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PERFORMANCE OF A TRIGGER TOOL FOR DETECTING DRUG-RELATED HOSPITAL ADMISSIONS IN OLDER PEOPLE: ANALYSIS FROM THE OPERAM TRIAL

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Anne Spinewine, Séverine Henrard, and Lorène Zerah had full access to all of the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis. Study concept and design: Zerah, Spinewine, Henrard Acquisition, analysis, or interpretation of data: All authors Drafting of the manuscript: Zerah, Spinewine Critical revision of the manuscript for important intellectual content: All authors Statistical analysis: Zerah, Henrard Study supervision: Spinewine, Henrard

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Ethics approval: The OPERAM trial has received approval from ethics committees at each site. Where needed, approval by a regulatory authority has been obtained before enrolment of the first patient. All participants and their data were handled according to the ethical principles of the Declaration of Helsinki.

Data sharing statement: Data for this study will be made available to others in the scientific community upon request after the publication date. Data will be made available for scientific purposes of researchers whose proposed use of the data has been approved by a publication committee. Data and documentation will be made available via a secure file exchange platform after approval of proposal and a data transfer agreement is signed (which defines obligations that the data requester must adhere to with regard to privacy and data handling). Partially de-identified participant data limited to the data used for this work will be made available, along with a data dictionary and annotated case report forms. For data access, please contact Pr Anne Spinewine: <u>anne.spinewine@uclouvain.be</u>.

Patient and public involvement: Patients were actively involved in the OPERAM trial: trial design, development of the research question, and study intervention. They were not involved again for this sub-study specifically.

ABSTRACT

Background: Identifying drug-related hospital admissions (DRAs) in older people is challenging.

Objective: To assess the performance of the first trigger tool developed to detect DRAs in older people, with the aim of producing a revised version with improved performance.

Design: Retrospective study using data from the OPERAM trial.

Setting: Four European medical centres

Subjects: Patients (\geq 70 years with multimorbidity and polypharmacy) with \geq 1 adjudicated hospitalization during the one-year follow-up.

Methods: In the OPERAM trial a standardized chart review method was used to adjudicate DRAs due to adverse drug reactions, overuse, misuse, and underuse. The method included screening for adverse drug events (ADEs) and DRAs using a tool with 26 triggers. The positive predictive value (PPV) for detecting ADEs and DRAs was calculated for each trigger and for the tool as a whole. A revised trigger tool was produced based on PPVs, correlations between triggers, and analysis of (non-) triggered events.

Results: Of 1235 hospitalizations adjudicated for 832 patients (mean age 79.4 years), 716 (58%) had at least one trigger; an ADE was identified in 673 (54%) and 518 (42%) were adjudicated as DRAs. The overall PPV of the trigger tool for detecting DRAs and ADEs were 0.66 [0.62 - 0.69] and 0.87 [0.84-0.89], respectively. The revised version of the tool includes 20 triggers (7 triggers deleted, 3 triggers combined, 3 triggers added).

Conclusions: This tool performs well for identifying DRAs in older people. The revised version will require external validation before it can be incorporated into research and clinical practice.

Key words: trigger tool, drug-related hospital admissions, adverse drug events, older people

Key points:

- In this cohort of older patients with multimorbidity and polypharmacy, 42% of all hospitalizations at one year after the index date were adjudicated as drug-related hospital admissions (DRAs).
- We found that the first trigger tool (including 26 triggers) recently developed to detect DRAs due to adverse drug reactions, overuse, underuse, and misuse of medications in older patients with multimorbidity and polypharmacy performed well: the global positive predictive value (PPV) was 0.66 [0.62 – 0.69].
- We propose a shorter revised version of this trigger tool to improve its performance, containing 20 triggers (7 triggers deleted, 3 triggers combined, 3 triggers added).
- We also propose a user-friendly version of the trigger tool, containing only the 20 triggers related to the drug classes most commonly involved, in order to maximize usability and help clinicians to better identify DRAs.

INTRODUCTION

Patients aged \geq 70 years are often exposed to polypharmacy in a multi-morbidity context; this increases the risk of inappropriate prescribing and adverse drug events (ADEs) [1,2]. Five to 20% of hospital admissions are known to be related to ADEs (drug-related hospital admissions (DRAs)) in people aged 70 years and older [2,3,4,5,6,7], of which 40% to 70% are classified as preventable (related to inappropriate prescribing, administration, monitoring, and/or dispensation) [2,3,4,7,8]. The wide range in prevalence rates is associated with the considerable heterogeneity in definitions and methods used to identify DRAs, the study population, and the setting [7,9,10].

Identifying DRAs in older people is challenging because ADEs often present themselves as common geriatric problems such as falls, delirium, or renal impairment, which might be due to the ageing process and underlying diseases [11,12,13]. Therefore, a significant proportion of DRAs are not recognized and detected as drug-related by attending physicians. This leads to underestimation of the iatrogenic burden at both individual and population levels and to missed opportunities for preventive measures [14].

The trigger tool methodology is based on a retrospective review of patient records, using triggers to identify potential adverse events associated with patient care [15,16]. Recently, a standardized chart review method including a trigger tool was developed to identify DRAs in older people [11]. The process involves adjudication teams identifying ADEs and DRAs through screening using 26 triggers. Non-triggered DRAs can also be identified [11]. This method was used to adjudicate DRAs, by a pharmacist and physician pair, in the recent multicentre cluster randomized controlled OPERAM (OPtimising thERapy to prevent Avoidable hospital admissions in Multimorbid older people) trial [17].

Our main objective was to assess the performance of this tool for detecting DRAs in older patients with multimorbidity and polypharmacy (global performance of the tool and individual performance of each trigger). The secondary objectives were: (1) to assess the performance of the tool for detecting ADEs and preventable DRAs, (2) to produce a revised, improved version of the tool.

METHODS

A retrospective sub-study was carried out, using data from the OPERAM trial [17].

