}, \nabla \cdot \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right)_{\Omega_{1}},
$$

into the resulting error flow equation. This gives an equation in each subinterval with left-hand side

$$
\begin{align*}
\text { LHS }:= & \frac{1}{2 M} \frac{d}{d t}\left\|p-p_{h \tau}^{n, \ell}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+G \frac{d}{d t}\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right\|_{L^{2}(\Omega)}^{2}+\frac{\lambda}{2} \frac{d}{d t}\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right\|_{L^{2}(\Omega)}^{2} \\
& +\frac{1}{\mu_{f}}\left\|p-p_{h \tau}^{n, \ell}\right\|_{h}^{2}, \tag{4.15}
\end{align*}
$$

and right-hand side for all $\theta_{h} \in H^{1}\left(0, T ; M_{h}\right)$ and all $\boldsymbol{v}_{h} \in H^{1}\left(0, T ; \boldsymbol{W}_{h}\right)$,

$$
\begin{align*}
\text { RHS }:= & \frac{1}{\mu_{f}}\left(\left(p_{h}^{n, \ell}-p_{h \tau}^{n, \ell}, p-p_{h \tau}^{n, \ell}\right)\right)_{h}-\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}^{n, \ell}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), \theta_{h}\right)_{\Omega_{1}} \\
& +\sum_{E \in \mathcal{T}_{h}^{1}}\left(q_{h}^{n}-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n, \ell}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n, \ell}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right)\right), p-p_{h \tau}^{n, \ell}-\theta_{h}\right)_{E} \\
& +\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left\{\boldsymbol{\kappa}\left(\nabla\left(p-p_{h}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h \tau}^{n, \ell}\right]_{e}\right)_{e}+\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla\left(p-p_{h \tau}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}^{n, \ell}\right]_{e}\right)_{e}\right)\right. \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e},\left\{p-p_{h \tau}^{n, \ell}-\theta_{h}\right\}_{e}\right)_{e}-\tau_{p}\left(\left\{\boldsymbol{\kappa} \nabla\left(p-p_{h \tau}^{n, \ell}-\theta_{h}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, \ell}\right]_{e}\right)_{e}\right) \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{12}}\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{12}, p-p_{h \tau}^{n, \ell}-\theta_{h}\right)_{e}-\frac{1}{\mu_{f}} J_{h}\left(p_{h}^{n, \ell}, p-p_{h \tau}^{n, \ell}-\theta_{h}\right) \\
& +\sum_{E \in \mathcal{T}_{h}^{1}}\left(\boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right)-\alpha \nabla p_{h \tau}^{n, \ell}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right)\right)_{E} \\
& +\sum_{E \in \mathcal{T}_{h}^{2}}\left(\boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right), \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right)\right)_{E}-\sum_{e \in \mathcal{E}_{h}}\left(\left[\sigma\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right]_{e} \boldsymbol{n}_{e}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right)\right)_{e} \\
& +\alpha \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\left[p_{h \tau}^{n, \ell}\right]_{e}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right) \cdot \boldsymbol{n}_{e}\right)_{e}-\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right) \boldsymbol{n}_{\Omega}-\boldsymbol{t}_{N, h \tau}^{n}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right)\right)_{\Gamma_{N}} \\
& +\left(q-q_{h}^{n}, p-p_{h \tau}^{n, \ell}\right)_{\Omega_{1}}+\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right)_{\Omega}+\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}^{n}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right)_{\Gamma_{N}} . \tag{4.16}
\end{align*}
$$

For each $n$ and $\ell$, in each interval $\left.] t_{n-1}, t_{n}\right]$, the usual choice of function $\boldsymbol{v}_{h}$ is

$$
\begin{equation*}
\boldsymbol{v}_{h}=R_{h}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right) \tag{4.17}
\end{equation*}
$$

whereas the simplest choice for $\theta_{h}$, considering that $M_{h}$ contains the constant functions, is the integral mean value in each cell $E$,

$$
\begin{equation*}
\left.\theta_{h}\right|_{E}=m_{E}\left(p-p_{h \tau}^{n, \ell}\right):=\frac{1}{|E|} \int_{E}\left(p-p_{h \tau}^{n, \ell}\right) . \tag{4.18}
\end{equation*}
$$

As the surface terms involving $\boldsymbol{\kappa} \nabla p \cdot \boldsymbol{n}$ cannot be controlled by the left-hand side, we apply the argument introduced in [26]. It consists in extracting the problematic surface terms from the consistency error equation (4.5) and thus expressing them as functions of quantities that can be estimated. Since these terms depend on the choice of parameter $\tau_{p}$, to simplify the discussion, we choose from now on $\tau_{p}=1$ (i.e., the case SIPG), the other cases are slightly simpler because they involve less terms. With $\theta_{h}$ defined by (4.18), the sum of these surface terms is

$$
\begin{equation*}
\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p-p_{h}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[-p_{h \tau}^{n, \ell}\right]_{e}\right)_{e}=-\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p-p_{h}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h \tau}^{n, \ell}-\theta\right]_{e}\right)_{e}, \tag{4.19}
\end{equation*}
$$

for any function $\theta$ in $H^{1}\left(0, T ; Q_{h}^{1}\right)$, where $Q_{h}^{1}$ denotes the space $Q_{h}$ defined in (3.3) with degree
$k=1$ (thus having no jump). Then the flow error equation (4.5) tested with $p_{h \tau}^{n, \ell}-\theta \in M_{h}$ yields

$$
\begin{aligned}
-\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p-p_{h}^{n, \ell}\right)\right.\right. & \left.\left.\cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h \tau}^{n, \ell}-\theta\right]_{e}\right)_{e}=-\left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right)\left(\partial_{t}\left(p-p_{h \tau}^{n, \ell}\right), p_{h \tau}^{n, \ell}-\theta\right)_{\Omega_{1}} \\
& -\frac{1}{\mu_{f}}\left(\left(p-p_{h}^{n, \ell}, p_{h \tau}^{n, \ell}-\theta\right)\right)_{h}+\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h \tau}^{n, \ell}-\theta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}^{n, \ell}\right]_{e}\right)_{e} \\
& -\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), p_{h \tau}^{n, \ell}-\theta\right)_{\Omega_{1}}+\left(q-q_{h}^{n}, p_{h \tau}^{n \ell}-\theta\right)_{\Omega_{1}}
\end{aligned}
$$

Bringing forth the algorithmic error, this can be written

$$
\begin{aligned}
-\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p-p_{h}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e}\right. & \left.,\left[p_{h \tau}^{n, \ell}-\theta\right]_{e}\right)_{e}=-\left(\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n, \ell}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right), p_{h \tau}^{n, \ell}-\theta\right)_{\Omega_{1}} \\
& -\frac{1}{\mu_{f}}\left(\left(p-p_{h}^{n, \ell}, p_{h \tau}^{n, \ell}-\theta\right)\right)_{h}+\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h \tau}^{n, \ell}-\theta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}^{n, \ell}\right]_{e}\right)_{e} \\
& -\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}^{n, \ell}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), p_{h \tau}^{n, \ell}-\theta\right)_{\Omega_{1}}+\left(q-q_{h}^{n}, p_{h \tau}^{n \ell}-\theta\right)_{\Omega_{1}}
\end{aligned}
$$

Considering that $\theta$ does not jump, the double scalar product has the expression

$$
-\frac{1}{\mu_{f}}\left(\left(p-p_{h}^{n, \ell}, p_{h \tau}^{n, \ell}-\theta\right)\right)_{h}=-\frac{1}{\mu_{f}}\left(p-p_{h}^{n, \ell}, p_{h \tau}^{n, \ell}-\theta\right)_{h}+\frac{1}{\mu_{f}} J_{h}\left(p_{h}^{n, \ell}, p_{h \tau}^{n, \ell}\right) .
$$

Thus

$$
\begin{aligned}
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p-p_{h}^{n, \ell}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h \tau}^{n, \ell}-\theta\right]_{e}\right)_{e}=-\left(\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n, \ell}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right), p_{h \tau}^{n, \ell}-\theta\right)_{\Omega_{1}} \\
& \quad-\frac{1}{\mu_{f}}\left(p-p_{h}^{n, \ell}, p_{h \tau}^{n, \ell}-\theta\right)_{h}+\frac{1}{\mu_{f}} J_{h}\left(p_{h}^{n, \ell}, p_{h \tau}^{n, \ell}\right)+\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h \tau}^{n, \ell}-\theta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}^{n, \ell}\right]_{e}\right)_{e} \\
& \quad-\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}^{n, \ell}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), p_{h \tau}^{n, \ell}-\theta\right)_{\Omega_{1}}+\left(q-q_{h}^{n}, p_{h \tau}^{n \ell}-\theta\right)_{\Omega_{1}} .
\end{aligned}
$$

Therefore, by substituting this equality into (4.16) and (4.15), we derive

$$
\begin{align*}
\text { LHS }= & \frac{1}{\mu_{f}}\left(\left(p_{h}^{n, \ell}-p_{h \tau}^{n, \ell}, p-p_{h \tau}^{n, \ell}\right)\right)_{h}-\frac{1}{\mu_{f}}\left(p-p_{h}^{n, \ell}, p_{h \tau}^{n, \ell}-\theta\right)_{h}+\frac{1}{\mu_{f}} J_{h}\left(p_{h}^{n, \ell}, 2 p_{h \tau}^{n, \ell}+\theta_{h}\right) \\
& -\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}^{n, \ell}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), \theta_{h}\right)_{\Omega_{1}}-\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}^{n, \ell}-\bar{\sigma}_{h \tau}^{n, \ell-1}\right), p_{h \tau}^{n, \ell}-\theta\right)_{\Omega_{1}} \\
& +\sum_{E \in \mathcal{T}_{h}^{1}}\left(q_{h}^{n}-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n, \ell}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n, \ell}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right)\right), p-p_{h \tau}^{n, \ell}-\theta_{h}\right)_{E} \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{\mathcal{1}} \cup \mathcal{E}_{h}^{12}}\left(\left(\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e},\left\{p-p_{h \tau}^{n, \ell}-\theta_{h}\right\}_{e}\right)_{e}+\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h \tau}^{n, \ell}-\theta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}^{n, \ell}\right]_{e}\right)_{e}\right. \\
& +\left(q-q_{h}^{n}-\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n, \ell}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right), p_{h \tau}^{n, \ell}-\theta\right)_{\Omega_{1}}+\left(q-q_{h}^{n}, p-p_{h \tau}^{n, \ell}\right)_{\Omega_{1}} \\
& +\sum_{E \in \mathcal{T}_{h}^{1}}\left(\boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right)-\alpha \nabla p_{h \tau}^{n, \ell}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right)\right)_{E} \\
& +\sum_{E \in \mathcal{T}_{h}^{2}}\left(\boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right), \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right)\right)_{E}-\sum_{e \in \mathcal{E}_{h}}\left(\left[\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right]_{e} \boldsymbol{n}_{e}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right)\right)_{e} \\
& +\alpha \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\left[p_{h \tau}^{n, \ell}\right]_{e}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right) \cdot \boldsymbol{n}_{e}\right)_{e}-\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n, \ell}\right) \boldsymbol{n}_{\Omega}-\boldsymbol{t}_{N, h \tau}^{n}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}-\boldsymbol{v}_{h}\right)\right)_{\Gamma_{N}} \\
& +\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right)_{\Omega}+\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}^{n}, \partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell}\right)\right)_{\Gamma_{N}} . \tag{4.20}
\end{align*}
$$

Note that this formulation requires that $\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right)$ be sufficiently smooth to be tested against piecewise polynomial functions.

The functions $\boldsymbol{v}_{h}$ and $\theta_{h}$ have been chosen by (4.17) and (4.18), respectively. To choose $\theta$, recall that $p_{h \tau}=p_{h \tau}^{\mathrm{ct}}+p_{h \tau}^{\text {disc }}$, where ct denotes its continuous part and disc its discontinuous constant part. Then we take

$$
\begin{equation*}
\theta=p_{h \tau}^{\mathrm{ct}}+S_{h}\left(p_{h \tau}^{\mathrm{disc}}\right), \tag{4.21}
\end{equation*}
$$

where $S_{h}$ is an approximation operator of Scott \& Zhang type [42] that is globally $C^{0}$ and piecewise $\mathbb{P}_{1}$ in each cell, see [21]. More precisely, for any node $\boldsymbol{a}$ of $\bar{\Omega}_{1}$, we choose an element $E_{\boldsymbol{a}}$ in $\bar{\Omega}_{1}$ with vertex $\boldsymbol{a}$, set

$$
S_{h}\left(p_{h \tau}^{\text {disc }}\right)(\boldsymbol{a})=\left.p_{h \tau}^{\text {disc }}\right|_{E_{a}},
$$

and

$$
\begin{equation*}
\forall \boldsymbol{x} \in \bar{\Omega}_{1}, \quad S_{h}\left(p_{h \tau}^{\mathrm{disc}}\right)(\boldsymbol{x})=\sum_{\boldsymbol{a}} p_{h \tau}^{\mathrm{disc}}\left(E_{\boldsymbol{a}}\right) \phi_{\boldsymbol{a}}(\boldsymbol{x}), \tag{4.22}
\end{equation*}
$$

where $\phi_{\boldsymbol{a}}$ is the standard piecewise $\mathbb{P}_{1}$ basis function and $\boldsymbol{a}$ runs over all vertices of elements in $\bar{\Omega}_{1}$.
Now, for each $n$, we consider (4.20) for the last iterate $\ell=\ell_{n}$ that achieves convergence of the discrete mean stress so that we can drop everywhere the index $\ell$ except when it appears as $\ell-1$, i.e., $p_{h \tau}^{n}:=p_{h \tau}^{n, \ell_{n}}, \boldsymbol{u}_{h \tau}^{n}:=\boldsymbol{u}_{h \tau}^{n, \ell_{n}}$. In addition, to avoid a multiplicity of notation, we denote by $v_{h}^{n}$ the step function in time that takes the value $v_{h}^{n}$ in the interval $\left.] t_{n-1}, t_{n}\right]$. Then, we integrate both sides of (4.20) from 0 to $t, 0<t \leq T$, say $t_{m-1}<t \leq t_{m}$, and again to simplify, this integral of the step function $v_{h}^{n}$ is denoted by $\int_{0}^{t} v_{h}$. At this stage, we observe that the time derivative of $\boldsymbol{u}-\boldsymbol{u}_{h \tau}$ and $p-p_{h \tau}$ cannot be absorbed by the left-hand side; and hence will have to be integrated by parts.

Thus, we derive the following error equality:

$$
\begin{align*}
& \frac{1}{2 M}\left\|\left(p-p_{h \tau}\right)(t)\right\|_{\Omega_{1}}^{2}+G\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right\|_{\Omega}^{2}+\frac{\lambda}{2}\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right\|_{\Omega}^{2}+\frac{1}{\mu_{f}} \int_{0}^{t}\left\|p-p_{h \tau}\right\|_{h}^{2} \\
& =\frac{1}{\mu_{f}} \int_{0}^{t}\left(\left(p_{h}-p_{h \tau}, p-p_{h \tau}\right)\right)_{h}-\frac{1}{\mu_{f}} \int_{0}^{t}\left(p-p_{h}, p_{h \tau}-\theta\right)_{h}+\frac{1}{\mu_{f}} \int_{0}^{t} J_{h}\left(p_{h}, 2 p_{h \tau}+\theta_{h}\right) \\
& -\frac{\alpha}{K_{b}} \int_{0}^{t}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}-\bar{\sigma}_{h \tau}^{\ell-1}\right), \theta_{h}\right)_{\Omega_{1}}-\frac{\alpha}{K_{b}} \int_{0}^{t}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}-\bar{\sigma}_{h \tau}^{\ell-1}\right), p_{h \tau}-\theta\right)_{\Omega_{1}} \\
& +\int_{0}^{t} \sum_{E \in \mathcal{T}_{h}^{1}}\left(q_{h}-\partial_{t}\left(\frac{1}{M} p_{h \tau}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}-\rho g \nabla \eta\right)\right), p-p_{h \tau}-\theta_{h}\right)_{E} \\
& -\frac{1}{\mu_{f}} \int_{0}^{t} \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\left(\left[\boldsymbol{\kappa}\left(\nabla p_{h}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e},\left\{p-p_{h \tau}-\theta_{h}\right\}_{e}\right)_{e}+\frac{1}{\mu_{f}} \int_{0}^{t} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h \tau}-\theta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}\right]_{e}\right)_{e}\right. \\
& +\int_{0}^{t}\left(\left(q-q_{h}, p_{h \tau}-\theta\right)_{\Omega_{1}}+\left(q-q_{h}, p-p_{h \tau}\right)_{\Omega_{1}}\right)+\int_{0}^{t}\left(\frac{1}{M}\left(p-p_{h \tau}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right), \partial_{t}\left(p_{h \tau}-\theta\right)\right)_{\Omega_{1}} \\
& -\int_{0}^{t} \sum_{E \in \mathcal{T}_{h}^{1}}\left(\partial_{t}\left(\boldsymbol{f}_{h \tau}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)-\alpha \nabla p_{h \tau}\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)_{E} \\
& -\int_{0}^{t} \sum_{E \in \mathcal{T}_{h}^{2}}\left(\partial_{t}\left(\boldsymbol{f}_{h \tau}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)_{E}+\int_{0}^{t} \sum_{e \in \mathcal{E}_{h}}\left(\left[\partial_{t} \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right) \boldsymbol{n}_{e}\right]_{e}, \boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)_{e} \\
& -\int_{0}^{t} \alpha \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\left[\partial_{t} p_{h \tau}\right]_{e},\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right) \cdot \boldsymbol{n}_{e}\right)_{e}+\int_{0}^{t}\left(\partial_{t}\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right) \boldsymbol{n}_{\Omega}-\boldsymbol{t}_{N, h \tau}\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)_{\Gamma_{N}} \\
& -\int_{0}^{t}\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)_{\Omega}-\int_{0}^{t}\left(\partial_{t}\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)_{\Gamma_{N}}+\operatorname{Init}+\operatorname{IP}(t)-\operatorname{IP}(0), \tag{4.23}
\end{align*}
$$

where

$$
\begin{equation*}
\text { Init }:=\frac{1}{2 M}\left\|p_{0}-\Pi_{h}\left(p_{0}\right)\right\|_{\Omega_{1}}^{2}+G\left\|\varepsilon\left(\boldsymbol{u}(0)-\boldsymbol{u}_{h}^{0}\right)\right\|_{\Omega}^{2}+\frac{\lambda}{2}\left\|\nabla \cdot\left(\boldsymbol{u}(0)-\boldsymbol{u}_{h}^{0}\right)\right\|_{\Omega}^{2} \tag{4.24}
\end{equation*}
$$

$$
\begin{align*}
\operatorname{IP}(t) & =-\left(\left(\frac{1}{M}\left(p-p_{h \tau}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right)(t),\left(p_{h \tau}-\theta\right)(t)\right)_{\Omega_{1}} \\
& +\sum_{E \in \mathcal{T}_{h}^{1}}\left(\left(\boldsymbol{f}_{h \tau}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)-\alpha \nabla p_{h \tau}\right)(t),\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)(t)\right)_{E} \\
& +\sum_{E \in \mathcal{T}_{h}^{2}}\left(\left(\boldsymbol{f}_{h \tau}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)\right)(t),\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)(t)\right)_{E}-\sum_{e \in \mathcal{E}_{h}}\left(\left[\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)(t) \boldsymbol{n}_{e}\right]_{e},\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)(t)\right)_{e} \\
& +\alpha \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\left[p_{h \tau}(t)\right]_{e},\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)(t) \cdot \boldsymbol{n}_{e}\right)_{e}-\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h, \tau}(t)\right) \boldsymbol{n}_{\Omega}-\boldsymbol{t}_{N, h \tau}(t),\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)(t)\right)_{\Gamma_{N}} \\
& +\left(\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right)(t),\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right)_{\Omega}+\left(\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right)(t),\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right)_{\Gamma_{N}} . \tag{4.25}
\end{align*}
$$

## 5. Basic upper bounds

Here we bound the expressions in the right-hand side of (4.23), in terms of the errors in its lefthand side, the errors on the data, and what will be recognized as error indicators. Recall that this inequality is written for $t_{m-1}<t \leq t_{m} \leq T$, and $\ell$ is usually omitted because it is understood that at each time $t_{n}, \ell=\ell_{n}$, the smallest integer that achieves convergence. Of course the inequality is valid for any $\ell \geq 1$, and for the sake of clarity, the indicators are all defined with the superscript $\ell$. Below, $\hat{C}$ denote various constants that are independent of $h, \Delta t$, and $\ell$. Recall that $\lambda_{\max }$ and $\lambda_{\text {min }}>0$ are the largest and smallest eigenvalues of $\boldsymbol{\kappa}$ and recall that $v_{h}^{n}$ denotes the step function in time that takes the value $v_{h}^{n}$ in the interval $\left.] t_{n-1}, t_{n}\right]$ and its integral is denoted by $\int_{0}^{t} v_{h}$. To simplify, it is understood that in $\min \gamma_{e}$ and $\max \gamma_{e}$ the minimum and maximum are taken over all faces $e$ of $\mathcal{E}_{h}^{1}$. We consider first the expressions not included in Init, or IP.

### 5.1. Expressions involving $\theta_{h}$

Recall that $\theta_{h}$ is given in each $E$ by $m_{E}\left(p-p_{h \tau}\right)$, see (4.18). There are four expressions, we treat each one in their order of appearance. In the first one, we shall recognize the following indicator that measures the jump of $p_{h}^{n, \ell}$ on interfaces in each interval $\left.] t_{n-1}, t_{n}\right]$,

$$
\begin{equation*}
\eta_{\text {pen }}^{n, \ell}:=(\Delta t)^{\frac{1}{2}}\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\left[p_{h}^{n, \ell}\right]_{e}\right\|_{L^{2}(e)} . \tag{5.1}
\end{equation*}
$$

Note that

$$
\sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{\mathrm{pen}}^{n, \ell}\right)^{2}=\Delta t J_{h}\left(p_{h}^{n, \ell}, p_{h}^{n, \ell}\right) .
$$

Proposition 1. There exists a constant $\hat{C}$ such that for all constants $\delta_{1}>0$, we have

$$
\begin{align*}
& \frac{1}{\mu_{f}}\left|\int_{0}^{t} J_{h}\left(p_{h}, 2 p_{h \tau}+\theta_{h}\right)\right| \\
& \leq \frac{1}{2 \mu_{f}}\left[\delta_{1} \int_{0}^{t}\left\|p_{h \tau}-p\right\|_{h}^{2}+\frac{1}{\delta_{1}}\left(\sum_{n=1}^{m} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{\text {pen }}^{n}\right)^{2}+\hat{C}^{2}(d+1)\right) \sum_{n=1}^{m} \sum_{e \in \mathcal{E}_{h}^{1}} \frac{\gamma_{e}}{\lambda_{\text {min }, \mathrm{e}}}\left(\eta_{\text {pen }}^{n}\right)^{2}\right], \tag{5.2}
\end{align*}
$$

where $\lambda_{\min , \mathrm{e}}$ is the smallest eigenvalue of $\boldsymbol{\kappa}$ in the union of the two elements adjacent to $e$.
Proof. Let $X=J_{h}\left(p_{h}, 2 p_{h \tau}+\theta_{h}\right)=J_{h}\left(p_{h}, p_{h \tau}\right)+J_{h}\left(p_{h}, p_{h \tau}+\theta_{h}\right)$. First, by Young's inequality, for any $\delta_{1}>0$, and since $p$ does not jump

$$
\left|J_{h}\left(p_{h}, p_{h \tau}\right)\right| \leq \frac{1}{2}\left(\delta_{1} J_{h}\left(p_{h \tau}-p, p_{h \tau}-p\right)+\frac{1}{\delta_{1}} J_{h}\left(p_{h}, p_{h}\right)\right) .
$$

This will give the first part of (5.2). For the second part, by the definition (4.18) of $\theta_{h}$, it follows from (10.4) that, for $E$ adjacent to $e$
$\left\|p_{h \tau}-p+\theta_{h}\right\|_{L^{2}(e)}=\left\|p_{h \tau}-p-m_{E}\left(p_{h \tau}-p\right)\right\|_{L^{2}(e)} \leq \hat{C} h_{E}^{\frac{1}{2}}\left|p_{h \tau}-p\right|_{H^{1}(E)} \leq \hat{C}\left(\frac{h_{E}}{\lambda_{\min , \mathrm{e}}}\right)^{\frac{1}{2}}\left\|\boldsymbol{\kappa}^{\frac{1}{2}} \nabla\left(p_{h \tau}-p\right)\right\|_{L^{2}(E)}$.

