

1 **GPR146 gene variants are associated with reduced plasma lipids and metabolic health:**
2 **A novel role for GPR146 in hypolipidemia**

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4 Rimbart A PhD¹, Yeung M^{2,3}, Dalila N PharmD PhD⁴, Chris H L Thio⁹, Yu H PhD⁵, Loaiza N⁶,
5 Oldoni F PhD⁷, van der Graaf A⁸, Wang S^{2,9}, Said MA MD PhD², Blauw L.L PhD¹⁰, Girardeau A
6 ¹, Bray L¹, Caillaud A PhD¹, Bloks VW¹¹, Marrec M¹, Moulin P MD PhD^{12,13}, Rensen P.C.N PhD
7 ¹⁰, van de Sluis B PhD⁶, Snieder H PhD⁹, Di Filippo M PharmD PhD^{12,14}, van der Harst P MD PhD
8 ^{2,3}, Tybjaerg-Hansen A MD PhD^{4,15,16}, Zimmerman P PhD¹⁷, Cariou B MD PhD¹, Kuivenhoven JA
9 PhD⁶

10
11 ¹ Nantes Université, CHU Nantes, CNRS, INSERM, l'institut du thorax, F-44000 Nantes, France

12 ² Department of Cardiology, University Medical Center Groningen, University of Groningen, the
13 Netherlands

14 ³ Department of Cardiology, Division of Heart and Lungs, University Medical Center Utrecht,
15 University of Utrecht, the Netherlands

16 ⁴ Section for Molecular Genetics, Department of Clinical Biochemistry, Rigshospitalet, Copenhagen
17 University Hospital, Faculty of Health and Medical Sciences, University of Copenhagen,
18 Blegdamsvej 9, DK-2100 Copenhagen, Denmark

19 ⁵ Department of Biochemistry, Yong Loo Lin School of Medicine, National University of Singapore,
20 Singapore; Precision Medicine Research Programme, Yong Loo Lin School of Medicine, National
21 University of Singapore, Singapore

22 ⁶ Department of Pediatrics, Section Molecular Genetics, University of Groningen, University
23 Medical Center Groningen, Antonius Deusinglaan 1, 9713 AV, Groningen, the Netherlands

24 ⁷ Department of Molecular Genetics, University of Texas Southwestern Medical Center, Dallas, TX
25 75390

26 ⁸ Department of Genetics, University Medical Center Groningen, University of Groningen,
27 Groningen, Antonius Deusinglaan 1, 9713 AV, Groningen, the Netherlands

28 ⁹ Department of Epidemiology, University of Groningen, University Medical Center Groningen,
29 9700 RB, Groningen, The Netherlands

30 ¹⁰ Department of Medicine, Division of Endocrinology, and Einthoven Laboratory for Experimental
31 Vascular Medicine, Leiden University Medical Center, Albinusdreef 2, 2333 ZA, Leiden, the
32 Netherlands

33 ¹¹ Sections of Molecular Metabolism and Nutrition, Department of Pediatrics, University Medical
34 Center Groningen, University of Groningen, Groningen, the Netherlands

35 ¹² CarMen Laboratory, INSERM, INRA, INSA Lyon, Université Claude Bernard Lyon 1, Pierre-
36 Bénite, France

37 ¹³ Hospices Civils de Lyon, Fédération d'endocrinologie, maladies métaboliques, diabète et nutrition,
38 Hôpital Louis Pradel, Bron, France

39 ¹⁴ Hospices Civils de Lyon, UF Dyslipidémies Service de Biochimie et de Biologie Moléculaire
40 Grand Est, Bron, France

41 ¹⁵ Department of Clinical Biochemistry, Rigshospitalet, Blegdamsvej 9, DK-2100 Copenhagen,
42 Denmark

43 ¹⁶ The Copenhagen City Heart Study, Bispebjerg and Frederiksberg Hospital, Nordre Fasanvej 57,
44 DK-2000 Frederiksberg, Denmark

45 ¹⁷ NEBION AG, Hohlstrasse 515, 8048 Zurich, Switzerland.

46 **ABSTRACT**

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BACKGROUND

In mice, G-protein coupled receptor 146 (GPR146) deficiency causes hypolipidemia and protects against atherosclerosis. We here aim to evaluate whether a loss of *GPR146* in humans results in a similarly beneficial phenotype.

METHODS

We made use of common and rare genetic variants in the *GPR146* gene locus, as research instruments in population cohorts (UK-Biobank, >500 000 participants; Lifelines, ~165 000 participants and The Copenhagen-City Heart Study ~20 000) and in subjects with familial hypobetalipoproteinemia (FHBL).

