

# Outcome measures used in psoriatic arthritis registries and cohorts: a systematic literature review of 27 registries or 16,183 patients Running title: Outcome measures in PsA registries

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# ▶ To cite this version:

Krystel Aouad, Georgia Moysidou, Antsa Rakotozafiarison, Bruno Fautrel, Laure Gossec. Outcome measures used in psoriatic arthritis registries and cohorts: a systematic literature review of 27 registries or 16,183 patients Running title: Outcome measures in PsA registries. Seminars in Arthritis and Rheumatism, 2021, 51 (4), pp.888-894. 10.1016/j.semarthrit.2021.06.008 . hal-03382383

# HAL Id: hal-03382383 https://hal.sorbonne-universite.fr/hal-03382383v1

Submitted on 18 Oct 2021

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1	Outcome measures used in psoriatic arthritis registries and cohorts: a					
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29 30						
30 31	Word count (abstract): 283					
31	Word count (abstract): 283 Word count (manuscript): 2,782					
33						

- 1 ABSTRACT
- 2

# 3 Introduction

Psoriatic arthritis (PsA) is a multidimensional inflammatory disease for which multiple
outcome measures can be used to assess disease activity. In 2006, the OMERACT
has proposed the first core domain set in PsA. Since 2006, much work has been
performed on outcome measures in PsA.

# 8 **Objectives**

9 The purpose of this study was to assess outcome measures collected in recent PsA 10 registries or longitudinal cohorts.

# 11 Methods

A systematic literature review was performed in Pubmed Medline (PROSPERO CRD42020175745) to identify all articles reporting on either registries or longitudinal cohorts in PsA, published between 2010 and March 2020. Registries centered on drugs or not PsA-specific, trials and long-term extension studies were excluded. The data collection comprised patient characteristics and the clinical outcome measures reported, including composite scores and patient reported outcomes (PROs). Statistics were descriptive.

# 19 Results

20 Of 673 articles, 73 were analysed, reporting on 27 registries/cohorts. Overall, 16,183 21 patients were included, with a mean of 599 per study; 51% were men, weighted mean age was 49.7±9.3 years and weighted mean disease duration was 6.8±0.2 years. 22 23 Overall, 58 different outcome measures were collected. Disease activity composite 24 scores were used in 20/27 (74%) registries through 8 different scores (most frequently Minimal Disease Activity: 41%, DAS28: 33% and DAPSA: 30%). Among the domains 25 of PsA, joint involvement was reported in 26/27 (96%) registries (through the 66/68 26 joint count: 85%) and skin psoriasis in 93% (through PASI: 72%), whereas enthesitis, 27 28 dactylitis and axial involvement were less often reported (respectively, 77%, 74% and 29 52%). Furthermore, 22/27 (82%) studies reported HAQ; the other frequently reported PROs were patient global assessment (70%) and pain (63%). 30

# 31 Conclusions

32 Data collection in PsA is very heterogeneous, reflecting the need for international

- 33 consensus on outcome measures.
- 34 **Keywords:** outcome measures; psoriatic arthritis; registries; cohorts.

### 1 1 INTRODUCTION

2 Psoriatic arthritis (PsA) is a heterogeneous and multidimensional inflammatory disease with variable manifestations and progression.(1-3) Numerous outcome measures can 3 4 be used in PsA, some are specific to PsA such as Minimal Disease activity (MDA), some are generic such as patient assessment of pain and some are borrowed from 5 6 rheumatoid arthritis (RA) such as the Disease Activity Score (DAS28).(2.4-6) There is 7 no consensus on the optimal instruments to measure disease activity and evaluate 8 treatment response in PsA.(7,8) We previously reported a lack of uniformity in PsA 9 evaluation of disease activity in randomised controlled trials (RCTs) in 2012.(9) In 58 10 clinical trials reviewed, 84 different outcome measures were used.(9)

In 2016, an updated PsA core set of domains to be assessed in all RCTs and 11 12 longitudinal observational studies (LOS) was proposed by the Group for Research and 13 Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) and Outcome Measures in Rheumatology (OMERACT).(10,11) Eight inner core set domains are recommended 14 15 to be assessed systematically in every RCT and LOS and include: musculoskeletal 16 disease activity (peripheral joints, dactylitis, enthesitis, and axial involvement), skin disease activity, systemic inflammation and 5 patient reported outcomes (PROs): 17 18 fatigue, pain, patient's global assessment, physical function, and health-related quality 19 of life.(11) Furthermore, several other domains are proposed in the core set as 20 important (but not mandatory) domains.(11)

Although the core set lists domains to be assessed in PsA, there is currently no consensus on the best outcome measures to use.(11,12)

Another important aspect relates to composite scores. The treatment target in PsA is
 remission or alternatively low disease activity (LDA);(7,8) several composite scores

allow the assessment of remission or LDA in PsA, without a current agreement on a
 single score.(13–17)

Registries may provide important insights into the outcomes collected in PsA. By definition, patient registries use "observational study methods to collect uniform data (clinical and other) to evaluate specified outcomes for a population".(18) Exploring outcome measures collected in recently published registries or longitudinal cohorts may provide a photograph of current clinical practices.(19)

8 The objective of this study was to assess outcome measures collected in ongoing PsA
9 registries or longitudinal cohorts, through a systematic literature review.

10

### 11 2 MATERIAL AND METHODS

12 This systematic review was conducted according to Cochrane guidelines.(20) The 13 protocol was registered on PROSPERO (CRD42020175745).(21)

### 14 2.1 Search and selection strategy

15 The search included all publications of cohorts or registries reporting any clinical data 16 in PsA published between March 1, 2010 and March 1, 2020. We searched the electronic database PubMed MEDLINE using the terms "Arthritis, Psoriatic"[Mesh] 17 18 AND ("Registries" [Mesh] OR "Cohort Studies" [Mesh]). Although an EMBASE search 19 was initially planned, we only performed the search in PubMed due to limited added 20 value of EMBASE.(22) Publications concerning the same registry were analysed 21 together, publication used for demographic characteristics was the last published or 22 the one with the most patients. Three authors (KA, GM, and AR) independently 23 scanned the title, abstract and keywords of every record identified. In the event of disagreement between the reviewers, disparities were discussed and resolved. If 24

needed, the registry correspondent was contacted and registries websites were
 consulted.

