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Cohort description: Measures of early-life behaviour and later psychopathology in the LifeCycle Project - EU Child Cohort Network

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1 Study profile

2 Cohort description: Measures of early-life behaviour and later psychopathology 3 in the LifeCycle Project - EU Child Cohort Network

4 5 Authors and Affiliations

6 Johanna L. Nader^{1*}, Mònica López-Vicente^{2,3}, Jordi Julvez^{4,2}, Monica Guxens^{2,3}, Tim Cadman⁵,
7 Ahmed Elhakeem⁵, Marjo-Riitta Järvelin⁶, Nina Rautio⁶, Jouko Miettunen^{6,7}, Hanan El Marroun^{3,8,9},
8 Maria Melchior¹⁰, Barbara Heude¹¹, Marie-Aline Charles^{11,12}, Tiffany C. Yang¹³, Rosemary R. C.
9 McEachan¹³, John Wright¹³, Kinga Polanska¹⁴, Jennie Carson¹⁵, Ashleigh Lin¹⁵, Sebastian Rauschert¹⁵,
10 Rae-Chi Huang¹⁵, Maja Popovic¹⁶, Lorenzo Richiardi¹⁶, Eva Corpeleijn¹⁷, Marloes Cardol¹⁷, Tuija M.
11 Mikkola^{18,19}, Johan G. Eriksson^{18,20,21,22,23}, Theodosia Salika²⁴, Hazel Inskip^{24,25}, Johan Lerbech
12 Vinther²⁶, Katrine Strandberg-Larsen²⁶, Kathrin Gürlich²⁷, Veit Grote²⁷, Berthold Koletzko²⁷, Marina
13 Vafeiadi²⁸, Jordi Sunyer², Vincent W. V. Jaddoe^{8,9}, Jennifer R. Harris²⁹ for the LifeCycle Project
14 Group.

15
16 ¹Department of Genetics and Bioinformatics, Division of Health Data and Digitalisation, Norwegian Institute of Public Health, Oslo, Norway

17 ²ISGlobal, Instituto de Salud Global de Barcelona, Barcelona, Spain

18 ³Department of Child and Adolescent Psychiatry, University Medical Center Rotterdam, Erasmus MC

19 ⁴Institut d'Investigació Sanitària Pere Virgili, Hospital Universitari Sant Joan de Reus, 43204 Reus, Spain

20 ⁵MRC Integrative Epidemiology Unit at University of Bristol, Population Health Sciences, Bristol Medical School, Bristol, UK

21 ⁶Center for Life Course Health Research, University of Oulu, Oulu, Finland

22 ⁷Medical Research Center Oulu, Oulu University Hospital and University of Oulu, Oulu, Finland

23 ⁸Department of Pediatrics, University Medical Center Rotterdam, Erasmus MC

24 ⁹The Generation R Study Group, Erasmus MC, Rotterdam, CA, The Netherlands

25 ¹⁰Sorbonne Université, INSERM, Institut Pierre Louis d'Épidémiologie et de Santé Publique, IPLESP, 75012, Paris, France

26 ¹¹Université de Paris, Centre for Research in Epidemiology and Statistics (CRESS), INSERM, INRAE, Paris, France

27 ¹²Unité mixte Inserm-Ined-EFS Elfe, INED, Paris, France

28 ¹³Bradford Institute for Health Research, Bradford Teaching Hospitals NHS Foundation Trust, Bradford, UK

29 ¹⁴Department of Hygiene and Epidemiology, Medical University of Lodz, Lodz, Poland

30 ¹⁵Telethon Kids Institute, University of Western Australia, Australia

31 ¹⁶Cancer Epidemiology Unit, Department of Medical Sciences, University of Turin and CPO Piemonte, Turin, Italy

- 32 ¹⁷Department of Epidemiology, University Medical Center Groningen, Groningen, The Netherlands
- 33 ¹⁸Folkhälsan Research Center, Helsinki, Finland
- 34 ¹⁹Clinicum, Faculty of Medicine, University of Helsinki, Finland
- 35 ²⁰Public Health Promotion Unit, National Institute for Health and Welfare, Helsinki, Finland
- 36 ²¹Department of General Practice and Primary Health Care, University of Helsinki and Helsinki University Hospital, Helsinki, Finland
- 37 ²²Singapore Institute for Clinical Sciences, Agency for Science, Technology, and Research, Singapore
- 38 ²³Department of Obstetrics & Gynaecology, Yong Loo Lin School of Medicine, National University of Singapore, Singapore, Singapore
- 39 ²⁴Medical Research Council Lifecourse Epidemiology Unit, Southampton General Hospital, University of Southampton, Southampton, UK.
- 40 ²⁵NIHR Southampton Biomedical Research Centre, University Hospital Southampton NHS Foundation Trust, University of Southampton,
- 41 Southampton, UK.
- 42 ²⁶Section of Epidemiology, Department of Public Health, University of Copenhagen, Copenhagen, Denmark
- 43 ²⁷Division of Metabolic and Nutritional Medicine, Department of Pediatrics, Dr. von Hauner Children's Hospital, University Hospital, LMU,
- 44 Munich, Germany
- 45 ²⁸Department of Social Medicine, Faculty of Medicine, University of Crete, Heraklion, Greece.
- 46 ²⁹Division of Health Data and Digitalization, Center for Fertility and Health and Department of Genetics and Bioinformatics, The Norwegian
- 47 Institute of Public Health, Oslo, Norway

48

49 Corresponding author: Dr. Johanna Lucia Nader, Department of Genetics and Bioinformatics, Norwegian Institute of Public

50 Health, Sandakerveien 24 C, 0473 Oslo, Norway. E-mail: JohannaLuciaThorbjornsrud.Nader@fhi.no

51

52 Short Title (Running Title): Early-life behaviour and later psychopathology in LifeCycle

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54 Number of Figures: 5

55 Number of Supplementary Files: 3

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68 **Abstract**

69 **Background:** The EU LifeCycle Project was launched in 2017 to combine, harmonise, and analyse
70 data from more than 250,000 participants across Europe and Australia, involving cohorts participating
71 in the EU-funded LifeCycle Project. The purpose of this cohort description is to provide a detailed
72 overview over the major measures within mental health domains that are available in 17 European and
73 Australian cohorts participating in the LifeCycle Project.

74

75 **Methods:** Data on cognitive, behavioural and psychological development has been collected on
76 participants from birth until adulthood through questionnaire and medical data. We developed an
77 inventory of the available data by mapping individual instruments, domain types, and age groups,
78 providing the basis for statistical harmonization across mental health measures.

79

80 **Results:** The mental health data in LifeCycle contain longitudinal and cross-sectional data for ages 0-
81 18+ years, covering domains across a wide range of behavioural and psychopathology indicators and
82 outcomes (including executive function, depression, ADHD and cognition). These data span a unique
83 combination of qualitative data collected through behavioural/cognitive/mental health questionnaires
84 and examination, as well as data from biological samples and indices in the form of brain imaging
85 (MRI, foetal ultrasound) and DNA methylation data. Harmonized variables on a subset of mental
86 health domains have been developed, providing statistical equivalence of measures required for
87 longitudinal meta-analyses across instruments and cohorts.