OPERAM trial and DRA adjudication

OPERAM is a recently completed European multicentre, cluster randomized controlled trial that assessed whether a structured medication review compared to usual care reduced DRAs (primary outcome measure) in multimorbid (\geq 3 chronic medical conditions) older (\geq 70 years) patients with polypharmacy (\geq 5 chronic medications) [17]. Two thousand and eight hospitalized patients were included from December 2016 to October 2018 in four medical centres in Bern (Switzerland), Utrecht (The Netherlands), Brussels (Belgium), and Cork (Ireland) and were followed up 12 months after inclusion. The protocol and intervention have been published previously [11,17,18,19].

The following definitions were adopted: (i) ADE: any incident resulting from the process of the use of medication that causes harm or injury to the patient, including adverse drug reactions (ADR) and medication errors (ME, related to overuse, misuse, or underuse of prescription and non-prescription medications); (ii) DRA: hospitalization due to an ADE that was the main reason for or contributed substantially to a patient's hospitalization [11,17, 20]. DRAs attributable, in whole or in part, to ME(s) were considered preventable.

In the OPERAM trial, a DRA was defined as the first hospitalization occurring within one year after enrolment that was judged to be drug-related by a blinded adjudication team [17]. For all patient-reported hospitalizations occurring after the initial discharge, detailed documentation was requested from the hospitals involved. Independent and blinded adjudication pairs of experienced pharmacists and physicians at each study site adjudicated DRAs using a three-step standardized chart review procedure [11]. This included (see **Appendix 1):** (i) data abstraction, (ii) screening for triggered events using the newly developed trigger tool, screening for non-triggered events using two screening questions, and (iii) adjudication in terms of ADE causality and contribution to hospital admission (DRA) [11]. The 26 triggers included in the tool were classified into three categories (see **Appendix 2**) [11]: diagnoses, laboratory values, and 'other' triggers. For each trigger, a list of potentially causative drugs or potential causes for drug underuse was provided. A trigger was positive when the situation and a potential causative drug (or drug lacking in case of underuse) were both present.

The adjudication committee recorded the following data in the Electronic Case Report Forms: presence/absence of: (a) each of the 26 triggers, associated ADE for each positive trigger (using WHO causality criteria [20]), medication involved when an ADE was recorded, associated DRA (main reason or contributory reason), and medications involved in each DRA; (b) non-triggered events, associated ADE, associated DRA, and type of event(s) and medication(s) involved. Finally, each hospitalization was classified as DRA or not and, if classified as a DRA, was also classified by type: ADR, overuse, misuse, or underuse. Each adjudicated hospitalization could have more than one trigger, ADE, or non-triggered event.

Eligibility criteria

All patients included in the OPERAM trial with at least one adjudicated hospitalization during follow-up (hospitalization longer than 24 hours, not due to a diagnostic or elective procedure for a pre-existing condition, with sufficient information for the adjudication) were included in this sub-study. For organizational reasons, hospitalizations

were not always adjudicated in chronological order and a patient could have more than one adjudicated hospitalization reported as a DRA. All adjudicated hospitalizations were analysed in this sub-study.

Evaluation of the tool's performance and proposed revised list of triggers

All the triggers that led to a specific DRA were described by type of trigger, number of triggers, and percentage of suspected causative drugs and/or drug underuse. The positive predictive value (PPV) for detecting DRA and ADE was calculated for each trigger, for each category of triggers, and for the tool as a whole. Good performance was defined as PPV \geq 20% [21,22], and poor performance as PPV \leq 5% [23,24]. Because only positive triggers were adjudicated, we could not calculate the tool's sensitivity, specificity and negative predictive value; information was lacking on true and false negatives. Correlation between triggers was also assessed. Poorly performing triggers could be considered for removal from the revised list and merging triggers could be considered in case of overlap/correlation, to improve the performance of the revised tool and the relevance of the remaining triggers.

For the triggers 'mention of a potential ADE in the medical record' and 'abrupt medication stop within 24 hours of admission', both included in the tool's 'other' category, and for non-triggered events associated with a DRA, the tool contained no list of events or drugs [11]. We describe these events and the drugs involved as reported by the adjudication committee. Recurrent (\geq 5) events and related drugs could be considered as new triggers in the revised tool. If events detected by a trigger were also identified by another, dropping one was considered in the revised version, to improve the relevance of the remaining triggers.

The revised version of the tool was approved by all the research team members. The team contained at least two members from each participating country, and in each country at least one member of an adjudication committee. It was decided to also propose a more

clinically applicable version of the tool, by mentioning, with the triggers, only those drugs most commonly used or underused ($\geq 5\%$) in our cohort and associated with the presence of DRAs.

Statistical analysis:

For descriptive statistics, continuous data were presented using the mean (standard deviation [SD]) for normally distributed data and the median (25%-75% interquartile range [IQR]) for non-Gaussian variables. Categorical variables were presented using numbers and percentages.

We evaluated the global positive predictive value (PPV) (95% confidence interval (CI)) of the tool for detecting DRAs, defined as the number of DRAs identified by triggers divided by the total number of triggers found (primary outcome). With the same methodology, we evaluated the global PPV (95% CI) of the tool for detecting ADEs and preventable DRAs, and the individual PPVs of each trigger for detecting associated ADEs and DRAs. This analysis was repeated for each centre (sensitivity analyses).

Based on the description of triggered and non-triggered events adjudicated as DRAs, the PPVs of individual triggers, the correlations found between triggers (Phi coefficient), and the potential identification of additional triggers, a revised version of the tool was devised.

Statistical analyses were performed using R software version 4.0.0. A p-value < 0.05 was considered statistically significant.

RESULTS

Patient characteristics

A total of 2008 patients were included in the OPERAM trial, of whom 832 had at least one adjudicated hospitalization during the follow-up (41%) (**Figure 1**). The mean (SD) age was 79.4 (6.3) years; 489 patients (59%) were male; all patients had multimorbidity, with a median number of drugs per day (IQR) of 11 (8 – 14) (**Table 1, Appendices 3 and 4**). The median number of hospitalizations (IQR) during the follow-up was 1 (1 – 2); 184 (22%) patients died. All baseline characteristics are described in **Table 1**.

