

Comparison of macrolitter and meso- and microplastic pollution on French riverbanks and coastal beaches using citizen science with schoolchildren

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- Title : Comparison of macrolitter, meso- and microplastic pollution on French riverbanks and
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education

26

27 Abstract:

Rivers are the major source of anthropogenic litter entering the ocean, especially plastic debris that accumulates in all ecosystems around the world and poses a risk to the biota. Reliable data on distribution, abundance and types of stranded plastics are needed, especially on riverbanks that have received less attention than coastal beaches. Here, we present the citizen science initiative *Plastique à la loupe* (Plastic under the magnifier), that compares for the first time the distribution of different litter sizes (macrolitter, meso- and microplastics) over 81 riverbanks and 66 coastal beaches sampled in France between 2019 and 2021. A total 35 of 147 school classes (3,113 schoolchildren) from middle to high school collected, sorted and 36 enumerated 55,986 pieces of plastic to provide a baseline of the current pollution by stranded 37 debris at the national level. Single-use plastics (mainly food-related items) were very 38 abundant on riverbanks (43%), whereas fragmented debris dominated the macrolitter on 39 coastal beaches (28%). Microplastics were always higher in number compared to 40 mesoplastics and macrolitter, with polystyrene and polyethylene found in equivalent 41 proportions on riverbanks while polyethylene dominated microplastics on coastal beaches. 42 Tracing the source of plastic items was possible only for a small proportion of the numerous 43 collected items, mainly for identifiable macrolitter and microplastic pellets. This study lays 44 out the foundations for further works using the *Plastique à la loupe* citizen science initiative 45 in France and additional comparisons to other studied habitats worldwide, which can be used 46 by scientists and policy-makers for future litter monitoring, prevention and clean-up 47 strategies.

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- 49

50 Introduction:

51 Plastic pollution has been documented in all major ocean basins and a growing number of 52 freshwater and terrestrial environments (Bucci et al., 2020). Despite a growing literature in 53 the last decade, the ultimate fate of plastic debris and its transport mechanisms in terrestrial, 54 freshwater, and marine environments are poorly understood, at both regional and global levels 55 (Zhu, 2021). There is a peculiar, several orders of magnitude, mismatch between projected 56 litter emissions into the ocean (Jambeck et al., 2015) and global estimates based on field data 57 (Eriksen et al., 2023; Van Sebille et al., 2015), indicating hitherto insufficiently accounted 58 sinks such as remote coastal beaches and riverbanks (Bergmann et al., 2017).

59 The importance of tackling plastic litter worldwide has been globally recognized in the 60 context of the 2030 agenda for sustainable development, adopted by all United Nations 61 Member States in 2015 (see target 14.1 in United Nations, 2014). In the marine environment, 62 plastic litter is one of the 11 descriptors of Good Environmental Status (GES) of the European 63 Marine Strategy Framework Directive (2008/56/EC, MSFD) (Galgani et al., 2013). In 64 freshwater, contamination by plastic litter has not yet been considered as a descriptor of good 65 environmental status, including, for example, the European Water Framework Directive 66 (2000/60/EC, WFD). This gap could be explained by the lack of data relating the occurrence 67 and associated effects of plastic contamination in freshwater ecosystems (Dris et al., 2015). 68 Several studies recognized that plastics with terrestrial usages are the main sources of marine

69 plastic pollution, either by direct emission from coastal zones (Li et al., 2021) or transport 70 through rivers (Lebreton et al., 2017; Schmidt et al., 2017; Weig et al., 2021). Riverine plastic 71 transport remains understudied and a better understanding of the sources and pathways of 72 plastics in freshwater ecosystems is a prerequisite to develop effective prevention and 73 collection strategies (Morales-Caselles et al., 2021).

74 Gathering sufficient data for scientific research is challenging, with limited sampling 75 time and human resources involved in classical scientific projects (Zettler et al., 2017). Because marine litter items are easily identifiable and their quantification requires relatively 76 77 little scientific training, it is particularly well suited for engaging citizen scientists to expand 78 our knowledge of the spatial and temporal distribution of marine litter, especially in remote, 79 under-sampled areas (Hidalgo-Ruz & Thiel, 2015; Kawabe et al., 2022). In addition to data 80 provisioning, citizen engagement serves as an outreach mechanism to inform and involve the 81 general public on scientific progress (Silvertown et al., 2013). An increasing number of 82 citizen science initiatives exist on plastic litter, mainly focusing on macro- and microplastics 83 washed or deposited on coastal beaches or shorelines (beach litter) in the United States 84 (Barrows et al., 2018; Uhrin et al., 2020), China (Chen et al., 2020), Indonesia (Syakti et al., 85 2017), United Kingdom (Nelms et al., 2020), Danemark (Syberg et al., 2020), British 86 Columbia and Canada (Harris et al., 2021), Chile (Bravo et al., 2009), Australia (Carbery et 87 al., 2020; van der Velde et al., 2017), Svalbard (Bergmann et al., 2017), and Lofoten Island 88 (Haarr et al., 2020). Other initiatives with focus on floating plastic debris were carried out in 89 the United States (Davis & Murphy, 2015), Sweden (Gewert et al., 2015), Chile (Hinojosa et 90 al., 2011) and Taiwan (Chiu et al., 2020). Studies on plastic debris on the seafloor were 91 conducted in the United Kingdom (Nel et al., 2020) and across 13 countries in Europe (Lots 92 et al., 2017). Surprisingly, very few of these initiatives considered riverbanks despite the need 93 of data on plastic quantification at the source of the pollution (for exceptions see Rech et al., 94 2015, Kiessling et al., 2019, 2021).

Plastic debris encompasses a wide size distribution, from large abandoned and derelict consumer litter (often single-use products) to unrecognizable fragments of meso- (from 25 mm to 5 mm) and microplastics (5 mm to 500 μ m) (Hinata et al., 2017). Several methodologies for monitoring marine litter already exist. Among them, the OSPAR beach litter protocol is one of the most used to monitor macrolitter on coastal beaches (OSPAR, 2020) and it has been adapted to monitor macrolitter on riverbanks (Van Emmerik & Schwarz, 2020).

102 This study presents the first citizen science initiative dedicated to the comparison 103 between macrolitter, meso- and microplastic on riverbanks and coastal beaches. *Plastique à la* 104 *loupe* is the first citizen science initiative conducted in France, engaging 3,113 teenagers and 105 their teachers from 149 schools across the nation collecting and extracting macrolitter, meso-106 and microplastic samples since 2019. Here, we focused on assessing the composition, 107 distribution and abundance of plastic debris on riverbanks and coastal beach surveys in 108 France based on data collected between 2019 and 2021 (Fig. 1). Schoolchildren have used the 109 same scientific protocol as developed during the Tara Microplastic expedition, adapted from 110 the OSPAR protocol (Ghiglione et al., 2023). We ended up with 43,571 macro- and 111 mesoplastic items that were characterized together with 12,415 microplastics for analysis by 112 Fourier transform infrared spectroscopy (FTIR). This study confirms the potential of using 113 citizen science for relevant analysis of macro-, meso- and microplastic pollution on 114 riverbanks and coastal beaches.

115

116 Materials and methods

117

118 *Recruitment and training of the participants*

119 The recruitment of participating classes was organized by the Tara Ocean Foundation in 120 conjunction with the 30 academies representing the administrative divisions of the Ministry of 121 National Education and the regional offices of the Ministry of Higher Education and 122 Research. An online form is available to respond to a call for projects each year on the 123 *Plastique à la Loupe* website (https://plastiquealaloupe.fondationtaraocean.org/). Classes are 124 selected if they commit to a minimum of two teachers to carry out the scientific part of the 125 project, integrate the logistical dimension of the project, respect the project timetable, send in 126 samples and answer the project evaluation questionnaire.

127 Participants were provided with support documents and video conferences twice a year 128 (September and May, by groups of 10 to 20 classes), allowing to gain confidence in their 129 data-collection skills, which was considered critical for the success of this project. The 130 support document tool kit for teachers included (i) a support guide to explain the general 131 concepts and objectives of the Plastique à la loupe initiative together with answers to 132 frequently asked questions (FAQ), (ii) an easy and straightforward protocol guide slightly 133 adapted from the OSPAR beach litter monitoring form (OSPAR, 2010), (iii) a photoguide for 134 the macrolitter identification, and (iv) a video guide for in situ training. In addition, at the 135 beginning of the schoolyear, the teams of involved teachers benefited from a one day virtual meeting introduction to the project in the presence of the educational team of the Tara OceanFoundation.