RESULTS

Carriers of the common variant rs2362529 present with gene dose-dependent decreased low-density lipoprotein cholesterol (LDL-C) and apolipoprotein B. Further delineating the role of GPR146 in lipid metabolism, we show that the exchange of a highly conserved proline for a leucine residue at position (p.Pro62Leu; predicted to be damaging), present in 2615 participants of the UK-Biobank cohort, is associated with markedly lower LDL-C, HDL-C, but also triglycerides, compared to non-carriers. Remarkably, carriers of this variant also show reduced plasma levels of liver enzymes and C-reactive protein. In a family with FHBL, we finally show that the p.Pro62Leu variant segregates with low LDL-C.

CONCLUSIONS

This study shows that carriers of genetic variants in *GPR146* present with a beneficial lipidic and metabolic profile, low levels of LDL-C and reduced plasma liver enzymes which support the development of GPR146 antagonists against cardiometabolic diseases. The data furthermore support the hypothesis that loss of GPR146 is a novel cause of FHBL.

1 INTRODUCTION

2
3 Carriers of mutations in *APOB*, *MTTP*, *PCSK9* and *ANGPTL3* are all characterized by
4 reduced plasma cholesterol levels and are protected from atherosclerosis¹⁻⁵. When studying these
5 genes in individuals with extremely low levels of low-density lipoprotein cholesterol (LDL-C), we
6 previously showed that in 30% of the cases, we have no explanation for this phenotype^{6,7}, indicating
7 that there is still room for new discoveries. The fact that genome-wide association studies (GWAS)
8 (re)identified the above-mentioned key players in the metabolism of very low-density lipoprotein
9 (VLDL), indicates that newly discovered genomic loci may play equally important roles.

10
11 One of the GWAS hits in 2013 was *GPR146*⁸, encoding the G-protein coupled receptor 146.
12 More specifically, a common DNA variation (rs1997243) in close proximity to the *GPR146* gene,
13 present in 15% of individuals in the general population, was found to be associated with increased
14 plasma levels of total cholesterol. Han *et al.* later showed that this increase in plasma cholesterol is
15 caused by increased levels of *GPR146* mRNA⁹, indicating that the encoded protein is directly
16 involved in the regulation of cholesterol metabolism. Data in the public domain show that *GPR146* is
17 mostly expressed in white adipose tissue where it has been reported to play a role in adipocyte
18 differentiation¹⁰ but this is unlikely to explain its effect on plasma cholesterol. In mice, we have
19 provided evidence that loss of *Gpr146* in the liver reduces plasma cholesterol levels¹¹. Murine
20 *Gpr146* deficiency was furthermore shown to decrease the hepatic secretion of VLDL, the precursor
21 of LDL, and to protect against diet-induced atherosclerosis in LDL receptor knock-out mice.
22 Considering that GPRs are druggable targets¹², the latter finding nourished hope for the development
23 of small molecules to inhibit GPR146 to improve the management of dyslipidemia and
24 atherosclerosis, particularly in patients suffering from homozygous familial hypercholesterolemia
25 (hoFH), lacking the LDL receptor^{13,14}. The effects of GPR146 on plasma lipids in mice are
26 associated with the fasting-refed state¹¹, but it is not known what the natural ligand for cellular
27 GPR146 activation is. C-peptide, a cleavage product from insulin has been reported to play a role¹⁵
28 but this was later disputed¹⁶, and GPR146 remains an orphan receptor to date.

29
30 The current study provides a positive answer to the key question whether loss of *GPR146* in
31 humans is associated with reduced plasma cholesterol **as main factor for cardiovascular disease**. We
32 show that genetic impairment of GPR146 is a novel genetic cause of low LDL-C, similar to reports
33 for mutations in *APOB*, *MTTP*, *ANGPTL3* and *PCSK9*, all targets for pharmaceutical intervention to
34 lower plasma cholesterol¹⁷. Our findings support the idea that GPR146 is a relevant target to reduce
35 plasma cholesterol **with concomitant positive effects on liver function**.

METHODS

The data that support the findings of this study are available from the corresponding author upon reasonable request.