88

89 **Conclusion:** Mental health data harmonized through the LifeCycle project can be used to study life
90 course trajectories and exposure-outcome models that examine early life risk factors for mental illness
91 and develop predictive markers for later-life disease.

92

93 **Keywords:** *Birth and pregnancy cohorts, Child behaviour and mental health, Population*
94 *epidemiology, Child development, DataSHIELD*

95

96 **Background and Purpose**

97 Effects of early life exposures on later life mental health are well known, but more research to
98 understand and elucidate the pathways from stressors to outcomes is needed. The LifeCycle Project -
99 EU Child Cohort Network, a Horizon 2020 project, is a pan-European and Australian initiative
100 comprised of 19 pregnancy and birth cohorts, established to study exposure-to-outcome associations
101 and trajectories across the life course (<https://lifecycle-project.eu/>).¹ In general, studies in LifeCycle
102 aim to construct developmental trajectories, develop risk assessment models, measure developmental
103 adaptations and evaluate mediating epigenetic effects to better understand the consequences of early-
104 life exposures to stressors for risk factors and diseases in adulthood. The large sample sizes achieved
105 through this consortium facilitate high statistical power needed for increased accuracy of estimates and
106 more robust findings.

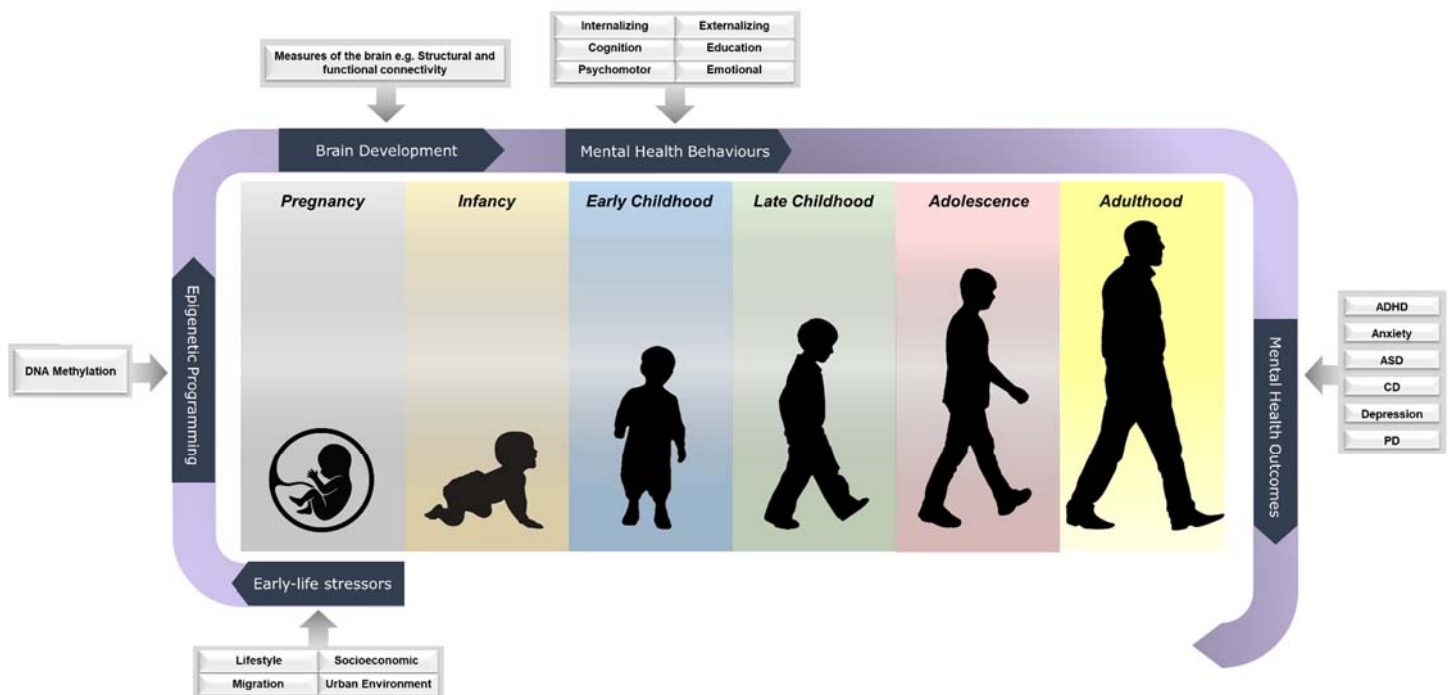
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108 Mental health is one of the main outcomes within the LifeCycle Project.¹ While mortality rates for
109 many non-communicable diseases have steadily declined in some populations over the past few
110 decades, such as coronary heart disease^{2,3} and chronic obstructive pulmonary disease,⁴ the global
111 burden of mental illness is on the rise.⁵ The impact of mental illness on disability and socioeconomic
112 prosperity is increasing around the world, and it is predicted that mental illness will contribute more to
113 disability-adjusted life years (DALYs) than any other category of diseases by the year 2030.⁶ An
114 understanding of how mental health impacts and mediates disease risk and prognosis for other
115 conditions is also beginning to emerge, with recent meta-analyses revealing significantly higher risks
116 for cardiovascular⁷ and metabolic⁸ diseases linked to severe mental illness.

117
118 This cohort description focuses on the extensive work done to catalogue and harmonise variables
119 related to cognitive, behavioural, and psychological development within the broader LifeCycle
120 consortium.¹ It is well-recognised that experiences in early life play an important part in shaping later
121 mental health⁹ and the data within the LifeCycle Project permit analyses of these associations.
122 LifeCycle includes many pregnancy and birth cohorts that prospectively collected data on offspring
123 from conception and across different ages of child, adolescent, and adult development. The

124 availability of data from multiple follow-up assessments is essential for probing questions about
125 causality and linking early life stressors with later life mental health symptoms and outcomes.

126

127 The mental health studies in LifeCycle aim to investigate epidemiological interrelations between early
128 life exposures, behaviour, and cognition, with later mental and physical health. Towards this end we
129 have harmonised measures from 17 LifeCycle cohorts to enable studies that examine how
130 environmental stressors *in utero* and in early childhood affect, or are associated with, psychological
131 trajectories, behaviours, and mental outcomes throughout childhood, adolescence and adulthood.
132 Additionally, we are examining the nature and degree of mediation of these associations through
133 epigenetic changes and brain development (Figure 1). To our knowledge, the data compiled for these
134 studies within LifeCycle represents the largest ongoing consolidation of childhood behaviour,
135 psychopathology and cognition data to date, encompassing more than 200 multidimensional and
136 multi-informant established mental health measures collected from at least 250,000 participants.