Therefore, owing to the regularity of the mesh,

$$
\begin{aligned}
J_{h}\left(p_{h}, p_{h \tau}+\theta_{h}\right) \leq & \frac{1}{2}\left(\delta_{1}\left|p_{h \tau}-p\right|_{h}^{2}+\frac{\hat{C}^{2}}{\delta_{1}}(d+1) \sum_{e \in \mathcal{E}_{h}^{1}} \frac{\gamma_{e}}{h_{e}}\left\|\left[p_{h}\right]_{e}\right\|_{L^{2}(e)}^{2} \frac{h_{E}}{h_{e}} \frac{\gamma_{e}}{\lambda_{\min , \mathrm{e}}}\right) \\
& \leq \frac{1}{2}\left(\delta_{1}\left|p_{h \tau}-p\right|_{h}^{2}+\frac{\hat{C}^{2}}{\delta_{1}}(d+1) \sum_{e \in \mathcal{E}_{h}^{1}} \frac{\gamma_{e}}{h_{e}}\left\|\left[p_{h}\right]_{e}\right\|_{L^{2}(e)}^{2} \frac{\gamma_{e}}{\lambda_{\min , \mathrm{e}}}\right),
\end{aligned}
$$

After integration in time, this will give the other part of (5.2).
In the second expression, we recognize the algorithmic error indicator defined in each interval $\left.] t_{n-1}, t_{n}\right]$ by

$$
\begin{equation*}
\eta_{\mathrm{fs}}^{n, \ell}=(\Delta t)^{\frac{1}{2}}\left\|\frac{1}{\Delta t}\left(\bar{\sigma}_{h}^{n, \ell}-\bar{\sigma}_{h}^{n, \ell-1}\right)\right\|_{L^{2}\left(\Omega_{1}\right)} \tag{5.3}
\end{equation*}
$$

Proposition 2. There exists a constant $\hat{C}$ such that, for any $\delta_{2}>0$,

$$
\begin{equation*}
\frac{\alpha}{K_{b}}\left|\int_{0}^{t}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}-\bar{\sigma}_{h \tau}^{\ell-1}\right), \theta_{h}\right)_{\Omega_{1}}\right| \leq \frac{1}{2}\left[\frac{\delta_{2}}{M}\left\|p_{h \tau}-p\right\|_{L^{\infty}\left(0, t ; L^{2}\left(\Omega_{1}\right)\right)}^{2}+\frac{M}{\delta_{2}}\left(\frac{\alpha}{K_{b}}\right)^{2}\left(\sum_{n=1}^{m}(\Delta t)^{\frac{1}{2}} \eta_{\mathrm{fs}}^{n, \ell}\right)^{2}\right] . \tag{5.4}
\end{equation*}
$$

Proof. Let $X=\frac{\alpha}{K_{b}}\left(\partial_{t}\left(\bar{\sigma}_{h \tau}-\bar{\sigma}_{h \tau}^{\ell-1}\right), \theta_{h}\right)_{\Omega_{1}}$. On any interval $\left.] t_{n-1}, t_{n}\right]$,

$$
X=\frac{\alpha}{K_{b}} \frac{1}{\Delta t}\left(\bar{\sigma}_{h}^{n, \ell}-\bar{\sigma}_{h}^{n, \ell-1}, \theta_{h}\right)_{\Omega_{1}},
$$

and the definition of $\theta_{h}$ implies

$$
|X| \leq \frac{1}{\Delta t} \frac{\alpha}{K_{b}}\left\|\bar{\sigma}_{h}^{n, \ell}-\bar{\sigma}_{h}^{n, \ell-1}\right\|_{L^{2}\left(\Omega_{1}\right)}\left\|p_{h \tau}-p\right\|_{L^{2}\left(\Omega_{1}\right)}
$$

Hence

$$
\int_{t_{n-1}}^{t_{n}}|X| \leq \frac{\alpha}{K_{b}}(\Delta t)^{\frac{1}{2}} \eta_{\mathrm{fs}}^{n, \ell} \sup _{t \in] 0, t[ }\left\|p_{h \tau}-p\right\|_{L^{2}\left(\Omega_{1}\right)}
$$

and (5.4) follows by summing this inequality over $n$ and applying Young's inequality.
The third expression involves the following local interior residual flow error indicator in each interval $\left.] t_{n-1}, t_{n}\right]$ and all $E$ of $\mathcal{T}_{h}^{1}$ :

$$
\begin{equation*}
\eta_{E, p}^{n, \ell}:=h_{E}(\Delta t)^{\frac{1}{2}}\left\|q_{h}^{n}+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right)\right)-\frac{1}{M} \frac{1}{\Delta t}\left(p_{h}^{n, \ell}-p_{h}^{n-1}\right)-\alpha \frac{1}{\Delta t} \nabla \cdot\left(\boldsymbol{u}_{h}^{n, \ell}-\boldsymbol{u}_{h}^{n-1}\right)\right\|_{L^{2}(E)} . \tag{5.5}
\end{equation*}
$$

Proposition 3. There exists a constant $\hat{C}$ such that, for any $\delta_{3}>0$,

$$
\begin{align*}
\left\lvert\, \int_{0}^{t} \sum_{E \in \mathcal{T}_{h}^{1}}\left(q_{h}-\partial_{t}\left(\frac{1}{M} p_{h \tau}\right.\right.\right. & \left.\left.+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}-\rho g \nabla \eta\right)\right), p-p_{h \tau}-\theta_{h}\right)_{E} \mid \\
& \leq \frac{1}{2}\left[\frac{1}{\mu_{f}} \delta_{3} \int_{0}^{t}\left|p-p_{h \tau}\right|_{h}^{2}+\mu_{f} \frac{1}{\delta_{3}} \hat{C}^{2} \sum_{n=1}^{m} \sum_{E \in \mathcal{T}_{h}^{1}} \frac{1}{\lambda_{\min , \mathrm{E}}}\left(\eta_{E, p}^{n}\right)^{2}\right], \tag{5.6}
\end{align*}
$$

where $\lambda_{\text {min }, \mathrm{E}}$ is the smallest eigenvalue of $\boldsymbol{\kappa}$ in $E$.

Proof. Owing to (10.3), we have

$$
\left\|p-p_{h \tau}-\theta_{h}\right\|_{L^{2}(E)} \leq \frac{\hat{C}}{\lambda_{\min , \mathrm{E}}^{\frac{1}{2}}} h_{E}\left\|\boldsymbol{\kappa}^{\frac{1}{2}} \nabla\left(p-p_{h \tau}\right)\right\|_{L^{2}(E)}
$$

Then, the proof of (5.6) is a straightforward application of this bound and Young's inequality.
The last expression involves the following local jump flux error indicator, for each $e$ in $\mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}$ and each interval $\left.] t_{n-1}, t_{n}\right]$,

$$
\begin{equation*}
\eta_{\text {flux }, e}^{n, \ell}:=\left(h_{e} \Delta t\right)^{\frac{1}{2}}\left\|\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)} . \tag{5.7}
\end{equation*}
$$

Proposition 4. There exists a constant $\hat{C}$ such that, for any $\delta_{3}>0$,

$$
\begin{align*}
& \frac{1}{\mu_{f}}\left|\int_{0}^{t} \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\left[\boldsymbol{\kappa}\left(\nabla p_{h}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e},\left\{p-p_{h \tau}-\theta_{h}\right\}_{e}\right)_{e}\right|  \tag{5.8}\\
& \leq \frac{1}{2 \mu_{f}}\left[\delta_{3} \int_{0}^{t}\left|p-p_{h \tau}\right|_{h}^{2}+\frac{1}{\delta_{3}} \hat{C}^{2}(d+1) \sum_{n=1}^{m} \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{11}} \frac{1}{\lambda_{\min , \mathrm{e}}}\left(\eta_{\text {flux }, e}^{n}\right)^{2}\right] .
\end{align*}
$$

Proof. Note that (10.16) implies that $\theta_{h}$ also satisfies for $e$ in $\mathcal{E}_{h}^{1}$,

$$
\left\|\left\{p-p_{h \tau}-\theta_{h}\right\}_{e}\right\|_{L^{2}(e)}^{2} \leq \frac{\hat{C}^{2}}{\lambda_{\min , \mathrm{e}}} h_{e}\left(\left\|\boldsymbol{\kappa}^{\frac{1}{2}} \nabla\left(p-p_{h \tau}\right)\right\|_{L^{2}\left(E_{1}\right)}^{2}+\left\|\boldsymbol{\kappa}^{\frac{1}{2}} \nabla\left(p-p_{h \tau}\right)\right\|_{L^{2}\left(E_{2}\right)}^{2}\right),
$$

with only one element $E$ when $e$ is on $\mathcal{E}_{h}^{12}$. This readily yields (5.8).

### 5.2. Expressions involving $\theta$

Recall that $\theta$ is defined by (4.21) and (4.22). Here, there are five expressions, examined in their order of appearance. In the first one, we shall recognize two time error indicators in each interval $\left.] t_{n-1}, t_{n}\right]$, one for volumes,

$$
\begin{equation*}
\eta_{t, p}^{n, \ell}:=\left(\frac{\Delta t}{3}\right)^{\frac{1}{2}}\left|p_{h}^{n, \ell}-p_{h}^{n-1}\right|_{h}, \tag{5.9}
\end{equation*}
$$

and one for jumps on each face $e \in \mathcal{E}_{h}^{1}$,

$$
\begin{equation*}
\eta_{t, J}^{n, \ell}:=\left(\frac{\Delta t}{3}\right)^{\frac{1}{2}}\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\left[p_{h}^{n, \ell}-p_{h}^{n-1}\right]_{e}\right\|_{L^{2}(e)} \tag{5.10}
\end{equation*}
$$

Note that

$$
\left(\eta_{t, p}^{n, \ell}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{t, J}^{n, \ell}\right)^{2}=\frac{\Delta t}{3}\left\|p_{h}^{n, \ell}-p_{h}^{n-1}\right\|_{h}^{2}
$$

Proposition 5. There exists a constant $\hat{C}$ such that, for any $\delta_{1}>0$,

$$
\begin{align*}
\frac{1}{\mu_{f}}\left|\int_{0}^{t}\left(p-p_{h}, p_{h \tau}-\theta\right)_{h}\right| & \leq \frac{1}{2 \mu_{f}}\left[2 \delta_{1} \int_{0}^{t}\left\|p-p_{h \tau}\right\|_{h}^{2}\right. \\
& \left.+\frac{1}{\delta_{1}} \hat{C}^{2}\left(\frac{d+1}{d}\right)^{2}(K-1)^{2} \frac{\lambda_{\max }}{\min \gamma_{\mathrm{e}}} \sum_{n=1}^{m}\left(\frac{1}{2}\left(\eta_{t, p}^{n}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\eta_{t, J}^{n}\right)^{2}+\left(\eta_{\mathrm{pen}}^{n}\right)^{2}\right)\right)\right] . \tag{5.11}
\end{align*}
$$

Proof. First, we deduce from (10.20) that

$$
\begin{aligned}
\left|p_{h \tau}-\theta\right|_{h} & \leq \hat{C} \frac{d+1}{d}(K-1)\left(\frac{\lambda_{\max }}{\min \gamma_{\mathrm{e}}}\right)^{\frac{1}{2}} J_{h}\left(p_{h \tau}, p_{h \tau}\right)^{\frac{1}{2}} \\
& \leq \hat{C} \frac{d+1}{d}(K-1)\left(\frac{\lambda_{\max }}{\min \gamma_{\mathrm{e}}}\right)^{\frac{1}{2}}\left(J_{h}\left(p_{h \tau}-p_{h}, p_{h \tau}-p_{h}\right)^{\frac{1}{2}}+J_{h}\left(p_{h}, p_{h}\right)^{\frac{1}{2}}\right) .
\end{aligned}
$$

Next, we split $p-p_{h}$ into $p-p_{h \tau}+p_{h \tau}-p_{h}$ and set

$$
X_{1}=\frac{1}{\mu_{f}} \int_{0}^{t}\left(p-p_{h \tau}, p_{h \tau}-\theta\right)_{h}, \quad X_{2}=\frac{1}{\mu_{f}} \int_{0}^{t}\left(p_{h \tau}-p_{h}, p_{h \tau}-\theta\right)_{h} .
$$

The above inequality yields

$$
\left|X_{1}\right| \leq \frac{1}{\mu_{f}} \hat{C} \frac{d+1}{d}(K-1)\left(\frac{\lambda_{\max }}{\min \gamma_{e}}\right)^{\frac{1}{2}} \int_{0}^{t}\left|p-p_{h \tau}\right|_{h}\left(J_{h}\left(p_{h \tau}-p_{h}, p_{h \tau}-p_{h}\right)^{\frac{1}{2}}+J_{h}\left(p_{h}, p_{h}\right)^{\frac{1}{2}}\right) .
$$

With Young's inequality, this becomes

$$
\begin{equation*}
\left|X_{1}\right| \leq \frac{1}{2 \mu_{f}}\left[2 \delta_{1} \int_{0}^{t}\left|p-p_{h \tau}\right|_{h}^{2}+\frac{1}{\delta_{1}} \hat{C}^{2}\left(\frac{d+1}{d}\right)^{2}(K-1)^{2} \frac{\lambda_{\max }}{\min \gamma_{\mathrm{e}}} \sum_{n=1}^{m} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\eta_{\mathrm{pen}}^{n}\right)^{2}+\left(\eta_{t, J}^{n}\right)^{2}\right)\right] . \tag{5.12}
\end{equation*}
$$

Regarding $X_{2}$, there is no need to split $J_{h}\left(p_{h \tau}, p_{h \tau}\right)$ because the first factor will be bounded by an indicator. Indeed, in view of (5.9), we can write

$$
\begin{equation*}
\left|X_{2}\right| \leq \frac{1}{2 \mu_{f}}\left[2 \delta_{1} \int_{0}^{t} J_{h}\left(p-p_{h \tau}, p-p_{h \tau}\right)+\frac{1}{2 \delta_{1}} \hat{C}^{2}\left(\frac{d+1}{d}\right)^{2}(K-1)^{2} \frac{\lambda_{\max }}{\min \gamma_{\mathrm{e}}} \sum_{n=1}^{m}\left(\eta_{t, p}^{n}\right)^{2}\right], \tag{5.13}
\end{equation*}
$$

and (5.11) is derived by adding (5.12) and (5.13).
The second one uses $\eta_{\mathrm{fs}}^{n, \ell}$ as follows:
Proposition 6. There exists a constant $\hat{C}$ such that, for any $\delta_{3}>0$,

$$
\begin{align*}
\left.\frac{\alpha}{K_{b}} \right\rvert\, \int_{0}^{t}\left(\partial _ { t } \left(\bar{\sigma}_{h \tau}\right.\right. & \left.\left.-\bar{\sigma}_{h \tau}^{\ell-1}\right), p_{h \tau}-\theta\right)_{\Omega_{1}} \mid \\
& \leq \frac{1}{2}\left[\frac{\delta_{3}}{\mu_{f}} \int_{0}^{t} J_{h}\left(p-p_{h \tau}, p-p_{h \tau}\right)+\frac{\mu_{f}}{\delta_{3}}\left(\frac{\alpha}{K_{b}}\right)^{2} \frac{1}{\min \gamma_{\mathrm{e}}} \hat{C}^{2}(K-1)^{2} \sum_{n=1}^{m} h^{2}\left(\eta_{\mathrm{fs}}^{n}\right)^{2}\right] . \tag{5.14}
\end{align*}
$$

Proof. The estimate (10.19) implies

$$
\left\|p_{h \tau}-\theta\right\|_{L^{2}\left(\Omega_{1}\right)}^{2} \leq \hat{C}^{2}(K-1)^{2} \frac{h^{2}}{\min \gamma_{\mathrm{e}}} J_{h}\left(p_{h \tau}, p_{h \tau}\right)
$$

From here, we infer (5.14) via Young's inequality.
The next proposition estimates the third expression.
Proposition 7. There exists a constant $\hat{C}$ such that, for any $\delta_{3}>0$,

$$
\begin{align*}
& \frac{1}{\mu_{f}}\left|\int_{0}^{t} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h \tau}-\theta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p-p_{h}\right]_{e}\right)_{e}\right| \\
& \leq \frac{1}{2 \mu_{f}}\left[\delta_{3} \int_{0}^{t} J_{h}\left(p-p_{h \tau}, p-p_{h \tau}\right)+\frac{d+1}{2 \delta_{3}}\left(\frac{d+1}{d}\right)^{2} \hat{C}^{2}\left(\frac{\lambda_{\max }}{\min \gamma_{e}}\right)^{2}(K-1)^{2} \sum_{m=1}^{n} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{\text {pen }}^{n}\right)^{2}\right] . \tag{5.15}
\end{align*}
$$

Proof. Since $\theta$ is a polynomial function, by combining the argument of Proposition 15 with that of (10.20), we obtain for any $\delta>0$

$$
\frac{1}{\mu_{f}}\left|\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h \tau}-\theta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}\right]_{e}\right)_{e}\right| \leq \frac{1}{2 \mu_{f}}\left[\delta J_{h}\left(p_{h}, p_{h}\right)+\frac{d+1}{2 \delta}\left(\frac{d+1}{d}\right)^{2} \hat{C}^{2}\left(\frac{\lambda_{\max }}{\min \gamma_{e}}\right)^{2}(K-1)^{2} J_{h}\left(p_{h \tau}, p_{h \tau}\right)\right],
$$

Thus, the choice

$$
\delta_{3}=\frac{d+1}{2 \delta}\left(\frac{d+1}{d}\right)^{2} \hat{C}^{2}\left(\frac{\lambda_{\max }}{\min \gamma_{e}}\right)^{2}(K-1)^{2} \text {, i.e., } \delta=\frac{d+1}{2 \delta_{3}}\left(\frac{d+1}{d}\right)^{2} \hat{C}^{2}\left(\frac{\lambda_{\max }}{\min \gamma_{e}}\right)^{2}(K-1)^{2} \text {, }
$$

leads to (5.15).
The fourth expression is estimated by applying an easy variant of (10.19).
Proposition 8. There exists a constant $\hat{C}$ such that, for any $\delta_{3}>0$,

$$
\begin{equation*}
\left|\int_{0}^{t}\left(q-q_{h}, p_{h \tau}-\theta\right)_{\Omega_{1}}\right| \leq \frac{1}{2}\left[\frac{\delta_{3}}{\mu_{f}} \int_{0}^{t} J_{h}\left(p-p_{h \tau}, p-p_{h \tau}\right)+\frac{\mu_{f}}{\delta_{3}} \hat{C}^{2}(K-1)^{2} \frac{h^{2}}{\min \gamma_{e}} \int_{0}^{t}\left\|q-q_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}\right] . \tag{5.16}
\end{equation*}
$$

Finally, for the fifth expression, we shall use as indicator the jump of the pressure's time derivative on each face $e \in \mathcal{E}_{h}^{1}$ and in each interval $\left.] t_{n-1}, t_{n}\right]$,

$$
\begin{equation*}
\eta_{\partial p, J}^{n, \ell}:=h_{e} \Delta t\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\frac{1}{\Delta t}\left[p_{h}^{n, \ell}-p_{h}^{n-1}\right]_{e}\right\|_{L^{2}(e)} . \tag{5.17}
\end{equation*}
$$

The proof of the next proposition follows easily from (10.19).

Proposition 9. There exists a constant $\hat{C}$ such that, for any $\delta_{2}>0$ and $\delta_{4}>0$,

$$
\begin{align*}
& \left|\int_{0}^{t}\left(\frac{1}{M}\left(p-p_{h, \tau}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right), \partial_{t}\left(p_{h \tau}-\theta\right)\right)_{\Omega_{1}}\right| \leq \frac{1}{2}\left[\frac{\delta_{2}}{M}\left\|p-p_{h \tau}\right\|_{L^{\infty}\left(0, t ; L^{2}\left(\Omega_{1}\right)\right)}^{2}\right. \\
& \left.\quad+\lambda \delta_{4}\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right\|_{L^{\infty}\left(0, t ; L^{2}\left(\Omega_{1}\right)\right)}^{2}+\left(\frac{1}{M} \frac{1}{\delta_{2}}+\frac{\alpha^{2}}{\delta_{4} \lambda}\right) \hat{C}^{2} \frac{(K-1)^{2}}{\min \gamma_{e}}\left(\sum_{n=1}^{m}\left(\sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{\partial p, J}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2}\right] . \tag{5.18}
\end{align*}
$$

### 5.3. Expressions involving $\boldsymbol{v}_{h}$

Recall that $\boldsymbol{v}_{h}$ is defined by applying (4.17) with degree one to $\boldsymbol{u}-\boldsymbol{u}_{h \tau}$. Here, they can be combined so that there are five expressions, and each one is estimated straightforwardly by using (3.6) with $s=1$, either applied directly or following a trace inequality. This leads to the following error indicators in each interval $\left.] t_{n-1}, t_{n}\right]$ :
the time derivative of the displacement equilibrium in all $E$ of $\mathcal{T}_{h}^{1}$,

$$
\begin{equation*}
\eta_{E, 1, \partial \boldsymbol{u}}^{n, \ell}:=h_{E} \Delta t\left\|\frac{1}{\Delta t}\left(\boldsymbol{f}_{h}^{n}-\boldsymbol{f}_{h}^{n-1}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell}-\boldsymbol{u}_{h}^{n-1}\right)-\alpha \nabla\left(p_{h}^{n, \ell}-p_{h}^{n-1}\right)\right)\right\|_{L^{2}(E)} \tag{5.19}
\end{equation*}
$$

the time derivative of the displacement equilibrium in all $E$ of $\mathcal{T}_{h}^{2}$,

$$
\begin{equation*}
\eta_{E, 2, \partial \boldsymbol{u}}^{n, \ell}:=h_{E} \Delta t\left\|\frac{1}{\Delta t}\left(\boldsymbol{f}_{h}^{n}-\boldsymbol{f}_{h}^{n-1}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell}-\boldsymbol{u}_{h}^{n-1}\right)\right)\right\|_{L^{2}(E)}, \tag{5.20}
\end{equation*}
$$

the time derivative of the stress tensor's jump in the pay-zone and interface, i.e., all $e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}$,

$$
\begin{equation*}
\eta_{e, 1, \partial \boldsymbol{\sigma}}^{n, \ell}:=h_{e}^{\frac{1}{2}} \Delta t\left\|\frac{1}{\Delta t}\left[\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell}-\boldsymbol{u}_{h}^{n-1}\right)-\alpha\left(p_{h}^{n, \ell}-p_{h}^{n-1}\right) \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)}, \tag{5.21}
\end{equation*}
$$

the time derivative of the stress tensor's jump in the interior of the nonpay-zone, i.e., $e \in \mathcal{E}_{h}^{2}$,

$$
\begin{equation*}
\eta_{e, 2, \partial \boldsymbol{\sigma}}^{n, \ell}:=h_{e}^{\frac{1}{2}} \Delta t\left\|\frac{1}{\Delta t}\left[\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell}-\boldsymbol{u}_{h}^{n-1}\right) \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)} \tag{5.22}
\end{equation*}
$$

the time derivative of the stress tensor error on $e \in \Gamma_{N}$,

$$
\begin{equation*}
\eta_{e, N, \partial \boldsymbol{\sigma}}^{n, \ell}:=h_{e}^{\frac{1}{2}} \Delta t\left\|\frac{1}{\Delta t}\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell}-\boldsymbol{u}_{h}^{n-1}\right) \boldsymbol{n}_{\Omega}-\left(\boldsymbol{t}_{N, h}^{n}-\boldsymbol{t}_{N, h}^{n-1}\right)\right)\right\|_{L^{2}(e)} . \tag{5.23}
\end{equation*}
$$

For the sake of conciseness, $p$ is extended by zero in $\Omega_{2}$. We obtain the following volume estimates for any $\delta>0$; to simplify, the number of repetitions of an element is not specified and is incorporated in the constant $\hat{C}$,

$$
\begin{aligned}
\sum_{i=1}^{2} \mid \int_{0}^{t} \sum_{E \in \mathcal{T}_{h}^{i}}\left(\partial _ { t } \left(\boldsymbol{f}_{h \tau}+\right.\right. & \left.\left.\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)-\alpha \nabla p_{h \tau}\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)_{E} \mid \\
& \leq \frac{1}{2} \sum_{i=1}^{2}\left[\delta\left\|\nabla\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right\|_{L^{\infty}\left(0, t ; L^{2}\left(\Omega_{i}\right)\right)}^{2}+\frac{1}{\delta} \hat{C}^{2}\left(\sum_{n=1}^{m}\left(\sum_{E \in \mathcal{T}_{h}^{i}}\left(\eta_{E, i, \partial \boldsymbol{u}}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2}\right]
\end{aligned}
$$

Note that by Korn's inequality (1.3) with $\Gamma=\Gamma_{D}$

$$
\sum_{i=1}^{2}\left\|\nabla\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right\|_{L^{2}\left(\Omega_{i}\right)}^{2}=\left\|\nabla\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right\|_{L^{2}(\Omega)}^{2} \leq \mathcal{K}^{2}\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right\|_{L^{2}(\Omega)}^{2} .
$$

Therefore the two volume estimates can be combined as follows:

$$
\begin{align*}
\sum_{i=1}^{2} \mid \int_{0}^{t} & \left(\sum_{E \in \mathcal{T}_{h}^{i}}\left(\partial_{t}\left(\boldsymbol{f}_{h \tau}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)-\alpha \nabla p_{h \tau}\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)_{E} \mid\right. \\
& \leq \frac{1}{2}\left[\delta_{5} G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}+\frac{\hat{C}^{2} \mathcal{K}^{2}}{\delta_{5} G} \sum_{i=1}^{2}\left(\sum_{n=1}^{m}\left(\sum_{E \in \mathcal{T}_{h}^{i}}\left(\eta_{E, i, \partial \boldsymbol{u}}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2}\right] \tag{5.24}
\end{align*}
$$

A similar argument leads to the interface estimates,

$$
\begin{align*}
& \left|\int_{0}^{t}\left(\sum_{e \in \mathcal{E}_{h}}\left(\left[\partial_{t}\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)-\alpha p_{h \tau} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}, \boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)_{e}+\left(\partial_{t}\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right) \boldsymbol{n}_{\Omega}-\boldsymbol{t}_{N, h \tau}\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)_{\Gamma_{N}}\right)\right| \\
& \leq \frac{1}{2}\left[\delta_{5} G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}+\frac{\hat{C}^{2} \mathcal{K}^{2}}{\delta_{5} G}\left(\left(\sum_{n=1}^{m}\left(\sum_{e \in \mathcal{E}_{h}}\left(\eta_{e, \partial \boldsymbol{\sigma}}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2}+\left(\sum_{n=1}^{m}\left(\sum_{e \in \mathcal{E}_{h}^{N, \partial}}\left(\eta_{e, N, \partial \boldsymbol{\sigma}}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2}\right)\right], \tag{5.25}
\end{align*}
$$

where $\eta_{e, \partial \boldsymbol{\sigma}}$ stands for $\eta_{e, 1, \partial \boldsymbol{\sigma}}$ in $\mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}$ and $\eta_{e, 2, \partial \boldsymbol{\sigma}}$ in $\mathcal{E}_{h}^{2}$.

### 5.4. The first expression and the data errors

The first expression has a straightforward bound,

$$
\begin{equation*}
\frac{1}{\mu_{f}}\left|\int_{0}^{t}\left(\left(p_{h}-p_{h \tau}, p-p_{h \tau}\right)\right)_{h}\right| \leq \frac{1}{2 \mu_{f}}\left[\delta_{1} \int_{0}^{t}\left\|p-p_{h \tau}\right\|_{h}^{2}+\frac{1}{\delta_{1}} \sum_{n=1}^{m}\left(\left(\eta_{t, p}^{n}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{t, J}^{n}\right)^{2}\right)\right] . \tag{5.26}
\end{equation*}
$$

There remain the three data errors. We start with the error on $q$,

$$
\begin{equation*}
\left|\int_{0}^{t}\left(q-q_{h}, p-p_{h \tau}\right)_{\Omega_{1}}\right| \leq \frac{1}{2}\left[\frac{\delta_{2}}{M}\left\|p_{h \tau}-p\right\|_{L^{\infty}\left(0, t ; L^{2}\left(\Omega_{1}\right)\right)}^{2}+\frac{M}{\delta_{2}}\left\|q-q_{h}\right\|_{L^{1}\left(0, t ; L^{2}\left(\Omega_{1}\right)\right)}^{2}\right] . \tag{5.27}
\end{equation*}
$$

And we finish with the error on the time derivative of the force and the given traction,

$$
\begin{align*}
\left|\int_{0}^{t}\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)_{\Omega}\right| & \leq \frac{1}{2}\left[\delta_{5} G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}+\frac{\mathcal{P}^{2} \mathcal{K}^{2}}{\delta_{5} G}\left\|\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right)\right\|_{L^{1}\left(0, t ; L^{2}(\Omega)\right)}^{2}\right], \\
\left|\int_{0}^{t}\left(\partial_{t}\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right), \boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)_{\Gamma_{N}}\right| & \leq \frac{1}{2}\left[\delta_{5} G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}+\frac{C_{N}^{2} C_{1}^{2}}{\delta_{5} G}\left\|\partial_{t}\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right)\right\|_{L^{1}\left(0, t ; H^{-1 / 2}\left(\Gamma_{N}\right)\right)}^{2}\right], \tag{5.28}
\end{align*}
$$

where $C_{1}$ is the constant of (1.5) and $C_{N}$ is the constant of a trace inequality on $\Gamma_{N}$, from $H_{00}^{\frac{1}{2}}\left(\Gamma_{N}\right)^{3}$ to $\boldsymbol{W}$.