Association between genetic markers and *GPR146* gene expression

Expression quantitative trait loci (eQTL) analyses aim to connect genetic variants with the expression of genes, or specifically of nearby genes, in case of cis-eQTL. We used the eQTL dataset from the eQTLGen consortium¹⁸, the largest eQTL repository available so far (**supplementary materials**). We tested the association of rs2362529 and rs1997243 with the expression of nearby genes including *GPR146* in blood. Additionally, we studied the effects of rs2362529 and rs1997243 on *GPR146* expression in the human liver the eQTL dataset from GTEx (V8 release, <https://gtexportal.org/>)¹⁹.

Genetic associations with plasma circulating biomarkers in the UK Biobank

The UK Biobank study is a population-based prospective cohort in the United Kingdom in which approximately 500,000 individuals aged between 40 and 69 years were recruited from 2006 through 2010. All participants have given informed consent for this study. The UK Biobank has ethical approval from North West - Haydock Research Ethics Committee (REC reference: 16/NW/0274). Details of the UK Biobank study have been described previously²⁰. This research has been conducted using the UK Biobank resource under application number 15031. Clinical characteristics and biomarkers of individuals, variant genotyping, imputation and quality controls as well as genetic and statistical analyses are described in **supplementary materials, Tab.S1 and Fig.S2**.

Genetic association with coronary artery disease

Genetic association with coronary artery disease was assessed by using summary data from the meta-analysis published by Nikpay et al.²¹ (<http://www.cardiogramplusc4d.org/>). In order to test the relevance of these effects, we compared it with well-established LDL-C associated variants (as presented by Ference et al. in the consensus statement from the European Atherosclerosis Society Consensus Panel¹⁷) **using data from van der Harst et al.**²².

Selection of individuals with extreme LDL-C and targeted sequencing

Individuals with extreme dyslipidemia are likely to carry rare genetic variants (loss or gain of function variants) in genes with large effects on lipid metabolism, and we set out to find such mutations in *GPR146* in two large population-based prospective cohort studies: the Lifelines (n=167,729 individuals from the Netherlands^{6,23,24}) and the Copenhagen City Heart Study (CCHS n=20,000 individuals from Denmark^{25,26}). We selected **unrelated** individuals with extremely low LDL-C (n=222 from Lifelines and n=195 from CCHS, LDL-C < 1st and 2nd percentiles respectively) and extremely high LDL-C (n=129 from Lifelines and n=194 from CCHS, LDL-C > 99th and 98th percentiles respectively) (**Tab.S2 and S3**). The next generation sequencing platform and analysis workflow that were used are detailed in the **supplementary materials**.

The proband of a familial case with hypocholesterolemia (LDL-C <5th percentile for age and **sex**) was recruited in the context of the HYPOCHOL trial (ClinicalTrials ID: NCT02354079). The genetic screening was performed using the DysliSEQ custom NGS panel as described previously²⁷.

1 **Statistics and plots**

2 Statistical analyses and tools used for plotting are described in the **supplementary materials**.

3

1 RESULTS

2 3 COMMON VARIANTS IN THE *GPR146* GENE LOCUS

4 5 *Rs1997243, rs2362529 and GPR146 mRNA expression*

6
7 GPR146 is ubiquitously expressed but its expression in the liver has been shown to dictate changes
8 in plasma lipids in *Gpr146*^{-/-} mice. With this in mind we first consulted GPR146 expression in the
9 human liver using the eQTL dataset from GTEx.

10
11 We first studied rs1997243, the genetic variant that has led to the identification of *GPR146* as a
12 candidate lipid gene^{8,9,11,28} which is present in 14% of the general population. As can be appreciated
13 from **Fig.S1A**, the alternative G-allele of rs1997243 tends to increase GPR146 expression as
14 previously shown by Han *et al.*⁹. Following close examination of the *GPR146* gene locus, we noticed
15 a second common *GPR146* variant, annotated as rs2362529. This variant has not been studied
16 previously, and is present with a prevalence of 21% of the general population. Opposite to the
17 findings of the alternative allele of rs1997243, the C-allele of rs2362529 tends instead to decrease
18 *GPR146* expression (**Fig.S1B**). In both cases, however, these changes did not reach statistical
19 significance which is likely related to the small number of samples (n=208) in this dataset.

20
21 To further study GPR146 expression in carriers of both common variants, we made use of the fact that
22 GPR146 is also expressed in circulating blood cells and made use of the eQTL dataset from the
23 eQTLGen consortium which comprises data of 31,684 human subjects. In line with findings in
24 human liver, carriers of the rs1997243-G allele exhibit higher *GPR146* expression levels in
25 circulating blood than non carriers (p=3.3e⁻³¹⁰). In contrast carriers of the rs2362529-C allele exhibit
26 lower *GPR146* mRNA expression in blood than non carriers (p=1.8e⁻²¹) (**Fig.1A**).