3

### 4 2.2 Inclusion criteria and participants

5 Patients were adults with a confirmed diagnosis of PsA (using Classification Criteria 6 for Psoriatic Arthritis (CASPAR) or Moll and Wright criteria or according to the 7 physician's diagnosis). Registries or cohorts reporting at least one clinical outcome and 8 including at least 50 patients with PsA were selected. All the registries or cohorts 9 included patients with PsA, and some included patients with psoriasis and/or 10 spondyloarthritis.

11

### 12 2.3 Exclusion criteria

All biologic registries, registries centered on treatments or registries for health care products, and post-marketing surveillance were excluded because they were not specific to PsA, and thus did not reflect PsA-specific outcome measures. Papers not reporting any clinical outcome measures (e.g., articles reporting only laboratory outcomes, radiographic scores, or genetic analyses) were excluded. RCTs and longterm extensions, retrospective and cross-sectional studies, case series, reviews, and editorials were excluded.

20

### 21 2.4 Data extraction

The authors extracted relevant data from the included articles into a pre-defined case report form (CRF). Only published outcomes measures were collected and analyzed.

*General data extraction* Descriptive data were extracted on the type of study
 (international, nationwide or local) and patients' characteristics.

*Clinical outcomes* The outcome measures assessing the GRAPPA/OMERACT inner 3 4 core domain set were collected.(11) These include musculoskeletal disease activity (peripheral joints, enthesitis, dactylitis, spine symptoms), skin disease activity, pain, 5 6 patient's global assessment, physical function, Health-related guality of life (HRQoL), 7 fatigue and systemic inflammation.(11) All the outcome measures relevant to these 8 domains were collected. Physical function measures were the HAQ, modified HAQ and Bath Ankylosing Spondylitis Functional Index (BASFI). Spine symptoms were 9 10 assessed through the Bath Ankylosing Spondylitis Functional Disease Activity Index (BASDAI), or through a binary score (yes/no) and/or. Skin disease activity was 11 12 assessed through Psoriasis Area Severity Index (PASI) and/or Body Surface Area 13 (BSA).

Health-related quality of life (HRQoL) was assessed through the 36-Item Short Form
Survey (SF-36), Short-Form 12 (SF-12), Dermatology life Quality Index (DLQI), EuroQol 5 domain (EQ-5D), Psoriatic Arthritis Quality of Life (PsAQoL) and/or Ankylosing
spondylitis quality of life score(ASQoL).(5,13,17,23,24)

Then, we collected the domains considered important in the core set, i.e., economic cost, emotional well-being, participation (work, leisure and social activities) and structural damage. Finally, other outcomes of importance to patients and included in the OMERACT research agenda, were collected, i.e., independence, sleep, stiffness and treatment burden.(11) Physician global assessment was also collected.

Composite scores were collected: MDA, Very Low Disease Activity (VLDA), Disease
 Activity Index for Psoriatic Arthritis (DAPSA), Composite Psoriatic Disease Activity

Index (CPDAI), Psoriatic Arthritis Response Criteria (PsARC), Psoriatic Arthritis
 Disease Activity Score (PASDAS), Disease Activity Score (DAS28 CRP/EULAR
 response), and ACR response, and Arithmetic Mean of the Desirability Function
 (AMDF).(5,13,17,23,24)

### 5 2.5 Statistical analysis

A quantitative summary of findings was performed including frequencies of each outcome. Risk of bias was not assessed because we were exploring outcomes collected not results of outcomes. The frequency of reporting of domains in ochorts/registries which had started the data collection before versus after 2007 (date of publication of the first OMERACT core set) (10) was compared by the chi-square test with Yates' correction.(10) Meta-analysis was not undertaken.

#### 1 3 RESULTS

2

### 3 3.1 **Description of PsA registries/cohorts publications**

4 Of 673 articles, 73 were relevant for analysis, reporting on to 27 PsA-specific registries or cohorts (Figure 1 and Supplementary table S1). The characteristics of the 5 6 registries, PsA-specific cohorts and patients evaluated are shown in **Table 1**. The total 7 number of patients was 16,183 with a mean of 599 per study. Overall, 8,224/16,183 8 (50.8%) were men, weighted-mean age was 49.7±9.3 years and weighted-mean 9 disease duration was 6.8±0.2 years. Most of the registries were established in Europe 10 (18/27, 66.7%) or North America (7/27, 25.9%) and 12/27 (44.4%) included patients from a single center. Overall, 21/27 (77.8%) applied the CASPAR criteria,(25) and the 11 12 same number reported treatments.

#### 13 3.2 Composite scores

Overall, 58 different clinical outcome measures were collected. Disease activity composite scores were reported in 17/27 (63.0%) registries: of these, 11/27 (40.7% of all registries) reported MDA, 9/27 (33.3%) DAS28 and 8/27 (29.6%) DAPSA; whereas PsARC and PASDAS were reported each in only 7.4% of the studies. VLDA and AMDF were never reported (**Figure 2**).

### 19 3.3 **PsA inner core set domains**

Eleven registries/cohorts collected all of the 2006 core set domains and only 2 registries/cohorts reported all of the 2016 updated 8 core set domains. The inner core set domains were reported variably between 33.3% and 96.3% (**Table 2**). Joint involvement was reported in 26/27 (96.3%) using variable joint counts, most frequently the 66/68 joint count (in 20/23, 87.0% studies). Damaged joint count was less
 frequently reported (7/27, 25.9%).