Triggers, DRAs, and ADEs

During follow-up of the 832 patients, there were 1235 adjudicated hospitalizations. In total, 716 hospitalizations (58%) had at least one identified trigger and 187 (15%) had at least one identified non-triggered event; 673 (55%) had at least one identified ADE and 518 were adjudicated as DRAs (42%) (Figure 1).

The most common reasons for DRAs (found in ≥ 10 % of cases) with a positive trigger were fall/fracture (16%), bleeding (15%), and heart failure exacerbation (13%) (**Table 2**). The overall PPV value [CI 95%] of the tool for detecting DRAs was 0.66 [0.62 – 0.69], with a PPV value for detecting associated DRAs for all 'diagnoses' triggers of 0.61 [0.57 – 0.65], for all 'laboratory' triggers of 0.31 [0.24 – 0.39], and for all 'others' triggers of 0.65 [0.58 – 0.72] (**Table 2**). No trigger had a PPV < 0.05; one had a PPV < 0.20 (hyperglycaemia).

Of the 518 DRAs identified, 219 (42%) could be considered as preventable (due in whole or in part to overuse (N = 55, 11%), underuse (N = 135, 26%), and/or misuse (N = 45, 9%)). The tool's overall PPV value for detecting preventable DRAs was 0.28 [0.25 - 0.32] (**Table 2, Appendix 5**).

The most common reasons for ADEs with a positive trigger were acute renal impairment (20%), fall/fracture (14%), bleeding (13%), and heart failure exacerbation (11%) (**Table 2**). The tool's overall PPV value for detecting ADEs was 0.87 [0.84 - 0.89] (**Table 2**).

All individual PPV values for each trigger for detecting associated ADEs, DRAs, and preventable DRAs are described in **Table 2** and **Appendix 5**. Sensitivity analyses describing

all PPVs for each centre are in **Appendix 6**. No major differences were found between the centres.

Revised trigger tool

The description of all triggered and non-triggered events responsible for a DRA (and of the associated drugs) and the correlations found are in **Appendices 7 and 8**.

Predictable overlaps were found between: (1) the triggers 'INR [International Normalized Ratio] > 5.0' and 'bleeding', (2) the trigger 'digoxin level > 2 ng/ml' and the triggers 'confusion/delirium', 'gastrointestinal disorders', and 'antidote use', (3) the trigger 'hypoglycaemia' and the triggers 'fall/fracture', 'confusion/delirium', 'gastrointestinal disorders', and 'antidote use', (4) the triggers 'hyperkalaemia' and 'acute renal impairment' (**Appendix 7**). Accordingly, we removed four triggers (INR, digoxin, hypoglycaemia, and hyperkalaemia) from the revised version (**Table 3, Appendices 7 and 9**). In addition, correlations and overlaps were found between the triggers 'WBC [White Blood Cells] < 3000/mm3', 'Platelet count < 50000/mm3', and 'Neutrophils < 1400/mm3' (**Appendices 7 and 9**): 'Pancytopenia or anomaly on one of the three lines: leucopenia, thrombopenia, anaemia'. Because the PPV of hyperglycaemia for detecting DRAs was 0.12 [0.05 – 0.24], i.e. the only PPV < 0.20, we removed this trigger from the revised version.

The description of the triggers 'Mention of a (potential) ADE in the medical record' and 'Abrupt medication stop within 24 hours of admission' and the non-triggered events (**Appendix 7**), allowed us to identify four recurrent events with drugs involved: 'infection' (N = 66), 'liver disorders' (N = 15), 'orthostatic hypotension' (N = 9), and 'seizures or movement disorders' (N = 7). In the revised tool, 'orthostatic hypotension' was added to the 'fall/fracture trigger' category, and three new diagnostic triggers were created (**Table 3**,

Appendices 7 and 9). The list of potential causative drugs or potential causes for underuse associated with these new triggers was based on the drugs reported by the adjudication committee and in the literature [25,26,27]. To avoid overlaps and improve the relevance of the remaining triggers, we removed 'Mention of a (potential) ADE in the medical record' and 'Abrupt medication stop within 24 hours of admission' from the revised version (Table 3,

Appendices 7 and 9).

The final revised version (presented in **Table 3**) includes 20 triggers (7 deleted, 3 combined, 3 added), each of which includes a list of potential causative drugs or potential causes for drug underuse (16 'diagnoses triggers', 3 'laboratory values' triggers, and 1 'other' trigger).

A clinically applicable version of this revised tool, with the most commonly used or underused drugs ($\geq 5\%$) in our cohort, is presented in **Table 4.** Hypokalaemia being rare in this cohort (only two events), we have kept the use of diuretics and laxatives as potential causes for this trigger, even though they were not found in this cohort.

DISCUSSION

In a European geriatric cohort of older patients, 42% of hospitalizations were adjudicated as drug-related. Our study shows that the trigger tool recently developed for detecting DRAs in older patients with multimorbidity and polypharmacy performed well, with a global PPV of 0.66 [0.62 - 0.69]. 'Diagnoses' triggers and 'others' triggers performed better than 'laboratory values' triggers; only one trigger had a PPV below 20%.

PPV is highly influenced by prevalence and there are no consensus definitions of good and bad PPVs. After consulting the literature [21,22,23,24], we defined good and bad performance by cut-offs of 20% and 5% respectively. In our study, all PPVs for detecting ADEs and 96% of PPVs for detecting DRAs were equal to or greater than 20%; none were less than 5%. Moreover, the methodology used to assess the tool was gold-standard (adjudication committee)[28]. The international evaluation of the tool in four European centres confirms the external validity of our results.

