

I can't get it off my mind: Attentional bias in former and current cocaine addiction

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33 Abstract

34 Background

Cocaine addiction is a global health issue with limited therapeutic options and a high relapse rate. Attentional bias (AB) towards substance-related cues may be an important factor of relapse. However, it has never been compared in former and current cocaine-dependent patients.

39 Methods

AB towards cocaine-related words was assessed using an emotional Stroop task in
cocaine-dependent patients (CD, N=40), long-term abstinent former cocainedependent patients (ExCD, N = 24; mean abstinence: 2 years) and control subjects
(N = 28). Participants had to name the colour of cocaine-related words, neutral
words, and colour names. We assessed response times using an automatic voice
onset detection method we developed, and we measured AB as the difference in
response times between cocaine-related and neutral conditions.

47 **Results**

48 There was an overall group effect on AB towards cocaine, but no group effect on 49 the colour Stroop effect. Two-by-two comparison showed a difference in AB

between CD and controls, while ExCD were not different from either. While CD
showed a significant AB, consistent with the literature, neither ExCD nor controls
showed a significant AB towards cocaine related words. We found no link between
AB size and either addiction severity or craving.

54 Conclusions

55 Cocaine abstinence was associated with an absence of significant AB towards 56 cocaine-related words which may be interpreted either as absence of AB 57 predicting success in maintaining abstinence, or as AB being able to disappear with 58 long-term cocaine abstinence. Further research is needed in order to distinguish 59 the role of AB in maintaining abstinence.

60

61

63 **1. Introduction**

64 Cocaine addiction is a clinical condition characterised by an excessive intake of 65 cocaine, and a relapsing cycle of intoxication, binging, withdrawal and craving. 66 Cocaine is the second most used illegal drug in Europe (EMCDDA, 2017) and in France, and a high rate of occasional users fall into cocaine addiction. Cocaine 67 68 addiction is characterised by the severity of its medical and social consequences (Whiteford et al., 2013). Indeed, cocaine-dependent patients have a standardised 69 70 mortality rate 4 to 8 times higher than their group of age peers (Degenhardt et al., 71 2011). However, there is to date no available substitution treatment for cocaine 72 addiction (Castells et al., 2016), and relapse rates are very high (Paliwal et al., 2008). 73

One important neurobiological process involved in cocaine addiction is dopaminergic arousal of corticostriatal circuits, and in particular the reward system, which leads to a motor preparation and hyperattentive state towards drug-related cues (Franken, 2003). This arousal could play a causal role in key features of addiction such as drug use despite negative consequences and relapse (Pascoli et al., 2015). Among the cognitive consequences of this arousal is the development of an attentional bias (AB) towards cocaine, which may play an

important role in the success or failure of cocaine abstinence. AB is hypothesised
to interact with craving, the overwhelming urge to consume the substance,
through a loop of mutual reinforcement: the drug cues that patients notice because
of AB could heighten their craving, and craving heighten AB (Field and Cox, 2008).
While the importance of this link has been called into question (Field et al., 2009),
understanding the role of AB in abstinence maintenance would likely allow getting
a better picture of the cognitive factors implicated in relapse.

88 Emotional Stroop tasks are widely used neuropsychological tools for the study of AB in addiction (Field et al., 2009). They are based on the classic colour Stroop task, 89 90 which is used to measure selective attention (Wright, 2017). In classic Stroop tasks, 91 participants are instructed to name the colour in which colour names are written. 92 In the cases where a colour name is written in another colour (ie "blue" written in 93 green), this incongruence is associated with a slowing of the colour naming 94 response, which is thought to be caused by the interference between the automatic 95 response (reading the word) and the correct response (naming the ink colour) 96 (MacLeod, 1991).

In emotional Stroop tasks, the interference is caused by the presence of
emotionally salient words, and the slowing is thus caused by the attention towards
the semantic content of these words. The exact mechanisms underlying the

emotional Stroop effect are not yet fully understood (Cox et al., 2006) but the
strength of this effect is considered a measure of AB towards a specific semantic
category of stimuli, such as a substance in the case of addiction.

103 Cocaine-related Stroop tasks have shown that cocaine-dependent patients exhibit
104 a higher AB towards cocaine-related stimuli than control participants (Copersino
105 et al., 2004; Franken et al., 2000; Hester et al., 2006; Rosse et al., 1994).