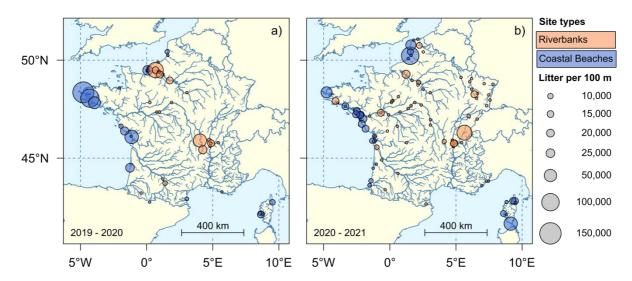
138 In order to test the reliability of the sampling, sorting and data acquisition, 8 sampling 139 sites (6 on riverbanks and 2 on coastal beaches) were first analyzed by professional scientists 140 before the on-site visit of teachers and schoolchildren. Professional scientists came on the 141 sampling site a few hours before the schoolchildren and carried out a direct macrodebris 142 count, without removing the plastics to preserve them for the schoolchildren. In the specific 143 case of these 8 sampling sites, the sorting of meso- and large microplastics was carried out 144 back at school by schoolchildren and under the supervision of professional scientists, in order 145 to assess possible confusions with non-plastic particles. All particles identified as plastic 146 debris by the schoolchildren (including those visually labeled as non-plastic particles by the 147 professional scientists) were analyzed by FTIR (see technique details below) to determine the 148 error rate between plastic and non-plastic particles identified by the schoolchildren or by the 149 professional scientists.

150

151 *Study sites*

152 Study sites were first chosen by teachers based on local experience and further validated 153 by the scientists. Selection criteria of the sampling sites were defined based on OSPAR and 154 MSFD recommendations and adapted to the citizen science format in order to guarantee the 155 safety of participants and the quality of the data collected (OSPAR, 2020; MSFD TG ML, 156 2013), including: (1) absence of danger, (2) easy access, (3) presence of deposited litter, (4) 157 absence of cleaning in the 15 days before the sampling, (5) minimum sections of 10 m and 50 158 m for riverbanks and coastal beaches, respectively, (6) presence of sand for microplastic 159 sampling. A total of 81 riverbanks and 66 coastal beaches were visited by 147 classes from 160 middle to high school (11 to 18 years old). Sampling sites were spread over the whole 161 metropolitan France, *i.e.* mainland France and Corsica, with 57 sites in the Loire basin, 33 in 162 the Seine basin, 24 in the Rhone basin, 16 in the Garonne basin, 11 in the Rhine basin and 11 163 sites on Corsica Island. Nearly half of the river sites (42.2%) were sampled in tributaries 164 rather than in the main river (Fig. 1). The classes sampled in the field between September and 165 March 2019-2020 and 2020-2021. During a first step, each class was asked to complete a site 166 description form (adapted from the OSPAR beach litter monitoring form; OSPAR, 2010). 167 Information collected includes orientation of the site, sand granulometry, uses 168 (seasonal/annual), accessibility and nature of the site's surroundings (town, village, port, estuary, landfill sites, sewage treatment plant, etc.) as well as the frequency and method ofcleaning (if relevant) (Supplementary Table 1).

171



172

Figure 1. Total number of litter items per site sampled in 2019-2020 (a) and 2020-2021
(b). Coastal beaches are represented by blue dots; riverbanks are represented by orange dots.
24 riverbanks and 25 coastal beaches were sampled in 2019-2020 (a), and 57 riverbanks and
41 coastal beaches were sampled in 2020-2021 (b). The number of litter items corresponds to
the sum of macrolitter, meso- and microplastics, normalized for 100 linear meters.

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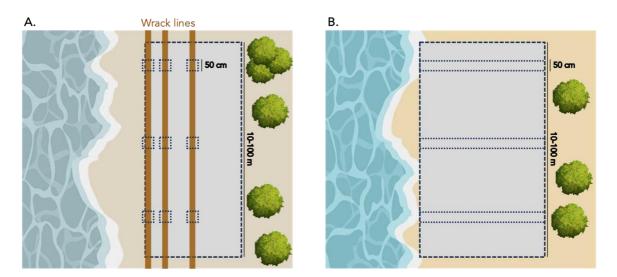
179 Stranded macrolitter items

180 Stranded macrolitter items were surveyed using a method adapted from the OSPAR 181 methodology (OSPAR 2020), with a slight difference depending on whether sites presented 182 wrack lines. Schoolchildren collected all visible litter larger than 2.5 cm along one transect for 183 each site, that could range from 50 to 100 meters in length for coastal beaches and from 10 to 184 25 meters for riverbanks, depending on the size of each site. The transect width extended 185 from the first wrack line near the water to the back of the riverbanks or coastal beaches (Fig. 186 2A). In the absence of a wrack line, sampling was done across the entire width of the 187 riverbank or coastal beach (Fig. 2B).

The collected litter was placed in litter bags, except for items that were too large or too heavy, which were left on site and noted for later counting. Collected litter was brought back to the classroom, for estimation of the volume (L) and measurement of the mass (kg) of total macrolitter. All litter items were sorted, identified and counted according to the OSPAR beach litter survey data form. To facilitate the identification of macrolitter items, we added categories to the initial list of items, according to their use (e.g. fishing, medicine...). Some 194 items including single-use plastic items (e.g. straws, lolly sticks,...) and foamed polystyrene 195 fragments were separated for a better focus. The survey data form describing the different 196 categories, types and uses, are presented in Supplementary Table 2. A picture was taken once 197 all litter items were sorted, and litter items were then discarded according to their composition 198 in the appropriate waste disposal center.

199 Results obtained were expressed in volume, mass and number per 100 linear meters of 200 riverbank or beach, 100 meters being the survey unit adopted for OSPAR and MSFD 201 assessments of beach litter (OSPAR, 2020, MSFD TG ML, 2023). The calculation was 202 performed by dividing the data obtained by the number of linear meters surveyed and 203 multiplying by 100. Data normalization was done relative to 100 linear meters rather than 204 surfaces in order to avoid the bias induced by tides, which changes the surface of the 205 sampling area depending on the time of the sampling and therefore, the density of items on 206 the beach.

207



209 Figure 2. Sampling units for macrolitter items, meso- and microplastics on riverbanks 210 and coastal beaches in situation with (A) and without wrack lines (B). Grey shaded areas 211 represent the sampling space of macrolitter and black dotted squares the sampling spaces of 212 meso- and microplastics (adapted from Vriend et al., 2020); for sites that featured at least one 213 wrack line, three 50 cm x 50 cm quadrats were placed on the wrack line to sample meso- and 214 microplastics (for sites with multiple wrack lines, the quadrats were placed on only one wrack 215 line, i.e. the most recent visible wrack line) (A); but for sites that did not feature wrack lines, 216 then three 50 cm wide strips were placed perpendicular to the waterline to sample meso-217 microplastics (B).

218

219 Sampling and sorting of stranded meso- and large microplastics

220 Sampling of stranded mesoplastics and large microplastics were assessed using a method 221 proposed at the European level to monitor mesolitter fragments and pellets on the coastline 222 (MSFD TG ML, 2023). Only meso- and microplastics on the sand surface were sampled. The 223 area of sampling depended on each site features (Fig. 2). In case of the presence of at least 224 one wrack line, three 50 cm x 50 cm quadrats were deployed along the transect, evenly 225 distributed on the said wrack line. For sites presenting multiple wrack lines, three quadrats were deployed on only one wrack line, defined as the most recent visible wrack line (Fig. 226 227 2A). In the absence of any visible wrack line, three 50 cm-wide strips perpendicular to the waterline and evenly distributed along the transect were deployed, for meso- and 228 229 microplastics sampling (Fig. 2B). Samplings were done by collecting sand surface (top few 230 centimeters) using a trowel. Materials used for sampling were made of metal or glass to 231 prevent any sample contamination. To limit organic matter and sand collection, meso- and 232 microplastics were extracted directly on site, following the European MSFD monitoring 233 protocol (MSFD, 2013). Briefly, less dense plastic particles were separated by flotation using 234 a saturated sodium chloride (NaCl) solution (final specific gravity of 1.2 g/cm³) prepared on 235 site by using local seawater (for coastal sites) or freshwater (for river sites). Density 236 separation was achieved by agitating the subsample in the saturated NaCl solution, as 237 described by Thompson et al. (2004). Floating particles were recovered with a metallic 238 cooking sieve with a mesh size of 1 mm, then stored in a metal tray and brought back to 239 classroom for sorting. Once in classroom, samples from the three subsamples were treated 240 separately, by visually sorting organic debris and plastics using a magnifying glass where 241 necessary. Due to potential errors in distinguishing plastics from other organic debris by 242 visual sorting, even with a magnifying glass, small microplastics of < 0.1 cm were not 243 analyzed. Plastics were then sorted according to their size class: mesoplastics [5-25 mm] and 244 large microplastics [1-5 mm].