Two studies have reported performance data for two tools designed to identify DRAs. The QUADRAT study (QUick Assessment of Drug-Related Admissions over Time) [29,30] used as its triggers a computerized extraction of pairs of drugs and reasons for hospitalization; these were assessed manually to determine whether they represented DRAs. The cohort was younger (mean age 69.5 years) than ours and the evaluation only examined ADEs due to overuse, and not underuse or misuse. Global PPV was lower than ours, at 0.48 [0.47 - 0.49]. The reasons found for DRAs in this study [30] and the associated drugs were either included in our tool or have been added to the revised tool. The AT-HARM10 tool (Assessment Tool for identifying Hospital Admissions Related to Medications) [31] was designed as a questionnaire with ten yes/no answers to detect possible DRAs. Some of the questions are the same as or similar to the screening questions for non-triggered events. Explicit lists with medication-specific triggers or clinical rules were excluded, to make the tool less timeconsuming. AT-HARM10 had an overall PPV of 73%, but the population in which it was evaluated was not reported nor were the types of DRAs identified; this limits the external validity of their results. Moreover, due to its more implicit nature, the AT-HARM10 tool cannot be used in health care databases.

Other trigger tools found in the literature were designed to detect ADEs, usually in an adult population [15,32,33]. Recently, two trigger tools for detecting ADEs among older patients have been proposed and evaluated [23,24,34,35]. The Chinese trigger tool [23] has 20 triggers in five categories (laboratory index, antidotes, clinical symptoms, intervention, and other) and an overall PPV of 28.5%; the Spanish trigger tool [24] has 32 triggers in five categories (care, antidotes/treatments, medication concentrations, abnormal laboratory values,

and emergency department) and an overall PPV of 22.1%. Neither included a list of potential causative drugs or potential causes for drug underuse; this may explain the better performance of our tool.

There are limitations to our study that are inherent to the trigger methodology applied. Firstly, adjudications were retrospective, so data were limited to information in medical records. Secondly, although researchers have been trained to apply the three-step chart review method, a degree of subjectivity remains. Thirdly, because PPVs are influenced by prevalence, our results are valid in an older multimorbid population with polypharmacy and may not be extrapolated to other populations. Finally, PPVs for preventable DRAs were lower because the tool was created to detect all (and not just preventable) DRAs.

Future implications:

There are several perspectives opened up by our study. One is the need for external validation of the revised tool using another cohort of multimorbid older patients [36].

Another is that, from our revised tool, algorithms could be created to better identify DRAs in older patients using healthcare databases. Better identification of DRAs is important for researchers seeking to accurately assess the iatrogenic burden on healthcare resources and to evaluate the impact of risk minimization measures. Accurate DRA detection would also help health policy decision-makers plan for safer healthcare in ageing societies. A third is that the revised version could be computerized to offer automated detection of potential DRAs in electronic medical records. This would address the problem of under-detection and under-reporting of DRAs and make possible timely corrective action.

The trigger tool remains time-consuming, so we also developed a user-friendly version that could help clinicians to identify DRAs more effectively.

CONCLUSION :

In this cohort of older patients with multimorbidity and polypharmacy, 42% of hospitalizations were adjudicated as DRAs. We found that the first trigger tool recently developed to detect DRAs due to ADR, overuse, underuse, and misuse of medications in older patients performed well (global PPV of 0.66 [0.62 - 0.69]). We propose a revised, slightly shorter version. This will require external validation; it could later be incorporated into research and clinical practice.

Figure legends:

Figure 1: Flow chart

Table legends:

Table 1: Baseline characteristics of older patients with at least one adjudicated hospitalization

 during follow-up

Table 2: Global and individual performances of triggers for detecting adverse drug events

 and drug-related hospital admission during follow-up

Table 3: The proposed revised version of the trigger tool for identifying drug-related hospital admissions in older patients

Table 4: The clinically applicable revised version of the trigger tool for identifying drug

 related hospital admissions in older patients

Supplement legends:

Appendix 1: Three-step approach for identifying drug-related hospital admissions in older patients

Appendix 2: First version of the trigger tool for identifying drug-related hospital admissions in older patients

Appendix 3: International Classification of Diseases, 10th revision (ICD-10) codes used to identify comorbid conditions during the index hospitalization

Appendix 4: Anatomical Therapeutical Chemical (ATC) codes used to identify the drugs during the index hospitalization

Appendix 5: Global and individual performances of triggers for detecting drug-related hospital admissions and preventable drug-related hospital admissions during follow-up

Appendix 6: Global and individual performances of triggers for detecting adverse drug events and drug-related hospital admission during follow-up, overall and by OPERAM centre

Appendix 7: Description of triggers and medication involved leading to drug-related hospital

admissions and new proposals (in blue or red) for the trigger tool

Appendix 8: Correlations found between triggers and non-triggered events

Appendix 9: First version and revised version of trigger tool

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518 (42%) DRA and 717 non-DRA (58%)

Abbreviations: ADE: adverse drug event, DRA: drug-related hospital admission; Trigger: one of the 26 triggers of the trigger tool; +: at least one; - : none

^a: For 129 hospitalizations, a non-triggered event was also identified.

^b: For 58 hospitalizations, a non-triggered event was also identified.