106 Moreover, AB intensity has been linked to both addiction severity and abstinence 107 maintenance in several substance addictions. Higher AB towards the substance is 108 linked to quantity and frequency of substance use (Field and Cox, 2008), and a 109 higher AB at entry of an inpatient care program has been linked to greater chances of relapse in prospective studies on heroin- (Marissen et al., 2006) and alcohol-110 111 dependent patients (Cox et al., 2002). Patients who have a documented abstinence 112 for several weeks display lower AB towards heroin (Gardini et al., 2009), and 113 alcohol (Flaudias et al., 2013) than current users. On the other hand, a similar 114 protocol used to test AB towards smoking words in 24-hour abstinent smokers 115 failed to show a significant difference with ad libitum smokers (Munafò et al., 116 2003).

117

However, very few controlled studies have investigated AB among cocaine users

118 and its changes with abstinence. A recent review paper identified only 2 119 prospective studies on this subject (Zhang et al., 2018). The first one assessed AB 120 change after 8 weeks of either computer-based cognitive behavioural therapy or 121 counselling. AB was assessed using an emotional Stroop task (DeVito et al., 2018), 122 and they found a significant AB towards cocaine-related words pre-treatment, and 123 a drop in AB post-treatment. The second one (Mayer et al., 2016) assessed AB, 124 craving and drug use change after 5 sessions of AB modification training (or sham 125 training). AB was assessed through a visual priming task and they found a 126 significant AB pre-treatment and no AB post treatment in both treatment groups.

Because AB is acquired at the onset of cocaine addiction (Field and Cox, 2008) and
drops with short-term abstinence (DeVito et al., 2018), one could expect that, as
previously demonstrated with heroin and alcohol dependent patients, AB would
drop further or disappear in patients with cocaine dependence who maintain a
long-term abstinence.

132Thus, to further explore this hypothesis, we decided to assess AB towards cocaine-133related stimuli with an emotional Stroop task involving cocaine-related words. We134compared AB in currently cocaine-dependent patients as well as in formerly135cocaine-dependent patients to AB in healthy controls. We recorded addiction136severity at the beginning of the task, as it has been reported to influence AB as

137 assessed by the emotional Stroop. We also recorded craving intensity before and138 after the task.

139

140 **2. Methods**

141 **2.1. Participants**

We recruited 40 currently cocaine-dependent patients (CD), 24 formerly cocainedependent patients (ex-CD), and 28 healthy control participants.

Inclusion criteria common to all three groups were being 18 years old or older,
being affiliated to the French social security system, and giving informed written
consent to participate in the study. Exclusion criteria common to all three groups
were colour vision deficit and non-fluency in written or spoken French. Colour
vision was assessed based on performance on a training test before the task. All
participants spoke and read French fluently.

Patients were recruited among outpatients at an outpatient addiction clinic who
had been diagnosed with either current or past cocaine dependence according to
the DSM-IV (American Psychiatric Association and Association, 2000). Diagnosis

had been established by their referent psychiatrist at the beginning of treatment
through a non-structured clinical interview, and was confirmed by their
psychiatrist at the time of the study.

Inclusion criteria for the CD group was current diagnosed cocaine dependence, and
declared cocaine use within the past two weeks. Inclusion criteria for the ex-CD
group were lifetime diagnosed cocaine dependence, and declared last time of
cocaine use being over two months prior.

We chose to rely on self-report for assessing last cocaine use, as it is reliable and
easy to implement (Brown et al., 1992; Darke, 1998). This self-report was
confirmed by patients' referring psychiatrist.

The healthy controls (HC) were recruited through public advertisement on a mailing list of people who volunteer to participate in cognitive science experiments (Risc.cnrs.fr). We excluded participants who had a history of substance abuse (excepting tobacco), neurological or psychiatric disorders through an interview with a psychiatrist. We selected participants on their age, sex, and education level in order to match the patients groups as closely as possible, which somewhat limited us in the number of participants we were able to recruit.

170 CD and ex-CD were recruited within the framework of the Declaration of Helsinki

and the ethical guidelines of the Fernand-Widal hospital for the analysis of data
already collected during routine care (authorisation 2014–067 given on 15
January 2015 by the CPP (Comité de Protection des Personnes, French regional
ethical research committee) and did not receive monetary compensation for their
participation. HC were recruited through a physiopathology study (Ethics
Committee approval 2012-A01460-43) and received 25€ as compensation for
their participation.