245 The particles were then counted according to their type (industrial plastic pellets, solid 246 fragments with degraded or angular forms, fragments of films, moss or fibers, fragment and 247 beads from expanded polystyrene items), color and opacity (opaque or transparent) based on a 248 list adapted from MSFD microlitter monitoring guidelines (MSFD TG ML, 2023) as 249 presented in the survey data form (Supplementary Table 2). Meso- and microplastic lists were 250 the same except for the industrial plastic pellets (IPP) category (also known as nurdles or 251 pellets), which is only included in the microplastic list. Results were expressed in numbers of 252 particles by 100 linear meters of riverbank or beach, by dividing the number of counted

particles by 1.5 (corresponding to the sum of the 3 quadrats (or bands) sampled over a width
of 50 cm, *i.e.* 1.5 m) and multiplying by 100 (normalization to 100 m).

255 After sorting, a picture of each sample was taken. A maximum of 96 putative 256 microplastics were then selected randomly in the sample, placed separately one by one in the 257 wells of a 96-well microplate and sent to the Observatoire Océanologique de Banyuls sur mer 258 (OOB, France) or to the Cedre (Brest, France), for polymer composition analysis by Fourier 259 transformed infrared spectroscopy (FTIR). FTIR analyses were performed with following parameters: large scale absorbance mode in the 4000-600 cm⁻¹ region with 4 cm⁻¹ resolution 260 and 32 scans. Polymer identification was performed using the POSEIDON tool that contains a 261 262 spectra bank obtained from microplastics collected during the Tara Mediterranean (2014) and 263 Tara Microplastic (2019) expeditions (Ghiglione et al., 2023; Kedzierski et al., 2019).

264

265 Data management and analysis

266 Survey data forms were gathered for riverbanks and coastal beaches, and raw data were 267 normalized for 100 linear meters. Among the 151 studied sites, four were excluded from the 268 analysis, whether because the length of the sampling section was not mentioned by schools 269 (for one riverbank and two coastal beaches) or because details of sorting were not given (for 270 one riverbank). Data from riverbanks and coastal beaches were treated separately. Proportions 271 of each type of macrolitter, of each item category or size category were calculated from 272 normalized data for each site, and the mean of these proportions was calculated to have 273 information on the dispersion of data of all sites (considering coastal beaches and riverbanks 274 separately, and taking into account that only one transect was carried out at each sampling 275 site). For plastic litter size analysis, only the sites with complete sampling of macro-, meso-, 276 and microplastics on a known section were studied. Standard deviation was expressed in \pm of 277 the percentage values.

278 Correlations between numbers of macro-, meso-, and microplastics were calculated for 279 riverbanks and coastal beaches separately. Data normality was tested using a Shapiro test. As 280 data were not normality distributed (Shapiro test, p < 0.05), non-parametric Spearman 281 correlation coefficients between numbers of macrolitter, meso-, and microplastics were 282 calculated for riverbanks and coastal beaches.

283

284 **Results**

- 285
- 286 Number, mass and composition of macrolitter items on riverbanks and coastal beaches

287 A total of 81 riverbanks from large and small rivers were sampled in France, together with 66 288 coastal beaches located along the French coastline either on the coast of the Mediterranean 289 Sea, the Atlantic Ocean or the English Channel. A total of 48,023 macrolitter items were 290 collected. Among all the sites that were studied, only two riverbanks were not polluted with 291 macrolitter in the sampling zone; however, for one of these two sites, the area surrounding the 292 sampling section was highly polluted, mainly with glass debris. The median number of 293 macrolitter items per 100 linear meters collected on riverbanks was approximatively twice 294 lower (median = 232 for 100 linear meters, n = 81) than on coastal beaches (median = 443 for 295 100 linear meters, n = 66) (Fig. 3A and Suppl. Table 3). The opposite tendency was 296 observed when expressing macrolitter amounts by weight, in kg of litter per 100 linear meters 297 (median = 10.0 kg, n = 67 sites and median = 5.1 kg, n = 52 sites per 100 linear meters on 298 riverbanks and coastal beaches, respectively) (Fig. 3B and Suppl. Table 3).

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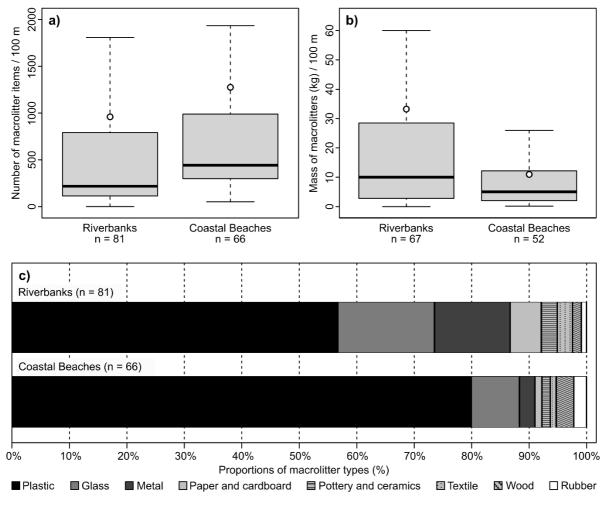


Figure 3. (A) Number of macrolitter items for 100 linear meters (left: riverbanks, n=81;
right: coastal beaches, n=66), (B) mass of macrolitter, in kg for 100 linear meters (left:

riverbanks, n=67; right: beaches, n=52) and (C) proportions of types of macrolitter (top:
riverbanks, n=81; bottom: beaches, n=66).

305

Plastic was the most dominant debris type in number of items compared to the total number of collected litter items, with a lower proportion on riverbanks than on coastal beaches (55.1 \pm 30.4 % and 80.0 \pm 22.4 %, respectively). In order of abundance, other debris items were composed of glass, metals, paper and cardboard, ceramics, textiles, wood and rubber (**Fig. 3C and Suppl. Table 3**).

311

312 Common macroplastic types and composition on riverbanks and coastal beaches

313 Macroplastic debris found across all riverbanks (n = 81 sites) were dominated by single-use 314 disposable plastics 43.4 ± 26.2 %), whereas single-use plastics represented only 27.6 ± 17.4 315 % on coastal beaches (n = 66 sites) (Fig. 4A and 4C, Suppl. Table 4). Plastic fragments were 316 the second dominant plastic type collected on riverbanks $(23.2 \pm 24.8 \%)$, despite it 317 dominated the plastic debris on coastal beaches (28.7 \pm 24.5 %). Items related to marine 318 activities (fishing, aquaculture and maritime gears) were more present on coastal beaches than 319 on riverbanks (mainly ropes and fishing nets related to recreational fishing activities). In 320 contrast, bags and wrappers were more abundant on riverbanks compared to coastal beaches. 321 The same trend was found for sanitary and medical items. A significant number of 322 unclassified items (recognizable items that were not listed in the survey data form) were 323 found on both riverbanks and coastal (Fig. 4A and 4B, Suppl. Table 4), limiting the 324 description of macrolitter items at the studied sites.

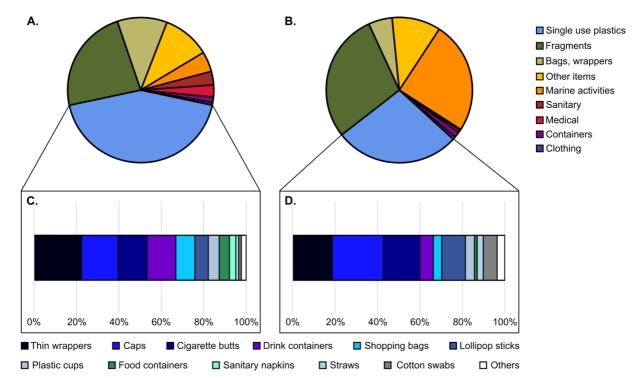


Figure 4. Types of plastics and single-use plastics on riverbanks (A and C respectively, n = 81) and coastal beaches (B and D respectively, n = 66). The mean proportions from all sites for each item category are presented. The category "other items" in A and B correspond to recognizable macroplastics that were not detailed in the survey form. The category "others" in C and D comprises foamed polystyrene food containers and cups, tampon and applicators, disposable plates and cutleries, and stirrers. These former items were found in proportions < 1 %, except for foamed polystyrene food containers on coastal beaches.

