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Associations of baseline use of biologic or targeted synthetic DMARDs with COVID-19 severity in rheumatoid arthritis: Results from the COVID-19 Global Rheumatology Alliance Physician Registry

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ABSTRACT

Objective: To investigate baseline use of biologic or targeted synthetic (b/ts) DMARDs and COVID-19 outcomes in rheumatoid arthritis (RA).

Methods: We analyzed the COVID-19 Global Rheumatology Alliance physician registry (24/Mar/2020 to 12/Apr/2021). We investigated b/tsDMARD use for RA at the clinical onset of COVID-19 (baseline): abatacept (ABA), rituximab (RTX), Janus kinase inhibitors (JAKi), interleukin-6 inhibitors (IL6i), or tumor necrosis factor inhibitors (TNFi, reference group). The ordinal COVID-19 severity outcome was: 1) no hospitalization, 2) hospitalization without oxygen, 3) hospitalization with oxygen/ventilation, or 4) death. We used ordinal logistic regression to estimate ORs (odds of being one level higher on the ordinal outcome) for each drug class compared to TNFi, adjusting for potential baseline confounders.

Results: Of 2,869 people with RA (mean age 56.7 years, 80.8% female) on b/tsDMARD at the onset of COVID-19, there were n=237 on ABA, n=364 on RTX, n=317 on IL6i, n=563 on JAKi, and n=1,388 on TNFi. Overall, 613 (21%) were hospitalized and 157 (5.5%) died. RTX (OR 4.15, 95%CI 3.16-5.44) and JAKi (OR 2.06, 95%CI 1.60-2.65) were each associated with worse COVID-19 severity compared to TNFi. There were no associations of ABA or IL6i with COVID-19 severity.

Conclusions: People with RA treated with RTX or JAKi had worse COVID-19 severity than those on TNFi. The strong association of RTX and JAKi use with poor COVID-19 outcomes highlights prioritisation of risk-mitigation strategies for these patients.

KEY MESSAGES

What is already known about this subject?

- A previous international registry study in the COVID-19 Global Rheumatology Alliance (C19-GRA) suggested that people with systemic rheumatic diseases on biologic or targeted synthetic (b/ts) DMARDs had lower odds of hospitalisation than those not using DMARDs
- Previous studies reported that people with systemic rheumatic diseases using rituximab had higher odds of COVID-19-related mortality than those using alternative DMARDs such as methotrexate.

What does this study add?

- Using the C19-GRA, we analyzed people with RA using b/tsDMARD (to limit the potential for confounding) at time of COVID-19 onset and investigated an ordinal outcome that encompassed a range of COVID-19 outcomes
- People with RA using rituximab or Janus kinase (JAK) inhibitors at COVID-19 onset were more likely to experience poor COVID-19 outcomes, ranging from hospitalisation to death, compared to tumor necrosis factor inhibitor use

How might this impact on clinical practice or future developments?

- People using rituximab or JAK inhibitors for RA are more likely to experience poor COVID-19 outcomes and should be prioritized for risk mitigation strategies.

INTRODUCTION

The ongoing Coronavirus disease 2019 (COVID-19) pandemic has had a significant impact on patients with rheumatoid arthritis (RA), many of whom are treated with biologic or targeted synthetic disease-modifying anti-rheumatic drugs (b/tsDMARDs)(1). While b/tsDMARDs are important for controlling RA disease activity, their influence on COVID-19 outcomes in patients with RA remains unclear. This uncertainty has led to anxiety, social isolation due to shielding practices, and b/tsDMARDs discontinuation which may contribute to RA flares(2-4). Addressing the knowledge gaps around the influence of b/tsDMARDs on COVID-19 outcomes is a priority for people with RA and their providers.

The impact of b/tsDMARDs on COVID-19 outcomes is of particular interest since some of these medications, such as tocilizumab and baricitinib, have been studied as repurposed treatments for COVID-19. Some evidence suggests that baseline use of certain b/tsDMARDs, like tumor necrosis factor inhibitors (TNFi), for inflammatory disorders may be associated with less severe COVID-19 outcomes(5). In addition, among patients with COVID-19, treatment with interleukin (IL)-6 inhibitors and baricitinib lead to improved outcomes in some clinical trials(6-9). However, there are also concerns that baseline use of certain b/tsDMARDs, such as rituximab or abatacept, may be associated with worse COVID-19 outcomes due to impaired viral immune defenses(10, 11).

Due to sample size limitations, previous studies of b/tsDMARD use and COVID-19 outcomes have combined heterogeneous rheumatic diseases and medications and/or investigated a single outcome, such as hospitalization(5, 12). Therefore, we used

1
2
3 the COVID-19 Global Rheumatology Alliance (C19-GRA) physician registry to evaluate
4 the associations of different classes of b/tsDMARDs with a range of COVID-19
5 outcomes in people with RA.
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10 11 12 **METHODS**

13 14 15 *Data source and study sample assembly*

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19 People with rheumatic disease and COVID-19 from the C-19 GRA registry and
20 European Alliance of Associations for Rheumatology (EULAR) COVID-19 database
21 were included in the analyses. We included cases entered between March 24, 2020 and
22 April 12, 2021. The C19-GRA and EULAR databases include people with rheumatic
23 diseases diagnosed with COVID-19, as reported by rheumatology providers via two
24 international data entry portals. The details of these registries have been previously
25 reported(5, 12-17). We analyzed people with RA on b/tsDMARD at time of COVID-19
26 clinical onset. As of April 12, 2021, a total of 15,127 people with rheumatic diseases and
27 COVID-19 were reported. We included people with RA who were taking one of the
28 following medication classes: anti-CTLA4Ig (abatacept), anti-CD20 (rituximab), IL-6
29 inhibitors (tocilizumab, sarilumab), Janus kinase inhibitors (JAKi: tofacitinib, baricitinib,
30 or upadacitinib), or tumour necrosis factor inhibitors (TNFi: infliximab, etanercept,
31 adalimumab, certolizumab pegol, golimumab). The drug class of b/tsDMARD was
32 collected, rather than individual drugs. We did not include IL-1 inhibitors since these
33 were infrequently used for RA (n=4). Prior studies using the C19-GRA and EULAR
34 databases have included some patients also reported in this study, but the analyses
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3 included in this study and observations reported are novel. In addition, follow-up for this
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5 study is more current than previous publications using these data.
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9 Data quality was assessed by the University of California, San Francisco and the
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11 University of Manchester, UK, who both confirmed that there were no duplicates in the
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13 data entries. Due to the de-identified and non-interventional nature of the study, it was
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15 determined to be exempt by each institutional review board.
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18 19 *Baseline b/tsDMARD exposures*

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22 The exposure of interest was baseline use of a b/tsDMARD at the time of
23
24 COVID-19 clinical onset. As in previous C19-GRA investigations, we included confirmed
25
26 and presumptive cases of COVID-19 (5, 12, 14). We limited this analysis to users of
27
28 abatacept, rituximab, IL-6i, JAKi, or TNFi to limit the cohort to patients with similar RA
29
30 disease severity and minimize the impact of confounding by indication. We included
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32 b/tsDMARD users regardless of whether they also used a csDMARD or glucocorticoids
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34 but did not include people on conventional synthetic DMARDs (csDMARDs, e.g.,
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36 hydroxychloroquine, methotrexate, sulfasalazine, leflunomide) monotherapy, as
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38 monotherapy may indicate less severe RA or be due to care access barriers or
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40 socioeconomic factors. TNFi users were the reference group since TNFi are the most
41
42 frequently used b/tsDMARD in RA. Patients with RA who were reported to be on more
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44 than one b/tsDMARD were excluded from the analysis (n=3).
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50 51 *COVID-19 outcomes*

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53 The primary outcome of interest was a mutually exclusive ordinal COVID-19
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55 severity outcome: 1) no hospitalization, 2) hospitalization with no oxygenation, 3)
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3 hospitalization with any oxygenation or mechanical ventilation, and 4) death. We chose
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5 this primary outcome to estimate the association of b/tsDMARD exposure with general
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7 odds of worse COVID-19 severity rather than a single outcome. A similar outcome was
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9 developed by the World Health Organization (WHO) to capture the spectrum of disease
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11 and is used in clinical trials evaluating COVID-19 therapeutics (18). If a patient met
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13 multiple levels of the outcome, they were only included in the highest level. At the time
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15 of analysis, all patients were required to have a resolved clinical course.
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20 *Covariates*