Skin psoriasis was reported in 25/27 (92.6%) registries, most frequently through PASI 3 4 in 18/27 (66.7%), and BSA in 12/27 (44.4%). Enthesitis was reported in 21/27 (77.8%) registries, using most frequently Leeds Enthesitis Index (33.3%) and/or Maastricht 5 6 Ankylosing Spondylitis Enthesis Score (MASES) (23.8%), whereas dactylitis was less 7 often reported (20/27, 74.1%), using mainly the number of digits (40.7%). Axial 8 involvement was reported in 15/27 (55.6%) through clinical binary assessment (yes/no) 9 (14/27, 51.9%) and/or BASDAI (9/27, 33.3%). Systemic inflammation was evaluated 10 mostly through CRP (90.4%).

Overall, 22/27 (81.5%) of the registries reported HAQ, and the other frequently reported PROs were patient global assessment (70.4%) and pain (63.0%). HRQoL was collected in 15/27 (55.6%) using mainly the SF-36 (46.7%), EuroQol-5 (46.7%), and DLQI (46.7%). Fatigue was the least frequently reported core set domain, collected in 9/27 (33.3%) studies (**Figure 2 and Table 2**).

## 16 3.4 Other domains reported

Among the domains considered as important by GRAPPA/OMERACT,(10) structural damage was the most frequently reported (10/27, 37.0%), and was evaluated through X-rays in 9/10 (90%) cases. Emotional well-being and participation were reported in 11.1% and 3.7% respectively.

Among the other outcomes, physician global assessment and work were the most frequent, reported in 14/27 (51.9%) and 11/27 (40.7%) registries respectively. Stiffness was reported in 4/27 (14.8%) whereas sleep, treatment burden and independence were reported each in 1/27 (3.7%) study.

#### 1 3.5 Comparison of more recent versus less recent registries/cohorts

Fifteen of the 27 PsA registries and cohorts were initiated after 2007. No significant
difference was seen in the frequency of reporting of domains in registries/cohorts which
were started before or after 2007 (**Table 2**, statistical comparisons not shown).

5

### 6 4 **DISCUSSION**

7

8 This systematic review puts to light an important heterogeneity in the assessment of 9 disease activity in PsA. In 27 recently published registries/cohorts, 58 different clinical 10 outcome measures were used. Disease activity composite scores were reported in 20 of 27 (74%) PsA registries: most frequently through MDA (41%), DAS28 (33%), and/or 11 12 DAPSA (30%). Almost all registries reported joint involvement and skin psoriasis, using 13 variable joint counts, most frequently the 66/68 joint count, whereas enthesitis (77%), dactylitis (74%), and axial involvement (52%) were less frequently reported. The 14 15 OMERACT/GRAPPA 2016 inner core set domains (11) were assessed with a varying frequency, from 96.3% for joint counts to 33.3% for fatigue. 16

17

This study has strengths and weaknesses. The literature search only screened papers referenced in PubMed-Medline and used simple key words; however, given the descriptive nature of this overview of outcome measures in PsA registries/cohorts, the 673 articles screened were sufficient to provide an informative snapshot of everyday clinical practice in PsA; and the added value of other databases is under discussion.(22) The search was limited to articles published in the last 10 years, which may have missed some older publications. However, we wished to analyze current

1 practices and thus to concentrate on recent or ongoing PsA registries/cohorts and to 2 reflect outcome measures in the era after the publication of the OMERACT/GRAPPA PsA core set of domains in 2006. (10,11) Only PsA-specific registries and cohorts were 3 4 selected; other registries including PsA patients along with other rheumatic diseases were excluded to reflect data collection tailored for PsA. The selection of papers and 5 6 data collection were done separately by three authors. However, we often encountered 7 issues to identify and differentiate cohort studies from retrospective studies when 8 relying only on the methodology part. Therefore, besides collective agreement and 9 discussion between authors, study websites were consulted and key authors were 10 contacted when needed. Due to great heterogeneity in the outcomes used, classifying 11 the outcome measures was not always intuitive; e.g., BASDAI can be considered as a 12 PRO but also reflects axial involvement. (26) Only published outcome measures were 13 analyzed which can differ from the data collected in the registry/cohort. However, we 14 extracted data on outcome measures from all the papers available reporting on the 15 same registry/cohort. Finally, a meta-analysis was not performed, and risk of bias was 16 not assessed, due to the descriptive aim of this research and the heterogeneity of the studies. 17

18

In the last decade, an increasing number of PsA-specific registries/cohorts have emerged, with 15 of the 27 PsA registries and cohorts initiated after 2007. Interest has grown among researchers regarding outcome measures in PsA, with the first PsA GRAPPA-OMERACT core-set.(10) In parallel, registries and cohorts may be seen as a source to understand the disease course and possibly reflect current practices better than clinical trials.(19)

1 In the recent registries and cohorts reviewed here, peripheral joint counts and skin 2 involvement were the only domains which were almost systematically assessed. This may reflect a consensus on the importance of these 2 key aspects of PsA, and/or 3 4 agreement on the scores to use. The 66/68 joint count was recently fully endorsed by OMERACT in 2018 as the optimal instrument to measure peripheral arthritis, which is 5 6 a component of musculoskeletal disease activity in PsA.(27) The frequent use of the 7 66/68 joint count in our study indicates the agreement between practice and 8 recommendations.