They all completed the MoCA (Montreal Cognitive Assessment; Nasreddine et al.,2005), which allows screening for mild cognitive impairment.

180 Data describing the severity of the past or current cocaine use were recorded with 181 an ad-hoc questionnaire (age of first use and last use, products used, usage route, 182 dose per day, frequency of use, date of last use), as well as data regarding the 183 lifetime use of other substances. Cocaine craving was assessed with two tools: the 184 OCCS (Obsessive-Compulsive Cocaine Craving Scale ; Vorspan et al., 2012) was 185 used to assess cocaine craving and its consequences on the life of the patients 186 within the last two weeks, and a visual analogue instant scale was used to assess 187 current subjective craving.

188

The entire process of participating in the study took place in the same day for

189 participants, and it typically lasted between one and two hours.

- 190 Two former cocaine addicts withdrew their consent during the task because they
- 191 felt uncomfortable, although they did not express a rise in their subjective craving.

192 2.2. Task Design

- The task was designed using E-Prime 2.0 Standard. We adapted the emotional
 Stroop test developed for addiction to alcohol by Flaudias et al. (2013).
- This tasks consists of three consecutive blocks where participants are asked to name the font colour of words shown on a computer screen. Each block is a different condition: neutral words, colour names and cocaine-related words. We chose not to mix the three conditions but to display stimuli in three distinct, successive blocks, so as to prevent interference that could have been caused by the cocaine-related words (Cox et al., 2006).
- We used two different sets of cocaine-related words, corresponding to the forms of cocaine (cocaine hydrochloride and crack cocaine). Patients were shown the set of words consistent with the form in which they used cocaine, and healthy controls were randomly shown cocaine hydrochloride words.
- 205 We chose to use a voice response rather than using button pressing as Flaudias and

206 Llorca (2014) recommend using a vocal response modality for a more natural
207 response and a more pronounced Stroop effect.

208 Participants were sat about fifty centimetres from a computer screen, asked to 209 focus on a fixation cross, and to name the colour of the words that appear on the 210 screen, regardless of their meaning. All words were randomly displayed in either 211 red, green blue or yellow.

The main variable of interest was the interference caused by the cocaine and colour Stroop effects. This interference was calculated as the difference in reaction times between cocaine and neutral words on the one hand, and colour and neutral words on the other hand.

For reaction times calculations, we considered as usable answers only the correct trials where the first word said by the participant was the correct answer. We therefore excluded from the reaction time calculation trials where participants corrected their answer or started by saying "uh". The number of excluded trials for each group and types of trials can be found in Supplementary Table 1.

For accuracy calculations, were delayed reaction time was not a problem, we included all trials where participants started by giving a correct answer, even if they hesitated before answering.

224 **2.3. Choice of words**

In order to choose cocaine-related words, we selected potential words with clinicians working with cocaine addicts at the Fernand-Widal hospital. We then showed these words to a group of four cocaine users seeking treatment and asked them to choose the most salient ones and to suggest other words that were not on the list.

The final set of words consisted of four words associated with crack cocaine: "fumer" (to smoke), "pipe", "caillou" (rock) and "crack", and four words associated with cocaine hydrochloride: "sniffer" (to snort), "rail", "ligne" (line) and "coke".

233 Word frequencies were matched between neutral words and cocaine-related 234 words in order not to overestimate AB towards cocaine. We did so using the 235 Lexique 3.80 lexical database (New et al., 2004). We selected: "presser" (to press), 236 "fauteuil" (armchair), "pont" (bridge), "chemise" (shirt). There was no significant 237 difference in frequency between neutral words and cocaine-related words 238 (Kruskal-Wallis χ^2 = 2.58, p-value = 0.28). We were later able to confirm that there 239 was no reaction-time variation between words of the same category (data not 240 shown, available upon request).

241 **2.4. Procedure**

We did not ask participants to abstain from using cocaine or any other substanceprior to the test.

The experiment took place in a quiet room. The task started with two blocks of training. In the first one, participants were presented a series of coloured X (XXXXX) instead of words, for a total of 10 trials.

