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**Kinetics of archived M184V mutation in treatment-experienced virally suppressed HIV-infected patients**

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## **Summary of the article's main point**

Sequencing with ultrasensitive technique showed that the M184V mutation could be progressively cleared in the HIV-DNA reservoir over time, in virally suppressed HIV-patients. However, this mutation was likely to persist in patients with sustained past replication under lamivudine or emtricitabine.

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## ABSTRACT

**Background.** We aimed to assess the kinetics of drug-resistant viral variants (DRVs) harboring the M184V mutation in the proviral DNA of long-term virally suppressed patients, and factors associated with DRV persistence.

**Methods.** HIV-DNA from blood cells stored in 2019 and 2016 was sequenced using both Sanger and ultradeep sequencing (SS and UDS, with a detection threshold of 1%) in ART-treated patients with HIV-RNA <50 copies/mL for at least 5 years, with past M184V mutation documented in HIV-RNA.

**Results.** Among the 79 tested patients, by combining SS and UDS, the M184V was found to be absent in 26/79 (33%) patients (M184V- patients), and persisted in 53/79 (67%) (M184V+ patients). The M184V+ patients had a longer history of ART, a lower CD4 nadir and higher pretherapeutic HIV-RNA. Among the 37 patients with viral sequences assessed by UDS, the proportion of M184V+ DRVs significantly decreased between 2016 and 2019 (40% versus 14%,  $p=0.005$ ). The persistence of M184V was associated with the duration and level of HIV-RNA replication under 3TC/FTC ( $p=0.0009$  and  $p=0.009$ , respectively).

**Conclusion.** While it decreased over time in HIV-DNA, the M184V mutation was more frequently persistent in the HIV-DNA of more experienced patients with longer past replication under 3TC/FTC.

### Keywords

M184V; HIV; antiretroviral treatment; HIV reservoir; ultradeep sequencing

## INTRODUCTION

The M184V resistance-associated mutation (RAM) is selected by lamivudine (3TC) and emtricitabine (FTC), and induces high-level resistance to these two drugs [1]. M184V is rapidly selected in the setting of non-suppressive antiretroviral therapy (ART) and archived in the HIV reservoir [2]. As lamivudine continues to be used extensively as part of all recommended antiretroviral regimens, M184V is commonly found in patients with virological failure [3]. ART guidelines do not recommend the use of drugs impacted by RAMs as they have been shown to be a risk factor for virological failure [4,5]. Nevertheless, several studies have suggested that 3TC/FTC can retain activity even in the presence of M184V in the past [6–9].

Characterizing the viral resistance profile for each individual on ART is a key challenge for lifelong ART management. To detect archived RAMs, HIV-DNA resistance genotype tests can be performed on the blood cells of virally suppressed patients. As past RAMs, documented by RNA genotypes, have not been systematically found on DNA genotypes, researchers have concluded that DNA genotypes are less sensitive in detecting RAMs than cumulative RNA genotypes [10,11]. One could also argue that mutations may have been cleared, as suggested by recent works using ultradeep sequencing (UDS) [12,13]. Given the potential benefits of lamivudine in the ART armamentarium, we aimed to assess whether, after a long period of viral suppression, the M184V mutation present in the past in replicative HIV could be cleared in blood proviral DNA, using Sanger sequencing (SS) and UDS. We also aimed to determine the factors related to the persistence of this mutation.

## MATERIAL AND METHODS

### *Study population*

For this observational study, we selected all HIV-1 infected patients in care at Pitié-Salpêtrière Hospital (Paris, France) in 2019, with an HIV-RNA viral load <20 copies/mL for at least 5 years, in whom the M184V mutation had been identified at least once in a previous RNA genotype resistance test.

### *Data collection*

Patients' characteristics (gender, age, birth country) and HIV medical history (transmission factor, time since HIV diagnosis, CDC stage C, CD4 nadir, pretherapeutic HIV-RNA, HIV sub-type, ART duration, number and duration of previous ART regimens, and level of HIV-RNA replication while receiving 3TC/FTC, CD4 count and CD4/CD8 ratio, duration of viral suppression, ongoing ART) were collected at the time of the last available blood sample in 2019. Past HIV-RNA resistance genotypes were collected and reinterpreted using the latest version of the ANRS algorithm ([www.hivfrenchresistance.org](http://www.hivfrenchresistance.org)).

