

Migrant status, ethnicity and COVID-19: more accurate European data are greatly needed

Maria Melchior, Annabel Desgrées Du Loû, Anne Gosselin, Geetanjali D

Datta, Mabel Carabali, Joanna Merckx, Jay S Kaufman

▶ To cite this version:

Maria Melchior, Annabel Desgrées Du Loû, Anne Gosselin, Geetanjali D Datta, Mabel Carabali, et al.. Migrant status, ethnicity and COVID-19: more accurate European data are greatly needed. Clinical Microbiology and Infection, 2021, 27 (2), pp.160-162. 10.1016/j.cmi.2020.10.014 . hal-03166060

HAL Id: hal-03166060 https://hal.sorbonne-universite.fr/hal-03166060

Submitted on 11 Mar 2021 $\,$

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers. L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

| 1 | Category: Commentary |
|---|----------------------|
|---|----------------------|

2 Title: Migrant status, ethnicity and COVID-19: More accurate European data are greatly needed.

3

- 4 Authors: Maria Melchior^{1,2}, Annabel Desgrées du Loû^{2,3}, Anne Gosselin², Geetanjali D Datta⁴, Mabel
- 5 Carabali⁵, Joanna Merckx⁵, Jay S Kaufman⁵
- 6
- 7 ¹Sorbonne Université, INSERM, Institut Pierre Louis d'Épidémiologie et de Santé Publique, IPLESP,
- 8 75012, Paris, France.
- 9 ² French Collaborative Institute on Migration, CNRS, Aubervilliers, France
- ³ Centre Population et Développement (Université de Paris, IRD, ERL Inserm SAGESUD), Paris, France.
- ⁴ Department of Medicine and Research Center for Health Equity, Cedars-Sinai Medical Center, Los
- 12 Angeles, California
- ⁵ Department of Epidemiology, Biostatistics and Occupational Health, McGill University, Montreal,
- 14 Quebec, Canada
- 15
- 16 Corresponding author:
- 17 Maria Melchior
- 18 Pierre Louis Institute for Epidemiology and Public Health (IPLESP/ INSERM UMR_S 1136)
- 19 Department of Social Epidemiology (ERES)
- 20 Faculté de Médecine Saint-Antoine
- 21 27 rue de Chaligny,
- 22 75012 Paris, France
- 23 Tel: <u>+33 (0)1 85 56 02 40</u>
- 24
- 25
- 26

27 In past months, systematically higher levels of severe COVID-19 illness and death among individuals 28 belonging to migrant or ethnic minority groups have been reported in several countries, including the 29 US, the UK, Sweden, Brazil, Spain, and South Africa. In particular, racialized populations tend to have 30 less access to testing, higher rates of severe disease, higher mortality rates, and worse sequalae 31 when they survive the infection (1-5). The interacting social, behavioral and biological pathways 32 underlying these disparities are doubtlessly complex, but the hierarchy of social advantage in 33 racialized societies drives health status, exposure, housing, employment and access to healthcare, 34 and undoubtedly plays the dominant role (6).

Yet, with the notable exception of the United Kingdom, European countries do not report COVID-19 statistics according to migrant status or ethnicity (i.e. individuals' country of origin, nationality or membership of an ethnic minority group), faced with the complexity of collecting and using such information for public health purposes (7). To exemplify the issues at stake and suggest a way forward, we wish to take the case of France, which has a substantial immigrant population and is to date amongst the European countries hardest hit by the COVID-19 epidemic.

41 In France, immigrants make up 10% of the population and descendants of immigrants 12%

42 (https://www.insee.fr/fr/statistiques/4238373?sommaire=4238781#:~:text=En%202018%2C%207%2

43 <u>C5%20millions,le%20m%C3%AAme%20pays%20d'origine.</u>), with recent immigrants most frequently

44 originating from an African country (47%). Data show that compared to the native population,

45 persons who are foreign-born had on average double the rates of all-cause mortality between March

46 and April 2020, some of which were due to COVID-19, however that exact proportion is not known

47 (8). Specifically, while mortality increased by 22% among the native-born, it rose by 54% among

48 individuals born in North Africa, 91% among those born in Asia, and 114% among those born in Sub-

- 49 Saharan Africa. This trend is also reflected in geographic inequalities in mortality, with an 118%
- 50 increase compared to the preceding year in Seine-Saint-Denis, a district North of Paris which is the
- 51 poorest in France and where 30% of the population is immigrant, compared to a 96% increase in

Paris itself (9). However, the full extent of inequalities between migrants and members of ethnic minority groups and the rest of the population can only be assessed if population-wide data on morbidity and health care are collected by ethnic and migrant status. The stark reality of the available statistics, in conjunction with a climate of condemnation of structural racism following the death of George Floyd and associated worldwide mobilizations, has given rise to a renewed public discussion about the risks and benefits of "ethnic statistics". Similar debates in this area are taking place in other European countries

59 (<u>http://www.oecd.org/officialdocuments/publicdisplaydocumentpdf/?cote=SDD/DOC(2018)9&docLa</u>
60 <u>nguage=En</u>).

