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François Blanquart, Clémence Abad, Joevin Ambroise, Mathieu Bernard, Gina Cosentino, et al.. Characterization of vaccine-breakthrough infections of SARS-CoV-2 Delta and Alpha variants and within-host viral load dynamics in the community in France. 2021. hal-03318483v1

HAL Id: hal-03318483 https://hal.sorbonne-universite.fr/hal-03318483v1

Preprint submitted on 10 Aug 2021 (v1), last revised 15 Aug 2021 (v2)

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Characterization of vaccine-breakthrough infections of SARS-CoV-2 Delta and Alpha variants and within-host viral load dynamics in the community in France

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2021-08-03

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Abstract: We compare test results of SARS-CoV-2 positive patients, depending on their vaccine status,

the presence of symptoms and whether they are infected by the Delta variant or not, using a large num-2

ber of PCR tests done in the community in France from 14 June 2021 to 30 July 2021. In asymptomatic

individuals, Ct values at the first positive test were higher in fully vaccinated individuals (> 2 weeks after 4

final dose) than non fully vaccinated individuals (1.7 [1, 2.3], p < 1e-6). In symptomatic individuals 5

however, Ct values at the time of symptoms were not significantly different in vaccinated compared 6

to unvaccinated individuals (p = 0.26). This was true both for infections by Delta and non-Delta

(essentially Alpha in France at the time) variants. These results imply that some infected vaccinated 8

individuals, especially if symptomatic, may transmit the virus as much as unvaccinated individuals. q

10

The SARS-CoV-2 variant of concern Delta, first detected in India, spread across the world in 2021, 11 and in particular in Europe in late spring - early summer 2021, where it displaced the previously 12 dominant Alpha variant. Delta was shown to be fitter than Alpha,^{1–3} and may be associated with higher 13 virulence^{4,5} and lesser vaccine effectiveness^{6,7} against symptomatic disease, especially after just one 14 dose. 15

Delta has spread in countries with high vaccination levels, and breakthrough infections have been 16

reported, with Ct values suggesting similar viral loads between vaccinated and unvaccinated infected 17

individuals.^{8–10} A longitudinal study has confirmed similar Ct values between Delta-infected vaccinated 18 and unvaccinated patients in the first week after diagnosis or symptom onset, with later faster decline 19

in vaccinated patients.¹¹ Comparisons of Ct values in infections with Delta compared to infections 20

with previous variants require controlling for infection age when variants has different epidemiological 21

22 dynamics. This is because viral load depends on infection age, and the distribution of infection ages

depends on whether the number of cases is growing or shrinking.^{12–16} 23

We studied the determinants of Ct values at the time of test and, for symptomatic individuals, as a 24

function of the time since symptoms, in data from 292284 patients tested by a large private laboratory 25

in the community in France, from 14 June 2021 to 30 July 2021 in three regions (Bretagne, Île-de-26

France, Provence-Alpes-Côte d'Azur). These data include information on the result of the PCR test, 27

the associated Ct value, the patient's self-reported vaccine status (whether fully vaccinated since at 28

least two weeks, or not), whether the patient has been symptomatic and the time since the onset of 29

symptoms. Positive tests were screened for the L452R mutation, which characterizes the Delta variant 30 (9343 positive tests with mutation information). In the case of multiple tests per individual, we kept

the last negative test if there were no positive tests, and the first positive test otherwise. 32