27
28 The two above described common *GPR146* variants are not in linkage disequilibrium ($r^2=0.0172$ in
29 the 1000 genomes population²⁹). This indicates that rs1997243 and rs2362529 can be regarded as
30 independent genetic research instruments with opposite effects on *GPR146* gene expression.

31 32 *Rs1997243 and rs2362529, lipid traits, metabolic traits and CRP*

33
34 To study the phenotypes of carriers of rs1997243 or rs2362529, we used the UK Biobank patients
35 who passed our selection criteria (n=412,444 participants; **Tab.S1, Fig.S2**).

36 37 *Plasma lipid traits*

38 **Fig.1B** shows that carriers of the rs1997243-G allele (heterozygotes and homozygotes combined)
39 present with increased total cholesterol, LDL-C, HDL-C, with concomitant increases in
40 apolipoproteins compared to non-carriers, without changes in triglycerides and lipoprotein (a)
41 (Lp(a)) (**Tab.S4**). These effects were found to be gene-dose dependent (**Fig.S3A** and **Tab.S5**).

42
43 In carriers of the rs2362529-C allele, we observed the exact opposite, *i.e.* reduced levels of total
44 cholesterol, LDL-C and HDL-C with concomitant reductions in apolipoproteins and no changes in
45 plasma triglycerides and Lp(a) compared to non-carriers (**Fig.1B - Tab.S4**). Just like for the other
46 variant the effects were gene dose-dependent (**Fig.S3B - Tab.S5**).

47 48 *Metabolic traits and C-reactive protein*

49 Although it has been reported that GPR146 plays a role in the differentiation of adipocytes¹⁰, carriers
50 of rs1997243-G or rs2362529-C do not show differences in body mass index (BMI) compared to

1 non-carriers (data not shown). Compared to non-carriers, carriers of the rs1997243-G allele are, to
2 our surprise, characterized by increased levels of circulating gamma-glutamyltransferase, alkaline
3 phosphatase, aspartate aminotransferase while the opposite is true for carriers of the rs2362529-C
4 allele (**Fig.1C - Tab.S4,5**).

5 In addition, carriers of rs1997243-G or rs2362529-C allele(s) have increased or decreased
6 levels of C-reactive protein (CRP) plasma levels, compared to non-carriers, respectively (**Fig.1D -**
7 **Tab.S4,5**). Finally, carriers of the rs2362529-C allele present with lower glycated haemoglobin
8 (HbA_{1C}) levels than non-carriers (**Fig.1E - Tab.S4,5**).

9
10 These results indicate that carriers of the rs1997243-G or rs2362529-C allele(s) have unfavorable or
11 favourable lipid and metabolic profiles, respectively. Combined, these findings prompt the question
12 whether these differences translate into an altered risk of coronary artery disease (CAD).

13 14 ***Rs1997243, rs2362529 and risk of CAD***

15
16 In a meta-analysis from the CARDIoGRAMplusC4D Consortium, carriers of the rs2362529-C allele
17 show a **trend towards a** decreased risk of CAD compared to non-carriers (**Fig.2A**). The reduction in
18 CAD risk in carriers of *rs2362529* appears marginal but this was anticipated when considering the
19 magnitude of the effect size of this variant on LDL-C levels: homozygotes for *rs2362529* show an
20 average decrease of 2.24 mg/dl compared to carriers of the wild-type allele. To study this further, we
21 investigated the effects of both *GPR146* gene variants on LDL-C and CAD in the context of well
22 characterized genetic variants in *APOB*, *PCSK9*, *HMGCR*, *ANGPTL3*¹⁷. As can be appreciated from
23 **Fig.2B**, *GPR146 rs18997243* and *rs2362529* fit the regression line between the magnitude of LDL-C
24 changes and the magnitude of effects on CAD **data from van der Harst et al.**²²

25 26 27 **RARE VARIANTS IN THE *GPR146* GENE**

28 29 ***Identification of a missense variant (GPR146-p.Pro62Leu)***

30
31 With the finding that common *GPR146* variants are associated with opposite effects on *GPR146*
32 expression and plasma lipid traits, we set out to identify *GPR146* mutations with large effects on
33 plasma levels of LDL-C. Taken that *Gpr146* knockout mice have reduced LDL-C and are protected
34 against atherosclerosis¹¹, we hypothesized that loss or gain-of-function variants could be found in
35 individuals with low and high LDL-C, respectively. In this effort, we sequenced genomic DNA of
36 individuals with extreme LDL-C plasma levels in the Lifelines and CCHS cohorts (**Tab.S2 and S3**).