In the second one, five neutral words were presented twice to participants:
"voiture" (car), "livre" (book), "chaussure" (shoe), "route" (road), "chaise" (chair),
amounting to 10 trials.

We used four colour names: "bleu" (blue), "rouge" (red), "jaune" (yellow) and "vert" (green), all shown in random, incongruent colours. Participants had three seconds to name each colour, and inter-trial duration was 500 ms.

After the training phase, there were three condition blocks: neutral words, colour names and cocaine-related words were presented in a randomised order. Each word was presented in three different colours, twice for each colour (24 words per condition). Each patient thus named the colour of 92 words during the experiment, including 20 training words.

258	Patients were shown either cocaine-related words or crack-related words,
259	according to the route of administration that they used most. Healthy controls
260	were shown cocaine-related words.

Patients, but not HC, were asked to rate their craving on a scale from 0 to 10 bothjust before and just after the task.

263

- 264 **2.5. Data analysis**
- 265 *2.5.1. Power calculation*

Gardini (2009) was the only prior study using a drug Stroop task in former and current cocaine users. Based on their effect size, we expected 30 participants in each group to be sufficient to detect the expected effect with a one-sided test.

We were limited in our recruitment by two factors. First, few former cocaine users continue to attend their visits at the addiction clinic. Second, we chose to select healthy controls of a sex, age, and education level similar to those of patients. We chose to perform analysis when we reached 80% of the recruitment goal for all groups.

274 *2.5.2. Accuracy assessment*

Responses were manually assessed by listening to the recorded answers. We made
two assessments for each trial: whether the answer was correct (i.e. the participant
names the correct colour), and whether it was usable for data analysis (i.e. the first
word that the participant says is the correct colour).

279 *2.5.3. Reaction time calculation*

Reaction times were calculated from the voice response, using the Seewave package for R (Sueur et al., 2008). We defined reaction time as the first time when sound intensity was greater than 15% of the maximum sound intensity for the trial. We ignored sounds that lasted under 100 ms or over 600 ms. We eliminated trials where the detected response time was under 200 ms or over 2000 ms (4% of trials).

286 2.5.4. Statistical analysis

Because normality assumptions were not always met, we chose to use non-parametric tests.

Patient and HC characteristics are described with frequencies and percentages,
mean and standard deviation or median and range, as appropriate. Difference
between groups for these characteristics were assessed using Kruskal-Wallis

(variance comparison for independent samples), Wilcoxon rank sum (median
comparison test for two independent samples), and chi-square tests as
appropriate.

We calculated a raw accuracy score on the 72 trials (excluding training) for each participant and a separate accuracy score by condition (colour, neutral, and cocaine words).

Reaction times to accurate response are presented as means and standarddeviation by condition.

300 Colour Stroop interference was calculated as the difference between the mean301 reaction time for colour words minus mean reaction time for neutral words.

Emotional Stroop interference was calculated as the difference between the mean
 reaction time for cocaine words minus reaction time for neutral words.

304 Both interferences were calculated using only response times for usable trials.

Those four measures were described as means and standard deviations and compared between groups. We used Kruskal-Wallis (variance comparison for independent samples), Wilcoxon rank sum (median comparison test for two independent samples) and Jonckheere-Terpstra (similar to Kruskal-Wallis, but the

309	alternative hypothesis assumes an order relation between distributions) tests. The
310	association between clinical factors and those four measures was tested in the two
311	groups of patients with Spearman's correlation or Wilcoxon's rank sum test as
312	appropriate.
313	Significance threshold was set at $p = .05$.
314	

3. Results

3.1. Demographic characteristics

317The demographic data we collected in the different populations who took part in318the experiment is summarised in Table 1. There was no difference between groups319on age (Kruskal-Wallis $\chi^2 = 3.6$, p = 0.2), sex (Kruskal-Wallis $\chi^2 = 5.0$, p = 0.08), or320cognitive functioning (Kruskal-Wallis $\chi^2 = 1.1$, p = 0.9).