Consistent with the French vaccination campaign, vaccinated individuals are on average older than 33

non-vaccinated patients in our dataset (12 years older). The proportion of vaccinated individuals in 34

the dataset (24%) is lower than in the community (47.5% by 10 July 2021), reflecting the fact that the 35

data are not surveillance-based. 36

31

Reasons for testing may vary between vaccinated and non-vaccinated individuals. This may especially 37

be the case since France introduced a "sanitary passport," requiring a proof of either full vaccination or 38

a negative test for specific events, which may artificially inflate the proportion of negative tests among 39

non-vaccinated individuals. Conversely, vaccinated individuals may get tested only if they have good 40

reasons to suspect an infection. 41

We compared the cycle threshold (Ct; targeted at gene RdRp) values of the PCR of positive tests 42 depending on vaccine status, the presence of symptoms, and the infecting variant (Delta: presence of 43 the L452R mutation), for the 8437 individuals for which all pieces of information are available. The Ct 44 is the number of PCR cycles needed to detect a target; it is negatively correlated with viral load. We 45 find that the presence of symptoms is associated with significantly lower Ct values (-2.7 Ct [-3, -2.5]; 46 adjusted p < 1e-6). An infection with the Delta variant is also associated with lower Ct values in these 47 data (-6.7 Ct [-7.1, -6.3]; adjusted p < 1e-6); note that age of infection is not controlled for here, but will 48 be later on. Comparing vaccinated and non-vaccinated individuals, we find that vaccinated individuals 49 have significantly higher Ct values for both Delta and non-Delta asymptomatic infections (1.7 [1, 2.3] Ct 50 difference; adjusted p < 1e-6), but that the differences are not significant for symptomatic infections (p 51 = 0.8). For non-Delta variants, this result may be due to too small a sample size (only N = 18 vaccinated 52

symptomatic individuals infected with non-Delta). 53

Ct values also depend on the age of infection of tested individuals. It is therefore useful to control 54

for age of infection, especially when comparing Ct values of variants with different epidemiological 55

dynamics,^{13,16} as was the case for the Delta (increasing numbers of infections) and Alpha (decreasing 56

numbers of infections) in the early summer in France. To this end, we add time since symptoms onset 57

as a continous variable in the linear model. We find that the Delta variant has Ct at day of symptoms 58

-3.32 [-4.38, -2.25] lower than non-Delta (Alpha) (p < 1e-6, N = 3439). The slope of Ct as function of 59

time is 0.6 [0.54, 0.66] per day for Delta and 0.92 [0.73, 1.1] for non-Delta variants (p < 1e-6). Vaccine

status does not significantly alter the outcomes, whether regarding the Ct at symptom onset (p = 0.256)

or the slope of Ct as function of time since symptoms (p = 0.947) and was therefore not included in the

63 final model.

Limitations of our study stem from the way the data were collected: this is a community-based 64 study. Reasons for seeking a PCR test are unknown and may vary among individuals and across time. 65 Symptom and vaccine information are self-reported. Yet our dataset is unique for France, because 66 variant information and vaccine status data have not been linked yet in public datasets, and Ct values 67 are not reported at the national level (only test results are). Our results are in line with a retrospective 68 cohort study which found lower Ct values with Delta and longer duration of infection with low Ct.⁵ 69 Regarding vaccine-breakthroughs, our results confirm studies finding similar Ct values among fully 70 vaccinated individuals and those who were not, with the majority of infections being due to Delta.^{8,9} 71 Another limitation of our dataset is the lack of longitudinal data (in Figure 2, each point corresponds 72 to a single patient). A recent study in Singapour found similar Ct values among vaccinated and 73 unvaccinated individuals infected by Delta, at the time of diagnosis or of sympton onset.¹¹ After a week 74 however, Ct values increased faster (i.e. viral load declined faster) among vaccinated individuals than 75 unvaccinated individuals, even after excluding asymptomatic individuals (personal communication).¹¹ 76 With transmission occuring early in infection, this delayed differential decrease is expected not to have 77 much of an impact on relative transmissibility. 78

⁷⁹ Ct values are linked to viral load, and viral load has been shown to be positively associated with

⁸⁰ probability of transmission in household contacts – but there is also high inter-individual variation,

 $_{81}$ and transmission from individuals with high Ct values is possible. 17,18 In spite of these limitations, our

 $_{\tt 82}$ $\,$ confirmatory results indicate that epidemic control may require similar measures for symptomatic

 $_{\tt 83}$ $\,$ PCR-positive vaccinated individuals as non-vaccinated infected individuals.