326

335 Focus on single-use disposable plastics on riverbanks and coastal beaches

Single-use disposable plastics represented 43.3 ± 26.2 % and 27.6 ± 17.4 % of all macrolitter on riverbanks and coastal beaches, respectively. They were dominated by thin wrappers and caps on both riverbanks and coastal beaches (**Fig. 4C and 4D, Suppl. Table 4**). Drink containers, shopping bags and food containers were found in higher proportions on riverbanks, despite they were also present on coastal beaches. In contrast, cigarette butts, lollipop sticks and cotton swabs were found in higher proportions on coastal beaches compared to riverbanks (**Fig. 4C and 4D, Suppl. Table 4**).

343

344 Comparison between macro-, meso- and microplastics on riverbanks and coastal beaches

Three size categories were distinguished in this study, i.e. macroplastics [> 2.5 cm], mesoplastics [5-25 mm] and large microplastics [1-5 mm]. The numbers of macro- and microplastics, as well as meso- and microplastics, showed a positive correlation with one 348 another on both riverbanks and coastal beaches (Suppl. Fig. 1). Microplastics represented a 349 major part of the number of plastics found on both riverbanks (47.0 ± 34.2 %, n = 67 sites) 350 and coastal beaches $(45.7 \pm 25.5 \%, n=51 \text{ sites})$ (Fig. 5 and Suppl. Table 5). It is noteworthy 351 that the IPP represented around a quarter of the microplastics found on riverbanks and coastal 352 beaches $(22.5 \pm 28.1 \text{ \%} \text{ and } 25.2 \pm 28.1 \text{ \%} \text{ of sampled microplastics respectively,}$ 353 corresponding to 13.1 ± 22.4 % and 13.3 ± 19.5 % of total plastics, respectively), while the 354 rest of microplastics was mostly dominated by fragmented pieces. The second-most dominant 355 plastics on riverbanks were fragmented mesoplastics (size range between 5 mm and 25 mm). 356 On beaches, macroplastics were found in lowest proportion. Here, it is noticeable that a large proportion of macroplastics found on coastal beaches were too fragmented to be identified 357 358 (Fig. 5 and Suppl. Table 5), whereas the other parts were recognizable macroplastics as 359 depicted in Fig. 4A and Fig. 4B.

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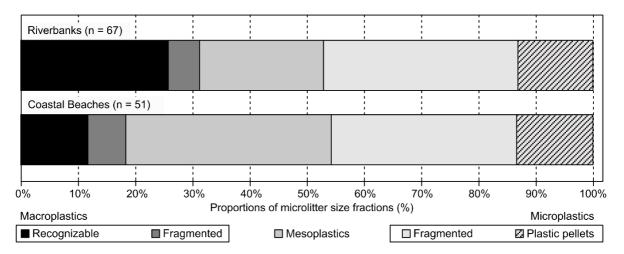


Figure 5. Size fractions of plastic litter. The mean proportions for each size category are
 represented for riverbanks on top (n=67) and coastal beaches on the bottom (n=51).

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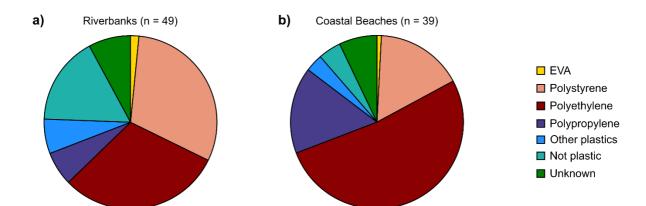
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365 Polymer composition of microplastics on riverbanks and coastal beaches

A total of 12,415 putative microplastic items have been sampled by schoolchildren. Because ATR-FTIR analysis is very time consuming, we decided to limit the amount of analysis for each school class to a maximum of 96 microplastics randomly selected by the schoolchildren. As only a portion of the putative microplastics was analyzed by ATR-FTIR (on average about 53% of microdebris sampled), the data are presented as a percentage of each polymer type (the quantity of microplastics at each sampling site could therefore not be estimated). 373 Similar polymer types were found for putative microplastics collected both on 374 riverbanks (n = 49 sites) and on coastal beaches (n = 39 sites), but with a clear difference in 375 their relative proportions (Fig. 6). On riverbanks, most of these items identified as 376 microplastics were made of polystyrene (PS) and polyethylene (PE) $(30.7 \pm 36.8 \% \text{ and}$ 377 30.6 ± 27.7 %, respectively) whereas coastal beaches were clearly dominated by PE 378 $(52.1 \pm 26.2 \text{ \%})$. On coastal beaches, PS and polypropylene (PP) were found in similar 379 proportions (16.3 \pm 23.8 % and 16.1 \pm 17.5 % respectively). Among microplastics studied on 380 riverbanks, only $6.4 \pm 12.7\%$ were made of PP. Ethylene-vinyl acetate (EVA) represented 381 only 1.6 ± 5.2 % and 0.8 ± 2.4 % on riverbanks and coastal beaches, respectively.

382 It is noteworthy that a non-negligible proportion of putative microplastics were natural 383 particles, certainly mistaken for microplastics when sorted out, representing the sampling 384 error for microplastics (16.5 \pm 21.6 % and 4.3 \pm 8.1% on riverbanks and coastal beaches, 385 respectively). A proportion of microplastics was not identified (called "unknown" hereafter 386 and representing 7.9 ± 13.6 % and 7.1 ± 13.7 % of the sampled particles on riverbanks and 387 coastal beaches, respectively) (Fig. 6). In these cases, the FTIR spectra presented plastic-388 specific features, but were not clear enough to conclude on the nature of the polymers 389 composing the samples.

390



391

Figure 6. Nature of microplastics on A. Riverbanks and B. Coastal beaches. The mean
proportions for each chemical category are represented for riverbanks (n=49 sites,
representing 1,726 particles analyzed by FTIR) and coastal beaches (n=39 sites, representing
1,901 particles analyzed by FTIR).

396

A comparison of sampling, sorting and data acquisition was carried out at 8 sampling sites (6
riverbanks and 2 coastal beaches), based on debris first sampled by experienced scientists
(without removing plastics) and then sampled by schoolchildren under the supervision of

400 teachers. No significant difference with results gathered by both groups was found for 401 macrolitters or mesoplastics (t test, p<0.05). However, more errors were found by the 402 schoolchildren for the microplastics, with non-plastic particles accounting for an average of 403 7.7 % of the total number of fragments sampled on riverbanks and marine beaches (average 404 error of 0.2 % for experienced scientists) (**Suppl. Table 6**).

405 406

407 **Discussion**

408 Citizen scientists monitor plastic litter on river banks and marine beaches

409 Monitoring efforts for stranded debris have mostly focused on coastal beaches (Serra-410 Gonçalves et al., 2019). Riverbanks are constantly supplied with plastic debris from the 411 rivers, driving the need for more research and management of marine debris. Riverbanks were 412 poorly investigated, with generally very few numbers of studied sites per river (Bruge et al., 413 2018; Rech et al., 2015). Only one citizen science initiative called 'Plastic Pirates' has 414 investigated a large number of river sites, starting in Germany since 2016 (Kiessling et al., 415 2019; Kiessling et al., 2021) and further implemented in eleven European Union countries 416 (Kiessling et al., 2023, Uoginte et al., 2024).

417 Citizen science monitoring provides a baseline understanding of debris composition, 418 concentration and sources, and helps inform policies to reduce environmental impacts of 419 plastic debris (Nelms et al., 2022). Numerous initiatives exist all around the world (Kawabe et 420 al., 2022), but this study provides the first citizen science initiative for a direct comparison 421 between debris found on riverbanks and coastal beaches with the exact same protocols. This 422 baseline study presents the application of debris citizen science monitoring called "Plastique à la loupe" to establish the first large-scale and long-term debris dataset for France, making it 423 424 accessible to facilitate cost-effective research efforts. In this study, conscientious collection 425 by 3,113 schoolchildren from 149 classes removed a total of 48,023 macrolitter items on 426 riverbanks (n = 81 sites) and coastal beaches (n = 66 sites) in two years. This labor-intensive 427 monitoring effort would not have been feasible by a group of scientists, thus highlighting the 428 power of the *Plastique à la loupe* citizen science initiative for a French national survey. 429 Nevertheless, coordinating this initiative with schoolchildren requires extensive indirect 430 (long-term national educational work carried out by the teaching profession) and direct costs 431 (coordination with administrative districts of the French Ministry of National Education here, 432 together with the labor intensive and time-consuming FTIR analysis of microplastics, as well 433 as data analyses and validation) that should not be overlooked (Thiel et al., 2023). Since 2022, 434 this dataset is used as complementary data in the national assessments of aquatic litter 435 pollution conducted by Cedre for French authorities in the context of the MSFD or other 436 international monitoring programs. It should be noted that sampling took place from 437 September to February (autumn and winter) to enable results to be reported to the 438 schoolchildren in the following June, corresponding to the end of the French school year. In 439 view of the extended sampling period and the fact that weather conditions can vary in the 440 different regions of France, it was recommended that sampling be carried out outside periods 441 of river flooding or heavy rainfall. This period allowed teachers to organize training and 442 sampling at their convenience in order to adapt to the weather conditions, which is preferable 443 to the restrictive organization of a more limited sampling period.