### 5.5. Bounds for $\operatorname{IP}(t)$

The bounds in this subsection are derived in the interval $\left.] t_{m-1}, t_{m}\right], 1 \leq m \leq N$. They use the following error indicators at time $t_{n}$ :
the pressure jump

$$
\begin{equation*}
\eta_{p, J}^{n, \ell}:=h_{e}\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\left[p_{h}^{n, \ell}\right]_{e}\right\|_{L^{2}(e)}, \tag{5.29}
\end{equation*}
$$

for $i=1,2$, the displacement equilibrium in all $E \in \mathcal{T}_{h}^{i}$, with $p_{h}$ set to zero in $\Omega_{2}$

$$
\begin{equation*}
\eta_{E, i, \boldsymbol{u}}^{n, \ell}:=h_{E}\left\|\boldsymbol{f}_{h}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell}\right)-\alpha \nabla p_{h}^{n, \ell}\right\|_{L^{2}(E)} \tag{5.30}
\end{equation*}
$$

the stress tensor's jump in the pay-zone and interface, i.e., all $e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}$,

$$
\begin{equation*}
\eta_{e, 1, \boldsymbol{\sigma}}^{n, \ell}:=h_{e}^{\frac{1}{2}}\left\|\left[\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell}\right)-\alpha p_{h}^{n, \ell} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)} \tag{5.31}
\end{equation*}
$$

the stress tensor's jump in the interior of the nonpay-zone, i.e., $e \in \mathcal{E}_{h}^{2}$,

$$
\begin{equation*}
\eta_{e, 2, \boldsymbol{\sigma}}^{n, \ell}:=h_{e}^{\frac{1}{2}} \|\left[\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell}\right) \boldsymbol{n}_{e}\right]_{e} \|_{L^{2}(e)}\right. \tag{5.32}
\end{equation*}
$$

the stress tensor's error on $e \in \Gamma_{N}$,

$$
\begin{equation*}
\eta_{e, N, \boldsymbol{\sigma}}^{n, \ell}:=h_{e}^{\frac{1}{2}}\left\|\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell}\right) \boldsymbol{n}_{\Omega}-\boldsymbol{t}_{N, h}^{n}\right\|_{L^{2}(e)} . \tag{5.33}
\end{equation*}
$$

The first bound follows readily from (10.19): There exists a constant $\hat{C}$ such that, for any $\delta_{6}>0$ and $\delta_{7}>0$,

$$
\begin{align*}
\left\lvert\,\left(\left(\frac{1}{M}\left(p-p_{h \tau}\right)\right.\right.\right. & \left.\left.+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\right)(t),\left(p_{h \tau}-\theta\right)(t)\right)_{\Omega_{1}} \mid \\
& \leq \frac{1}{2}\left[\frac{\delta_{6}}{M}\left\|\left(p-p_{h \tau}\right)(t)\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\lambda \delta_{7}\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}\right.  \tag{5.34}\\
& \left.+\hat{C}^{2}\left(\frac{1}{\delta_{6} M}+\frac{\alpha^{2}}{\delta_{7} \lambda}\right)(K-1)^{2} \frac{1}{\min \gamma_{e}} \sum_{e \in \mathcal{E}_{h}^{1}}\left((1-s)\left(\eta_{p, J}^{m-1}\right)^{2}+s\left(\eta_{p, J}^{m}\right)^{2}\right)\right]
\end{align*}
$$

where $0 \leq s \leq 1$, in fact $s=\frac{t-t_{m-1}}{\Delta t}$ since $t_{m-1}<t \leq t_{m}$. The remaining bounds are straightforward; they hold for the above $s$ and for any $\delta_{8}>0$. We have first the volume estimate,

$$
\begin{align*}
& \sum_{i=1}^{2}\left|\sum_{E \in \mathcal{T}_{h}^{i}}\left(\left(\boldsymbol{f}_{h \tau}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)-\alpha \nabla p_{h \tau}\right)(t),\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)(t)\right)_{E}\right| \\
& \leq \frac{1}{2}\left[\delta_{8} G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right\|_{L^{2}(\Omega)}^{2}+\frac{\hat{C}^{2} \mathcal{K}^{2}}{\delta_{8} G} \sum_{i=1}^{2} \sum_{E \in \mathcal{T}_{h}^{i}}\left((1-s)\left(\eta_{E, i, \boldsymbol{u}}^{m-1}\right)^{2}+s\left(\eta_{E, i, \boldsymbol{u}}^{m}\right)^{2}\right)\right] \tag{5.35}
\end{align*}
$$

Next, we have the interface estimate,

$$
\begin{align*}
& \left|\sum_{e \in \mathcal{E}_{h}}\left(\left[\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}\right)-\alpha p_{h \tau} \boldsymbol{I}\right)(t) \boldsymbol{n}_{e}\right]_{e},\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)(t)\right)_{e}+\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}(t)\right) \boldsymbol{n}_{\Omega}-\boldsymbol{t}_{N, h \tau}(t),\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}-\boldsymbol{v}_{h}\right)(t)\right)_{\Gamma_{N}}\right| \\
& \quad \leq \frac{1}{2}\left[\delta_{8} G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right\|_{L^{2}(\Omega)}^{2}\right. \\
& \left.\quad+\frac{\hat{C}^{2} \mathcal{K}^{2}}{\delta_{8} G}\left(\sum_{e \in \mathcal{E}_{h}}\left((1-s)\left(\eta_{e, \boldsymbol{\sigma}}^{m-1}\right)^{2}+s\left(\eta_{e, \boldsymbol{\sigma}}^{m}\right)^{2}\right)+\sum_{e \in \mathcal{E}_{h}^{N, \boldsymbol{\sigma}}}\left((1-s)\left(\eta_{e, N, \boldsymbol{\sigma}}^{m-1}\right)^{2}+s\left(\eta_{e, N, \boldsymbol{\sigma}}^{m}\right)^{2}\right)\right)\right] . \tag{5.36}
\end{align*}
$$

Finally, the bound for the data terms is

$$
\begin{align*}
& \left|\left(\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right)(t),\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right)_{\Omega}+\left(\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right)(t),\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right)_{\Gamma_{N}}\right| \leq \frac{1}{2}\left[\delta_{8} G\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)(t)\right\|_{L^{2}(\Omega)}^{2}\right. \\
& \left.+\frac{\hat{C}^{2}}{\delta_{8} G}\left(\mathcal{K}^{2}\left\|\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}+C_{N}^{2} C_{1}^{2}\left\|\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right\|_{L^{\infty}\left(0, t ; H^{-1 / 2}\left(\Gamma_{N}\right)\right)}^{2}\right)\right] . \tag{5.37}
\end{align*}
$$

### 5.6. The initial errors

Let us star with bounds for $\operatorname{IP}(0)$. At initial time, these bounds are simpler, mainly because $p_{h}^{0}$ has no jumps, and hence $\left(p_{h \tau}-\theta\right)(0)=0$. Hence a combination of (5.35)-(5.37) gives for all $\delta_{8}>0$

$$
\begin{align*}
& |\operatorname{IP}(0)| \leq \frac{1}{2}\left[3 \delta_{8} G\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}(0)-\boldsymbol{u}_{h}^{0}\right)\right\|_{L^{2}(\Omega)}^{2}\right. \\
& +\frac{\hat{C}^{2}}{\delta_{8} G}\left(\mathcal { K } ^ { 2 } \left(\sum_{i=1}^{2} \sum_{E \in \mathcal{T}_{h}^{i}}\left(\eta_{E, i, \boldsymbol{u}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{2}}\left(\eta_{e, 2, \boldsymbol{\sigma}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{12}}\left(\eta_{e, 1, \boldsymbol{\sigma}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{N, \partial}}\left(\eta_{e, N, \boldsymbol{\sigma}}^{0}\right)^{2}\right.\right.  \tag{5.38}\\
& \left.\left.\left.+\left\|\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}\right)+C_{1}^{2} C_{N}^{2}\left\|\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right\|_{L^{\infty}\left(0, t ; H^{-1 / 2}\left(\Gamma_{N}\right)\right)}^{2}\right)\right] .
\end{align*}
$$

Note that $\eta_{e, 1, \boldsymbol{\sigma}}^{0}$ only appears in the interface because $p_{h}^{0}$ does not jump.
Regarding the initial pressure and displacement errors, by definition the former is simply an interpolation error, see (3.9) and (3.5). But the initial displacement is computed and its error stems from (4.13). By testing (4.13) at $n=0$ with $\boldsymbol{v}=\boldsymbol{u}-\boldsymbol{u}_{h}^{0}$, we readily derive by the above argument that

$$
2 G\left\|\boldsymbol{\epsilon}\left(\boldsymbol{u}(0)-\boldsymbol{u}_{h}^{0}\right)\right\|_{L^{2}(\Omega)}^{2} \leq \frac{\alpha^{2}}{4 \lambda}\left\|p(0)-p_{h}^{0}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+|\operatorname{IP}(0)|
$$

Hence the choice $\delta_{8}=\frac{2}{3}$ in (5.38) yields

$$
\begin{align*}
& G\left\|\boldsymbol{\epsilon}\left(\boldsymbol{u}(0)-\boldsymbol{u}_{h}^{0}\right)\right\|_{L^{2}(\Omega)}^{2} \leq \frac{\alpha^{2}}{4 \lambda}\left\|p(0)-p_{h}^{0}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2} \\
& +\frac{3}{4} \frac{\hat{C}^{2}}{G}\left(\mathcal { K } ^ { 2 } \left(\sum_{i=1}^{2} \sum_{E \in \mathcal{T}_{h}^{i}}\left(\eta_{E, i, \boldsymbol{u}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{2}}\left(\eta_{e, 2, \boldsymbol{\sigma}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{12}}\left(\eta_{e, 1, \boldsymbol{\sigma}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{N, \partial}}\left(\eta_{e, N, \boldsymbol{\sigma}}^{0}\right)^{2}\right.\right.  \tag{5.39}\\
& \left.\left.+\left\|\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}\right)+C_{1}^{2} C_{N}^{2}\left\|\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right\|_{L^{\infty}\left(0, t ; H^{-1 / 2}\left(\Gamma_{N}\right)\right)}^{2}\right) .
\end{align*}
$$

Similarly, the choice $\delta_{8}=\frac{4}{3}$ in (5.38) leads to

$$
\begin{align*}
& \lambda\left\|\nabla \cdot\left(\boldsymbol{u}(0)-\boldsymbol{u}_{h}^{0}\right)\right\|_{L^{2}(\Omega)}^{2} \leq \frac{\alpha^{2}}{\lambda}\left\|p(0)-p_{h}^{0}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2} \\
& +\frac{3}{4} \frac{\hat{C}^{2}}{G}\left(\mathcal { K } ^ { 2 } \left(\sum_{i=1}^{2} \sum_{E \in \mathcal{T}_{h}^{i}}\left(\eta_{E, i, \boldsymbol{u}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{2}}\left(\eta_{e, 2, \boldsymbol{\sigma}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{12}}\left(\eta_{e, 1, \boldsymbol{\sigma}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{N, \boldsymbol{r}}}\left(\eta_{e, N, \boldsymbol{\sigma}}^{0}\right)^{2}\right.\right.  \tag{5.40}\\
& \left.\left.+\left\|\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}\right)+C_{1}^{2} C_{N}^{2}\left\|\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right\|_{L^{\infty}\left(0, t ; H^{-1 / 2}\left(\Gamma_{N}\right)\right)}^{2}\right) .
\end{align*}
$$

### 5.7. The reliability bound

Let us substitute the above bounds in (4.23). Since there are many indicators, to simplify, they are grouped into categories,

- the algorithmic errors,

$$
\begin{equation*}
\eta_{\mathrm{alg}}^{m}:=\left(\sum_{n=1}^{m}(\Delta t)^{\frac{1}{2}} \eta_{\mathrm{fs}}^{n}\right)^{2}+\sum_{n=1}^{m} h^{2}\left(\eta_{\mathrm{fs}}^{n}\right)^{2}, \tag{5.41}
\end{equation*}
$$

- the time errors,

$$
\begin{equation*}
\eta_{\text {time }}^{m}:=\sum_{n=1}^{m}\left(\left(\eta_{t, p}^{n}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{t, J}^{n}\right)^{2}\right) \tag{5.42}
\end{equation*}
$$

- the flow errors,

$$
\begin{equation*}
\eta_{\text {flow }}^{m}:=\sum_{n=1}^{m} \sum_{E \in \mathcal{T}_{h}^{1}}\left(\eta_{E, p}^{n}\right)^{2}+\sum_{n=1}^{m} \sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\eta_{\text {flux }, e}^{n}\right)^{2}, \tag{5.43}
\end{equation*}
$$

- the penalty jumps,

$$
\begin{equation*}
\eta_{\text {jump }}^{m}:=\sum_{n=1}^{m} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{\mathrm{pen}}^{n}\right)^{2}+\left(\sum_{n=1}^{m}\left(\sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{\partial p, J}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left(\eta_{p, J}^{m-1}\right)^{2}+\left(\eta_{p, J}^{m}\right)^{2}\right), \tag{5.44}
\end{equation*}
$$

- the errors on the tensor's time derivative,

$$
\begin{equation*}
\eta_{\mathcal{E}_{\partial \sigma}}^{m}:=\left(\sum_{n=1}^{m}\left(\sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\eta_{e, 1, \partial \boldsymbol{\sigma}}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2}+\left(\sum_{n=1}^{m}\left(\sum_{e \in \mathcal{E}_{h}^{2}}\left(\eta_{e, 2, \partial \boldsymbol{\sigma}}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2}+\left(\sum_{n=1}^{m}\left(\sum_{e \in \mathcal{E}_{h}^{N, \partial}}\left(\eta_{e, N, \partial \boldsymbol{\sigma}}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2}, \tag{5.45}
\end{equation*}
$$

- the errors on the displacement's time derivative,

$$
\begin{equation*}
\eta_{\mathcal{T}_{\partial u}}^{m}:=\sum_{i=1}^{2}\left(\sum_{n=1}^{m}\left(\sum_{E \in \mathcal{T}_{h}^{i}}\left(\eta_{E, i, \partial u}^{n}\right)^{2}\right)^{\frac{1}{2}}\right)^{2} \tag{5.46}
\end{equation*}
$$

- the errors on the tensor at final time,

$$
\begin{equation*}
\eta_{\mathcal{E}_{\boldsymbol{\sigma}}}^{m}:=\sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}}\left(\left(\eta_{e, 1, \boldsymbol{\sigma}}^{m-1}\right)^{2}+\left(\eta_{e, 1, \boldsymbol{\sigma}}^{m}\right)^{2}\right)+\sum_{e \in \mathcal{E}_{h}^{2}}\left(\left(\eta_{e, 2, \boldsymbol{\sigma}}^{m-1}\right)^{2}+\left(\eta_{e, 2, \boldsymbol{\sigma}}^{m}\right)^{2}\right)+\sum_{e \in \mathcal{E}_{h}^{N, \partial}}\left(\left(\eta_{e, N, \boldsymbol{\sigma}}^{m-1}\right)^{2}+\left(\eta_{e, N, \boldsymbol{\sigma}}^{m}\right)^{2}\right), \tag{5.47}
\end{equation*}
$$

- the errors on the displacement at final time,

$$
\begin{equation*}
\eta_{\mathcal{T}_{u}}^{m}:=\sum_{i=1}^{2} \sum_{E \in \mathcal{T}_{h}^{i}}\left(\left(\eta_{E, i, \boldsymbol{u}}^{m-1}\right)^{2}+\left(\eta_{E, i, u}^{m}\right)^{2}\right), \tag{5.48}
\end{equation*}
$$

- the initial errors,

$$
\begin{equation*}
\eta^{0}:=\sum_{i=1}^{2} \sum_{E \in \mathcal{T}_{h}^{i}}\left(\eta_{E, i, \boldsymbol{u}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{12}}\left(\eta_{e, 1, \boldsymbol{\sigma}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{2}}\left(\eta_{e, 2, \boldsymbol{\sigma}}^{0}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{N, \partial}}\left(\eta_{e, N, \boldsymbol{\sigma}}^{0}\right)^{2} . \tag{5.49}
\end{equation*}
$$

Then, we have the following theorem.
Theorem 1. The following reliability bound holds for all time $t, t_{m-1}<t \leq t_{m}, 1 \leq m \leq N$, with a constant $\hat{C}$ independent of $h, \Delta t$, and $t$,

$$
\begin{align*}
& \frac{1}{4 M} \| p- p_{h \tau}\left\|_{L^{\infty}\left(0, t ; L^{2}\left(\Omega_{1}\right)\right)}^{2}+\frac{G}{2}\right\| \boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right)\left\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}+\frac{\lambda}{4}\right\| \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}\right) \|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2} \\
&+\frac{1}{2 \mu_{f}} \int_{0}^{t}\left\|p-p_{h \tau}\right\|_{h}^{2} \leq \hat{C}\left[\eta^{0}+\left\|p(0)-\Pi_{h}(p(0))\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\left\|q-q_{h}\right\|_{L^{1}\left(0, t ; L^{2}\left(\Omega_{1}\right)\right)}^{2}+h^{2}\left\|q-q_{h}\right\|_{\left.L^{2}\left(\Omega_{1}\right) \times\right] 0, t[)}^{2}\right. \\
& \quad+\eta_{\text {alg }}^{m}+\eta_{\text {time }}^{m}+\eta_{\text {jump }}^{m}+\eta_{\text {flow }}^{m}+\eta_{\mathcal{E}_{\partial \sigma}}^{m}+\eta_{\mathcal{T}_{\partial \boldsymbol{u}}}^{m}+\eta_{\mathcal{E}_{\sigma}}^{m}+\eta_{\mathcal{T}_{u}}^{m} \\
& \quad \quad+\left\|\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right)\right\|_{L^{1}\left(0, t ; L^{2}(\Omega)\right)}^{2}+\left\|\partial_{t}\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right)\right\|_{L^{1}\left(0, t ; H^{-1 / 2}\left(\Gamma_{N}\right)\right)}^{2} \\
&\left.\quad \quad+\left\|\boldsymbol{f}-\boldsymbol{f}_{h \tau}\right\|_{L^{\infty}\left(0, t ; L^{2}(\Omega)\right)}^{2}+\left\|\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}\right\|_{L^{\infty}\left(0, t ; H^{-1 / 2}\left(\Gamma_{N}\right)\right)}^{2}\right] \tag{5.50}
\end{align*}
$$

## 6. Weak residual error terms

We observe that several indicators involve time derivatives, whereas the left-hand side of the reliability bound (5.50) does not. As a consequence, some indicators cannot be bounded by the error terms of this left-hand side. Thus, when developing these bounds we are led to introduce several weak residual error terms, relative to derivation in time, that arise in the subsequent section, namely,

$$
\begin{align*}
\left(\mathcal{E}_{f}^{n, \ell_{n}}\right)^{2}= & \int_{t_{n-1}}^{t_{n}} \sup _{\theta_{h} \in M_{h} / \mathbb{R}} \frac{1}{\left\|\theta_{h}\right\|_{h}^{2}} \\
& \times\left|\left(q_{h}^{n}-q+\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n, \ell_{n}}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell_{n}}\right)\right)+\frac{\alpha}{K_{b}} \partial_{t}\left(\bar{\sigma}_{h \tau}^{n, \ell_{n}}-\bar{\sigma}_{h \tau}^{n, \ell_{n}-1}\right), \theta_{h}\right)_{\Omega_{1}}\right|^{2}  \tag{6.1}\\
& \mathcal{E}_{E}^{n, \ell_{n}}=\left\|q_{h}^{n}-q+\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n, \ell_{n}}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell_{n}}\right)\right)\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{-1}(E)\right)} \tag{6.2}
\end{align*}
$$

where $E$ is any element of $\bar{\Omega}_{1}$,

$$
\begin{equation*}
\mathcal{E}_{E, i, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}=\int_{t_{n-1}}^{t_{n}} \sup _{\boldsymbol{v} \in H_{0}^{1}(E)^{3}} \frac{1}{|\boldsymbol{v}|_{H^{1}(E)}}\left|\left(\partial_{t} \boldsymbol{\sigma}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell_{n}}\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{E}-\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n, \ell_{n}}\right), \nabla \cdot \boldsymbol{v}\right)_{E}-\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{E}\right|, \tag{6.3}
\end{equation*}
$$

where $E \subset \bar{\Omega}_{i}, i=1,2$, and $p$ is set to zero in $\Omega_{2}$,
$\mathcal{E}_{\omega_{e}, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}=\int_{t_{n-1}}^{t_{n}} \sup _{\boldsymbol{v} \in H_{0}^{1}\left(\omega_{e}\right)^{3}} \frac{1}{|\boldsymbol{v}|_{H^{1}\left(\omega_{e}\right)}}\left|\left(\partial_{t} \boldsymbol{\sigma}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell_{n}}\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{\omega_{e}}-\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n, \ell_{n}}\right), \nabla \cdot \boldsymbol{v}\right)_{\omega_{e}}-\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{\omega_{e}}\right|$,
where $e$ is an interior face of $\Omega$, and again $p$ is set zero in $\Omega_{2}$,
$\mathcal{E}_{e, N, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}=\int_{t_{n-1}}^{t_{n}} \sup _{\boldsymbol{v} \in H_{e}^{1}(E)^{3}} \frac{1}{|\boldsymbol{v}|_{H^{1}(E)}}\left|\left(\partial_{t} \boldsymbol{\sigma}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n, \ell_{n}}\right), \varepsilon(\boldsymbol{v})\right)_{E}-\left(\partial_{t}\left(\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h \tau}^{n}\right), \boldsymbol{v}\right)_{e}-\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{E}\right|$,
where $e$ is a face on $\Gamma_{N}, E$ is the element adjacent to $e$, and exceptionally,

$$
H_{e}^{1}(E)=\left\{z \in H^{1}(E) ; z=0 \text { on } \partial E \backslash e\right\} .
$$

Before estimating these terms, we introduce the notation for any function $q$ in $L^{1}(0, T)$,

$$
m(q)=\frac{1}{\Delta t} \int_{t_{n-1}}^{t_{n}} q(s) d s
$$

We shall also use an auxiliary regularizing operator $P_{h}$ of Hermite type that will only serve for theoretical purposes, $P_{h}: H^{1}(\Omega) \rightarrow Z_{h}$, where

$$
Z_{h}=\left\{z_{h} \in \mathcal{C}^{1}(\bar{\Omega}) ;\left.z_{h}\right|_{E} \in \mathbb{P}_{r}(E), \forall E \in \mathcal{T}_{h}^{1}\right\},
$$

with $r \geq k$ sufficiently large to guarantee that the functions of $Z_{h}$ are globally in $\mathcal{C}^{1}(\bar{\Omega})$ and satisfy the approximation property (3.7), see for example [13, 9, 45]. With this operator, we associate the following interpolation error:

$$
\begin{equation*}
\mathcal{A}_{1}(p)=\left|P_{h}(p)-p\right|_{h}+h\left(\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla \cdot\left(\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right)\right)\right\|_{L^{2}(E)}^{2}\right)^{\frac{1}{2}}+h^{\frac{1}{2}}\left\|\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\right\|_{L^{2}\left(\Gamma_{12}\right)} \tag{6.6}
\end{equation*}
$$

To alleviate notation, when there is no ambiguity, the superscript $\ell_{n}$ will be omitted.
Proposition 10. If the data $\boldsymbol{\kappa}$ and the unknown $p$ are sufficiently smooth, we have

$$
\begin{equation*}
\left(\mathcal{E}_{f}^{n, \ell_{n}}\right)^{2} \leq \frac{\hat{C}}{\mu_{f}^{2}}\left[\left(\eta_{t, p}^{n, \ell_{n}}\right)^{2}+\int_{t_{n-1}}^{t_{n}}\left\|p_{h \tau}^{n, \ell_{n}}-p\right\|_{h}^{2}+\int_{t_{n-1}}^{t_{n}} \mathcal{A}_{1}(p)^{2}\right] . \tag{6.7}
\end{equation*}
$$

Proof. Set

$$
\begin{equation*}
X=q_{h}^{n}-q+\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right)+\frac{\alpha}{K_{b}} \partial_{t}\left(\bar{\sigma}_{h \tau}^{n}-\bar{\sigma}_{h \tau}^{n, \ell_{n}-1}\right) . \tag{6.8}
\end{equation*}
$$

The a priori error equation for the pressure (4.5) reads for any $\theta_{h}$ in $M_{h}$,

$$
\left(X, \theta_{h}\right)_{\Omega_{1}}=\frac{1}{\mu_{f}}\left[\left(\left(p_{h}^{n}-p, \theta_{h}\right)\right)_{h}-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n}-p\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n}-p\right]_{e}\right)_{e}\right] .
$$

Note that this equality is unchanged when any global constant is added to $\theta_{h}$ in its right-hand side,
thus justifying the definition of $\mathcal{E}_{f}^{n, \ell_{n}}$. By inserting $p_{h \tau}^{n}$ and $P_{h}(p)$ in this right-hand side, we obtain

$$
\begin{align*}
\left(X, \theta_{h}\right)_{\Omega_{1}} & =\frac{1}{\mu_{f}}\left[\left(\left(p_{h}^{n}-p_{h \tau}^{n}, \theta_{h}\right)\right)_{h}+\left(\left(p_{h \tau}^{n}-p, \theta_{h}\right)\right)_{h}-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n}-P_{h}(p)\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}\right.  \tag{6.9}\\
& \left.-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n}-p\right]_{e}\right)_{e}\right] .
\end{align*}
$$

We infer from Green's formula and the regularity of $\boldsymbol{\kappa}$ and $P_{h}(p)$ that for all $\theta \in H^{1}\left(\Omega_{1}\right)$,

$$
\begin{aligned}
&-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}=-\sum_{E \in \mathcal{T}_{h}^{1}}\left(\nabla \cdot\left(\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right)\right), \theta_{h}-\theta\right)_{E} \\
&\left.-\left(P_{h}(p)-p\right), \theta_{h}-\theta\right)_{h}+\int_{\Gamma_{12}} \boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\left(\theta_{h}-\theta\right) .
\end{aligned}
$$

Thus (6.9) reads for all $\theta_{h}$ in $M_{h}$ and $\theta \in H^{1}\left(\Omega_{1}\right)$,

$$
\begin{align*}
\left(X, \theta_{h}\right)_{\Omega_{1}} & =\frac{1}{\mu_{f}}\left[\left(\left(p_{h}^{n}-p_{h \tau}^{n}, \theta_{h}\right)\right)_{h}+\left(\left(p_{h \tau}^{n}-p, \theta_{h}\right)\right)_{h}-\left(P_{h}(p)-p\right), \theta_{h}-\theta\right)_{h} \\
& -\sum_{E \in \mathcal{T}_{h}^{1}}\left(\nabla \cdot\left(\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right)\right), \theta_{h}-\theta\right)_{E}+\int_{\Gamma_{12}} \boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\left(\theta_{h}-\theta\right)  \tag{6.10}\\
& \left.-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n}-P_{h}(p)\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n}-p\right]_{e}\right)_{e}\right] .
\end{align*}
$$

By applying to the last two terms the argument used in proving Proposition 15, we derive

$$
\begin{aligned}
\left|\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n}-P_{h}(p)\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}\right| & \leq \hat{C} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\left[\theta_{h}\right]_{e}\right\|_{e}\left(\frac{\lambda_{\max }}{\gamma_{e}}\right)^{\frac{1}{2}}\left\|\boldsymbol{\kappa}^{\frac{1}{2}} \nabla\left(p_{h}^{n}-P_{h}(p)\right)\right\|_{E} \\
& \leq \hat{C}\left(\frac{\lambda_{\max }}{\min \gamma_{e}}\right)^{\frac{1}{2}} J_{h}\left(\theta_{h}, \theta_{h}\right)^{\frac{1}{2}}\left|p_{h}^{n}-P_{h}(p)\right|_{h} .
\end{aligned}
$$

Likewise,

$$
\left|\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n}-P_{h}(p)\right]_{e}\right)_{e}\right| \leq \hat{C}\left(\frac{\lambda_{\max }}{\min \gamma_{e}}\right)^{\frac{1}{2}} J_{h}\left(p_{h}^{n}-P_{h}(p), p_{h}^{n}-P_{h}(p)\right)^{\frac{1}{2}}\left|\theta_{h}\right|_{h} .
$$

Hence, by substituting these two bounds into (6.10) and employing the estimates of Proposition 16 , we obtain the following bound for $X$ :

$$
\begin{aligned}
\left|\left(X, \theta_{h}\right)_{\Omega_{1}}\right| \leq & \frac{1}{\mu_{f}}\left[\left(\left\|p_{h}^{n}-p_{h \tau}^{n}\right\|_{h}+\left\|p_{h \tau}^{n}-p\right\|_{h}+\hat{C}\left(\frac{\lambda_{\max }}{\min \gamma_{e}}\right)^{\frac{1}{2}}\left\|p_{h}^{n}-P_{h}(p)\right\|_{h}\right)\left\|\theta_{h}\right\|_{h}\right. \\
& \left.+\hat{C} \mathcal{A}_{1}(p) J_{h}\left(\theta_{h}, \theta_{h}\right)^{\frac{1}{2}}\right] .
\end{aligned}
$$

Thus

$$
\sup _{\theta_{h} \in M_{h} / \mathbb{R}} \frac{\left(X, \theta_{h}\right)_{\Omega_{1}}^{2}}{\left\|\theta_{h}\right\|_{h}^{2}} \leq \frac{\hat{C}}{\mu_{f}^{2}}\left[\left\|p_{h}^{n}-p_{h \tau}^{n}\right\|_{h}^{2}+\left\|p_{h \tau}^{n}-p\right\|_{h}^{2}+\mathcal{A}_{1}(p)^{2}\right],
$$

which implies (6.7). Note that the second term is an error bounded by Theorem 1.
The bound (6.7) supposes that $\nabla \cdot \boldsymbol{\kappa} \nabla p \in L^{2}(E \times] t_{n-1}, t_{n}[)$. This only guarantees $H^{-\frac{1}{2}}$ regularity of the normal trace of $\boldsymbol{\kappa} \nabla p$ on the interface $\Gamma_{12}$, see [23]; but its $L^{2}$ regularity follows from the no flow condition.