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23 Details regarding demographics, including age, race/ethnicity, continent, and
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25 patient characteristics, including obesity, smoking, comorbidities (interstitial lung
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27 disease [ILD], history of cancer, hypertension, cardiovascular disease, chronic kidney
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29 disease/end-stage kidney disease, diabetes, non-ILD pulmonary disease), RA disease
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31 activity (as judged by the reporting physician), glucocorticoid dose for RA at the time of
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33 COVID-19 onset, and concomitant csDMARD (methotrexate, sulfasalazine,
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35 hydroxychloroquine) use were by physician report. For glucocorticoid dose, the amount
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37 of prednisone-equivalent glucocorticoid prescribed was treated as a categorical variable
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39 (none, >0 to 5 mg/day, >5 to 9 mg/day, and ≥ 10 mg/day). Hypertension and
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41 cardiovascular disease were collapsed as a single comorbidity due to collinearity.
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47 *Statistical analysis*

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50 We reported baseline characteristics and outcomes across the exposure
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52 categories of baseline b/tsDMARD use with descriptive statistics.
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Ordinal logistic regression models were used to assess the association between each b/tsDMARD compared to TNF inhibitor use and the severity of COVID-19 on an ordinal scale in unadjusted and multivariable analyses to estimate odds ratios (OR) and 95% confidence intervals (CIs). The effect size of the ordinal outcome can be interpreted as the odds of being one level higher on the ordinal COVID-19 severity scale than the reference group. We assessed the proportional odds assumption for the ordinal regression model using the Brant test (19). Models in which the proportional odds assumption was not met, were re-fitted using the partial proportional odds model which relaxes the assumption of proportionality for offending predictors (20). We considered potential confounders known to be associated with either b/tsDMARD use or COVID-19 severity. Covariates included in multivariable models included sociodemographic features (age, sex), obesity, smoking status (ever vs. never), concomitant csDMARD use (MTX, HCQ, SSZ, or LEF), categorical glucocorticoid use/dose, categorical comorbidity count (0, 1, ≥ 2 of the following: chronic kidney insufficiency/end-stage kidney disease, diabetes, non-ILD pulmonary disease), other key comorbidities as individual variables (hypertension/cardiovascular disease, ILD, and cancer), disease activity (moderate/high vs. remission/low), continent (Europe, North America, South America, other), and calendar time (January-June 15, 2020 vs. June 16, 2020-April 12, 2021) (21). These time periods were selected based on the initial publication of the RECOVERY trial which reported a survival benefit associated with dexamethasone and influenced subsequent practice. We assumed that missing data were “missing at random.” We then performed multiple imputation five times to get pooled estimates to impute missing values for disease activity, race/ethnicity, glucocorticoid dose, smoking,

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3 hypertension/cardiovascular disease, and comorbidity count. After imputation, we
4 compared the distribution of imputed values to the distribution of variables before
5 imputation to confirm that distributions were similar before and after imputation.
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11 To confirm the robustness of our findings, we performed several sensitivity
12 analyses. First, we excluded patients with ILD or cancer from the analysis since
13 rituximab is commonly used in these patients, who may also be susceptible to poor
14 COVID-19 outcomes. Second, given data showing a strong association between
15 race/ethnicity and COVID-19 outcomes in the United States, we performed an analysis
16 adjusting for this variable among U.S. patients in the registry. The race/ethnicity variable
17 was categorized as White, Black, Hispanic, Asian, or Other/Mixed Race. However, for
18 the model with IL-6 inhibitors, there were few outcomes within the race/ethnicity variable
19 so we were unable to perform the model. Third, we used propensity score matching to
20 further address potential confounding by indication. We estimated propensity scores for
21 b/tsDMARD use based on age, sex, obesity, smoking, concomitant csDMARDs,
22 glucocorticoid use/dose, number of comorbidities, disease activity, region, and calendar
23 time. Covariate balance between each b/tsDMARD drug class and TNFi was assessed
24 using Love plots (**Supplemental Figures 1-4**) which showed that most of the covariates
25 were matched with an absolute standardized mean difference less than 0.1, denoting
26 sufficient matching performance (22). Ordinal logistic regression was then performed
27 after matching. Fourth, we repeated our primary analysis after excluding patients with a
28 presumptive diagnosis of COVID-19. Presumptive cases were those that lacked one of
29 the following: positive polymerase chain reaction (PCR) or antigen test for SARS-CoV-
30 2, or typical chest imaging findings. Fifth, we repeated the analysis but stratified by
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3 calendar time (before or after June 15, 2020 when RECOVERY trials results were
4 announced) and by continent (North America or Europe) in case calendar time and
5 geography may have influenced the results. Sixth, we used a revised version of the
6 ordinal COVID-19 severity outcome that considered mechanical ventilation as its own
7 category.
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12 We then repeated our primary analyses using dichotomized outcomes rather
13 than the ordinal COVID-19 severity scale to investigate whether there were particular
14 outcomes driving the associations we observed. For example, we investigated whether
15 each b/tsDMARD was associated with hospitalization (yes/no) compared to TNFi use.
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20 We used the Brant test to assess whether the observed deviations from the
21 ordinal logistic regression are larger than what could be attributed to chance alone. If
22 the p-values are greater than the alpha level of 0.05, then the covariates satisfy the
23 proportional odds assumption. This assumption states that the estimate between each
24 pair of outcomes across the response levels regardless of the partition that we consider.
25 For abatacept and JAK inhibitors, both age and glucocorticoid dose violated the
26 assumption and for IL-6 inhibitors and rituximab, age, gender, and glucocorticoid dose
27 violated the assumption. In order to address the lack of proportionality for these
28 covariates, partial proportional odds models were run to relax this assumption for the
29 respective covariates for each medication category (**Supplemental Table 1**). We found
30 that the estimates were similar when comparing the proportional odds models and the
31 non-proportional odds model, so we reported the model without relaxing the
32 assumption.
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3 Results were considered statistically significant at two-sided $p < 0.05$. Analyses
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5 were conducted in R version 4.0.2.
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10 11 **RESULTS**

12 13 14 *Study sample and baseline characteristics*

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17 From a total of 6,132 RA cases reported to the registry, we identified 2,869 who
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19 were on abatacept (n=237), rituximab (n=364), IL-6i (n=317), JAKi (n=563), or TNFi
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21 (n=1,388), at time of clinical COVID-19 onset. Baseline clinical characteristics are
22
23 shown in **Table 1**. The sample was predominantly female (80.8%) and mean age was
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25 56.7 years (SD 13.4). Most patients were from Europe (51.8%) or North America
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27 (35.0%). Overall, 354 (12.3%) were obese, 582 (20.3%) were ever smokers, 810
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29 (28.2%) were on glucocorticoids, 1,409 (49.1%) were on concomitant csDMARDs, and
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31 510 (17.8%) had moderate/high RA disease activity. Among b/tsDMARD users,
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33 rituximab users were more likely than TNFi users to have ILD (11.0% vs. 1.4%) or a
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35 history of cancer (7.4% vs. 0.9%); JAKi users were slightly more likely than TNFi users
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37 to be obese (15.1% vs. 10.3%).
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44 45 *COVID-19 outcomes*

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47 Outcomes according to the COVID-19 severity scale are shown in **Table 2**. The
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49 majority of patients (78.6%) were not hospitalized, 137 (4.8%) were hospitalized without
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51 oxygenation, 319 (11.1%) were hospitalized with any oxygen or ventilation requirement,
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53 and 157 (5.5%) died. Among rituximab users, 80 (22.0%) required hospitalization with
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3 any oxygen or ventilation and 54 (14.8%) died compared to 103 (7.4%) and 36 (2.6%)
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5 TNFi users, respectively. Among JAKi users, 86 (15.3%) were hospitalized with
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7 oxygen/ventilation and 40 (7.1%) died. Only 9 (2.8%) patients on baseline IL-6i died.
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10 11 *Associations of b/tsDMARDs with COVID-19 severity*