### *Study endpoints*

Study endpoints were: 1) the proportion of patients with viruses harboring the M184V mutation in proviral DNA from peripheral blood cells from the last sample available in 2019, using SS, and 2) the proportion of M184V+ DRVs detected from blood cells in 2019 and 2016, using UDS (detection threshold: 1%). RAMs in the reverse transcriptase gene, other than M184V, were identified from past HIV-RNA genotypes and assessed by SS on HIV-DNA from 2019, in order to assess whether there was a similar kinetics of the M184V mutation and the other RAMs over time.

### *Procedures*

SS was performed only from all samples of 2019. UDS was performed from samples of 2019 and 2016, if the M184V was not detected by SS from samples of 2019. SS and UDS were performed from frozen whole blood samples according to the ANRS-MIE (French National Agency for Research on AIDS and Emerging Infectious Diseases) consensus using Illumina technology (Illumina, San Diego, California, USA), as previously described [14]. The sequence reads were analyzed with Geneious software v.2021.1.1. For UDS, the minimum coverage was set at 50 and the ambiguity filter at 1%. Cell-associated HIV-1 DNA was quantified from frozen whole blood samples by ultrasensitive real-time PCR (Generic HIV-DNA assay, Biocentric, Bandol, France) as previously described [15].

All HIV-RNA values were quantified using the Cobas AmpliPrep/CobasTaqMan HIV-1 assay (Roche Diagnostics, RischRotkreuz, Switzerland) with a lower detection limit of 20 copies/mL. Ultra-sensitive viral load in the range of 1–20 copies/ml was indicated qualitatively (presence or absence of a detectable signal) [16].

## Statistics

All reported values are medians with interquartile range (IQR) for continuous variables and frequencies for categorical variables. We defined two groups of patients according to M184V mutation detection in HIV-DNA in 2019 using SS and UDS: the “M184V+” group (M184V detected by Sanger sequencing or as a DRV >1% by UDS) and the “M184V-” group (M184V undetected by Sanger sequencing and UDS). Uni- and multivariable logistic regressions were used to analyze factors associated with M184V persistence. The multivariable model was constructed by step-by-step descending, initially including all characteristics related to M184V persistence and subsequently removing those with a p-value greater than 0.05. We also assessed the potential correlation between the proportion of M184V+ variants detected from samples of 2019 and the time from the last M184V detection in HIV-RNA, using a Pearson’s test.

## Ethics

All patients are routinely followed using the *Nadis*<sup>®</sup> electronic medical record [17], and they provided signed consent (“French National Information Technology and Civil Liberties Board, CNIL” registration number: 770134) for information on record to be used. All data were anonymized before analysis. Patients were systematically notified of any supplementary biological analyses on frozen samples, initially collected as part of routine clinical practice.



## RESULTS

### Study population

A total of 110 patients fulfilling the inclusion criteria were identified (Figure 1). The median time since detection of the M184V mutation in RNA genotypes was 9.1 years (IQR 8.1-11.1). The reverse transcriptase gene was successfully amplified from peripheral HIV-DNA in 79/110 (72%) patients. Patients' characteristics are shown in Table 1. Their median duration on ART was 23.8 years (IQR 20.1-26.8) with a median viral suppression period of 8.9 years (IQR 6.8-10.7). Ongoing ART included 3TC/FTC in 39% of cases. Median level of total HIV-DNA was 3.44 copies/10<sup>6</sup> cells (IQR 3.10-3.70).

### M184V detection by Sanger and ultradeep sequencing

The M184V mutation was detected in HIV-DNA from blood cells in 53/79 (67%) patients, including 42 using SS and 11 using UDS (Figure 1). In the remaining 26/79 (33%) patients, the M184V mutation was not detected, either by SS or by UDS. In the 37 patients sampled by UDS from samples of 2019, M184V+ DRVs were detected in the range of 1-25%. The proportion of patients with DRVs between 5-15% was 16% (6/37), and ≥15-25% was 14% (5/37). Of note, no patient had M184V+ DRVs between 1-5%. Between 2016 and 2019, the proportion of viral variants carrying the M184V mutation decreased from 40% in 2016 to 14% in 2019 (mean difference: -18.5%, 95%CI -31.0 to -6.0, p=0.005) (Figure 2). From samples of 2016, the proportion of patients with M184V+ DRVs <1% was 56% (19/33), between 1-5% was 6% (2/33), between 5-15% was 0% (0/33) and ≥15-25% was 36% (12/33).