9

10 Enthesitis and dactylitis were less often reported. The evaluation of enthesitis and 11 dactylitis in PsA is still unclear, as reflected by heterogeneity in clinical trials.(9,28) 12 is recognized as poor prognostic factor in the EULAR Dactylitis а 13 recommendations.(29) Data from the Corrona registry have shown that patients with 14 enthesitis and/or dactylitis had greater disease activity and were less likely to achieve 15 MDA.(30) Also, patients with enthesitis had a higher functional impairment, more pain, 16 and fatigue.(30) This underscores the need to better identify and assess these manifestations in PsA. 17

18

Axial involvement was reported in PsA (55.6%). Overall, 15% of patients with PsA in the Toronto cohort developed axial PsA over 10 years of follow-up.(31) Although a clear distinction is not always possible in daily practice, a recent study has shown that ankylosing spondylitis (AS) with psoriasis seems to be a separate disease from axial PsA due to differences in the demographics, genetics, disease activity and disease progression.(32,33) Although axial PsA had worse peripheral arthritis compared to AS, AS patients had an earlier onset of their disease, a higher male predominance, were

more likely to be HLAB27 positive, to present with a more severe axial disease and were more likely to be treated with biologics.(32) Therefore, for a better understanding of this emerging entity, spinal involvement is an important aspect to measure in patients with PsA. Our study has shown that spinal assessment was mostly done by clinical evaluation of the physician in the majority of the registries/cohorts (90%), and/or through the BASDAI questionnaire (60%), and never with MRI (0%). The assessment of axial SpA should be further defined.(32)

8

9 In the present study, disease activity composite scores were reported in 74% of the 10 registries, mostly through MDA, DAS28 and DAPSA. DAS28 is adapted from RA and is not recommended to evaluate disease activity in PsA.(34) A 2017 international task-11 12 force on treat-to-target management recommended two PsA-specific instruments to 13 define the treatment target: MDA or DAPSA.(8) DAPSA is a unidimensional composite 14 outcome centered only on joint activity, whereas MDA is a binary measure of disease 15 state including skin, entheses and joints.(8) In the last GRAPPA meeting held in 2021 16 ASDAS was proposed as the composite score to use in clinical trials and MDA as the 17 treatment target.(35) Although not frequently collected in registries and cohorts, 18 PASDAS captures many aspects of PsA including joint counts, dactylitis, enthesitis, 19 systemic inflammation, SF-36 items for quality of life as well as the patient's and 20 physician's global assessment (36).

On the other hand, GRAPPA agreed that composite scores of disease activity such
as PASDAS or CPDAI should be modified to be feasible in routine clinical practice(37).
Therefore, shortened versions of these composite scores are being tested for use in
clinical practice and need further validation.(38)

25

1 Concerning PROs, more than <sup>3</sup>/<sub>4</sub> of the registries reported HAQ and the other frequently 2 collected PROs were pain and patient global assessment which are all part of MDA.(39) Fatigue was recently considered as an important topic mainly because of its 3 4 impact on guality of life.(40) It is also part of the main inner core-set; however, in our study, fatigue was reported in only 1/3 of the PsA registries or cohorts. In Palominos' 5 6 systematic review on PsA RCTs, fatigue was described in only 15.5% of articles.(9) 7 Thus, it seems that fatigue is being increasingly collected. Fatigue has been studied 8 mainly in RA(41-43) and more comprehensive data is awaited in PsA.(44) The PsA 9 Impact of Disease score (PsAID) was not reported in the registries, probably because 10 the vast majority of the registries started before 2014, when the PsAID was first 11 developed.(45)

12

13 The present study highlights great heterogeneity in outcome measures in PsA. Similar 14 work on RCTs also evidenced heterogeneity in the evaluation of disease activity in 15 PsA.(9,28) However, registries and longitudinal cohorts may reflect more closely real-16 world data than trials. In this regard, Radner et al observed heterogeneity in disease 17 activity outcomes in RA registries/cohorts. Such heterogeneity leads to difficulties in 18 comparing outcomes and studies.(19) Therefore, there is a need to obtain a consensus 19 on instruments to assess each domain and on outcome measures to be reported 20 homogeneously in studies and registries. This will enable a better evaluation and comparability of the effectiveness of interventions, as well as improving the quality of 21 22 observational research. Only 11 registries/cohorts collected all of the 2006 core set 23 domains and only 2 registries/cohorts reported all of the 2016 updated 8 core set 24 domains. This finding shows a lack of implementation of the GRAPPA/OMERACT 25 consensus on important domains to assess in PsA.(11)

# 2 5 CONCLUSIONS

4	Overall, although there is an increasing number of PsA-specific registries and cohorts,
5	data collection is still very heterogeneous, reflecting the need for international
6	consensus on outcome measures. Consensus initiatives are ongoing and may allow
7	better standardisation in the future.(46)
8	

- 1 ACKNOWLEDGMENTS AND AFFILIATIONS: none.
- 2 **COMPETING INTERESTS:** The authors have no relevant disclosures.
- 3 **FUNDING, GRANT/AWARD INFO:** none.
- 4 **ETHICAL APPROVAL INFORMATION:** not applicable.
- 5 **DATA SHARING STATEMENT:** All data relevant to the study are included in the
- 6 article or uploaded as supplementary information.
- 7 The protocol was registered on PROSPERO (CRD42020175745).

## 8 **AUTHOR CONTRIBUTIONS:**

9 K. Aouad contributed to: conceptualization, Methodology, Investigation, Formal
10 analysis and interpretation, Data curation, Writing- Original draft & Editing,
11 visualization, Project administration, Final approval of the version to be published.

12 G. Moysidou, A. Rakotozafiarison contributed to: Methodology, Investigation, Project

- 13 administration, visualization, Writing- Review & Editing, Final approval of the version
- 14 to be published.
- B. Fautrel contributed to: Supervision, Validation, Writing- Review & Editing, Final
   approval of the version to be published

17 L. Gossec contributed to: Conceptualization, Methodology, Validation, investigation,

18 Formal analysis and interpretation, Writing- Review & Editing, Supervision, Final

19 approval of the version to be published.