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14 The multivariable ordinal logistic regression model is shown in **Table 3**.
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16 Compared to TNFi users, rituximab users had a 4.15 (95%CI 3.40, 3.80) greater odds of
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18 worse COVID-19 severity as compared to patients taking TNFi, while JAKi users had a
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20 2.06 (95%CI 1.60, 2.65) greater odds of worse COVID-19 severity. No significant
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22 associations were found with respect to abatacept or IL-6i compared to TNFi in the
23
24 primary analysis.
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28 29 *Sensitivity analyses*

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32 Sensitivity analyses of the drug class comparisons are shown in **Table 3**. After
33
34 excluding patients with ILD or cancer, the association between rituximab with poor
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36 COVID-19 outcomes when compared to TNFi use remained strong (OR 4.34 [95%CI
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38 3.23, 5.82]). Among RA patients in the US, results were also similar when additionally
39
40 adjusting for race/ethnicity. We also performed a propensity score matched analysis
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42 instead of multivariable ordinal logistic regression. The sample for each propensity
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44 score-matched analysis is illustrated in **Supplemental Figure 5**. Rituximab users (OR
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46 3.36 [95%CI 2.11, 5.34]) and JAKi users (OR 1.56, 95%CI 1.01, 2.42) had increased
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48 COVID-19 severity compared to TNFi users in this analysis. In the propensity score-
49
50 matched analysis, abatacept had an OR of 1.60 (95%CI 1.02, 2.51) for the ordinal
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52 COVID-19 severity outcome compared to TNFi. IL-6 inhibitor use was not associated
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3 with COVID-19 severity in any of the analyses. Brant tests indicated that the
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5 proportional odds assumption did not hold for propensity score models; therefore, partial
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7 proportional odds models were used and confirmed that the effect estimates remained
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9 consistent (data not shown).
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13 When stratified by calendar time (before or after June 15, 2020) and restricted to
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15 Europe or North America, results were similar (**Supplementary Table 2**).
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18 19 *Individual COVID-19 outcomes*

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22 We also performed analyses for each binary level of the COVID-19 severity scale
23
24 (**Table 4**). Rituximab and JAKi use were each associated with an increased odds for
25
26 each COVID-19 outcome compared to TNFi use. For example, rituximab use had
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28 increased odds for hospitalization (OR 4.53, 95%CI 3.32, 6.18) as well as death (OR
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30 4.57, 95%CI 3.32, 9.01) compared to TNFi use. JAKi use was associated with all
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32 outcomes considered, including hospitalization requiring any oxygen or ventilation or
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34 death (OR 1.55, 95%CI 1.04, 2.18) and death (OR 2.04, 95%CI 1.58, 2.65) compared to
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36 TNFi. In these analyses, there were no statistically significant associations between
37
38 abatacept or IL-6i use and the dichotomized outcomes when compared to TNFi use.
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44 We considered a revised version of the ordinal outcome that included mechanical
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46 ventilation as a separate level. There were relatively few patients who survived after
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48 requiring mechanical ventilation (**Supplementary Table 3**). Results were similar using
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50 this revised ordinal outcome (**Supplementary Tables 4-5**).
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DISCUSSION

Among RA patients on b/tsDMARDs at the onset of COVID-19, rituximab and JAKi users were at increased odds for worse COVID-19 outcomes compared to TNFi users. In contrast, we did not find an association between abatacept or IL-6i use with worse COVID-19 outcomes when compared to TNFi users. These observations can inform decision making for providers and patients during the ongoing COVID-19 pandemic. Given the association between rituximab and JAKi use with poor outcomes, vaccination and public health measures such as mask wearing and social distancing for COVID-19 risk mitigation remain paramount. In addition, other specific interventions (e.g., monoclonal antibody treatment) might be considered in this patients with COVID-19 exposure or early infection (23).

Our observations, which use the largest sample of individuals with RA and COVID-19 assembled to date, regarding rituximab exposure confirm findings from prior studies suggesting an association between baseline use of B cell depleting therapies and worse COVID-19 outcomes in people with rheumatic diseases(12, 24, 25) and multiple sclerosis (26). We also expand upon prior observations using the C19-GRA and EULAR databases by evaluating the association of rituximab with COVID-19 severity rather than only mortality and by using an alternative reference group (TNFi rather than methotrexate) and performing propensity score analyses to further address confounding by indication. By focusing on a single disease, we also were able to identify a novel association of JAK inhibitors with COVID-19 severity. Mechanistically, the impact of B cell depletion on antibody production would be expected to impair the immune system's normal response to a viral infection. Indeed, the antibody response to