Acknowledgements

FB was funded by a Momentum grant from the Centre National de la Recherche Scientifique. FD was funded by grant ANR-19-CE45-0009-01 from Agence Nationale de la Recherche.

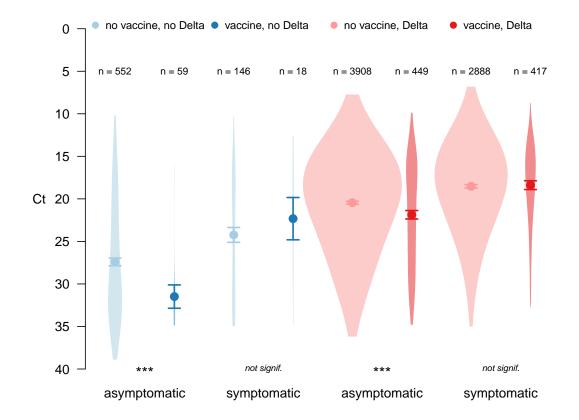
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84 Figures



⁸⁵ Figure 1: Distributions of Ct values, according to vaccine status (light: unvaccinated, dark: vaccinated),

⁸⁶ infecting variant (blue: non-Delta, red: Delta) and whether the individual was symptomatic (left:

asymptomatic at least until the test, right: symptomatic). The widths of the violin plots reflect the num-

⁸⁸ ber of tests; points and arrows represent predicted values and confidence intervals. "***" means that

89 the corresponding comparison of unvaccinated and vaccinated individuals is statistically significant

⁹⁰ with p < 0.001.

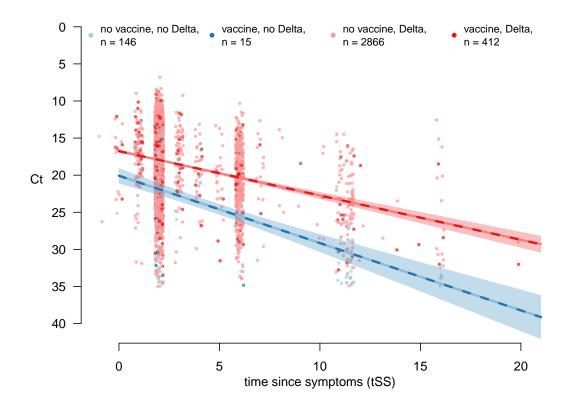


Figure 2: Regression of Ct value against time since symptoms, for symptomatic individuals, depending
on vaccine status and infecting variant. The lines are the predicted values, the shaded areas the
confidence intervals. The vaccination effect was not significant and therefore removed from the final
model.

95 Appendix

96 Variables

name	type	description	
sympf	factor (0, 1)	Whether the individual is fully vaccinated (1) or not (0) Whether the L452R is detected (1) or not (0)	
deltaf	factor (0, 1)		
vacf	factor (0, 1)	Whether the individual is fully vaccinated (1) or not (0)	
Ct	numeric	Ct value, RdRp gene	
tSS	numeric	Time since symptom onset (days)	

