

Skin cancer and COVID -19: was the diagnosis safeguarded by teledermatology? a study on 1229 cases

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3	Article Title: Skin cancer and COVID-19: was the diagnosis safeguarded by teledermatology?
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38	Long-term care facilities (LTCF)
39	Health care professionals (HCPs)
40	General physicians (GPs)
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During COVID-19 pandemic, dermatology practices are shifting to teledermatology (TD)¹. The objective
of our study is to assess the effect of the first *vs* second COVID-19 waves on skin cancer (SC) requests
via TD.

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47 The study was conducted in a dermatology department, characterized by a store-and-forward TD between health care professionals (HCPs) and dermatologists. All TD requests during the first (March and April 48 49 2020) and second (October and November 2020) COVID-19 waves in France were retrieved and compared to the corresponding period in 2019. Collected data included the provenance and diagnoses of 50 patients. The provenance was divided into: institutions [long-term care facilities (LTCF) and hospitals] 51 and non-institutions (private physician clinics). Diagnoses of patients were divided into: SC, 52 inflammatory dermatoses, infectious dermatoses, cutaneous drug adverse reactions, and "other" 53 54 diagnoses. The proportions of these diagnoses during both COVID waves in 2020 were compared to the 55 corresponding months in 2019. For SC diagnoses, institution and non-institutions requests during both 56 waves were also compared to the same period in 2019.

57 First wave (March and April 2020 vs 2019):

The total number of requests was 583 in 2019 *vs.* 629 in 2020. Skin diagnoses are represented in figure 1.
In "other" diagnoses, 32.1% of these diagnoses (55/171) were COVID-19-related cutaneous lesions,
mostly chilblains (70.9%). Regarding SC, the comparison of institution requests and non-institutions
requests in 2020 vs 2019 are represented in figure 2.

62 Second wave (October and November 2020 vs 2019) (figure 1 and 2).:

The total number of requests was 547 in 2019 *vs.* 600 in 2020. In 'other diagnoses'', 11.4% of these
diagnoses (10/87) were COVID-19-related cutaneous lesions.

66 In total, during the first wave, there was significantly fewer concern in skin cancer and more concern in

67 <u>'other'' skin diagnoses</u>, which included COVID-19-related cutaneous signs. Both institutions and non-

68 institution requests for SC significantly decreased. During the 2^{nd} wave, there was no significant

69 <u>difference in any type of skin diagnosis.</u>

During the first pandemic wave, LTCF physicians seemed more concerned about COVID-19 than other health issues. This is because outbreaks of infection developed rapidly in LTCF² and elderly are more vulnerable to infections and at a higher mortality risk. Since confinement was essential for COVID-19 control¹ and public health endorsed social distancing, less patients consulted their general physicians

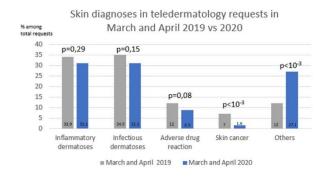
74 (GPs). Moreover, physicians canceled consultations to avoid virus transmission.

During the first wave, there was a decrease of overall in-person oncology referrals³. Unexpectedly, even
though access to TD expertise was possible, there was also a decrease in SC requests. The delay in SC
diagnosis was manifested by an increase in Breslow thickness in primary melanomas seen after the first
COVID- 19 lockdown.⁴

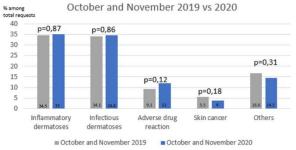
Shortly after the first pandemic, all healthcare professionals were urged to shift their activity to telemedicine, which has become a cornerstone for continuity of care.⁵ Consultations were less likely to be canceled. Moreover, a balance was made between medical attention to COVID patients and regular attention to other patients. Contrary to the persistence of a general decline in skin cancer diagnoses during the second wave^{6,7}, SC diagnosis through TD showed no decrease compared to 2019.

Since TD has already shown efficacy in diagnosis and management of SC⁸, it is important for physicians to scale the use of TD in order to prevent unnecessary in-person visits and help schedule specific appointments for vulnerable patients. Prompting doctors to use TD for SC diagnosis and SC pathway organisation would prevent increased morbidity, mortality, and healthcare costs.

89 Figure 1:

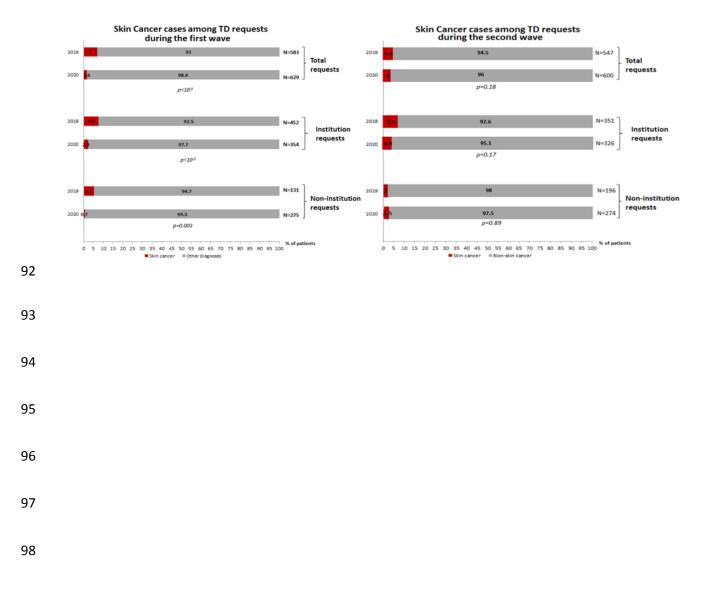


Skin diagnoses in teledermatology requests in October and November 2019 vs 2020



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109	Refere	nces:
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