37
38 Following targeted sequencing, we selected rare variants which affect the protein sequence (or
39 splicing regions) of *GPR146* (**Tab.S6**). Most of these rare variants were singletons, however, one
40 missense variant, annotated as rs151124717, was found eight times in individuals with low LDL-C
41 and only once in an individual with high LDL-C (**Fig.3A**). The nucleotide substitution (c.185C>T)
42 results in the exchange of Proline for a Leucine residue at position 62 of the mature GPR146 protein
43 (p.Pro62Leu) (**Fig.3B**). The missense variant is located in the first intracellular loop of GPR146 and
44 affects an highly evolutionary conserved protein domain (**Fig.3C - Fig.S4A**). It is predicted to be
45 damaging for the protein function by seven *in silico* algorithms (**Fig.S4B**).

46
47 Carriers of the *GPR146*-p.Pro62Leu variant in the Lifelines and CCHS cohorts were all
48 heterozygotes and did not carry mutations in genes that are known to cause familial forms of
49 hypocholesterolemia (*APOB*, *MTP*, *PCSK9*, *ANGPTL3*) or hypercholesterolemia (*LDLR*, *APOB*,

1 *LDLRAP1, APOE, PCSK9*). In a next step we screened the UK Biobank for carriers of the *GPR146*-
2 p.Pro62Leu to examine their cardiometabolic phenotype.

4 *Carriers of GPR146-p.Pro62Leu in the UK Biobank*

6 *Plasma lipid traits*

7 In the UK Biobank, we identified 2,615 carriers of the *GPR146*-p.Pro62Leu variant (**Tab.S7**) which
8 renders an allele frequency of 0.3% of the general population (in line with data from gnomAD,
9 <https://gnomad.broadinstitute.org/>). In a direct comparison with carriers of the common rs2362529-
10 C allele, it is clear that carriers of the *GPR146*-p.Pro62Leu present with larger reductions of total
11 cholesterol, LDL-C and HDL-C, suggesting that this variant impairs the function of the protein as
12 predicted (**Fig.3D, Tab.S4, Fig.S4B**).

13 Supporting, the relation between *GPR146* gene variants and atherosclerosis, the magnitude of
14 the LDL-C lowering effect of *GPR146*-p.Pro62Leu (rs151124717) again correlates with the expected
15 effect on CAD (**Fig.2B**). The effects of the *GPR146*-p.Pro62Leu variant on CAD did, however, not
16 reach statistical significance, likely due to large standard errors.

18 *Metabolic traits and CRP*

19 Carriers of the *GPR146*-p.Pro62Leu variant presented with significant reductions in gamma-
20 glutamyltransferase and alkaline phosphatase when compared to non-carriers (**Fig.3E - Tab.S4**). In
21 addition, carriers of the *GPR146*-p.Pro62Leu also presented with significantly reduced CRP levels
22 when compared to non-carriers (**Fig.3F and Tab.S4**).

24 Combined, these data illustrate that carriers of the *GPR146*-p.Pro62Leu variant are characterized by
25 and overall beneficial cardiometabolic phenotype. The remarkable lipid profile of individuals
26 carrying this variant, i.e. reductions in all major plasma lipids (**Fig.3D**), resembles those suffering
27 from familial hypocholesterolemia³⁰, which prompted us to sequence the *GPR146* gene in familial
28 cases with unexplained hypocholesterolemia.

30 *Segregation of GPR146 p.Pro62Leu with hypocholesterolemia*

32 In a familial case of hypobetalipoproteinemia from the HYPOCHOL clinical trial⁷, in which
33 mutations in canonical lipid genes were excluded, one proband was found to be heterozygous for the
34 *GPR146*-p.Pro62Leu variant (**Fig.4**). This 24 year-old woman presented with very low levels of total
35 cholesterol (124 mg/dL), LDL-C (59 mg/dL), apoB (60 mg/dL) and triglycerides (50 mg/dL), but
36 normal HDL-C (55 mg/dL). We recruited six family members and tested the co-segregation of the
37 *GPR146*-p.Pro62Leu variant with plasma LDL-C levels in this family (**Fig.4 - Tab.S8**). The results
38 show the cosegregation of the genotype with the hypobetalipoproteinemia phenotype: all three
39 individuals carrying the *GPR146*-p.Pro62Leu variant present with LDL-C <5th percentile for age and
40 sex³¹. A broader screening of *GPR146* in FHBL cases is needed in order to further support *GPR146*
41 as a monogenic origin of FHBL.