RAMs other than M184V were more frequently detected in cumulative past RNA genotypes, in comparison with recent DNA genotype, with 4 RAMs in median (IQR 2-6) detected in HIV-RNA and 2 (IQR 0-5) in HIV-DNA (mean difference: -1.2, 95%CI -2.0 to -0.3,  $p=0.007$ ), using SS.

### **Factors associated with M184V mutation persistence**

In univariate analysis, patients with persistent M184V mutation had a longer history of both HIV infection and ART, a lower CD4 nadir and higher pretherapeutic HIV-RNA (Table 2). The duration and level of plasma HIV-RNA replication under 3TC or FTC were higher in patients with persistent M184V mutation. Duration of viral suppression, quantification of total HIV-DNA in blood cells, composition of ART and proportion of patients with residual viremia did not differ between the two groups. There was a median difference of one RAM (except M184V) between cumulated HIV-RNA and HIV-DNA genotypes in both groups.

In multivariable analysis, the duration of viral replication and the level of HIV-RNA while taking 3TC or FTC were significantly associated with persistence of the M184V mutation, with odds ratios of 1.03 per month of replication (95%CI 1.02 to 1.05,  $p=0.0009$ ) and 3.17 per  $\log_{10}$  copies/mL (95%CI 1.61 to 7.02,  $p=0.009$ ), respectively (Table 2).

There was no correlation between the proportion of M184V+ variants detected from samples of 2019 and the time from the last M184V detection in HIV-RNA ( $\rho=0.04$ , 95%CI -0.29 to +0.36,  $p=0.81$ ).

## DISCUSSION

Given the importance of lamivudine and emtricitabine in all current antiretroviral strategies, determining whether M184V persists in the HIV reservoir in long-term virally suppressed patients is key for the choice of best therapeutic options. In this study, we found that while the M184V mutation persisted in 67% of tested patients over 5 years, clearance of the mutation was observed in 33% of patients. This high rate of M184V persistence can be partially explained by the restrictive definition of persistence, using a detection threshold of 1%. UDS allowed the proportion of detected M184V mutations to rise in a substantial number of patients, as previously described, whereas SS failed to detect viral variants present in less than 15-25% of the total viral population [18,19].

The relevance of detecting DRVs for predicting virological failure is controversial [20]. It has been shown to be clinically meaningful in three settings: detection of NNRTI-resistant minority variants prior to initiation of a first-line NNRTI-based regimen [21], detection of NNRTI-resistant minority variants after exposure to a single dose of nevirapine [22] and detection of CXCR4-using variants prior to initiation of maraviroc-containing regimens [23], with debated thresholds for detection (1-5%). The data in the literature are not all convergent concerning the most suitable threshold for detecting DRVs with UDS. The risk in lowering this threshold is to reflect sequencing errors. However, several authors have shown that a detection threshold of 1% was relevant to improve the sensitivity of genotyping [24,25], which explains our choice for this work. We did not find any patient with M184V+ DRVs between 1-5% from samples we studied. Therefore, choosing a detection threshold of 5% would not have changed the result of our analysis.

Previous works have suggested poor sensitivity of Sanger sequencing for detecting archived RAMs in blood proviral DNA in comparison with past RNA genotypes [10,11]. Two main hypotheses could explain the lack of sensitivity of DNA genotyping: difficulty extracting and amplifying the genetic

material from whole blood with the risk of selecting a small part of the circulating reservoir, and insufficient capture of resistant archived variants, potentially diluted into a large library of viral variants, integrated in the mononuclear cells and including a majority of wild type variants. Consequently, it has been suggested that DNA genotype testing be performed in duplicate or triplicate, which has its limitations, however, in terms of feasibility and costs. Like others, we assume that UDS can improve the sensitivity of standard DNA genotyping [26], although limited selection of amplified archived variants cannot be excluded.