	Total
	N = 832
	Mean +/- SD or Median [P25; P75] or n (%)
Age (years)	79 +/- 6
Male	489 (59)
Country	
Belgium	132 (16)
Ireland	164 (20)
The Netherlands	192 (23)
Switzerland	344 (41)
BASELINE CHARACTERISTICS	
Medical history	
Dementia	41 (5)
Depression	42 (5)
Stroke	57 (7)
Hypertension	355 (43)
Diabetes	289 (35)
Atrial fibrillation	166 (19)
Coronary artery disease	147 (18)
Heart failure	157 (19)
Chronic renal failure	38 (5)
Chronic hepatic failure	24 (3)
COPD	37 (4)
Cancer	216 (26)
Bleeding	40 (5)
Thromboembolic disease	51 (6)
Charlson comorbidity index	5 [4 – 7]
Hospitalizations during the last year	487 (58)
Medications on index admission*	
Number of drugs per day	11 [8 – 14]
Oral antithrombotics	577 (69)
Antidiabetic drugs	262 (32)
Diuretics	450 (54)
Beta-blocking agents	482 (58)
Agents acting on the renin angiotensin system	474 (57)
Calcium channel blockers	227 (27)
Lipid modifying agents	480 (58)
Analgesics	359 (43)
NSAIDs	49 (6)
Psycholeptics	231 (28)
Antidepressants	209 (25)

 Table 1: Baseline characteristics of older patients with at least one adjudicated

 hospitalization during the follow-up

Abbreviations: COPD: chronic obstructive pulmonary disease, NSAID: Non-steroidal anti-inflammatory drug * The medication classes listed are those that are frequently used in older people and frequently listed among the potential causative medications of the trigger tool.

Table 2: Global and individual performances of triggers for detecting adverse drug events and drug-related hospital admissions during follow-up

	Number of triggers	Numbers of confirmed ADEs	PPV [CI 95%]	Numbers of confirmed DRAs	PPV [CI 95%]
TRIGGER – DIAGNOSES*					
Fall/fracture	122	95	0.78 [0.69 - 0.85]	82	0.67 [0.58 – 0.75]
Confusion/delirium	63	39	0.62 [0.49 – 0.74]	27	0.43 [0.30 – 0.56]
Acute renal impairment	166	136	0.82 [0.75 – 0.87]	48	0.29 [0.29 – 0.36]
Dehydration	54	44	0.81 [0.69 – 0.91]	29	0.54 [0.40 - 0.67]
Bleeding	90	88	0.98 [0.92 - 1.00]	76	0.84 [0.75 – 0.91]
Stroke	10	7	0.70 [0.35 – 0.93]	7	0.70 [0.35 – 0.93]
Thromboembolic event	3	2	0.67 [0.09 – 0.99]	1	0.33 [0.01 – 0.91]
Myocardial infarction or ischaemic disease	32	28	0.88 [0.71 – 0.96]	18	0.56 [0.38 – 0.74]
Heart failure exacerbation	101	73	0.72 [0.62 – 0.81]	66	0.65 [0.55 – 0.75]
COPD exacerbation	60	40	0.68 [0.53 – 0.78]	37	0.62 [0.48 - 0.74]
Uncontrolled non-neuropathic pain	36	30	0.83 [0.67 – 0.94]	22	0.61 [0.43 – 0.77]
Gastrointestinal disorders	66	44	0.67 [0.54 – 0.78]	27	0.41 [0.29 – 0.54]
Major constipation or faecal impaction	40	34	0.85 [0.70 - 0.94]	14	0.35 [0.21 – 0.52]
At least one 'diagnoses' trigger	622	506	0.81 [0.78 – 0.84]	381	0.61 [0.57 – 0.65]
TRIGGER – LABORATORY VALUES*					
INR > 5	8	8	1.00 [0.63 – 1.00]	6	0.75 [0.35 – 0.97]
Digoxin level > 2 ng/ml	0	0		0	
Hypoglycaemia	11	8	0.73 [0.39 – 0.94]	4	0.36 [0.11 – 0.69]
Hyperglycaemia	50	34	0.68 [0.53 – 0.80]	6	0.12 [0.05 – 0.24]
Hyperkalaemia	36	29	0.81 [0.64 – 0.92]	11	0.31 [0.16 – 0.48]
Hypokalaemia	10	9	0.90 [0.55 – 1.00]	2	0.20 [0.03 - 0.56]

Continuation of Table 2

	Number of	Numbers of	PPV [CI 95%]	Numbers of	PPV [CI 95%]
	triggers	ADEs		DRAs	
Hyponatraemia	57	45	0.79 [0.66 – 0.89]	18	0.32 [0.20 - 0.45]
WBC < 3000/mm3	12	12	1.00 [0.74 – 1.00]	8	0.67 [0.35 – 0.90]
Platelet count < 50000/mm3	7	7	1.00 [0.59 – 1.00]	5	0.71 [0.29 – 0.96]
Neutrophils < 1400/mm3	9	9	1.00 [0.66 – 1.00]	6	0.67 [0.30 - 0.93]
At least one 'laboratory values' trigger	169	136	0.80 [0.74 – 0.86]	53	0.31 [0.24 – 0.39]
TRIGGER – OTHERS					
Antidote use or treatments that suggest a potential ADE	21	19	0.90 [0.70 - 0.99]	16	0.76 [0.53 – 0.92]
Mention of a potential ADE in the medical record	136	128	0.94 [0.89 – 0.97]	96	0.71 [0.62 – 0.78]
Abrupt medication stops within 24 h of admission	119	107	0.90 [0.83 – 0.95]	77	0.65 [0.55 – 0.73]
At least one 'others' trigger	205	191	0.93 [0.89 - 0.96]	134	0.65 [0.58 - 0.72]
TOTAL					
At least one trigger	716	673	0.87 [0.84 – 0.89]	518	0.66 [0.62 - 0.69]
For preventable DRAs, at least one trigger	716			219	0.28 [0.25 - 0.32]

*A trigger is positive when the diagnosis or lab value AND a potential causative drug (or drug lacking in case of underuse) are present. Abbreviations: ADE: adverse drug events; DRA: drug-related admission; INR: international normalized ratio; PPV: positive predictive value; WBC: white blood count