1 DISCUSSION

2
3 The key novel finding in this study is that carriers of new genetic variants affecting *GPR146* are
4 characterized by low levels of plasma lipids. More specifically, we show that carriers of a common
5 variant in the *GPR146* locus (rs2362529) have lower plasma levels of LDL-C, HDL-C, apoB, and
6 apoAI with more pronounced effect in homozygotes compared to heterozygotes. The observed
7 reduction in LDL-C in these carriers is shown to be concordant with the reduction in risk of CAD.
8 These finding, combined with the notion that *Gpr146* deficient mice also have reduced LDL-C and
9 HDL-C^{9,11}, have led us to hypothesize that mutations in *GPR146* may constitute a novel cause of
10 hypolipidemia. Support for this concept comes from carriers of a rare coding variant, *GPR146*-
11 p.Pro62Leu (predicted to be damaging for GPR146 functions), who are indeed characterized by
12 reduced LDL-C, HDL-C but also triglycerides compared to non-carriers. Segregation of this rare
13 variant with low LDL-C in a family with hypocholesterolemia provides further support for a novel
14 role for GPR146 in human hypolipidemia.

15
16 Previous studies have already shown that GPR146 is associated with increased levels of plasma
17 lipids^{8,28,32}. Corroborating and extending these findings, we here show that carriers of rs1997243 or
18 rs2362529, common variants in the *GPR146* locus, are characterized by opposite changes in plasma
19 lipids. These findings bear similarity to opposite lipid profiles in carriers of rare variants in the
20 *APOB* and *PCSK9* genes: loss-of-function mutations in *APOB* and *PCSK9* cause
21 hypobetalipoproteinemia, while gain-of-function mutations cause hypercholesterolemia³³.

22
23 In a next step, we set out to identify *GPR146* mutations with larger effect sizes. In two white
24 Caucasian general population samples, we found that *GPR146*-p.Pro62Leu was overrepresented in
25 subjects with low LDL-C compared to individuals with high LDL-C. The proline residue at position
26 62 is highly evolutionary conserved and accordingly, substitution to a leucine residue is predicted to
27 be deleterious on the function of GPR146. Notably, carriers of the rare *GPR146*-p.Pro62Leu variant
28 are characterized by stronger reductions in plasma lipids compared to carriers of the common
29 rs2362529 variant which suggests that *GPR146*-p.Pro62Leu may be a functional mutation. This is
30 further supported by the cosegregation of the *GPR146*-p.Pro62Leu heterozygous variant with a low
31 LDL-C phenotype in a family with hypocholesterolemia. **However further functional investigations**
32 **are needed to proof the functional impact of this variant in in-vitro/vivo models.**

33
34 In contrast to products of established genes in lipid metabolism such as *APOB*, *MTTP*, *APOC3*,
35 *ANGPTL3*, and *LDLR*, the GPR146 protein is not directly involved in the machinery to synthesize
36 lipoproteins or to clear them from the circulation. It is, in fact, the first protein known to date to
37 control plasma lipid traits through cellular signaling pathways: GPR146 has previously been shown
38 to increase *de novo* cholesterol synthesis in the liver through activation of the extracellular signal-
39 regulated kinase signaling pathway¹¹. The downstream effect on hepatic VLDL secretion was shown
40 to contribute to the plasma lipid phenotype of *Gpr146* knock out mice. Whether these findings
41 translate to humans needs to be established.

42
43 Using two common *GPR146* variants and one rare (*GPR146*-p.Pro62Leu) variant as genetic
44 instruments, the current study shows that *GPR146* is also associated with changes in circulating
45 levels of hepatic enzymes and HbA_{1C}. When considering the previously suggested development of
46 GPR146 antagonists^{9,11,13,14}, the current genetic data show that no adverse effects on the onset of
47 type 2 diabetes, as described for genetic variants in *HMGCR* (the target of statins) and *PCSK9*
48 (targets of evolocumab and alirocumab), are anticipated³⁴⁻³⁶. In addition, the association of GPR146
49 with plasma levels of CRP, a biomarker for systemic inflammation, is of particular interest^{37,38} when
50 considering the central role of inflammation in atherogenesis³⁹. Finally, loss of GPR146 function is

1 not associated with elevated hepatic enzymes, commonly used as markers of hepatic steatosis or
2 NAFLD, an adverse effect of Mipomersen (an *APOB* antisense oligonucleotide) and Lomitapide (a
3 small molecule MTP inhibitor) used to treat hoFH⁴⁰. In this regard we think it is of interest to note
4 that, in mice, the protection against atherosclerosis is independent of the presence of the LDL
5 receptor, which makes GPR146 an interesting therapeutic target for this group of patients¹¹.