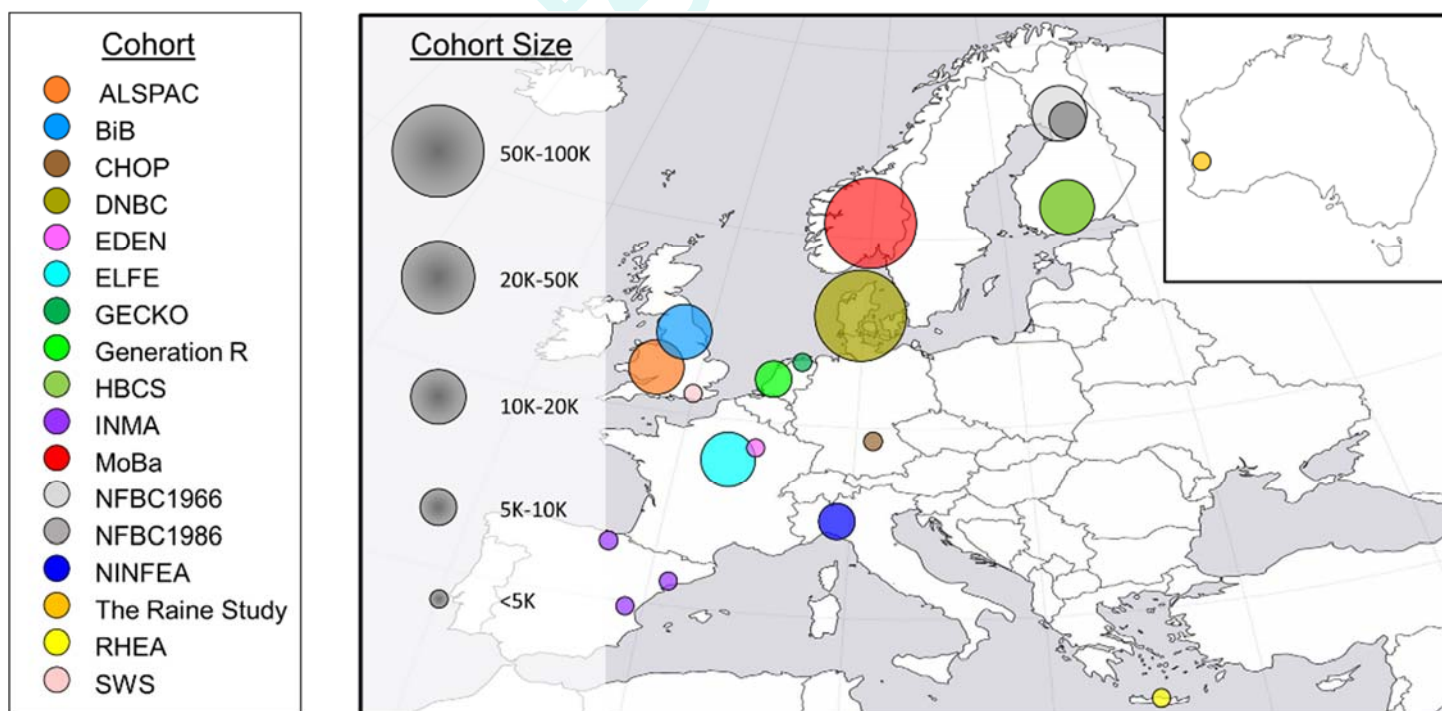
137 **Figure 1. Available mental health outcomes from prenatal to adulthood in the LifeCycle mental health and cognitive**
138 **data**

139 (ADHD: Attention deficit hyperactivity disorder; ASD: Autism spectrum disorders; CD: cognitive disorders; PD: psychiatric
140 disorders)

141 **Cohorts, participants and follow-up**

142 A total of 17 child-parent cohorts based in 13 countries are contributing with mental health data: Avon
143 Longitudinal Study of Parents and Children (ALSPAC, United Kingdom), Born in Bradford (BiB,
144 United Kingdom), EU Childhood Obesity Programme (CHOP, Germany/Italy/Spain/Poland/Belgium),
145 Danish National Birth Cohort (DNBC, Denmark), Etude des Déterminants du développement et de la
146 santé de l'Enfant (EDEN, France), Etude Longitudinale Française depuis l'Enfance (ELFE, France),
147 Groningen Expert Center for Kids with Obesity Drenthe cohort (GECKO Drenthe cohort, The
148 Netherlands), the Generation R Study (Generation R, The Netherlands), Helsinki Birth Cohort Study
149 (HBCS, Finland), Infancia y Medio Ambiente (INMA, Spain), The Norwegian Mother, Father and
150 Child Cohort Study (MoBa, Norway), Northern Finland Birth Cohorts (NFBC1966/1986, Finland),
151 Nascita e INFanzia: gli Effetti dell'Ambiente (NINFEA, Italy), The Raine Study (Australia), Rhea
152 Mother & Child Cohort Study (RHEA, Greece), and the Southampton Women's Survey (SWS, United
153 Kingdom).

154



155

156 **Figure 2. Geographic distribution and sample sizes of cohorts in LifeCycle contributing mental health**

157 **data**

158

159 The geographic coverage is broad, spanning across much of northern, western, central and southern
160 Europe as well as Western Australia (Figure 2). Mental health data from more than 250,000 children
161 are available (as of June 2021), including either mother-child or mother-father-child cohorts, and the
162 study population is diverse with respect to the age of the participants, cohort types, and data collection
163 periods (Table 1). As described elsewhere for the LifeCycle consortium, most of the cohorts in the
164 LifeCycle project (ALSPAC, CHOP, DNBC, EDEN, GECKO, HBCS, INMA, MoBa,
165 NFBC1966/1986, NINFEA, RHEA, and SWS) predominantly represent ethnic groups from the
166 background population (more than 95% European/White), but certain cohorts like BiB, ELFE, The
167 Generation R Study, and The Raine Study have significant representation of other ethnic groups as
168 well.¹⁰

169

170 **Table 1. Summary characteristics of LifeCycle cohorts participating with mental health data**