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3 COVID-19 is critical for controlling the initial infection and preventing re-infection (27).
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5 We lacked details regarding the timing of rituximab exposure in relation to the COVID-
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7 19 infection or the duration of B cell depletion at the time of infection which may be
8
9 particularly relevant when considering the risk of a poor outcome following rituximab
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11 exposure. It is also possible that glucocorticoids given as a pre-medication to rituximab
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13 infusions may have contributed to the increased risk of poor COVID-19 outcomes in RA
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15 patients on rituximab. While the results were robust to several sensitivity analyses, it is
16
17 possible that the result could be confounded by factors such as unrecognized ILD.
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23 Our findings are of particular interest given recent clinical trials and observational
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25 studies suggesting that IL-6i (6-8, 28-31) and JAKi (9) may improve outcomes for
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27 patients in the general population with COVID-19. We found no association of baseline
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29 IL-6i use in RA with COVID-19 severity compared to TNFi use. In contrast, while
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31 baricitinib treatment may have some benefit on time to recovery for patients with more
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33 severe COVID-19(9), we observed worse outcomes associated with baseline use of
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35 JAKi. This was also suggested in a recent population-based study investigating RA and
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37 other inflammatory joint diseases in Sweden (24). Glucocorticoids are known to have
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39 benefits when initiated for moderate-to-severe COVID-19 but are also associated with
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41 worse outcomes among those on baseline glucocorticoids at the time of infection (5,
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43 12), though this may be explained by residual disease activity (32). Therefore, the
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45 timing of JAKi use relative to the COVID-19 disease course may explain our findings.
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48 Similar to glucocorticoids, baseline use of JAKi at time of SARS-CoV-2 infection may
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50 enhance viral reproduction and dampen a healthy immune response while JAKi
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52 initiation at clinical deterioration may dampen an aberrant systemic inflammatory
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3 response. Alternatively, there may be relevant differences in COVID-19 outcomes
4 depending on the type of JAKi used given that JAK inhibitors like tofacitinib, baricitinib,
5 and upadacitinib target different JAKs. We were unable to perform analyses of each
6 individual JAKi since these were collected as a class. While the primary analysis found
7 no association of abatacept with COVID-19 severity, there was a statistical association
8 in the propensity score-matched analysis. Further research is needed on the safety of
9 abatacept for infection risk and severity since its mechanism of action may impair
10 adaptive immune response.
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23 Our study has a number of strengths including the international nature of the
24 registry and large sample size. Additionally, we used an active comparator (TNFi),
25 which was also a b/tsDMARD in a single rheumatic disease, as well as two different
26 modeling approaches (multivariable logistic regression and propensity score matching)
27 among other sensitivity analyses to account for confounding by indication and to confirm
28 the robustness of our findings. Our observations expand upon prior general population
29 and RA cohort studies that identified older age, greater comorbidity burden, and other
30 factors associated with worse COVID-19 and must also be considered when assessing
31 an individual's risk.
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44 Our study also has certain limitations. First, the GRA and EULAR registries are
45 voluntary and require a provider to submit the details of a case, perhaps biasing our
46 sample towards more severe cases. As such, the proportion of events reported across
47 exposure groups may be an overestimate of that observed among all patients with RA
48 in real world practice and should be interpreted in that context. However, the effect size
49 estimates do have clinical interpretation in potentially identifying RA patients who could
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3 be susceptible to poor COVID-19 outcomes. While we designed the study to limit the
4 potential impact of selection bias and confounding by indication by examining advanced
5 therapies in a single rheumatic disease, it is possible that selective reporting could have
6 varied according across different b/tsDMARD classes as the exposure of interest. This
7 potential bias may have caused an upward deflection in the effect size estimate if more
8 severe cases of a particular b/tsDMARD class were systematically reported compared
9 to others, and this could contribute to the findings that we report. We further mitigated
10 this possibility by adjusting for differences in concomitant medication use, disease
11 activity, and comorbidities as well as performing an analysis removing patients with ILD
12 or cancer. Our findings remained when we excluded presumptive cases of COVID-19.
13
14 Second, though we were able to adjust for a number of potential confounders of our
15 observed associations, there is the potential for residual unmeasured confounding.
16 Analyzing only patients on b/tsDMARD may have helped minimize some unmeasured
17 confounding related to access to care since all analyzed RA patients were able to
18 receive these targeted medications. In addition, the consistent results observed in
19 sensitivity analyses excluding patients with ILD or cancer who may be more likely to
20 receive rituximab supports the robustness of our results. However, we did not have data
21 available on RA duration or previous RA medications (e.g., previous TNFi use in
22 patients on other classes of b/tsDMARDs), which may have affected the results.
23 Medications were collected by DMARD class, so we were unable to compare individual
24 medications within the same class. However, the goal of the study was to compare
25 different biologic mechanisms of action for COVID-19 severity. Additionally, it is also
26 possible that TNFi use may protect against severe COVID-19 outcomes. Thus, these
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3 results should be interpreted cautiously and additional studies are needed to confirm
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5 our observed associations. Third, while we leveraged the largest cohort of rheumatic
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7 disease patients with COVID-19, a somewhat small number of outcomes of interest
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9 occurred in some subgroups which may have limited our power to detect significant
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11 differences among abatacept users, in particular. In addition, we were unable to
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13 investigate individual JAKi or TNFi. Finally, we did not examine medication changes
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15 after COVID-19 onset since this occurred after baseline and may have mediated the
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17 relationship we report. Most of the drugs have lengthy biologic effects (especially
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19 rituximab) while JAKi have short half-lives. Some clinicians may have chosen to
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21 continue IL-6 inhibitors after COVID-19 onset, as suggested by the American College of
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23 Rheumatology (32). Future studies are needed to investigate the association of
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25 medication changes with COVID-19 outcomes.
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32 In conclusion, use of rituximab or JAKi, but not abatacept or IL-6i use, at the time
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34 of COVID-19 infection was associated with worse COVID-19 outcomes compared to
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36 TNFi among RA patients. Additional studies are warranted to confirm these
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38 observations. Strategies are needed to improve outcomes following COVID-19 RA on
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40 rituximab or JAK inhibitors.
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- PCR reports no competing interests related to this work. Outside of this work he reports personal consulting and/or speaking fees from Abbvie, Eli Lilly, Janssen, Novartis, Pfizer and UCB and travel assistance from Roche (all < \$10,000).
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- CAI, as a member of the SAR-COVID Registry received grants from Pfizer, Abbvie and Elea Phoenix during the conduct of the study. Outside of this work she reports speaking fees from Bristol-Myers Squibb.
- GPE, as a member of the SAR-COVID Registry received grants from Pfizer, Abbvie and Elea Phoenix during the conduct of the study. Outside of this work he reports personal consulting and/or speaking fees from Pfizer, GSK, Janssen and Sanofi (all < \$10,000).
- GAB, as a member of the SAR-COVID Registry received grants from Pfizer, Abbvie and Elea Phoenix during the conduct of the study. Outside of this work he reports personal consulting and/or speaking fees from Pfizer, Janssen, Eli Lilly and Bago (all < \$10,000).

Patient consent for publication: Not required.

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3 **Ethics approval:** The C19-GRA physician-reported registry was determined “not
4 human subjects’ research” by the UK Health Research Authority and the University of
5 Manchester, as well as under United States Federal Guidelines assessed by the
6 University of California San Francisco Institutional Review Board.
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12 **Data availability statement:** Data are available upon reasonable request. Applications
13 to access the data should be made to the C19-GRA Steering Committee.
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17 **Patient and Public Involvement:** Patients were involved in the study related to
18 standing members of the C19-GRA Steering Committee and included as co-authors.
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Table 1. Baseline characteristics according to use of biologic or targeted synthetic disease-modifying antirheumatic drug for rheumatoid arthritis at time of COVID-19 onset.

	Overall n=2869	Abatacept n=237	Rituximab n=364	IL-6 inhibitors n=317	JAK inhibitors n=563	TNF inhibitors n=1388
Demographics						
Mean age (years), SD	56.7, 13.4	61.4, 14.0	58.0, 12.9	56.4, 12.0	58.0, 12.3	55.2, 14.0
Female	2316 (80.8%)	188 (79.3%)	299 (82.1%)	257 (81.3%)	470 (83.5%)	1102 (79.4%)
Race/ethnicity						
White	1670 (69.0%)	78 (69.5%)	187 (64.5%)	169 (67.9%)	360 (73.2%)	829 (69.3%)
Black	113 (4.7%)	5 (3.2%)	14 (4.8%)	11 (4.4%)	22 (4.5%)	60 (5.0%)
Hispanic	472 (19.5%)	32 (20.8%)	66 (22.8%)	46 (18.5%)	79 (16.1%)	233 (19.5%)
East Asian	81 (3.3%)	8 (5.2%)	10 (3.4%)	12 (4.8%)	10 (2.0%)	37 (3.1%)
Other	85 (3.3%)	2 (1.3%)	13 (4.5%)	11 (4.4%)	21 (4.3%)	38 (3.2%)
Continent						
Europe	1486 (51.8%)	103 (43.5%)	218 (59.9%)	183 (57.7%)	283 (50.3%)	699 (50.4%)
North America	1005 (35.0%)	105 (44.3%)	111 (30.5%)	83 (26.2%)	208 (36.9%)	498 (35.9%)
South America	276 (9.6%)	20 (8.4%)	23 (6.3%)	33 (10.4%)	55 (9.8%)	145 (10.4%)
Other	302 (10.5%)	9 (3.8%)	12 (3.3%)	18 (5.7%)	17 (3.0%)	46 (3.3%)
Comorbidity count*						
0	1494 (52.1%)	113 (47.7%)	161 (44.2%)	161 (50.8%)	270 (48.0%)	789 (56.8%)
1	837 (29.2%)	70 (29.5%)	119 (32.7%)	99 (31.2%)	176 (31.3%)	373 (26.9%)