Sustained quantitative and qualitative alterations occurred in virally suppressed patients. Total HIV-DNA from blood, used as a surrogate for the HIV reservoir [27], sharply decreases in the first years on ART, and then much more slowly but continuously [28,29]. A recent study showed that intact proviral DNA (i.e. competent for replication) continues to decline between 7 and 11 years after ART initiation in virally suppressed patients [30]. Furthermore, different genetic mechanisms impairing the integrity of proviral DNA, including inversions, large deletions and hypermutations G to A by the APOBEC pathway, have been reported [29]. It is estimated that intact proviral DNA constitutes <10% of total proviral DNA in chronic virally suppressed patients on ART [31–33].

Despite the presence of long-lived HIV-infected lymphocytes potentially harboring viral mutations and their maintenance due to persistent very low-level replication [34–37], recent data argue for real clearance of RAMs in proviral DNA. In a pilot study, Nouchi *et al.* showed a progressive decrease in the proportion of NRTI- and NNRTI-resistant minority variants over five years [12] in patients virally suppressed for at least 5 years, on non NRTI or NNRTI-containing ART regimens. In patients with significant virological failures in the past, Gantner, *et al.* reported that NRTI-, NNRTI- and PI-resistant minority variants were no longer detected in PBMC over time if the ART regimen excluded these drugs [13]. Our study supports the progressive decrease in the M184V mutation over time, with a kinetic not affected by the therapeutic pressure of 3TC/FTC. Eleven out of 26 (42%) patients with cleared M184V were receiving 3TC/FTC at the time of analysis. One of the unresolved questions

is the impact of persistent RAMs, given that they are carried by a large majority of defective proviruses.

In addition to this finding on the clearance of RAMs, we found two factors – the duration of viral replication on 3TC/FTC and the level of replicative HIV-RNA – to be associated with M184V mutation persistence. This suggests that sustained seeding of the HIV reservoir with proviruses carrying RAMs leads to sustained persistence of RAMs over time, which corroborates data from Verhofstede, *et al* [38]. In this study, the proportion of resistant variants was correlated with the duration for which resistant variants had been able to replicate. Interestingly, we did not find any impact of either residual viremia or level of blood total HIV-DNA viral load, even though our patients had higher total HIV-DNA than in other studies [25,39], which may be due to long and deep seeding of the HIV reservoir in these patients treated over 20 years. Aging patients with a long HIV history are those who could benefit the most from drug-reduced ART, in terms of preventing drug-drug interactions and long-term cumulative toxicities [40]. Unfortunately, these are the patients in whom the M184V mutation could persist the longest.

One limitation of our work is the fact that we did not evaluate the non-circulating HIV reservoir, including the lymph nodes and gut. Although total blood HIV-DNA could reflect the overall level of the HIV reservoir [27], genetic evolution of viral sequences could be dissociated in these different compartments [36]. The study of the extra-circulating reservoir requires invasive techniques that are very difficult to implement in clinical practice. Another limitation could be not having performed UDS in patients who harbored the M184V using SS. We assumed that M184V would also be detected in UDS, which however we did not verify. We did not evaluate APOBEC editing and hypermutations from UDS data, because we amplified only a small segment of the RT gene, on either side of the position 184, not allowing this to be analyzed on a sufficient portion of HIV-DNA.

Better knowledge of the profile of patients with M184V clearance could make it possible to select candidates for clinical trials assessing the efficacy of antiretroviral regimens including 3TC, despite

previous virological failures under NRTIs. This question is crucial for dual therapies including 3TC, to accompany boosted darunavir or dolutegravir. The MOBIDIP study and its associated in-depth virological analysis suggested that an archived M184V mutation may not affect the viral efficacy of the darunavir/ritonavir/lamivudine two-drug therapy [6,41]. However, data are much less robust for the dolutegravir/lamivudine two-drug therapy, with a very limited number of patients included [8,9,42].