444

445 Data quality controls

446 A main concern regarding citizen-science studies is whether the collected data are 447 reliable and comparable to professional studies (Dittmann et al., 2022, 2023). At 8 sites 448 successively sampled by professional scientists and schoolchildren groups (6 on riverbanks 449 and 2 on coastal beaches), we found no macrodebris counted by experienced scientists that 450 had not been collected by schoolchildren. Similar efficacy has been found by other citizen 451 science studies (Thiel et al., 2014). More errors were observed by the schoolchildren that 452 mistook microplastics with non-plastic particles (error of less than 7% of total sampled meso-453 and large microplastics). As previously observed, it was found that glass shards for example 454 had been misidentified as small plastic debris (Hidalgo-Ruz & Thiel, 2015). This error can be 455 easily corrected by the FTIR analysis that helps to detect non-plastic particles, which 456 mitigates the impact of such error on the results.

457 Once the sampling site validation step was performed by professional scientists, only 458 four sites were excluded from the analysis because the length of the section was missing or 459 because of the lack of details regarding the sorting, thus underlying the high levels of 460 coordination and personal motivation. Here, we underlined the importance of several steps 461 including encouraging schoolchildren and teachers to describe any uncertainties to 462 researchers, data auto-evaluation and communication of results as a concluding activity to 463 enhance their commitment to the activity, as previously mentioned by other authors (Vriend 464 et al., 2020; Thiel et al., 2023).

465

466 Distribution and composition of all debris on riverbanks and coastal beaches

467 We observed that around 55 % of all debris collected on riverbanks for 100 linear 468 meters were plastic, which was much lower than on coastal beaches (around 80 % for 100 469 linear meters). This result is consistent with another study in Chile showing that plastics were 470 the prevailing litter items and were more frequently found on coastal beaches than on 471 riversides (Rech et al., 2014; Honorato-Zimmer et al., 2019). Other studies on European 472 riverbanks found similar proportions of plastics among all debris (Kiessling et al., 2019; 473 Kiessling et al., 2023). Other studies at local or regional scales found much higher proportions 474 of plastics among all debris in the Adour riverbank (94 %) and closed coastal beaches (95 %) 475 (Bruge et al., 2018) or in the riverbanks of the Dutch Rhine-Meuse delta (85%) (Van 476 Emmerik & Schwarz, 2020). Such discrepancy may be explained by local or regional 477 disparities on the number of other types of debris (glass, metal, ceramics, paper, wood, rubber 478 and textile) and on the modest sampling effort. As previously observed in other studies, a 479 significant percentage of all debris on riverbanks was made of glass and metals in our study, 480 thus explaining the higher weight of all debris on riverbanks compared to marine beaches 481 (median of 10 kg and 5 kg for 100 linear meters, respectively (Honorato-Zimmer et al., 2019; 482 Rech et al., 2014). These non-buoyant litter items are frequently attributed to non-riverine 483 sources like direct litter dumping (Bravo et al., 2009; Honorato-Zimmer et al., 2019), in 484 contrast to the high abundance of plastic items that in addition can be transported by rivers 485 and deposited on riverbanks and coastal beaches due to their buoyancy and extreme persistence (Derraik, 2002; Moore, 2008; Rech et al., 2014). 486

487

488 Detailed plastic litter analysis in relation to their origin

489 Single-use plastics together with packaging (bags and wrappers) dominated most of the riverbanks (around 44.4 %), in a higher proportion than on coastal beaches (around 32.9 %). 490 491 In particular, food-related items dominated the top 10 single-use plastics. It was dominated by 492 caps (mainly from plastic bottles) and thin wrapper on both riverbanks and coastal beaches. 493 Drink containers, shopping bags and food containers were found in higher proportions on 494 riverbanks, they were also present on coastal beaches, as previously described (Morales-495 Caselles et al. 2021). Most of these items are typically used by individuals and are classically 496 found on riverbanks (Al-Zawaidah et al., 2021) and coastal beaches (Lacroix et al., 2022). 497 Either thrown away because of incivility (close to "take-away" restaurants), involuntary loss, 498 or mismanagement (discarded during collection operations or transport by local authorities), 499 they are ending up on city grounds, pushed away by the wind and runoff to rainwater 500 collection systems, which take them either straight to the closest river or to the next Waste 501 Water Treatment Plant (WWTP) (Bruge et al., 2018). Cigarette butts, lollipop sticks and 502 cotton swabs were found in higher proportions on coastal beaches compared to riverbanks, 503 probably due to incivility. Indeed, it has been shown that cigarette butts may not be 504 considered littering by many smokers (Rath et al., 2012). As for the former three items, 505 marine activities-related items (rope, fishing nets, buoys, floats, lures/lines, packaging straps) 506 were much more present on coastal beaches $(24.9 \pm 21.7 \%)$ than on riverbanks $(4.5 \pm 9.8 \%)$, 507 mainly ropes and fishing nets related to recreational fishing activities), probably reflecting the 508 importance of higher losses from professional and recreative fishing activities in the marine 509 environment in France. Together with fishing gears lost at sea during storms, discarding 510 damaged nets is a common practice that results in debris accumulations on coastal beaches or 511 the seafloor, close to zones of high fishing activity such as the north and south-west of the 512 Gulf of Lion, and in the South Brittany region (Galgani et al., 2000). Here, we observed that 513 around 87 % of marine litter originated from land-based uses, which is in line with results 514 compiled worldwide (GRID-Arendal, 2016).

515 Together with the numerous broken glass and sharp metal objects, sanitary and 516 medical litter represented a smaller portion of all the riverbank debris (around 5%), but 517 higher than counted on coastal beaches (around 0.8 %). They represent potentially dangerous 518 items to human health, together with other items that were found less frequently such as 519 decomposing food leftovers (which could attract disease-carrying animals or harm small 520 children upon accidental ingestion) and litter items containing chemicals (e.g. aerosol cans, 521 batteries, paint containers) (Kiessling et al., 2019). Special awareness was encouraged in the 522 support guide, in the protocol guide and in the photoguide of *Plastique à la Loupe* initiative, 523 to prevent risks for schoolchildren participants during sampling and sorting.

524 Litter types classified as "others" represented a significant proportion of all debris 525 $(10.5 \pm 16.9 \text{ and } 10.8 \pm 17.9 \%$ on riverbanks and coastal beaches, respectively). They 526 included car parts, electronics, oil drums, batteries, etc. Attribution to this category is part of 527 the OSPAR data collections scheme (OSPAR, 2020) and we decided to retain these data in 528 our analyses. It diminished our ability to identify the source of debris, and we recognize that 529 there are challenges regarding the source allocations for this category; yet, it gives 530 information on macrolitter fragmentation, since the corresponding items are still recognizable. 531 Photographs could have been used to go deeper in one specific item, but it is time consuming.

532 Interestingly, macroplastic fragments (>2.5 cm) were the second dominant plastic type 533 collected on riverbanks ($23.2 \pm 24.8 \%$) and it also dominated the plastic debris on coastal 534 beaches ($28.7 \pm 24.5 \%$). Fragmented plastic is a direct result of weathering and 535 photodegradation together with mechanical abrasion, resulting in surface embrittlement and 536 microcracking, yielding particles that are carried into the closest river or the next WWTP by 537 wind and runoff to rainwater collection systems and also by wind and wave action when 538 transported to coastal beaches (Andrady, 2011; Chubarenko et al. 2020). They mainly consist 539 of foam, hard and soft fragments, of which their original item identity remains unknown. 540 Overall the detailed litter analysis provided more information to identify specific sources of 541 (plastic) litter, and support policy-makers to implement prevention measures targeted at 542 specific items (Kiessling et al., 2023).