- 20
- 21

1 2

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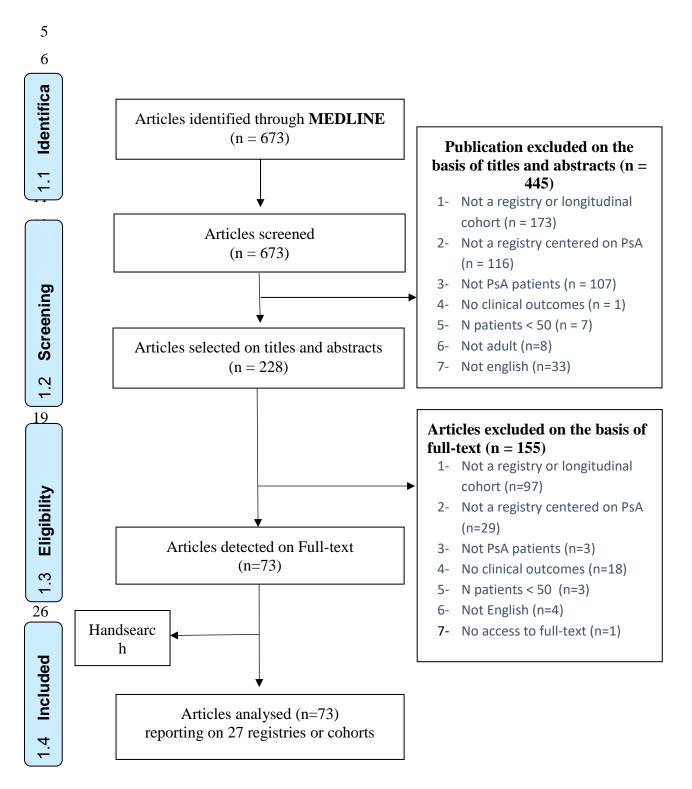
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# 1 7 TABLES AND FIGURES

2

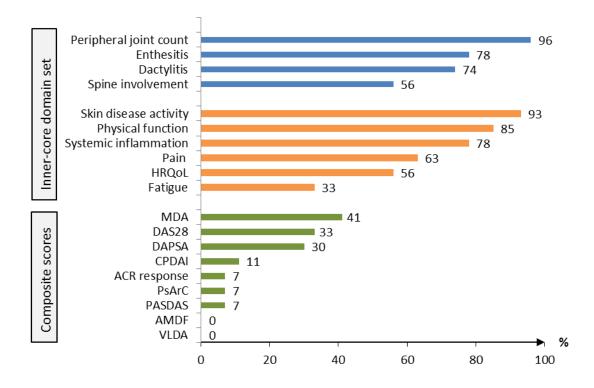
Figure 1. Flow Diagram of PsA registries and cohorts published between 2010
and March 2020.



1 Figure 2. Frequency of reporting of different composite scores and outcome

# 2 measures in 27 PsA registries/cohorts

3



The bars represent the percentage of the 27 PsA registries/cohorts. The blue bars represent the musculoskeletal disease activity, the orange bars represent the other domains of the inner-core set, and the green bars represent the composite disease activity scores.

8

9 ACR response: American College of Rheumatology response; AMDF: Arithmetic Mean of the
10 Desirability Function; CPDAI: Composite Psoriatic Disease Activity Index; DAS28: Disease Activity
11 Score 28; DAPSA: Disease Activity in PSoriatic Arthritis; HRQoL: Health-Related Quality of Life;
12 PASDAS: Psoriatic Arthritis Disease Activity Score; PsArC: Psoriatic Arthritis Response Criteria; MDA:
13 Minimal Disease Activity; VLDA: Very Low Disease Activity.

# 1 Table 1. Summary description of 27 PsA registries/cohorts

2

	Total N =16,183 patients
	(n=27 registries)
Age of patients, weighted mean, years (SD)	49.7 (9.3)
Diagnosis based on CASPAR, N (%)	21 (77.8)
Gender, female, N (%)	7959 (49.2)
Disease duration, weighted mean, years (SD)	6.8 (0.2)
Study involving a single center, N (%)	12 (44.4)
Number of patients per study, mean (SD)	599 (578)
Inception cohorts for early disease (≤3years), N (%)	4/26 (15.4)

3 CASPAR: Classification Criteria for Psoriatic Arthritis (25).

Table 2. Frequency of reporting of inner core set domains and outcome measures in 73 publications pertaining to 27 PsA cohorts/registries

PsA domains	Studies reporting the domain, n (% of 27 registries)	Cohort/registry starting before 2007, n (% of 12 registries)	Cohort/registry starting after 2007, n (% of 15 registries)		Studies reporting the outcome measure, n (% of registries reporting the domains)
Inner core set do	omains				
Peripheral joint count <sup>1</sup>	26 (96.3)	11 (91.6)	15 (100.0)	Tender joint count 68 Swollen joint count 66 Damaged joint count	14 (53.8) 14 (53.8) 7 (26.9)
Enthesitis <sup>2</sup>	21 (77.7)	9 (75.0)	12 (80.0)	Leeds enthesitis index MASES	7 (33.3) 5 (23.8)
Dactylitis <sup>3</sup>	20 (74.1)	9 (75.0)	11 (73.3)	Number of digits Leeds Dactylitis Index	11 (55.0) 1 (5.0)
Spine involvement	15 (55.6)	6 (50.0)	9 (60.0)	Physician assessment BASDAI	14(93.3) 9(60.0)
Skin disease activity <sup>4</sup>	25 (92.6)	11 (91.6)	14 (93.3)	PASI Body surface area	18 (95.7) 12 (48.0)
Physical function <sup>5</sup>	23 (85.2)	9 (75.0)	14 (93.3)	HAQ	22 (95.7)
HRQoL <sup>6</sup>	15 (55.5)	7 (58.3)	8 (53.3)	SF36 DLQI EuroQol-5 Domain	7 (46.7) 7 (46.7) 7 (46.7)
Fatigue	9 (33.3)	2 (16.6)	7 (46.6)	Fatigue analog scale	5 (55.6)
Systemic inflammation	21 (77.7)	10 (83.3)	11 (73.3)	CRP Erythrocyte sedimentation rate	19 (90.5) 17 (81.0)