Cohort	Location of Coordinating Centre	Cohort Type	Data collection period	Recruitment	N (Live Births)
ALSPAC ^{11,12}	Avon, United Kingdom	Population-based	1990-present	Pregnancy	14,953
BiB ¹³	Bradford, United Kingdom	Population-based	2007-2010	Pregnancy	13,786
CHOP ¹⁴	Belgium (Liege, Brussels), Germany (Munich, Nuremberg), Italy (Milano), Poland (Warsaw), Spain (Reus, Tarragona)	Mixed (Randomised controlled intervention trial (first year) with birth cohort)	2002-2015	First 8 weeks of life	1,678
DNBC ¹⁵	Copenhagen, Denmark	Population-based	1996-present	Pregnancy	96,804
EDEN ¹⁶	Nancy and Poitiers, France	Population-based	2003-2017	Pregnancy	1,907
ELFE ¹⁷	Paris, France	Population-based	2011-present	Birth	18,329
GECKO ¹⁸	Drenthe, The Netherlands	Population-based	2006-present	Pregnancy	2844
The Generation R Study ^{19,20}	Rotterdam, The Netherlands	Population-based	2002-present	Pregnancy	9,749
HBCS ²¹	Helsinki, Finland	Population-based	1934-present	Birth	13,345
INMA ²²	Sabadell, Spain	Population-based	2004-present	Pregnancy	622
	Valencia, Spain	Population-based	2003-present	Pregnancy	787
	Gipuzkoa, Spain	Population-based	2006-present	Pregnancy	612
MOBA ²³	Oslo, Norway	Population-based	1999-present	Pregnancy	113,564
NFBC1966 ²⁴	Oulu, Finland	Population-based	1966-present	Pregnancy	12,058
NFBC1986 ²⁵	Oulu, Finland	Population-based	1985/1986-present	Pregnancy	9,432
NINFEA ²⁶	Torino, Italy	Population-based (Internet-based recruitment)	2005-present	Pregnancy (Internet- based recruitment)	6,816
The Raine Study ²⁷	Perth, Australia	Population-based (Randomised assignment to multiple ultrasounds during pregnancy)	1989-present	Pregnancy	2,868
RHEA ²⁸	Crete, Greece	Population-based	2007-present	Pregnancy	1,458
SWS ²⁹	Southampton, United Kingdom	Population-based	1998-present	Pre-pregnancy	3,158

171

172 The participating cohorts include child participants with follow-up data ranging from birth until
173 adulthood (Table 2). Questionnaires, medical records, doctor diagnoses and registries were variably

174 used across the cohorts to collect data at different ages, but all of the cohorts collected baseline data
175 during pregnancy or at birth, and included a follow-up data collection at least once by the time the
176 child participant was 24 months of age. Although the regularity of follow-up differs substantially
177 across cohorts, ranging from annually to many years apart, at least half of the cohorts performed some
178 type of follow-up data collection for all incremental age groups up until 6 years of age. The
179 overlapping age ranges enable comprehensive comparative analyses of mental health constructs
180 between and within the populations to which these index children belong.

Accepted Version

Table 2. Age ranges and sex (% male:female) of participants during assessment in LifeCycle cohorts

Cohort	Baseline (no. live births)	Age of child at assessment (years)														
		0 to <1	1 to <2	2 to <3	3 to <4	4 to <5	5 to <6	6 to <7	7 to <8	8 to <9	9 to <10	10 to <12	12 to <14	14 to <16	16 to <18	18+
ALSPAC ^a	14,953	11,466	11,097	9,993	9,779	9,632	8,683	8,410	8,282	7,481	7,718	7,552	6,829	5,506	5,212	
Sex (% M:F)		51.6:48.4	51.7:48.3	51.8:48.2	51.7:48.3	51.8:48.2	51.6:48.4	51.4:48.6	50.7:49.3	49.8:50.2	49.3:50.7	49.4:50.6	49.1:50.9	47.1:52.0	43.6:56.4	
BiB	13,786	1,436	3,484	2,911	1,167	2,505	79									
Sex (% M:F)		51.6:48.4	49.6:50.4	50.3:49.7	50.1:49.9	47.9:52.1	49.9:50.1	51.9:48.1								
CHOP ^b	1,678	1,175	1,067	934	747	674	655	1,028	594	589		719				
Sex (% M:F)		50.7:49.3	49.0:51.0	48.1:51.9	48.2:51.8	46.6:53.4	47.2:52.8	47.2:52.8	48.5:51.5	49.0:51.0	47.0:53.0	46.5:53.5				
DNBC	96,804	70,276	65,548				1,628 ^c					46,345 ^d				35,558 ^e
Sex (% M:F)		51.3:48.7	51.1:48.9	51.0:49.0			52.0:48.0					49.7:50.3				41.6:58.4
												48.5:51.8				
EDEN ^g	1,907		1,612	1,429	1,257	1,192	1,114					557				
Sex (% M:F)			52.8:47.2	52.2:47.8	52.4:47.6	51.3:48.7	52.7:47.3					51.3:48.7				
ELFE	18,329	16,547	14,439	13,277	11,935											
Sex (% M:F)		51.4:48.6	51.2:48.9	51.2:48.8	50.7:49.3	51.2:48.8										
GECKO	2,844	2,812	2,558	2,319	1,819	1,486	2,322					2,299				
Sex (% M:F)		50.3:49.7	50.3:49.7	50.1:49.9	51.2:48.8	51.4:48.6	50.3:49.7					49.8:50.2				
Generation R	9,749	7,893					8,305					7,393		6,842		
Sex (% M:F)		50.7:49.3	50.5:49.5				50.5:49.5					50.1:49.9		50.3:49.7		
HBCS	13,345	13,345	13,342	13,342	8,947	7,252	9,947	10,055	10,046	10,033	9,985	9,902				13,345
Sex (% M:F)		52.3:47.7	52.3:47.7	52.3:47.7	52.0:48.0	51.7:48.3	52.6:47.4	52.7:47.3	52.6:47.4	52.7:47.3	52.8:47.2	52.8:47.2				52.3:47.7
INMA-Sabadell	622		559			481		473			433					
Sex (% M:F)			51.3:48.7			51.4:48.7		51.6:48.4			52.0:48.0					
INMA-Valencia	787		694				530		469		429					
Sex (% M:F)			52.6:47.4				51.7:48.3		50.8:49.3		50.6:49.4					
INMA-Gipuzkoa	612		556	506	394				397	382						
Sex (% M:F)		50.3:49.8	49.1:50.9	52.0:48.0	49.2:50.8				49.4:50.6	54.0:46.0						
MoBa	113,564	87,801	74,750		58,835		41,617		53,517	43,609						
Sex (% M:F)		51.0:49.0	51.0:49.0		51.0:49.0		50.9:49.1		51.3:48.7	50.9:49.1						
NFBC1966	12,058		10,729											10,927		9,517
Sex (% M:F)			50.8:49.2											50.4:49.6		51.3:48.7
NFBC1986	9,432		1,803						8,416 ^d					6,985 ^d		Data
Sex (% M:F)			50.9:49.1						51.3:48.7					50.0:50.0		collection
									8,525 ^h					7,344 ^e		ongoing
									51.5:48.5					48.5:51.5		(2019-
														6,795 ⁱ		2020)
														49.4:50.6		
NINFEA	7,527 ^j	6,907	6,279		4,398				2,348			837				
Sex (% M:F)		50.7:49.3			51.1:48.9				50.3:49.7			50.8:49.2				
The Raine Study	2,868		2,430	1,974	2,260		2,236			2,140		2,048		1,864	1,693	1,462
Sex (% M:F)		50.7:49.3	50.9:49.1	52.1:47.9	50.9:49.1		51.6:48.4			51.4:48.6		51.7:48.3		51.4:48.6	49.9:50.1	48.9:51.1
RHEA	1,458	1,257	569		904			626								
Sex (% M:F)		50.1:49.9	50.2:49.8	54.5:45.5	52.3:47.7			55.1:44.9								
SWS	3,158	2,959	2,875	2,779	2,625	1,182		2,034		1,214		2,034				
Sex (% M:F)		51.7:48.3	51.9:48.1	51.8:48.2	52.1:47.9	51.9:48.1		51.3:48.7		49.4:50.6						