**In conclusion**, our findings provide new data on the persistence and progressive clearance of the M184V mutation in the HIV reservoir. Recycling drugs with viral activity potentially impaired by past resistance is now a key challenge in ART management. Assessing the benefit of proviral DNA genotyping in a randomized trial could provide a robust answer to this question.

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**Transparency declaration**

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**Table 1. Patients' characteristics.**

		<b>All patients (n=79)</b>	<b>M184V- (n=26)</b>	<b>M184V+ (n=53)</b>
Gender, n(%)	Male	62 (79)	21 (81)	41 (77)
Age, years, median (IQR)		57 (52-63)	57 (50-68)	57 (53-63)
Risk factor, n(%)	MSM	41 (52)	9 (35)	32 (60)
	Heterosexual	24 (30)	13 (50)	11 (21)
	Other	14 (18)	4 (15)	10 (19)
Birth country, n(%)	France	48 (61)	12 (46)	36 (68)
	Sub-Saharan Africa	18 (23)	8 (31)	10 (19)
	Other	13 (16)	6 (23)	7 (13)
Time from HIV diagnosis, years, median (IQR)		27.0 (22.9-30.3)	23.7 (17.8-27.7)	27.9 (24.2-30.6)

CDC stage C, n(%)		33 (42)	9 (35)	24 (45)
CD4 nadir, cells/mm <sup>3</sup> , median (IQR)		133 (47-257)	228 (131-281)	86 (30-206)
Pretherapeutic HIV-RNA, log <sub>10</sub> cp/mL, median (IQR)		5.12 (4.26-5.52)	4.69 (3.90-5.12)	5.29 (4.71-5.68)
HIV sub-type, n(%)	B	58 (73)	16 (62)	42 (79)
	Not B	21 (27)	10 (38)	11 (21)
Time on ART, years, median (IQR)		23.8 (20.1-26.8)	21.5 (15.8-24.4)	24.5 (22.2-27.4)
Previous number of ART regimens, median (IQR)		13 (9-18)	11 (8-14)	15 (10-20)
Duration of viral replication under 3TC/FTC, years, median (IQR) <sup>a</sup>		5.6 (2.7-7.9)	2.7 (1.1-5.4)	6.6 (3.7-8.6)
Mean HIV-RNA during viral replication under 3TC/FTC, log <sub>10</sub> cp/mL, median (IQR) <sup>b</sup>		3.92 (3.26-4.44)	3.30 (2.82-4.06)	4.12 (3.70-4.62)

Last CD4, cells/mm <sup>3</sup> , median (IQR)		614 (453-866)	623 (503-866)	592 (380-877)
Last CD4/CD8 ratio, median (IQR)		0.90 (0.56-1.18)	0.83 (0.65-1.23)	0.94 (0.56-1.19)
Duration of viral suppression, years, median (IQR)		8.9 (6.8-10.7)	8.4 (6.0-10.0)	9.0 (7.3-10.9)
HIV-RNA <50 cp/mL but detectable by RT-PCR, n(%)		26 (33)	8 (31)	18 (34)
HIV-DNA, log <sub>10</sub> cp/10 <sup>6</sup> cells, median (IQR)		3.44 (3.10-3.70)	3.40 (2.90-3.70)	3.49 (3.15-3.70)
Number of drugs in ongoing ART, n(%)	1	7 (9)	3 (12)	4 (8)
	2	35 (44)	11 (42)	24 (45)
	3	33 (42)	11 (42)	22 (41)
	4	4 (5)	1 (4)	3 (6)
3TC/FTC as part of ongoing ART, n(%)		31 (39)	11 (42)	20 (38)

Intermittent ongoing ART (5 or 4 days a week), n(%)

15 (19)

5 (19)

10 (19)

NOTES. a. This duration was calculated by reviewing each medical record, by analyzing each available HIV-RNA value with the date of each value, as the sum of the times during which HIV-RNA was  $\geq 200$  copies/mL under 3TC/FTC. b. This mean value was calculated by reviewing each medical record, by analyzing each available HIV-RNA value with the date of each value, as the mean of HIV-RNA values  $\geq 200$  copies/mL under 3TC/FTC. MSM, men who have sex with men.



