

Progressive multifocal leukoencephalopathy after first-line radiotherapy and temozolomide for glioblastoma

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1 Progressive Multifocal Leukoencephalopathy after first line Radiotherapy and Temozolomide for

2 Glioblastoma

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A 59-year-old woman was diagnosed with left fronto-temporo-occipital glioblastoma 29 (Figure1a). After biopsy, she received two neo-adjuvant temozolomide cycles (TMZ, 150-200 30 mg/m²) as radiotherapy was delayed due to emerging COVID pandemic. She eventually received 31 standard chemoradiation (60 Gray in 30 fractions plus daily TMZ, 75 mg/m², Figure1b). She received 32 oral methylprednisolone (16 mg/day) for a short period before and during chemoradiation. Baseline 33 lymphocyte count was 3694/µL. After chemoradiation, partial clinico-radiological improvement was 34 noticed (Figure1c); Karnofsky performance status was 70, and her neurological examination mainly 35 revealed a non-fluent aphasia. 36

Shortly after the second adjuvant TMZ cycle (200 mg/m²), her neurological status rapidly 37 38 declined with behavioural disorders in the foreground. This contrasted with brain MRI, which illustrated signs of oncological response with reduction in both tumor infiltration and mass effect. 39 Electroencephalography was did not show epileptic activity or typical encephalopathic patterns. An 40 extensive screening, including hepatic, renal, and thyroid function, ammonia, copper, folates, and 41 vitamin levels, HIV and syphilis serologies, was normal excepted for lymphopenia (770/µL) and 42 43 moderately decreased vitamin B12 (132 pmol/L). CSF analysis displayed normal protein and glucose, one leucocyte per mm³, and was negative for herpesviruses by PCR. Intravenous B12 44 supplementation was initiated. 45

46 The patient continued to deteriorate to a stuporous state, with a rapidly progressive left spastic hemiplegia, ipsilateral to the tumour. MRI was negative for tumor progression or cerebrovascular 47 complications but showed a new hyperintense lesion involving the right internal capsule and the 48 cortico-subcortical right frontal lobe on diffusion-weighted sequences, compatible with a 49 demyelination front (Figure1d). This prompted repeated CSF analysis, which led to the identification 50 of JC polyomavirus (JCV). A diagnosis of progressive multifocal leukoencephalopathy (PML) was 51 established according to current criteria¹. Lymphocyte immunophenotyping disclosed severe CD4+ 52 and B lymphocyte deficiency (50/µL and 43/µL, respectively). Temozolomide was definitively 53

discontinued. The patient was discharged to a rehabilitation unit and died two months after she wasadmitted for neurological deterioration.

Progressive multifocal leukoencephalopathy is a demyelinating disease of CNS caused by the 56 57 reactivation of the ubiquitous JCV (present in a quiescent state in up to the 80% of the adult population) in conditions of profound immunosuppression, such as AIDS, haematological 58 malignancies, or immunosuppressive treatments². To our knowledge, this is the second description 59 of PML in a glioma patient treated with TMZ. The first was a 60-year-old glioblastoma patient with 60 a fatal, histologically proven, PML developed two years after dose-dense TMZ plus isotretinoin.³ Our 61 report is the first case of PML during standard adjuvant TMZ. Chronological relationship and the 62 63 absence of other immunosuppression cause led us to consider the causative role of radiation therapy plus TMZ. Treatment with radiation and TMZ is known to induce severe, protracted lymphopenia in 64 glioma patients, affecting preferentially the CD4+ T-cell compartment⁴, and to a lesser extent B-cells, 65 as in our patient. Other factors may impair CD4+ cells function in glioblastoma patients, including 66 glucocorticoids and the tumor itself. CD4+ lymphopenia is the main risk factor for PML². 67

It is plausible that some cases may have been underdiagnosed, as PML can mimic multifocal non-enhancing glioma progression. A prompt diagnosis may impact patients' management. Chemotherapy can be interrupted, although TMZ-induced lymphopenia may last for months⁴. Immune-checkpoint inhibitors, which were recently demonstrated to be effective in treating PML in selected patients⁵, could be also considered, although evidence of efficacy is lacking in this context.

In conclusion, neuro-oncologists should be aware of the rare but possible occurrence of PML in glioma patients with CD4+ lymphopenia. The diagnosis should be considered in the occurrence of unexplained clinical worsening. Lymphocyte phenotyping including CD4+ count could be useful during the regular follow-up to identify patients at higher risk to develop this serious complication.

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92 FIGURE LEGEND

Figure1. radiological evolution of the patient over time. a: at diagnosis, showing a diffusely 93 infiltrating, non-enhancing IDH-wildtype glioblastoma in left temporoparietal lobes (top: T1-94 weighted, post-gadolinium [T1w-Gd] sequence; bottom: T2-weighted, FLuid Attenuated Inversion 95 Recover [FLAIR] sequence). b: radiotherapy planning, showing irradiated brain volumes (circled: 96 planning target volume) c: one month after the completion of concomitant chemoradiation, 97 demonstrating a partial oncological response with reduced mass effect (top: T1w-Gd sequence; 98 bottom: FLAIR sequence) d: one month after the onset of neurological deterioration, a novel 99 hyperintense lesion involving the right internal capsule (dotted white arrow) and a less defined, 100 101 cortico-subcortical hyperintensity (thick grey arrow), with an aspect compatible with a demyelination front, visible on diffusion-weighted sequences, without a corresponding post-gadolinium contrast 102 enhancement (not shown). 103