97 Model for Figure 1

mdlAov\$call

122 ##

```
## aov(formula = Ct ~ vacf * sympf * deltaf, data = tmp)
98
   summary(mdlAov)
                            Df Sum Sq Mean Sq F value
   ##
                                                          Pr(>F)
99
                                  351
                                          351
                                                 12.108 0.000505 ***
   ## vacf
                             1
100
   ## sympf
                             1
                                15200
                                        15200 524.896 < 2e-16 ***
101
   ## deltaf
                                32358
                                        32358 1117.379 < 2e-16 ***
                             1
102
                                          775
                                                 26.766 2.35e-07 ***
   ## vacf:sympf
                                  775
                             1
103
   ## vacf:deltaf
                                          144
                                                 4.970 0.025819 *
                             1
                                  144
104
   ## sympf:deltaf
                                  359
                                          359 12.412 0.000429 ***
                             1
105
   ## vacf:sympf:deltaf
                                  227
                                           227
                                                 7.837 0.005130 **
                             1
106
   ## Residuals
                         8429 244096
                                            29
107
   ## ---
108
   ## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
109
   thsd
   ##
        Tukey multiple comparisons of means
110
           95% family-wise confidence level
   ##
111
   ##
112
   ## Fit: aov(formula = Ct ~ vacf * sympf * deltaf, data = tmp)
113
   ##
114
   ## $vacf
115
   ##
                diff
                            lwr
                                     upr
                                              p adj
116
   ## 1-0 0.6470032 0.2825148 1.011492 0.0005046
117
   ##
118
   ## $sympf
119
   ##
                diff
                            lwr
                                      upr p adj
120
   ## 1-0 -2.726566 -2.960009 -2.493124
                                               0
121
```

\$deltaf 123 diff ## lwr upr p adj 124 ## 1-0 -6.72394 -7.121566 -6.326314 0 125 ## 126 ## \$`vacf:sympf` 127 ## diff lwr upr p adj 128 ## 1:0-0:0 1.6816459 1.0341760 2.3291159 0.0000000 129 ## 0:1-0:0 -2.5080529 -2.8335307 -2.1825750 0.0000000 130 ## 1:1-0:0 -2.7595748 -3.4541112 -2.0650384 0.0000000 131 ## 0:1-1:0 -4.1896988 -4.8526381 -3.5267595 0.0000000 132 ## 1:1-1:0 -4.4412207 -5.3445110 -3.5379303 0.0000000 133 ## 1:1-0:1 -0.2515219 -0.9605014 0.4574576 0.7986775 134 ## 135 ## \$`vacf:deltaf` 136 ## diff lwr p adj upr 137 ## 1:0-0:0 2.0758433 0.4153934 3.736293 0.0072293 138 ## 0:1-0:0 -6.5769166 -7.1265213 -6.027312 0.0000000 139 ## 1:1-0:0 -5.9746925 -6.6780558 -5.271329 0.0000000 140 ## 0:1-1:0 -8.6527600 -10.2374675 -7.068052 0.0000000 141 ## 1:1-1:0 -8.0505358 -9.6949058 -6.406166 0.0000000 ## 1:1-0:1 0.6022242 0.1033012 1.101147 0.0104180 143 ## 144 ## \$`sympf:deltaf` 145 ## diff lwr upr p adj 146 ## 1:0-0:0 -3.824406 -5.040470 -2.608343 0 147 ## 0:1-0:0 -7.225312 -7.822622 -6.628002 0 ## 1:1-0:0 -9.324285 -9.933266 -8.715303 0 149 ## 0:1-1:0 -3.400906 -4.500778 -2.301033 0 150 ## 1:1-1:0 -5.499879 -6.606133 -4.393624 0 151 ## 1:1-0:1 -2.098973 -2.417982 -1.779963 0 152 ## 153 154 ## \$`vacf:sympf:deltaf` diff ## lwr upr p adj 155 ## 1:0:0-0:0:0 4.0748024 1.8402263 6.30937863 0.0000009 156 ## 0:1:0-0:0:0 -3.1720965 -4.6903764 -1.65381653 0.0000000 157 ## 1:1:0-0:0:0 -5.0857054 -8.9932302 -1.17818060 0.0020482 158 ## 0:0:1-0:0:0 -6.9645855 -7.7063452 -6.22282583 0.0000000 159 ## 1:0:1-0:0:0 -5.5406910 -6.5774897 -4.50389237 0.0000000 160 ## 0:1:1-0:0:0 -8.8873726 -9.6453033 -8.12944188 0.0000000 161 ## 1:1:1-0:0:0 -9.0238193 -10.0823280 -7.96531060 0.0000000 162 ## 0:1:0-1:0:0 -7.2468989 -9.7636751 -4.73012268 0.0000000 163 **##** 1:1:0-1:0:0 -9.1605078 -13.5534270 -4.76758868 0.0000000 164 ## 0:0:1-1:0:0 -11.0393880 -13.1792936 -8.89948235 0.0000000 165 ## 1:0:1-1:0:0 -9.6154935 -11.8746836 -7.35630334 0.0000000 166