543

544 *Macro-, meso- and microplastics*

545 To date, studies on microplastics mainly concerned ones floating at sea, while land-546 based studies of the stranded plastic litter on riverbanks and coastal beaches focused more on 547 macro- and mesoplastics (Vriend et al., 2020). Very few data exist on the comparison of all 548 plastic sizes, despite a growing interest on understanding the "plastic cycle" (Hoellein & 549 Rochman, 2021). The *Plastique à la loupe* initiative offers the possibility of tracking the 550 different plastic sizes in a large set of riverbanks and coastal beaches data. However, only a 551 part of the collected samples could eventually help to identify the main sources of plastic 552 pollution, i.e., identifiable macroplastics (representing 25.8 ± 29.7 % of all plastic size on 553 riverbanks and 11.7 ± 19.0 % on coastal beaches) and microplastic pellets (representing 554 13.1 ± 22.4 % on riverbanks and 13.3 ± 19.5 % on coastal beaches). Most of the plastic items 555 were non identifiable, resulting from the fragmentation of macroplastics into meso- and microplastics by breaking down in smaller size after exposure to ultraviolet light or 556 557 mechanical forces once lost in the environment (Weinstein et al., 2016). Mesoplastics, 558 originating from macroplastics fragmentation, represented a lower proportion of total plastic 559 items on riverbanks than on coastal beaches $(21.7 \pm 25.9 \% \text{ and } 35.9 \pm 22.0\% \text{ respectively})$. 560 However, it was difficult to conclude on any relation between the abundance of fragmented 561 plastic debris and the distance to the upstream sources, because of the lack of sufficient 562 number of sites per river. We observed that abundances of meso- and micro-plastics were the 563 most strongly correlated in both riverbanks and coastal beaches.

Numbers of macro- and microplastics, and meso- and microplastics were positively correlated among each other on both riverbanks and coastal beaches. On coastal beaches, there was a higher correlation between the abundances of meso- and microplastics than between macro- and microplastics, which is congruent with previous studies (Lee et al., 2013). The evaluation of the number of mesoplastics was proposed to serve as a better proxy of microplastic pollution than macroplastics, thus helping easier surveys to identify hot spots of microplastic pollution in large geographical areas with limited resources (Lee et al., 2013). That was not the case on riverbanks, where correlations between meso- and microplastics gave the same values as between macro- and microplastics.

573 Microplastics represented a major part of plastics found on both riverbanks 574 $(47.0 \pm 34.2 \%$ of all plastic debris) and coastal beaches $(45.7 \pm 25.5 \%)$. On riverbanks, a 575 large proportion of microplastics were made of polystyrene (43 %), which is congruent with 576 previous results showing that such floating plastics tend to beach sooner and accumulate on 577 riverbanks or lake beaches due to wind effects (Corcoran, 2015). On coastal beaches, polyethylene dominated the microplastics (61.1 %), as classically found in seawaters (Erni-578 579 Cassola et al., 2019). Interestingly, we observed on both riverbanks and coastal beaches that a 580 quarter of the microplastics were made of industrial pellets (primary microplastics, also 581 known as virgin pellets or nurdles, recognized by their regular shape, usually cylindrical or 582 ovoid), which form the feedstock of the plastics industry. These pellets enter the environment 583 when they are spilled during transport, storage, loading and cleaning (Karlsson et al., 2018). 584 Tracing plastic pellets back to the point of leakage is challenging since they can be 585 transported kilometers away from the source. Previous observations identified plastic 586 producers as direct sources of pellets in rivers in Austria, Germany and Sweden (Lechner and 587 Ramler, 2015; Kiessling et al., 2021; Karlsson et al., 2018). Consistent patterns were also 588 observed between the density of industrial pellets on coastal beaches and proximity to urban 589 and industrial centers (Ryan et al. 2018), while spills during cargo loading and sea transport 590 were considered other sources of pollution (Karlsson et al., 2018). The release or loss of 591 plastic pellets at sea is prohibited for many years according to the MARPOL Protocol of 1978 592 and the Basel convention of 1989. Overly generous legislation has been criticized in the past, 593 such as that of Austria that allowed an upper limit of industrial primary microplastic discharge from a production plant into the River Danube as 30 mg l⁻¹ (equivalent to 259.2 kg 594 595 per day during heavy rainfalls) (Lechner & Ramler, 2015). More recently, the Anti-waste and 596 the circular economy (AGEC) law (No. 2020-105) adopted in 2020 in France requires sites 597 producing, handling and transporting industrial plastic pellets to have equipment and 598 procedures to prevent losses and leaks of industrial plastic pellets. Our results pave the way 599 for further description on the effect of such legislation on the quantity of plastic granules in 600 the French riverbanks and on coastal beaches.

603 Previous mathematical model based on estimations of river discharge and mismanaged plastic 604 waste resulted in a total global riverine emission of plastics into the ocean in the range of 605 million metric tons per year (Lebreton et al., 2017; Schmidt et al., 2017). A recent study based 606 on in-depth statistical reanalysis of updated data on microplastics demonstrated that current 607 river flux assessments are overestimated by two to three orders of magnitude (Weiss et al., 608 2021). Such discrepancy demonstrates the need for more field data to improve the modeling 609 estimation to quantify land-based marine debris transport into the ocean. Monitoring all 610 plastics sizes (macro-, meso-, and microplastics) both in riverine and marine environments is 611 a prerequisite for understanding how plastic is transported and where it accumulates, as well 612 as how fragmentation occurs. This study presents the power of the Plastique à la loupe 613 initiative that follows the recent recommendation for harmonization of monitoring efforts on 614 riverbanks (Vriend et al., 2020), as previously done for floating macroplastics through the 615 RIMMEL project (González-Fernández & Hanke, 2017). It confirms the potential of using citizen science for relevant analysis of macro-, meso- and microplastic pollution on 616 617 riverbanks and coastal beaches. Consistent and harmonized sampling and quantification 618 methodologies are required to gather comparable data from the increasing number of 619 scientific and citizen science initiatives around the world. This study presents the first two 620 years data of the *Plastique à la loupe* initiative in France that is still running for the next 621 coming years with the same protocol and with higher national coverage, both in metropolitan 622 France and overseas territorial departments. Schoolchildren removed more than 55,980 pieces 623 of plastic from riverbanks and coastal beaches in two years and prevented the formation of 624 millions of micro- and nanoplastics through degradation over time (Ryan et al., 2020). The 625 increasing number of classes per year (49 in 2019, 98 in 2020, ~ 300 in 2021 and 2022, ~ 350 626 in 2023, ~ 400 in 2024) in the Plastique à la loupe initiative will undoubtedly contribute to 627 the incredibly valuable litter collecting by citizens over the world (European Environment 628 Agency, 2018) and to detect meaningful trends in litter volumes over time on riverbanks and 629 coastal beaches. Maintaining rigorous citizen science required considerable effort in terms of 630 training, coordination and validation, which has necessitated ever-greater investment. 631 Engagement went beyond riverbanks or beach clean-ups and instead the *Plastique à la loupe* 632 initiative was used as a tool to bridge gaps between communities and scientists, while also 633 raising awareness of the plastic pollution, increasing schoolchildren interest for science and 634 inspiring solutions to act.

635

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641 **References**

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1047 Supplementary materials

1048 Supplementary Table 1. Form for site description.

Year of sampling :						
The sampling site is located on the coastline or on a river bank?						
Specify the name of the river or sea associated with the sampling site?						
	School name :					
	School municipality :					
The participants	Grade level of the class :					
	Number of students :					
	Academy name :					
	Study site name :					
ength of the beach or river bank studied section (in m) :	Study site code :					
Study site	Study site region :					
rticipants ite ite id time e of the beach or river bank studied section (in m) : 'your study site (example: dunes/forest/road/) : ordinates of the beginning of the studied section : ordinates of the end of the studied section : ordinates of the end of the studied section : ordinates of the end of the studied section : ordinates of the end of the studied section : ordinates of the end of the studied section : ordinates of the end of the studied section : ordinates of the end of the studied section : ordinates of the end of the studied section : ordinates of the end of the studied section : ord prevailing currents : (during the sampling season) on of prevailing winds : (during the sampling season) your oriented your study site : ype of material covers the study site, in % coverage (e.g. 60% fine sand and 40% rocks)?	Study site municipality :					
Data and time	Collect date :					
Date and time						
Cap tida	Tidal coefficient :					
Sea lide	High tide hour :					
	Number of person who					
Collect	participated to the collect :					
	Collect time (in h) :					
	Number of person who					
Sorting	participated to the sorting :					
	Sorting time (in h) :					
Sorting time (in h) : Length of the beach or river bank studied section (in m) : Back of your study site (example: dunes/forest/road/) :						
Back of your study site (example: dunes/forest/road/) :						
GPS coordinates of the beginning of the studied section :	Latitude (Decimal degrees) :					
	Longitude (Decimal degrees) :					
GPS coordinates of the end of the studied section :	Latitude (Decimal degrees) :					
	Longitude (Decimal degrees) :					
Collect date (day/ month/ year) :						
Direction of prevailing currents : (during the sampling season)						
Direction of prevailing winds : (during the sampling season)						
How is your oriented your study site :						
	Rocks [20mm : 200mm]					
	Gravels [2mm : 20mm]					
Collect date (day/ month/ year) : Direction of prevailing currents : (during the sampling season) Direction of prevailing winds : (during the sampling season)	Coarse sands [0,2mm : 2mm]					
	Fine sands [20µm : 2mm]					
	Silt [2µm : 20µmm]					
	Clays [<2µm]					
Are there elements in the sea or in the river that are likely to influence the pollution (e.g. a dike th ones?	at could trap waste)? If so, which					