TRIGGER TOOL FOR SCREENING FOR DRUG-RELATED HOSPITAL ADMISSIONS IN OLDER PERSONS			
Trigger on admission or up to 48 hours of admission	Suspected causative drugs or causes for underuse		
Diagnoses			
	Use of any of the following drugs?		
Fall and/or fracture and/or orthostatic hypotension	 Benzodiazepines Non-benzodiazepine hypnotics e.g. zopiclone, zolpidem Antipsychotics Antidepressants Use of any drugs that cause orthostatic hypotension? Direct renin inhibitors (e.g. aliskiren) Anti-Parkinson drugs Antidepressants (mainly tricyclic) Antipsychotics Calcium channel blockers Diuretics β blockers If a fall is caused by hypoglycaemia, look for use of drugs Underuse of any of the following drugs in patients with k and/or Bone Mineral Density T-scores of -2.5 or lower in 800 IU Vitamin D/d (+ 1000-1200 mg calcium/day if dietary intake is <1200-1000mg/day) 	 Sedating antihistamines Opioids Anticholinergics Other (<i>Please specify</i>): ACE inhibitors Angiotensin receptor blockers Nitrates Gliflozines (SGLT2-inhibitors) α1-receptor blockers Other (<i>Please specify</i>): that contribute to hypoglycaemia nown osteoporosis and/or history of fragility fracture(s) multiple sites? Bone anti-resorptive therapy (e.g. bisphosphonates, strontium, ranelate, teriparatide, or denosumab) 	

Table 3 : The proposed revised version of the trigger tool for identifying drug related hospital admissions in older patients

	Underuse of any of the following drugs in patients on corticosteroid therapy \geq 3 months?				
	□ 800 IU Vitamin D/d (+ 1000-1200 mg calcium/day if □ Bisphosphonates dietary intake is <1200-1000mg/day)				
	Underuse of vitamin D in patients who are housebound and/or have experienced falls or with osteopenia with Bone Mineral Density T-score between -1 and -2.5 in multiple sites?				
	Use of any of the following drugs?	_			
	□ Benzodiazepines		Opioids		
	□ Non-benzodiazepine hypnotics e.g. zopiclone,		Dopaminergic agonists		
	zolpidem		Acetylcholinesterase-inhibitors (new-onset confusion		
	□ Antipsychotics	_	in patients with dementia)		
	□ Antiepileptics		Digoxin Fluerequinelenes (Ii		
Confusion/delirium	□ Antihistamines (H1- and H2-receptor blockers)		required)		
	□ Antidepressants		Other anticholinergics		
	Abrupt discontinuation/rapid dose reduction of any of	the f	following drugs?		
	□ Benzodiazepines		Antidepressants		
	□ Non-benzodiazepine hypnotics e.g. zopiclone,		Lithium		
	zolpidem		Opioids		
	□ Antipsychotics		Corticosteroids		
	Dopaminergic agonists		Other (<i>Please specify</i>):		
	Use of any of the following drugs?				
	Lithium		Rifampicin		
	□ ACE inhibitors		Acyclovir, valacyclovir, gancyclovir, valgancyclovir,		
	Angiotensin receptor blockers		toscarnet, cidofovir		
Acute renal impairment	□ Diuretics		Amphotericin		
	□ Sulphonamides		Ciarlatin		
	Cephalosporins		Cispianin Rediclogy contrast medium		
	\Box Quinolones (ciprofloxacin)		Risphosphonates		
	Aminoglycosides		Non-steroidal anti-inflammatory drugs		
	\Box vancomych		Other nephrotoxic drugs (<i>Please specify</i>):		
		-	outer nephrotoxic urugs (1 ieuse specijy).		

	Use of any of the following drugs?			
Dehydrotion	□ Diuretics		Any drugs causing vomiting	
Denyuration	□ Gliflozines (SGLT2-inhibitors)		Any drugs causing diarrhoea	
	□ Laxatives		Other (Please specify):	
	Use of any of the following drugs?			
	□ Selective serotonin reuptake inhibitors		Unfractionated heparin Low molecular weight	
Bleeding (i.e. major	□ Antiplatelets		heparins	
bleeding and clinically	Vitamin K antagonists		Non-steroidal anti-inflammatory drugs	
relevant non-major	Direct oral anticoagulants		Other (<i>Please specify</i>):	
bleeding)	□ Underuse of proton pump inhibitors prophylaxis while	e		
	- On NSAIDs monotherapy (\geq 70 years old) or on concurr	ent	NSAIDs and/or antiplatelets and/or corticosteroids	
	- On NSAIDs or antiplatelet or corticosteroids monother	rapy	with a history of peptic ulcer disease/gastrointestinal	
	bleeding while on those drugs			
	Underuse of any of the following drugs in patients with k	now	n chronic atrial fibrillation?	
	□ Vitamin K antagonists			
Studio	 Direct oral anticoagulants (except valvular atrial fibrillation) 			
Stroke	Underuse of adequate antihypertensive therapy?			
	Underuse of any of the following drugs in patients with h	istoı	ry of coronary, cerebral, or peripheral vascular disease?	
	□ Antiplatelets		Statins (unless end-of-life or > 85 years old)	
Thromboomholic event	Underuse of adequate anticoagulation?			
(DVT or PE)	Unfractionated heparin		Direct oral anticoagulants	
	Low molecular weight heparins		Vitamin K antagonists	
Heart failure	Use of any drugs that could precipitate a heart failure		Non-steroidal anti-inflammatory drugs	
exacerbation	exacerbation?		Corticosteroids	
	□ Non-dihydropyridine calcium (verapamil, diltiazem)		Sodium-containing formulations	
	Thiazolidinediones (glitazones)		Other (<i>Please specify</i>):	
	Underuse of any of the following drugs?			
	$\square \beta$ blockers [*]			
	\Box ACE inhibitors [*]			
	□ Diuretics			
	<u>Note</u> [¥] β blockers and ACE inhibitors in heart failure due to left ventricular dysfunction			