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^aALSPAC follow-up data is based on number of parents completing at least some of the questionnaire(s) on young person up to age 7 years, and number of children attending clinic from age 7 years and onwards

^bCHOP follow-up data is based on number of children with at least one anthropometric measurement at the considered age

^cDNBC follow-up data at 5 years based on a subsample, selected based on parental alcohol characteristics

^dParent-reported data

^eSelf-reported data

^fDNBC data collection for 18-year follow-up is currently ongoing

^gEDEN follow-up data is based on number of children with at least one neurodevelopment assessment at the considered age

^hTeacher-reported data

ⁱClinical data

^jNINFEA baseline data refers to no. pregnant women recruited

192 **Main outcome measures**

193

194 *Psychological, motor and cognitive measures*

195 Mental and cognitive disorders comprise some of the most frequently diagnosed conditions in children
196 under 18 years of age. The combined data resource will contain information pertaining to the children
197 from more than 200 mental health measures, covering eight clinical domains across 60 dimensions
198 (Table S1). A majority of these measures assess domains under a broad banner of ‘mental health’,
199 encompassing psychological functions, cognitive and executive functions and psychological
200 development (67.0%; 136 of 203), covering dimensions such as neurodevelopmental disorders,
201 internalising and externalising symptoms, temperament and mental diagnoses. Further domains
202 include language skills (31.0%; 63 of 203), executive functions (29.1%; 59 of 203), memory (11.3%;
203 23 of 203) and general intelligence (8.4%; 17 of 203) (Table S1). There are many commonalities
204 between mental health domain-types and significant overlap in the age groups with measures in
205 specific domains (Figure 3). This makes it possible to harmonise the data.³⁰ Most of the cohorts
206 continuously follow up their participants, and the availability of harmonised data will tend to increase
207 with time.

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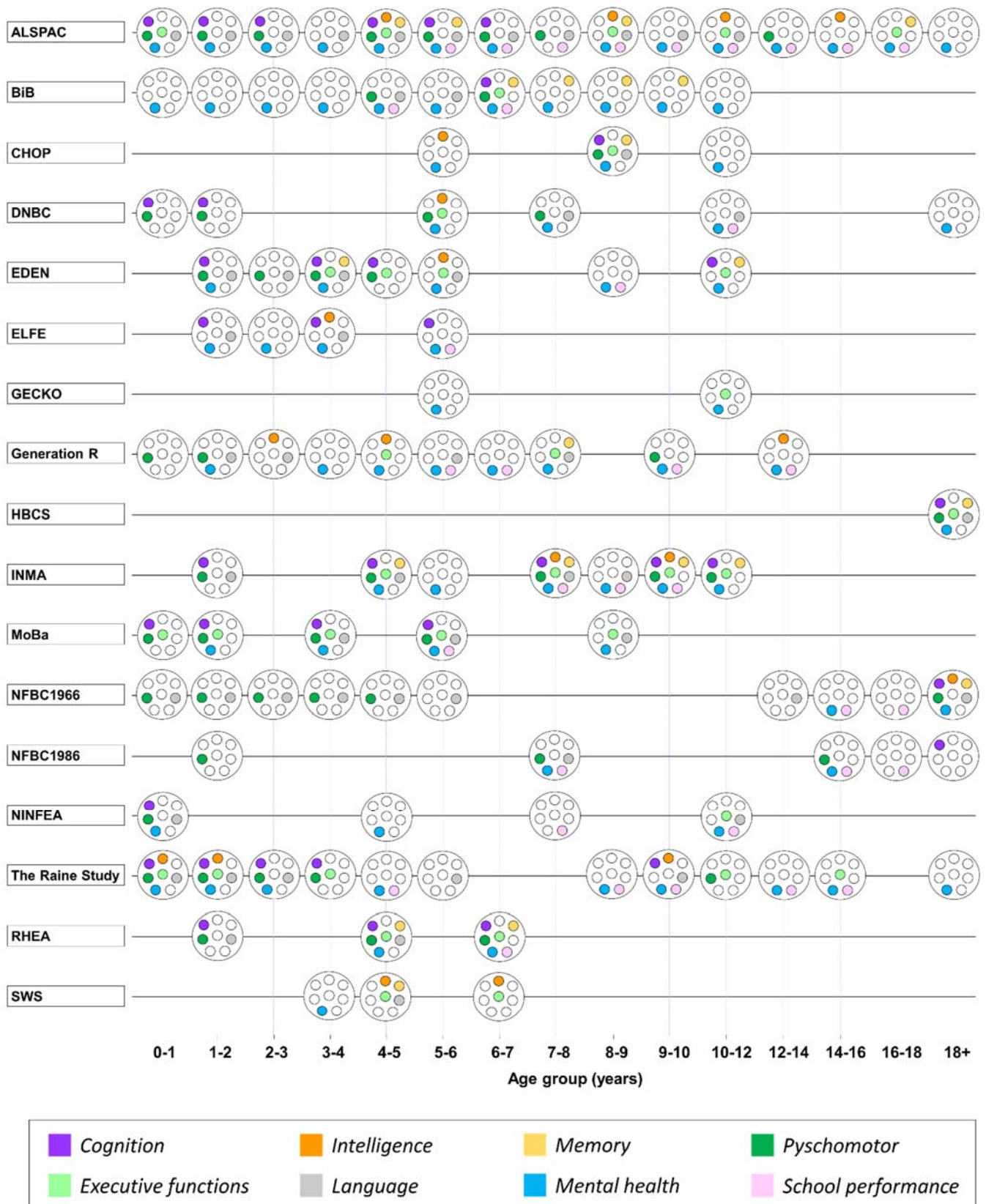
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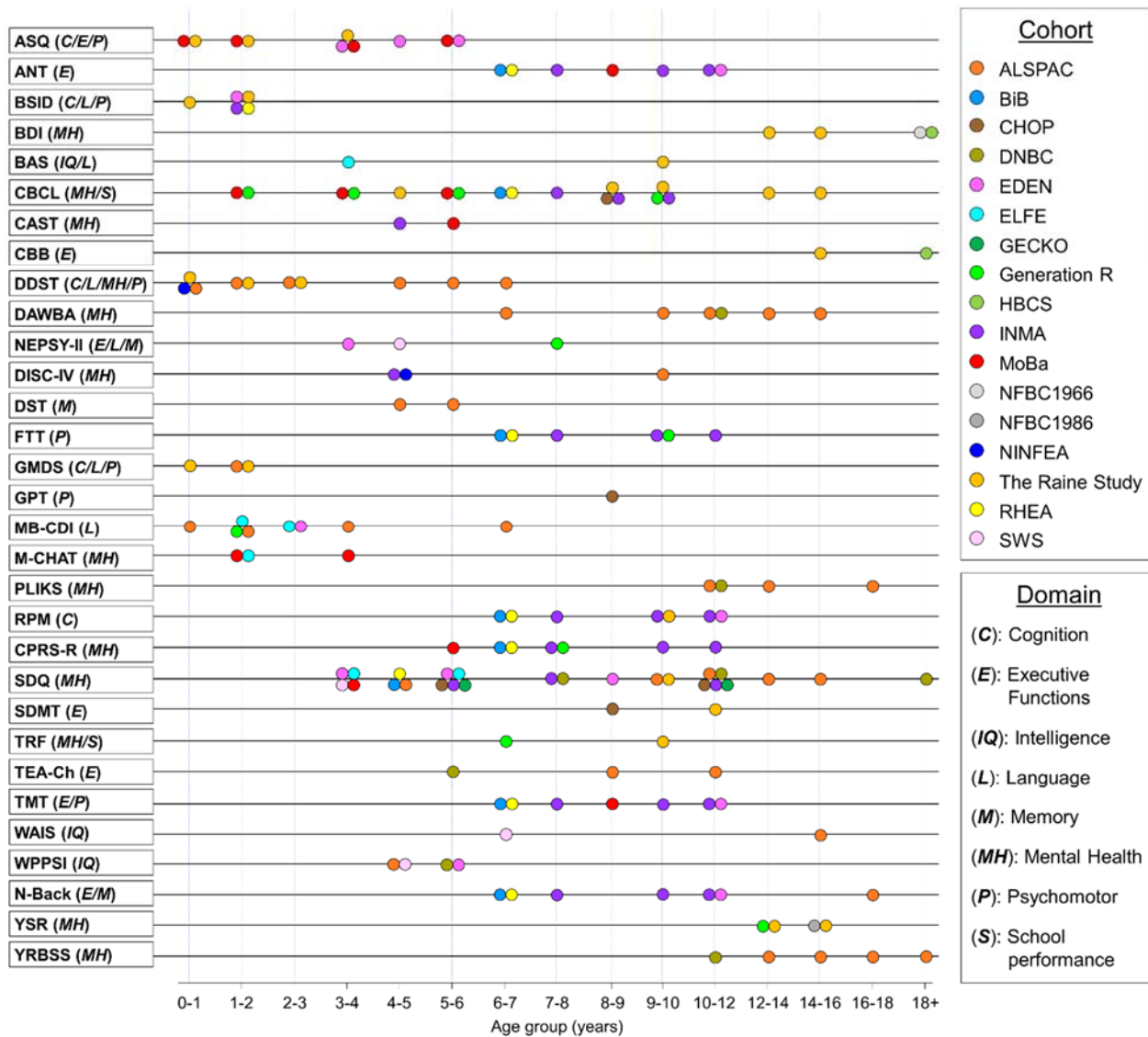
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Figure 3. Overview of overlap in LifeCycle mental health, behavioural and cognitive domains across age