Proposition 11. Let $\eta_{t, p, E}$ denote the restriction of $\eta_{t, p}$ defined in (5.9) to an element $E$. We have

$$
\begin{equation*}
\left(\mathcal{E}_{E}^{n, \ell_{n}}\right)^{2} \leq 3\left[C^{2}\left(\eta_{E, p}^{n, \ell_{n}}\right)^{2}+\frac{\lambda_{\max }}{\mu_{f}^{2}}\left(\int_{t_{n-1}}^{t_{n}}\left|p-p_{h \tau}^{n, \ell_{n}}\right|_{h, E}^{2}+\left(\eta_{t, p, E}^{n, \ell_{n}}\right)^{2}\right)\right] \tag{6.11}
\end{equation*}
$$

with the constant $C$ of (10.1).
Proof. For any element $E$ in $\bar{\Omega}_{1}$, take $\theta \in H_{0}^{1}(E)$ arbitrary, non zero, and $\theta_{h}=0$ in the flow error equation (4.9). As $\theta$ vanishes on the boundary of $E$, (4.9) reduces to

$$
\begin{aligned}
\left(q_{h}^{n}-q+\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n}\right)\right.\right. & \left.\left.+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \theta\right)_{E}=-\frac{1}{\mu_{f}}\left(\left(p-p_{h \tau}^{n}, \theta\right)_{h, E}+\left(p_{h \tau}^{n}-p_{h}^{n}, \theta\right)_{h, E}\right) \\
& +\left(q_{h}^{n}-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\right), \theta\right)_{E} .
\end{aligned}
$$

Owing to the local Poincaré inequality (10.1), we have

$$
\begin{aligned}
& \left|\left(q_{h}^{n}-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\right), \theta\right)_{E}\right| \\
& \leq \hat{C} h_{E}\left\|q^{n}-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\right)\right\|_{L^{2}(E)}|\theta|_{H^{1}(E)} .
\end{aligned}
$$

Then by dividing by $|\theta|_{H^{1}(E)}$, squaring, taking the supremum with respect to $\theta$ in $H_{0}^{1}(E)$, and integrating over $] t_{n-1}, t_{n}[$, we recover (6.11).

Take $i=1$; for $\mathcal{E}_{E, 1, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}$, we test (4.14) with $\boldsymbol{v}_{h}=\mathbf{0}$ and $\boldsymbol{v} \in H_{0}^{1}(E)^{3}$; this gives

$$
\begin{aligned}
\left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{E} & -\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{E}-\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{E} \\
& =\left(\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}, \boldsymbol{v}\right)_{E}
\end{aligned}
$$

Therefore, by (10.1), we obtain

$$
\begin{aligned}
&\left|\left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{E}-\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{E}-\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{E}\right| \\
& \leq C h_{E}\left\|\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}\right\|_{L^{2}(E)}|\boldsymbol{v}|_{H^{1}(E)},
\end{aligned}
$$

and by integrating in time, we derive a bound for $\mathcal{E}_{E, 1, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}$. A bound for $\mathcal{E}_{E, 2, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}$ follows by the same argument, with an analogous formula and we have with the constant $C$ of (10.1),

$$
\begin{equation*}
\mathcal{E}_{E, i, \partial \boldsymbol{\sigma}}^{n, \ell_{n}} \leq C \eta_{E, i, \partial u}^{n, \ell_{n}}, \quad i=1,2 . \tag{6.12}
\end{equation*}
$$

Regarding $\mathcal{E}_{\omega_{e}, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}$, assume for the moment that $e$ is interior to $\Omega_{1}$, test (4.14) with $\boldsymbol{v}_{h}=\mathbf{0}$ and
$\boldsymbol{v} \in H_{0}^{1}\left(\omega_{e}\right)^{3}$. This choice yields

$$
\begin{aligned}
& \left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{\omega_{e}}-\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{\omega_{e}}-\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{\omega_{e}} \\
& =\sum_{E \subset \omega_{e}}\left(\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}, \boldsymbol{v}\right)_{E}-\left(\left[\left(\boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \partial_{t} p_{h \tau}^{n} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}, \boldsymbol{v}\right)_{e} \\
& \leq \sum_{E \subset \omega_{e}}\left\|\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}\right\|_{L^{2}(E)}\|\boldsymbol{v}\|_{L^{2}(E)}+\left\|\left[\left(\boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \partial_{t} p_{h \tau}^{n} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)}\|\boldsymbol{v}\|_{L^{2}(e)} .
\end{aligned}
$$

By applying (10.2) and (10.5), and dividing both sides by $|\boldsymbol{v}|_{H^{1}\left(\omega_{e}\right)}$, we deduce

$$
\begin{aligned}
& \frac{1}{|\boldsymbol{v}|_{H^{1}\left(\omega_{e}\right)}}\left|\left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{\omega_{e}}-\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{\omega_{e}}-\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{\omega_{e}}\right| \\
& \leq \hat{C}\left(h_{\omega_{e}}\left(\sum_{E \subset \omega_{e}}\left\|\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}\right\|_{L^{2}(E)}^{2}\right)^{\frac{1}{2}}+h_{e}^{\frac{1}{2}}\left\|\left[\left(\boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \partial_{t} p_{h \tau}^{n} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)}\right) .
\end{aligned}
$$

After an integration in time and maximizing over $\boldsymbol{v} \in H_{0}^{1}\left(\omega_{e}\right)^{3}$, this implies

$$
\begin{equation*}
\left|\mathcal{E}_{\omega_{e}, \partial \sigma}^{n, \ell_{n}}\right| \leq \hat{C}\left[\left(\sum_{E \subset \omega_{e}}\left(\eta_{E, 1, \partial u}^{n, \ell_{n}}\right)^{2}\right)^{\frac{1}{2}}+\eta_{e, 1, \partial \sigma}^{n, \ell_{n}}\right] . \tag{6.13}
\end{equation*}
$$

When $e$ lies on $\Gamma_{12}$, the same argument leads to

$$
\begin{equation*}
\left|\mathcal{E}_{\omega_{e}, \partial \sigma}^{n, \ell_{n}}\right| \leq \hat{C}\left[\left(\left(\eta_{E_{1}, 1, \partial u}^{n, \ell_{n}}\right)^{2}+\left(\eta_{E_{2}, 2, \partial u}^{n, \ell_{n}}\right)^{2}\right)^{\frac{1}{2}}+\eta_{e, 1, \partial \sigma}^{n, \ell_{n}}\right], \tag{6.14}
\end{equation*}
$$

where $E_{1} \subset \Omega_{1}$ and $E_{2} \subset \Omega_{2}$ are the two elements adjacent to $e$. When $e$ is an interior face of $\Omega_{2}$, the relevant bound is

$$
\begin{equation*}
\left|\mathcal{E}_{\omega_{e}, \partial \sigma}^{n, \ell_{n}}\right| \leq \hat{C}\left[\left(\sum_{E \subset \omega_{e}}\left(\eta_{E, 2, \partial u}^{n, \ell_{n}}\right)^{2}\right)^{\frac{1}{2}}+\eta_{e, 2, \partial \sigma}^{n, \ell_{n}}\right] . \tag{6.15}
\end{equation*}
$$

For $\mathcal{E}_{e, N, \partial \sigma}^{n, \ell_{n}}$, we proceed as above, but $\omega_{e}$ is reduced to the element $E$ adjacent to $e$ and $\boldsymbol{v}$ vanishes on $\partial E \backslash e$. Then we easily derive

$$
\begin{equation*}
\left|\mathcal{E}_{e, N, \partial \sigma}^{n, \ell_{n}}\right| \leq \hat{C}\left(\eta_{E, 2, \partial u}^{n, \ell_{n}}+\eta_{e, N, \partial \sigma}^{n, \ell_{n}}\right) . \tag{6.16}
\end{equation*}
$$

Remark 1. The weak residual error terms studied above will affect the effectivity index since they will be used to estimate some of the indicators. Hence, evaluating the effectivity index requires their numerical computation or approximation. Unfortunately, their computation is not straightforward.

## 7. Lower bounds

Here we bound below the error, i.e., we derive upper bounds for each indicator in terms of the errors on the discrete solution and the data. Some of these bounds will be derived under the assumption that $\kappa$ and the solution are sufficiently smooth. As before, $\hat{C}$ denotes various constants independent of $h, n$, and $\Delta t$.

### 7.1. The algorithmic error indicator

Let us start with an arbitrary value of $\ell$. First, the contraction property (10.14) yields

$$
\begin{equation*}
\eta_{\mathrm{fs}}^{n, \ell} \leq(\Delta t)^{\frac{1}{2}} \frac{1}{\left(\beta K_{b}\right)^{\ell-1}}\left\|\frac{1}{\Delta t}\left(\bar{\sigma}_{h}^{n, 1}-\bar{\sigma}_{h}^{n-1}\right)\right\|_{L^{2}\left(\Omega_{1}\right)}, \tag{7.1}
\end{equation*}
$$

where

$$
\bar{\sigma}_{h}^{n, 1}-\bar{\sigma}_{h}^{n-1}=K_{b} \nabla \cdot\left(\boldsymbol{u}_{h}^{n, 1}-\boldsymbol{u}_{h}^{n-1}\right)-\alpha\left(p_{h}^{n, 1}-p_{h}^{n-1}\right) .
$$

Next, a bound for the first term in this right-hand side reduces to a bound for the second term, as shown in the next proposition.

Proposition 12. We have

$$
\begin{equation*}
\left\|\nabla \cdot\left(\boldsymbol{u}_{h}^{n, 1}-\boldsymbol{u}_{h}^{n-1}\right)\right\|_{L^{2}\left(\Omega_{1}\right)}^{2} \leq \frac{\alpha^{2}}{\lambda^{2}}\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\frac{1}{2 G \lambda}\left(\mathcal{P}^{2} \mathcal{K}^{2}\left\|\boldsymbol{f}^{n}-\boldsymbol{f}^{n-1}\right\|_{L^{2}(\Omega)}^{2}+C_{1}^{2} C_{N}^{2}\left\|\boldsymbol{t}_{N}^{n}-\boldsymbol{t}_{N}^{n-1}\right\|_{H^{-\frac{1}{2}}\left(\Gamma_{N}\right)}^{2}\right) . \tag{7.2}
\end{equation*}
$$

Proof. By taking the difference between (3.14) at step $n, \ell=1$ and at step $n-1$, and testing with $\boldsymbol{v}_{h}=\boldsymbol{u}_{h}^{n, 1}-\boldsymbol{u}_{h}^{n-1}$, we obtain, after applying Korn's inequality, a trace inequality, and Young's inequality

$$
\begin{aligned}
& 2 G\left\|\varepsilon\left(\boldsymbol{u}_{h}^{n, 1}-\boldsymbol{u}_{h}^{n-1}\right)\right\|_{L^{2}(\Omega)}^{2}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}_{h}^{n, 1}-\boldsymbol{u}_{h}^{n-1}\right)\right\|_{L^{2}(\Omega)}^{2} \\
& \leq \frac{1}{2}\left(\lambda\left\|\nabla \cdot\left(\boldsymbol{u}_{h}^{n, 1}-\boldsymbol{u}_{h}^{n-1}\right)\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\frac{\alpha^{2}}{\lambda}\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}\right)+2 G\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}_{h}^{n, 1}-\boldsymbol{u}_{h}^{n-1}\right)\right\|_{L^{2}(\Omega)}^{2} \\
& +\frac{1}{4 G}\left(\mathcal{P}^{2} \mathcal{K}^{2}\left\|\boldsymbol{f}^{n}-\boldsymbol{f}^{n-1}\right\|_{L^{2}(\Omega)}^{2}+C_{1}^{2} C_{N}^{2}\left\|\boldsymbol{t}_{N}^{n}-\boldsymbol{t}_{N}^{n-1}\right\|_{H^{-\frac{1}{2}}\left(\Gamma_{N}\right)}^{2}\right),
\end{aligned}
$$

which reduces to (7.2).
Thus

$$
\begin{equation*}
\left\|\bar{\sigma}_{h}^{n, 1}-\bar{\sigma}_{h}^{n-1}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2} \leq 2 \alpha^{2}\left(1+\frac{K_{b}^{2}}{\lambda^{2}}\right)\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\frac{K_{b}^{2}}{\lambda G}\left(\mathcal{P}^{2} \mathcal{K}^{2}\left\|\boldsymbol{f}^{n}-\boldsymbol{f}^{n-1}\right\|_{L^{2}(\Omega)}^{2}+C_{1}^{2} C_{N}^{2}\left\|\boldsymbol{t}_{N}^{n}-\boldsymbol{t}_{N}^{n-1}\right\|_{H^{-\frac{1}{2}}\left(\Gamma_{N}\right)}^{2}\right) \tag{7.3}
\end{equation*}
$$

and we must find an estimate for $p_{h}^{n, 1}-p_{h}^{n-1}$. This is the object of the next lemma.
Lemma 1. Suppose that the penalty parameters $\gamma_{e}$ satisfy (10.12). Assuming that the solution and $\boldsymbol{\kappa}$ are sufficiently smooth as in Proposition 10, we have for all $n, 1 \leq n \leq N$,

$$
\begin{align*}
& \frac{1}{2 \Delta t}\left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right)\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2} \leq \hat{C}\left[\left|p_{h}^{n-1}-m\left(P_{h}(p)\right)\right|_{h}^{2}+J_{h}\left(p_{h}^{n-1}-m(p), p_{h}^{n-1}-m(p)\right)\right. \\
& +\Delta t \sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla \cdot\left(\boldsymbol{\kappa} \nabla m\left(P_{h}(p)-p\right)\right)\right\|_{L^{2}(E)}^{2}+\left(h+\Delta t+h^{\frac{1}{2}}+(\Delta t)^{\frac{1}{2}}\right)\left\|\boldsymbol{\kappa} \nabla m\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\right\|_{L^{2}\left(\Gamma_{12}\right)}^{2} \\
& \left.+\left\|q^{n}-m(q)\right\|_{L^{2}\left(\Omega_{1} \times\right] t_{n-1}, t_{n}[)}^{2}+\left\|\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right)\right\|_{\left.\left.L^{2}\left(\Omega_{1} \times\right] t_{n-1}, t_{n}\right]\right)}^{2}\right] . \tag{7.4}
\end{align*}
$$

Proof. By inserting $p_{h}^{n-1}$ and $m\left(P_{h}(p)\right)$ in (3.12) at step $\ell=1$ with $\tau_{p}=1$, and recalling that $P_{h}(p)$
does not jump at interfacs, we derive for all $\theta_{h} \in M_{h}$,

$$
\begin{aligned}
& \left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right) \frac{1}{\Delta t}\left(p_{h}^{n, 1}-p_{h}^{n-1}, \theta_{h}\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left(\left(p_{h}^{n, 1}-p_{h}^{n-1}, \theta_{h}\right)\right)_{h}+\frac{1}{\mu_{f}}\left(\left(p_{h}^{n-1}-m\left(P_{h}(p)\right), \theta_{h}\right)\right)_{h} \\
& +\frac{1}{\mu_{f}} \sum_{E \in \mathcal{T}_{h}^{1}}\left(\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right), \nabla \theta_{h}\right)_{E}-\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n, 1}-p_{h}^{n-1}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e} \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n-1}-m\left(P_{h}(p)\right)\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}-\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e} \\
& -\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, 1}-p_{h}^{n-1}\right]_{e}\right)_{e}-\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n-1}\right]_{e}\right)_{e}=\left(q^{n}, \theta_{h}\right)_{\Omega_{1}} .
\end{aligned}
$$

With the choice $\theta_{h}=p_{h}^{n, 1}-p_{h}^{n-1}$, this becomes

$$
\begin{aligned}
& \left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right) \frac{1}{\Delta t}\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\frac{1}{\mu_{f}}\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{h}^{2}-\frac{2}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n, 1}-p_{h}^{n-1}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, 1}-p_{h}^{n-1}\right]_{e}\right)_{e} \\
& =-\frac{1}{\mu_{f}}\left(\left(p_{h}^{n-1}-m\left(P_{h}(p)\right), p_{h}^{n, 1}-p_{h}^{n-1}\right)\right)_{h}+\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n-1}-m\left(P_{h}(p)\right)\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, 1}-p_{h}^{n-1}\right]_{e}\right)_{e} \\
& +\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n, 1}-p_{h}^{n-1}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n-1}\right]_{e}\right)_{e}-\frac{1}{\mu_{f}} \sum_{E \in \mathcal{T}_{h}^{1}}\left(\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right), \nabla\left(p_{h}^{n, 1}-p_{h}^{n-1}\right)\right)_{E} \\
& +\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, 1}-p_{h}^{n-1}\right]_{e}\right)_{e} \\
& +\left(q^{n}-m(q), p_{h}^{n, 1}-p_{h}^{n-1}\right)_{\Omega_{1}}+\left(m(q), p_{h}^{n, 1}-p_{h}^{n-1}\right)_{\Omega_{1}} .
\end{aligned}
$$

Let us examine the terms containing $\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta$. Since the gradient of $P_{h}(p)$ does not jump at interfaces and $\boldsymbol{\kappa}$ is supposed to be sufficiently smooth, by Greens' formula applied in each $E$, we can write for any $\theta_{h} \in M_{h}$,

$$
\begin{aligned}
& -\sum_{E \in \mathcal{T}_{h}^{1}}\left(\nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right)\right), \theta_{h}\right)_{E}=\sum_{E \in \mathcal{T}_{h}^{1}}\left(\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right), \nabla \theta_{h}\right)_{E} \\
& -\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}-\int_{\Gamma_{12}} \boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{12} \theta_{h} .
\end{aligned}
$$

Hence

$$
\begin{aligned}
& -\frac{1}{\mu_{f}} \sum_{E \in \mathcal{T}_{h}^{1}}\left(\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right), \nabla \theta_{h}\right)_{E}+\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e} \\
& =\frac{1}{\mu_{f}} \sum_{E \in \mathcal{T}_{h}^{1}}\left(\nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right)\right), \theta_{h}\right)_{E}-\frac{1}{\mu_{f}} \int_{\Gamma_{12}} \boldsymbol{\kappa}\left(\nabla m\left(P_{h}(p)\right)-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{12} \theta_{h} \\
& =\frac{1}{\mu_{f}} \sum_{E \in \mathcal{T}_{h}^{1}}\left(\nabla \cdot\left(\boldsymbol{\kappa} \nabla m\left(P_{h}(p)-p\right)\right), \theta_{h}\right)_{E}-\frac{1}{\mu_{f}} \int_{\Gamma_{12}} \boldsymbol{\kappa} \nabla m\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12} \theta_{h} \\
& +\frac{1}{\mu_{f}} \int_{\Omega_{1}} \nabla \cdot(\boldsymbol{\kappa}(\nabla m(p)-\rho g \nabla \eta)) \theta_{h},
\end{aligned}
$$

where the no flux interface condition in (2.3) is used in the next to last term. Finally, let us integrate in time the flow equation in (2.3) from $t_{n-1}$ and $t_{n}$, divided by $\Delta t$. Considering that $\kappa$ and $\rho g \nabla \eta$ are independent of time, this gives for any $\theta_{h} \in M_{h}$

$$
\begin{equation*}
\left(m(q), \theta_{h}\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left(\nabla \cdot(\boldsymbol{\kappa}(\nabla m(p)-\rho g \nabla \eta)), \theta_{h}\right)_{\Omega_{1}}=\frac{1}{\Delta t} \int_{t_{n-1}}^{t_{n}}\left(\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right), \theta_{h}\right)_{\Omega_{1}} \tag{7.5}
\end{equation*}
$$

By collecting these equalities, we obtain,

$$
\begin{align*}
& \left(\frac{1}{M}+\frac{\alpha^{2}}{K_{b}}\right) \frac{1}{\Delta t}\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\frac{1}{\mu_{f}}\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{h}^{2}-\frac{2}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n, 1}-p_{h}^{n-1}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, 1}-p_{h}^{n-1}\right]_{e}\right)_{e} \\
& =-\frac{1}{\mu_{f}}\left(\left(p_{h}^{n-1}-m\left(P_{h}(p)\right), p_{h}^{n, 1}-p_{h}^{n-1}\right)\right)_{h}+\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n-1}-m\left(P_{h}(p)\right)\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, 1}-p_{h}^{n-1}\right]_{e}\right)_{e} \\
& +\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n, 1}-p_{h}^{n-1}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n-1}-m(p)\right]_{e}\right)_{e}+\frac{1}{\mu_{f}} \sum_{E \in \mathcal{T}_{h}^{1}}\left(\nabla \cdot\left(\boldsymbol{\kappa} \nabla m\left(P_{h}(p)-p\right)\right), p_{h}^{n, 1}-p_{h}^{n-1}\right)_{E} \\
& -\frac{1}{\mu_{f}} \int_{\Gamma_{12}} \boldsymbol{\kappa} \nabla m\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\left(p_{h}^{n, 1}-p_{h}^{n-1}\right)+\left(q^{n}-m(q), p_{h}^{n, 1}-p_{h}^{n-1}\right)_{\Omega_{1}} \\
& +\frac{1}{\Delta t} \int_{t_{n-1}}^{t_{n}}\left(\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right), p_{h}^{n, 1}-p_{h}^{n-1}\right)_{\Omega_{1}} \tag{7.6}
\end{align*}
$$

The assumption (10.12) on the penalty parameters $\gamma_{e}$ implies that

$$
\frac{1}{\mu_{f}}\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{h}^{2}-\frac{2}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n, 1}-p_{h}^{n-1}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n, 1}-p_{h}^{n-1}\right]_{e}\right)_{e} \geq \frac{1}{2 \mu_{f}}\left\|p_{h}^{n, 1}-p_{h}^{n-1}\right\|_{h}^{2}
$$

With this, (7.4) is deduced from (7.6) by a straightforward variant of (10.9), suitable applications of Young's inequality, and the consequence (10.24) of the trace inequality on $\Gamma_{12}$.

By substituting (7.4) into (7.3), by using (7.1), and recalling the definition (5.3) of the algo-
rithmic error, and the notation (10.15), we obtain the following bound for $\eta_{\mathrm{fs}}^{n, \ell}$

$$
\begin{align*}
\left(\eta_{\mathrm{fs}}^{n, \ell}\right)^{2} \leq & \frac{1}{\left(\beta K_{b}\right)^{2 \ell-2}}\left[( 1 + \frac { K _ { b } ^ { 2 } } { \lambda ^ { 2 } } ) \frac { 4 \hat { C } } { \beta } \left(\left|p_{h}^{n-1}-m\left(P_{h}(p)\right)\right|_{h}^{2}+J_{h}\left(p_{h}^{n-1}-m(p), p_{h}^{n-1}-m(p)\right)\right.\right. \\
& +\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla \cdot\left(\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right)\right)\right\|_{L^{2}(E \times] t_{n-1}, t_{n}[)}^{2} \\
& +\left(\frac{h}{\Delta t}+1+\frac{h^{\frac{1}{2}}}{\Delta t}+\frac{1}{(\Delta t)^{\frac{1}{2}}}\right)\left\|\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\right\|_{L^{2}\left(\Gamma_{12} \times\right] t_{n-1}, t_{n}[)}^{2}  \tag{7.7}\\
& \left.+\left\|q^{n}-q\right\|_{L^{2}\left(\Omega_{1} \times\right] t_{n-1}, t_{n}[)}^{2}+\left\|\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right)\right\|_{\left.\left.L^{2}\left(\Omega_{1} \times\right] t_{n-1}, t_{n}\right]\right)}^{2}\right) \\
& \left.+\frac{K_{b}^{2}}{G \lambda} \frac{1}{\Delta t}\left(\mathcal{P}^{2} \mathcal{K}^{2}\left\|\boldsymbol{f}^{n}-\boldsymbol{f}^{n-1}\right\|_{L^{2}(\Omega)}^{2}+C_{1}^{2} C_{N}^{2}\left\|\boldsymbol{t}_{N}^{n}-\boldsymbol{t}_{N}^{n-1}\right\|_{H^{-\frac{1}{2}}\left(\Gamma_{N}\right)}^{2}\right)\right] .
\end{align*}
$$

From the a posteriori point of view, this bound is not satisfactory because the three last terms cannot be interpreted as errors, but just involve the solution and data; this is strikingly true of the first of these terms that has no reason to be small. This reflects the inconsistency of the algorithm's starting value at each time step, and this effect can only be mitigated by iterating sufficiently, i.e., taking $\ell_{n}$ sufficiently large to guarantee a suitable estimate of the error

$$
\sum_{n=1}^{m} \sqrt{\Delta t} \eta_{\mathrm{fs}}^{n}
$$

in (5.50). To this end, we prescribe the condition for all $n$

$$
\begin{equation*}
\frac{1}{\left(\beta K_{b}\right)^{\ell_{n}}} \leq C \Delta t \tag{7.8}
\end{equation*}
$$

with a constant $C$ independent of $n, h, \Delta t$ (to simplify, we do not explicit this constant). The next theorem summarizes this result.