6
7 The current study presents *GPR146* as a novel candidate gene for human hypolipidemia. The
8 findings support the development of strategies to antagonize GPR146 to reduce plasma levels of
9 cholesterol and atherosclerosis. This could be achieved through hepatic mRNA silencing approaches
10 such as employed for PCSK9, ANGPTL3, APOC3 and LPA⁴¹ (<https://clinicaltrials.gov/>) or through
11 targeting the genomic DNA in hepatocytes with CRISPR⁴². As a G-coupled protein receptor,
12 GPR146 also offers the option to find small molecule inhibitors but at this point deorphanization of
13 GPR146 is warranted to unravel the molecular mechanisms that underlie the observations in this
14 study.

15 **Limitations**

16 Despite great efforts by our groups, we have not been able to provide evidence that *GPR146*-
17 p.Pro62Leu is a functional mutation. Our *in vitro* as well as *in vivo* systems have been inadequate to
18 address the functionality of GPR146 variants. This is clearly complicated by the notion that the
19 ligand for GPR146 as well as specific readouts of GPR146 activity remains to be identified.
20 However, the circumstantial evidence that we provide in this study combined with the clearcut
21 evidence that *Gpr146*^{-/-} mice present with lower plasma lipids, makes, in our opinion, a strong case
22 of the actual involvement of attenuated GPR146 function in low levels of plasma lipids and a
23 favourable metabolic phenotype in humans. Hopefully the consequences of human genetic *GPR146*
24 deficiency will soon give the required unequivocal evidence. It is in this regard good to note that
25 whole body ablation of *Gpr146* in mice is compatible with life.
26
27

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34 **LIST OF SUPPLEMENTAL MATERIALS**

35
36 **Online Figures S1-S4**

37 **Online Tables S1-S8**

38 **Online References S1-S16**

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- 47

HIGHLIGHTS

- lower *GPR146* gene expression, is associated with beneficial effects on plasma: -lipids, -liver enzymes and hsCRP, with a concordant reduction in CAD risk.
- The *GPR146*-p.Pro62Leu coding rare variant induces larger reductions of plasma lipids, liver enzymes and CRP compared to the common variant.
- *GPR146* deficiency may be a new genetic cause of familial hypobetalipoproteinemia and a potential target for intervention to reduce plasma cholesterol levels and atherosclerosis with a particularly good metabolic safety profile.

FIGURES LEGENDS

FIGURE 1

Panel A: Effects of rs2362529 and rs1997243 on the expression of *GPR146* in whole blood (Source: <https://www.eqtlgen.org>). The upper part of the figure shows the effects of rs2362529 (green arrows) while the bottom part shows the effects of rs1997243 (red arrows) on nearby genes. + and - signs show the direction of the effects with corresponding p values.

Panel B: Lipids, lipoproteins, and apolipoproteins in plasma as a function of the C-allele of rs2362529 (green symbols) and the G-allele of rs1997243 (red symbols) in individuals from UK Biobank cohort. The effects are shown as beta-coefficients (per z-score unit) per C-allele or G-allele compared with non-carriers respectively. Horizontal bars depict standard errors. N; number of individuals included in the analysis, LDL; low density lipoprotein, ApoB; apolipoprotein B, ApoAI; apolipoprotein AI, Lp(a); lipoprotein a.

Panel C: Plasma liver enzymes as a function of the C-allele of rs2362529 (green symbols) and the G-allele of rs1997243 (red symbols) in individuals from UK Biobank cohort. The effects are shown as beta-coefficients (per z-score unit) per C-allele or G-allele compared with non-carriers respectively. Horizontal bars depict standard errors. N; number of individuals included in the analysis, ALT; alanine transaminase, AST; aspartate transaminase, GGT; ammaglutamyl-transferases, ALP, alkaline phosphatase.

Panel D: Plasma C-reactive protein as a function of the C-allele of rs2362529 (green symbols) and the G-allele of rs1997243 (red symbols) in individuals from UK Biobank cohort. The effects are shown as beta-coefficients per z-score unit) per C-allele or G-allele compared with non-carriers respectively. Horizontal bars depict standard errors, N; number of individuals included in the analysis, CRP; C-reactive protein.