Basic illustration of the range of developmental domains and participant ages for data in the LifeCycle Project.

236 There are a number of approaches to harmonise data and several of these have been described and
237 successfully implemented in large collaborations.^{31,32,33,10} The LifeCycle Project has developed a
238 protocol to generate harmonised variables across a selection of important cognitive and mental health
239 domains. This harmonisation approach creates standardised scores and percentiles for important
240 domains such as internalising and externalising symptoms, ADHD and ASD symptoms and diagnosis,
241 and language and motor functions. Percentiles and standardised scores were used as they allow the
242 pooling of mental health outcome data collected using different scales or instruments. One of the
243 biggest harmonisation challenges this project faced was obtaining a thorough inventory of the
244 available mental health data in individual cohorts, which was overcome by mapping the available data
245 by instrument, measure, age group, and domain. A subset of cohorts has also employed items from the
246 same mental health, cognitive and motor function measures, and these data can be pooled or co-
247 analysed without the need for harmonisation (Figure 4). All of the measures harmonised thus far by
248 age and cohort can be found in the LifeCycle online catalogue (<https://catalogue.lifecycle-project.eu/>).

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264 **Figure 4. Overview of overlap in mental health and cognitive measures in the LifeCycle cohorts providing mental**
 265 **health data**

266 Summary of overlapping measures and age ranges in participating cohorts. The full list of available measures (including non-overlapping)
 267 are described in supplementary table 1.

268 (ANT: Attention Network Task; ASQ: Ages and Stages Questionnaire; BAS: Behavioural Approach System; BDI: Becks Depression
 269 Inventory; BRIEF: Behaviour Rating Inventory of Executive Function; BSID: Bayley Scales of Infant Development; CAST: Childhood
 270 Asperger Syndrome Test; CBB: CogState Brief Battery; CBCL: Child Behaviour Checklist; CPRS-R: Revised Conners' Parent Rating Scale;
 271 DAWBA: Development and Well-Being Assessment; DDST: Denver Developmental Screening Test; DISC-IV: Diagnostic Interview
 272 Schedule for Children; DST: Digit Span Test; FTT: Finger Tapping Test; GMDS: Griffiths Mental Development scales; GPT: Grooved
 273 Pegboard Test; M-CHAT: Modified Checklist for Autism in Toddlers; MB-CDI: MacArthur-Bates Communicative Development
 274 Inventories; N-Back: Working Memory Test; NEPSY-II: Developmental NEUROPSYchological Assessment, Second Edition; PLIKS:
 275 Psychosis-like symptoms measure; RPM: Raven's Progressive Matrices; SDMT: Symbol Digit Modalities Test; SDQ: Strengths and
 276 Difficulties Questionnaire; TEA-ch: Test of Everyday Attention for Children; TMT: Trail Making Test; TRF: Teacher Report Form; WASI:
 277 Wechsler Abbreviated Scale of Intelligence; WPPSI: Wechsler Preschool and Primary Scale of Intelligence; YRBSS: Youth Risk Behavior
 278 Surveillance System; YSR: Youth Self-Report).

279 ***Early-life exposures – lifestyle, migration, socioeconomic, and urban environment***

280 The LifeCycle online catalogue¹⁰ also contains information on harmonised data on diverse measures of
281 exposures early in life. These will enable the analysis of risk models for mental health that assess the
282 nature and impact of indirect and direct exposures experienced in early life, and comorbidities with
283 adverse mental health symptoms and other health conditions. Comprehensive exposure-outcome
284 analyses will also be used to develop predictive markers for mental health in children and adolescents,
285 which may help shape the prediction of mental disorders, allowing for targeted early intervention.