	Underuse of cardiovascular secondary prevention?	
Recurrent myocardial	□ Antiplatelets (unless already anticoagulated)	\square β blocker/ACE inhibitor or angiotensin receptor
infarction or ischaemic	$\Box \text{Statins (unless end-of-life or} > 85 \text{ years old)}$	blocker /adequate anti-anginal therapy in case of
disease		ischaemic disease
	Underuse of adequate antihypertensive therapy?	
	Use of any drugs that could precipitate a COPD exacerbat	ion?
	Benzodiazepines with acute or chronic respiratory	
	failure	□ Other (<i>Please specify</i>):
COPD exacerbation	□ Opioids	
	Underuse of any of the following drugs?	
	□ Single or dual inhaled bronchodilator therapy (i.e.	a $\beta 2$ agonist and/or anticholinergic bronchodilator)
	according to the GOLD (Global Initiative for chro	nic Obstructive Lung Disease) grade
	Underuse of adequate pain treatment (according to the W	HO analgesic ladder)?
Uncontrolled (non-	□ A strong opioid in moderate to severe pain if	□ Short-acting opioids for break-through pain during
neuropathic) pain	paracetamol, NSAIDs, or weak opioids are not	treatment with long-acting opioids
	appropriate (e.g. because of insufficient pain relief)	$\Box \text{Other } (Please \ specify):$
	Use of any of the following drugs?	
Gastrointestinal	□ Opioids	
disorders (severe	Selective serotonin reuptake inhibitors	Non-steroidal anti-inflammatory drugs
diarrhoea and	Cholinesterase inhibitors	□ Chemotherapy (<i>Please specify</i>):
vomiting)	Digoxin	• Other (<i>Please specify</i>):
	□ Antibiotics	
Major constipation or	Use of any of the following drugs?	Calcium
faecal impaction	□ Atypical antipsychotics	□ Oral iron
_	□ Tricyclic antidepressants	Aluminium antacids
	□ Opioids (look for underuse of laxatives with regular	Bladder antimuscarinics
	opioid use)	Other anticholinergic drugs
	Calcium antagonists (mainly verapamil)	□ Other (<i>Please specify</i>):
	Chronic (stimulant) laxative use	

	Underuse of any of the following drugs?	Use of any of the following drugs?
Infaction	□ Vaccines (haemophilus, pneumococcal, influenza)	□ Immunosuppressants
Infection	· ····································	□ Chemotherapy
		Corticosteroids
	Use of any of the following drugs?	□ Antituberculosis drugs (isoniazide, rifampicin,
	Tricyclic antidepressants	pyrazinamide)
	□ Antiepileptics (carbamazepine, phenytoin, valproate)	Antiretroviral drugs: zidovudine, stavudine
	□ Methyldopa	□ Acetaminophen
Liver disorders	□ Amiodarone	□ NSAIDs
	Lipid-lowering agents	□ Allopurinol
	□ Antibiotics (amoxicillin-clavulanate, flucloxacillin,	Chemotherapy
	ciprofloxacin, minocycline, nitrofurantoin,	□ Immunosuppressants
	sulphonamide, macrolide)	
	Use of any of the following drugs?	Abrupt discontinuation/rapid dose reduction of any of
	Antipsychotics	the following drugs?
Seizures or movement	Antidepressants	Anti-Parkinson's drugs
disorders	□ Antiepileptics (carbamazepine, phenytoin, valproate)	Benzodiazepines
uiboi uci b	□ Lithium	Antiepileptics
	Anti-Parkinson's drugs	
	□ Amiodarone	
Laboratory values		
	Use of any of the following drugs?	□ Laxatives
Hypokalaemia	Loop diuretics	□ Salbutamol (IV or aerosol)
$(\mathbf{K}^+ < 3 \text{ mmol/L})$	Thiazides and thiazide-like diuretics	□ Theophylline
	Corticosteroids	□ Other (<i>Please specify</i>):
	Use of any of the following drugs?	Tricyclic antidenressants
Hyponetreemie	Selective serotonin reuptake inhibitors	 The year and oppressions Carbamazenine and oxearbazenine
$(N_9^+ < 130 \text{ mmol/I})$	□ Diuretics	□ High-dose cyclophosphamide
	□ ACE inhibitors	 Other (Please specify):
	Angiotensin receptor blockers	- Other (1 lease specify).

	Use of any of the following drugs?		
	□ Carbamazepine and oxcarbazepine,		Ganciclovir
Pancytopenia or	□ Antipsychotics (mainly clozapine)		Immunosuppressants
anomaly on one of the 3	□ Mirtazapine (first six weeks of treatment)		Chemotherapy (<i>Please specify</i>):
lines: leucopenia,	□ Heparin		Quinine sulphate
thrombopenia, anaemia	Thienopyridines (mainly ticlopidine)		Thyreostatics
	□ Sulfamides		Other (<i>Please specify</i>):
Other			
	Use of any of the following drugs on the day of admission	ı?	
	□ Oral metronidazole or vancomycin in a patient who		Potassium supplements in case of hypokalaemia
	has recently been treated with an antibiotic that may		Sodium polystyrene (Kayexalate) in case of
	cause Clostridium difficile-associated diarrhoea		hyperkalaemia
Antidote use or	Flumazenil in a patient on benzodiazepines		Adrenaline, antihistamines, and corticosteroids
treatments that suggest	 Naloxone in a patient on opioids 		(general drug allergy)
a potential ADE	□ Phytonadione (vitamin K) in a patient on VKA		Acetylcysteine (paracetamol overdose)
	□ Protamine sulphate in a patient on heparins		Digoxin antibodies in a patient with supratherapeutic
	□ Oral or IV glucoses or glucagon in a patient taking		digoxin levels
	hypoglycaemic drugs		

Abbreviations: ACE: Angiotensin converting enzyme, NSAID: Non-steroidal anti-inflammatory drug

Central nervous system drugs
Cardiovascular drugs
Anti-infective drugs
Others

Table 4: The revised clinical version of the trigger tool for identifyingdrug related hospital admissions in older patients

Trigger on admission or up to 48 hours of admission	Suspected causative drugs or causes for underuse		
TRIGGERS – 'OT	HERS'		
Antidote use or	Use of any of the following	vitamin K	
treatments that	drugs on the day of	protamine sulphate	
suggest a potential	admission:	sodium polystyrene	
ADE	metronidazole/vancomycin	Adrenaline	
	naloxone	Antihistamines	
		Corticosteroids	

The list of suspected causative drugs or causes for underuse is not exhaustive. This list is based on the most commonly used or underused drugs ($\geq 5\%$) found in the OPERAM cohort and/or in the literature for liver disorders and seizures/movement disorders* (January 2021).