Pain	17 (62.9)	7 (58.3)	10 (66.6)	Pain analog scale	17 (100.0)
Patient global assessment	19 (70.3)	7 (58.3)	12 (75.0)	PGA analog scale	19 (100.0)
Composite scores <sup>7</sup>	17 (63.0)	7 (58.3)	10 (66.7)		
MDA	11 (40.7)	6 (50.0)	5 (33.3)		
DAS28 or EULAR response	9 (33.3)	4 (33.3)	5 (33.3)		
DAPSA	8 (29.6)	4 (33.3)	4 (26.6)		

<sup>1</sup> binary assessment of joint count 4/27 (14.8%), tender and swollen joint count (28 and 44): 0% not reported

<sup>2</sup> Spondyloarthritis Research Consortium of Canada Enthesitis Index: 3/27 (11.1%)

<sup>3</sup>Leeds dactylitis Index: 1/27 (3.7%)

<sup>4</sup> Physician global assessment of psoriasis 4/27 (14.8%)

<sup>5</sup> Bath Ankylosing Spondylitis Functional Index (BASFI): 4/27(14.8%), Modified HAQ: 1/27 (3.7%). Revised Leeds Disability Questionnaire, Advanced Activities of Daily Living Scale, Psoriasis Disability index (0%) were not reported.

<sup>6</sup> Psoriatic Arthritis Quality of Life (PsAQoL): 4/27 (14.8%), Short Form 12 Health Survey: 1/27(3.7%), Ankylosing Spondylitis quality of life score: 1/27(3.7%), Comprehensive Assessment of the Psoriasis Patient (*CAPP*): 1/27(3.7%), Psoriatic Arthritis Impact of Disease (PsAID, 0%).

<sup>7</sup> Other composite scores were: CPDAI: 3/27(11.1%), PASDAS: 2/27 (7.4%), American College of Rheumatology (ACR) response: 2/27 (7.4%), Psoriatic Arthritis Response Criteria (PsARC): 2/27(7.4%), other scores (VLDA, AMDF, 0%) were not reported.

AMDF: Arithmetic Mean of the Desirability Function; BASDAI: Bath Ankylosing Spondylitis Disease Activity Index; CPDAI: Composite Psoriatic Disease Activity Index; DAPSA: Disease Activity in PSoriatic Arthritis; DLQI: Dermatology Life Quality Index; HAQ: Health assessment Questionnaire; HRQoL: Health Related Quality of Life; MASES: Maastricht Ankylosing Spondylitis Enthesitis Score; MDA: Minimal Disease Activity; PASDAS: Psoriatic Arthritis Disease Activity Score; PASI: Psoriasis Area Severity Index; PGA: Patient's global assessment; SF-36: 36-item short-form health survey; VAS: Visual Analogue Score; VLDA: Very Low Disease Activity.

# Supplementary Table S1 –

The 73 publications selected by the systematic literature review and reporting on 27 registries or longitudinal cohorts in psoriatic arthritis and published between 2010 and 2020.

Registry or Cohort Name/Abbreviation/Origin	Country from which the data originate	Reference
Adelphi PsA	18 countries	Alten R, Conaghan PG, Strand V, Sullivan E, Blackburn S, Tian H, et al. Unmet needs in psoriatic arthritis patients receiving immunomodulatory therapy: results from a large multinational real- world study. Clin Rheumatol. 2019 Jun;38(6):1615–26 Furst DE, Tran M, Sullivan E, Pike J, Piercy J, Herrera V, et al. Misalignment between physicians and patient satisfaction with psoriatic arthritis disease control. Clin Rheumatol. 2017;36(9):2045–54.
BATH UK cohort	UK	Holland R, Tillett W, Korendowych E, Cavill C, Waldron N, Brooke M, et al. Validation of the Psoriatic Arthritis Impact of Disease (PsAID) Questionnaire and its potential as a single-item outcome measure in clinical practice. Ann Rheum Dis. 2018;77(3):343–7
BRAZIL PSA cohort	Brazil	Ferreira, M.F., Kohem, C.L., Xavier, R.M. et al. Treating psoriatic arthritis to target: discordance between physicians and patients' assessment, non- adherence, and restricted access to drugs precluded therapy escalation in a real- world cohort. Clin Rheumatol 2019; 38, 961–968
CAMPOBASSO	Italy	Lubrano E, Parsons WJ, Perrotta FM. Assessment of Response to Treatment, Remission, and Minimal Disease Activity in Axial Psoriatic Arthritis Treated with Tumor Necrosis Factor Inhibitors. J Rheumatol. 2016 May;43(5):918-23 Lubrano E, Perrotta FM, Parsons WJ, Marchesoni A. Patient's Global Assessment as an Outcome Measure for Psoriatic Arthritis in Clinical Practice: A Surrogate for Measuring Low Disease Activity? J Rheumatol. 2015 Dec;42(12):2332-8
CARMA	Spain	García-Gómez C, Martín-Martínez MA, Fernández-Carballido C, Castañeda S, González-Juanatey C, Sanchez-Alonso F, González-Fernández MJ, Sanmartí R, García-Vadillo JA, Fernández-Gutiérrez B, García-Arias M, Manero FJ, Senabre JM, Rueda-Cid A, Ros-Expósito S, Pina- Salvador JM, Erra-Durán A, Möller-Parera