286

287 ***Mediating Pathways - Brain Development***

288 Early life is a particularly vulnerable time-window for brain development. The vital stages of
289 neurogenesis, proliferation and migration occur almost exclusively during foetal development, and
290 experience-dependent brain connectivity (i.e. myelination) is largely shaped and completed in early
291 childhood.³⁴ Research-based evidence has repeatedly linked brain structure, volume, and connectivity
292 indicators to a number of behavioural and cognitive outcomes.^{35,36,37} However, study samples are often
293 limited in size and population diversity, and only few longitudinal studies exist.³⁸ A subset of cohorts
294 in LifeCycle have participant data on structural brain imaging (ALSPAC n=950; Generation R
295 n≈4000;³⁹ NFBC1966 n=1000; NFBC1986 n=600), and will be contributing information on
296 neuroanatomical markers such as total brain volume, cortical grey matter, white matter volume,
297 ventricular volume, and volumes of subcortical brain structures including the hippocampus and
298 amygdala. In addition, structural and functional connectivity metrics have been assessed. Data have
299 been collected through neuroimaging techniques, such as foetal ultrasound and Magnetic Resonance
300 Imaging (MRI) in childhood and /adulthood MRI. These data enable LifeCycle to describe changes in
301 structural and functional development of the brain from foetal life and infancy, and to subsequently
302 associate this brain development in early life with psychopathology outcomes in childhood,
303 adolescence and adulthood.

304

305

306

307 *Mediating Pathways - Epigenetics*

308 An increasing number of studies are beginning to demonstrate the importance of epigenetic
309 modification in mediating the risk of disease, including mental health outcomes. Epigenetically-
310 modified loci have been linked to a wide range of mental disorders such as schizophrenia,⁴⁰ as well as
311 childhood onset disorders such as ADHD,⁴¹ and ASD,⁴² but conflicting and non-replicated associations
312 mean that the causal relationships remain poorly understood.⁴³ LifeCycle mental health studies can
313 currently analyse DNA methylation data on 14,368 offspring cohort participants (Figure 5), measured
314 at birth (cord or placenta blood; N=7,783), childhood (0-12 years; N=3,055), adolescence (12-18
315 years; N=2,680), or adulthood (>18 years; N=850). Six of the thirteen contributing cohorts
316 additionally contain longitudinal epigenetic data [ALSPAC, CHOP (multiple age groups in
317 childhood), EDEN, Generation R, INMA, and RHEA]. The particular focus will be to identify
318 epigenetic mechanisms that mediate the effect of early life exposures on behavioural and cognitive
319 development, as well as mental health outcomes such as ASD, ADHD, depression and anxiety. This
320 means it will be possible to track epigenetic changes in participants with behavioural and/or
321 neurodevelopmental outcomes across time, and study causal relationships between environmental
322 exposures in pregnancy or early life and later-life mental health outcomes mediated by DNA
323 methylation.

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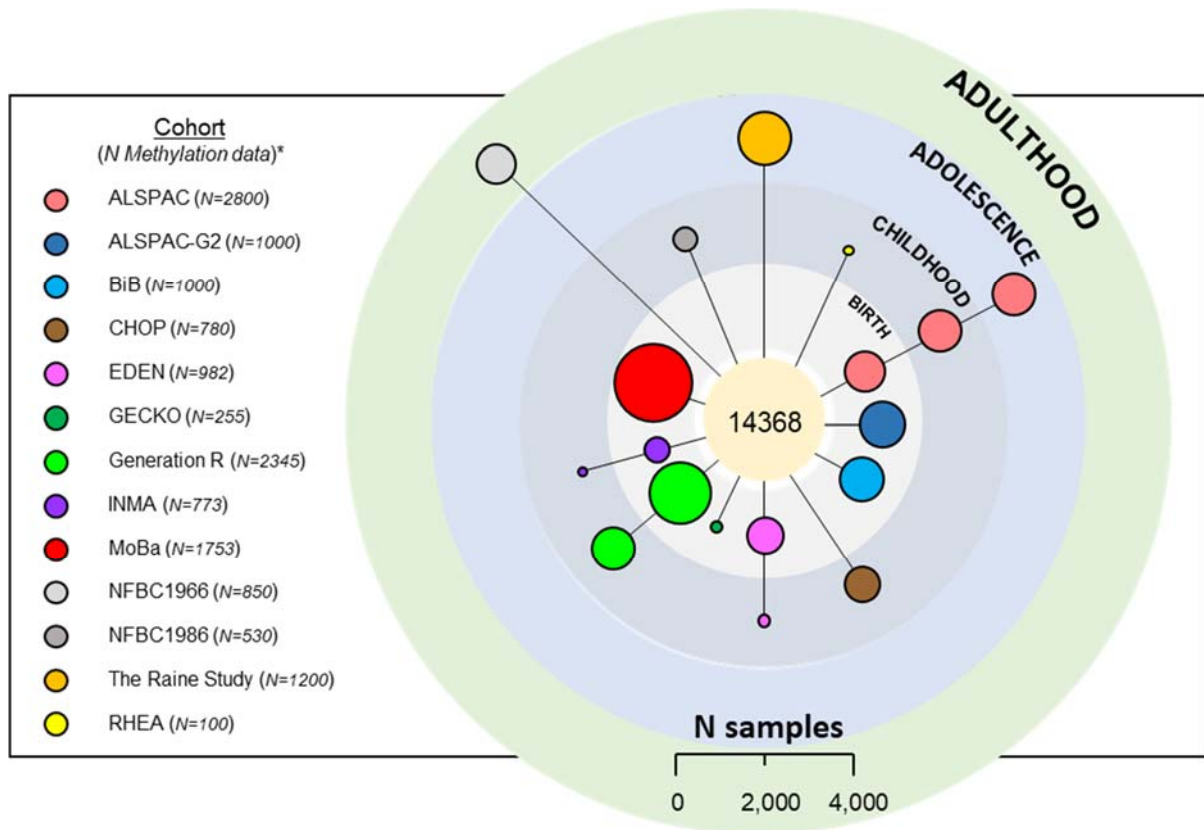
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336 **Figure 5. Overview of sample sizes for DNA methylation data in the offspring from birth to adulthood**

337 Circle sizes are proportionate to the DNA methylation sample sizes as indicated in the scale at the bottom of the figure.