**Table 2. Uni and multi-variable logistic regression of patients' characteristics in relation to the presence of M184V in 2019.**

		Univariable		Multivariable	
		OR (95%CI)	p-value	OR (95%CI)	p-value
Gender	Male	Ref			
	Female	0.46 (0.18-1.67)	0.17		
Age (by quartiles)	≤ 52 years	Ref			
	53-57 years	2.40 (0.80-7.61)	0.19		
	58-63 years	2.62 (0.83-9.10)	0.18		
	>63 years	1.03 (0.36-2.98)	0.96		
Transmission	MSM	Ref		Ref	
	Heterosexual	0.24 (0.09-0.58)	0.01	0.38 (0.11-1.23)	0.18
	Other	0.70 (0.23-2.36)	0.61	0.54 (0.09-3.32)	0.56
Birth Country	France	Ref		Ref	
	Sub-Saharan Africa	0.42 (0.16-1.09)	0.08	1.56 (0.25-11.31)	0.69
	Other	0.39 (0.13-1.14)	0.13	0.27 (0.05-1.39)	0.19
Time from HIV diagnosis (by quartiles)	≤ 23 years	Ref		Ref	

	24-27 years	2.78 (0.97-8.43)	0.11	0.03 (0.0004-0.76)	0.11
	28-30 years	8.00 (2.39-32.1)	0.007	0.58 (0.017-14.45)	0.78
	>30 years	6.00 (1.92-21.14)	0.013	0.19 (0.006-4.96)	0.41
CDC Stage C	No	Ref			
	Yes	1.56 (0.70-3.61)	0.37		
CD4 cells nadir	< 200 cells/mm <sup>3</sup>	Ref		Ref	
	≥ 200 cells/mm <sup>3</sup>	0.26 (0.11-0.60)	0.008	0.36 (0.11-1.07)	0.13
Pretherapeutic HIV-RNA	< 5log <sub>10</sub> copies/mL	Ref		Ref	
	≥ 5log <sub>10</sub> copies/mL	2.47 (1.11-5.61)	0.06	1.20 (0.37-3.80)	0.80
HIV Subtype	B	Ref			
	Not B	0.42 (0.17-1.00)	0.10		
Time on ART (by quartiles)	≤ 21 years	Ref		Ref	
	22-24 years	3.5 (1.19-10.93)	0.06	7.18 (1.16-58.65)	0.09
	25-27 years	4.2 (1.39-13.81)	0.04	2.63 (0.42-16.96)	0.38
	> 27 years	8.5 (2.55-33.97)	0.006	0.89 (0.09-8.63)	0.94
Number of previous ART regimens	(for one additional)	1.12 (1.05-1.22)	0.01	0.99 (0.88-1.16)	0.98
Duration of viral replication under 3TC/FTC	(for one year)	1.54 (1.29-1.89)	0.0001		
Duration of viral replication under 3TC/FTC	(for one month)	1.04 (1.02-1.05)	0.0001	<b>1.03 (1.02-1.05)</b>	<b>0.0009</b>

Mean HIV-RNA during viral replication under 3TC/FTC	(for 1 log <sub>10</sub> copies/mL)	3.92 (2.08-8.19)	0.0009	<b>3.17 (1.61-7.02)</b>	<b>0.009</b>
Last CD4, by quartiles	≤ 460 cells/mm <sup>3</sup>	Ref			
	461-614 cells/mm <sup>3</sup>	0.18 (2.24-18.5)	0.024		
	615-860 cells/mm <sup>3</sup>	0.38 (0.09-1.37)	0.23		
	>860 cells/mm <sup>3</sup>	0.33 (0.08-1.13)	0.15		
Last CD4/CD8 ratio >1		1.04 (0.47-2.34)	0.93		
Duration of viral suppression	(for one year)	1.12 (0.98-1.30)	0.18		
HIV-RNA <50 cp/mL but detectable by RT-PCR		1.16 (0.50-2.76)	0.78		
HIV-DNA, log <sub>10</sub> cp/10 <sup>6</sup> cells	(for 1 log <sub>10</sub> copies/mL)	1.22 (0.61-2.41)	0.63		
Number of drugs in ongoing ART, n(%)	1	Ref			
	2	1.63 (0.38-6.60)	0.56		
	3	1.50 (0.35-6.07)	0.63		
	4	2.25 (0.26-31.27)	0.56		
3TC/FTC as part of ongoing ART		0.85 (0.38-1.92)	0.74		
Intermittent ART		0.97 (0.37-2.79)	0.96		