CARVALHO PsA cohort	Spain	I, Llorca J, González-Gay MA; CARMA Project Collaborative Group. Hyperlipoproteinaemia(a) in patients with spondyloarthritis: results of the Cardiovascular in Rheumatology (CARMA) project. Clin Exp Rheumatol. 2019 Sep-Oct;37(5):774-782 Carvalho PD, Savy F, Moragues C,
CARVALITO PSA CONOR	Span	Juanola X, Rodriguez-Moreno J. Axial involvement according to ASAS criteria in an observational psoriatic arthritis cohort. Acta Reumatol Port. 2017 Apr- Jun;42(2):176-182
COMPASS	USA	Dalal DS, Lin YC, Brennan DM, Borkar N, Korman N, Husni ME. Quantifying harmful effects of psoriatic diseases on quality of life: Cardio-metabolic outcomes in psoriatic arthritis study (COMPASS). Semin Arthritis Rheum. 2015 Jun;44(6):641-5
COPPAR	USA	Schneeweiss M, Merola JF, Karlson EW, Solomon DH. Rationale and Design of the Brigham Cohort for psoriasis and psoriatic arthritis registry (COPPAR). BMC Dermatol. 2017 Aug 16;17(1):11
CORRONA	USA	<ul> <li>Mease PJ, Palmer JB, Hur P, Strober BE, Lebwohl M, Karki C, Reed GW, Etzel CJ, Greenberg JD, Helliwell PS. Utilization of the validated Psoriasis Epidemiology Screening Tool to identify signs and symptoms of psoriatic arthritis among those with psoriasis: a cross-sectional analysis from the US-based Corrona Psoriasis Registry. J Eur Acad Dermatol Venereol. 2019 May;33(5):886-892</li> <li>Mease PJ, Palmer JB, Liu M, Kavanaugh A, Pandurengan R, Ritchlin CT, Karki C, Greenberg JD. Influence of Axial Involvement on Clinical Characteristics of Psoriatic Arthritis: Analysis from the Corrona Psoriatic Arthritis/Spondyloarthritis Registry. J Rheumatol. 2018 Oct;45(10):1389-1396</li> <li>Kavanaugh A, Singh R, Karki C, Etzel CJ, Kremer JM, Greenberg JD, Griffith J. Disease activity and biologic use in patients with psoriatic arthritis or rheumatoid arthritis. Clin Rheumatol. 2018 Aug;37(8):2275-2280</li> <li>Harrold LR, Stolshek BS, Rebello S, Collier DH, Mutebi A, Wade SW, Malley W, Greenberg JD, Etzel CJ. Rebound in Measures of Disease Activity and Symptoms in Corrona Registry Patients with Psoriatic Arthritis Who Discontinue Tumor Necrosis Factor Inhibitor Therapy after Achieving Low Disease Activity. J Rheumatol. 2018 Jan;45(1):78-82</li> <li>Mease PJ, Karki C, Palmer JB, Etzel CJ, Kavanaugh A, Ritchlin CT, Malley W,</li> </ul>

		Herrera V, Tran M, Greenberg JD. Clinical
		and Patient-reported Outcomes in Patients with Psoriatic Arthritis (PsA) by Body Surface Area Affected by Psoriasis:
		Results from the Corrona PsA/Spondyloarthritis Registry. J Rheumatol. 2017 Aug;44(8):1151-1158
		Mease PJ, Karki C, Palmer JB, Etzel CJ, Kavanaugh A, Ritchlin CT, Malley W,
		Herrera V, Tran M, Greenberg JD. Clinical Characteristics, Disease Activity, and
		Patient-Reported Outcomes in Psoriatic Arthritis Patients With Dactylitis or Enthesitis: Results From the Corrona
		Psoriatic Arthritis/Spondyloarthritis Registry. Arthritis Care Res (Hoboken).
		2017 Nov;69(11):1692-1699 Harrold LR, Stolshek BS, Rebello S,
		Collier DH, Mutebi A, Wade SW, Malley W, Greenberg JD, Etzel CJ. Impact of
		prior biologic use on persistence of treatment in patients with psoriatic arthritis enrolled in the US Corrona registry. Clin Rheumatol. 2017 Apr;36(4):895-901
		Mease PJ, Lesperance T, Liu M, Collier DH, Mason M, Deveikis S, Accortt NA.
		Changes in Treatment Patterns in Patients with Psoriatic Arthritis Initiating Biologic and Nonbiologic Therapy in a
		Clinical Registry. J Rheumatol. 2017 Feb;44(2):184-192.
		Shrestha A, Bahce-Altuntas A, Mowrey W, Broder A. Active peripheral inflammation
		is associated with pro-atherogenic lipid profile in psoriatic arthritis. Semin Arthritis Rheum. 2016 Dec;46(3):286-290
		Reddy SM, Anandarajah AP, Fisher MC, Mease PJ, Greenberg JD, Kremer JM,
		Reed G, Chen R, Messing S, Kaukeinen K, Ritchlin CT. Comparative analysis of disease activity measures, use of biologic
		agents, body mass index, radiographic features, and bone density in psoriatic
		arthritis and rheumatoid arthritis patients followed in a large U.S. disease registry. J
CZECH COHORT	Czech Republic	Rheumatol. 2010 Dec;37(12):2566-72 Mlcoch T, Tuzil J, Sedova L, Stolfa J, Urbanova M, Suchy D, Smrzova A,
		Jircikova J, Hrnciarova T, Pavelka K, Dolezal T. Mapping Quality of Life (EQ-
		5D) from DAPsA, Clinical DAPsA and HAQ in Psoriatic Arthritis. Patient. 2018 Jun;11(3):329-340
DEPAR PSA COHORT	The Netherlands	Wervers K, Luime JJ, Tchetverikov I, Gerards AH, Kok MR, Appels CWY, van
		der Graaff WL, van Groenendael JHLM, Korswagen LA, Veris-van Dieren JJ, Hazes JMW, Vis M; Cicero. Time to
		minimal disease activity in relation to quality of life, productivity, and