2	538 (18.8%)	54 (22.8%)	84 (23.1%)	57 (18.0%)	117 (20.8%)	226 (16.3%)
Individual comorbidities						
Hypertension	983 (34.3%)	91 (38.4%)	121 (33.2%)	108 (34.1%)	221 (39.3%)	442 (31.8%)
Cardiovascular Disease	247 (8.6%)	29 (12.2%)	36 (9.9%)	32 (10.1%)	51 (9.1%)	99 (7.1%)
Diabetes	356 (12.5%)	30 (12.8%)	54 (14.9%)	43 (13.6%)	74 (13.2%)	155 (11.3%)
Chronic kidney disease	98 (3.4%)	11 (4.7%)	11 (3.0%)	14 (4.4%)	22 (3.9%)	40 (2.9%)
Lung disease [^]	432 (15.2%)	41 (17.4%)	87 (24.0%)	44 (13.9%)	92 (16.4%)	168 (12.3%)
Interstitial lung disease	103 (3.6%)	15 (6.3%)	40 (11.0%)	15 (4.7%)	13 (2.3%)	20 (1.4%)
Cancer	40 (1.5%)	5 (2.5%)	27 (7.4%)	6 (2.2%)	5 (1.0%)	11 (0.9%)
Obesity	354 (12.3%)	31 (13.1%)	52 (14.3%)	43 (13.6%)	85 (15.1%)	143 (10.3%)
Smoking status						
Ever	582 (20.3%)	104 (43.9%)	70 (19.2%)	57 (18.0%)	99 (17.6%)	300 (21.6%)
Never	1369 (47.7%)	56 (23.6%)	142 (39.0%)	152 (47.9%)	262 (46.5%)	694 (50.0%)
Missing	918 (32.0%)	77 (32.5%)	137 (37.6%)	107 (33.8%)	202 (35.9%)	394 (28.4%)
Concomitant RA medications						
Any conventional synthetic DMARD	1409 (49.1%)	118 (49.8%)	194 (53.3%)	102 (32.2%)	228 (40.5%)	767 (55.3%)
Methotrexate	1188 (41.4%)	92 (38.8%)	146 (40.1%)	91 (28.7%)	188 (33.4%)	671 (48.3%)
Sulfasalazine	136 (4.7%)	9 (3.8%)	26 (7.1%)	8 (2.5%)	18 (3.2%)	75 (5.4%)
Hydroxychloroquine	260 (9.1%)	25 (10.5%)	58 (15.9%)	18 (5.7%)	43 (7.6%)	116 (8.4%)
Leflunomide	176 (10.5%)	26 (11.0%)	49 (13.5%)	20 (6.3%)	29 (5.2%)	117 (8.4%)
Glucocorticoid dose (median, IQR)	5.0 (4.0, 6.0)	5.0 (4.0, 5.5)	5.0 (5.0, 7.5)	5.0 (4.5, 7.0)	5.0 (3.0, 5.0)	5.0 (5.0, 7.0)
Categorical glucocorticoid use/dose						
No glucocorticoid use	1756 (61.2%)	120 (56.9%)	186 (51.1%)	173 (54.6%)	320 (63.5%)	957 (76.1%)

Glucocorticoid >0 to 5 mg/day prednisone equivalent	600 (20.9%)	68 (32.2%)	93 (25.5%)	69 (21.8%)	149 (29.6%)	221 (17.6%)
Glucocorticoid 6-9 mg/day prednisone equivalent	68 (2.4%)	8 (3.8%)	10 (2.7%)	15 (4.7%)	12 (2.4%)	23 (1.8%)
Glucocorticoid ≥10 mg/day prednisone equivalent	142 (4.9%)	15 (7.1%)	28 (7.7%)	19 (6.0%)	23 (4.6%)	57 (4.5%)
Missing	303 (10.6%)	26 (11.0%)	47 (12.9%)	41 (12.9%)	59 (10.5%)	130 (9.4%)
RA disease activity						
Remission or low	1,949 (67.9%)	147 (74.2%)	226 (76.1%)	198 (77.3%)	388 (78.7%)	990 (81.5%)
Moderate or high	510 (17.8%)	51 (25.8%)	71 (23.9%)	58 (22.7%)	105 (21.3%)	225 (18.5%)
Missing	410 (14.3%)	39 (16.5%)	67 (18.4%)	61 (19.2%)	70 (12.4%)	173 (12.5%)
Confirmed COVID-19	2333 (81.3%)	201 (84.8%)	304 (83.5%)	244 (77.0%)	475 (84.4%)	1109 (79.9%)

n (%) presented unless otherwise specified.

*Comorbidity count included diabetes, lung disease, and chronic kidney disease.

^Interstitial lung disease, chronic obstructive pulmonary disease, asthma, or other lung disease.

COVID-19, Coronavirus Disease 2019; DMARDs, disease-modifying antirheumatic drugs; IL-6, interleukin-6; JAK, Janus kinase; RA, rheumatoid arthritis; SD, standard deviation, TNF, tumor necrosis factor, HCQ, hydroxychloroquine

Table 2. Frequencies and proportions of outcomes in the ordinal COVID-19 severity scale according to baseline use of biologic or targeted synthetic disease-modifying antirheumatic drug for patients with rheumatoid arthritis at time of COVID-19 onset (n=2,869).

COVID-19 severity scale	Overall n=2869	Abatacept n=237	Rituximab n=364	IL-6 inhibitors n=317	JAK inhibitors n=563	TNF inhibitors n=1388
1) Not hospitalized	2256 (78.6%)	181 (76.4%)	210 (57.7%)	271 (85.5%)	409 (72.6%)	1185 (85.4%)
2) Hospitalized without oxygenation	137 (4.8%)	12 (5.1%)	20 (5.5%)	13 (4.1%)	28 (5.0%)	64 (4.6%)
3) Hospitalized with any oxygen or ventilation	319 (11.1%)	26 (11.0%)	80 (22.0%)	24 (7.6%)	86 (15.3%)	103 (7.4%)
4) Death	157 (5.5%)	18 (7.6%)	54 (14.8%)	9 (2.8%)	40 (7.1%)	36 (2.6%)

COVID-19, Coronavirus Disease 2019; IL-6, interleukin-6; JAK, Janus kinase; TNF, tumor necrosis factor.

Table 3. Results of primary and sensitivity analyses investigating the associations of baseline use of biologic or targeted synthetic disease-modifying antirheumatic drugs with COVID-19 severity (n=2,869).

	Abatacept		Rituximab		IL-6 inhibitors		JAK inhibitors		TNF inhibitors
	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	Ref
Unadjusted	1.88 (1.35, 2.63)	<0.01	4.63 (3.60, 5.96)	<0.01	1.00 (0.71, 1.41)	0.99	2.28 (1.80, 2.88)	<0.01	Ref
Age- and sex-adjusted	1.40 (0.99, 1.99)	0.06	4.45 (3.43, 5.77)	<0.01	1.06 (0.68, 1.37)	0.84	2.10 (1.64, 2.68)	<0.01	Ref
Multivariable adjusted (primary analysis)	1.26 (0.88, 1.80)	0.21	4.15 (3.16, 5.44)	<0.01	0.81 (0.56, 1.18)	0.55	2.06 (1.60, 2.65)	<0.01	Ref
Confirmed cases only*	1.14 (0.77, 1.68)	0.52	4.25 (3.17, 5.69)	<0.01	0.74 (0.49, 1.11)	0.15	2.05 (1.57, 2.69)	<0.01	Ref
Excluding patients with ILD or cancer**	1.18 (0.79, 1.76)	0.43	4.34 (3.23, 5.82)	<0.01	0.81 (0.54, 1.21)	0.30	2.14 (1.64, 2.79)	<0.01	Ref
Restricted to US and additionally adjusted for race***	1.16 (0.79, 1.69)	0.45	4.77 (3.57, 6.38)	<0.01**	†	†	2.86 (1.76, 4.65)	<0.01*	Ref
Propensity score matched****	1.60 (1.02, 2.51)	0.04	4.70 (3.31, 6.65)	<0.01	0.76 (0.46, 1.23)	0.26	2.09 (1.50, 2.90)	<0.01	Ref

The effect size is the odds of being one level higher on the ordinal COVID-19 severity scale than the reference group (TNF inhibitor users).

Adjusted for age, sex, region, calendar time, obesity, smoking, concomitant csDMARD use, glucocorticoid use/dose, comorbidity count, hypertension/cardiovascular disease, interstitial lung disease, cancer, and rheumatoid arthritis disease activity except as otherwise indicated.

*n=2,333 in the analysis analyzing only confirmed COVID-19 cases.