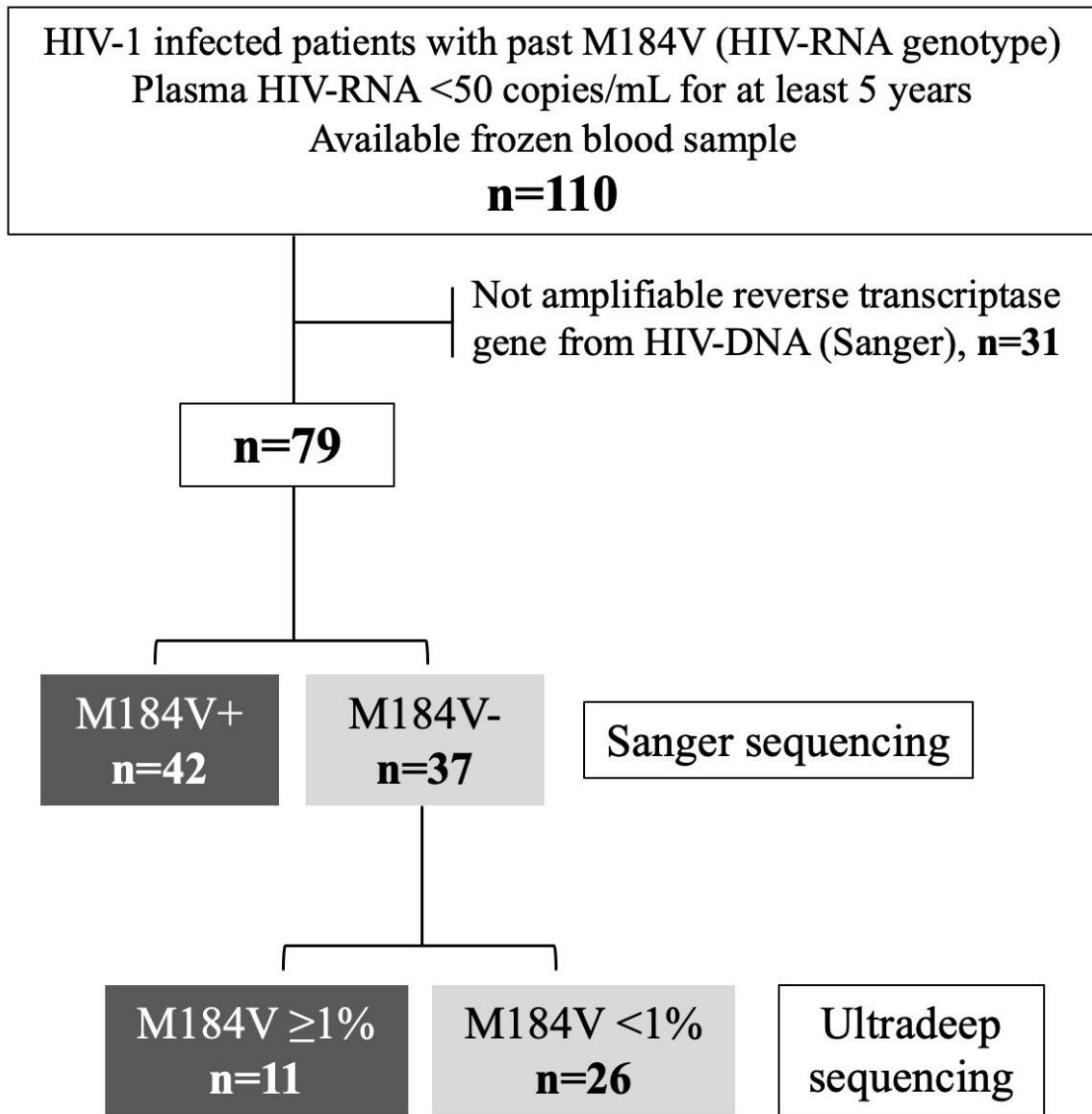
NOTES. MSM, men who have sex with men.