61 The European regulations regarding data protection such as the General Data Protection Regulation 62 (GDPR) restrict the collection of research or administrative data making it possible to identify 63 individuals' "racial or ethnic origins" at the same level as information on political opinions, labor union membership, sexual orientation, and genetic background, unless specific law or adequate 64 65 safeguards are in place (https://ec.europa.eu/info/law/law-topic/data-protection/reform/rights-66 citizens/how-my-personal-data-protected/how-data-my-religious-beliefs-sexual-orientation-health-67 political-views-protected en). Likewise, for instance, in the United Kingdom, data on individuals' 68 migrant status and ethnicity are regularly collected in national surveys, making it possible to 69 ascertain disparities with regard to health as well as in other domains, particularly as regards the 70 BAME (Black, Asian, and Minority Ethnic) groups 71 (https://dataingovernment.blog.gov.uk/2019/06/27/how-were-helping-people-understand-72 ethnicity-data/). In France, on the other hand, a deliberate choice has been made to implement 73 these regulations in a strict sense, regulatory authorities being directly called upon each time a 74 decision upon the inclusion of any information on migrant/ethnic background is to be made. Indeed, 75 for each survey employing sensitive data (ethnicity and country of birth, religion, sexual orientation 76 ...), special authorisations are to be exceptionally delivered. These special rules are the legacy of a

strict interpretation of Article 1 of the French Constitution, which states the prohibition of distinction

of citizens on the bases of race, origin or religion, and is meant to protect individuals from possible
data misuse and discrimination.

However, there are several flaws to the above argument. First, it is obvious that racism and
discrimination exist even in the absence of reliable statistics to measure them. In France, as in other
European countries, researchers and the Ombudsman's office have repeatedly documented
disparities in domains such as access to education, housing and employment
(<u>https://www.defenseurdesdroits.fr/fr/etudes-et-recherches/2020/06/inegalites-dacces-aux-droits-</u>
et-discriminations-en-france). However, discrimination with regard to health and health care have to

86 date received little attention. Second, while it seems reasonable to limit collection of data on 87 individuals' geographical, racial and religious background for administrative purposes, absence of 88 such information in health surveys makes it impossible to quantify disparities, barring the possibility 89 of reducing sources of discrimination and lost opportunities for members of minority groups (10). For 90 instance, demonstration of an increased risk of HIV among immigrants originating from Sub-Saharan 91 Africa in several European countries including France, was used to inform the design of specific 92 prevention strategies and adapt screening and treatment procedures, directly involving members of 93 communities most at risk to improve their effectiveness. This type of benefit has lead international 94 institutions such as WHO and ECDC to provide recommendations on ways of collecting information 95 on individuals' health according to migrant status, with regard to the risk of COVID-19 as well as 96 other health problems (https://www.who.int/migrants/en/;

97 <u>https://www.ecdc.europa.eu/en/methods/specific-populations/migrant-and-ethnic-groups</u>). Third,
98 in the absence of a balanced public discussion about the pros and cons of assessing the health of
99 migrant and ethnic minority groups, the taboo relative to measurement of geographical origins is
100 such that even for research projects specifically designed to address health disparities, obtaining
101 authorization to collect information on participants' geographical region of origin can prove
102 impossible.

4

103 The demonstration of elevated rates of health problems – particularly infectious diseases – among 104 migrant or racialized populations does carry risks, the greatest likely being that of stigmatization. 105 Such stigmatization can of course be deliberate, and if it leads to actual discrimination, consistent 106 with the European Union's Charter of Fundamental Rights, is it prohibited by law. Lack of 107 contextualization can lead to racialized characterization of behavior instead of visualizing and 108 detecting the structural and economic inequalities and the structural racism of society and of health 109 systems that are the fundamental drivers of the disparities. However data on health disparities can 110 also be misinterpreted, as when observed differences are mistakenly attributed to genetic makeup 111 (6). There is therefore need not only to collect data making it possible to observe and monitor 112 disparities, but also accompany such data collection and analysis with thoughtful interpretation. One 113 way of moving in that direction without doing wrong is most likely to get members of migrant and 114 ethnic minority groups directly involved in research which pertains to their health. Data should also 115 not only measure components late in the pathways of disease, morbidity and mortality, but capture 116 upstream disparities in exposure and mechanisms contributing to vulnerability, which include social 117 determinants of health and disease.