**n= 2,704 in the analysis excluding ILD and cancer.

***n=868 in the US-only analysis.

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3 ****n for each pair of propensity-score matched analyses: ABA: 236 TNF: 1376; RTX: 364 TNFi: 1382;
4 IL6i: 313 TNFi: 1387; JAKi: 560 TNFi: 1379

5 †Due to the small number of events in the covariate of race, this model could not be analyzed.
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7 CI, confidence interval; COVID-19, Coronavirus Disease 2019; IL-6, interleukin-6; ILD, interstitial lung
8 disease; JAK, Janus kinase; OR, odds ratio; TNFi, tumor necrosis factor inhibitors.
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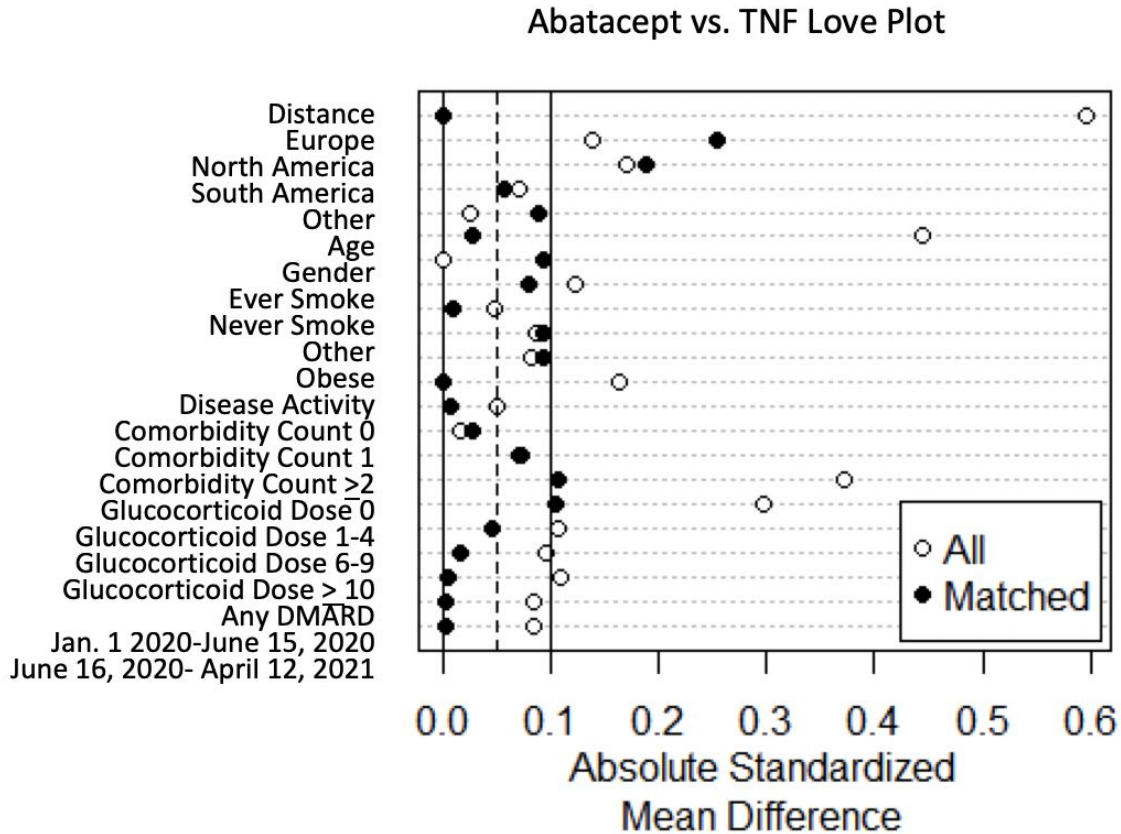
Table 4. Multivariable* odds ratios of biologic or targeted synthetic disease-modifying antirheumatic drugs at each binary level of the COVID-19 severity scale (n=2,869).

COVID-19 outcome	Abatacept		Rituximab		IL-6 inhibitors		JAK inhibitors		TNF inhibitors
	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	
Hospitalized	1.18 (0.76, 1.82)	0.47	4.53 (3.32, 6.18)	<0.01	0.84 (0.53, 1.33)	0.45	2.40 (1.78, 3.24)	<0.01	Ref
Hospitalized with oxygenation/ventilation or death	1.12 (0.70, 1.81)	0.63	2.87 (2.03, 4.06)	<0.01	0.72 (0.43, 1.20)	0.20	1.55 (1.04, 2.18)	0.01	Ref
Death	1.46 (0.72, 2.89)	0.30	4.57 (3.32, 9.01)	<0.01	1.13 (0.50, 2.59)	0.77	2.04 (1.58, 2.65)	<0.01	Ref
Mechanical ventilation (restricted to only hospitalized patients; n = 613)	1.41 (0.94, 2.10)	0.09	4.05 (3.08, 5.33)	<0.01	0.75 (0.51, 1.10)	0.14	2.03 (1.56, 2.62)	<0.01	Ref
Mechanical ventilation or death	1.14 (0.78, 1.66)	0.50	4.44 (3.39, 5.82)	<0.01	0.74 (0.50, 1.09)	0.12	2.02 (1.56, 2.61)	<0.01	Ref

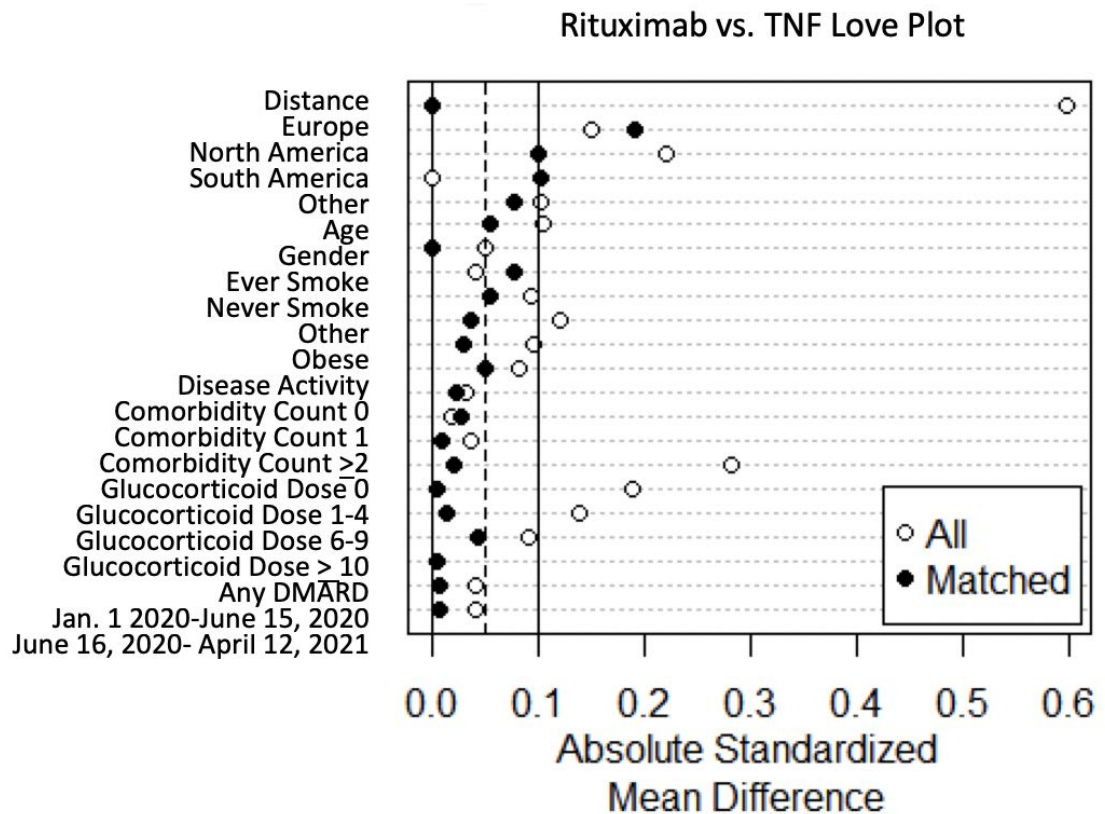
*Adjusted for age, sex, region, calendar time, obesity, smoking, concomitant csDMARD use, glucocorticoid use/dose, comorbidity count, hypertension/cardiovascular disease, interstitial lung disease, cancer, and rheumatoid arthritis disease activity

Supplementary Material for “Associations of baseline use of biologic or targeted synthetic DMARDs with COVID-19 severity in rheumatoid arthritis: Results from the COVID-19 Global Rheumatology Alliance Physician Registry” by Sparks JA, Wallace ZS, et al.

Supplementary Figure 1: Love plot for abatacept vs. TNF inhibitors.