**Figure 1. Study flowchart.**

**Figure 2. Proportion of drug-resistant viral variants (DRVs) carrying the M184V mutation in blood HIV-DNA in 2016 and 2019.** Each line represents one patient. \*Student paired t-test.

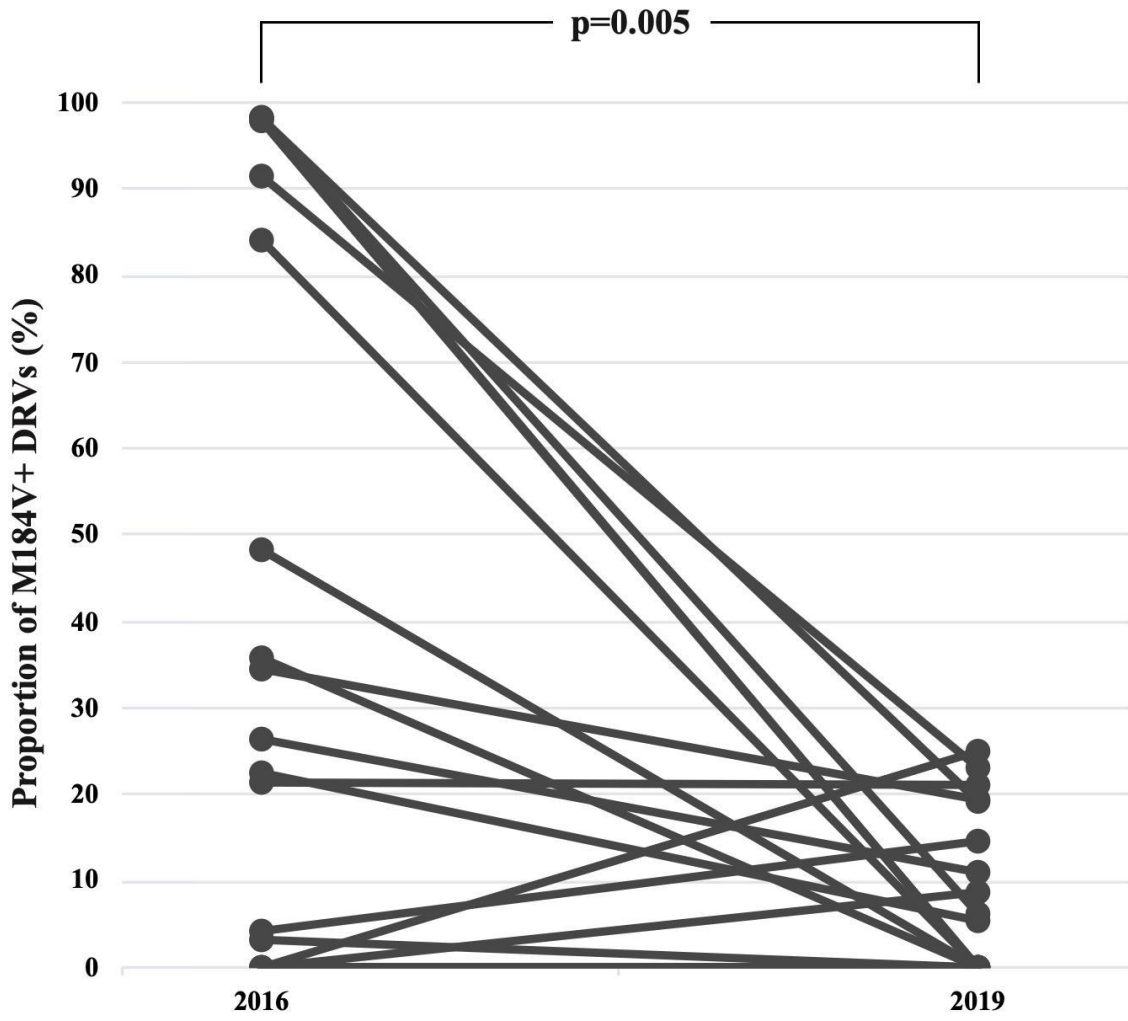
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Figure 1



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Figure 2



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