118 In France, the production of national mortality statistics according to immigration status during the 119 COVID-19 epidemic is a first step towards a broader discussion about the necessity to measure and 120 address inequalities in health between migrants -first, second, and third generation- and the majority 121 population . More generally, in Europe, further progress will necessarily require deliberate 122 consideration of discrimination with regard to health and health care, clarification of terms and 123 indicators (migrant status, ethnicity) to help physicians and public health professionals understand 124 how to interpret disparities based on social mechanisms of action and without falling into the 125 'genetic trap'. The COVID-19 epidemic may be an opportunity for a renewed public discussion about 126 the relevance of collecting and analyzing data on migrant status and ethnicity and health in Europe, 127 and a time to move forward with regard to politically and socially acceptable indicators to be used in 128 public health research and surveillance.

5

| 130 | References |
|-----|--|
| 131 | 1. Holmes L, Jr., Enwere M, Williams J, Ogundele B, Chavan P, Piccoli T, et al. Black-White risk |
| 132 | differentials in COVID-19 (SARS-COV2) transmission, mortality and case fatality in the United States: |
| 133 | translational epidemiologic perspective and challenges. International Journal of Environmental |
| 134 | Research and Public Health. 2020;17(12). |
| 135 | 2. Hansson E, Albin M, Rasmussen M, Jakobsson K. Stora skillnader i överdödlighet våren 2020 utifrån |
| 136 | födelseland [Large differences in excess mortality in March-May 2020 by country of birth in Sweden]. |
| 137 | Lakartidningen. 2020;117. |
| 138 | 3. Baqui P, Bica I, Marra V, Ercole A, van der Schaar M. Ethnic and regional variations in hospital |
| 139 | mortality from COVID-19 in Brazil: a cross-sectional observational study. Lancet Global Health. |
| 140 | 2020;8(8):e1018-e26. |
| 141 | 4. Jaqueti Aroca J, Molina Esteban LM, García-Arata I, García-Martínez J. COVID-19 en pacientes |
| 142 | españoles e inmigrantes en un área sanitaria de Madrid [COVID-19 in Spanish and immigrant patients |
| 143 | in a sanitary district of Madrid]. Revista Espanola de Quimioterapia. 2020;33(4):289-91. |
| 144 | 5. Klugman KP, Zewdu S, Mahon BE, Dowell SF, Srikantiah P, Laserson KF, et al. Younger ages at risk of |
| 145 | Covid-19 mortality in communities of color. Gates Open Research. 2020;4:69. |
| 146 | 6. Karlsen S, Nazroo J. Measuring and analyzing "race", racism, and racial discrimination. In: Oakes |
| 147 | JM, Kaufman JS, editors. Methods in Social Epidemiology. 2nd edition. San Francisco, CA: John Wiley |
| 148 | and Sons; 2017. p. 43-68. |
| 149 | 7. Simon P. The failure of the importation of ethno-racial statistics in Europe: debates and |
| 150 | controversies. Ethnic and Racial Studies. 2017;40(13):2326-32. |
| 151 | 8. Papon S, Robert-Bobée I. Une hausse des décès deux fois plus importante pour les personnes nées |

à l'étranger que pour celles nées en France en mars-avril 2020. [An increase in mortality two times

- 153 higher among persons born abroad than among those born in France in March-April 2020]. INSEE
- 154 Focus. 2020. [https://www.insee.fr/fr/statistiques/4627049]
- 155 9. Observatoire Régional de Santé Ile de France. La surmortalité durant l'épidémie de Covid-19 dans
- 156 les départements franciliens. [Excess mortality during the Covid-19 epidemic in the Paris
- 157 region].2020. [https://www.ors-idf.org/nos-travaux/publications/la-surmortalite-durant-lepidemie-
- 158 de-covid-19-dans-les-departements-franciliens.html]
- 159 10. Krieger N, Gonsalves G, Bassett MT, Hanage W, Krumholz HM. The fierce urgency of now: closing
- 160 glaring gaps in US surveillance data on COVID-19. Health Affairs Blog. April 14, 2020.
- 161

162 <u>Author contributions</u>

- 163 MM, GDD, JM, MC and JSK had the original idea for the manuscript. MM drafted an initial version
- and all co-authors contributed to the literature review and writing of the text.
- 165 Role of the funding source
- 166 None
- 167 <u>Conflict of interest</u>
- 168 JM reports being an employee of bioMérieux. Other authors report no conflict of interest.
- 169