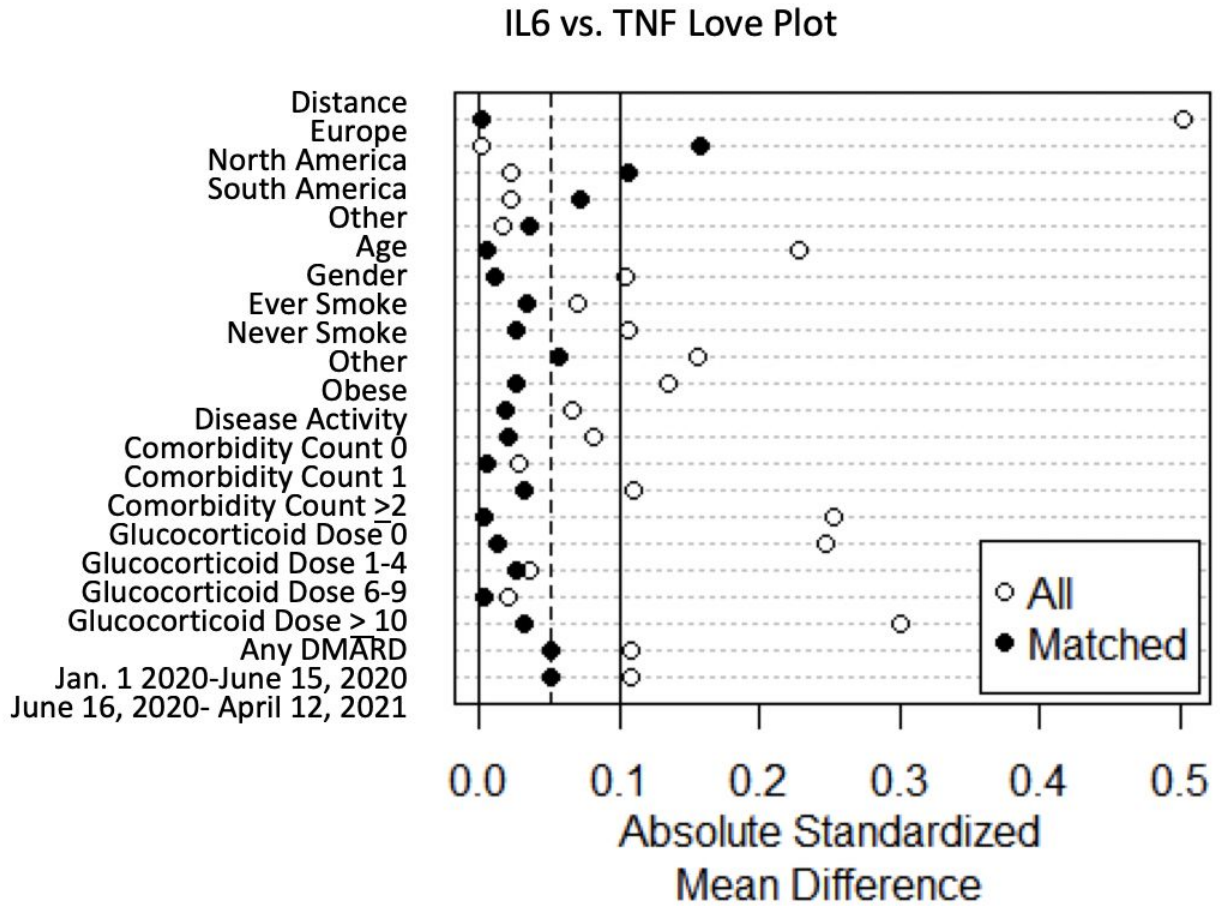


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Supplementary Figure 2: Love plot for rituximab vs. TNF inhibitors.

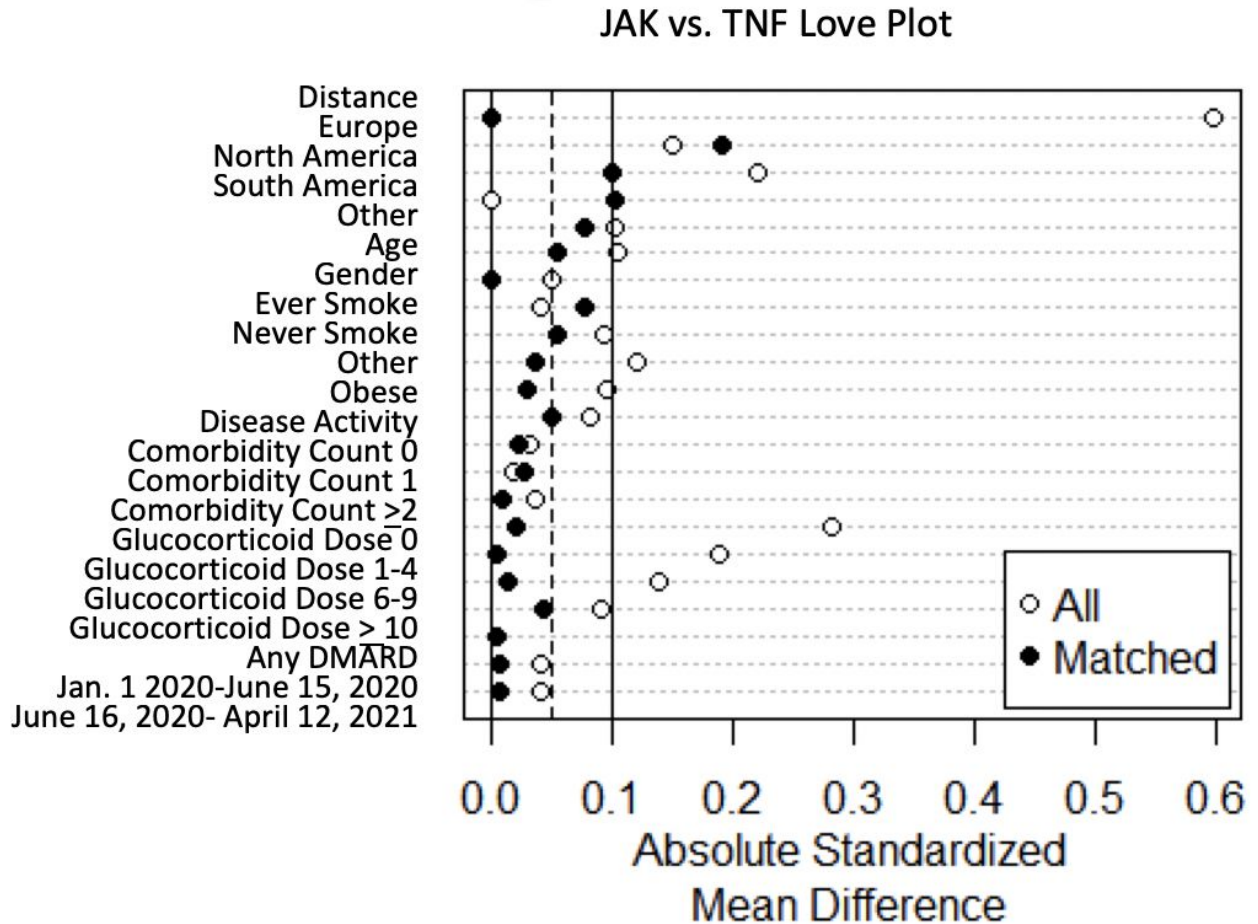
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Supplementary Figure 3: Love plot for IL-6 inhibitors vs. TNF inhibitors.