Panel E: Plasma glucose or HbA_{1C} levels as a function of the C-allele of rs2362529 (green symbols) and the G-allele of rs1997243 (red symbols) in individuals from UK Biobank cohort. The effects are shown as beta-coefficients (per z-score unit) per C-allele or G-allele compared with non-carriers. Horizontal bars depict standard errors. N; number of individuals included in the analysis, HbA_{1C}; glycated haemoglobin.

FIGURE 2

Panel A: Odds ratio for coronary artery disease as a function of the C-allele of rs2362529 and the G-allele of rs1997243 compared with non-carriers. The effects are shown as odds-ratio per C-allele or

1 G-allele respectively compared with non-carriers. Horizontal bars depict standard errors. N; number
2 of individuals included in the analysis, CAD; coronary artery disease.

3
4 **Panel B:** Proportional risk of CAD associated with different genetic variants that affect LDL-c
5 levels. All values are presented as magnitude of change (positive values). The regression line shows
6 the proportional risk of CAD as a function of genetically determined change in LDL cholesterol (in
7 mmol/L). The vertical and horizontal error bars are standard errors for the risk of CAD and LDL-c
8 levels respectively.

9 10 **FIGURE 3**

11
12 **Panel A:** Selection of individuals with extreme LDL-C plasma levels (<1st or 2nd percentile for age
13 and sex from Lifelines cohort and CCHS, respectively and >99th or 98th percentile for age and sex
14 from Lifelines cohort and CCHS respectively). Green crosses depict carriers of the *GPR146*-
15 p.Pro62Leu.

16
17 **Panel B:** Schematic view of the *GPR146* gene located on the 7p22.3 locus and the variant *GPR146*-
18 p.Pro62Leu (chr7:1057700 (GRCh38.p13); NM_138445.4:c.185C>T; NP_612454.1:p.Pro62Leu).

19
20 **Panel C:** Schematic view of the predicted amino-acids sequence and protein structure of GPR146.
21 The red arrow indicates the Proline residue at position 62 of the protein located in the first
22 intracellular loop. The total protein consists in 333 amino-acids.

23
24 **Panel D:** Lipids, lipoproteins, and apolipoproteins in plasma as a function of the T-allele of
25 rs151124717 (green symbols) and the C-allele of rs2362529 (gray symbols) in individuals from the
26 UK Biobank cohort. The effects are shown as beta-coefficients (per z-score unit) per T-allele or C-
27 allele compared with non-carriers respectively. Horizontal bars depict standard errors. N; number of
28 individuals included in the analysis, LDL; low density lipoprotein, ApoB; apolipoprotein B, ApoAI;
29 apolipoprotein AI, Lp(a); apolipoprotein a.

30
31 **Panel E:** Plasma liver enzymes as a function of the minor T-allele of rs151124717 (green symbols)
32 and the minor C-allele of rs2362529 (gray symbols) in individuals from the UK Biobank cohort. The
33 effects are shown as beta-coefficients (per z-score unit) per T-allele or C-allele compared with non-
34 carriers respectively. Horizontal bars depict standard errors. N; number of individuals included in the
35 analysis, ALT; alanine transaminase, AST; aspartate transaminase, GGT; gammaglutamyl-
36 transferases, ALP, alkaline phosphatase.

37
38 **Panel F:** Plasma C-reactive protein levels as a function of the minor T-allele of rs151124717 (green
39 symbols) and the minor C-allele of rs2362529 (gray symbols) in individuals from the UK Biobank
40 cohort. The effects are shown as beta-coefficients (per z-score unit) per T-allele or C-allele compared
41 with non-carriers. Horizontal bars depict standard errors. N; number of individuals included in the
42 analysis, CRP; C-reactive protein.

43 44 **FIGURE 4**

1 Pedigree of a family with familial hypobetalipoproteinemia. Carriers of the GPR146-p.Pro62Leu
2 variant are depicted with green symbols (II:6, III:3, and III:5/proband) and all have LDL-C values
3 below the 5th percentile. Abbreviations: TC (total cholesterol), LDL-C (low-density lipoprotein
4 cholesterol), HDL-C (high-density lipoprotein cholesterol) and triglycerides plasma levels are
5 presented in mg/dL. Circles = women and squares = men; *, Values between brackets show
6 percentile for corresponding values adjusted for age and sex.

7

8