Theorem 2. Assume that (7.8) holds at each time step and that (10.12) is satisfied. If the data and solution are sufficiently smooth, we have

$$
\begin{align*}
\eta_{\mathrm{fs}}^{n, \ell_{n}} \leq & \hat{C}\left[\Delta t\left|p_{h}^{n-1}-m\left(P_{h}(p)\right)\right|_{h}+\Delta t J_{h}\left(p_{h}^{n-1}-m(p), p_{h}^{n-1}-m(p)\right)^{\frac{1}{2}}\right. \\
& +\Delta t\left(\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla \cdot\left(\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right)\right)\right\|_{L^{2}(E \times] t_{n-1}, t_{n}[)}^{2}\right)^{\frac{1}{2}} \\
& +(\Delta t)^{\frac{1}{2}}\left(h^{\frac{1}{2}}+(\Delta t)^{\frac{1}{2}}+h^{\frac{1}{4}}+(\Delta t)^{\frac{1}{4}}\right)\left\|\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\right\|_{L^{2}\left(\Gamma_{12} \times\right] t_{n-1}, t_{n}[)}  \tag{7.9}\\
& \left.+\Delta t\left\|q^{n}-q\right\|_{L^{2}\left(\Omega_{1} \times\right] t_{n-1}, t_{n}[)}+\Delta t\left\|\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right)\right\|_{L^{2}\left(\Omega_{1} \times\right] t_{n-1}, t_{n}[)}\right) \\
& \left.+(\Delta t)^{\frac{3}{2}}\left(\left\|\partial_{t} \boldsymbol{f}\right\|_{L^{\infty}\left(t_{n-1}, t_{n} ; L^{2}(\Omega)\right)}+\left\|\partial_{t} \boldsymbol{t}_{N}\right\|_{L^{\infty}\left(t_{n-1}, t_{n} ; H^{-\frac{1}{2}}\left(\Gamma_{N}\right)\right)}\right)\right] .
\end{align*}
$$

Remark 2. Observe that, if in addition to the assumptions of Theorem 2, the mesh size and time step are of the same order, i.e.,

$$
\begin{equation*}
h \leq \hat{C} \Delta t \tag{7.10}
\end{equation*}
$$

then (when $\ell_{n}$ achieves convergence)

$$
\begin{align*}
\sum_{n=1}^{N}(\Delta t)^{\frac{1}{2}} \eta_{\mathrm{fs}}^{n} & \leq \hat{C}\left[(\Delta t)^{\frac{1}{2}}\left(\sum_{n=1}^{N} \Delta t\left(\left|p_{h}^{n-1}-m\left(P_{h}(p)\right)\right|_{h}^{2}+J_{h}\left(p_{h}^{n-1}-p, p_{h}^{n-1}-p\right)\right)\right)^{\frac{1}{2}}\right. \\
& +\Delta t\left(\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla \cdot\left(\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right)\right)\right\|_{\left.\left.L^{2}(E \times] 0, T\right]\right)}^{2}\right)^{\frac{1}{2}} \\
& +(\Delta t)^{\frac{3}{4}}\left\|\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\right\|_{\left.\left.L^{2}\left(\Gamma_{12} \times\right] 0, T\right]\right)}+\Delta t\left\|q^{n}-q\right\|_{\left.\left.L^{2}\left(\Omega_{1} \times\right] 0, T\right]\right)} \\
& \left.+\Delta t\left(\left\|\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right)\right\|_{L^{2}\left(\Omega_{1} \times\right] 0, T[)}+\left\|\partial_{t} \boldsymbol{f}\right\|_{L^{\infty}\left(0, T ; L^{2}(\Omega)\right)}+\left\|\partial_{t} \boldsymbol{t}_{N}\right\|_{L^{\infty}\left(0, T ; H^{-\frac{1}{2}}\left(\Gamma_{N}\right)\right)}\right)\right] . \tag{7.11}
\end{align*}
$$

Under the same assumption, the other term in $\eta_{\mathrm{alg}}^{m}$ is much more favorable because it is bounded as follows

$$
\begin{align*}
& \left(\sum_{n=1}^{N} h^{2}\left(\eta_{\mathrm{fs}}^{n}\right)^{2}\right)^{\frac{1}{2}} \leq \hat{C}\left[(\Delta t)^{\frac{3}{2}}\left(\sum_{n=1}^{N} \Delta t\left(\left|p_{h}^{n-1}-m\left(P_{h}(p)\right)\right|_{h}^{2}+J_{h}\left(p_{h}^{n-1}-p, p_{h}^{n-1}-p\right)\right)\right)^{\frac{1}{2}}\right. \\
& \quad+(\Delta t)^{2}\left(\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla \cdot\left(\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right)\right)\right\|_{\left.\left.L^{2}(E \times] 0, T\right]\right)}^{2}\right)^{\frac{1}{2}} \\
& \left.\quad+(\Delta t)^{\frac{7}{4}}\left\|\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\right\|_{L^{2}\left(\Gamma_{12 \times] 0, T[)}+(\Delta t)^{2}\left\|q^{n}-q\right\|_{\left.\left.L^{2}\left(\Omega_{1} \times\right] 0, T\right]\right)}\right.} \quad+(\Delta t)^{2}\left(\left\|\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right)\right\|_{\left.\left.L^{2}\left(\Omega_{1} \times\right] 0, T\right]\right)}+\left\|\partial_{t} \boldsymbol{f}\right\|_{L^{\infty}\left(0, T ; L^{2}(\Omega)\right)}+\left\|\partial_{t} \boldsymbol{t}_{N}\right\|_{\left.L^{\infty}\left(0, T ; H^{-\frac{1}{2}}\left(\Gamma_{N}\right)\right)\right)}\right)\right] .
\end{align*}
$$

### 7.2. The time errors indicator

A bound for the time errors indicators $\eta_{t, p}$ and $\eta_{t, J}$, defined in (5.9) and (5.10),

$$
\eta_{t, p}^{n, \ell_{n}}=\left(\frac{\Delta t}{3}\right)^{\frac{1}{2}}\left|p_{h}^{n, \ell_{n}}-p_{h}^{n-1}\right|_{h}, \quad \eta_{t, J}^{n, \ell_{n}}=\left(\frac{\Delta t}{3}\right)^{\frac{1}{2}}\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\left[p_{h}^{n, \ell_{n}}-p_{h}^{n-1}\right]_{e}\right\|_{L^{2}(e)}
$$

is derived by much the same argument as in estimating $\mathcal{E}_{f}^{n, \ell_{n}}$.
Proposition 13. Under the assumptions of Theorem 2, we have

$$
\begin{equation*}
\left(\eta_{t, p}^{n, \ell_{n}}\right)^{2}+\sum_{e \in \mathcal{E}_{h}^{1}}\left(\eta_{t, J}^{n, \ell_{n}}\right)^{2} \leq 12 \mu_{f}^{2}\left[\left(\mathcal{E}_{f}^{n, \ell_{n}}\right)^{2}+\left(\frac{\hat{C}}{\mu_{f}}\right)^{2} \int_{t_{n-1}}^{t_{n}}\left(\left\|p_{h \tau}^{n, \ell_{n}}-p\right\|_{h}^{2}+\mathcal{A}_{1}(p)^{2}\right)\right], \tag{7.13}
\end{equation*}
$$

where the interpolation error $\mathcal{A}_{1}(p)$ is defined in (6.6).

Proof. Proceeding as in the proof of Proposition 10, we define $X$ by (6.8) and write

$$
\begin{aligned}
& \frac{1}{\mu_{f}}\left[\left(\left(p_{h}^{n}-p_{h \tau}^{n}, \theta_{h}\right)\right)_{h}-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h}^{n}-p_{h \tau}^{n}\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}-\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}^{n}-p_{h \tau}^{n}\right]_{e}\right)_{e}\right] \\
& =\left(X, \theta_{h}\right)_{\Omega_{1}}+\frac{1}{\mu_{f}}\left[\left(\left(p-p_{h \tau}^{n}, \theta_{h}\right)\right)_{h}+\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla\left(p_{h \tau}^{n}-P_{h}(p)\right) \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}+\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h \tau}^{n}-p\right]_{e}\right)_{e}\right. \\
& \left.\left.+\sum_{E \in \mathcal{T}_{h}^{1}}\left(\nabla \cdot\left(\boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right)\right), \theta_{h}-\theta\right)_{E}+\left(P_{h}(p)-p\right), \theta_{h}-\theta\right)_{h}-\int_{\Gamma_{12}} \boldsymbol{\kappa} \nabla\left(P_{h}(p)-p\right) \cdot \boldsymbol{n}_{12}\left(\theta_{h}-\theta\right)\right] .
\end{aligned}
$$

With the choice $\theta_{h}=p_{h}^{n}-p_{h \tau}^{n}$, we recognize in the above left-hand side $a_{h}\left(\theta_{h}, \theta_{h}\right)$ defined in (10.10). Assuming (10.12), $a_{h}\left(\theta_{h}, \theta_{h}\right)$ is bounded below by (10.13). Thus, by applying to the last three terms the estimates of Proposition 16, we derive

$$
\begin{gathered}
\frac{1}{2 \mu_{f}}\left\|p_{h}^{n}-p_{h \tau}^{n}\right\|_{h} \leq \sup _{\theta_{h} \in M_{h} / \mathbb{R}} \frac{\left(X, \theta_{h}\right)_{\Omega_{1}}}{\left\|\theta_{h}\right\|_{h}}+\frac{1}{\mu_{f}}
\end{gathered}\left[\left\|p_{h \tau}^{n}-p\right\|_{h}+\hat{C}\left(\frac{\lambda_{\max }}{\min \gamma_{e}}\right)^{\frac{1}{2}}\left(\left\|p_{h \tau}^{n}-P_{h}(p)\right\|_{h}+\left|P_{h}(p)-p\right|_{h}\right)\right] \text { } \begin{gathered}
\hat{C} \\
\min \gamma_{e}^{\frac{1}{2}} \\
\left.\left(\mathcal{A}_{1}(p)-\left|P_{h}(p)-p\right|_{h}\right)\right] .
\end{gathered}
$$

Note that

$$
p_{h \tau}^{n}-P_{h}(p)=\left(p_{h \tau}^{n}-p\right)+\left(p-P_{h}(p)\right) ;
$$

therefore, the argument in the third term can be replaced by $p_{h \tau}^{n}-p$ and the contribution of $p-P_{h}(p)$ can be incorporated into $\mathcal{A}_{1}(p)$. Then the proposition follows from

$$
\frac{1}{4 \mu_{f}^{2}} \int_{t_{n-1}}^{t_{n}}\left\|p_{h}^{n}-p_{h \tau}^{n}\right\|_{h}^{2} \leq 3\left[\left(\mathcal{E}_{f}^{n}\right)^{2}+\left(\frac{\hat{C}}{\mu_{f}}\right)^{2} \int_{t_{n-1}}^{t_{n}}\left(\left\|p_{h \tau}^{n}-p\right\|_{h}^{2}+\mathcal{A}_{1}(p)^{2}\right)\right]
$$

### 7.3. The local interior flow error indicator

Recall formula (5.5) for $\eta_{E, p}$,

$$
\eta_{E, p}^{n, \ell_{n}}=h_{E}(\Delta t)^{\frac{1}{2}}\left\|q_{h}^{n}+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell_{n}}-\rho g \nabla \eta\right)\right)-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n, \ell_{n}}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n, \ell_{n}}\right)\right\|_{L^{2}(E)}
$$

The bound for $\eta_{E, p}^{n}$ proceeds via a standard local argument in each element $E \subset \bar{\Omega}_{1}$. To simplify, we assume that restriction to each $E$ of the density $\rho$ and the components of the permeability tensor $\boldsymbol{\kappa}$ are polynomials. The pressure error equation (4.9) is tested with $\theta_{h}=0$ and

$$
\left.\theta\right|_{E}=\left.b_{E}\left(q_{h}^{n}+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\right)-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)\right)\right|_{E}
$$

extended by zero outside $E$, where $b_{E}$ is the lowest degree unit bubble function in $E$. Thus $\theta \in H_{0}^{1}(E)$ is a polynomial function and

$$
\|\theta\|_{L^{2}(E)} \leq\left\|q_{h}^{n}+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\right)-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)\right\|_{L^{2}(E)} .
$$

Let

$$
A=\left(q_{h}^{n}+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\right)-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right), \theta\right)_{E} .
$$

On the one hand, as $\theta$ is a polynomial function, a familiar scaling argument leads to

$$
A \geq \hat{C}\left\|q_{h}^{n}+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\right)-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)\right\|_{L^{2}(E)}^{2}
$$

On the other hand, (4.9) reduces to

$$
A=\left(q_{h}^{n}-q+\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \theta\right)_{E}+\frac{1}{\mu_{f}}\left(\left(p-p_{h \tau}^{n}, \theta\right)_{h, E}+\left(p_{h \tau}^{n}-p_{h}^{n}, \theta\right)_{h, E}\right) .
$$

By collecting the above inequalities and applying (10.6), we derive

$$
\begin{aligned}
& h_{E}\left\|q_{h}^{n}+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\right)-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)\right\|_{L^{2}(E)} \\
& \leq \hat{C}\left(\frac{1}{\mu_{f}} \lambda_{\max }^{\frac{1}{2}}\left(\left|p-p_{h \tau}^{n}\right|_{h, E}+\left|p_{h \tau}^{n}-p_{h}^{n}\right|_{h, E}\right)+\left\|q_{h}^{n}-q+\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right)\right\|_{H^{-1}(E)}\right) .
\end{aligned}
$$

By squaring both sides, integrating in time over $] t_{n-1}, t_{n}\left[\right.$, and recalling the notation $\mathcal{E}_{E}^{n, \ell_{n}}$, we deduce an upper bound for $\eta_{E, p}^{n, \ell_{n}}$,

$$
\begin{equation*}
\left(\eta_{E, p}^{n, \ell_{n}}\right)^{2} \leq 3 \hat{C}^{2}\left[\left(\mathcal{E}_{E}^{n, \ell_{n}}\right)^{2}+\frac{1}{\mu_{f}^{2}} \lambda_{\max }\left(\int_{t_{n-1}}^{t_{n}}\left|p-p_{h \tau}^{n, \ell_{n}}\right|_{h, E}^{2}+\left(\eta_{t, p, E}^{n, \ell_{n}}\right)^{2}\right)\right] . \tag{7.14}
\end{equation*}
$$

### 7.4. The local jump flow error indicator

Recall the local jumps $\eta_{\text {pen }}$ defined in (5.1),

$$
\eta_{\mathrm{pen}}^{n, \ell_{n}}=(\Delta t)^{\frac{1}{2}}\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\left[p_{h}^{n, \ell_{n}}\right]_{e}\right\|_{L^{2}(e)} .
$$

By inserting $p_{h \tau}^{n, \ell_{n}}, \eta_{\mathrm{pen}}^{n, \ell_{n}}$ has the bound

$$
\begin{align*}
\left(\eta_{\mathrm{pen}}^{n, \ell_{n}}\right)^{2} \leq & 2 \int_{t_{n-1}}^{t_{n}} \frac{\gamma_{e}}{h_{e}}\left\|\left[p_{h}^{n, \ell_{n}}-p_{h \tau}^{n, \ell_{n}}\right]_{e}\right\|_{L^{2}(e)}^{2}+2 \Delta t J_{h}\left(p-p_{h \tau}^{n, \ell_{n}}, p-p_{h \tau}^{n, \ell_{n}}\right) \\
& =2\left(\eta_{t, J}^{n, \ell_{n}}\right)^{2}+2 \int_{t_{n-1}}^{t_{n}} J_{h}\left(p-p_{h \tau}^{n, \ell_{n}}, p-p_{h \tau}^{n, \ell_{n}}\right) \tag{7.15}
\end{align*}
$$

This is an acceptable bound, since the first term is an indicator and the second one an error term.

### 7.5. The local jump flux error indicator

The local flux jump $\eta_{\text {flux }, e}$ defined by (5.7) reads

$$
\eta_{\text {flux }, e}^{n, \ell_{n}}=\left(h_{e} \Delta t\right)^{\frac{1}{2}}\left\|\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n, \ell_{n}}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)} .
$$

The bound for $\eta_{\text {flux, } e}^{n}$ is derived by a classical argument on each face $e \in \mathcal{E}_{h}^{1}$. To simplify, we restrict the discussion to internal faces, the case of boundary faces (i.e., on $\Gamma_{12}$ ) being simpler, since jumps on $\Gamma_{12}$ are just traces. Thus, let $e$ be an internal face and let $b_{e}$ be a unit bubble polynomial
function of the lowest degree that vanishes on $\partial e$. Let $\hat{e}$ be a reference unit face and $\hat{\omega}_{\hat{e}}$ the union of two reference unit elements that share $\hat{e}$. By working first on $\hat{\omega}_{\hat{e}}$ and then switching to $\omega_{e}$ by a suitable transformation, we can construct an extension operator $\mathcal{G}$, linear from $H_{00}^{\frac{1}{2}}(e)$ into $H_{0}^{1}\left(\omega_{e}\right)$ and uniformly continuous with respect to $e$ and $h$, i.e.,

$$
\begin{equation*}
\forall f \in H_{00}^{\frac{1}{2}}(e), \quad|\mathcal{G}(f)|_{H^{1}\left(\omega_{e}\right)} \leq \hat{C}|f|_{H_{00}^{\frac{1}{2}}(e)}, \tag{7.16}
\end{equation*}
$$

with $\hat{C}$ independent of $h, e$, and $\omega_{e}$. The pressure error equation (4.9) is tested with $\theta_{h}=0$ and

$$
\left.\theta\right|_{\omega_{e}}=\mathcal{G}\left(\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e} b_{e}\right)
$$

Thus $\theta \in H_{0}^{1}\left(\omega_{e}\right)$, hence has no jump through $e$, and $\left.\theta\right|_{e} \in H_{00}^{\frac{1}{2}}(e)$,

$$
\|\theta\|_{L^{2}(e)} \leq\left\|\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)} .
$$

Moreover, by the construction of $\mathcal{G}$ and the fact that the restriction of $\theta$ to $e$ belongs to a finite dimensional space, we have on the one hand,

$$
\left(\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e}, \theta\right)_{e} \geq \hat{C}\left\|\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)}^{2}
$$

On the other hand, (4.9) reduces to

$$
\begin{aligned}
\frac{1}{\mu_{f}}\left(\left[\boldsymbol { \kappa } \left(\nabla p_{h}^{n}\right.\right.\right. & \left.\left.-\rho g \nabla \eta) \cdot \boldsymbol{n}_{e}\right]_{e}, \theta\right)_{e}=-\left(\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right)-\left(q-q_{h}^{n}\right), \theta\right)_{\omega_{e}} \\
& +\sum_{E \subset \omega_{e}}\left(q_{h}^{n}-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\right), \theta\right)_{E} \\
& -\frac{1}{\mu_{f}}\left(\left(p-p_{h^{\tau}}^{n}, \theta\right)_{h, \omega_{e}}+\left(p_{h^{\tau}}^{n}-p_{h}^{n}, \theta\right)_{h, \omega_{e}}\right) .
\end{aligned}
$$

Therefore,

$$
\begin{aligned}
\frac{1}{\mu_{f}} \|\left[\boldsymbol { \kappa } \left(\nabla p_{h}^{n}\right.\right. & \left.-\rho g \nabla \eta) \cdot \boldsymbol{n}_{e}\right]_{e} \|_{L^{2}(e)}^{2} \leq \hat{C}\left[\left\|\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right)-\left(q-q_{h}^{n}\right)\right\|_{H^{-1}\left(\omega_{e}\right)}|\theta|_{H^{1}\left(\omega_{e}\right)}\right. \\
& +\sum_{E \subset \omega_{e}} \| q_{h}^{n}-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right)\left\|_{L^{2}(E)}\right\| \theta \|_{L^{2}(E)}\right. \\
& \left.+\frac{1}{\mu_{f}}\left(\left|p-p_{h \tau}^{n}\right|_{h, \omega_{e}}+\left|p_{h \tau}^{n}-p_{h}^{n}\right|_{h, \omega_{e}}\right)|\theta|_{h, \omega_{e}}\right] .
\end{aligned}
$$

Then, by applying (7.16), (10.1), and (10.8), we derive

$$
\begin{aligned}
& \left\|\left[\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right) \cdot \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)} \leq \hat{C}\left[\mu _ { f } \left(\frac{1}{h_{e}^{\frac{1}{2}}}\left\|\partial_{t}\left(\frac{1}{M}\left(p-p_{h \tau}^{n}\right)+\alpha \nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right)-\left(q-q_{h}^{n}\right)\right\|_{H^{-1}\left(\omega_{e}\right)}\right.\right. \\
& \quad+h_{e}^{\frac{1}{2}}\left(\sum_{E \subset \omega_{e}} \| q_{h}^{n}-\partial_{t}\left(\frac{1}{M} p_{h \tau}^{n}+\alpha \nabla \cdot \boldsymbol{u}_{h \tau}^{n}\right)+\frac{1}{\mu_{f}} \nabla \cdot\left(\boldsymbol{\kappa}\left(\nabla p_{h}^{n}-\rho g \nabla \eta\right) \|_{L^{2}(E)}^{2}\right)^{\frac{1}{2}}\right) \\
& \left.\quad+\left(\frac{\lambda_{\max }}{h_{e}}\right)^{\frac{1}{2}}\left(\left|p-p_{h \tau}^{n}\right|_{h, \omega_{e}}+\left|p_{h \tau}^{n}-p_{h}^{n}\right|_{h, \omega_{e}}\right)\right] .
\end{aligned}
$$

By squaring both sides, multiplying by $h_{e}$, and integrating with respect to time, we obtain

$$
\begin{equation*}
\left(\eta_{\mathrm{flux}, e}^{n, \ell_{n}}\right)^{2} \leq 3 \hat{C}\left[\mu_{f}^{2}\left(\left(\mathcal{E}_{\omega_{e}}^{n, \ell_{n}}\right)^{2}+\sum_{E \subset \omega_{e}}\left(\eta_{E, p}^{n, \ell_{n}}\right)^{2}\right)+2 \lambda_{\max }\left(\left(\eta_{t, p, \omega_{e}}^{n, \ell_{n}}\right)^{2}+\int_{t_{n-1}}^{t_{n}}\left|p-p_{h \tau}^{n, \ell_{n}}\right|_{h, \omega_{e}}^{2}\right)\right] . \tag{7.17}
\end{equation*}
$$

7.6. The time derivative pressure's jump indicator

Recall formula (5.17) for $\eta_{\partial p, J}$,

$$
\eta_{\partial p, J}^{n, \ell_{n}}=h_{e} \Delta t\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\frac{1}{\Delta t}\left[p_{h}^{n, \ell_{n}}-p_{h}^{n-1}\right]_{e}\right\|_{L^{2}(e)} .
$$

By comparing with $\eta_{t, J}^{n, \ell_{n}}$ defined in (5.10), we see that

$$
\begin{equation*}
\eta_{\partial p, J}^{n, \ell_{n}}=h_{e}\left(\frac{3}{\Delta t}\right)^{\frac{1}{2}} \eta_{t, J}^{n, \ell_{n}} . \tag{7.18}
\end{equation*}
$$

This is an acceptable upper bound if we assume that

$$
\begin{equation*}
h_{e}^{2} \leq \hat{C} \Delta t \tag{7.19}
\end{equation*}
$$

a condition less restrictive than (7.10).