167	##	0:1:1-1:0:0	-12.9621750	-15.1077397	-10.81661041	0.000000
168	##	1:1:1-1:0:0	-13.0986217	-15.3678571	-10.82938634	0.000000
169	##	1:1:0-0:1:0	-1.9136089	-5.9890944	2.16187654	0.8466421
170	##	0:0:1-0:1:0	-3.7924891	-5.1676397	-2.41733844	0.000000
171	##	1:0:1-0:1:0	-2.3685946	-3.9228736	-0.81431555	0.0001056
172	##	0:1:1-0:1:0	-5.7152761	-7.0992165	-4.33133582	0.000000
173	##	1:1:1-0:1:0	-5.8517228	-7.4205671	-4.28287852	0.000000
174	##	0:0:1-1:1:0	-1.8788802	-5.7330487	1.97528842	0.8194703
175	##	1:0:1-1:1:0	-0.4549857	-4.3766383	3.46666698	0.9999686
176	##	0:1:1-1:1:0	-3.8016672	-7.6589806	0.05564621	0.0567588
177	##	1:1:1-1:1:0	-3.9381139	-7.8655620	-0.01066581	0.0488069
178	##	1:0:1-0:0:1	1.4238945	0.6109881	2.23680092	0.000031
179	##	0:1:1-0:0:1	-1.9227871	-2.3231923	-1.52238184	0.000000
180	##	1:1:1-0:0:1	-2.0592338	-2.8996539	-1.21881362	0.000000
181	##	0:1:1-1:0:1	-3.3466816	-4.1743701	-2.51899298	0.000000
182	##	1:1:1-1:0:1	-3.4831282	-4.5926552	-2.37360130	0.000000
183	##	1:1:1-0:1:1	-0.1364467	-0.9911733	0.71827990	0.9997296

184 Model for Figure 2

```
Full model
185
   mdl$call
186 ## lm(formula = Ct ~ vacf * deltaf * tSS, data = dat.nodupl)
   car::Anova(mdl)
   ## Anova Table (Type II tests)
187
   ##
188
   ## Response: Ct
189
   ##
                       Sum Sq Df F value
                                               Pr(>F)
190
   ## vacf
                           27
                                 1
                                     1.2884 0.256427
191
   ## deltaf
                         3192
                                 1 152.3081 < 2.2e-16 ***
192
                                 1 452.6392 < 2.2e-16 ***
   ## tSS
                        9487
193
   ## vacf:deltaf
                                     0.2289 0.632364
                            5
                                 1
194
   ## vacf:tSS
                            0
                                   0.0044 0.947141
                                 1
195
                                 1 10.0434 0.001542 **
   ## deltaf:tSS
                         211
196
   ## vacf:deltaf:tSS
                         44
                                 1 2.1114 0.146299
197
   ## Residuals
                       71911 3431
198
   ## ---
199
   ## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
200
  Reduced model with significant effect only (used for the Figure)
201
   mdl1$call
202 ## lm(formula = Ct ~ deltaf + tSS + deltaf * tSS, data = dat.nodupl)
   car::Anova(mdl1)
   ## Anova Table (Type II tests)
203
   ##
204
   ## Response: Ct
205
   ##
                 Sum Sq Df F value
                                         Pr(>F)
206
                   3231
   ## deltaf
                          1 154.156 < 2.2e-16 ***
207
   ## tSS
                  9512 1 453.905 < 2.2e-16 ***
208
   ## deltaf:tSS 228
                            1 10.872 0.0009863 ***
209
   ## Residuals 71987 3435
210
   ## ---
211
```

212 ## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1