A trigger is positive when both the category AND a potential causative drug (or drug lacking in case of underuse) are present.

Abbreviations: ACE: angiotensin converting enzyme; COPD: chronic obstructive pulmonary disease; NSAID: Non-steroidal anti-inflammatory drugs; SSRI: Selective serotonin reuptake inhibitors

Central nervous system drugs
Cardiovascular drugs
Anti-infective drugs
Others



THE REVISED CLINICAL VERSION OF THE TRIGGER TOOL FOR IDENTIFYING DRUG RELATED HOSPITAL ADMISSIONS IN OLDER PATIENTS

Trigger on admission or	Suspected causative drugs or causes for underuse						
up to 48 hours of							
admission							
TRIGGERS – 'DIAGNOSES'							
Fall/fracture/orthostatic	Use of any of the following	ACE inhibitors					
hypotension	drugs:	Angiotensin receptor					
	Benzodiazepines and	blockers					
	analogues	Anticholinergic					
	Antipsychotics	Alpha1 receptor					
	Antidepressants	blockers					
	Anti-Parkinson's drugs						
	Opioid analgesics	Underuse of any of the					
	Calcium channel blockers	following drugs:					
	Diuretics	Vitamin D					
	Beta blockers	Bone-antiresorptive					
	ACE inhibitors	therapy					
	Angiotensin receptor						
	blockers						
Confusion/delirium	Use or stopping of any of the	Antiepileptics					
	following drugs:	Antidepressants					
	Benzodiazepines and	Dopaminergic agents					
	analogues	Opioids					
	Antipsychotics	ipsychotics					
Acute renal impairment	Use of any of the following	Diuretics					
	drugs:	Sulphonamides					
	ACE inhibitors						
	Angiotensin receptor						
	blockers						
Dehydration	Use of any of the following	g Any drugs causing					
	drugs:	vomiting					
	Diuretics	Any drugs causing					
	Laxatives	diarrhoea					
Bleeding	Use of any of the following						
	drugs:						
	Antiplatelets						
	Anticoagulants						

Trigger on	Suspected causative drugs or causes for underuse		Trigger on	Suspected causative drugs or causes for underuse		
admission or up to			admission or up to			
48 hours of			48 hours of			
admission			admission			
TRIGGERS – 'DIAGNOSES'			TRIGGERS – 'DI	TRIGGERS – 'DIAGNOSES'		
Stroke	Underuse of:	Underuse of:	Uncontrolled (non-	Underuse of any of the		
	Oral anticoagulants in	Antiplatelets or statins in	neuropathic) pain	following drugs:		
	patients with known	patients with history of		Opioids		
	chronic atrial fibrillation	coronary, cerebral, or	Liver disorders*	Use of any of the following	Antituberculosis drugs	
		peripheral vascular disease		drugs:	(isoniazid, rifampicin,	
Thromboembolic	<u>Underuse</u> of adequate			Tricyclic antidepressants	pyrazinamide)	
event	anticoagulation			Antiepileptics (carbamazepine,	Antiretroviral drugs	
(Recurrent)	<u>Underuse of</u>	Beta blockers / ACE		phenytoin, valproate)	(zidovudine, stavudine)	
myocardial	cardiovascular secondary	inhibitors or angiotensin		Methyldopa	Acetaminophen	
infarction or	prevention	receptor blocker / adequate		Amiodarone	Immunosuppressants	
ischaemic disease	Antiplatelets	anti-anginal therapy in case		Lipid-lowering agents	Chemotherapy	
	Statins	of ischaemic disease		Antibiotics	NSAIDs	
Heart failure	Underuse of any of the	Use of any of the following		(amoxicillin/clavulanate,	Allopurinol	
exacerbation	following drugs	<u>drugs:</u>		ciprofloxacin, minocyclic,		
	Beta blockers	NSAIDs		nitrofurantoin, sulfonamide,		
	ACE inhibitors	Corticosteroids		and macrolide)		
	Diuretics		Seizures and	Use of any of the following	Abrupt withdrawal from:	
Gastrointestinal	Use of any of the	Chemotherapy	movement	drugs:	Anti-Parkinson's drugs	
disorders	following drugs:	Laxatives	disorders*	Antipsychotics	Antiepileptics	
(diarrhoea,	Opioids			Antiepileptics	Benzodiazepines	
vomiting)	Antibiotics	Antibiotics		Antidepressants	Use of any of the following	
Major constipation	Use of any of the	Oral iron		Anti-Parkinson's drugs	drugs:	
	following drugs:	Laxatives			Lithium	
	Opioids	<u>Underuse of laxatives</u>			Amiodarone	
COPD	Use of any of the	Underuse of any of the	TRIGGERS – 'AB	NORMAL LABORATORY	VALUES'	
exacerbation	following drugs:	following drugs:	Hypokalaemia	Use of any of the following	Diuretics	
	Benzodiazepines	Single or dual inhaled		drugs:	Laxatives	
	Opioids	bronchodilatator therapy	Hyponatraemia	Use of any of the following	ACE inhibitors and	
Infection	Underuse of any of the	Use of any of the following		drugs:	angiotensin receptor blockers	
	following drugs	<u>drugs:</u>		SSRI	Diuretics	
	Vaccines (haemophilus,	Immunosuppressants	Pancytopenia or	Use of any of the following	Immunosuppressants	
	pneumococcal, influenza)	Chemotherapy	anomaly on one of	drugs:	Chemotherapy	
		Corticosteroids	the 3 lines			