### 7.7. The time derivative of displacement balance indicators

Take $i=1$ and consider the time derivative of the displacement equilibrium $\eta_{E, 1, \partial u}$ given by (5.19),

$$
\eta_{E, 1, \partial \boldsymbol{u}}^{n, \ell_{n}}=h_{E} \Delta t\left\|\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n, \ell_{n}}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n, \ell_{n}}\right\|_{L^{2}(E)} .
$$

When equation (4.14) is tested with $\boldsymbol{v}_{h}=\mathbf{0}$ and

$$
\left.\boldsymbol{v}\right|_{E}=b_{E} \partial_{t}\left(\boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla p_{h \tau}^{n}\right),
$$

extended by zero outside $E$, it reduces to

$$
\begin{aligned}
\left(\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}, \boldsymbol{v}\right)_{E} & =\left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{E}-\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{E} \\
& -\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{E}
\end{aligned}
$$

Thus, by proceeding as in Section 7.3, we deduce that

$$
\begin{aligned}
& \hat{C}\left\|\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}\right\|_{L^{2}(E)}^{2} \\
& \leq\left(\left.\frac{1}{|\boldsymbol{v}|_{H^{1}(E)}}\left|\left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{E}-\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{E}-\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}, \boldsymbol{v}\right)_{E} \mid\right)\right| \boldsymbol{v}\right|_{H^{1}(E)}\right. \\
& \leq \frac{\hat{C}}{h_{E}}\left(\frac{1}{|\boldsymbol{v}|_{H^{1}(E)}}\left|\left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{E}-\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{E}-\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{E}\right|\right)\|\boldsymbol{v}\|_{L^{2}(E)},
\end{aligned}
$$

where we have used (10.6). Therefore, by multiplying both sides with $h_{E}$ and integrating in time, this leads to

$$
\begin{equation*}
\eta_{E, 1, \partial u}^{n, \ell_{n}} \leq \hat{C} \mathcal{E}_{E, 1, \partial \sigma}^{n, \ell_{n}} \tag{7.20}
\end{equation*}
$$

When $i=2$, the treatment of $\eta_{E, 2, \partial \boldsymbol{u}}$ defined by (5.20) is the same and leads to the bound

$$
\begin{equation*}
\eta_{E, 2, \partial u}^{n, \ell_{n}} \leq \hat{C} \mathcal{E}_{E, 2, \partial \sigma}^{n, \ell_{n}} . \tag{7.21}
\end{equation*}
$$

### 7.8. The time derivative of stress tensor's jump indicators

To bound the time derivative of the stress tensor's jump on $e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}$ given by (5.21),

$$
\eta_{e, 1, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}=h_{e}^{\frac{1}{2}} \Delta t\left\|\left[\left(\boldsymbol{\sigma}\left(\partial_{t} u_{h \tau}^{n, \ell_{n}}\right)-\alpha \partial_{t} p_{h \tau}^{n, \ell_{n}} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)}
$$

we proceed as for $\eta_{\text {flux }}$ and use the same notation. Consider a face $e$ in $\mathcal{E}_{h}^{1}$ and test (4.14) with $\boldsymbol{v}_{h}=\mathbf{0}$ and

$$
\left.\boldsymbol{v}\right|_{\omega_{e}}=\mathcal{G}\left(\left[\left(\boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \partial_{t} p_{h \tau}^{n} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e} b_{e}\right) .
$$

The equality (4.14) becomes

$$
\begin{aligned}
\int_{e} b_{e}\left|\left[\left(\boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \partial_{t} p_{h \tau}^{n} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right|^{2}= & \sum_{E \subset \omega_{e}}\left(\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}, \boldsymbol{v}\right)_{E} \\
& -\left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{\omega_{e}}+\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{\omega_{e}}+\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{\omega_{e}} .
\end{aligned}
$$

Thus

$$
\begin{aligned}
& \hat{C}\left\|\left[\left(\boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \partial_{t} p_{h \tau}^{n} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)}^{2} \\
& \leq\left(\frac{1}{|\boldsymbol{v}|_{H^{1}\left(\omega_{e}\right)}}\left|-\left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{\omega_{e}}+\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{\omega_{e}}+\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{\omega_{e}}\right|\right)|\boldsymbol{v}|_{H^{1}\left(\omega_{e}\right)} \\
& +\sum_{E \subset \omega_{e}}\left\|\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}\right\|_{L^{2}(E)}\|\boldsymbol{v}\|_{L^{2}(E)} \\
& \leq \hat{C}\left(\frac{1}{h_{e}^{\frac{1}{2}}} \frac{1}{|\boldsymbol{v}|_{H^{1}\left(\omega_{e}\right)}}\left|-\left(\boldsymbol{\sigma}\left(\partial_{t}\left(\boldsymbol{u}-\boldsymbol{u}_{h \tau}^{n}\right)\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{\omega_{e}}+\alpha\left(\partial_{t}\left(p-p_{h \tau}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{\omega_{e}}+\left(\partial_{t}\left(\boldsymbol{f}-\boldsymbol{f}_{h \tau}^{n}\right), \boldsymbol{v}\right)_{\omega_{e}}\right|\right. \\
& \left.\quad \quad+h_{e}^{\frac{1}{2}}\left(\sum_{E \subset \omega_{e}}\left\|\partial_{t} \boldsymbol{f}_{h \tau}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n}\right)-\alpha \nabla \partial_{t} p_{h \tau}^{n}\right\|_{L^{2}(E)}^{2}\right)^{\frac{1}{2}}\right)\|\boldsymbol{v}\|_{L^{2}(e)},
\end{aligned}
$$

where we have used (7.16), (10.2), and (10.8). By multiplying both sides with $h_{e}^{\frac{1}{2}}$ and integrating in time we infer

$$
\begin{equation*}
\eta_{e, 1, \partial \sigma}^{n, \ell_{n}} \leq \hat{C}\left(\mathcal{E}_{\omega_{e}, \partial \sigma}^{n, \ell_{n}}+\left(\sum_{E \subset \omega_{e}}\left(\eta_{E, 1, \partial u}^{n, \ell_{n}}\right)^{2}\right)^{\frac{1}{2}}\right) . \tag{7.22}
\end{equation*}
$$

When $e$ lies on $\Gamma_{12},(7.22)$ is replaced by

$$
\begin{equation*}
\eta_{e, 1, \partial \sigma}^{n, \ell_{n}} \leq \hat{C}\left(\mathcal{E}_{\omega_{e}, \partial \sigma}^{n, \ell_{n}}+\left(\left(\eta_{E_{1}, 1, \partial u}^{n, \ell_{n}}\right)^{2}+\left(\eta_{E_{2}, 2, \partial u}^{n, \ell_{n}}\right)^{2}\right)^{\frac{1}{2}}\right), \tag{7.23}
\end{equation*}
$$

where $E_{1} \subset \Omega_{1}$ and $E_{2} \subset \Omega_{2}$ are the two elements adjacent to $e$. The case of $\eta_{e, 2, \partial \boldsymbol{\sigma}}$ defined by (5.22) is the same; we obtain

$$
\begin{equation*}
\eta_{e, 2, \partial \sigma}^{n, \ell_{n}} \leq \hat{C}\left(\mathcal{E}_{\omega_{e}, \partial \sigma}^{n, \ell_{n}}+\left(\sum_{E \subset \omega_{e}}\left(\eta_{E, 2, \partial u}^{n, \ell_{n}}\right)^{2}\right)^{\frac{1}{2}}\right) . \tag{7.24}
\end{equation*}
$$

Finally, we consider $\eta_{e, N, \partial \boldsymbol{\sigma}}$ defined by (5.23),

$$
\eta_{e, N, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}=h_{e}^{\frac{1}{2}} \Delta t\left\|\boldsymbol{\sigma}\left(\partial_{t} \boldsymbol{u}_{h \tau}^{n, \ell_{n}}\right) \boldsymbol{n}_{\Omega}-\partial_{t} \boldsymbol{t}_{N, h \tau}^{n}\right\|_{L^{2}(e)} .
$$

As $e$ lies on $\Gamma_{N}$, the jump reduces to the trace, $\omega_{e}$ is the element adjacent to $e$, and the lifting function $\boldsymbol{v}$ defined above vanishes on $\partial E \backslash e$, i.e. belongs to $H_{e}^{1}(E)$. Therefore, we readily obtain

$$
\begin{equation*}
\eta_{e, N, \partial \boldsymbol{\sigma}}^{n, \ell_{n}} \leq \hat{C}\left(\mathcal{E}_{e, N, \partial \boldsymbol{\sigma}}^{n, \ell_{n}}+\eta_{E, 2, \partial u}^{n, \ell_{n}}\right), \tag{7.25}
\end{equation*}
$$

where the auxiliary error $\mathcal{E}_{e, N, \partial \sigma}^{n, \ell_{n}}$ is defined by (6.5).

### 7.9. Indicator of the pressure jump at time $t_{n}$

To bound $\eta_{p, J}$ defined by (5.29),

$$
\eta_{p, J}^{n, \ell_{n}}=h_{e}\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\left[p_{h}^{n, \ell_{n}}\right]_{e}\right\|_{L^{2}(e)}
$$

we compare it with $\eta_{\text {pen }}$ defined by (5.1) and observe that

$$
\eta_{p, J}=\frac{h_{e}}{(\Delta t)^{\frac{1}{2}}} \eta_{\mathrm{pen}} .
$$

Therefore, under the assumption (7.19), we have

$$
\begin{equation*}
\eta_{p, J}^{n, \ell_{n}} \leq \hat{C} \eta_{\mathrm{pen}}^{n, \ell_{n}} . \tag{7.26}
\end{equation*}
$$

7.10. Indicator of the displacement equilibrium errors at time $t_{n}$

Recall the indicator of displacement equilibrium $\eta_{E, i, u}$ in $\mathcal{T}_{h}^{i}$, see (5.30), with $p_{h}=0$ in $\Omega_{2}$,

$$
\eta_{E, i, \boldsymbol{u}}^{n, \ell_{n}}=h_{E}\left\|\boldsymbol{f}_{h}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell_{n}}\right)-\alpha \nabla p_{h}^{n, \ell_{n}}\right\|_{L^{2}(E)} .
$$

For $E \in \mathcal{T}_{h}^{1}$, by testing the displacement error equation (4.13), at time $t_{n}$, with $\boldsymbol{v}_{h}=\mathbf{0}$ and

$$
\boldsymbol{v}=b_{E}\left(\boldsymbol{f}_{h}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n}\right)-\alpha \nabla p_{h}^{n}\right),
$$

we obtain

$$
\begin{aligned}
\left(\boldsymbol{f}_{h}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n}\right)\right. & \left.-\alpha \nabla p_{h}^{n}, \boldsymbol{v}\right)_{E}=-\left(\boldsymbol{f}-\boldsymbol{f}_{h}^{n}, \boldsymbol{v}\right)_{E} \\
& +2 G\left(\boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right), \boldsymbol{\varepsilon}(\boldsymbol{v})\right)_{E}+\lambda\left(\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right), \nabla \cdot \boldsymbol{v}\right)_{E}-\alpha\left(p-p_{h}^{n}, \nabla \cdot \boldsymbol{v}\right)_{E} .
\end{aligned}
$$

Hence (10.6) implies

$$
\begin{aligned}
& \hat{C}\left\|\boldsymbol{f}_{h}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n}\right)-\alpha \nabla p_{h}^{n}\right\|_{L^{2}(E)}^{2} \leq\left\|\boldsymbol{f}-\boldsymbol{f}_{h}^{n}\right\|_{H^{-1}(E)}|\boldsymbol{v}|_{H^{1}(E)} \\
& +\hat{C}\left(2 G\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right)\right\|_{L^{2}(E)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right)\right\|_{L^{2}(E)}+\alpha\left\|p-p_{h}^{n}\right\|_{L^{2}(E)}\right)|\boldsymbol{v}|_{H^{1}(E)} \\
& \leq \frac{\hat{C}}{h_{E}}\left(\left\|\boldsymbol{f}-\boldsymbol{f}_{h}^{n}\right\|_{H^{-1}(E)}+2 G\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right)\right\|_{L^{2}(E)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right)\right\|_{L^{2}(E)}+\alpha\left\|p-p_{h}^{n}\right\|_{L^{2}(E)}\right)\|\boldsymbol{v}\|_{L^{2}(E)} .
\end{aligned}
$$

The formula is similar when $E \subset \mathcal{T}_{h}^{2}$, and we have for $i=1,2$, with $p=p_{h}=0$ when $i=2$,
$\eta_{E, i, \boldsymbol{u}}^{n, \ell_{n}} \leq \hat{C}\left(\left\|\boldsymbol{f}-\boldsymbol{f}_{h}^{n}\right\|_{H^{-1}(E)}+2 G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}(E)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}(E)}+\alpha\left\|p-p_{h}^{n, \ell_{n}}\right\|_{L^{2}(E)}\right)$.
7.11. Indicators of the stress tensor's jumps at time $t_{n}$

Here we consider the stress tensor's jump on $e \in \mathcal{E}_{h}^{1} \cup \mathcal{E}_{h}^{12}$ defined by (5.31)

$$
\eta_{e, 1, \boldsymbol{\sigma}}^{n, \ell_{n}}=h_{e}^{\frac{1}{2}}\left\|\left[\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell_{n}}\right)-\alpha p_{h}^{n, \ell_{n}} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right\|_{L^{2}(e)},
$$

the one on $e \in \mathcal{E}_{h}^{2}$ defined by (5.32)

$$
\eta_{e, 2, \boldsymbol{\sigma}}^{n, \ell_{n}}=h_{e}^{\frac{1}{2}} \|\left[\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell_{n}}\right) \boldsymbol{n}_{e}\right]_{e} \|_{L^{2}(e)},\right.
$$

and the one on $e \subset \Gamma_{N}$ defined by (5.33),

$$
\eta_{e, N, \boldsymbol{\sigma}}^{n, \ell_{n}}=h_{e}^{\frac{1}{2}}\left\|\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n, \ell_{n}}\right) \boldsymbol{n}_{\Omega}-\boldsymbol{t}_{N, h}^{n}\right\|_{L^{2}(e)} .
$$

Let us consider the first one; the treatment of the others being much the same. Let $e$ be an interior face of $\mathcal{E}_{h}^{1}, \omega_{e}$ the union of the two elements sharing $e$, and test (4.13) at time $t_{n}$ with $\boldsymbol{v}_{h}=\mathbf{0}$ and

$$
\boldsymbol{v}=\mathcal{G}\left(b_{e}\left[\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n}\right)-\alpha p_{h}^{n} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right) .
$$

This yields

$$
\begin{aligned}
& \int_{e} b_{e}\left|\left[\left(\boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n}\right)-\alpha p_{h}^{n} \boldsymbol{I}\right) \boldsymbol{n}_{e}\right]_{e}\right|^{2} \leq \sum_{E \subset \omega_{e}}\left\|\boldsymbol{f}_{h}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n}\right)-\alpha \nabla p_{h}^{n}\right\|_{L^{2}(E)}\|\boldsymbol{v}\|_{L^{2}(E)} \\
& +\hat{C}\left(2 G\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\alpha\left\|p-p_{h}^{n}\right\|_{L^{2}\left(\omega_{e}\right)}+\left\|\boldsymbol{f}-\boldsymbol{f}_{h}^{n}\right\|_{H^{-1}\left(\omega_{e}\right)}\right)|\boldsymbol{v}|_{H^{1}\left(\omega_{e}\right)} \\
& \leq \hat{C}\left(h_{e}^{\frac{1}{2}} \sum_{E \subset \omega_{e}}\left\|\boldsymbol{f}_{h}^{n}+\nabla \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}_{h}^{n}\right)-\alpha \nabla p_{h}^{n}\right\|_{L^{2}(E)}\right. \\
& \left.+\frac{1}{h_{e}^{\frac{1}{2}}}\left(2 G\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\alpha\left\|p-p_{h}^{n}\right\|_{L^{2}\left(\omega_{e}\right)}+\left\|\boldsymbol{f}-\boldsymbol{f}_{h}^{n}\right\|_{H^{-1}\left(\omega_{e}\right)}\right)\right)\|\boldsymbol{v}\|_{L^{2}(e)} .
\end{aligned}
$$

Then, after multiplying by $h_{e}^{\frac{1}{2}}$, we deduce

$$
\begin{align*}
& \eta_{e, 1, \boldsymbol{\sigma}}^{n, \ell_{n}} \leq \hat{C}\left(2 G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\alpha\left\|p-p_{h}^{n, \ell_{n}}\right\|_{L^{2}\left(\omega_{e}\right)}+\left\|\boldsymbol{f}-\boldsymbol{f}_{h}^{n}\right\|_{H^{-1}\left(\omega_{e}\right)}\right. \\
&\left.+\left(\sum_{E \subset \omega_{e}}\left(\eta_{E, 1, \boldsymbol{u}}^{n, \ell_{n}}\right)^{2}\right)^{\frac{1}{2}}\right) . \tag{7.28}
\end{align*}
$$

When $e \subset \Gamma_{12}$, (7.28) becomes

$$
\begin{align*}
\eta_{e, 1, \boldsymbol{\sigma}}^{n, \ell_{n}} \leq \hat{C} & \left(2 G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\alpha\left\|p-p_{h}^{n, \ell_{n}}\right\|_{L^{2}\left(E_{1}\right)}+\left\|\boldsymbol{f}-\boldsymbol{f}_{h}^{n}\right\|_{H^{-1}\left(\omega_{e}\right)}\right. \\
& \left.+\left(\left(\eta_{E_{1}, 1, \boldsymbol{u}}^{n, \ell_{n}}\right)^{2}+\left(\eta_{E_{2}, 2, \boldsymbol{u}}^{n, \ell_{n}}\right)^{2}\right)^{\frac{1}{2}}\right) \tag{7.29}
\end{align*}
$$

where $E_{1} \subset \Omega_{1}$ and $E_{2} \subset \Omega_{2}$ are adjacent to $e$. When $e$ is interior to $\Omega_{2},(7.28)$ is replaced by

$$
\begin{equation*}
\eta_{e, 2, \boldsymbol{\sigma}}^{n, \ell_{n}} \leq \hat{C}\left(2 G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\left\|\boldsymbol{f}-\boldsymbol{f}_{h}^{n}\right\|_{H^{-1}\left(\omega_{e}\right)}+\left(\sum_{E \subset \omega_{e}}\left(\eta_{E, 2, \boldsymbol{u}}^{n, \ell_{n}}\right)^{2}\right)^{\frac{1}{2}}\right) . \tag{7.30}
\end{equation*}
$$

Finally, when $e \subset \Gamma_{N}$, there is only on element $E$ adjacent to $e$ and we have

$$
\begin{align*}
\eta_{e, N, \boldsymbol{\sigma}}^{n, \ell_{n}} \leq & \hat{C}\left(2 G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}^{n, \ell_{n}}\right)\right\|_{L^{2}\left(\omega_{e}\right)}+\left\|\boldsymbol{f}-\boldsymbol{f}_{h}^{n}\right\|_{H^{-1}\left(\omega_{e}\right)}\right. \\
& \left.+\left\|\boldsymbol{t}_{N}-\boldsymbol{t}_{N, h}^{n}\right\|_{H^{-\frac{1}{2}}(e)}+\eta_{E, 2, \boldsymbol{u}}^{n, \ell_{n}}\right) . \tag{7.31}
\end{align*}
$$

## 8. Numerical Results

In this section, we present numerical results that validate the theoretical analysis and the algorithmic improvements built upon the a posteriori error indicators. All examples are computed with the open-source finite element package deal.II [5].

### 8.1. The Mandel Problem

In this section, we solve Mandel's problem to validate our solution algorithm and test the effectivity of the a posteriori error indicators. Mandel's benchmark considers a $2 a \times 2 b$ rectangular poroelastic medium sandwiched between two impervious frictionless plates. At $t=0$, the medium is loaded instantaneously by a constant force $2 F$. Because of the bi-axial symmetry of the physical problem, the computational domain is taken as a quarter of the physical domain, see Figure 2. The governing equations are those of Biot's system with no gravity:

$$
\begin{align*}
-\nabla \cdot(\lambda(\nabla \cdot \boldsymbol{u}) \boldsymbol{I}+2 G \varepsilon(\boldsymbol{u})-\alpha p \boldsymbol{I}) & =\mathbf{0} & & \text { in } \Omega \times] 0, T[, \\
\partial_{t}\left(\frac{1}{M} p+\alpha \nabla \cdot \boldsymbol{u}\right)-\frac{1}{\mu_{f}} \nabla \cdot(\boldsymbol{\kappa} \nabla p) & =0 & & \text { in } \Omega \times] 0, T[, \tag{8.1}
\end{align*}
$$

where $\Omega=] 0, a[\times] 0, b[$ is the computational domain. Following the approaches in [34], the boundary and initial conditions supplementing the governing equations are cast as

$$
\begin{array}{rrr}
-\frac{1}{\mu_{f}} \boldsymbol{\kappa} \nabla p \cdot \boldsymbol{n}=0, & \boldsymbol{u}_{x}=0, & \sigma_{x y}=0 \\
p=0, & \text { on } x=0, \\
-\frac{1}{\mu_{f}} \boldsymbol{\kappa} \nabla p \cdot \boldsymbol{0} & \text { on } x=a,  \tag{8.2}\\
-\frac{1}{\mu_{f}} \boldsymbol{\kappa} \nabla \nabla p \cdot \boldsymbol{n}=0, \quad \boldsymbol{u}_{y}=0, & \sigma_{x y}=0 & \text { on } y=0, \\
\boldsymbol{u}_{y}=U_{y}(b, t), & \sigma_{x y}=0 & \text { on } y=b, \\
\left.p\right|_{t=t_{0}}=P_{t_{0}}(x, y) .
\end{array}
$$

Here $U_{y}(b, t)$ is the analytical solution of the $y$-displacement at $y=b$ and $P_{t_{0}}(x, y)$ is the analytical pressure solution at $t=t_{0}>0$. Analytical pressure, displacement, and stress solutions are provided as infinite series, see, e.g. [38].

The physical parameters used for the tests are listed in Table 1. We notice that the parameter $\alpha$ multiplying the pressure in the first line of (8.1) is much larger than $\frac{1}{M}$ in the second line, hence


Figure 2: The physical domain (left) and computational domain (right) of Mandel's problem [32].
the serious imbalance between the two equations. Denote the energy norm of the displacement by

$$
\begin{equation*}
\left\|\boldsymbol{u}-\boldsymbol{u}_{h}\right\|_{e}:=\left(2 G\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}-\boldsymbol{u}_{h}\right)\right\|_{L^{2}(\Omega)}^{2}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}\right)\right\|_{L^{2}(\Omega)}^{2}\right)^{\frac{1}{2}} . \tag{8.3}
\end{equation*}
$$

Numerical convergence of the pressure solution measured in the $L^{2}$ norm and the displacement solution measured in the energy norm are performed under spatial refinement. Since the pressure solution lacks regularity at early time [38], the simulations are run on the time interval [0.01, 0.0101]s. In order to mitigate the errors caused by the time discretization and the fixed-stress split, a small time step $\Delta t=1 \mathrm{e}-6 \mathrm{~s}$ and a small fixed-stress threshold $\varepsilon=1 \mathrm{e}-6$ are used. The EG scheme is IIPG with a global penalty parameter of 1 e 5 . The numerical errors are measured at final time $T=0.0101 \mathrm{~s}$ and summarized in Table 2. These spacial refinement tests show that the rate of convergence of the pressure in $L^{2}$ is between between first- and second-order, and that of the displacement in the energy norm is close to first-order, as predicted by theoretical estimates for the displacement and better for the pressure.

Table 1: Parameters for Mandel's problem.

| Parameter | Quantity | Value |
| :--- | :--- | :--- |
| $a$ | $x$ dimension | 1 m |
| $b$ | $y$ dimension | 1 m |
| $k$ | permeability | $1 \mathrm{e}-2 \mathrm{~m}^{2}$ |
| $\mu_{f}$ | fluid viscosity | $1.0 \mathrm{~Pa} \cdot \mathrm{~s}$ |
| $F$ | point load intensity | $2.0 \times 10^{3} \mathrm{~N} / \mathrm{m}$ |
| $E$ | Young's modulus | $1.0 \times 10^{4} \mathrm{~Pa}$ |
| $\nu$ | Poisson's ratio | 0.2 |
| $\alpha$ | Biot's coefficient | 1 |
| $M$ | Biot's modulus | $10^{4} \mathrm{~Pa}$ |

Table 2: Convergence of pressure and displacement solutions under spatial refinement.

| $\mathcal{T}_{h}$ | $\left\\|\frac{1}{\sqrt{M}}\left(p^{N}-p_{h}^{N}\right)\right\\|_{L^{2}(\Omega)}$ | rate | $\left\\|\boldsymbol{u}^{N}-\boldsymbol{u}_{h}^{N}\right\\|_{e}$ | rate |
| :--- | :---: | :---: | :---: | :---: |
| $32 \times 32$ | $4.0447 \mathrm{e}-04$ | - | $2.5745 \mathrm{e}-02$ | - |
| $64 \times 64$ | $1.0507 \mathrm{e}-04$ | 1.945 | $1.2872 \mathrm{e}-02$ | 1.0001 |
| $128 \times 128$ | $3.4714 \mathrm{e}-05$ | 1.7712 | $6.4361 \mathrm{e}-03$ | 1.0000 |
| $256 \times 256$ | $1.5875 \mathrm{e}-05$ | 1.5554 | $3.2180 \mathrm{e}-03$ | 0.9967 |

The a posteriori error indicators in (5.41)-(5.48) are adapted, without change of notation, to (8.1)-(8.2), namely, the local error indicators on the interface of the pay-zone and the nonpayzone $\mathcal{E}_{h}^{12}$, the faces in the nonpay-zone $\mathcal{E}_{h}^{2}$, and the elements in the nonpay-zone $\mathcal{T}_{h}^{2}$, are omitted. Regarding effectivity, considering the strong imbalance between the displacement and the flow equations, we collect the indicators into two sums,

$$
\begin{align*}
\eta_{\mathrm{FLOW}} & :=\eta_{\mathrm{alg}}+\eta_{\text {time }}+\eta_{\text {flow }}+\eta_{\text {jump }}  \tag{8.4}\\
\eta_{\mathrm{MECH}} & :=\eta_{\mathcal{E}_{\partial \sigma}}+\eta_{\mathcal{E}_{\sigma}}+\eta_{\mathcal{T}_{\partial u}}+\eta_{\mathcal{T}_{u}} \tag{8.5}
\end{align*}
$$

and we associate respectively to $\eta_{\mathrm{FLOW}}$ and $\eta_{\mathrm{MECH}}$ the error norms,

$$
\begin{gather*}
\left\|(p, \boldsymbol{u})-\left(p_{h}, \boldsymbol{u}_{h}\right)\right\|_{1}:=\left(\frac{1}{4 M}\left\|p-p_{h}\right\|_{L^{2}(\Omega)}^{2}+\frac{1}{4}\left\|\boldsymbol{u}-\boldsymbol{u}_{h}\right\|_{e}^{2}+\frac{\Delta t}{2 \mu_{f}} \sum_{n=1}^{N}\left\|p-p_{h}\right\|_{h}^{2}\right)^{\frac{1}{2}}  \tag{8.6}\\
\left\|(p, \boldsymbol{u})-\left(p_{h}, \boldsymbol{u}_{h}\right)\right\|_{2}:=2 G\left\|\varepsilon\left(\boldsymbol{u}-\boldsymbol{u}_{h}\right)\right\|_{L^{2}(\Omega)}+\lambda\left\|\nabla \cdot\left(\boldsymbol{u}-\boldsymbol{u}_{h}\right)\right\|_{L^{2}(\Omega)}+\alpha\left\|p-p_{h}\right\|_{L^{2}(\Omega)} \tag{8.7}
\end{gather*}
$$

Then we define the effectivity indices

$$
\begin{equation*}
\mathcal{I}_{\text {eff,FLOW }}=\frac{\sqrt{\eta_{\mathrm{FLOW}}}}{\left\|(p, \boldsymbol{u})-\left(p_{h}, \boldsymbol{u}_{h}\right)\right\|_{1}}, \quad \mathcal{I}_{\mathrm{eff}, \mathrm{MECH}}=\frac{\sqrt{\eta_{\mathrm{MECH}}}}{\left\|(p, \boldsymbol{u})-\left(p_{h}, \boldsymbol{u}_{h}\right)\right\|_{2}} . \tag{8.8}
\end{equation*}
$$

Table 3: Convergence of individual a posteriori error indicators under simultaneous spatial and temporal refinement with simulations from 0.01 s to 0.02 s.

| $\Delta t, \mathcal{T}_{h}$ | $\eta_{\text {alg }}$ | $\eta_{\text {time }}$ | rate | $\eta_{\text {flow }}$ | rate | $\eta_{\text {jump }}$ | rate |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $1 \mathrm{e}-3,32 \times 32$ |  | $1.3215 \mathrm{e}-02$ | - | $1.7039 \mathrm{e}-04$ | - | $2.6802 \mathrm{e}-05$ | - |  |
| $5 \mathrm{e}-4,64 \times 64$ | $1.7100 \mathrm{e}-10$ | $3.4323 \mathrm{e}-03$ | 1.9449 | $4.4629 \mathrm{e}-05$ | 1.9327 | $9.7493 \mathrm{e}-06$ | 1.4589 |  |
| $2.5 \mathrm{e}-4,128 \times 128$ | $4.8416 \mathrm{e}-10$ | $8.7498 \mathrm{e}-04$ | 1.9583 | $1.1422 \mathrm{e}-05$ | 1.9494 | $4.3753 \mathrm{e}-06$ | 1.3074 |  |
| $1.25 \mathrm{e}-4,256 \times 256$ | $2.3276 \mathrm{e}-09$ | $2.2091 \mathrm{e}-04$ | 1.9679 | $2.8891 \mathrm{e}-06$ | 1.9612 | $2.1219 \mathrm{e}-06$ | 1.2132 |  |
| $\Delta t, \mathcal{T}_{h}$ | $\eta_{\mathcal{E}_{\partial \sigma}}$ | rate | $\eta_{\mathcal{E}_{\sigma}}$ | rate | $\eta_{\mathcal{T}_{\partial u}}$ | rate | $\eta_{\mathcal{T}_{u}}$ | rate |
| $1 \mathrm{e}-3,32 \times 32$ | $6.9317 \mathrm{e}+01$ | - | $5.2784 \mathrm{e}+01$ | - | $7.1801 \mathrm{e}+01$ | - | $5.4670 \mathrm{e}+01$ | - |
| $5 \mathrm{e}-4,64 \times 64$ | $1.8223 \mathrm{e}+01$ | 1.9274 | $1.2049 \mathrm{e}+01$ | 2.1311 | $1.8542 \mathrm{e}+01$ | 1.9532 | $1.2259 \mathrm{e}+01$ | 2.1569 |
| $2.5 \mathrm{e}-4,128 \times 128$ | $4.6724 \mathrm{e}+00$ | 1.9454 | $2.8727 \mathrm{e}+00$ | 2.0998 | $4.7128 \mathrm{e}+00$ | 1.9646 | $2.8975 \mathrm{e}+00$ | 2.1189 |
| $1.25 \mathrm{e}-4,256 \times 256$ | $1.1830 \mathrm{e}+00$ | 1.9581 | $7.0101 \mathrm{e}-01$ | 2.0771 | $1.1881 \mathrm{e}+00$ | 1.9727 | $7.0402 \mathrm{e}-01$ | 2.0917 |

Given the assumption that the mesh size and time step are of the same order, see (7.10), we test the effectivity of the a posteriori indicators under simultaneously spatial and temporal refinements. We performed two groups of convergence tests to examine the effectivity indices. The first group of simulations are run from 0.01 s to 0.02 s with a fixed-stress convergence tolerance $\varepsilon=1 \mathrm{e}-6$. The convergence of the individual error indicators in (5.41) to (5.48) and the effectivity indices are summarized in Table 3 and Table 4, respectively. All the individual error indicators except $\eta_{\text {alg }}$ and $\eta_{\text {jump }}$ exhibit near second order convergence. $\sqrt{\eta_{\text {FLOW }}},\left\|\left(p_{h}^{N}, \boldsymbol{u}_{h}^{N}\right)-\left(p^{N}, \boldsymbol{u}^{N}\right)\right\|_{1}, \sqrt{\eta_{\text {MECH }}}$, and $\left\|\left(p_{h}^{N}, \boldsymbol{u}_{h}^{N}\right)-\left(p^{N}, \boldsymbol{u}^{N}\right)\right\|_{2}$ all exhibit asymptotically first-order convergences, which gives converging $\mathcal{I}_{\text {eff,FLOW }}$ and $\mathcal{I}_{\text {eff,MECH }}$. In this group of tests, $\mathcal{I}_{\text {eff,FLOW }}$ is around 2.3 and $\mathcal{I}_{\text {eff,MECH }}$ around 1.8.