	Walk (seasonal)	
	Walk (annual)	
	Swimming (seasonal)	
	Swimming (annual)	
What are the 3 main uses of your site? (check the corresponding boxes, with an "x")	Water activity (seasonal)	
	Water activity (annual)	
	Fishing (seasonal)	
	Fishing (annual)	
	Other (please specify)	
	Direct (<200m)	
Accessibility of the site by foot (walking distance required from the road): (check the	200m < d < 1km	
corresponding box, with an "x")	1 km < d < 5 km	
	> 5km	
What is the nearest urban area?	2 28111	
What is the size (number of inhabitants) of the nearest agglomeration?		
Distance of the agglomeration from the study site (km)?		
Is there any infrastructure in the immediate vicinity of your site?		
Are there any takeaway businesses in the immediate vicinity of your site?		
What is the distance between your site and the nearest shipping line (in km)?		
	Distance (in km)	
	Name	
The nearest harbour	Type of harbour	
	(fishing/yachting)	
	Harbour size	
	Distance (in km)	
The nearest estuary (for coastal sites)	Name	
	Name of the nearest river	
	Orientation of the estuary	
	Is your study site located near	
Londfille and westerwater discharges	a landfill or a wastewater discharge?	
Landfills and wastewater discharges	Distance (in km)	
	Orientation	
	Was a site cleanup performed within 15 days prior to	
	sampling?	
	How often is your study site	
	cleaned?	
Cleaning of the study site	Which method is used (manual	
	or mechanical)?	
	Who is in charge of the	
	cleaning?	
	Is there a tidal tank near your site?	
	Site :	
	Could particular events (heavy	
	rain, flooding, storms, etc.)	
	have influenced the quantity of waste on the site?	
Special weather events	waste on the site?	
	If yes, which ones? (heavy	
	rain, flood, storm,)	
	If so, how do you interpret this	
	(more or less waste,)?	
Additional comments:		

t occured (Yes/No		o waste was found? (Yes/No)		
e comments :				
		General information		
	Total macro-waste	Weight of macro-waste collected (in kg) Volume of macro-waste collected (in L)		
	collected	Total number of macro-waste collected		
Catégory	Use	Item Trap (fishing)	Nombre	Comments
		Brand (shellfish, fish,)		
		Octopus pots Nets and pieces of net (< 50 cm)		
	Related to fishing	Nets and pieces of net (> 50 cm)		
	Related to fishing	Tangled nets/cord/rope and string Perruque de chalut		
		Plastic fish boxes Foamed polystyrene fish boxes		
		Fishing line (angling)		
		Light sticks (tubes with fluid) Oyster nets or mussel bags including plastic stoppers		
	Fish farming	Oyster trays (round from oyster cultures)		
		Plastic sheeting from mussel culture (Tahitians) Rope (diameter more than 1 cm)		
	Related to other marine	String and cord (diameter less than 1 cm)		
	activity	Floats/Buoys Fibre glass		
		Gloves (typical washing up gloves)		
	Clothing	Gloves (industrial/professional gloves) Hard hats		
		Shoes/sandals Drinks (bottles, containers and drums)		
		Cleaner (bottles, containers and drums)		
		Food containers incl. plastic fast food containers Food containers incl. Foamed polystyrene fast food containers		
		Cosmetics (bottles & containers e.g. sun lotion, shampoo, shower gel,		
		deodorant) Engine oil containers and drums <50 cm		
	Container	Engine oil containers and drums >50 cm		
		Jerry cans (square plastic containers with handle) Injection gun containers		
		Other bottles, containers and drums		
		Crates Caps/lids		
		Buckets 4/6-pack yokes		
		Bags (e.g. shopping)		
		Small plastic bags, e.g., freezer bags Plastic bag ends		
Plastic	Bag/packaging	Crisp/sweet packets Fertiliser/animal feed bags		
		Mesh vegetable bags		
		Strapping bands Industrial packaging, plastic sheeting		
		Bagged dog faeces		
		Cigarette butts Lolly sticks		
		Plastic cup		
	Single-use plastic	Foamed polystyrene cup Disposable cutlery		
		Disposable plate and dish Straw		
		Coffee stirrer		
		Condoms Cotton bud sticks		
		Sanitary towels/panty liners/backing strips		
	Sanitary	Tampons and tampon applicators Toilet fresheners		
		diapers		
		Other sanitary items (please specify in comments) Containers / tubes		
		Syringes		
	Medical	Special covid19 crisis : Disposable mask (including elastics) Special covid19 crisis : Disposable glove		
	IVIEDICAL	Special covid19 crisis : Visor Special covid19 crisis : Bottle of hydroalcoholic solution		
		Special covid19 crisis : other items related to the health crisis		
		Other medical item (compress, bandage, dressing, etc.) Car parts		
		Cigarette lighters		
	Various	Pens Combs/hair brushes		
		Toys & party poppers		
		Shotgun cartridges Biomedia		
		Foam sponge		
	Fragment	Plastic pieces 2,5 cm > < 50 cm Plastic pieces > 50 cm		
		Foamed polystyrene pieces 2,5 cm > < 50 cm		1

r				
49		with plastic elements	Balloons, including plastic valves, ribbons, strings etc.	
50	Rubber	Clothing	Boots	
52		Various	Tyres and belts	
53		Other	Other rubber pieces (please specify in comments)	
54		Clothing	Clothing	
55		Various	Furnishing	
56	Textile	Various	Sacking	
59		Medical	Special covid19 crisis : fabric mask	
59		Other	Other textiles (please specify in comments)	
60			Bags	
61		Bag/packaging	Cardboard	
63			Cigarette packets	
118			Cartons e.g. tetrapak (milk)	
62	Paper/cardboard	Container	Cartons e.g. tetrapak (other)	
65			Cups	
66		Various	Newspapers & magazines	
67		Other	Other paper items (please specify in comments)	
68			Corks	
70		Container	Crates	
69		Bag/packaging	Pallets	
71	Mand (mashing)	Balancia Calco	Crab/lobster pots	
119	Wood (machined, worked)	Related to fishing	Fish boxes	
72	workedj	Divers	Ice lolly sticks / chip forks	
73		Divers	Paint brushes	
74			Other wood < 50 cm (please specify in comments)	
75		Autre	Other wood > 50 cm (please specify in comments)	
76			Aerosol/Spray cans	
77			Bottle caps	
78			Drink cans	
81		Container	Foil wrappers	
82	Container		Food cans	
84			Oil drums	
86			Paint tins	
87	Metal		Lobster/crab pots and tops	
80	Metal Related to fishing		Fishing weights	
83			Industrial scrap	
120	Various		Disposable BBQ's	
79			Electric appliances	
88	Various		Wire, wire mesh, barbed wire	
89			Other metal pieces < 50 cm (please specify in comments)	
90		Other	Other metal pieces < 50 cm (please specify in comments)	
96	Ceramics/pottery	Various	Other ceramic/pottery items (please specify in comments)	
	contained, powery	10.000		
91	-		Bottles (including fragments)	
92	Glass	Various	Light bulbs/tubes	
93			Other glass items (please specify in comments)	

1060 Mesoplastics

ise where no waste was found? (Yes/No)	was found? (Yes/No)							
site (Yes/No)								
000001000								
Type	Image	Color	Texture	Number in sample 1	Number in sample 2	Number in sample 1 Number in sample 2 Number in sample 3	Total	
		Black	Opaque Transnamnt					
			Opadue					
		White	Transparent					
		Red	Opaque					
ed fragment (aged,			Occurs					
1, damaged by time)		Blue	Transparent					
		Velleur	Opaque					
	No No	Yellow	Transparent					
		Green	Opaque					
			Transparent					
		Other	on source					
		Black	Upaque Transnament					
	7		Onadille					
		White	Transparent					
		100	Opaque					
r fmamont (hmban	771	рач	Transparent					
thagine (bloke), the sham with		Blue	Opaque					
for Barrow I dispose			Transparent					
	11/2	Yellow	Opaque					
			Onadite					
		Green	Transnament					
		Other	0					
		Dicol	Opaque					
		DIGUN	Transparent					
		White	Opaque					
			Transparent					
		Red	Opaque					
The free second set	and a designed the		Construction					
	and the second second	Blue	Transnamnt					
	A PARTY A		Onadue					
		Yellow	Transparent					
		Graen	Opaque					
			Transparent					
		Other						
		Black	Opaque					
			Iransparent					
		White	Upaque Transnamnt					
			Onadule					
		Red	Transparent					
über fragment		Blue	Opaque					
		2	Transparent					
		Yellow	Opaque					
)		Occurs					
		Green	Transnamnt					
		Other						
		ā	Opaque					
	and	Black	Transparent					
	「日間」 「二人」	White	Opaque					
			Transparent					
		Red	Opaque					
			Transparent					
іде гоапі падшен		Blue	Upaque Transnament					
			Opaque					
	12-000	Yellow	Transparent					
		Green	Opaque					
				Ļ			l	