338 *Numbers relevant as of June, 2021 (sample processing and data collection is ongoing in several LifeCycle cohorts)

339

340

341 **Framework for collaborative analyses**

342 LifeCycle aims to perform most of the analyses through DataSHIELD.^{44,45} With the recent launch of
 343 the platform and its analytical features for use with LifeCycle harmonised data, a number of novel
 344 collaborative studies have begun to form within the theme of mental health. Examples of planned and
 345 ongoing exposure-outcome analyses include infant feeding patterns and school-age externalising
 346 behaviours, maternal smoking in pregnancy and adverse child behaviours, associations between sleep,
 347 behaviour and cognition, sibling effects and prematurity, and socioeconomic inequalities and general
 348 mental health trajectories. Results from these studies are currently pending, but they have already
 349 shown that independent participant data resources have been successfully harmonised and can be co-
 350 analysed. The quantity and breadth of mental health and cognitive data available that have been
 351 mapped and harmonised by the LifeCycle mental health research group is a singular resource to enable
 352 developmental studies of mental health. These data will play an important role in replicating previous

353 findings with an enhanced statistical power, expanding upon previous associations through larger and
354 more diverse samples, and in the development of novel models to describe how multi-faceted early-
355 life exposures can shape and influence the landscape of mental health in later life.

356

357 **Strengths and limitations**

358 There are many strengths inherent in large consortia such as LifeCycle.¹ Key among these is that
359 LifeCycle is building the EU Child Cohort Network, a sustainable research network that will enable
360 continued exploitation of the LifeCycle data, metadata and collaborative progress beyond the usual
361 timelines of a funded grant. Another important strength is the ability to study age differences and age-
362 related mental health and cognitive changes; this developmental aspect will help to understand the
363 long- and short-term consequences of early life exposures, and how other factors such as epigenetic
364 changes may mediate later health outcomes. Geographic diversity is also a key feature; it provides
365 enhanced location coverage and generalizability of results, and also facilitates intra- and inter-
366 population comparisons. This makes it possible to make more reliable causal inferences due to
367 different confounding structures.

368

369 The number of critical mental health domains covered is another strength, allowing for exposure-
370 outcome research into many important and well-studied areas within this field. The availability of the
371 harmonisation protocols, coupled with the extensive overview of mental health measures, including
372 detailed information on the dimensions and age ranges across cohorts, provides users with an
373 integrated catalogue of psychological, cognitive, and psychomotor data in participating cohorts.

374 Furthermore, the use of DataSHIELD enables a flexible and data-secure approach that allows new
375 cohorts and centres to link into the analysis network and contribute with their own data, as well as the
376 addition of newly harmonised data as these are collected and updated. This open-source analysis
377 platform “takes the analysis to the data, not the data to the analysis”, providing researchers with the
378 ability to remotely analyse data from multiple datasets without being able to access the data itself.^{45,46}

379 Removing the need to physically share data externally means participating cohorts bypass ethical
380 concerns related to the protection of privacy and other issues that arise when participant data are being

381 sent internationally to multiple users, and thus addresses some important ethico-legal considerations
382 that are often associated with individual-level data sharing and analysis.

383
384 The heterogeneity of the psychological and cognitive measures available presents a potential
385 limitation. Depending on the specific research question under investigation and measurement
386 equivalence of constructs between different instruments, robust harmonisation^{30,32} of certain measures
387 may not be possible or may be limited to a small number of cohorts. This reduces the sample size or
388 the range of participant ages that are possible to include. Within-country geographical bias of many of
389 the cohorts may also present a weakness. Specifically, the urban-centric nature of many of the studies
390 could mean that the generalizability of findings will be somewhat skewed, and the population-level
391 inferences will need to take this bias into account. Furthermore, DNA methylation and brain imaging
392 data are only available for less than 10% of total study participants. These smaller sample sizes may
393 limit the number and strength of associations that can be found, as well as the distribution of
394 participant ages and geographic and ethnic origins. However, the cohort studies are continuously
395 expanding and adding new data on their participants, including phenotypic, genetic, epigenetic and
396 biological data. The collaborative groundwork laid by LifeCycle will make it possible to continue
397 building upon the analyses that have been performed, and help to mitigate some of the limitations that
398 have been described.

399

400 **Data Access**

401 LifeCycle has developed an application procedure for data use proposals as described by Jaddoe et al.¹
402 It should be noted that approvals for data use and associated fees remain under the purview of the
403 participating cohorts. This is the case regardless of whether one applies through LifeCycle or directly
404 to the cohort, and these practices may vary across cohorts. The project strives to conduct as many
405 analyses as possible within DataSHIELD. DataSHIELD is freely available to download and use
406 (<http://www.datashield.ac.uk/>). This enables external cohorts to collaborate with LifeCycle and
407 perform co-analyses. For more information, please visit the official website for the LifeCycle Project
408 (<https://lifecycle-project.eu/>), or refer to the consortium design paper.¹

409 In some cases, data sharing and transfer agreements will need to be developed. These may vary due to
410 country-specific practices and restrictions as outlined by local General Data Protection Regulation
411 (GDPR) legislation. Application procedures directly to cohorts for data can be found at the following
412 websites:

413

414 **ALSPAC**

415 <http://www.bristol.ac.uk/alspac/researchers/access/>

416 For more information on the ALSPAC cohort (including data dictionary, ethical considerations, and
417 funding), refer to Supplementary file 2.

418 **BiB**

419 <https://borninbradford.nhs.uk/research/how-to-access-data/>

420 **CHOP**

421 <https://www.birthcohorts.net/birthcohorts/birthcohort/?id=137>

422 **DNBC**

423 <https://www.ssi.dk/English/RandD/Research%20areas/Epidemiology/DNBC/For%20researchers.aspx>

424 **EDEN**

425 <http://eden.vjf.inserm.fr/index.php/fr/contact>

426 **ELFE**

427 <https://www.elfe-france.fr/en/the-research/access-to-data-and-questionnaires/>

428 **GECKO**

429 <http://www.birthcohorts.net/birthcohorts/birthcohort/?id=138>

430 **The Generation R Study**

431 <https://www.generationr.nl/researchers/collaboration/>

432 **INMA**

433 http://www.proyectoinma.org/presentacion-inma/politica-colaboracion/en_politica-colaboracion.html

434 **HBCS**

435 <https://thl.fi/en/web/thlfi-en/research-and-expertwork/projects-and-programmes/helsinki-birth-cohort-study-hbcs-idefix>

437 **MoBa**

438 [https://www.fhi.no/en/op/data-access-from-health-registries-health-studies-and-biobanks/data-from-](https://www.fhi.no/en/op/data-access-from-health-registries-health-studies-and-biobanks/data-from-moba/research-and-data-access/)
439 [moba/research-and-data-access/](https://www.fhi.no/en/op/data-access-from-health-registries-health-studies-and-biobanks/data-from-moba/research-and-data-access/)

440 **NFBC1966/1986**

441 <https://www oulu fi/nfbc/>

442 **NINFEA**

443 https://www.progettoninfea.it/contact_us

444 **The Raine Study**

445 <https://www.rainestudy.org.au/>

446 **RHEA**

447 <http://www.rhea.gr/en/research/data-access/>

448 **SWS**

449 <https://www.mrc.soton.ac.uk/sws/>

450

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456

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461

462 **Conflict of interest statement**

463 The authors have no conflict of interest to declare.

464

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