Another group of tests are performed with simulations from 0.001 s to 0.002 s using smaller time steps. The convergence of the individual error indicators and the effectivity indices are summarized in Table 5 and 6 respectively. We observe similar convergence behavior as demonstrated by the first group of tests with $\mathcal{I}_{\text {eff,FLOW }}$ around 1.01 and $\mathcal{I}_{\text {eff,MECH }}$ around 8.4. These results suggest that

Table 4: Effectivity indices under simultaneously spatial and temporal refinement with simulations from 0.01 s to 0.02 s .

| $\Delta t, \mathcal{T}_{h}$ | $\sqrt{\eta_{\text {FLOW }}}$ | rate | $\left\\|\left(p_{h}^{N}, \boldsymbol{u}_{h}^{N}\right)-\left(p^{N}, \boldsymbol{u}^{N}\right)\right\\|_{1}$ | rate | $\mathcal{I}_{\text {eff,FLOW }}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $1 \mathrm{e}-3,32 \times 32$ | $1.1581 \mathrm{e}-01$ | - | $5.0968 \mathrm{e}-02$ | - | 2.2722 |
| $5 \mathrm{e}-4,64 \times 64$ | $5.9048 \mathrm{e}-02$ | 0.9717 | $2.5947 \mathrm{e}-02$ | 0.9740 | 2.2757 |
| $2.5 \mathrm{e}-4,128 \times 128$ | $2.9845 \mathrm{e}-02$ | 0.9780 | $1.3115 \mathrm{e}-02$ | 0.9791 | 2.2757 |
| $1.25 \mathrm{e}-4,256 \times 256$ | $1.5031 \mathrm{e}-02$ | 0.9821 | $6.6144 \mathrm{e}-03$ | 0.9822 | 2.2724 |
| $\Delta t, \mathcal{T}_{h}$ | $\sqrt{\eta_{\text {MECH }}}$ | rate | $\left\\|\left(p_{h}^{N}, \boldsymbol{u}_{h}^{N}\right)-\left(p^{N}, \boldsymbol{u}^{N}\right)\right\\|_{2}$ | rate | $\mathcal{I}_{\text {eff,MECH }}$ |
| $1 \mathrm{e}-3,32 \times 32$ | $1.5766 \mathrm{e}+01$ | - | $8.2160 \mathrm{e}+00$ | - | 1.9190 |
| $5 \mathrm{e}-4,64 \times 64$ | $7.8149 \mathrm{e}+00$ | 1.0125 | $4.2061 \mathrm{e}+00$ | 0.9659 | 1.8580 |
| $2.5 \mathrm{e}-4,128 \times 128$ | $3.8929 \mathrm{e}+00$ | 1.0089 | $2.1283 \mathrm{e}+00$ | 0.9743 | 1.8291 |
| $1.25 \mathrm{e}-4,256 \times 256$ | $1.9432 \mathrm{e}+00$ | 1.0066 | $1.0706 \mathrm{e}+00$ | 0.9802 | 1.8150 |

Table 5: Convergence of individual a posteriori error indicators under simultaneous spatial and temporal refinement with simulations from 0.001 s to 0.002 s .

| $\Delta t, \mathcal{T}_{h}$ | $\eta_{\text {alg }}$ | $\eta_{\text {time }}$ | rate | $\eta_{\text {flow }}$ | rate | $\eta_{\text {jump }}$ | rate |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $1 \mathrm{e}-4,32 \times 32$ | $3.2536 \mathrm{e}-11$ | $1.3955 \mathrm{e}-03$ | - | $4.0207 \mathrm{e}-04$ | - | $1.6878 \mathrm{e}-04$ | - |
| $5 \mathrm{e}-4,64 \times 64$ | $1.1379 \mathrm{e}-10$ | $3.5982 \mathrm{e}-04$ | 1.9554 | $1.0239 \mathrm{e}-04$ | 1.9733 | $3.4890 \mathrm{e}-05$ | 2.2742 |
| $2.5 \mathrm{e}-5,128 \times 128$ | $1.6658 \mathrm{e}-10$ | $9.1408 \mathrm{e}-05$ | 1.9661 | $2.5828 \mathrm{e}-05$ | 1.9802 | $1.1203 \mathrm{e}-05$ | 1.9565 |
| $1.25 \mathrm{e}-5256 \times 256$ | $1.0063 \mathrm{e}-09$ | $2.3039 \mathrm{e}-05$ | 1.9738 | $6.4856 \mathrm{e}-06$ | 1.9849 | $4.8081 \mathrm{e}-06$ | 1.7039 |


| $\Delta t, \mathcal{T}_{h}$ | $\eta_{\mathcal{E}_{\partial \sigma}}$ | rate | $\eta_{\mathcal{E}_{\sigma}}$ | rate | $\eta_{\mathcal{T}_{\partial u}}$ | rate | $\eta_{T_{u}}$ | rate |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $1 \mathrm{e}-4,32 \times 32$ | $7.0473 \mathrm{e}+01$ | - | $1.944 \mathrm{e}+03$ | - | $7.5991 \mathrm{e}+01$ | - | $2.0115 \mathrm{e}+03$ | - |
| $5 \mathrm{e}-5,64 \times 64$ | $1.8809 \mathrm{e}+01$ | 1.9056 | $4.8834 \mathrm{e}+02$ | 1.9784 | $1.9495 \mathrm{e}+01$ | 1.9627 | $4.9899 \mathrm{e}+02$ | 2.0111 |
| $2.5 \mathrm{e}-5,128 \times 128$ | $4.8541 \mathrm{e}+00$ | 1.9298 | $1.2294 \mathrm{e}+02$ | 1.9841 | $4.9394 \mathrm{e}+00$ | 1.9717 | $1.2426 \mathrm{e}+02$ | 2.0084 |
| $1.25 \mathrm{e}-5,256 \times 256$ | $1.2327 \mathrm{e}+00$ | 1.9465 | $3.0840 \mathrm{e}+01$ | 1.9880 | $1.2433 \mathrm{e}+00$ | 1.9781 | $3.1004 \mathrm{e}+01$ | 2.0064 |

Table 6: Effectivity indices under simultaneously space and time refinement with simulations from 0.001 s to 0.002 s .

| $\Delta t, \mathcal{T}_{h}$ | $\sqrt{\eta_{\text {FLOW }}}$ | rate | $\left\\|\left(p_{h}^{N}, \boldsymbol{u}_{h}^{N}\right)-\left(p^{N}, \boldsymbol{u}^{N}\right)\right\\|_{1}$ | rate | $\mathcal{I}_{\text {eff,FLOW }}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $1 \mathrm{e}-4,32 \times 32$ | $4.4344 \mathrm{e}-02$ | - | $4.3794 \mathrm{e}-02$ | - | 1.0126 |
| $5 \mathrm{e}-5,64 \times 64$ | $2.2296 \mathrm{e}-02$ | 0.9919 | $2.2165 \mathrm{e}-02$ | 0.9824 | 1.0059 |
| $2.5 \mathrm{e}-5,128 \times 128$ | $1.1333 \mathrm{e}-02$ | 0.9841 | $1.1205 \mathrm{e}-02$ | 0.9832 | 1.0114 |
| $1.25 \mathrm{e}-5,256 \times 256$ | $5.8595 \mathrm{e}-03$ | 0.9735 | $5.6862 \mathrm{e}-03$ | 0.9819 | 1.0305 |
| $\Delta t, \mathcal{T}_{h}$ | $\sqrt{\eta_{\text {MECH }}}$ | rate | $\left\\|\left(p_{h}^{N}, \boldsymbol{u}_{h}^{N}\right)-\left(p^{N}, \boldsymbol{u}^{N}\right)\right\\|_{2}$ | rate | $\mathcal{I}_{\text {eff,MECH }}$ |
| $1 \mathrm{e}-4,32 \times 32$ | $6.3893 \mathrm{e}+01$ | - | $7.5442 \mathrm{e}+00$ | - | 8.4691 |
| $5 \mathrm{e}-5,64 \times 64$ | $3.2026 \mathrm{e}+01$ | 0.9964 | $3.8195 \mathrm{e}+00$ | 0.9819 | 8.3847 |
| $2.5 \mathrm{e}-5,128 \times 128$ | $1.6031 \mathrm{e}+01$ | 0.9973 | $1.920 \mathrm{e}+00$ | 0.9863 | 8.3409 |
| $1.25 \mathrm{e}-5,256 \times 256$ | $8.0199 \mathrm{e}+00$ | 0.9980 | $9.6411 \mathrm{e}-01$ | 0.9895 | 8.3185 |

the effectivity indices may depend on the initial condition, final condition, and the relationships between $h$ and $\Delta t$, as far as the Mandel problem is concerned.

### 8.2. Dynamic mesh adaptivity guided by the a posteriori error indicators

We demonstrate the potential of using the a posteriori error indicators to guide dynamic mesh adaptivity in unconventional reservoirs with the following prototype unconventional model (Figure 3 ). The domain size is $[0,1] \times[0,1] \mathrm{m}^{2}$, the fracture width is $1 / 64 \mathrm{~m}$. The permeability is $10 \mathrm{e}-16$
$\mathrm{m}^{-1}$ in the matrix and $10 \mathrm{e}-11 \mathrm{~m}^{-1}$ in the fractures. The fluid density is $1 \mathrm{~kg} / \mathrm{m}^{3}$ and its viscosity is $10 \mathrm{e}-6 \mathrm{~Pa} \cdot \mathrm{~s}$. The Young modulus is 5 e 6 Pa for the matrix and 10 e 4 Pa for the fractures. Two wells are located at the center of each horizontal fracture, producing at a rate of $10 \mathrm{~m}^{3} / \mathrm{s}$. IIPG with a global penalty parameter of 100 is employed in the EG scheme. The time of simulation is $[0,500] \mathrm{s}$ with a uniform time step size $\Delta t=20 \mathrm{~s}$.


Figure 3: Permeability field and model boundary conditions of the prototype unconventional reservoir model.
The following dynamic mesh adaptation strategy is applied, starting with a uniform $64 \times 64$ rectangular mesh. The local discretization error indicators in $L^{2}(E \times] t_{n-1}, t_{n}[)$ is computed on each element $E \in \mathcal{T}_{h}$ at time step $t_{n}$ and summed into two indicators, one associated with the flow equation and one associated with the mechanics equation. Namely, let

$$
\begin{equation*}
\eta_{E, \text { flow }}:=\underbrace{\left(\eta_{t, p, E}^{n}\right)^{2}+\sum_{e \subset \partial E}\left(\eta_{t, J}^{n}\right)^{2}}_{\text {local time errors }}+\underbrace{\left(\eta_{E, p}^{n}\right)^{2}+\sum_{e \subset \partial E}\left(\eta_{\text {flux }, e}^{n}\right)^{2}}_{\text {local flow errors }}+\underbrace{\sum_{e \subset \partial E}\left(\left(\eta_{\mathrm{pen}}^{n}\right)^{2}+\left(\eta_{\partial p, J}^{n}\right)^{2}+\left(\eta_{p, J}^{n}\right)^{2}\right)}_{\text {local penalty jumps }}, \tag{8.9}
\end{equation*}
$$

and

$$
\begin{align*}
& \eta_{E, \text { mechanics }}:=\underbrace{\sum_{e \subset \partial E}\left(\eta_{e, 1, \partial \boldsymbol{r}}^{n}\right)^{2}}_{\text {local errors on the stress tensor's time derivative }}+\underbrace{\sum_{e \subset \partial E}\left(\eta_{e, 1, \boldsymbol{\sigma}}^{n}\right)^{2}}_{\text {local errors on the stress tensor }}  \tag{8.10}\\
&+\underbrace{\left(\eta_{E, 1, \partial u}^{n}\right)^{2}}_{\text {local errors on the displacement's }} \\
&\left.\eta_{E, 1, u}^{n}\right)^{2}
\end{align*},
$$

then each of the two indicators are normalized by the maximum value and added up to obtain a refinement indicator:

$$
\begin{equation*}
\eta_{E, \text { refine }}:=\frac{\eta_{E, \text { flow }}}{\left\|\eta_{E, \text { flow }}\right\|_{l^{\infty}\left(\mathcal{T}_{h}\right)}}+\frac{\eta_{E, \text { mechanics }}}{\left\|\eta_{E, \text { mechanics }}\right\|_{l^{\infty}\left(\mathcal{T}_{h}\right)}} . \tag{8.11}
\end{equation*}
$$

The top $10 \%$ elements with the largest refinement indicator $\eta_{E, \text { refine }}$ values are refined isotropically, unless the element width is smaller than or equal to $1 / 512 \mathrm{~m}$; the bottom $20 \%$ elements with the smallest refinement indicator values are coarsened unless the element width is greater than or equal to $1 / 8 \mathrm{~m}$. The dynamic mesh adaptivity and solutions are presented in Figure 4 . Clearly, the mesh is adaptively refined near the well, across the fractures, at fracture joints, and around fracture tips. As the fluid is being depleted inside the fractures, more refinements is put inside and across the fractures.

We compare the number of degree of freedoms (DoFs) of the adaptive mesh at $t=100 \mathrm{~s}$ and $t=500$ s to the DoFs of a static uniform $128 \times 128$ mesh in Table 7. As time progresses, the DoFs of the adaptive mesh increase, but overall the adaptive mesh utilizes less than $24 \%$ of the DoFs of the $128 \times 128$ uniform mesh for both the flow and the mechanics domains. The accuracy of the adaptive solutions is demonstrated by comparing the pressure and volumetric strain solution profiles along the center of the top horizontal fracture to those obtained on the $128 \times 128$ static mesh, presented in Figure 5. Results show that the adaptive solutions achieve excellent accuracy, especially at later time $t=500 \mathrm{~s}$. Moreover, a close examination of the top right plot of Figure 5 shows that the adaptive mesh refinement near the fracture boundaries helps to eliminate the nonphysical pressure oscillations at fracture tips, where the permeability and Young's modulus change orders of magnitude across the matrix/fracture interface.

Table 7: Comparison of DoFs between the adaptive mesh and the uniform mesh.

| domain | uniform mesh $128 \times 128$ | adaptive mesh $t=100 \mathrm{~s}(\%)$ | adaptive mesh $t=500 \mathrm{~s}(\%)$ |
| :--- | :---: | :---: | :---: |
| flow | 131585 | $18815(14.3 \%)$ | $29018(22.1 \%)$ |
| mechanics | 132098 | $20060(15.2 \%)$ | $30932(23.4 \%)$ |

### 8.3. Novel stopping criterion for the fixed-stress iterations

A hyperparameter arises from the fixed-stress iterative coupling algorithm (3.9)-(3.17), namely, the convergence threshold $\varepsilon$ in

## criterion 1

$$
\begin{equation*}
\left\|\bar{\sigma}_{h}^{n, \ell}-\bar{\sigma}_{h}^{n, \ell-1}\right\|_{L^{\infty}(\Omega)} \leq \varepsilon \tag{8.12}
\end{equation*}
$$

For large-scale engineering applications, the relative change in mean stress is also a widely used stopping criterion for the fixed-stress iterations: $[16,20,34,4,14,32]$ :
criterion 2

$$
\begin{equation*}
\left\|\frac{\bar{\sigma}_{h}^{n, \ell}-\bar{\sigma}_{h}^{n, \ell-1}}{\bar{\sigma}_{h}^{n, \ell}}\right\|_{L^{\infty}(\Omega)} \leq \varepsilon \tag{8.13}
\end{equation*}
$$

The choice of a "sufficienty small" convergence threshold $\varepsilon$ in either (8.12) or (8.13) is usually based on the user's experience, or tuned for each simulation scenario. We propose a new stopping criterion for the fixed-stress iterations that utilizes the a posteriori error estimators to balance the fixed-stress split error with the discretization errors without tuning the hyperparameter :
Marching forward to the next time step $n+1$ when
new criterion

$$
\begin{equation*}
\eta_{\mathrm{alg}}^{n, \ell} \leq \delta\left(\eta_{\mathrm{time}}^{n, \ell}+\eta_{\text {jump }}^{n, \ell}+\eta_{\text {flow }}^{n, \ell}+\eta_{\mathcal{E}_{\partial \sigma}}^{n, \ell}+\eta_{\mathcal{T}_{\partial u}}^{n, \ell}+\eta_{\mathcal{E}_{\sigma}}^{n, \ell}+\eta_{\mathcal{T}_{u}}^{n, \ell}\right) \tag{8.14}
\end{equation*}
$$

We argue that $\delta=0.1$ is sufficient for most simulation scenarios without the need of further tuning. Namely, (8.14) with $\delta=0.1$ indicates that the error caused by the fixed-stress split is an order of magnitude less that the errors caused by the spatial and temporal discretizations, hence the


Figure 4: Dymanic mesh adaptivity guided by the a posteriori error indicators: top: pressure, middle: volumetric strain, bottom: adaptive mesh; left: $t=100 \mathrm{~s}$, right: $t=500 \mathrm{~s}$
fixed-stress loop is sufficiently iterated and one can march forward to the next time step. We demonstrate its performance in the following subsections.


Figure 5: Comparison of the solutions on the dynamic adaptive mesh and on a uniform fine mesh $128 \times 128$ along $y=43 / 128$ : top: pressure, bottom: volumetric strain; left: $t=100 \mathrm{~s}$, right: $t=500 \mathrm{~s}$.

### 8.3.1. New stopping criterion tested with the Mandel problem

We first test the new stopping criterion (8.14) for the Mandel problem. The model parameters shown in Table 1 are used for these tests. The simulations are run from 0 s to 1 s , with a time step $\Delta t=0.1$ s and mesh $64 \times 64$. The performance of the new stopping criterion (8.14) with $\delta=0.1$ is compared to criterion 1 (with $\varepsilon=1 e-6$ ) and 2 (with $\varepsilon=1 e-4$ ) in Figure 6 and 7. Figure 6 shows the number of fixed-stress iterations required to meet the stopping criterion for each time step. The new criterion (8.14) requires significantly less number of iterations compared to criterion 1 and 2 , especially at initial time steps. On average, the new criterion requires 1.4 fixed-stress iterations per time step; in contrast, criterion 1 requires 4.4 iterations and criterion 2 requires 2.0 iterations. Figure 7 compares the solution errors obtained using different stopping criteria. The accuracy of the new criterion is very close to that of criteria 1 and 2 for all the time steps, especially at initial time steps where the errors are relatively large.


Figure 6: Comparison of the number of fixed-stress iterations for each time step using difference stopping criteria for the Mandel problem.


Figure 7: Comparison of pressure and displacement solution errors using different stopping criteria for the Mandel problem.

### 8.3.2. New stopping criterion tested with the unconventional reservoir model

The second group of tests for the new stopping criterion is performed using the unconventional reservoir model presented in Section 8.2. The simulations are run with a uniform mesh $128 \times 128$ and a uniform time step $\Delta t=20 \mathrm{~s}$ from 0 s to 500 s . The average number of fixed-stress iterations for different stopping criteria is summarized in Table 8. In this case the new criterion also requires less fixed-stress iterations per time step than criterion 1 and 2 . An examination of the solutions along the center of the top fracture shown in Figure 8 reveals that the new stopping criterion achieves the same accuracy in pressure and volumetric strain as criteria 1 and 2 .

Table 8: Comparison of average number of fixed-stress iterations per time step using different stopping criteria for the unconventional reservoir model.

| criterion | avg \# of fixed-stress iterations |
| :--- | :---: |
| criterion 1 $(\varepsilon=1 \mathrm{e}-3)$ | 3 |
| criterion 2 $(\varepsilon=1 \mathrm{e}-3)$ | 2 |
| new criterion $(\delta=0.1)$ | 1 |



Figure 8: Comparision of pressure and solutions at $t=500 \mathrm{~s}$ using different stopping criteria for the unconventional reservoir model.

We conclude that stopping criteria (8.12) and (8.13) may easily lead to over-iteration (or underiteration), unless the convergence threshold is carefully tuned. Without the need of tuning any hyperparameter, the new stopping criterion is efficient and accurate since the fixed-stress loops are sufficiently iterated to balance the fixed-stress split error with the discretization errors, achieving the same accuracy compared to the stopping criteria (8.12) and (8.13) with less number of fixed-stress iterations.

## 9. Conclusions and Discussions

We have established residual-based a posteriori error estimators for the Biot system solved with the fixed-stress iterative split, EG for the flow equation, and CG for the mechanics equation. The residual-based error estimators do not require solving auxiliary local problems and are therefore computationally efficient. Both upper and lower bounds of the errors are obtained, although some lower bounds require weak error terms that unfortunately are not easily included in the formulas of the effectivity index. These theoretical results are validated by numerical experiments of Mandel's problem. We demonstrated the effectiveness of the a posteriori error estimators when guiding dynamic mesh adaptation in a prototype unconventional reservoir model containing a fracture network. Our numerical investigation suggests that the error estimators are effective by achieving dynamic mesh refinement near the wells, across the fractures, at the fracture joints and around the fracture tips; and dynamic mesh coarsening elsewhere. The numerical solutions on the dynamic mesh have the same accuracy as the solutions on a static fine mesh, while using less than $24 \%$ of the DoFs of the fine mesh. We further proposed a novel stopping criterion relying on the a posteriori error indicators. The new stopping criterion balances the fixed-stress split error with the discretization errors and does not require tuning of the convergence threshold hyperparameter. Numerical experiments using Mandel's benchmark problem and the synthetic unconventional reservoir model have demonstrated the efficiency and accuracy of the new stopping criterion. Namely, the new stopping criterion achieves the same accuracy compared to other commonly used stopping criteria
(8.12) and (8.13), while avoiding over-iteration that the stopping criteria (8.12) and (8.13) may easily encounter.