Variable (median	Healthy	Ex-CD	CD	P-value		
[range])	controls (HC)	patients (ExCD)	patients (CD)	Overall comparison	Group comparisons HC - CD	
					HC - ExCD	
					ExCD - CD	
N	28	24	40			
Age	46 [24-	45 [24-	41 [26-	ns		
	74]	71]	68]			
% women	36	46	20	ns		
% with higher education	64	50	38	ns		
% with normal	59	54	60	ns		
MoCA score (≥26)						
% tobacco	14	88	95	p<10 ⁻¹⁰	p<10 ⁻¹⁰	
smokers					p<10 ⁻⁶	
					ns	
% current	0	22	51	p<10 ⁻⁵	p<10-4	
alcohol use					p<0.05	
disorder					p<0.05	
Alcohol	0.1 [0;2]	0.1	0.2 [0;30]	ns		
intake/day		[0;6.4]				

(standard					
glasses)					
% current THC	0	30	38	p<0.005	p<0.001
use disorder					p<0.01
					ns
THC intake/day	0 [0;0.2]	0 [0;3.6]	0 [0;15]	p<0.01	p<0.005
(number of					p<0.05
joints)					ns
% current opioid	0	9	26	p<0.01	p<0.05
use disorder					ns
					ns
Median number	/	5.5	6 [1;33]	ns	
of cocaine		[2;27]			
addiction years					
Median time	/	2 years	6 days	p<10-10	
since last cocaine		[0.2;17]	[0;17]		
dose					
Obsessive-	/	1.5	23.5	p<10 ⁻⁸	
Compulsive		[0;21]	[1;40]		
Cocaine Craving					
Score (OCCS)					

(/40)					
Visual analogic	/	0 [0;9]	2 [0;10]	p<0.005	
instant craving					
scale (/10)					
% preferential	/	21	38	ns	
crack users					
% with current	0	96	100	p<10 ⁻¹⁵	p<10 ⁻¹⁵
medication					p<10 ⁻¹¹
					ns
% with current	0	9	26	p<0.01 p<0.05	
opioid					ns
maintenance					
treatment				ns	
Of these:					
% with	/	33	50	ns	
methadone					
% with	/	67	50	ns	
buprenorphine					
% with	0	38	75	p<10 ⁻⁸	p<10 ⁻⁸
antipsychotics					p<0.05
					ns

% with sedatives	0	42	63	p<10 ⁻⁵	p<10-6
(benzodiazepines					0.001
and Z-drugs)					ns

Table 1: Demographic and clinical data.

325 **3.2.** Main analysis

326	Group comparison showed an overall significant effect on the cocaine interference
327	(Jonckheere-Terpstra JT = 1223 , p = 0.03 , increasing), and we found a significant
328	difference between CD and HC (Jonckheere-Terpstra JT = 485, p = 0.03, increasing).
329	The ex-CD group was not significantly different from either CD or HC (Jonckheere-
330	Terpstra JT < 447, p > 0.2).

The CD group showed a significant slowing in the cocaine condition compared to the neutral condition (Wilcoxon W = 565, p = 0.02), while neither ex-CD group (Wilcoxon W = 207, p = 0.1), nor the HC (Wilcoxon W = 334, p = 0.3) did.

All three groups showed a significant slowing in the colour condition compared to the neutral condition, which corresponds to the colour Stroop effect (for the control group: Wilcoxon W = 203, p = 0.002). Group had no significant effect on the colour interference (Jonckheere-Terpstra JT= 1040, p = 0.4, increasing), and there was no significant difference between any two groups on this colour Stroop

339	interference (Jonckheere-Terpstra JT < 391, p > 0.2).
340	Mean accuracies and reaction times for the different groups and types of words are
341	in Table 2.

Healthy controls		Formerly cocaine- dependent (Ex-CD)		Cocaine dependent (CD)		
Neutral Words	Response time (ms)	Error rate (%) 1 ± 1	Response time (ms) 919 ± 158	Error rate (%) 1 ± 3	Response time (ms) 905 ± 140	Error rate (%) 3 ± 7
Colour Words	824 ± 130	1 ± 3	1.102 ± 181	5 ± 6	1.085 ± 183	5 ± 8
Consiste Words	984 ± 190		000 + 422	4 + 2	005 + 400	2 + 6
	860 ± 153	1 ± 1	969 ± 122	1 ± 2	995 ± 180	3±6
Interference (F	RT difference)					
	Healthy contr	ols	Formerly coca dependent (E>	ine- ‹-CD)	Cocaine dependent (CD)	Statistical significance
Colour Words – Neutral Words	160 **		183 ***		177 ***	0.4
Cocaine Words – Neutral Words	36 ^{ns}		50 [.]		81 *	0.03

343Table 2: Mean Accuracy and Reaction Time (± standard deviation) for the different groups

344 and types of words. Statistical significance of the difference between the interference and

- 345 zero: *** p<0.001; ** p<0.01; * p<0.05; · p<0.1; ns p>0.1. The statistical significance column
- 346 shows the p-value for overall between-groups comparisons for both interference effects.