1061 1062 Microplastics 1063

ollect occured (Yes/No)	(
ssible comments :									
commen taires éventu els :									
a visible river/sea at the	study site (Yes/No)								
Cate gory	Type	Image	Color	Texture	Number in sample 1	Number in sample 2	Number in sample 1 Number in sample 2 Number in sample 3	Total	Comments
		Contraction of the second	Black	Opaque Transparent					
		ALS.	White	Op aque Tran sna rent					
			Red	Opaque					
	Pellets		Blue	Tran sparent Op aque					
			ania	Transparent					
			Yellow	Transparent					
			Green	Transparent					
			Black	Opaque					
		and	146-14-1	Transparent Opaque					
		1	WILLE	Transparent					
	Degraded fragment	>	Red	Upaque Transparent					
Hard plastic	(aged, rounded,	1100	Blue	Op aque Transna rent					
	namageu by ume		Yellow	Opaque					
			00000	Opaque					
			Other	Transparent					
			Black	Opaque					
		1		Transparent Opague		Ī			
		~ ~	White	Transparent					
	Angular fragment	5-1-	Red	Op aque Transparent					
	(broken, sharp,	くろうし	Blue	Opaque					
	(u Gnou		Vallan	I ran sparent Op aque					
			Yellow	Transparent					
			Green	Upaque Transparent					
			Other						
			Black	Opaque Transparent		Ī			
			White	Opaque					
		10	, D	Opaque					
	1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-	and	DAV	Transparent					
E .	Film fragment	Nation Part - The Martin	Blue	Opaque Transparent					
		A HOLE	Yellow	Opaque					
			Can on	Opaque					
			dieeli	Transparent					
			Omer	Opaque					
			BIBCK	Transparent					
			White	Transparent					
			Red	Opaque					
Fib er	Fiber fragment		1	Transparent Opague		Ī			
			Blue	Transparent					
)	Yellow	Opaque Transparent		Ī			
			Green	Opaque					
			Other	Transparent					
			Black	Opaque					
				Transparent					
			White	Transparent					
		and a second	Red	Opaque Transnarent					
Sponge foam	Sponge foam fragme		Blue	Opaque					
				Onadue		Ī			
			Yellow	Transparent					
			Green	Opaque Transna rent					
			Other						
		See Sto		White					
Foamed polvstvrene	Foamed polystyrene fragment and bead	1							
	0			Other					
		00-00							

1066Supplementary Table 3. Proportions of types of macrolitter for 100 linear meters in1067riverbanks (n = 81 sites) and coastal beaches (n = 66 sites) (SD: standard deviation, Freq:1068frequence of occurrence among all the sampling sites).

		River	rbanks			Coastal	beaches	
	Mean (%)	SD	Freq	Rank	Mean	SD	Freq	Rank
Plastic	55.1	30.4	96.3	1	79.9	22.37	100	1
Glass	16.3	20.8	73.2	2	8.36	17.78	77.3	2
Metal	13.0	15.3	78.0	3	2.67	4.46	74.2	4
Paper and cardboard	5.3	9.1	50.0	4	1.24	2.24	66.7	7
Ceramics	2.7	7.9	30.5	5	1.43	3.85	39.4	6
Textile	2.7	5.0	51.2	6	1.07	2.59	59.1	8
Wood	1.5	4.5	31.7	7	3.03	6.74	69.7	3
Rubber	0.9	2.7	28.0	8	2.23	4.01	75.8	5

Supplementary Table 4. Types and proportion of single-use and other plastics on riverbanks
and marine beaches (SD: standard deviation, Freq: frequence of occurrence among all the
sampling sites) for all categories (top) and for single used plastics (bottom).

		River	rbanks			Coastal	beaches	
	Mean (%)	SD	Freq	Rank	Mean (%)	SD	Freq	Rank
Single use plastics	43.3	26.2	90.2	1	27.6	17.4	100.0	2
Fragments	23.2	24.8	65.9	2	28.7	24.5	92.4	1
Bags. wrappers	11.1	16.5	61.0	3	5.3	7.9	80.3	5
Other items	10.5	16.9	63.4	4	10.8	17.9	90.9	4
Marine activities	4.5	9.7	31.7	5	24.9	21.7	95.5	3
Sanitary	3.0	10.1	30.5	6	0.2	0.5	33.3	8
Medical	2.7	11.9	26.8	7	0.6	1.2	59.1	7
Containers	1.2	2.6	30.5	8	1.3	4.1	50.0	6
Clothing	0.5	1.8	17.1	9	0.6	2.5	30.3	7

	Riverb	anks	Coastal b	beaches
	Mean (%)	SD	Mean (%)	SD
Thin wrappers	20.51	28.06	18.67	19.74
Caps	15.68	23.07	24.09	23.21
Cigaret butt	12.61	24.04	17.19	21.61
Drink container	12.29	18.84	6.35	15.28

			i	
Shopping bags	8.2	19.29	3.94	10.88
Lollipop stick	5.8	16.77	11.22	13
Plastic cup	4.63	12.56	4.27	13.62
Food container	4.48	9.46	1.22	3.85
Sanitary napkin	2.75	9.88	0.05	0.31
Straw	1.25	2.97	2.89	4.88
Cotton swab	1.08	4.72	6.51	15.2
Others (see below in italic)	2.07		3.6	
Styrofoam food container	0.7	2.83	1.43	5.99
Styrofoam cup	0.54	3.22	0.54	3.15
Tampon and applicator	0.33	1.14	0.45	1.1
Disposable plates	0.21	1.27	0.51	2.63
Stirrer	0.18	0.97	0.11	0.63
Disposable cutlery	0.11	0.76	0.55	1.36

Supplementary Table 5. Size fractions of plastic litter for each size category for all riverbanks (n=67) and coastal beaches (n=51).

	Riverb	anks	Coastal beaches		
	Mean (%)	SD	Mean (%)	SD	
Macro Recognizable	25.79	29.69	11.75	19.04	
Macro Fragmented	5.47	8.4	6.61	13.64	
Mesoplastics	21.69	25.92	35.89	21.99	
Micro Fragmented	33.96	28.29	32.44	21.84	
Micro Pellets	13.09	22.4	13.3	19.54	

Supplementary Table 6. Comparison of sampling, sorting and data acquisition between
 experienced scientists and schoolchildren on the same sampling site. N= number of items.
 Particular attention was paid to the percentage error (% error) of sampled elements of MP size
 (N sampled), compared to elements confirmed as MPs by FTIR.

	1						•					
Site ID	PAL_20-21_No_7 PAL_20-21_Na_5		PAL_20-21_Ren_2		PAL_20-21_Bo_1		PAL_20-21_Ren_1		PAL_20_21_Co_6			
River/coastal beaches	Riverbank (Seine)		Riverbank (Loire)		Riverbank (Odet)		Riverbank (Garonne)		Coastal (Atlantic)		Coastal (Med)	
GPS coodinates	49.31039N 1.22767E		47.37092N 0.67496W		47.97250N 4.09895W		45.57583N 0.98250W		48.40722N 4.77701W		42.6776N 9.30010E	
Transect lenght (m)	10 m		18 m		24 m		50 m		20 m		50 m	
	Scientists	School	Scientists	School	Scientists	School	Scientists	School	Scientists	School	Scientists	School
Macrodebris (N)	218	218	42	42	151	150	346	365	384	387	476	480
Macrodebris (Weight - in kg)	3.2	3.2	1.1	1.1	18.5	18.5	5.4	5.4	1.1	1.1	2.3	2.3
Mesoplastics (N)	157	153	2	2	38	38	22	22	152	151	48	48
Microplastics (N sampled)	85	94	23	31	75	75	68	74	94	96	84	84
Microplastics (N confirmed)	85	85	23	23	74	74	68	68	94	96	83	83
Microplastics (% error)	0.0	9.5	0.0	25.8	1.3	1.3	0.0	8.1	0.0	0.0	1.1	1.1

- **Supplementary Figure 1.** Linear correlation between the numbers of macro-, meso- and microplastics on riverbanks and coastal beaches.

(A) RIVERBANKS