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## 10. Appendix

For the reader's convenience, we recall here some useful bounds, either with or without proofs when they are well-known. As usual, the family of meshes is regular, see (3.1). Let us start with a number of local inequalities, with constants $\hat{C}$ independent of $h, E$, e, etc. First a local Poincaré inequality,

$$
\begin{equation*}
\forall \theta \in H_{0}^{1}(E), \quad\|\theta\|_{L^{2}(E)} \leq \hat{C} h_{E}|\theta|_{H^{1}(E)} \tag{10.1}
\end{equation*}
$$

With a different constant $\hat{C}$, (10.1) also applies to functions that vanish on a part of the boundary of $E$ with positive measure. It carries over to the union $\omega_{e}$ of elements adjacent to $e$, again with a different constant,

$$
\begin{equation*}
\forall \theta \in H_{0}^{1}\left(\omega_{e}\right), \quad\|\theta\|_{L^{2}\left(\omega_{e}\right)} \leq \hat{C} h_{\omega_{e}}|\theta|_{H^{1}\left(\omega_{e}\right)}, \tag{10.2}
\end{equation*}
$$

where $h_{\omega_{e}}$ is the maximum diameter of the elements sharing $e$. We also recall a local PoincaréWirtinger inequality for functions with zero mean value

$$
\begin{equation*}
\forall \theta \in H^{1}(E) \cap L_{0}^{2}(E), \quad\|\theta\|_{L^{2}(E)} \leq \hat{C} h_{E}|\theta|_{H^{1}(E)} \tag{10.3}
\end{equation*}
$$

Thus the mean value operator $m_{E}$ has the following approximation error:
Proposition 14. There exists a contant $\hat{C}$, independent of $h$, such that for any $e \in \mathcal{E}_{h}$ and $E$ adjacent to $e$, the mean value operator $m_{E}$ defined by (4.18) satisfies

$$
\begin{equation*}
\forall v \in H^{1}(E), \quad\left\|v-m_{E}(v)\right\|_{L^{2}(e)} \leq \hat{C} h_{E}^{\frac{1}{2}}|v|_{H^{1}(E)} \tag{10.4}
\end{equation*}
$$

Next, a trace inequality and a scaling argument gives for any $E$ adjacent to $e$,

$$
\begin{equation*}
\forall \theta \in H_{0}^{1}\left(\omega_{e}\right), \quad\|\theta\|_{L^{2}(e)} \leq \hat{C} h_{e}^{\frac{1}{2}}|\theta|_{H^{1}(E)} \tag{10.5}
\end{equation*}
$$

On the other hand, we shall need local inverse inequalities valid for functions $\theta$ in finite dimensional spaces, the dimension being independent of $h, e, E$. First,

$$
\begin{equation*}
|\theta|_{H^{1}(E)} \leq \frac{\hat{C}}{h_{E}}\|\theta\|_{L^{2}(E)} . \tag{10.6}
\end{equation*}
$$

Next, we have the inverse trace inequality

$$
\begin{equation*}
\|\theta\|_{L^{2}(e)} \leq \frac{\hat{C}}{\sqrt{h_{e}}}\|\theta\|_{L^{2}(E)} \tag{10.7}
\end{equation*}
$$

If, in addition, $\theta$ belongs to $H_{00}^{\frac{1}{2}}(e)$,

$$
\begin{equation*}
\|\theta\|_{H_{00}^{\frac{1}{2}}(e)} \leq \frac{\hat{C}}{\sqrt{h_{e}}}\|\theta\|_{L^{2}(e)} . \tag{10.8}
\end{equation*}
$$

The above constants depend only on the dimension of the local spaces.
Next, let us recall the bounds of some interface jump terms.
Proposition 15. There exists a constant $\hat{C}$, independent of $h$, such that for all $p_{h} \in M_{h}$ and all constants $\delta>0$

$$
\begin{equation*}
\left|\sum_{e \in \mathcal{E}_{h}^{1}}\left(\left\{\boldsymbol{\kappa} \nabla p_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}\right]_{e}\right)_{e}\right| \leq \frac{\delta}{2} J_{h}\left(p_{h}, p_{h}\right)+\frac{1}{4 \delta}(d+1) \hat{C}^{2} \frac{\lambda_{\max }}{\min \gamma_{e}}\left|p_{h}\right|_{h}^{2} \tag{10.9}
\end{equation*}
$$

Proof. All constants $\hat{C}$ below are independent of $h$. Let $e \in \mathcal{E}_{h}^{1}$ and let $E$ be one of the two elements of $\mathcal{T}_{h}^{1}$ sharing $e$. By (10.7), there exists a constant $\hat{C}$ such that

$$
\begin{aligned}
\left|\left(\left.\boldsymbol{\kappa} \nabla p_{h}\right|_{E} \cdot \boldsymbol{n}_{e},\left[p_{h}\right]_{e}\right)_{e}\right| \leq & \leq \lambda_{\max }^{\frac{1}{2}} \hat{C}\left(\frac{|e|}{|E|}\right)^{\frac{1}{2}}\left\|\boldsymbol{\kappa}^{\frac{1}{2}} \nabla p_{h}\right\|_{L^{2}(E)}\left\|\left[p_{h}\right]_{e}\right\|_{L^{2}(e)} \leq \hat{C}\left(\frac{\gamma_{e}}{h_{e}}\right)^{\frac{1}{2}}\left\|\left[p_{h}\right]_{e}\right\|_{L^{2}(e)}\left(\frac{\lambda_{\max }}{\gamma_{e}}\right)^{\frac{1}{2}}\left\|\boldsymbol{\kappa}^{\frac{1}{2}} \nabla p_{h}\right\|_{L^{2}(E)} \\
& \leq \frac{1}{2}\left[\delta \frac{\gamma_{e}}{h_{e}}\left\|\left[p_{h}\right]_{e}\right\|_{L^{2}(e)}^{2}+\frac{1}{\delta} \hat{C}^{2} \frac{\lambda_{\max }}{\gamma_{e}}\left\|\boldsymbol{\kappa}^{\frac{1}{2}} \nabla p_{h}\right\|_{L^{2}(E)}^{2}\right]
\end{aligned}
$$

and the constant $\hat{C}$ is independent of $\delta$. Therefore

$$
\left|\left(\left\{\boldsymbol{\kappa} \nabla p_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}\right]_{e}\right)_{e}\right| \leq \frac{\delta}{2} \frac{\gamma_{e}}{h_{e}}\left\|\left[p_{h}\right]_{e}\right\|_{L^{2}(e)}^{2}+\hat{C}^{2} \frac{1}{4 \delta} \frac{\lambda_{\max }}{\gamma_{e}}\left\|\boldsymbol{\kappa}^{\frac{1}{2}} \nabla p_{h}\right\|_{L^{2}\left(E_{1} \cup E_{2}\right)}^{2},
$$

where $E_{1}$ and $E_{2}$ are the two elements of $\mathcal{T}_{h}^{1}$ sharing $e$. Then (10.9) follows from the fact that, when summing this inequality over each $e$ in $\mathcal{E}_{h}^{1}$, each element $E$ appears at most $d+1$ times.

Let $a_{h}\left(p_{h}, \theta_{h}\right)$ be the bilinear form with $\tau_{p}=1$, i.e., we consider SIPG,

$$
\begin{equation*}
a_{h}\left(p_{h}, \theta_{h}\right)=\frac{1}{\mu_{f}}\left(\left(p_{h}, \theta_{h}\right)\right)_{h}-\frac{1}{\mu_{f}} \sum_{e \in \mathcal{E}_{h}^{11}}\left(\left(\left\{\boldsymbol{\kappa} \nabla p_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[\theta_{h}\right]_{e}\right)_{e}+\left(\left\{\boldsymbol{\kappa} \nabla \theta_{h} \cdot \boldsymbol{n}_{e}\right\}_{e},\left[p_{h}\right]_{e}\right)_{e}\right) . \tag{10.10}
\end{equation*}
$$

Then (10.9) implies for any $\delta>0$,

$$
a_{h}\left(\theta_{h}, \theta_{h}\right) \geq \frac{1}{\mu_{f}}\left(\left\|\theta_{h}\right\|_{h}^{2}-\delta J_{h}\left(\theta_{h}, \theta_{h}\right)-\frac{1}{2 \delta}(d+1) \hat{C}^{2} \frac{\lambda_{\max }}{\min \gamma_{e}}\left|\theta_{h}\right|_{h}^{2}\right) .
$$

Hence the choice $\delta=\frac{1}{2}$ gives

$$
\begin{equation*}
a_{h}\left(\theta_{h}, \theta_{h}\right) \geq \frac{1}{\mu_{f}}\left(\frac{1}{2} J_{h}\left(\theta_{h}, \theta_{h}\right)+\left(1-(d+1) \hat{C}^{2} \frac{\lambda_{\max }}{\min \gamma_{e}}\right)\left|\theta_{h}\right|_{h}^{2}\right), \tag{10.11}
\end{equation*}
$$

and the ellipticity of $a_{h}$ follows from a suitable choice of $\gamma_{e}$. Thus, we have the following lemma.
Lemma 2. If

$$
\begin{equation*}
\min _{e \in \mathcal{E}_{h}^{1}} \gamma_{e} \geq 2(d+1) \hat{C}^{2} \lambda_{\max } \tag{10.12}
\end{equation*}
$$

with $\hat{C}$ the constant of (10.9), then

$$
\begin{equation*}
\forall \theta_{h} \in M_{h}, \quad a_{h}\left(\theta_{h}, \theta_{h}\right) \geq \frac{1}{2 \mu_{f}}\left\|\theta_{h}\right\|_{h}^{2} . \tag{10.13}
\end{equation*}
$$

The contraction property of the fixed stress algorithm (3.12)-(3.17) holds under the same sufficient condition (10.12). More precisely, (10.12) implies in particular

$$
\begin{equation*}
\forall \ell \geq 2, \quad\left\|\bar{\sigma}_{h}^{n, \ell}-\bar{\sigma}_{h}^{n, \ell-1}\right\|_{L^{2}\left(\Omega_{1}\right)} \leq \frac{1}{\beta K_{b}}\left\|\bar{\sigma}_{h}^{n, \ell-1}-\bar{\sigma}_{h}^{n, \ell-2}\right\|_{L^{2}\left(\Omega_{1}\right)} \tag{10.14}
\end{equation*}
$$

where

$$
\begin{equation*}
\beta=\frac{1}{\alpha^{2} M}+\frac{1}{K_{b}} . \tag{10.15}
\end{equation*}
$$

As $\beta K_{b}>1$, (10.14) means that the sequence $\bar{\sigma}_{h}^{n, \ell}$ is contracting in $L^{2}\left(\Omega_{1}\right)$.
Now, we recall some properties of the approximation operators. We start with $\theta_{h}$ defined by (4.18). It follows from Proposition 14 that for any $e$ in $\mathcal{E}_{h}$,

$$
\begin{align*}
\forall v \in H^{1}(\Omega), \quad\left\|\left[v-\theta_{h}\right]_{e}\right\|_{L^{2}(e)} \leq \hat{C}\left(h_{E_{1}}+h_{E_{2}}\right)^{\frac{1}{2}}\left(|v|_{H^{1}\left(E_{1}\right)}^{2}+|v|_{H^{1}\left(E_{2}\right)}^{2}\right)^{\frac{1}{2}} \\
\left\|\left\{v-\theta_{h}\right\}_{e}\right\|_{L^{2}(e)} \leq \frac{\hat{C}}{2}\left(h_{E_{1}}+h_{E_{2}}\right)^{\frac{1}{2}}\left(|v|_{H^{1}\left(E_{1}\right)}^{2}+|v|_{H^{1}\left(E_{2}\right)}^{2}\right)^{\frac{1}{2}} . \tag{10.16}
\end{align*}
$$

Next we turn to the operator $S_{h}$ defined by (4.22). Let $v$ be a function that is constant in each element; recall that

$$
S_{h}(v)=\sum_{a} v\left(E_{\boldsymbol{a}}\right) \phi_{\boldsymbol{a}}(\boldsymbol{x})
$$

Let $E \in \mathcal{T}_{h}^{1}$ with vertices $\boldsymbol{a}_{i}, 1 \leq i \leq d+1$. Since $\boldsymbol{a}_{i}$ is one of the vertices of $E_{\boldsymbol{a}_{i}}$, there is a sequence of adjacent elements of $\mathcal{T}_{h}^{1}, E=E_{1}, E_{2} \ldots, E_{k_{i}}=E_{\boldsymbol{a}_{i}}$, with $E_{\ell}$ adjacent to $E_{\ell+1}$. Since the mesh is regular, the number $k_{i}$ is bounded by a fixed integer $K$ independent of $\boldsymbol{a}_{i}$ and $h$.

Now, as in $E$,

$$
\sum_{i=1}^{d+1} \phi_{\boldsymbol{a}_{i}}(\boldsymbol{x})=1,
$$

we can write $v(E)=v(E) \sum_{i=1}^{d+1} \phi_{\boldsymbol{a}_{i}}(\boldsymbol{x})$. Thus,

$$
\forall \boldsymbol{x} \in E, \quad S_{h}(v)(\boldsymbol{x})-v(\boldsymbol{x})=\sum_{i=1}^{d+1}\left(v\left(E_{\boldsymbol{a}_{i}}\right)-v(E)\right) \phi_{\boldsymbol{a}_{i}}(\boldsymbol{x}) .
$$

By considering the above sequence of elements $E_{j}$, this implies that

$$
\begin{equation*}
\forall \boldsymbol{x} \in E, \quad S_{h}(v)(\boldsymbol{x})-v(\boldsymbol{x})=\sum_{i=1}^{d+1}\left(\sum_{j=1}^{k_{i}-1}[v]_{e_{j}}\right) \phi_{a_{i}}(\boldsymbol{x}), \tag{10.17}
\end{equation*}
$$

where $e_{j}$ is the interface between $E_{j}$ and $E_{j+1}$. Hence

$$
\begin{equation*}
\forall \boldsymbol{x} \in E, \quad\left|S_{h}(v)(\boldsymbol{x})-v(\boldsymbol{x})\right| \leq \sum_{i=1}^{d+1}\left(\sum_{j=1}^{k_{i}-1}\left|e_{j}\right|^{-\frac{1}{2}}\left\|[v]_{e_{j}}\right\|_{L^{2}\left(e_{j}\right)}\right) \phi_{\boldsymbol{a}_{i}}(\boldsymbol{x}) . \tag{10.18}
\end{equation*}
$$

From here, we deduce the following proposition:
Proposition 16. There exists a contant $\hat{C}$, related to the regularity of the mesh but independent of $h$, such that for all functions $v$ that are constant in each element $E$ of $\mathcal{T}_{h}^{1}$,

$$
\begin{gather*}
\left\|S_{h}(v)-v\right\|_{L^{2}\left(\Omega_{1}\right)}^{2} \leq \hat{C}(K-1)^{2} \sum_{e \in \mathcal{E}_{h}^{1}} h_{e}\left\|[v]_{e}\right\|_{L^{2}(e)}^{2},  \tag{10.19}\\
\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla\left(S_{h}(v)-v\right)\right\|_{L^{2}(E)}^{2} \leq \hat{C}\left(\frac{d+1}{d}\right)^{2}(K-1)^{2} \sum_{e \in \mathcal{E}_{h}^{1}} \frac{1}{h_{e}}\left\|[v]_{e}\right\|_{L^{2}(e)}^{2}, \tag{10.20}
\end{gather*}
$$

and

$$
\begin{equation*}
\left\|S_{h}(v)-v\right\|_{L^{2}\left(\Gamma_{12}\right)}^{2} \leq \hat{C}(K-1)^{2} \sum_{e \in \mathcal{E}_{h}^{1}}\left\|[v]_{e}\right\|_{L^{2}(e)}^{2} . \tag{10.21}
\end{equation*}
$$

Proof. By recalling that the set of functions $\phi_{\boldsymbol{a}_{i}}, 1 \leq i \leq d+1$, form a convex combination in $E$, we infer from (10.18) that

$$
\forall \boldsymbol{x} \in E, \quad\left|S_{h}(v)(\boldsymbol{x})-v(\boldsymbol{x})\right|^{2} \leq \sum_{i=1}^{d+1}\left(\sum_{j=1}^{k_{i}-1}\left|e_{j}\right|^{-\frac{1}{2}}\left\|[v]_{e_{j}}\right\|_{L^{2}\left(e_{j}\right)}\right)^{2} \phi_{\boldsymbol{a}_{i}}(\boldsymbol{x}) .
$$

Then, considering that $k_{i} \leq K$, we have

$$
\forall \boldsymbol{x} \in E, \quad\left|S_{h}(v)(\boldsymbol{x})-v(\boldsymbol{x})\right|^{2} \leq(K-1) \sum_{i=1}^{d+1}\left(\sum_{j=1}^{k_{i}-1}\left|e_{j}\right|^{-1}\left\|[v]_{e_{j}}\right\|_{L^{2}\left(e_{j}\right)}^{2}\right) \phi_{\boldsymbol{a}_{i}}(\boldsymbol{x}) .
$$

But, as $\phi_{\boldsymbol{a}_{i}}$ is a polynomial of degree one, that takes the value $\frac{1}{d+1}$ at the center of $E$, the Gauss quadrature formula gives

$$
\int_{E} \phi_{\boldsymbol{a}_{i}}=\frac{|E|}{d+1} .
$$

Hence

$$
\left\|S_{h}(v)-v\right\|_{L^{2}(E)}^{2} \leq \frac{|E|}{d+1}(K-1) \sum_{i=1}^{d+1} \sum_{j=1}^{k_{i}-1} \frac{1}{\left|e_{j}\right|}\left\|[v]_{e_{j}}\right\|_{L^{2}\left(e_{j}\right)}^{2}
$$

When summing this inequality over all $E$ in $\mathcal{T}_{h}^{1}$, each jump is repeated at most $(K-1)(d+1)$ times. Therefore

$$
\left\|S_{h}(v)-v\right\|_{L^{2}\left(\Omega_{1}\right)}^{2} \leq(K-1)^{2} \sum_{e \in \mathcal{E}_{h}^{1}} \bar{h}_{e}\left\|[v]_{e}\right\|_{L^{2}(e)}^{2},
$$

where $\bar{h}_{e}=\frac{\max |E|}{\min \left|e^{\prime}\right|}$ for all $e^{\prime}$ in a neighborhood of $E$. The regularity of the mesh implies that $\bar{h}_{e} \leq \hat{C} h_{e}$. This yields (10.19).

Regarding the gradient of the error, note that

$$
\left|\nabla \phi_{\boldsymbol{a}_{i}}\right|=\frac{1}{d} \frac{\left|\tilde{e}_{i}\right|}{|E|},
$$

where $\tilde{e}_{i}$ is the face opposite $\boldsymbol{a}_{i}$. Therefore, (10.17) implies that in $E$

$$
\left|\nabla\left(S_{h}(v)(\boldsymbol{x})-v(\boldsymbol{x})\right)\right|^{2} \leq \frac{d+1}{d^{2}}(K-1) \sum_{i=1}^{d+1}\left(\frac{\left|\tilde{e}_{i}\right|}{|E|}\right)^{2}\left(\sum_{j=1}^{k_{i}-1}\left|e_{j}\right|^{-1}\left\|[v]_{e_{j}}\right\|_{L^{2}\left(e_{j}\right)}^{2}\right) .
$$

Hence

$$
\left\|\nabla\left(S_{h}(v)-v\right)\right\|_{L^{2}(E)}^{2} \leq \frac{d+1}{d^{2}}(K-1) \sum_{i=1}^{d+1} \frac{\left|\tilde{e}_{i}\right|^{2}}{|E|}\left(\sum_{j=1}^{k_{i}-1}\left|e_{j}\right|^{-1}\left\|[v]_{e_{j}}\right\|_{L^{2}\left(e_{j}\right)}^{2}\right),
$$

and the same argument as above yields (10.20).
Finally, the proof of the trace inequality (10.21) is similar to that of (10.19). Indeed, we have

$$
\forall \boldsymbol{x} \in e, \quad\left|S_{h}(v)(\boldsymbol{x})-v(\boldsymbol{x})\right|^{2} \leq(K-1) \sum_{i=1}^{d}\left(\sum_{j=1}^{k_{i}-1}\left|e_{j}\right|^{-1}\left\|[v]_{e_{j}}\right\|_{L^{2}\left(e_{j}\right)}^{2}\right) \phi_{\boldsymbol{a}_{i}}(\boldsymbol{x}),
$$

and

$$
\int_{e} \phi_{\boldsymbol{a}_{i}}=\frac{|e|}{d} .
$$

Thus

$$
\left\|S_{h}(v)-v\right\|_{L^{2}(e)}^{2} \leq \frac{|e|}{d}(K-1) \sum_{i=1}^{d} \sum_{j=1}^{k_{i}-1} \frac{1}{\left|e_{j}\right|}\left\|[v]_{e_{j}}\right\|_{L^{2}\left(e_{j}\right)}^{2},
$$

and (10.21) follows by summing over all face $e$ of $\mathcal{E}_{h}^{12}$.
An interesting by-product of Proposition 16 is the following trace inequality for the functions of $M_{h}$.

Corollary 1. There exists a contant $\hat{C}$, related to the regularity of the mesh but independent of $h$, such that for all $\theta_{h} \in M_{h}$,

$$
\begin{align*}
& \left\|\theta_{h}\right\|_{L^{2}\left(\Gamma_{12}\right)} \leq \hat{C}\left[\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}+\left(\sum_{e \in \mathcal{E}_{h}^{1}} h_{e}\left\|\left[\theta_{h}\right]_{e}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{2}}\right. \\
& \left.+\left(\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}^{\frac{1}{2}}+\left(\sum_{e \in \mathcal{E}_{h}^{1}} h_{e}\left\|\left[\theta_{h}\right]_{e}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{4}}\right)\left(\left(\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla \theta_{h}\right\|_{L^{2}(E)}^{2}\right)^{\frac{1}{4}}+\left(\sum_{e \in \mathcal{E}_{h}^{1}} \frac{1}{h_{e}}\left\|\left[\theta_{h}\right]_{e}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{4}}\right)\right] . \tag{10.22}
\end{align*}
$$

Proof. Recall that $\theta_{h}=\theta_{h}^{\text {ct }}+\theta_{h}^{\text {disc }}$ with $\theta_{h}^{\text {ct }} \in Q_{h}$ and $\theta_{h}^{\text {disc }}$ constant in each cell. Then, we write

$$
\left\|\theta_{h}\right\|_{L^{2}\left(\Gamma_{12}\right)}=\left\|\left(\theta_{h}^{\text {ct }}+S_{h}\left(\theta_{h}^{\text {disc }}\right)\right)+\left(\theta_{h}^{\text {disc }}-S_{h}\left(\theta_{h}^{\text {disc }}\right)\right)\right\|_{L^{2}\left(\Gamma_{12}\right)}
$$

and in view of (10.21), it suffices to bound the sum in the first brackets. As this function is in $H^{1}\left(\Omega_{1}\right)$, the trace theorem in $\Omega_{1}$, see [9], yields
$\left\|\theta_{h}^{\text {ct }}+S_{h}\left(\theta_{h}^{\text {disc }}\right)\right\|_{L^{2}\left(\Gamma_{12}\right)} \leq \hat{C}\left[\left\|\theta_{h}^{\text {ct }}+S_{h}\left(\theta_{h}^{\text {disc }}\right)\right\|_{L^{2}\left(\Omega_{1}\right)}+\left\|\theta_{h}^{\text {ct }}+S_{h}\left(\theta_{h}^{\text {disc }}\right)\right\|_{L^{2}\left(\Omega_{1}\right)}^{\frac{1}{2}}\left\|\nabla\left(\theta_{h}^{\text {ct }}+S_{h}\left(\theta_{h}^{\text {disc }}\right)\right)\right\|_{L^{2}\left(\Omega_{1}\right)}^{\frac{1}{2}}\right]$.

Now, by (10.19),

$$
\left\|\theta_{h}^{\mathrm{ct}}+S_{h}\left(\theta_{h}^{\mathrm{disc}}\right)\right\|_{L^{2}\left(\Omega_{1}\right)} \leq\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}+\left\|S_{h}\left(\theta_{h}^{\text {disc }}\right)-\theta_{h}^{\text {disc }}\right\|_{L^{2}\left(\Omega_{1}\right)} \leq\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}+\hat{C}(K-1)\left(\sum_{e \in \mathcal{E}_{h}^{1}} h_{e}\left\|\left[\theta_{h}\right]_{e}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{2}}
$$

Similarly, by (10.20),

$$
\begin{aligned}
\left(\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla\left(\theta_{h}^{\mathrm{ct}}+S_{h}\left(\theta_{h}^{\mathrm{disc}}\right)\right)\right\|_{L^{2}(E)}^{2}\right)^{\frac{1}{2}} & \leq\left(\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla \theta_{h}\right\|_{L^{2}(E)}^{2}\right)^{\frac{1}{2}}+\left(\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla\left(S_{h}\left(\theta_{h}^{\text {disc }}\right)-\theta_{h}^{\text {disc }}\right)\right\|_{L^{2}(E)}^{2}\right)^{\frac{1}{2}} \\
& \leq\left(\sum_{E \in \mathcal{T}_{h}^{1}}\left\|\nabla \theta_{h}\right\|_{L^{2}(E)}^{2}\right)^{\frac{1}{2}}+\hat{C} \frac{d+1}{d}(K-1)\left(\sum_{e \in \mathcal{E}_{h}^{1}} \frac{1}{h_{e}}\left\|\left[\theta_{h}\right]_{e}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{2}}
\end{aligned}
$$

Then (10.22) follows from (10.21) and these two inequalities.
Note that (10.22) readily implies that

$$
\begin{equation*}
\left\|\theta_{h}\right\|_{L^{2}\left(\Gamma_{12}\right)} \leq \hat{C}\left[\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}+h J_{h}\left(\theta_{h}, \theta_{h}\right)^{\frac{1}{2}}+\left(\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}^{\frac{1}{2}}+h^{\frac{1}{2}} J_{h}\left(\theta_{h}, \theta_{h}\right)^{\frac{1}{4}}\right)\left\|\theta_{h}\right\|_{h}^{\frac{1}{2}}\right] . \tag{10.23}
\end{equation*}
$$

This inequality has the following application.
Corollary 2. For all real numbers $\delta>0$ and $\delta^{\prime}>0$ there exists a constant $C\left(\delta, \delta^{\prime}\right)$ independent of $h$ and $\Delta t$ such that for all functions $f \in L^{2}\left(\Gamma_{12}\right)$ and $\theta_{h} \in M_{h}$,

$$
\begin{equation*}
\left|\int_{\Gamma_{12}} f \theta_{h}\right| \leq \frac{1}{2}\left[\frac{\delta}{\Delta t}\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\delta^{\prime}\left\|\theta_{h}\right\|_{h}^{2}+C\left(\delta, \delta^{\prime}\right)\left(\Delta t+h+(\Delta t)^{\frac{1}{2}}+h^{\frac{1}{2}}\right)\|f\|_{L^{2}\left(\Gamma_{12}\right)}^{2}\right] . \tag{10.24}
\end{equation*}
$$

Proof. By applying to $\theta_{h}$ the trace inequality (10.23) in

$$
\left|\int_{\Gamma_{12}} f \theta_{h}\right| \leq\|f\|_{L^{2}\left(\Gamma_{12}\right)}\left\|\theta_{h}\right\|_{L^{2}\left(\Gamma_{12}\right)}
$$

we infer

$$
\begin{aligned}
& \left|\int_{\Gamma_{12}} f \theta_{h}\right| \leq \frac{1}{2}\left(\frac{\delta_{1}}{\Delta t}\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\frac{\Delta t}{\delta_{1}} \hat{C}\|f\|_{L^{2}\left(\Gamma_{12}\right)}^{2}+\delta_{2} J_{h}\left(\theta_{h}, \theta_{h}\right)+\frac{h^{2}}{\delta_{2}} \hat{C}\|f\|_{L^{2}\left(\Gamma_{12}\right)}^{2}\right) \\
& \quad+\frac{1}{2}\left(\frac{\delta_{3}}{(\Delta t)^{\frac{1}{2}}}\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}\left\|\theta_{h}\right\|_{h}+\frac{(\Delta t)^{\frac{1}{2}}}{\delta_{3}} \hat{C}\|f\|_{L^{2}\left(\Gamma_{12}\right)}^{2}+\delta_{4} J_{h}\left(\theta_{h}, \theta_{h}\right)^{\frac{1}{2}}\left\|\theta_{h}\right\|_{h}+\frac{h}{\delta_{4}} \hat{C}\|f\|_{L^{2}\left(\Gamma_{12}\right)}^{2}\right) .
\end{aligned}
$$

The factor of $\delta_{3}$ can be further bounded by

$$
\frac{\delta_{3}}{(\Delta t)^{\frac{1}{2}}}\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}\left\|\theta_{h}\right\|_{h} \leq \frac{\delta_{3}}{2}\left(\frac{\delta_{5}}{\Delta t}\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\frac{1}{\delta_{5}}\left\|\theta_{h}\right\|_{h}^{2}\right) .
$$

Therefore, by collecting all factors, we deduce

$$
\left|\int_{\Gamma_{12}} f \theta_{h}\right| \leq \frac{1}{2}\left[\left(\delta_{1}+\frac{\delta_{3}}{2} \delta_{5}\right) \frac{1}{\Delta t}\left\|\theta_{h}\right\|_{L^{2}\left(\Omega_{1}\right)}^{2}+\left(\delta_{2}+\frac{\delta_{3}}{2 \delta_{5}}+\delta_{4}\right)\left\|\theta_{h}\right\|_{h}^{2}+\left(\frac{\Delta t}{\delta_{1}}+\frac{h^{2}}{\delta_{2}}+\frac{(\Delta t)^{\frac{1}{2}}}{\delta_{3}}+\frac{h}{\delta_{4}}\right) \hat{C}\|f\|_{L^{2}\left(\Gamma_{12}\right)}^{2}\right]
$$

It is easy to check that numbers $\delta_{i}>0$ can be picked, independent of $h$ and $\Delta t$, so that both
$\delta_{1}+\frac{\delta_{3}}{2} \delta_{3} \delta_{5}$ and $\delta_{2}+\frac{\delta_{3}}{2 \delta_{5}}+\delta_{4}$ are arbitrary. This proves the corollary.

## References

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