There was a significant group effect on overall accuracy (Kruskal-Wallis χ^2 = 12.5, p = 0.002): the two cocaine groups were not significantly different regarding overall accuracy (Wilcoxon W = 497, p = 0.8), but HC were significantly more accurate than the two other groups (Wilcoxon W > 473, p < 0.005).

351 Groups were also different in overall response time (Kruskal-Wallis $\chi^2 = 12.0$, p = 352 0.003). Similarly, the cocaine groups were not significantly different regarding 353 overall response times (Wilcoxon W = 409, p = 0.3), but HC were significantly faster 354 when compared to either of the two cocaine groups (Wilcoxon W > 209, p < 0.02).

355 The colour and emotional Stroop effects for each group are plotted in Figure 1.



Figure 1: Emotional (cocaine) Stroop effect and colour Stroop effect for the different groups. Stars above each
 bar denote significance level of the difference between interference sizes and zero; stars on dashes above

groups of bars denote significance level of the difference between these bars. Notes: *** p<0.001; ** p<0.01; *
p<0.05; ns p>0.1.

We performed post-hoc analyses, which are reported in the supplementary material. We found no correlation between interferences and any clinical variables, including cocaine severity, and no effect of the task on cocaine craving. We did find an unexpected order effect for conditions, which is discussed in the supplementary material.

365 **4. Discussion**

The aim of our study was to investigate AB towards cocaine-related words in both currently (CD) and formerly (ex-CD) cocaine-dependent patients, using an emotional Stroop task. Our main hypothesis was that ex-CD would have a lower AB towards cocaine-related words than CD, or even show no AB towards cocaine.

As expected, we found that CD showed a larger AB towards cocaine than controls. Consistently with the literature, CD show a significant AB towards cocaine-related words, whereas, consistently with our hypothesis, ex-CD showed a non-significant AB, lower than that shown by CD. The control group, HC, shows no significant AB towards cocaine-related words. Additionally, as expected, all groups show a significant colour Stroop effect, and there is no difference between groups on the

size of the colour Stroop effect. Our study is the first one to our knowledge to assess
cocaine-dependent patients and ex-patients through both a modified drug Stroop
task and a colour Stroop task, allowing us to assert that the AB exhibited by
participants is actually cocaine-specific, and not the consequence of a general
attentional deficit.

The slowing of the CD group on cocaine-related words is coherent with the literature on AB towards various substances (Flaudias et al., 2013; Gardini et al., 2009). The 90 ms (i.e. 9%) slowing that we observed is on par with or stronger than other reports (e.g., 39 ms / 4%, from DeVito et al., 2018).

The absence of AB in ex-CD as measured by the cocaine-related Stroop effect is also coherent with the only published longitudinal study using a similar task in a prospective design, showing that an 8-week treatment (outpatient treatment, either counselling or cognitive behavioural therapy) was associated with a significant AB decrease in cocaine-dependent patients who maintain abstinence (DeVito et al., 2018).

However, unlike what has been reported with other substances (Field and Cox,
2008), we found no link between addiction severity and AB size. As our sample size
was limited, replication is necessary to confirm this result.

394 This AB difference could be explained by two different mechanisms, which cannot 395 be distinguished by our experiment: either (1) cocaine-dependent patients with a 396 lower to absent AB have an easier time maintaining abstinence, or (2) the process 397 of maintaining abstinence causes a drop in AB. Hypothesis (1) is in line with 398 findings that show that AB predicts relapse (Marissen et al., 2006) and that training 399 to lower AB can lead to better treatment outcomes in addiction (Fadardi and Cox, 2009; Schoenmakers et al., 2010) - though this effect is not consistent 400 401 (Christiansen et al., 2015). However, the fact that maintaining abstinence is 402 associated to a decrease in AB (DeVito et al., 2018) gives weight to hypothesis (2).