		radiographic damage 1 year after diagnosis in psoriatic arthritis. Arthritis Res Ther. 2019 Jan 16;21(1):25 Wervers K, Luime JJ, Tchetverikov I, Gerards AH, Kok MR, Appels CWY, van der Graaff WL, van Groenendael JHLM, Korswagen LA, Veris-van Dieren JJ, Hazes JMW, Vis M. Influence of Disease Manifestations on Health-related Quality of Life in Early Psoriatic Arthritis. J Rheumatol. 2018 Nov;45(11):1526-1531
FEDERICO PSA COHORT	Italy	<ul> <li>Navarini L, Margiotta DPE, Caso F, Currado D, Tasso M, Angeletti S, Ciccozzi M, Scarpa R, Afeltra A, Costa L. Performances of five risk algorithms in predicting cardiovascular events in patients with Psoriatic Arthritis: An Italian bicentric study. PLoS One. 2018 Oct 11;13(10)</li> <li>Chimenti MS, Ortolan A, Lorenzin M, Triggianese P, Talamonti M, Costa L, Caso F, Favero M, Teoli M, Galluzzo M, Scarpa R, Punzi L, Perricone R, Ramonda R. Effectiveness and safety of ustekinumab in naïve or TNF-inhibitors failure psoriatic arthritis patients: a 24- month prospective multicentric study. Clin Rheumatol. 2018 Feb;37(2):397-405</li> <li>Costa L, Caso F, Ramonda R, Del Puente A, Cantarini L, Darda MA, Caso P, Lorenzin M, Fiocco U, Punzi L, Scarpa R. Metabolic syndrome and its relationship with the achievement of minimal disease activity state in psoriatic arthritis patients: an observational study. Immunol Res. 2015 Feb;61(1-2):147-53</li> <li>Di Minno MN, Iervolino S, Peluso R, Di Minno A, Ambrosino P, Scarpa R; CaRRDs Study Group. Hemostatic and fibrinolytic changes are related to inflammatory conditions in patients with psoriatic arthritiseffect of different treatments. J Rheumatol. 2014 Apr;41(4):714-22</li> <li>Di Minno MN, Peluso R, Iervolino S, Lupoli R, Russolillo A, Tarantino G, Scarpa R. Hepatic steatosis, carotid plaques and achieving MDA in psoriatic arthritis patients starting TNF-α blockers treatment: a prospective study. Arthritis Res Ther. 2012 Oct 4;14(5):R211</li> <li>Di Minno MN, Peluso R, Iervolino S, Lupoli R, Russolillo A, Scarpa R, di Minno G. Obesity and the prediction of minimal disease activity: a prospective study in psoriatic arthritis. Arthritis Care Res (Hoboken). 2013 Jan;65(1):141-7.</li> </ul>

		Atteno M, Peluso R, Costa L, Padula S, Iervolino S, Caso F, Sanduzzi A, Lubrano
		E, Del Puente A, Scarpa R. Comparison of effectiveness and safety of infliximab, etanercept, and adalimumab in psoriatic arthritis patients who experienced an inadequate response to previous disease- modifying antirheumatic drugs. Clin Rheumatol. 2010 Apr;29(4):399-403
IPART	3 countries	Eder L, Harvey P, Chandran V, Rosen CF, Dutz J, Elder JT, Rahman P, Ritchlin CT, Rohekar S, Hayday R, Barac S, Feld J, Zisman D, Gladman DD. Gaps in Diagnosis and Treatment of Cardiovascular Risk Factors in Patients with Psoriatic Disease: An International Multicenter Study. J Rheumatol. 2018 Mar;45(3):378-384
LOPAS II	UK	<ul> <li>Tillett W, Shaddick G, Jobling A, Askari A, Cooper A, Creamer P, Clunie G, Helliwell PS, James J, Kay L, Korendowych E, Lane S, Packham J, Shaban R, Thomas ML, Williamson L, McHugh N. Effect of anti-TNF and conventional synthetic disease-modifying anti-rheumatic drug treatment on work disability and clinical outcome in a multicentre observational cohort study of psoriatic arthritis. Rheumatology (Oxford). 2017 Apr 1;56(4):603-612</li> <li>Tillett W, Shaddick G, Askari A, Cooper A, Creamer P, Clunie G, Helliwell PS, Kay L,</li> </ul>
		Korendowych E, Lane S, Packham J, Shaban R, Williamson L, McHugh N. Factors influencing work disability in psoriatic arthritis: first results from a large UK multicentre study. Rheumatology (Oxford). 2015 Jan;54(1):157-62
PRESPOND REGISTRY	China	Wang CTM, Kwan YH, Fong W, Xiong SQ, Leung YY. Factors associated with patient-physician discordance in a prospective cohort of patients with psoriatic arthritis: An Asian perspective. Int J Rheum Dis. 2019 Jul;22(7):1209- 1215
PSART ID	2 countries	Bakirci S, Solmaz D, Al Osaimi N, Dalkilic E, Can M, Erden A, Ozisler C, Cinar M, Kilic L, Küçük A, Omma A, Yildiz F, Doğru A, Tufan A, Esmen SE, Akar S, Kalyoncu U, Aydin SZ; PsArt-ID (Psoriatic Arthritis- International Database). What are the main barriers to achieve minimal disease activity in psoriatic arthritis in real life? Clin Exp Rheumatol. 2019 Sep-Oct;37(5):808- 812
		Aydin SZ, Kucuksahin O, Kilic L, Dogru A, Bayindir O, Ozisler C, Omma A, Tarhan EF, Erden A, Kimyon G, Can M, Dalkilic E, Yavuz S, Ureyen SB, Gunal EK, Alhussain

		Kalyoncu U, Bayindir Ö, Ferhat Öksüz M, Doğru A, Kimyon G, Tarhan EF, Erden A, Yavuz Ş, Can M, Çetin GY, Kılıç L, Küçükşahin O, Omma A, Ozisler C, Solmaz D, Bozkirli ED, Akyol L, Pehlevan SM, Gunal EK, Arslan F, Yılmazer B, Atakan N, Aydın SZ; Psoriatic Arthritis Registry of Turkey Study Group. The
		Psoriatic Arthritis Registry of Turkey: results of a multicentre registry on 1081 patients. Rheumatology (Oxford). 2017 Feb;56(2):279-286.
QUIERO PT	Spain	Queiro R, Lorenzo A, Tejón P, Coto P, Pardo E. Obesity in psoriatic arthritis: Comparative prevalence and associated factors. Medicine (Baltimore). 2019 Jul;98(28):e16400
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