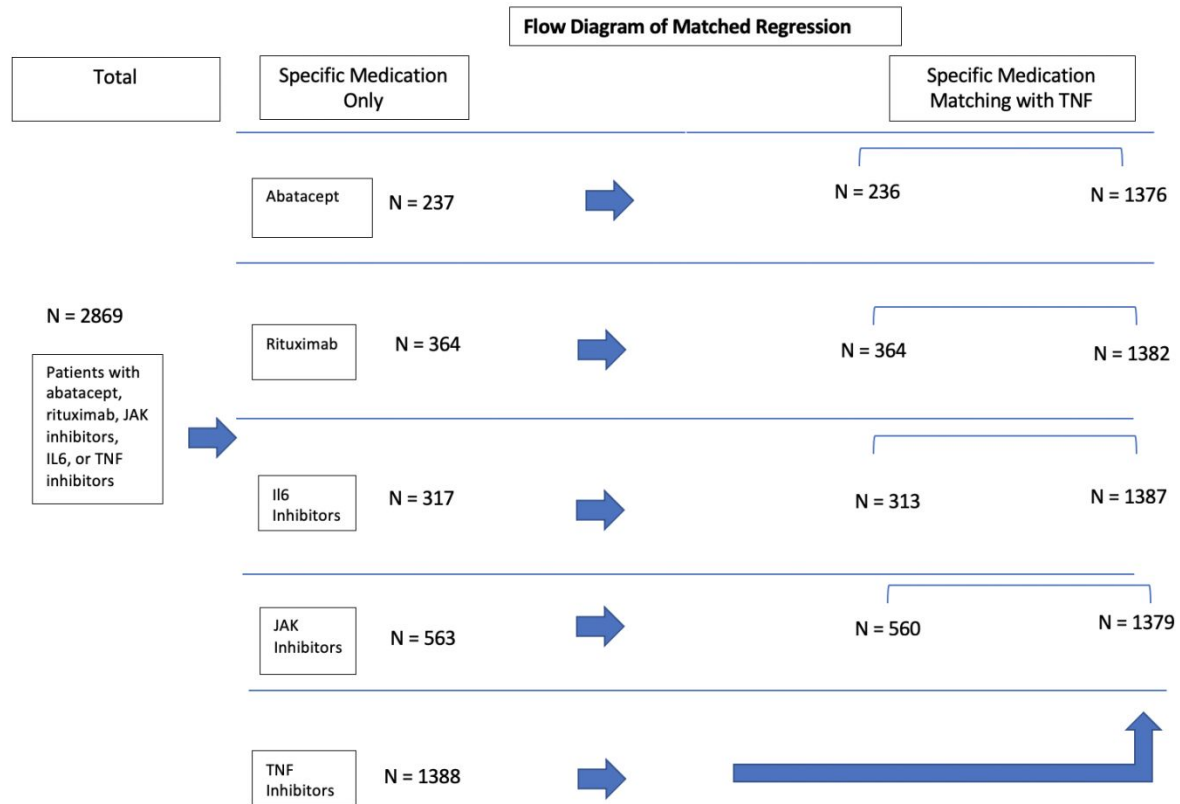
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Supplementary Figure 4: Love plot for JAK inhibitors vs. TNF inhibitors.



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Supplementary Figure 5: Flow diagram illustrating analyzed sample for propensity score matching analyses.



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Supplementary Table 1. Sensitivity analysis restricting to study period before or after June 16, 2021 and by North America or Europe.

	Abatacept		Rituximab		IL-6 inhibitors		JAK inhibitors		TNF inhibitors
	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	Ref
Restricted to North America* (January 1, 2020 to June 15, 2020)	0.94 (0.40, 2.21)	0.89	3.95 (1.93, 8.06)	<0.01	0.59 (0.18, 1.93)	0.38	1.90 (1.06, 3.40)	0.03	Ref
Restricted to Europe (January 1, 2020 to June 15, 2020)	1.11 (0.55, 2.23)	0.77	5.01 (3.10, 8.09)	<0.01	1.00 (0.52, 1.92)	0.99	1.72 (1.01, 2.94)	0.05	Ref
Restricted to Europe (June 16, 2020-April 12, 2021)	1.45 (0.50, 4.23)	0.50	7.34 (3.94, 13.65)	<0.01	0.28 (0.08, 1.02)	0.05	2.61 (1.41, 4.82)	<0.01	Ref

Adjusted for age, sex, region, obesity, smoking, concomitant csDMARD use, glucocorticoid use/dose, comorbidity count, hypertension/cardiovascular disease, interstitial lung disease, cancer, and rheumatoid arthritis disease activity except as otherwise indicated.

*There were too few cases to analyze North America June 16, 2020-April 12, 2021.

Supplementary Table 2. Frequencies and proportions of outcomes using a revised ordinal COVID-19 severity scale according to baseline use of biologic or targeted synthetic disease-modifying antirheumatic drug for patients with rheumatoid arthritis at time of COVID-19 onset (n=2,869).

COVID-19 severity scale	Overall n=2,869	Abatacept n=237	Rituximab n=364	IL-6 inhibitors n=317	JAK inhibitors n=563	TNF inhibitors n=1388
1) Not hospitalized	2256 (78.6%)	181 (76.4%)	210 (57.7%)	271 (85.5%)	409 (72.6%)	1185 (85.4%)
2) Hospitalized with or without oxygenation (but no mechanical ventilation)	428 (14.9%)	36 (11.0%)	91 (25.0%)	36 (11.4%)	108 (19.2%)	157 (11.3%)
3) Hospitalized with mechanical ventilation	28 (1.0%)	2 (0.8%)	9 (2.5%)	1 (0.32%)	6 (1.1%)	10 (0.7%)
4) Death	157 (5.5%)	18 (7.6%)	54 (14.8%)	9 (2.8%)	40 (7.1%)	36 (2.6%)

Supplementary Table 3. Associations of b/tsDMARD use with COVID-19 severity using a revised ordinal outcome scale.

	Abatacept		Rituximab		IL-6 inhibitors		JAK inhibitors		TNF inhibitors
	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	Ref
Using different ordinal outcome scale as supplemental analysis									
Unadjusted	1.87 (1.34, 2.61)	0.25	4.50 (3.50, 5.79)	<0.01	0.99 (0.70, 1.40)	0.96	2.23 (1.76, 2.82)	<0.01	
Multivariable Adjusted	1.24 (0.78, 2.19)	0.36	3.60 (3.40, 3.80)	<0.01	0.83 (0.50, 1.37)	0.46	1.59 (1.11, 2.28)	0.01	

Adjusted for age, sex, region, calendar time, obesity, smoking, concomitant csDMARD use, glucocorticoid use/dose, comorbidity count, hypertension/cardiovascular disease, interstitial lung disease, cancer, and rheumatoid arthritis disease activity except as otherwise indicated.

Supplementary Table 4. Associations of b/tsDMARD use with COVID-19 severity using a revised ordinal outcome scale.

	Abatacept		Rituximab		IL-6 inhibitors		JAK inhibitors		TNF inhibitors
	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value	Ref
Multivariable adjusted (primary analysis)	1.24 (0.78, 2.19)	0.36	3.60 (3.40, 3.80)	<0.01	0.83 (0.50, 1.37)	0.46	1.59 (1.11, 2.28)	0.01	Ref
Excluding patients with ILD or cancer*	1.24 (0.78, 1.96)	0.36	4.15 (2.95, 5.84)	<0.01	0.66 (0.40, 1.07)	0.09	1.76 (1.25, 2.47)	<0.01	Ref
Restricted to US and additionally adjusted for race**	1.00 (0.48, 2.12)	0.99	3.82 (2.72, 5.37)	<0.01	0.66 (0.40, 1.07)	0.09	1.67 (1.19, 2.35)	<0.01	Ref
Propensity score matched***	1.72 (0.99, 2.98)	0.051	3.36 (2.11, 5.34)	<0.01	0.68 (0.35, 1.32)	0.25	1.56 (1.01, 2.42)	0.049	Ref

Adjusted for age, sex, region, calendar time, obesity, smoking, concomitant csDMARD use, glucocorticoid use/dose, comorbidity count, hypertension/cardiovascular disease, interstitial lung disease, cancer, and rheumatoid arthritis disease activity except as otherwise indicated.

*n= 2,704 1,563 in the analysis excluding ILD and cancer.

**n=622 868 in the US-only analysis.

***n for each pair of propensity-score matched analyses: ABA: 236 TNFi: 1376; RTX: 364 TNFi: 1382; IL6i: 313 TNFi: 1387; JAKi: 560 TNFi: 1379

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3 CI, confidence interval; COVID-19, Coronavirus Disease 2019; IL-6, interleukin-6; ILD, interstitial lung
4 disease; JAK, Janus kinase; OR, odds ratio; TNFi, tumor necrosis factor inhibitors.
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