403 However, one possible bias in our result could be the presence of a general slowing 404 or attentional deficit in CD and ex-CD: the slowing measured in cocaine-related 405 words colour naming could actually not be specific to cocaine. But indeed, consistently with the literature (Hester et al., 2006), we found no difference 406 407 between groups in the size of the colour Stroop effect: the measured difference in 408 AB is thus not simply due to a general attentional processing difference. However, 409 AB towards cocaine-related words in CD and ex-CD was also correlated with colour 410 Stroop effect size in both the CD and ex-CD groups, which supports the idea, 411 suggested in the literature (Compton et al., 2003), that colour and emotional 412 Stroop effects could have some common basis, such as the involvement of the

413 medial and dorsolateral prefrontal cortex.

414Our study is the first study comparing AB towards cocaine in control participants415and both current cocaine-dependent patients and long-term abstinent patients,416while eliminating the hypothesis of a non-specific attentional effect. It confirms417that AB is lower in former- than in current cocaine-dependent patients. This study418is a stepping-stone for the design of future prospective studies investigating the419possible disappearance of AB with abstinence.

In order to start disentangling these two mechanisms, we are currently recruiting
patients for a longitudinal study that will follow them during a 3-month abstinence
attempt.

In addition to discussing results themselves, it is important to note that emotional
Stroop tasks, despite their widespread use, have important limitations (Ataya et
al., 2012a). Their reliability can drop below acceptable levels in some cases, and
although we designed our task to minimise this issue by using vocal responses and
separating conditions in successive blocks (Field and Christiansen, 2012),
replication with other techniques such as eye-tracking (Marks et al., 2014) could
be very useful.

430

The other issue with emotional Stroop task is their specificity: the interference

detected in drug Stroop tasks is likely to be influenced not only by attentional bias,
but also by other factors such as inhibitory control or cue reactivity (Ataya et al.,
2012b). Nevertheless, as Ataya et al. (2012b) point out, these various factors may
all play a role in maintaining abstinence, and thus be interesting to measure when
trying to understand the dynamics of treatment success.

436 Finally, Ex-CD reported lower craving than CD before the task, which is coherent 437 with the fact that they successfully avoid using cocaine (Preston et al., 2009). 438 Craving was non-significantly lower after the task in both groups: we can thus posit 439 that our task does not heighten craving in participants. Several ex-CD participants 440 were distressed by the task and made remarks about the fact that seeing cocaine-441 related words was unpleasant, and it was therefore important for us to make sure 442 that our task did not have negative consequences on their craving. This distress 443 was not captured by the craving scale, and could be an interesting object to explore 444 in future research. One direction that could be particularly interesting would be 445 the relationship between AB and the frequency of exposure to cocaine-related, 446 although this frequency will be difficult to assess. Indeed, if these variables are 447 negatively correlated, further research around exposure therapy such as the AB 448 modification therapy discussed by Mayer et al. (Mayer et al., 2016) could help build 449 a path for assisting cocaine-dependent patients in becoming abstinent.

450 The main limitation of our study is that the number of participants in the three 451 groups is imbalanced, which is due to the difficulty of recruiting former cocaine 452 users in a care setting, and to the difficulty of recruiting healthy controls matched 453 in sex, age, and education level to patients. This may have reduced the power of the 454 study and increased the risk of type 1 error. It is also important to note that women 455 comprised a smaller percentage of the CD group than of either the Ex-CD or the HC 456 group, and that the CD and Ex-CD groups were using psychotropic medications at 457 a very high rate. These differences could contribute to or mask potential group 458 differences.

We can also acknowledge that we did not control for the time of the last cocaine dose or medication or cigarette consumed by patients or healthy controls before the test. Neither did we record the possible withdrawal symptoms in the current cocaine users. Stricter laboratory conditions could be proposed for further studies.

463 **5. Conclusion**

464 Control participants and formerly cocaine-dependent patients do not have a 465 significant AB towards cocaine, whereas current cocaine addicts display a specific 466 interference effect when assessed with cocaine-related words. This is not a general 467 interference effect, since the colour Stroop effect is observed with the same effect

size in all three groups.

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470 **6. References**

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